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Root Inputs Influence Soil Water Holding Capacity and Differentially Influence the Growth of Native versus Exotic Annual Species in an Arid Ecosystem

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Title: Root inputs influence soil water holding capacity and differentially influence the
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17 pulses

- 18 Abstract
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20 Invasion by exotic annual species is increasingly impacting Southern California 21 aridlands, altering ecosystem processes and plant community composition. With climate 22 change the Southwestern US is expected to experience increasingly variable rainfall. 23 Larger rainfall events could facilitate invasion by exotic species that can capitalize on 24 high resource conditions. Exotic annual species also have dense shallow root systems 25 that could create positive feedbacks to further invasion by increasing soil organic matter 26 and water holding capacity. Alternatively, fine root inputs could create negative 27 feedbacks to exotic plant growth if they stimulate microbial nutrient immobilization. The 28 dual influences of rainfall regime and fine root inputs on species performance were 29 evaluated in an experiment where native and exotic species were grown individually and 30 in combination under varying watering regimes (large infrequent or small frequent 31 pulses, holding total rainfall constant) and root additions (with or without sterilized exotic 32 roots). Mean soil moisture increased with larger infrequent watering events, and also with 33 root addition. Plant growth (both native and exotic) increased with larger watering events, 34 but declined with root addition. Exotic species growth declined more than native species 35 growth with root additions. Mechanistically, root addition lowered inorganic nitrogen (N) 36 availability, and microbial N immobilization increased with soil moisture content. 37 Together these results show that increased fine root production promotes negative 38 feedbacks to growth of exotic species via microbial N immobilization, especially under 39 conditions of high soil moisture. Further, our results suggest that organic carbon additions 40 are a potentially effective strategy for suppressing growth of problematic desert invaders.

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42 Introduction

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Exotic annual species are problematic invaders across western North America, especially in arid and semi-arid regions (Mack 1981, Lovett & Bainbridge 1999, Craig et al. 2010), where they can negatively impact native species (Barrows et al 2009) and alter ecosystem functioning by accelerating the fire regime (Brooks et al. 2004, Schiermeier 2005). Environmental changes such as altered climate and nitrogen (N) deposition may

49 be facilitating these invasion, favoring exotic grasses over native desert species (Rao & 50 Allen 2010). Invasions may become increasingly common in these areas because the 51 Southwestern U.S. is expected to be a climate change "hot spot" in the coming decades, 52 associated with increasingly variable rainfall patterns (Diffenbaugh et al. 2008). The 53 abundance of exotic annual species often increases in high rainfall years (Hobbs et al. 54 2007, Bethany & Mustard 2005), but we know much less about how native and exotic 55 species respond to variation in the magnitude of rainfall events within years, although it 56 has been predicted that more variable rainfall regimes will promote invasion (Knapp et al. 57 2008).

58 Positive plant-soil feedbacks may plant an important role in facilitating the spread 59 of problematic invaders (Levine et al. 2006). Exotic species can alter soil microbial 60 communities (Klironomos 2002; Callaway et al. 2004), through inputs of allelopathic 61 chemicals (Bais et al. 2003; but see Lind & Parker 2010), alteration of light availability 62 via the litter layer (Lenz et al. 2003) or by altered nutrient cycling (Eherenfeld 2003; 63 Evans et al. 2001). One potential feedback mechanism that has been surprisingly untested 64 is the role of root proliferation by exotic annual species, and subsequent additions of 65 organic carbon (C) into soils. Exotic annual grasses often have high below-ground 66 production of dense, fine roots (Holmes & Rice 1996); potentially creating a positive 67 feedback, promoting invasion via by increasing soil water holding capacity. 68 Alternatively, C additions in mesic systems often increase microbial activity and hence 69 immobilization of limiting nutrients, suppressing the growth of exotic species and thus 70 favoring native species (Blumenthal et al. 2003; Perry et al. 2010). The proliferation of 71 fine root biomass associated with invasion by exotic annual species in arid and semi-arid 72 environments could thus lead to a mix of positive (via enhanced soil water holding 73 capacity) and negative feedbacks (via microbial nutrient immobilization) to growth of 74 exotic species. Here we performed a greenhouse experiment to evaluate competition 75 between exotic annual species and native desert forbs under varying soil moisture 76 regimes, both with and without added fine root biomass. We tested the following 77 hypotheses: 1) We expect all species have higher growth with higher soil moisture when 78 grown individually, but exotic species will outperform native species when grown in 79 competition under high soil moisture conditions; 2) Larger, less frequent precipitation

80 events maintain high soil moisture and disproportionately benefit invasive species; 3) 81 High root inputs from exotic species enhances soil water holding capacity, thus creating a 82 positive feedback to enhance invasion success; 4) Alternatively, C inputs via the roots of 83 exotic species could promote microbial activity, immobilize nutrients, and suppress plant 84 growth. We evaluated these hypotheses for a suite of species commonly found in the 85 aridlands of San Diego County, with the goal of evaluating two potential restoration 86 strategies (C addition, seeding native species) to favor native species over problematic 87 invaders.

