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# **Assessment of horticultural products whose crops allow the use of copper-based pesticides by inductively coupled plasma optical emission spectrometry**

## **Determination of Cu in vegetable by ICP OES**

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## 1 ABSTRACT

2

3 Copper is present in the environment and animals at low levels and is considered an  
4 essential microelement for all living organisms, but in high amounts, it is considered  
5 toxic. The study's objective was to evaluate the concentration of Cu in different  
6 horticultural products marketed in Rio de Janeiro city by inductively coupled plasma  
7 optical emission spectrometry. The method provides sensitivity, precision, and accuracy  
8 appropriate to assess exposure to Cu due to its intake through [fresh](#) vegetable  
9 consumption in Rio de Janeiro city. There is no significant statistical difference between  
10 Cu concentration in fruits ( $1.2 \pm 0.4 \text{ mg kg}^{-1}$ ) and non-leaf vegetables ( $0.9 \pm 0.4 \text{ mg kg}^{-1}$ ).  
11 The Cu concentration was lower in the root, tuber, and bulb samples ( $0.7 \pm 0.4 \text{ mg kg}^{-1}$ ).  
12 All samples allowed by law to use copper-containing pesticides presented concentrations  
13 below the limits established by Brazilian regulation. Despite these results, it is crucial to  
14 ensure the continuity of the Cu concentrations monitoring in horticultural products in  
15 order to prevent harm to human health.

16 **Keywords:** copper, spectrometry, horticultural products, pesticides

17

18

## 19 1. INTRODUCTION

20

21 Brazil is the fifth largest country in the world. It has a tropical climate that favors  
22 cultivating a wide variety of edible vegetables. It is the third largest producer of fruits in  
23 the world, producing about 45 million tons per year. The horticulture activity generates  
24 around R\$ 25 billion and is responsible for around 7 million direct and indirect jobs  
25 (EMBRAPA, 2020). Brazil's [fresh](#) produce vegetable market is highly diversified and  
26 segmented, with the production concentrated in six species: potato, watermelon, lettuce,  
27 onion, and carrots. Family farming accounts for more than half of production. It is  
28 estimated that rural properties occupy approximately 448 million hectares (about 53% of  
29 the Brazilian territory (Navarro et al., 2020). In these areas, there are policies to increase  
30 the produce production to supply national and international markets. However, these  
31 policies do not involve environmental and human health concerns, especially due to the  
32 extensive use of pesticides (Montagner, 2021)

33

34 Studies indicate Brazil has been the world's largest pesticide consumer in absolute  
35 numbers since 2008. Between 2000 and 2010, global pesticide consumption increased by  
36 100%, while Brazil's consumption increased by almost 200% (Melo et al., 2020;  
37 Bombardi et al., 2017). Additionally, a new regulatory framework for pesticides was  
38 launched in 2019, resulting in a record number of pesticides authorizations. In 2020, 493  
39 new pesticides were allowed to be used in crops (MAPA, 2021), thus increasing the risk  
40 of food contamination.

41

42 Among the authorized substances, inorganic or organic bound to inorganic  
43 pesticides can contribute to food contamination, especially by metals. However, these  
44 metal-containing pesticides are not the unique reason for metal contamination in edible  
45 vegetables. The natural sources and anthropogenic emissions also contribute to food  
46 contamination (de Siqueira, 2017). Copper (Cu) is one of the metals present in these  
47 formulations and man-made emissions, and it is classified as potentially toxic.

48

49 Copper is present in the environment and is essential for all living organisms. It is  
50 involved in numerous biological processes. Food is the primary source of Cu exposure  
51 by ingestion in humans. However, Cu absorption depends on factors such as the type of  
52 food, growing conditions (soil, water, fertilizers, and pesticide use), the amount ingested,  
53 chemical form, and the presence of other dietary components, such as zinc (Ellingsen et  
54 al., 2015). Copper in high concentrations is toxic and can cause hepatic dysfunction in  
55 the short and long term; convulsions; cognitive dysfunction; cataract, renal disease;  
56 cardiac arrhythmia; osteoporosis; gynecomastia; and hyperpigmentation (de Azevedo et  
57 al., 2003; ATSDR, 2022). In the environment, Cu in excess can damage plant health, such  
58 as root and shoot growth decreasing, reduced number of leaves, altered photosynthesis  
59 rates, and changes in chlorophyll and carotenoid levels (Martins, 2014).

60

61 One possible way to introduce Cu into the food chain is by using phosphate  
62 fertilizers, which pose risks to human health, and fungicides such as Cu hydroxide, copper  
63 oxychloride, cuprous oxide, copper sulfate, oxine -copper, and copper carbonate.  
64 (ASTDR, 2004; de Siqueira, 2017). The main fungicide approved for production systems  
65 in organic farming is a copper-based compound. In 1885, a mixture of copper sulfate  
66 ( $\text{CuSO}_4$ ) and calcium hydroxide ( $\text{Ca}(\text{OH})_2$ ), the Bordeaux mixture, was discovered to  
67 control diseases caused by *Plasmopara viticola* in vines. This fungicide continues to be

68 used on a large scale worldwide. (Ghorbani, 2007).

69 In 2022, the Brazilian Health Regulatory Agency (ANVISA), considering the use  
70 of Cu-based compounds and the possible health risks to the population from contaminated  
71 food by these compounds, published a rule (RDC n° 722/2022) that establishes the  
72 Maximum Residue Limits (MRL) of contaminants in foods, and the analytical methods  
73 for conformity assessment. This rule defines the MRL limits for arsenic (As), cadmium  
74 (Cd), lead (Pb), mercury (Hg), tin (Sn), copper (Cu), and chromium (Cr). MRL for copper  
75 varies from 0.05 mg kg<sup>-1</sup> in anhydrous milk fats to 40 mg kg<sup>-1</sup> in cocoa beans. For crops  
76 allowed to use copper-based pesticides, the MRL is 10 mg kg<sup>-1</sup>.

