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### Title

Evaluation of dose differences between intracavitary applicators for cervical brachytherapy using knowledge-based models

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1 **Evaluation of dose differences between intracavitary**  
2 **applicators for cervical brachytherapy using knowledge-**  
3 **based models**

4

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12 **Purpose:** Currently, there is a lack of patient-specific tools to guide brachytherapy planning and  
13 applicator choice for cervical cancer. The purpose of this study is to evaluate the accuracy of organ-at-risk  
14 (OAR) dose predictions using knowledge-based intracavitary models, and the use of these models and  
15 clinical data to determine the dosimetric differences of tandem-and-ring (T&R) and tandem-and-ovoids  
16 (T&O) applicators.

17 **Materials and Methods:** Knowledge-based models, which predict organ  $D_{2cc}$ , were trained on 77/75  
18 cases and validated on 32/38 for T&R/T&O applicators. Model performance was quantified using  
19  $\Delta D_{2cc} = D_{2cc,actual} - D_{2cc,predicted}$ , with standard deviation ( $\sigma(\Delta D_{2cc})$ ) representing precision. Model-predicted  
20 applicator dose differences were determined by applying T&O models to T&R cases, and vice versa, and  
21 compared to clinically-achieved  $D_{2cc}$  differences. Applicator differences were assessed using a Student's t-  
22 test ( $p < 0.05$  significant).

23 **Results:** Validation T&O/T&R model precision was 0.65/0.55Gy, 0.55/0.38Gy, and 0.43/0.60Gy for  
24 bladder, rectum and sigmoid, respectively, and similar to training. When applying T&O/T&R models to  
25 T&R/T&O cases, bladder, rectum and sigmoid  $D_{2cc}$  values in EQD2 were on average 5.69/2.62Gy,  
26 7.31/6.15Gy and 3.65/0.69Gy lower for T&R, with similar HRCTV volume and coverage. Clinical data  
27 also showed lower T&R OAR doses, with mean EQD2  $D_{2cc}$  deviations of 0.61Gy, 7.96Gy ( $p < 0.01$ ) and  
28 5.86Gy ( $p < 0.01$ ) for bladder, rectum and sigmoid.

29 **Conclusion:** Accurate knowledge-based dose prediction models were developed for two common  
30 intracavitary applicators. These models could be beneficial for standardizing and improving the quality of  
31 brachytherapy plans. Both models and clinical data suggest that significant OAR sparing can be achieved  
32 with T&R over T&O applicators, particularly for the rectum.

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38 **Keywords:** Knowledge-based planning; dose prediction; cervical cancer; intracavitary brachytherapy;  
39 tandem and ovoids; tandem and ring  
40

## 41 **Introduction**

42 Brachytherapy is an important component of the standard of care treatment for cervical cancer,  
43 typically used alongside external beam radiation therapy (EBRT) and chemotherapy. The therapy is  
44 linked to increased survival rates (1–3) and allows a dose escalation in high-risk regions with optimal  
45 sparing of organs-at-risk (OAR) (4). Brachytherapy is commonly administered using tandem and ovoids  
46 (T&O) or tandem and ring (T&R) applicators. Given that the source is guided by the chosen applicator,  
47 the achievable dosimetry is largely dictated by the implanted applicator. These applicators are often used  
48 interchangeably, although there are proven dosimetric differences (5–10), such as decreased bladder,  
49 rectum and sigmoid  $D_{2cc}$  values using the T&R over the T&O applicator.

50 Population-based protocols such as EMBRACE provide recommendations for dose planning  
51 objectives and guidance on needle supplementation (11, 12). However, there are very few tools available  
52 to guide and standardize dose optimization and applicator choice for individual patients, and most  
53 decisions depend on the physician’s preference and experience. Knowledge-based models have proved to  
54 be helpful in EBRT for plan quality control, standardization and automated high quality treatment  
55 planning (13–20). These models use data from prior patient treatments to make dose predictions for new  
56 patients based on anatomic and geometric features. But despite their proven benefits, knowledge based  
57 models are not as common in brachytherapy (21–23).

58 A knowledge-based dose prediction model has already been validated for T&O applicators, but  
59 the method has not yet been extended to other applicators (23). Knowledge-based models could offer  
60 additional value in brachytherapy by providing insight into the achievable dosimetry of different  
61 applicators. With dose prediction models for both applicators, dosimetric differences between T&O and  
62 T&R applicators can be investigated using techniques beyond simple comparisons of clinical data  
63 between patient cohorts. This could help to inform applicator choice in the clinic, leading to standardized  
64 decision-making with less reliance on physician preference. The purpose of this study was to evaluate the

65 accuracy of OAR dose prediction using knowledge-based intracavitary models for both T&R and T&O  
66 applicators, and to use these models and clinical data to determine dosimetric differences of the two  
67 applicators.

## 68 **Materials and Methods**

### 69 *Patient Cohort*

70 Cervical cancer patients receiving brachytherapy treatment using either a T&R or T&O applicator  
71 were included in the study (UCSD IRB #200065C). Treatment fractions that featured additional  
72 implanted needles were excluded. In total, 113 T&R and 109 T&O treatment fractions from 55 and 36  
73 patients, respectively, were available for the study. The patients were treated with computed tomography  
74 (CT) image guided intracavitary high-dose rate brachytherapy within a period of three years.  
75 Prescriptions ranged from 5.5Gy to 8.5Gy per fraction, with 3 to 5 fractions in total. Additional clinical  
76 details about the patient cohort are summarized in **Table 1**. Treatment planning was performed according  
77 to the guidelines defined by EMBRACE II (11, 12), which include the following hard planning criteria:  
78 high-risk clinical target volume (HRCTV)  $D_{90} > 85\text{Gy}$ , bladder  $D_{2cc} < 90\text{Gy}$ , rectum  $D_{2cc} < 75\text{Gy}$  and  $D_{2cc}$   
79 sigmoid  $< 75\text{Gy}$ . Soft planning aims (recommended but not required) are bladder  $D_{2cc} < 80\text{Gy}$ , rectum  
80  $D_{2cc} < 65\text{Gy}$ , and sigmoid  $D_{2cc} < 70\text{Gy}$ . All dose values are defined in EQD2, i.e. the biologically equivalent  
81 dose in 2-Gy fractions.