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89 Methods

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91 The experiment was conducted in greenhouses at the University of California, San 92 Diego Biological Field Station from January to April 2013. We selected four native focal 93 annual wildflower species which commonly flower in San Diego County each spring, 94 including Amsinckia tessellata (bristly fiddleneck), Malacothrix glabrata (desert 95 dandelion), Laesthenia californica (California goldfields), and Lavia platyglossa (tidy 96 tips). We selected four problematic exotic species (designated by the California Invasive 97 Plant Council) also common in San Diego County, including Bromus hordeaceus (soft 98 brome), Bromus madritensis spp. rubens (red brome), Erodium cicutarium (redstem 99 filaree), and Schismus barbatus (common Mediterranean grass). Each species was grown 100 individually as well as together in the eight species mixture (competitive environment) in 101 each watering regime (see treatment description below) and soil organic matter content 102 (five grams sterilized exotic roots versus no roots added) in a factorial block design (n=8, 103 for a total of 288 pots).

Pots were filled with commercially available native topsoil (sandy loam, Agri
Service Inc., Vista California). Exotic grass root biomass was collected from greenhousegrown plants washed free of soil and sterilized by steam autoclaving. These roots were
cut into ~ one cm pieces and fibe grams of root biomass were mixed into the top five cm
of soil in each pot in the root addition treatment. No roots were added to the control pots.
Seeds of the focal species were purchased commercially (S & S Seeds,

110 Carpenteria, California) and germination percentages were evaluated on watered field

soils prior to the start of the experiment. Each pot was sown with enough seeds to achieve a target of 24 individuals, (three individuals of each species for the pots where all eight species were grown in competition). Seeds were planted on January 26 and an initial pulse of 500 mL of water was added on February 4. Seedlings of *E. cicutarium* (collected from the UC Elliot Chaparral Reserve) were transplanted on February 7, 2013 due to poor germination success in the greenhouse.

117 Subsequent watering was initiated on February 9. The small, frequent watering 118 regime added a 60 mL pulse of water every five days, and the large, infrequent watering 119 regime added a 120 mL pulse of water every 10 days. Soil moisture measurements were 120 taken daily during one 10-day watering cycle soon after seeds germinated using a Field 121 Scout TDR 100 Soil Moisture Sensor measuring the volumetric water content. Pots were 122 rotated in blocks every two weeks to account for spatial variation in greenhouse light 123 availability. Watering continued for 47 days, at which time plants were harvested after 124 showing signs of senescence. All above ground biomass was harvested from each plot, 125 dried for 48 hours at 40° C, and weighed.

The top five cm of soil were collected from each pot that contained all eight focal species, and sieved to remove roots and debris. Potassium chloride was used to extract soils for inorganic N (Keeney & Nelson, 1987) and chloroform fumigation and extraction was performed to measure microbial biomass N (Brookes et al., 1985) and C (Beck et al., 130 1997). Potassium persulfate digestion (Delia et al. 1977) was used to oxidize all organic and inorganic N to nitrate, subsequently absorbance protocols (Doane & Horwath 2003) were used to determine the amount of nitrate in each sample.

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Statistical Analysis

Statistical tests were performed with R version 2.15.0 (R Development Core Team 2013). Soil moisture was analyzed using a linear mixed-effect model (nlme R package, Pinheiro et al. 2014) with species origin (native, exotic, or mixed), watering regime (frequent or infrequent), roots (added or not added), and block as factorial fixed factors and individual pot ID as a random factor to account for repeated measures. The growth responses of the focal species were evaluated with a linear mixed effect model

142 where block, competitive environment (species grown individual versus in combination), 143 species origin (native or exotic), watering regime and roots were included as factorial 144 fixed factors and species identity nested within origin was included as a random factor. 145 Growth responses to the treatments were also assessed for each species individually using 146 a linear model where competitive environment, water and roots were included as factorial 147 fixed factors and block as a random factor. Inorganic N, and microbial N and C were 148 predicted with a linear model where the influence of watering regime and root treatments 149 were factorially assessed with block position as a random factor. We performed type II 150 analysis of deviance tests to assess statistical significance (car R package, Fox and 151 Weisberg 2011). Tukey's Honest Significant Difference tests were performed as posthoc 152 tests when interactions were identified.