77 Considering the use of various Cu-based substances in edible crops, this study  
78 aimed to evaluate Cu concentration in different ~~fresh~~ produce vegetables marketed at the  
79 Central Supply Center of Rio de Janeiro (CEASA-RJ) and assess the Cu exposure due to  
80 intake of horticultural products in Rio de Janeiro City.

81

## 82 **2. MATERIAL AND METHODS**

83 The analyzes were carried out in the Inorganic Elements Sector of the Chemistry  
84 Department of the National Institute for Quality Control in Health (INCQS) at the  
85 Oswaldo Cruz Foundation (FIOCRUZ).

### 86 **2.1 Food Sampling**

87 The samples of edible vegetables were acquired, from July 2012 to July 2015,  
88 from the CEASA-RJ, is the only public commercial distributor in the states of Rio de  
89 Janeiro, being responsible for the commercialization of horticultural products for the  
90 metropolitan region of Rio de Janeiro. The horticultural products were chosen based in  
91 the most sold edible vegetables in Rio de Janeiro State in this period. 370 samples of  
92 different products covering the categories of fruits, non-leaf vegetables and  
93 tubers/roots/bulbs were acquired in 10 collections (November 2012; March, June,  
94 September, and December 2013; March, June, September, and December 2014; March  
95 2015). The collections were design to cover the respective harvest seasons and the largest  
96 possible number of vegetables per collection. At least one kilo of each vegetable ~~category~~  
97 was acquired during collections. Tomato was an exception, where larger amounts were  
98 acquired, because two different modes of cultivation were ~~compared~~, the traditional  
99 farming one and the sustainable farming (that promotes soil and water conservation,  
100 ~~reduced pesticide application~~, higher crop yield, and more favorable production mode for

101 the farmer and the environment). The samples fresh were washed with deionized water,  
102 homogenized and processed in a blender then portioned into Falcon tubes and stored  
103 under refrigeration (2-8°C).

104 The parts of the vegetables used to determine the Cu concentration was conducted  
105 in according of Codex Alimentarius (CODEX, 2010). **Table 1** shows the quantities of  
106 each selected product and the part of the vegetable used for Cu analysis.

107 ~~The samples were homogenized, ground in an industrial type crusher and stored~~  
108 ~~in appropriate containers.~~ To Cu determination, 0.5 g of each sample fresh was weighed  
109 in duplicate. The treatment of the samples was conducted according to the AOAC  
110 procedure, 2012, Chapter 9, method No. 999.11, which consists in the pre-digestion of  
111 the sample with 5 mL of 65% (w/v) nitric acid p.a (Merck, Germany) and 1 mL of 30%  
112 (v/v) hydrogen peroxide p.a (Merck, Germany), followed by calcination in a muffle  
113 furnace at 450 °C for 12 h, solubilization of the ash with a solution of supra pure nitric  
114 acid 10% (v/v) and quantitative transfer with deionized water (Millipore, Brazil) for 15  
115 mL Falcon-type flasks (fine volume 15mL). ~~To assess the quality of the analytical results,~~  
116 ~~the reference material was processed and analyzed in the same way and concomitantly~~  
117 ~~with the samples.~~

118

119

120

121

## Table 1

### 122 2.2. Reagents and reference standards

123

124 Standards solution of  $1000 \text{ mg L}^{-1} \pm 2 \text{ mg L}^{-1}$  the copper brand Sigma-Aldrich  
125 were used to intermediate prepare  $1000 \text{ } \mu\text{g L}^{-1}$ . From these intermediate solutions, a  
126 calibration curve was prepared by means of successive dilutions, with a working range of  
127 30 to  $400 \text{ } \mu\text{g L}^{-1}$ . To guarantee the quality of the results, the National Institute of Standards  
128 and Technology (NIST) Spinach leaves - 1570a and Tomato Leaves-1573a reference  
129 material were used during all the experiments.

130

### 131 2.3. Equipment

132 The Cu concentration was determined by inductively coupled plasma optical  
133 emission spectrometry – ICP OES (Optima 8300Perkin Elmer, USA) equipped with a  
134 GemCones<sup>TM</sup> nebulizer, cyclonic glass nebulizer chamber. White Martins (São Paulo,

135 Brazil) supplied argon gas with a minimum purity of 99.996%. **Table 2** describes the  
136 operational parameters for the Cu determination.

137

138 **Table 2**

139

## 140 **2. 4 Statistical analyses**

141 Descriptive statistics were obtained using Microsoft Excel 2010, including the  
142 arithmetic mean, median, standard deviation (SD), Student's t-test and analysis of  
143 variance (ANOVA). The measurement uncertainties were estimated by the 'bottom-up'  
144 mode, in which the identification and quantification of the relevant sources of uncertainty  
145 are presented in the cause and effect diagram (Figure 1) (la Cruz et al., 2010;  
146 EURACHEM, 2012). Once the final combined uncertainties have been calculated and the  
147 coverage factor k (k = 2) was defined at 95% confidence level, the final expanded  
148 uncertainty was estimated (Oliveira et al., 2009; la Cruz et al., 2010).

149

150 **Figure 1**

151

## 152 **2. 5 Validation**

153

154 The parameters have been validated according to validation of Analytical Methods  
155 from The Brazilian Institute of Metrology, Standardization and Industrial Quality  
156 (INMETRO, 2016) and ISO 17025. The linear range varied from 30  $\mu\text{g L}^{-1}$  to 400  $\mu\text{g L}^{-1}$   
157 and the working range varied from 30  $\mu\text{g L}^{-1}$  to 150  $\mu\text{g L}^{-1}$ . The limit of detection (LOD)  
158 and the limit of quantification (LOQ) were obtained by reading 10 solutions independent  
159 of the blank and calculated according to the INMETRO guidance document for a 95%  
160 confidence level (INMETRO, 2020).