### 82 *Knowledge-Based Dose Prediction Models*

83 A detailed description of the knowledge-based dose prediction algorithm can be found in  
84 Yusufaly *et al.* (23), which demonstrates model accuracy for cervical cancer patients treated with T&O.  
85 Briefly, the models use target to OAR distance to predict OAR dose-volume histograms (DVHs). The  
86 models assume that dose conforms to the HRCTV, and the dose fall-off within a particular OAR is  
87 dependent on the distance from the HRCTV. The pre-processing required to train models is shown in  
88 **Figure 1**. First, shells are created around the HRCTV (Figure 1B), where the inner 20 shells have a width

89 of 2mm, and the outer 12 shells have a width of 6mm. Then OAR sub-volumes are generated from the  
90 overlap of each shell with each OAR (Figure 1C). For each OAR sub-volume, a differential DVH is  
91 extracted for each training case, and all training cases are averaged to produce dose kernels as a function  
92 of distance to the HRCTV. In order to predict a DVH for a new patient, the OAR contours are discretized  
93 in the same manner. The resulting DVH of the considered OAR is then the sum of differential DVH  
94 kernels, weighted by the volume of each OAR sub-volume (13, 23, 24). Once models are produced,  
95 DVHs can be predicted for any new patient using the HRCTV and OAR contours alone.

96 Two different sets of models were constructed for T&O and T&R applicators. The T&O (T&R)  
97 models were trained on 77 (75) cases and validated on 32 (38) cases. A “case” is defined as a single  
98 fraction of a brachytherapy treatment consisting of 3-5 fractions in total. The T&R (T&O) validation data  
99 set consisted of 19 (17) independent cases and 19 (15) cases where other fractions were included in model  
100 training. Model training and DVH prediction were performed automatically using in-house extensions  
101 embedded into MIM (v7.0.1, MIM Software Inc., Cleveland, OH), such that predicted  $D_{2cc}$  values could  
102 be obtained for a case in under 10 seconds and used to guide treatment planning.

### 103 *Data Analysis*

104 Data analysis was performed using automated in-house scripts implemented in MATLAB  
105 (R2019b, MathWorks, Inc., Natick, MA). Since OAR  $D_{2cc}$  is a common metric used to evaluate the quality  
106 of clinical treatment plans, this value was extracted from the predicted DVHs and used to determine the  
107 precision of the predictions and to quantify the dose difference between applicators.  $D_{2cc}$  values were also  
108 extracted from actual clinical DVHs. Model performance was quantified using  $\Delta D_{2cc} = D_{2cc, \text{actual}} - D_{2cc, \text{predicted}}$ . The standard deviation ( $\sigma$ ) of  $\Delta D_{2cc}$  represents the model precision while the mean represents model  
109 bias. Correlation between actual and predicted  $D_{2cc}$  values was evaluated with Pearson correlation  
110 coefficients.  
111

112 In order to estimate dosimetric differences between the two applicators, the T&O model was used  
113 to make  $D_{2cc}$  predictions for 113 cases treated by T&R, and vice versa. Dose differences between the

114 actual plan, with its chosen applicator, and the alternate knowledge-based prediction indicate the potential  
115 advantage or disadvantage of that applicator. Model-predicted applicator dose differences were further  
116 compared to differences observed in  $D_{2cc}$  values from clinically treated plans. HRCTV volume and  
117 coverage metrics (D90 and V100) were also compared between clinical plans treated with each  
118 applicator. A Student's t-test with a significance level of 0.05 was used to test for significance of  
119 deviations.

120 The predicted OAR  $D_{2cc}$  values of each case were also transformed to EQD2 with  $\alpha/\beta = 3$ , in  
121 order to compare to previously reported dose differences between applicators and account for differences  
122 in prescription between patients. Assuming that the patients receive the same  $D_{2cc}$  values in all fractions,  
123 the calculated brachytherapy EQD2 value of a single brachytherapy fraction was multiplied by the total  
124 amount of fractions and then the EQD2 dose of prior EBRT was added. The total EQD2 value is referred  
125 to as  $D_{2cc, EQD2}$  throughout the manuscript.

## 126 **Results**

### 127 *Knowledge-Based Models*

128 Model precision ranged between 0.46Gy to 0.70Gy for the T&O cases and between 0.38Gy to 0.68Gy for  
129 the T&R cases for the validation dataset. The precision was similar for training and validation datasets for  
130 both models (see **Figure 2**, **Figure 3** and **Supplementary Table 1**). T&R (T&O) model bias, represented  
131 by average  $\Delta D_{2cc}$ , for bladder, rectum and sigmoid was -0.02Gy (-0.14Gy), -0.13Gy (-0.06Gy), and -  
132 0.21Gy (-0.01Gy), respectively. A negative average of  $\Delta D_{2cc}$  indicates higher  $D_{2cc}$  predictions in  
133 comparison to the actual  $D_{2cc}$  values. There was a strong correlation between actual and predicted doses,  
134 demonstrated by the high Pearson correlation coefficients (see **Figure 2** and **Figure 3**). Overall, there was  
135 good agreement between actual and predicted  $D_{2cc}$  values and no prediction accuracy difference between  
136 the two applicator models.

