

UC San Diego

Spring 2023 - UC San Diego Health Journal of Nursing: The Unique Power of Nursing

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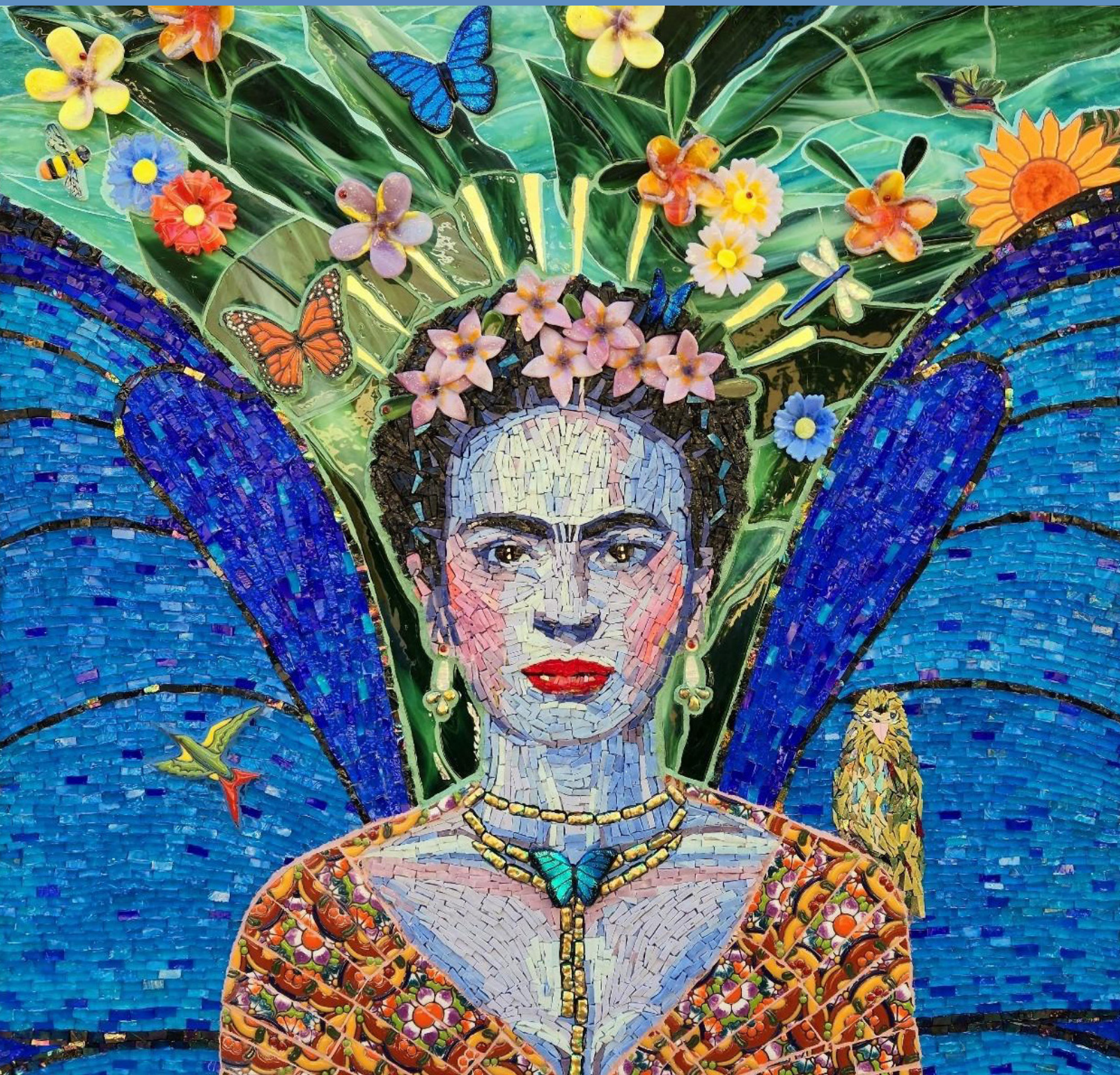
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UC San Diego Health

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The Unique Power of Nursing

SPRING 2023

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Shared Governance committee membership is a great way to become personally involved in the Magnet journey and to help shape the future of nursing at UCSDH. For more information go to our nursing website at <https://health.ucsd.edu/for-health-care-professionals/nursing/about-us/Pages/shared-governance.aspx>



On the front cover:

Rebecca Sauer, RN, CPAN is a nurse in the Perioperative Department at Jacobs Medical Center. She began creating mosaics over 20 years ago, and is largely self-taught. Her latest work, "When I Have Wings to Fly" is a depiction of Frida Kahlo, who endured unimaginable pain in her life. She survived polio, and near-fatal injuries in a bus crash during her teens. These events left her with life-long suffering, which she depicted famously throughout her paintings. Despite these and other obstacles, she led a spectacular and flamboyant life. When faced with having to eventually amputate her leg, Frida retorted, "Feet, what do I need you

for, when I have wings to fly?" Here is Frida, in death, finally showing her wings. Wings are present throughout the mosaic, in butterflies, birds, ladybugs, a dragonfly, and a bee. From her left hand, she lets go of the nails (depicted in her work, "The Broken Column") that impaled her in life. In death, she is finally free.

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