161 The method accuracy and precision have been determined using reference material  
162 Nist 1573a e Nist 1570, according to recommendations from INMETRO. The acceptance  
163 criteria vary from 80%–120% of the certified value and the maximum percentage to  
164 relative standard deviation (% RSD) was 20% (INMETRO, 2020; ISO, 2017).

165

## 166 **2.6 Cu exposure assessment**

167 A deterministic model was used to assess the exposure to the probable daily intake of Cu  
168 in fruits and vegetables. This model uses concentration and consumption values, such as

169 the mean, median, 97.5th percentile or maximum value (Jardim, 2009). The Cu  
170 concentrations used to calculate the intake were defined as the 97.5th percentile of fruits  
171 samples and non-leafy vegetables samples combined, independent of the region. The  
172 objective of using the 97.5th percentile was to evaluate the maximum Cu an individual  
173 would ingest Cu in one day by consuming contaminated food (Kroes et al., 2002; WHO,  
174 2020)

175 The data about the consumption of Horticultural products was obtained from the  
176 national food consumption data survey conducted by the Brazilian Institute of Geography  
177 and Statistics (IBGE). These surveys evaluate the profile of food consumption by  
178 families. These data generally do not provide information about the distribution of  
179 consumption among individuals and do not consider consumption outside the home or  
180 the amount of food wasted (IBGE, 2018). Cu intake is expressed in milligrams of metal  
181 per kilogram body weight and was estimated for individuals aged 45–54 years with an  
182 average weight of 70 kg, regardless of the region where they live (IBGE, 2020).

183 In the risk assessment of exposure levels due to the consumption of horticultural  
184 products in the southeast Brazilian region, the MOE was calculated by the ratio between  
185 the Benchmark Dose Lower Confidence Limit (BMDL) and the Cu intake (Equations 1  
186 and 2). In this evaluation, BMDL (reference dose in which, for the first time, the adverse  
187 effect can be observed at the lower limit for a 95% confidence interval) was 0.05 mg kg  
188 day<sup>-1</sup>, as suggested by ATSDR (2022), was considered.

189

$$190 \quad \text{MOE} = \frac{\text{Benchmark dose lower limit (BMDL)}}{\text{Estimated intake (Cu)}} \quad (\text{Eq.1})$$

191

192

$$193 \quad \text{Estimated intake (Cu)} = \frac{\text{Daily Food consumption (g day}^{-1}\text{)} \times \text{Cu (}\mu\text{g g}^{-1}\text{)}}{\text{body weight of 70 kg}} \quad (\text{Eq. 2})$$

194

195

### 196 **3. RESULTS AND DISCUSSION**

197

198 For the in-house validation of the analytical methodology, ANOVA was  
199 performed to determine the significance of the regression and the linearity deviation to

200 confirm the linearity of the analytical curves (**Figure 2**) The p value was  $< 0.001$ , shows  
201 the regression of the curve was significant ( $p > 0.05$  would demonstrate that there was no  
202 linearity deviation). The determination coefficient ( $R^2$ ) was  $> 0.9982$ , indicating that the  
203 analytical curves have linearity according to the INMETRO parameters. The LOD was  
204  $10 \mu\text{g L}^{-1}$  and the LOQ was  $30 \mu\text{g L}^{-1}$ , values that are suitable for the type of studied  
205 sample. **Table 3** presents the accuracy (recovery) and the precision (percent relative  
206 standard deviation - % DPR) data obtained from the comparison among the  
207 concentrations obtained experimentally of the certified references materials Nist 1573<sup>a</sup> e  
208 Nist 1570 and the certified values.

209

210

### **Table 3**

211

212

213 The final expanded uncertainty for Cu in agricultural produce was 5.3%, with the  
214 greatest uncertainty being the repeatability of the methodology – which contributes with  
215 42.9%, followed by the preparation of the sample (26.4 %), calibration curve (24.5%),  
216 and reference standards preparation (6.1%) (**Figure 2**). **Table 4** presents the results for  
217 determining Cu.

218

219

### **FIGURE 2**

220

221

### **Table 4**

222

223

224 Grapes presented the highest Cu concentrations with  $2.6 \text{ mg kg}^{-1}$  ranging from  
225  $0.7\text{-}4.7 \text{ mg kg}^{-1}$ . The 90th percentile value was  $3.9 \text{ mg kg}^{-1}$ , which allows us to state only  
226 10% of the samples had Cu concentrations above  $3.9 \text{ mg kg}^{-1}$ . The higher average  
227 concentration in grapes can be explained by the use of Bordeaux mixture. In addition,  
228 characteristics such as a higher surface area of the grape and a thinner skin facilitate the  
229 metal permeation, which may explain the higher Cu concentration in this type of sample  
230 (Philippsen, 2017)

231

232

233

The Cu concentrations in oranges ranged from  $0.8$  to  $2.6 \text{ mg kg}^{-1}$ , the mean value  
was  $1.5 \text{ mg kg}^{-1}$  and the calculated median was  $1.4 \text{ mg kg}^{-1}$ . The 90th percentile value  
was  $2.45 \text{ mg kg}^{-1}$ , which allows us to state that only 10% of the samples had Cu

234 concentrations above  $2.45 \text{ mg kg}^{-1}$ . In the orange crops, Bordeaux mixture is also used in  
235 order to favor the development of more visually attractive fruits, reducing the deformation  
236 and enhance the adequate leaf growth, protecting the plant against harmful microorganisms  
237 (EMBRAPA, 2016).