### 137 *Clinical Data*

138 Dose metrics for the actual, clinical treatment plans and clinical characteristics for each patient  
139 cohort are summarized in **Table 1**, and dose differences between T&R and T&O plans are displayed in  
140 **Table 2**. Both patient cohorts featured similar HRCTV volumes of around 19cc on average. D90 of  
141 HRCTV was, on average, 6.91% higher for T&R cases. Mean  $\pm$  standard deviation of  $D_{2cc}$  for T&O  
142 treatment plans were  $4.49 \pm 1.02$  Gy for bladder,  $3.27 \pm 0.91$  Gy for rectum and  $3.67 \pm 0.86$  Gy for sigmoid.  
143 T&R values were  $4.97 \pm 1.15$  Gy for bladder,  $2.56 \pm 0.86$  Gy for rectum and  $3.44 \pm 1.25$  Gy for sigmoid.  
144 Average differences in EQD2  $D_{2cc}$  were 0.61 Gy, 7.96 Gy and 5.82 Gy for bladder, rectum and sigmoid,  
145 respectively, where a positive value indicates T&O had higher dose. When normalizing each  $D_{2cc}$  dose to  
146 prescription, the corresponding differences were 1%, 16% and 11%. These differences were significant for  
147 both rectum and sigmoid. Comparisons of EQD2 OAR dose and HRCTV dose and volume are shown in  
148 **Supplementary Figure 1**.

#### 149 *Predicted Dose Differences*

150 Dose differences between applicators were revealed when applying the T&R model to T&O cases and  
151 vice versa (see **Table 2** and **Figure 6**). When the T&O model was applied to T&R cases, predicted OAR  
152 doses reported in EQD2 (absolute dose relative to prescription), were found to be 5.55 Gy (10%) larger on  
153 average over all OARs (range 3.65 – 7.31 Gy, 7 – 15%), indicating that the model predicted that the T&O  
154 applicator would result in hotter OAR dose. Similarly, when the T&R model was applied to T&O cases,  
155 predicted OAR doses were found to be on average 3.15 Gy (7%) lower than actual T&O clinical data  
156 (range 0.69 – 6.15 Gy, 2 – 13%). Both models predicted significant dose sparing for bladder and rectum  
157 using the T&R applicator over the T&O applicator.

#### 158 **Discussion**

159 This study explores the use of knowledge-based models to predict organ dose for two common  
160 brachytherapy applicators and determine possible dose differences between these applicators. It is  
161 clinically relevant for clinicians to use predictive tools for decision-making in addition to experience and



162 brachytherapy skill expertise. Furthermore, knowledge-based dose prediction models have found  
163 numerous applications in EBRT, including plan quality control and automated planning (13–20), and a  
164 few groups have used prior patient data to inform treatment planning or dose prediction in brachytherapy  
165 (21–23, 25, 26). However, until now no study has used knowledge-based models to gain insight into  
166 brachytherapy applicator differences. Although there are solutions for automating various aspects of  
167 brachytherapy treatment planning, such as applicator reconstruction (25, 27) and inverse optimization  
168 (28–32), there are currently no tools to guide gynecological applicator choice. The choice of applicator is  
169 not standardized and relies on the physician’s preference and expertise, which is particularly challenging  
170 for inexperienced physicians. The model predictions presented in this work provide insight into the  
171 specific dosimetric advantages of each applicator, which could help physicians make informed decisions  
172 based on quantitative metrics.

173         The proposed, simple model predicts OAR  $D_{2cc}$  with a precision between 0.38-0.70Gy in a few  
174 seconds, using only contours as input. Even though T&R and T&O models were trained on different  
175 patient groups, they achieved similar precision (see **Supplementary Table 1**). Both models were trained  
176 on around 100 cases and proved to have a similar accuracy to the earlier T&O model presented by  
177 Yusufaly *et al.* (23) using 356 cases. They reported a model precision between 0.43-0.61Gy for bladder,  
178 rectum and sigmoid using cases treated according to either EMBRACE I or II guidelines. In our study, we  
179 limited the patient cohort to patients only treated according to the EMBRACE II guidelines to ensure  
180 similarity between the patient groups. Our model biases (0.02-0.21Gy) were much less than the standard  
181 deviations (0.38-0.70Gy), although there did appear to be a slight trend of a negative bias for all OAR  
182 models meaning that  $D_{2cc}$  predictions were higher than the actual  $D_{2cc}$ . At this point, we don’t have an  
183 explanation for the effect; however, when applying the same model training and validation procedure to a  
184 dataset four times the size (23), model bias was close to zero. Therefore, we suspect noise from smaller  
185 statistics, sporadic case-to-case differences in contouring or patient selection within this smaller sample

186 size likely contributed to the model biases observed in this study. As in EBRT (16, 33) these models  
187 could be beneficial for plan quality control by providing patient-specific dose objectives to aim for when  
188 planning, leading to greater standardization and quality of treatment plans. Further discussion of the  
189 advantages and limitations of this model can be found in (23).

#### 190 *Comparison of T&R and T&O Applicators*

191 T&R and T&O applicators are often used interchangeably in the clinic, though both our models  
192 and clinical data suggest that there are substantial dosimetric differences between these applicators. In  
193 particular, rectal dose was much lower with T&R, which we suspect was due to the rectal retractor. Both  
194 model and clinical results suggest that T&R could provide up to 1Gy per brachytherapy fraction of rectal  
195 dose sparing.

196 Several previous studies have retrospectively compared the dosimetry and outcome of T&R and  
197 T&O applicators based on clinical data (5–10). Biltekin *et al.* (5) found significant dose sparing in the  
198 rectum using T&R over T&O, and bladder, sigmoid and rectum  $D_{2cc}$  were, on average, 0.94Gy, 0.59Gy  
199 and 1.36Gy lower per brachytherapy fraction for cases treated with T&R. These findings agree with our  
200 data for rectum and sigmoid (0.71Gy and 0.32Gy, respectively), although our dose differences were  
201 slightly smaller and significant. The slight differences could be explained by their reduced sample size of  
202 10 patients (26 cases), compared to our 55 T&R and 36 T&O patients (113 and 109 cases).

203 Ma *et al.* (7) compared the short-term clinical outcome for a total of 52 fractions of 13 patients  
204 and dose metrics between applicators and found no significant difference, though T&R  $D_{2cc}$  values were  
205 0.41Gy, 0.48Gy and 0.68Gy lower per fraction for bladder, rectum and sigmoid, respectively.