When species were grown individually, pot biomass values were divided by eight, because 1/8 of the mass of seeds of each focal species were sown in the eight species competition pots, as compared to the mass planted when each species was grown individually. Hence, in this analysis we compare the observed growth of species when grown in multi-species communities, and compare that value to the expected biomass of that species when grown individually and seeded at the same rate.

Additional information regarding the source and characterization of soils and
roots used in this experiment are provided in the Supplementary Material, along with all
statistical tables.

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163 **Results**

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165 Pots supplemented with roots and watered with larger but less frequent events had higher mean (Water $\chi^2_1 = 13.83$, p<0.001; Roots $\chi^2_1 = 19.82$ p<0.001) and minimum 166 (Water $\chi^2_1 = 7.94$, p<0.001; Roots $\chi^2_1 = 19.53$, p= 0.005) soil moisture (Fig. 1B; Table 167 S1). Although we performed these measurements soon after germination at a time when 168 169 we expected minimal impacts of plant growth on soil moisture, species composition had a 170 small but significant effect on mean soil moisture, whereby the pots planted with all 8 species had slightly lower soil moisture (Mixed moisture= 5.79 cm³/cm³. Exotic 171 moisture= 6.42 cm³/cm³, Native moisture= 6.27 cm³/cm³; Origin χ^2_{11} = 6.21, p= 0.045; 172

173 Fig. 1C).

174 Plant performance, as measured by biomass, was significantly influenced by 175 watering regime, species origin and root additions, with interactions (Fig. 2; Table S1). Watering with large, infrequent events increased plant biomass (Watering regime χ^2_{1} = 176 25.60, p<0.001) and this effect was greater for exotic species (Origin x Water $\chi^2_1 = 4.76$, 177 p=0.029). In contrast, root addition decreased overall plant biomass (Root addition χ^2_1 = 178 179 3.89, p = 0.049). When roots were added there was little difference between exotic and 180 native plants while exotics produced significantly higher biomass when grown without root additions (Root x Origin $\chi^2_1 = 4.41$, p= 0.036). Block was a significant effect in our 181 analysis ($\chi^2_7 = 53.24$, p<0.001), because one block had consistently lower biomass due to 182 183 unknown factors (data not shown).

184 Most species had higher biomass (standardized by seeding rate) when grown 185 alone than when grown in combination (significant only for the native M. glabrata, and 186 exotics E. cicutarium, and B. hordeaceus; Fig. 3, Table S2). However, both the native 187 forb A. tessellata and the exotic grass S. barbatus showed higher biomass when grown in combination with other species (Comptetitive environment: A. tessellata $\chi^2_1 = 5.04$, p= 188 0.25; S. barbatus $\chi^2_1 = 27.17$, p<0.001; Fig. 3A & E). Species also displayed variation in 189 190 their responses to the experimental treatments. Qualitatively, S. barbatus and A. tessellata 191 showed the most growth under all treatments compared with other species when grown in 192 competition, suggesting that their responses likely drove the exotic and native species 193 responses respectively (Fig. 3, Table S2). Growth of S. barbatus was promoted by 194 infrequent watering, and this effect was greater in the pots where all species were grown in combination (Water x Competition $\chi^2_1 = 6.08$, p= 0.014; Fig. 3E, Table S2). S. 195 196 barbatus declined with root addition in the combination pots but not when grown alone (Root x Competition $\chi^2_1 = 6.47$, p= 0.011). Infrequent, large watering events also 197 198 increased growth for *B. madritensis*, *B. hordeaceus*, *L. californica M. glabrata* and *E.* 199 cicutarium, although this effect was only significant for the latter two species when 200 grown individually (Fig. 3, Table S2). E. cicutarium showed higher growth when roots 201 were added in combination pots, however when grown individually the species had higher growth when no roots were added (Root x Competition $\chi^2_1 = 4.20$, p= 0.040). 202 Inorganic N availability in soils at the end of the experiment was significantly 203

influenced by an interaction between root addition and watering regime (Root x Water χ^2 $_1 = 5.15$, p=0.23; Table S3); root addition decreased soil inorganic N availability, and this effect was strongest in pots with large but infrequent watering events. Microbial biomass N concentrations were also higher in pots with infrequent watering treatments (Water χ^2_1 = 13.97, p<0.001; Table S3, Fig. 4). Treatments had no significant effects on microbial biomass C (Water $\chi^2_1 = 0.45$, p=0.505; Root $\chi^2_1 = 0.05$, p=0.825; Root x Water $\chi^2_1 = 1.04$, p=0.308; Table 3).