238 Guava and banana had the second and fourth highest average of Cu, respectively.  
239 One of the possible reasons for these Cu levels is the recommendation of preventive  
240 spraying in these two crops with cupric fungicides, such as copper sulfate, copper  
241 oxychloride, or cuprous oxide, on the fruit. For guava, these are the only pesticides  
242 registered for the management of maculate anthracnose (EMBRAPA, 2010). In bananas,  
243 these active principles are used to control yellow Sigatoka disease. Furthermore, these  
244 fruits easily absorb micronutrients such as iron (Fe), manganese (Mn), zinc (Zn), Cu, and  
245 boron (B) (EMBRAPA, 2010)

246 Pineapple, mango, and apple presented statically different results, with a Cu  
247 concentration average below  $1 \text{ mg kg}^{-1}$ . This value is similar to that described in other  
248 studies carried out in different countries, such as Spain ( $0.8 \text{ mg kg}^{-1}$  in fruits), Nigeria ( $1$   
249  $\text{mg kg}^{-1}$  in mangoes;  $0.8 \text{ mg kg}^{-1}$  in pineapple;  $0.25 \text{ mg kg}^{-1}$  in apples) (Velasco-Reynold,  
250 et al., 2008; Filippini, et al., 2018; Onianwa, et al., 2001). In another study carried out in  
251 Brazil, the values found in apples were  $0.3 \text{ mg kg}^{-1}$ , in pineapples were  $1.3 \text{ mg kg}^{-1}$ , and  
252 in mangoes were  $1.5 \text{ mg kg}^{-1}$  (Ferreira, et al., 2005), similar to results found in this study.

253 Different concentrations can be explained by several factors such as genetic  
254 variety, age, part of the plant and the environment where the agricultural product is  
255 planted. Additionally, factors as geoclimatic conditions and anthropogenic activities can  
256 also increase Cu concentrations (Santos et al., 2017; Saidelles et al., 2010). Other studies  
257 pointed out the food composition can influence the Cu concentration in vegetables.  
258 Vegetables with high protein content have higher Cu concentrations (Ferreira et al.,  
259 2005). The results found in this study, are in line with this association, because oranges,  
260 bananas and guavas, have higher protein levels, and higher Cu concentrations than  
261 papaya, which has lower protein levels.

262 The Cu concentration in strawberries was below  $1 \text{ mg kg}^{-1}$ , this result indicates  
263 the growers are following the guidance for strawberries handling and cultivation, which  
264 does not recommend the use of Cu-based pesticides, despite there compounds being  
265 authorized for foliar application (EMBRAPA, 2016).

266 The results show no statistical differences, after applying the t-student's test with  
267 a confidence level of 95%, between Cu concentrations in traditional tomato farming and

268 in sustainable farming. The Cu concentration found in the sustainable farming samples  
269 ranged between 0.3 - 2.8 mg kg<sup>-1</sup> with an average of 1.0 mg kg<sup>-1</sup>. When calculating the  
270 90th percentile, the value found was 1.8 mg kg<sup>-1</sup>. The objective of this production is to  
271 increase the shelf life of the fruits, obtain color fruit uniformity, reduce and delay the fruit  
272 drop, and present the adequate production system identification of fruits in the market,  
273 increasing the product value due to this better appearance. The results are in line with  
274 another study (EMBRAPA, 2016), where the Cu concentration ranged from 0.9 to 1.19  
275 mg kg<sup>-1</sup>, depending on the type of cultivation used.

276 Non-leaf vegetables and tubers showed no statistical differences in Cu  
277 concentrations by the ANOVA test. According to Velasco-Reynold et al (2008) the  
278 average concentration of non-leaf vegetables and tubers ranged from 0.06 to 2.5 mg kg<sup>-1</sup>,  
279 results which are equivalent to this study. According to Filippini et al. (2018) Cu  
280 concentrations in vegetable samples ranged from 0.24 to 11.44 mg kg<sup>-1</sup>, Olivares et al.  
281 (2004) and Ferreira et al. (2005) this variation was 0.20-2.00 mg kg<sup>-1</sup> and 0.23-3.25 mg  
282 kg<sup>-1</sup>, respectively. In the work carried out by Onianwa et al (2001), Cu concentrations for  
283 non-leaf vegetables ranged from 4.0-12.5 mg kg<sup>-1</sup> and for tubers from 0.72 to 4.76 mg kg<sup>-1</sup>,  
284 in this case values found are higher than those found in this study.

285 According to Anvisa, the use of inorganic Cu-based pesticides is allowed in all  
286 products analyzed in this study. Despite the immense use of agricultural pesticides in  
287 Brazil, all vegetables analysed in this paper showed Cu concentrations below the  
288 maximum tolerable limit for this food type (10 mg kg<sup>-1</sup>) defined by ANVISA. This low  
289 concentration found in the products may be depending on the type of soil, the amount of  
290 organic matter found, the pH, the texture, of the presence of elements such as Fe, Al and  
291 Mn and gives kind of and horticultural products. Furthermore, studies show that Cu is  
292 fixed to the upper soils part part rich in organic matter, or that it hinders the absorption of  
293 Cu by plants (Schramel, 2000; Montavani, 2009).

294 .

295

### 296 **3.1 Exposure assessment and risk characterizatio**

297

298 **Table 5** shows estimates of daily Cu intake from horticultural products  
299 consumption. Considering the conservative characteristic of this evaluation, values of the  
300 97.5th percentile of Cu concentrations in fruits samples and other samples were used,  
301 likewise, according to food consumption data survey.

302

303

### Table 5

304

305

306

307

When calculating the MOE to characterise the risk of exposure to Cu, the deterministic approach was used by employing a BMDL<sub>10</sub> of 0.05 mg kg<sup>-1</sup> day<sup>-1</sup>, established by ATSDR in 2022, and a body weight of 70 kg. The MOE exposure margins ranged from 24.27 to 54.34 (Table 5).