206 Gursel *et al.* (10) analyzed dosimetric differences of intracavitary applicators for 20 patients and  
207 found significantly lower EQD2  $D_{2cc}$  values for T&R of 3.79Gy and 11.90Gy for bladder and rectum.  
208 Another study on the results of the EMBRACE I trial reported EQD2  $D_{2cc}$  reductions of 7.7Gy, 3.3Gy and  
209 0.8Gy for bladder, rectum and sigmoid with centers utilizing T&R applicators over T&O (6). While our  
210 data showed similar trends, the magnitudes of dose reductions in EQD2 were different (0.61Gy, 7.96Gy

211 and 5.86Gy), which could be caused by a few factors. For one, our patient data was sorted per  
212 brachytherapy fraction (since some patients received different applicators over the course of treatment),  
213 and as a result we computed an effective EQD2 for each case by assuming that the same  $D_{2cc}$  value was  
214 delivered for all fractions. In contrast, Serban *et al.* grouped data by centers, which were classified  
215 according to the most used applicator and allowed up to 20% of cases to be delivered with interstitial  
216 needles. In addition, our patients were treated according to EMBRACE II guidelines, which include more  
217 conservative planning aims to guide dose optimization. In summary, all studies agree that there are  
218 dosimetric differences between applicators and that OAR dose can be spared using a T&R applicator over  
219 T&O applicator.

220 HRCTV coverage is another important consideration when evaluating brachytherapy plan quality,  
221 and could confound comparisons of OAR dose between applicators. In our study, both patient cohorts had  
222 similar sized HRCTV volumes; however, HRCTV coverage was significantly greater for T&R plans  
223 relative to T&O (HRCTV V100 and D90 were 1.46% and 6.91% higher, respectively), which is  
224 impressive given the greater OAR sparing with T&R. Three other studies also reported higher HRCTV  
225 D90 with T&R, one significant (9.0Gy EQD2 (10)), and the other two insignificant (2.4Gy EQD2 (6) and  
226 0.044Gy per brachytherapy fraction (5), on average). Previous results for volume metrics found better  
227 coverage for T&O: Serban *et al.* reported V85Gy EQD2 was 17.9cc (about 20%) higher for T&O (6),  
228 while another study found significantly larger V95%, 85% and 50% for T&O (9). In contrast, Gursel *et al.*  
229 (10) reported significantly higher V100 for T&R (5.54%), which agrees with our findings.

230 There are many other factors that influence applicator choice. For instance, the T&O applicator  
231 may allow more degrees of freedom with choosing the desired tandem length (34); in contrast, the fixed  
232 geometry of the ring relative to the tandem leads provides less flexibility, although dose distributions are  
233 more reproducible (9). Because the T&O can often treat further into the uterus, it may be preferred by  
234 some physicians for certain patients. In our data, the prescription dose extended more superior for many  
235 T&O treatment plans, and thus the higher sigmoid dose was expected for T&O and not necessarily a

236 detriment. Because T&O does not include a rectal retractor, manual vaginal packing is required, which  
237 can result in greater variability between treatments, patient-specific anatomy and physician skillset. We  
238 have not explored the difference in total treatment time, but other studies have reported longer treatment  
239 times with T&O applicators (5, 9).

#### 240 *Limitations of Applicator Comparisons*

241 One difficulty and drawback of most of these studies is the patient selection. In order to gain  
242 reliable and meaningful insight into dosimetric difference, both patient groups should have the same  
243 tumor stage, target volume, target coverage and prescribed treatment. However, all brachytherapy  
244 treatments are customized to the specific needs of the treated patient. We have also shown that HRCTV  
245 and OAR dose metrics significantly vary between treating physicians (23), demonstrating that this could  
246 be another confounder. The use of knowledge-based dose prediction models could overcome patient  
247 selection bias by predicting the potential dose for both applicators for each patient. However, since the  
248 models are trained on a certain patient cohort, this cohort can influence on the prediction accuracy of the  
249 models. The effect of the different models can be seen when comparing the results of both models applied  
250 to cases with the other applicator. For instance, when applying the T&R model to T&O cases, the  
251 predicted T&R sparing for sigmoid was 0.15Gy per brachytherapy fraction; when applying the T&O  
252 model to T&R cases, the predicted T&R sparing was 0.46Gy. Although these differences were fairly  
253 small (0.16Gy (1% relative to prescription) for bladder, 0.28Gy (2%) for rectum and 0.31Gy (5%) for  
254 sigmoid per brachytherapy fraction), they can be explained by a number of factors. For one, the models  
255 were trained on and applied to different patient cohorts in the two scenarios, and thus could be influenced  
256 by variability in clinical factors, preferences and practices of the treating physician, etc. The model-  
257 predicted applicator dose differences are also confounded by model bias. For example, the T&R model  
258 for sigmoid was found to have a 0.21Gy bias in the validation cohort, which means that predictions  
259 tended to be 0.21Gy higher, on average, than actual values. In contrast, the T&O sigmoid model featured  
260 no bias. Thus, if this bias was removed from the T&R predictions on the T&O cohort, the model-

261 predicted T&R sparing would increase to 0.36Gy, which is closer to the 0.46Gy sparing predicted by the  
262 T&O model applied to T&R cases.

263         The way that dose is reported can also influence comparisons between applicator groups. We  
264 reported dose differences in both absolute and relative dose per brachytherapy fraction, as well as total  
265 EQD2 dose for completeness and comparison to prior studies, which used different dose quantities. While  
266 EQD2 is the metric most commonly used to evaluate brachytherapy plan quality and accounts for  
267 differences in brachytherapy prescription, results could be confounded by potential differences in EBRT  
268 dose between patient groups (though EBRT dose was similar between our cohorts). Absolute  
269 brachytherapy dose better highlights the difference between brachytherapy treatments, but results may be  
270 confounded by differences in brachytherapy prescription. For instance, we found that bladder dose was  
271 significantly higher for T&R in absolute dose per brachytherapy fraction (0.48Gy), and yet when reported  
272 in relative brachytherapy dose or EQD2 it was insignificantly lower for T&R. This was likely due to the  
273 higher median dose per fraction in T&O vs. T&R patients. Relative brachytherapy dose arguably gets  
274 around both of these issues, though may potentially be less meaningful to practitioners used to evaluating  
275 dose in Gy.