211

212 Discussion

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214 We found that larger, infrequent watering events maintained higher average soil 215 moisture than when the same water quantity was applied in small, frequent events, 216 potentially because larger watering events allowed water to reach deeper soil layers, 217 hence minimizing evaporative loss (Fay et al. 2008). Higher soil moisture in turn 218 increased plant biomass; these results are consistent with a prior study in a semi-arid 219 grassland that found larger infrequent rainfall events tended to increase soil moisture and 220 plant growth (Heisler-White et al. 2009). The large, infrequent watering treatment in our 221 experiment disproportionately increased the growth of exotic species, supporting our 222 hypothesis that exotic species would outperform native species under higher soil 223 moisture. While exotic annual species can have dramatically positive responses to years 224 of high rainfall (e.g. Hobbs et al. 2007), some studies have found no impact of soil 225 moisture on direct competition between native and exotic species (Maron and Marler 226 2008) suggesting that exotic species may not always benefit more than native species 227 from high soil moisture.

We also found that root addition increased mean soil moisture content, consistent with prior studies showing that increasing soil organic matter content can increase soil watering holding capacity (Blumenthal et al. 2003); however, the increase in soil moisture caused by root addition did not increase plant growth. Instead, root addition suppressed plant growth. Our analysis showed root addition suppressed exotic species as a group more than native species (although this was likely driven by the significant response of one species – *S. barbatus*). Microbial biomass N increased with infrequent

235 watering, suggesting that larger water pulses stimulated microbial activity to a greater 236 degree (e.g. Austin et al. 2004). Inorganic N was reduced under infrequent watering and 237 root addition, consistent with the idea that soil microbes immobilized inorganic N when 238 C was added in the form of fine roots. Adding C to soils in mesic systems often causes 239 soil microbes to immobilize N, favoring the growth of native species (Blumenthal et al. 240 2003; Alpert & Maron 2000). Thus, root addition in our study may have favored slower 241 growing native species over fast growing exotic species by limiting the available N in the 242 soil (Alpert and Maron 2000, Perry et al. 2010, Bobbink 1991). Our results show that this 243 effect was greatest when soil moisture was high (infrequent but larger watering events). 244 In a study similar to ours, Blumenthal (2009) found that C additions in concert with water 245 addition reduced invasive plant growth in a semi-arid grassland system. Still, the results 246 of this study are consistent with C addition studies in the Mojave desert, showing that C 247 amendments can stimulate increased microbial N immobilization even under xeric 248 conditions (Scheffer et al 2003, Steers et al. 2011).

249 As a group, we found that exotic species in our experiment tended to 250 competitively suppress the growth of native species, but there was significant variation 251 among our focal species in their responses. In particular A. tessellata had the highest 252 growth among the native species when grown in competition (Fig. 3A), and actually had 253 higher biomass when grown in combination than when grown alone, suggesting this 254 species was facilitated by growing in a diverse community. Other studies have also found 255 that A. tessellata was robust to exotic competition (Abella et al. 2011; Brooks 2009), 256 potentially due to traits such as large seed size and early-season germination (Salo et al. 257 2005). Hence, A. tessellata could be an effective choice for restoration efforts attempting 258 to establish native cover via seeding, especially when there may be potential competition 259 from exotic species present in the seedbank.

There was also variation among the exotic focal species in their responses to the experimental treatments, with potential implications for management of these problematic invasive species. *E. cicutarium* growth was significantly suppressed when grown in the multi-species competitive environment, suggesting that seeding native species can be an effective strategy for reducing the abundance of this common desert invader. *E. cicutarium* growth was also reduced by low soil moisture (our small, frequent

266 watering treatment). This species is a common invader of many arid systems but has been 267 shown to decline substantially in drought years (Blackshaw et al. 2000). Our results 268 suggest that restoration efforts employing irrigation to promote germination of native 269 seeds should be cautious to prevent over-watering in areas where E. cicutarium could be 270 present in the seedbank, as high soil moisture favors this exotic species over the common 271 native species used in this experiment. Timed herbicide applications have also been 272 found to be effective for managing this particularly early-active species, and are more 273 effective for increasing native cover than management efforts such as weeding that 274 disturb soils (Marushia et al. 2010).

