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Seventh Dedicated California Society of Plastic Surgeons Annals

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This *Annals of Plastic Surgery* supplement marks the seventh California Society of Plastic Surgeons (CSPS) publication of select manuscripts based on abstracts presented at the 67th Annual Meeting of the CSPS held in San Francisco, Calif, at the Marriott Marquis.

As always, published supplement articles are all peer reviewed by way of initial selection for presentation by the Scientific Program Committee and scrutiny by a minimum of 2 reviewers from the CSPS-*Annals* Review Committee before final editorial acceptance and copyediting by the *Annals* team. Special thanks to the Review Committee for our seventh CSPS-*Annals* (David Boudreault, Rudy Buntic, Susan Downey, Jesus Garcia, Subhas Gupta, Michael Hill, Debra Johnson, David Kahn, Rohit Khosla, Sam Lance, Gordon Lee, Justin Lee, Arash Momeni, Lisa Moody, Dung Nguyen, Matt Nykiel, Kamlesh Patel, Anne Peled, Lee Pu, George Rudkin, Babac Safa, David Sahar, Subhro Sen, Derrick Wan, Andrew Watt, Jane Weston, Alex Wong, and Granger Wong) for their thoughtful and insightful reviews, as well probing comments that shaped our featured articles. Without their efforts, this supplement would not be possible. We also appreciate Dr Jane Weston, CSPS President, and the Scientific Program Committee Chairs, Drs Amanda Gosman and Gordon Lee, for their efforts in directing the program.

This year's edition focuses primarily on the clinical sciences and improving patient outcomes. Published articles in this supplement continue to emphasize plastic surgery's role in caring for patient needs spanning from head to toe. The wide array of submissions from craniofacial surgical improvements to addressing the challenges and stratifying risk factors faced by breast reconstruction testifies to the wide scope of our specialty and underscores the high quality of work presented at our annual scientific meeting. The work is a testament to the involvement of residents in the California residency programs in contributing to our plastic surgery literature, with most of articles having a resident and/or medical student acknowledged through authorship.

Notable in this year's supplement are 2 articles from invited speakers Drs W. P. Andrew Lee and Anureet Bajaj addressing 2 topics receiving much attention over the last few years—hand allotransplantation and physician burnout.

Dr W. P. Andrew Lee, this meeting's Garry Brody MD Family Lectureship Keynote Speaker (Fig. 1), presented his growing experience with hand allotransplantation and the developments in immunosuppression that have allowed for continued growth in this field. He highlighted a special case of Chris Pollack, the second patient of bilateral hand transplant and the first patient of transhumeral arm transplant performed in the United States. Instead of an article describing Dr Lee's experience with 13 hand/arm transplants in 8 patients, he invited Mr Pollock to share his personal story in "The Unexpected: Life Living With Hand Transplants." This personal account reminds us of plastic surgery's¹ role in this exciting field of transplantation founded by Dr Joseph Murray's historic first kidney transplant. Plastic surgery continues to captivate audiences both inside and outside the specialty with face and hand transplantation. The unrelenting work of Dr Lee and others in the field of vascularized composite allotransplantation is a testament to the tremendous advances in the surgical sciences and transplant immunology, as well as the incredible resilience and tireless determination of those individuals who work to improve the lives of those affected by trauma, cancer, and congenital defects.

As part of the panel titled "Work-Life Balance and How to Avoid Burnout" moderated by Drs Scott Hansen and William Umansky, CSPS president-elect, Dr Bajaj spoke of her efforts in preserving a work-life balance. Clearly, a timely and important topic, the 2015 Medscape Physician Lifestyle Survey reported an increasing trend in burnout rate of 46% among physicians, up from 39.8% in the 2013 survey.² In our own plastic surgery literature, it was identified that those who worked more than 70 hours/week had more nights on call, and junior academic rank were more likely to be correlated with burnout.³ Furthermore, burnout was more common among microsurgeons and aesthetic surgeons. Dr Bajaj, a microsurgeon and aesthetic surgeon as well as Plastic Surgery Foundation visiting professor, shares her own challenges and compensatory mechanisms to combat burnout.

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We are pleased with this May 2018 CSPA-*Annals* supplement, a tangible work product of the collaborative relationship we share with the *Annals of Plastic Surgery*. Special thanks go out to the *Annals* team—Editor, managing editor, and staff—for their ongoing support of our *Annals* and CSPA partnership. This supplement is especially memorable as it is the second to honor and remember our beloved colleagues, mentors, and friends—Drs Janet Salomonson and Michael McGuire (Fig. 2).

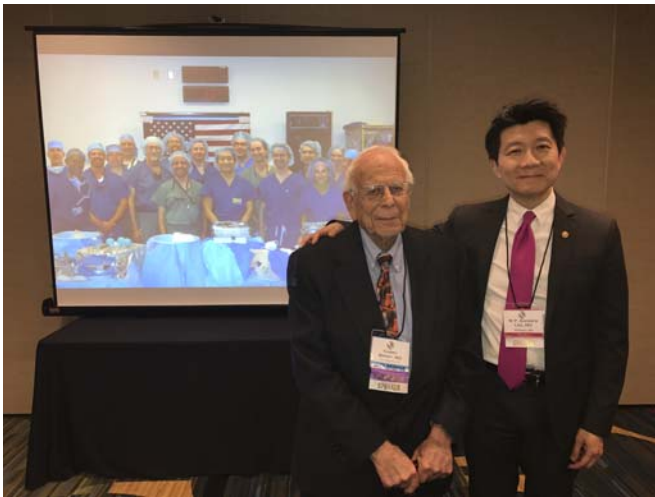


FIGURE 1. Drs Gary Brody and W. P. Andrew Lee after CSPSERF luncheon lecture where Dr Lee spoke on “How Hand Transplantation Transforms Lives.”



FIGURE 2. Drs Janet Salomonson and Michael McGuire after Dr Salomonson's graduation from the American Society of Plastic Surgeons' 2008 Pathways to Leadership Program. This picture was shared by James H. Wells, MD.

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