276

### 277 *Clinical Applications of Knowledge-Based Models*

278         We have demonstrated that separate models are required for T&R and T&O applicators, and this  
279 is likely true of other applicators. Training separate models is somewhat time-consuming and requires a  
280 sufficient sample size for each, but then dose predictions are more accurate for the implanted applicator,  
281 and could be used to guide optimal treatment planning. One limitation of this study is that the models are  
282 applied to anatomy as observed in imaging with the current applicator in place. Therefore, they do not  
283 reflect any modifications to anatomy that would occur when another applicator is inserted, which could  
284 additionally impact dose (e.g., the rectal retractor of the T&R applicator may push the rectum further  
285 away than what is observed in a T&O scan, or the larger amount of vaginal packing with T&O may result

286 in different positioning of surrounding anatomy). This limits the ability to anticipate exactly what dose  
287 would be received by an alternative applicator, but nonetheless studying the dose differences is important  
288 to gain knowledge and create awareness of possible differences between applicators. In addition, model-  
289 predicted applicator dose differences per brachytherapy fraction were very similar to those observed in  
290 clinical plans, which provides some confidence that the models may provide a reasonable estimate of the  
291 dose that could be achieved with an alternative applicator. The utility of models for applicator decision-  
292 making will be explored in future work. This methodology could easily be applied to produce models for  
293 other applicators and gain insight into specific dosimetric advantages or disadvantages in the future,  
294 ensuring physicians can make informed applicator choices for patients.

## 295 **Conclusion**

296 Accurate knowledge-based dose prediction models were produced for T&R and T&O applicators  
297 and applied to examine dose differences between two applicators that are often used interchangeably for  
298 brachytherapy of cervical cancer. Both models and clinical treatment plan data indicated that significant  
299 OAR sparing can be achieved with T&R over T&O, particularly for the rectum, despite similar or even  
300 greater HRCTV coverage with the T&R applicator. While there are other clinical factors that may lead a  
301 physician to selecting one applicator over the other, this data can help physicians to make more informed  
302 decisions when determining the optimal applicator for a patient. Further, knowledge-based models could  
303 be beneficial for standardizing and improving the quality of brachytherapy plans by providing patient-  
304 specific quality control and dosimetric targets.

305

## 306 **Disclosure**

307 Dr. Meyers, Moore and Mayadev report grants from Padres Pedal the Cause during the conduct  
308 of the study. Dr. Moore acknowledges funding support from AHRQ (R01 HS025440-01), has a patent  
309 Developing Predictive Dose-Volume Relationships for a Radiotherapy Treatment licensed to Varian  
310 Medical Systems, and a patent for knowledge-based prediction of three-dimensional dose distributions

311 pending, and personal fees from Varian Medical Systems. Outside the submitted work, Dr. Moore, Ray,  
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314 personal fees from AstraZeneca, personal fees from Agenus Bio and Merck, grants from NRG Oncology  
315 and GOG Foundation, and personal fees from Varian Medical Systems; Dr. Simon reports personal fees  
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322

323

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- 414

**Table 1** Summary of patient characteristics; T&R = tandem and ring; T&O = tandem and ovoids; HRCTV = high-risk clinical target volume;  $D_{2cc, EQD2} = D_{2cc}$  value reported brachytherapy dose in EQD2 with  $\alpha/\beta=3$ ; SD = standard deviation.

Applicator	Parameter	Specification	Value	
T&R	Number of patients	Total	47	
		Number of fractions	Total	113
			Training cases	75
	Validation cases		38	
	Tumor stage (FIGO)	I	58	
		IIA	9	
		IIB	36	
		III	9	
		IV	1	
	HRCTV Volume [cc]	Mean (Range)	19.6 (4.9 – 40.2)	
HRCTV D90 [%]		Mean $\pm$ SD	112.5 $\pm$ 16.6	
HRCTV V100 [%]		Mean $\pm$ SD	94.9 $\pm$ 10.1	
Prescribed dose per fraction (Rx) [Gy]		Median (Range)	7 (5.5 – 8.5)	
$D_{2cc}$ Bladder [Gy] (% Rx)		Mean $\pm$ SD	4.97 (70) $\pm$ 1.15 (15)	
	$D_{2cc}$ Rectum [Gy] (% Rx)	Mean $\pm$ SD	2.56 (36) $\pm$ 0.86 (12)	
	$D_{2cc}$ Sigmoid [Gy] (% Rx)	Mean $\pm$ SD	3.44 (48) $\pm$ 1.25 (18)	
$D_{2cc, EQD2}$ Bladder [Gy]	Mean <sub>EBERT+Brachy</sub> (Mean <sub>Brachy</sub> ) $\pm$ SD	73.81 (30.35) $\pm$ 11.75		
	$D_{2cc, EQD2}$ Rectum [Gy]	Mean <sub>EBERT+Brachy</sub> (Mean <sub>Brachy</sub> ) $\pm$ SD	54.58 (11.12) $\pm$ 7.47	
	$D_{2cc, EQD2}$ Sigmoid [Gy]	Mean <sub>EBERT+Brachy</sub> (Mean <sub>Brachy</sub> ) $\pm$ SD	61.24 (17.78) $\pm$ 10.59	
T&O	Number of patients	Total	36	
		Number of fractions	Total	109
			Training cases	77
	Validation cases		32	
	Tumor stage (FIGO)	I	41	
		IIA	7	
		IIB	57	
		III	4	
		IV	0	
	HRCTV Volume [cc]	Mean (Range)	19.7 (7.7 – 65.7)	
HRCTV D90 [%]		Mean $\pm$ SD	105.6 $\pm$ 8.4	