275 Schismus barbatus is a common exotic grass in Southern California deserts 276 (Brooks1999) and was the dominant species in pots where our eight focal species were 277 grown in competition. Further, biomass (scaled for seeding rate) was higher for this 278 species when grown with multiple species than when grown in a monoculture; hence, 279 efforts to re-seed native species are unlikely to be successful if this strong competitor is 280 present in the seedbank. However, S. barbatus growth was significantly lowered by root 281 addition, suggesting that organic C addition could be a feasible management strategy to 282 combat invasions of S. barbatus. This problematic invader has been shown to benefit 283 from N enrichment (Brooks 2003; DeFalco et al. 2001), and a study that used sucrose 284 additions similarly found that labile C additions reduced growth of S. barbatus under 285 field conditions (Steers et al. 2011), thus C additions are a logical management strategy 286 with the potential to lower N availability and hence the competitive dominance of this 287 species.

288 Management efforts focused on reducing soil N availability have generally used 289 sawdust or mulch as sources for C addition (Wilson & Gerry 1995; Zink & Allen 1998; 290 Alpert & Maron 2000; Paschke et al. 2000; Blumenthal et al. 2003). The results of this 291 study suggest that the biomass of exotic annual species could be left in situ as a C source, 292 provided it is harvested before the plants set seed, and there is not a danger of re-293 sprouting from intact root stocks. However, exotic litter can be a fuel source promoting 294 fire, and so fuel reduction is a major goal for many land managers (Brookes et al. 2004), 295 hence management efforts aimed at maintaining litter with the goal of lowering soil N 296 availability would need to consider associated fire risks of this strategy. Additionally the

timing of C amendments could be important: Early season C amendments are likely to
disproportionately suppress exotic annual species in this region (Salo 2004), because they
generally have flexible germination cues that allow them to emerge earlier and faster at
the start of the growing season (Wainwright & Cleland 2013). Consistent with this idea,
Steers et al. (2011) found that C amendment reduced exotic annual grass abundance most
in a year when they germinated first, while native species and exotic annual forbs were
impacted in a year when the timing of C amendment coincided with their emergence.

304 Overall, the results of this study demonstrate how inputs of organic C from the 305 fine roots of exotic species can initiate a complex set of positive and negative feedbacks 306 to invasion, and that the outcome of these interactions depends on environmental context 307 (rainfall regime), biotic interactions (interspecific competition), and species identity. In 308 particular, while we found that exotic species benefited more from high soil moisture 309 (resulting from larger, but less frequent watering events), exotic species growth declined 310 more than native species when roots were added to soil, even though root additions also 311 increased soil moisture. This shows that in this case, the negative effect of microbial 312 nutrient immobilization outweighed the positive influence of increased soil moisture for 313 plant growth when exotic roots were added to soil. Although our results highlight general 314 mechanistic feedbacks that may be applicable for understanding the outcome of invasions 315 in many systems, we also found significant variation among species in their responses to 316 our experimental treatments - both within and between groups based on native versus 317 exotic origin – that may aid in identifying effective management strategies for 318 particularly problematic desert invaders.

319

320 Implication for Practice

- Carbon additions in arid environments can reduce exotic plant growth via enhanced
 microbial nutrient immobilization; this effect varies among species and is greatest
- 323 when soil moisture is high.
- Schismus barbatus growth was significantly suppressed by C addition, suggesting this
 would be a successful strategy to suppress growth of this invasive species.
- Erodium cicutarium was suppressed by interspecific competition, suggesting that

327	seed addition could be a strategy to combat this problematic invader.
328	• Amsinckia tessellata was a strong competitor with exotic plant species; this
329	widespread species is found in a variety of arid and semi-arid California vegetation
330	types, suggesting this species is a prime candidate for seeding in restoration.
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Figure 1. Mean and min soil moisture levels for one watering cycle (10 days), in each of
the treatments manipulating watering regime and root additions. In the small frequent
watering regime 60 mL of water was added every 5 days, while the infrequent watering

472 regime received a single 120 mL pulse every 10 days.





475 Figure 2. Above-ground biomass (mean +SE) for native and exotic species grown

476 individually and in competition, for each treatment combination of root addition and

477 watering frequency. Note biomass values are averaged across species to illustrate the

478 statistical significance of the factors in the analysis.









- 481 Figure 3. Above-ground biomass responses to varying watering regime and root addition
- 482 treatments for native (A- D) and exotic (E-H) species grown individually (grey) or in
- 483 interspecific competition with the other focal species (open).
- 484



485 486 Figure 4. Concentrations of soil extractable inorganic nitrogen (A) and microbial biomass

487 nitrogen (B) for combination of watering regime and root addition treatments. Letters

distinguish significant differences between means based on post-hoc tests. 488