308

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311

According to the European Food Safety Authority Scientific Committee (EFSA), only MOE values > 10,000 should be considered of low concern from the point of view of public health and should reasonably be considered a low priority for risk management actions (EFSA, 2005).

312

## 4. CONCLUSION

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318

The proposed method has adequate sensitivity, precision, and accuracy to quantify the presence of copper in fresh produce vegetables. The results found shows no statistical differences in the comparison between the Cu concentrations of fruits and non-leaf vegetables, in this study. Root, tuber and bulb samples presented lower Cu concentrations, which can be explained by the agricultural practices applying the Cu-based pesticides on stems, flowers and fruits.

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The use of the deterministic model to evaluate exposure had the advantage with regard to the speed and simplicity of the calculations. Nevertheless, this information is important for an initial diagnosis of a risk situation, and there is a need to generate new data. Through this study, we observed that the intake of Cu through agricultural products alone is unlikely to cause health problems.

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330

The results obtained for the analyzed samples showed that the Cu contents in vegetables analysed are below the maximum tolerance limit determined by ANVISA indicating a low probability of occurrence of adverse health effects from this source of exposure. Although the low estimated MOE values are not worrisome, however the uncertainties in the characterisation of the risk must be considered and viewed with attention by health agencies. More studies are necessary to determine Cu levels in other types of food to improve the data about populational exposure to this metal.

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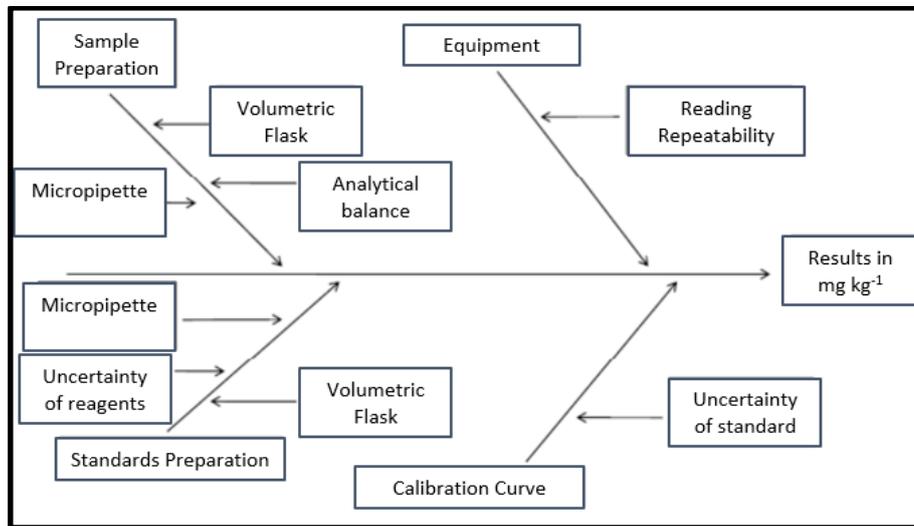
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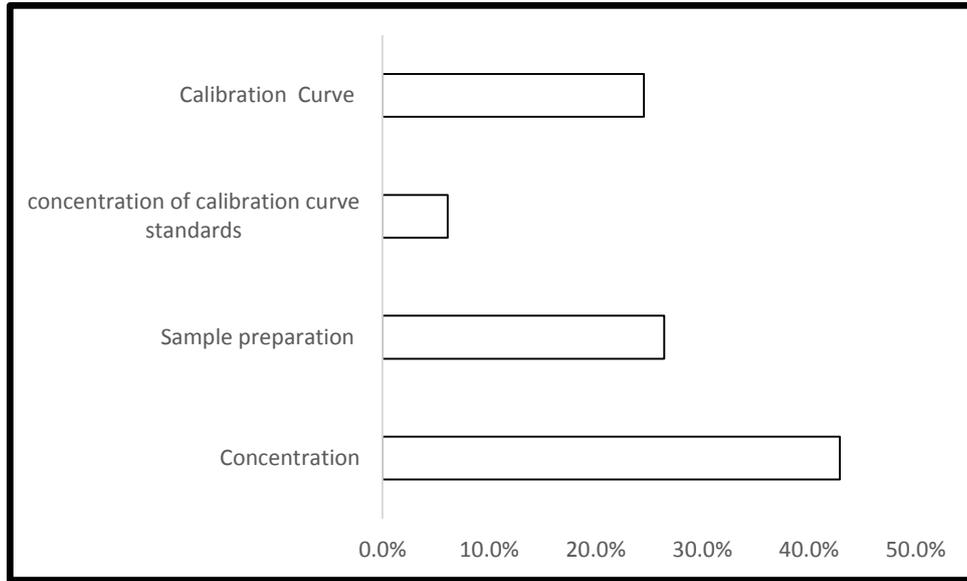
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**FIGURE 1** - Cause and effect diagram (Ishikawa) of the analysis of copper in a sample of fruit and vegetables, indicating the contributions of uncertainty in the quantification of copper.