HRCTV V100 [%]	Mean $\pm$ SD	93.5 $\pm$ 5.0
Prescribed dose per fraction (Rx) [Gy]	Median (Range)	6 (5.5 – 8)
D <sub>2cc</sub> Bladder [Gy] (% Rx)	Mean $\pm$ SD	4.49 (71) $\pm$ 1.02 (14)
D <sub>2cc</sub> Rectum [Gy] (% Rx)	Mean $\pm$ SD	3.27 (51) $\pm$ 0.91 (13)
D <sub>2cc</sub> Sigmoid [Gy] (% Rx)	Mean $\pm$ SD	3.76 (60) $\pm$ 0.86 (13)
D <sub>2cc, EQD2</sub> Bladder [Gy]	Mean <sub>EBERT+Brachy</sub> (Mean <sub>Brachy</sub> ) $\pm$ SD	74.42 (30.95) $\pm$ 9.23
D <sub>2cc, EQD2</sub> Rectum [Gy]	Mean <sub>EBERT+Brachy</sub> (Mean <sub>Brachy</sub> ) $\pm$ SD	62.54 (19.07) $\pm$ 7.14
D <sub>2cc, EQD2</sub> Sigmoid [Gy]	Mean <sub>EBERT+Brachy</sub> (Mean <sub>Brachy</sub> ) $\pm$ SD	67.10 (23.63) $\pm$ 7.62

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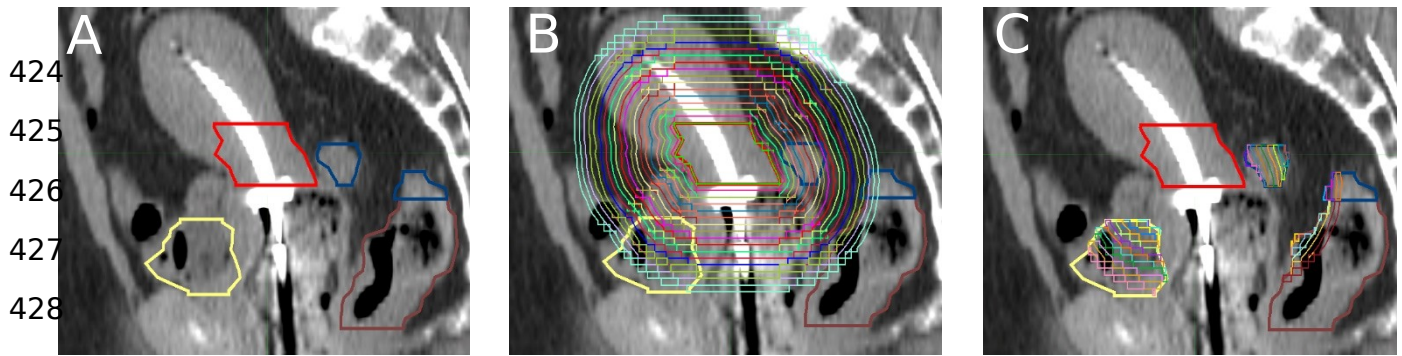
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419 **Table 2** Summary of dose differences between patients treated with T&O and T&R applicators (validation and trainings cases).  $\mu$   
 420 = average;  $D_{2cc, EQD2} = D_{2cc}$  value represented in EQD2 with  $\alpha/\beta = 3$ ;  $**p < 0.01$ ;  $*p < 0.05$ ; (% Rx) = dose relative to prescribed  
 421 dose; <sup>1</sup> T&R model applied to T&O cases; <sup>2</sup> T&O model applied to T&R cases