**FIGURE 2 - Sources of Uncertainty**



**TABLE 1-** Horticultural products acquired, number of samples and parts used for Cu determination.

Horticultural products	N° of samples acquired	Part used in the analysis
Pineapple	16	Whole product after crown removal
Zucchini	20	Whole product after removing the stalks
Banana	12	Whole product
Potato	12	Whole product
Onion	12	Whole product after removing roots and bark
Carrot	12	Whole product after removing the caps
Guava	15	Whole product
Orange	12	Whole product
Apple	15	Whole product after removing the stalk and seeds
Papaya	12	Whole product
Mango	12	Whole product after removing the pit.
Strawberry	65	Whole product after removal of leaves and stalk
Cucumber	16	Whole product after stalk removal
Pepper	20	Whole product after stalk removal
Tomato	58- sustainable cultivation 23- Traditional Cultivation	Whole product
Grape	30	Whole product after stalk removal

\*CODEX,2010

**TABLE 2** –Operational parameters for Cu determination by ICP OES.

Operational Parameters	
RF power	1.4 kW
Argon flow rate	
Auxiliary	0.5 Lmin <sup>-1</sup>
Nebulizer	0.2 Lmin <sup>-1</sup>
Plasma	15.0 Lmin <sup>-1</sup>
Reading per replicate	3
Nebulizer	Meinhard
Spray chamber	Cyclonic
Plasma view	Axial
Wavelength	327.393 nm

**TABLE 3.** Accuracy and precision Assessment of the analytical method used to Cu determination using the references materials Spinach Leaves (NIST n° 1570a) and Tomato Leaves (Nist n° 1573a), (n = 3).

Reference material	Certified Value	Obtained Value	RSD	Recovery
		mg kg <sup>-1</sup>		(%)
NIST n° 1573a	4.7 ± 0.14	4.4 ± 0.5	11	94
NIST n° 1570a	12.22 ± 0.86	12.8 ± 1.0	8	105

Note: % REC, percent recovered; % RSD, per cent relative standard deviation

**TABLE 4.** Cu Concentration in fresh produce vegetables samples.

Categories	N°	Agricultural Produce	Cu (mg kg <sup>-1</sup> )			
			Range	Median	Means ± SD	%RSD
Fruits	177	Pineapple	0.2-2.0	0.9	0.9±0.5	55
		Banana	0.7-1.9	1.5	1.3 ± 0.4	31
		Guava	0.7-2.5	1.7	1.7 ± 0.6	35
		Orange	0.8-2.6	1.4	1.5 ± 0.5	33
		Apple	0.2-1.3	0.7	0.7 ± 0.2	28
		Papaya	≤ 0.09-0.76	0.4	0.4 ± 0.2	50
		Mango	0.7-1.3	0.8	0.9 ± 0.2	22
		Strawberry	0.4 – 2.1	0.9	1.0 ± 0.4	40
		Grape	0.7 - 4.7	2.6	2.5 ± 0.9	36
Non-leafy vegetables	157	Tomato	≤ 0.09 - 0.93	0.6	0.6 ± 0.2	33
		Tomato*	0.3 - 2.8	0.9	1.0 ± 0.6	60
		Zucchini	0.6 - 1.3	0.9	1.0 ± 0.3	30
		Cucumber	0.8 - 1.8	0.9	0.8 ± 0.5	62
		Pepper	0.5 - 1.8	1.2	1.1 ± 0.2	18
Root, Tuber and Bulb	36	Potato	0.2 - 1.3	0.6	0.8 ± 0.5	62
		Onion	0.5 - 0.8	0.8	0.7 ± 0.1	14
		Carrot	0.1 - 1.5	0.5	0.6 ± 0.5	83

**TABLE 5.** Dietary exposure to Cu through fruits and other products.

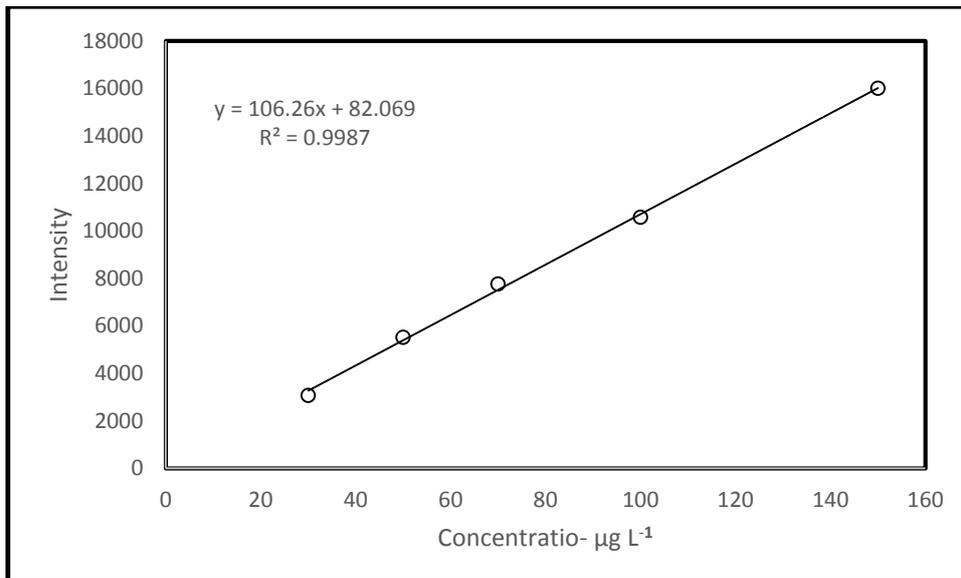
Region	Type of Agricultural products	Daily Food consumption (g day <sup>-1</sup> )	Cu occurrence μg g <sup>-1</sup> 97,5 <sup>th</sup>	Estimated intakes Cu (μg kg <sup>-1</sup> bw day <sup>-1</sup> )	MOE
Southeast	Fruits	57	2.52	2.06	24.27
	Other	60	1.08	0.92	54.34

Note: Other = non-leafy vegetables, root, tuber and bulb samples

**Supplementary information - Table 1 – Calibration Curve**

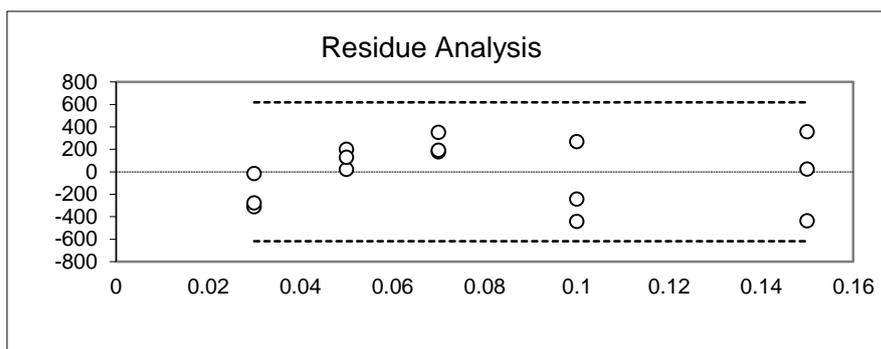
Linear regression analysis-  $Y = a + bx$ .