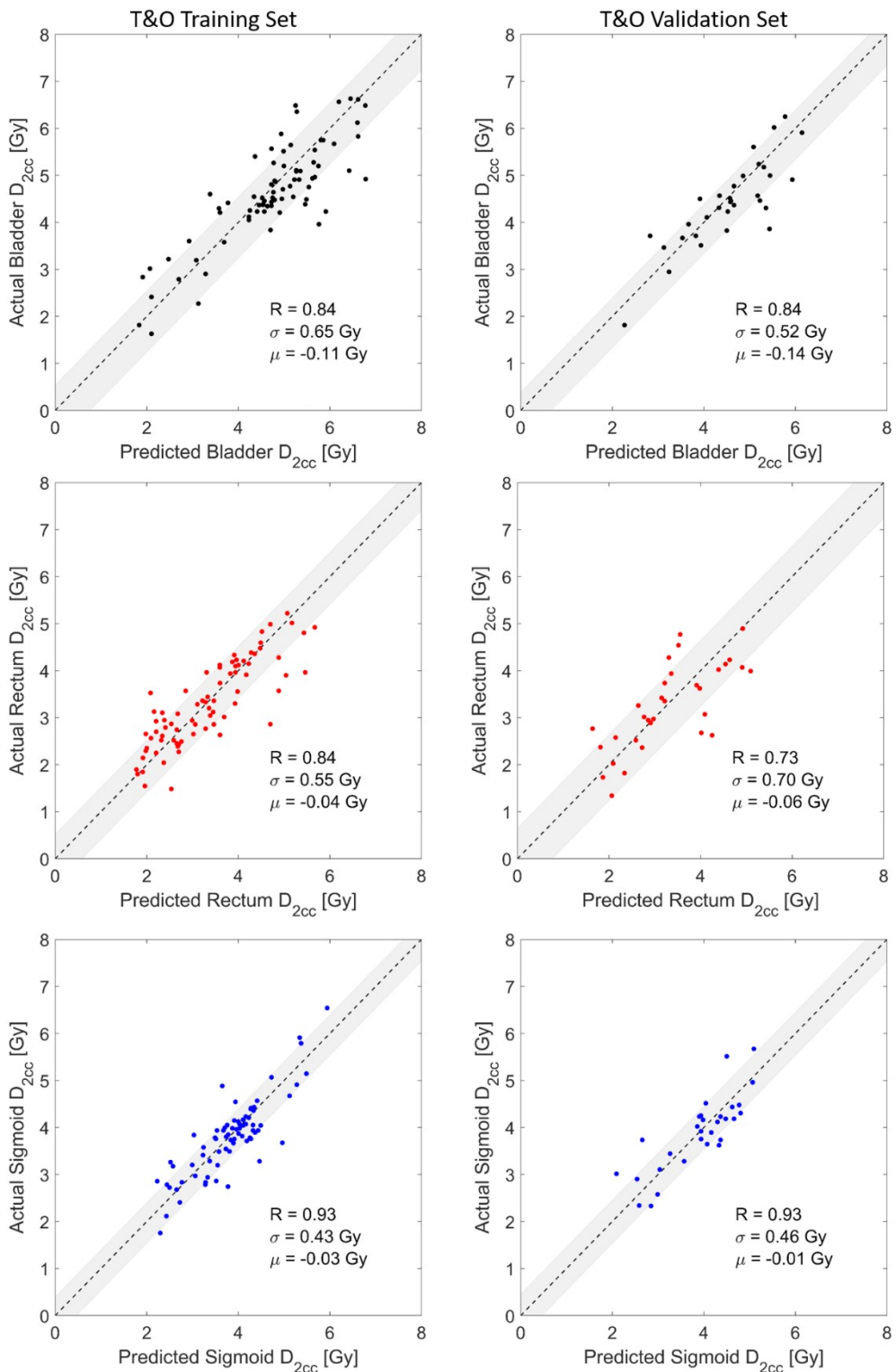
Parameter	Clinical Differences	Predicted Differences <sup>1</sup>	Predicted Differences <sup>2</sup>
	$\mu$ T&O, actual - $\mu$ T&R, actual	$\mu$ T&O, actual - $\mu$ T&R, predicted	$\mu$ T&O, predicted - $\mu$ T&R, actual
$D_{2cc}$ Bladder [Gy] (% Rx)	-0.48** (1%)	+0.33* (6%**)	+0.49** (7%**)
$D_{2cc}$ Rectum [Gy] (% Rx)	+0.71** (16%**)	+0.79** (13%**)	+1.07** (15%**)
$D_{2cc}$ Sigmoid [Gy] (% Rx)	+0.32* (11%**)	+0.15 (2%)	+0.46** (7%**)
$D_{2cc, EQD2}$ Bladder [Gy]	+0.61	+2.62*	+5.69**
$D_{2cc, EQD2}$ Rectum [Gy]	+7.96**	+6.15**	+7.31**
$D_{2cc, EQD2}$ Sigmoid [Gy]	+5.86**	+0.69	+3.65**

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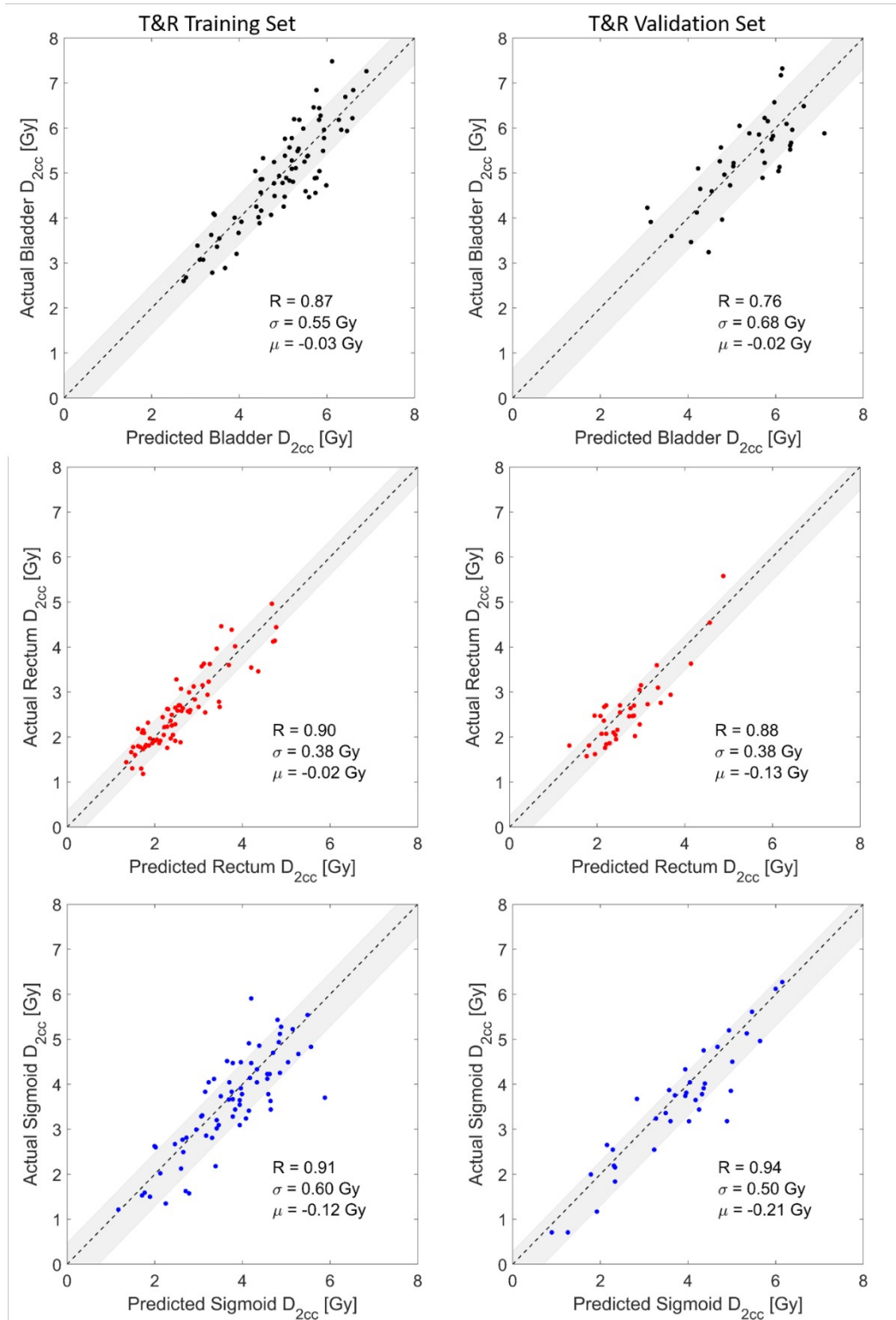


429 **Figure 1** Pre-processing required for knowledge-based dose predictions. First, target and  
430 OARs are contoured (example T&O CT sagittal slice, A). Then shells are generated around  
431 the target and represent distance from target (B). Finally, dose is extracted from each  
432 shell where it overlaps with each OAR (C), and used to generate DVH dose prediction  
models. Steps B onwards were fully automated within MIM.



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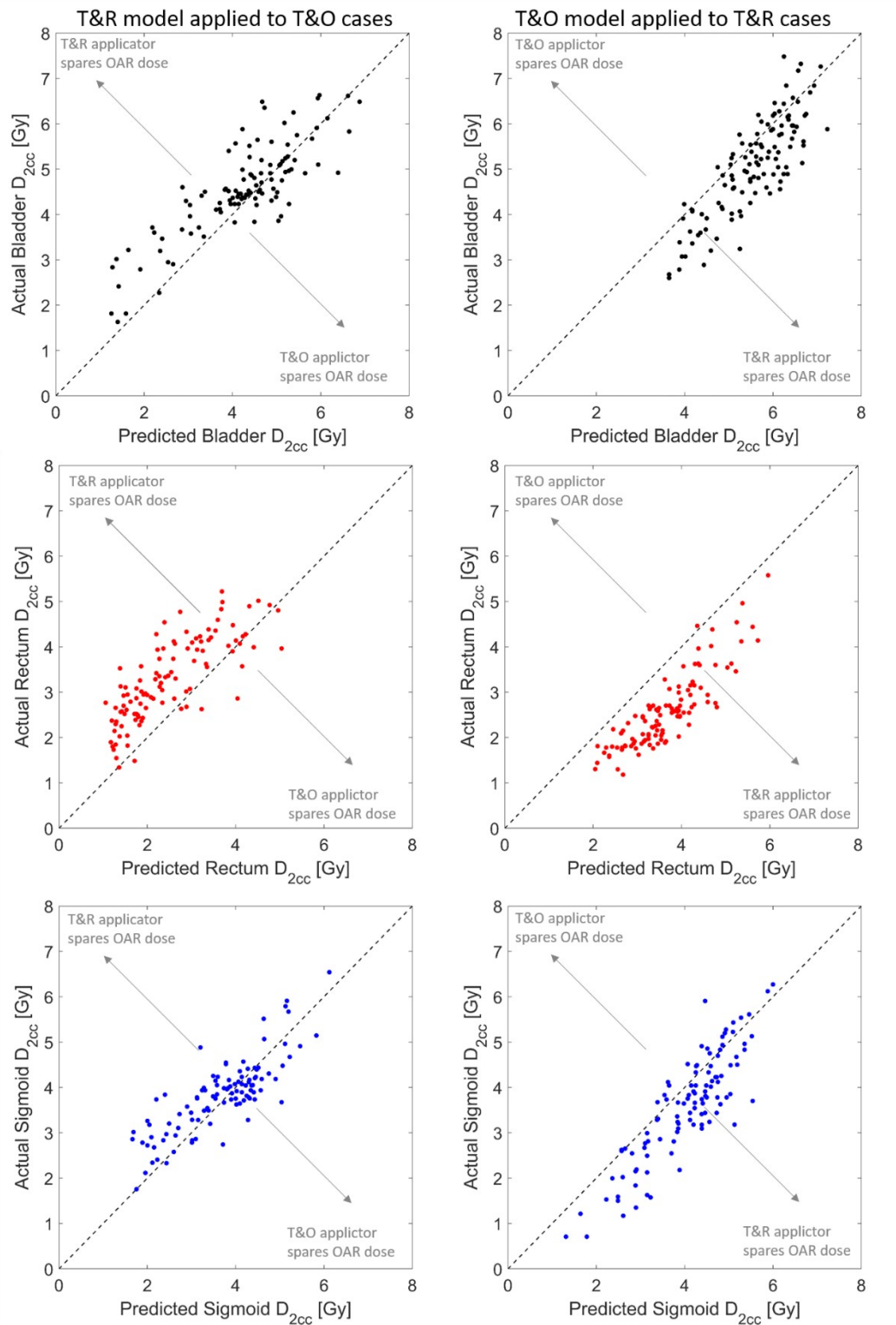
434 **Figure 2** Actual versus predicted  $D_{2cc}$  values for each OAR for training (left) and validation (right) data sets for the T&O model.  
 435 Pearson correlation coefficients ( $R$ ), standard deviation (indicated by  $\sigma$  as well as gray color wash, representing model  
 436 precision), and mean ( $\mu$ , representing model bias) of  $\Delta D_{2cc} = D_{2cc, actual} - D_{2cc, predicted}$  are shown. Black lines indicate hypothetical  
 437 perfect model predictions.



438

439 **Figure 3** Actual versus predicted  $D_{2cc}$  values for each OAR for training (left) and validation (right) data sets for the T&R model.  
 440 Pearson correlation coefficients ( $R$ ), standard deviation (indicated by  $\sigma$  as well as gray color wash, representing model  
 441 precision), and mean ( $\mu$ , representing model bias) of  $\Delta D_{2cc} = D_{2cc, actual} - D_{2cc, predicted}$  are shown. Black lines indicate hypothetical  
 442 perfect model predictions.





443

444 **Figure 4** Actual dose for T&O cases vs.  $D_{2cc}$  values predicted by T&R model (left), and actual dose for T&R cases vs. T&O  
 445 model predictions (right). All patients from training and validation datasets were included. Black dotted line indicates  
 446 equivalence between model predictions and actual values. A bias towards one side of the line marks possible dose differences  
 447 between the applicators.