<b>Angular Coefficient (b):</b>	1.06E+05	<b>Linear Coefficient (a):</b>	8.21E+01
<b>r</b>	0.9982	<b>R<sup>2</sup></b>	0.9964
<b>N</b>	15	<b>Degrees of freedom</b>	13

**Supplementary information - Figure 1- Calibration Curve****Supplementary information - Table 2- Analysis of variance and Residue Analysis**

	<i>G.L.</i>	<i>SQ</i>	<i>MQ</i>	<i>F</i>	<i>p</i>
<i>Regression</i>	1	2.98E+08	2.98E+08	3.62E+03	2.71E-17
<i>Residue</i>	13	1.07E+06	8.22E+04		
<i>Ajuste</i>	4	3.95E+05	9.86E+04	1.32E+00	3.35E-01
<b>Error</b>	9	6.75E+05	7.50E+04		
Total	14	2.99E+08			

**Supplementary information - Figure 2- Analysis of variance and Residue Analysis**



**Supplementary information - Table 3- Analytical data from sample analyzes**

	Samples	Cu (mg kg <sup>-1</sup> )
Strawberry	1	1.02
	2	1.24
	3	1.33
	4	2.15
	5	1.42
	6	1.28
	7	0.73
	8	0.85
	9	0.89
	10	1.21
	11	0.53
	12	0.92
	13	1.40
	14	0.86
	15	1.15
	16	1.00
	17	0.46
	18	1.47
	19	0.84
	20	0.70
	21	0.54
	22	0.54
	23	0.46
	24	0.63
	25	0.64
	26	0.47
	27	0.71
	28	0.70

29	1.43
30	0.78
31	0.97
32	0.71
33	0.93
34	0.82
35	0.88
36	1.06
37	1.23
38	0.66
39	0.82
40	1.04
41	1.10
42	1.32
43	0.74
44	0.72
45	1.16
46	0.55
47	1.18
48	1.85
49	1.27
50	1.09
51	1.52
52	1.44
53	1.80
54	1.08
55	1.11
56	1.42
57	0.79
58	0.63
59	2.10
60	1.39
61	1.49
62	0.96
63	0.43
64	0.87
65	0.83

Mean	0.99
Median	0.91
SD	0.37
%RSD	38
Minimum	0.43
Maximum	2.10

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	Samples	Cu (mg kg <sup>-1</sup> )
Zucchini	1	1.30
	2	1.32
	3	0.85
	4	0.80
	5	1.10
	6	0.72
	7	0.74
	8	0.91
	9	0.78
	10	0.60
	11	0.74
	12	1.30
	13	1.27
	14	0.92
	15	0.73
	16	1.12
	17	1.32
	18	1.23
	19	1.11
	20	0.63
	Mean	0.98
	Median	0.92
	SD	0.26
	%RSD	26
	Minimum	0.60
	Maximum	1.32

	Samples	Cu (mg kg <sup>-1</sup> )
Grape	1	1.85
	2	2.32
	3	2.74
	5	1.06
	6	2.87
	7	0.67
	8	2.15
	9	2.19
	10	2.67
	11	1.55
	12	2.11
	13	2.53
	14	2.73
	15	2.52
	16	2.80
	17	3.97
	18	2.57
	19	2.73
	20	3.35
	21	4.69
	22	3.51
	23	4.40
	24	3.25
	25	3.04
	26	1.67
	27	2.59
	28	0.71
	29	1.22
	30	1.66
		Mean
	Median	2.57
	SD	0.98
	%RSD	39
	Minimum	0.71
	Maximum	4.69

	Samples	Cu (mg kg <sup>-1</sup> )
Guava	1	0.87
	2	2.13
	3	2.17
	4	1.24
	5	1.88
	6	2.49
	7	1.03
	8	2.52
	9	0.72
	10	1.74
	11	1.13
	12	1.26
	13	2.20
	14	2.24
	15	1.71
	Mean	1.69
	Median	1.74
	SD	0.60
	%RSD	36
	Minimum	0.72
	Maximum	2.52

	Samples	Cu (mg kg <sup>-1</sup> )
Tomato	1	0.850
	2	0.519
	3	0.930
	4	0.319
	5	0.800
	6	0.525
	7	0.933
	8	0.548
	9	0.527
	10	0.721
	11	0.674
	12	0.775
	13	0.814
	14	0.537
	15	0.630
	16	0.520
	17	0.934
	18	0.688
	19	0.595
	20	0.542
	21	0.070
	22	0.418
	23	0.520
	Mean	0.63
	Median	0.60
	SD	0.21
	%RSD	33
	Minimum	0.07
	Maximum	0.93

	Samples	Cu (mg kg <sup>-1</sup> )
Cucumber	1	0.28
	2	0.29
	3	0.38
	4	0.44
	5	0.50
	6	0.52
	7	0.60
	8	0.69
	9	0.70
	10	0.74
	11	0.79
	12	0.84
	13	1.01
	14	1.47
	15	1.58
	16	1.79
	Mean	0.79
	Median	0.69
	SD	0.46
	%RSD	58
	Minimum	0.28
	Maximum	1.79

	Samples	Cu (mg kg <sup>-1</sup> )
Papaya	1	0.39
	2	0.31
	3	0.07
	4	0.16
	5	0.15
	6	0.18
	7	0.39
	8	0.67
	9	0.76
	10	0.46
	11	0.57
	12	0.53
	Mean	0.39
	Median	0.39
	SD	0.22
	%RSD	57
	Minimum	0.07
	Maximum	0.76

	Samples	Cu (mg kg <sup>-1</sup> )
Apple	1	0.23
	2	0.62
	3	0.71
	4	0.68
	5	1.01
	6	0.83
	7	1.28
	8	0.64
	9	0.82
	10	0.51
	11	0.66
	12	0.64
	13	0.56
	14	0.67
	15	0.33
	Mean	0.68
	Median	0.66
	SD	0.25
	%RSD	37
	Minimum	0.23
	Maximum	1.28

	Samples	Cu (mg kg <sup>-1</sup> )
Pineapple	1	0.24
	2	0.45
	3	0.56
	4	0.42
	5	0.65
	6	0.56
	7	0.49
	8	0.88
	9	0.89
	10	1.59
	11	1.49
	12	2.00
	13	1.45
	14	1.03
	15	0.88
	16	1.28
	Mean	0.93
	Median	0.88
	SD	0.50
	%RSD	54
	Minimum	0.24
	Maximum	2.00

	Samples	Cu (mg kg <sup>-1</sup> )
Mango	1	1.01
	2	1.11
	3	1.05
	4	0.67
	5	0.94
	6	0.76
	7	0.80
	8	1.08
	9	0.78
	10	0.87
	11	0.79
	12	1.27
	Mean	0.93
	Median	0.91
	SD	0.18
	%RSD	19
	Minimum	0.67
	Maximum	1.27

	Samples	Cu (mg kg <sup>-1</sup> )
Banana	1	1.36
	2	0.71
	3	1.86
	4	1.45
	5	1.15
	6	0.88
	7	1.13
	8	1.85
	9	0.693
	10	1.56
	11	1.76
	12	1.14
	Mean	1.30
	Median	1.26
	SD	0.41
	%RSD	32
	Minimum	0.69
	Maximum	1.86

	Samples	Cu (mg kg <sup>-1</sup> )
Orange	1	0.84
	2	1.52
	3	1.54
	4	1.54
	5	1.16
	6	1.56
	7	2.59
	8	1.37
	9	0.96
	10	1.64
	11	0.98
	12	2.53
	Mean	1.52
	Median	1.53
	SD	0.56
	%RSD	37
	Minimum	0.84
	Maximum	2.59

	Samples	Cu (mg kg <sup>-1</sup> )
Pepper	1	1.16
	2	0.98
	3	1.42
	4	1.32
	5	1.09
	6	0.52
	7	0.98
	8	1.02
	9	0.99
	10	1.77
	11	0.95
	12	1.23
	13	0.97
	14	1.64
	15	1.06
	16	0.99
	17	1.23
	18	0.98
	19	0.97
	20	1.12
	Mean	1.12
	Median	1.04
	SD	0.27
	%RSD	24
	Minimum	0.52
	Maximum	1.77

	Samples	Cu (mg kg <sup>-1</sup> )
Tomato*	1	0.33
	2	0.38
	3	0.40
	4	0.40
	5	0.42
	6	0.46
	7	0.51
	8	0.52
	9	0.59
	10	0.62
	11	0.66
	12	0.68
	13	0.69
	14	0.69
	15	0.69
	16	0.74
	17	0.74
	18	0.78
	19	0.80
	20	0.80
	21	0.83
	22	0.85
	23	0.86
	24	0.88
	25	0.90
	26	0.91
	27	0.91
	28	0.94
	29	0.95
	30	1.01
	31	1.06
	32	1.15
	33	1.17
	34	1.19
	35	1.20
	36	1.28
	37	1.34
	38	1.34
	39	1.36
	40	1.37
	41	1.40
	42	1.41
	43	1.44
	44	1.47

45	1.49
46	1.50
47	1.53
48	1.71
49	1.77
50	1.78
51	1.81
52	2.15
53	2.16
54	2.26
55	2.26
56	2.55
57	2.76
58	2.83

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Mean	1.17
Median	0.98
SD	0.61
%RSD	53
Minimum	0.33
Maximum	2.83

	Samples	Cu (mg kg <sup>-1</sup> )
Potato	1	1.34
	2	1.11
	3	0.61
	4	0.67
	5	0.16
	6	0.18
	7	1.12
	8	0.96
	9	1.12
	10	0.2
	11	0.72
	12	1.14
	Mean	0.78
	Median	0.84
	SD	0.42
	%RSD	54
	Minimum	0.16
	Maximum	1.34

	Samples	Cu (mg kg <sup>-1</sup> )
Onion	1	0.49
	2	0.61
	3	0.82
	4	0.76
	5	0.77
	6	0.63
	7	0.68
	8	0.82
	9	0.74
	10	0.63
	11	0.5
	12	0.81
	Mean	0.69
	Median	0.71
	SD	0.12
	%RSD	17
	Minimum	0.49
	Maximum	0.82

	Samples	Cu (mg kg <sup>-1</sup> )
Carrot	1	1.52
	2	0.71
	3	0.15
	4	0.11
	5	0.35
	6	0.55
	7	0.52
	8	0.62
	9	0.61
	10	0.45
	11	0.59
	12	0.51
	Mean	0.56
	Median	0.54
	SD	0.35
	%RSD	64
	Minimum	0.11
	Maximum	1.52