# **UCLA**

# **UCLA Previously Published Works**

#### **Title**

Relationship between WIfI (wound, ischemia, foot infection) stage and quality of life at revascularization in the BEST-CLI (best endovascular versus best surgical therapy in patients with chronic limb threatening ischemia) trial Presented as an oral...

#### **Permalink**

https://escholarship.org/uc/item/95w4g54t

### **Journal**

European Journal of Vascular and Endovascular Surgery, 65(4)

#### **ISSN**

1078-5884

#### **Authors**

Siracuse, Jeffrey J Rowe, Vincent L Menard, Matthew T et al.

#### **Publication Date**

2023-04-01

#### DOI

10.1016/j.ejvs.2023.03.027

Peer reviewed

#### **Editors' Choice**



From the Western Vascular Society

# Relationship between WIfI stage and quality of life at revascularization in the BEST-CLI trial

Jeffrey J. Siracuse, MD, MBA,<sup>a</sup> Vincent L. Rowe, MD,<sup>b</sup> Matthew T. Menard, MD,<sup>c</sup> Kenneth Rosenfield, MD,<sup>d</sup> Michael S. Conte, MD,<sup>e</sup> Richard Powell, MD,<sup>f</sup> Leonardo C. Clavijo, MD, PhD,<sup>g</sup> Kristina A. Giles, MD,<sup>h</sup> Taye H. Hamza, PhD,<sup>i</sup> Max Van Over, MPH,<sup>i</sup> Mark Cziraky, PharmD,<sup>i</sup> Christopher J. White, MD,<sup>i,k</sup> Michael B. Strong, MA,<sup>c</sup> and Alik Farber, MD, MBA,<sup>a</sup> Boston and Watertown, MA; Los Angeles, San Francisco, and San Luis Obispo, CA; Lebanon, NH; Portland, ME; Brisbane, QLD, Australia; and New Orleans, LA

#### **ABSTRACT**

**Objective:** The WIfl (Wound, Ischemia, foot Infection) stage measures the extent of wounds, ischemia, and foot infection in patients with chronic limb threatening ischemia (CLTI) and has been associated with the risk of major amputation. Patients with CLTI have impaired health-related quality of life (HRQoL), which can be multifactorial. We hypothesized that the severity of the limb threat (WIfl stage) would be associated with poor HRQoL among patients with CLTI presenting for revascularization.

**Methods:** The dataset of the BEST-CLI (best endovascular versus best surgical therapy in patients with CLTI) trial, a prospective, randomized trial comparing open and endovascular revascularization strategies, was queried for HRQoL assessments at patient enrollment. The HRQoL assessments included (1) Vascular Quality of Life; (2) 12-item short form survey (SF-12), containing the utility index score (short-form six-dimension R2 utility index, incorporating physical, emotional, and mental well-being) and mental and physical components; and (3) the EQ-5D. Multivariable regression analysis was used to identify the independent associations with the baseline HRQoL assessments.

From the Division of Vascular and Endovascular Surgery, Boston Medical Center, Boston University School of Medicine, Boston<sup>a</sup>; the Division of Vascular Surgery and Endovascular Therapy, University of Southern California, Los Angeles<sup>b</sup>; the Division of Vascular and Endovascular Surgery, Brigham and Women's Hospital, Harvard Medical School, Boston<sup>c</sup>; the Section of Vascular Medicine and Intervention, Massachusetts General Hospital, Harvard Medical School, Boston<sup>d</sup>; the Division of Vascular and Endovascular Surgery, University of California, San Francisco, San Francisco<sup>e</sup>; the Division of Vascular and Endovascular Surgery, Dartmouth-Hitchcock Medical Center, Lebanon<sup>f</sup>; the Division of Cardiology, French Hospital Medical Center, San Luis Obispo<sup>g</sup>; the Division of Vascular and Endovascular Surgery, Maine Medical Center, Portland<sup>h</sup>; the HealthCore, Watertown<sup>i</sup>; the Department of Cardiology, Ochsner Clinical School, University of Queensland, Brisbane<sup>j</sup>; and the Department of Cardiology, The John Ochsner Heart and Vascular Institute, New Orleans.<sup>k</sup>

The BEST-CLI trial was supported by the National Heart, Lung, and Blood Institute, National Institutes of Health (grants U01HL107407, U01HL107352, and U01HL115662) for trial coordination and analysis. Funding to the BEST-CLI trial during the follow-up period (2019-2021) was provided by the following societies and industry sources: Vascular InterVentional Advances, Society for Vascular Surgery, New England Society for Vascular Surgery, Western Vascular Society, Eastern Vascular Society, Midwest Vascular Surgery Society, Southern Association of Vascular Surgeons, Canadian Society for Vascular Surgery, Society for Clinical Vascular Surgery, Society of Interventional Radiology, Vascular and Endovascular Surgery Society, and Society for Vascular Medicine; and Janssen, W.L. Gore & Associates, Bard, Medtronic, Cook Medical, Boston Scientific, Abbott, Cordis, and Cardiovascular Systems Inc.

Clinical Trail Registration: NCT02060630.

Author conflict of interest: J.J.S. has an education grant from W.L. Gore & Associates. M.T.M. is a member of the scientific advisory board for Janssen. K.R. is a

member of the scientific advisory board or a consultant for Abbott Vascular, Access Vascular, Boston Scientific-BTG, Volcano-Philips, Surmodics, Cruzar Systems, Magneto, Summa Therapeutics, and University of Maryland; is an unpaid member of the scientific advisory board of Thrombolex, Inc; has received grants from the National Institutes of Health and Boston Scientific; has equity from Access Vascular, Accolade, Contego, Endospan, Embolitech, Eximo, JanaCare, PQ Bypass, Primacea, MD Insider, Shockwave, Silk Road, Summa Therapeutics, Cruzar Systems, Capture Vascular, Magneto, Micell, and Valcare; and is a board member of Vascular InterVentional Advances Physicians, a not-for-profit 501c3, and the National PERT Consortium, a not-for-profit 501c3. M.C. is a member of the data and safety monitoring board of Abbott Vascular. V.L.R., R.P., L.C.C., K.A.G., T.H.H., M.V., M.C., C.J.W., M.B.S., and A.F. have no conflicts of interest.

Presented as an oral podium presentation at the Thirty-seventh Western Vascular Society Annual Meeting, Victoria, BC, Canada, September 17-20, 2022.

Additional material for this article may be found online at <a href="https://www.jvascsurg.org">www.jvascsurg.org</a>. Correspondence: Jeffrey J. Siracuse, MD, MBA, Division of Vascular and Endovascular Surgery, Boston University School of Medicine, 88 E Newton St, Boston, MA 02118 (e-mail: Jeffrey.Siracuse@bmc.org).

The editors and reviewers of this article have no relevant financial relationships to disclose per the JVS policy that requires reviewers to decline review of any manuscript for which they may have a conflict of interest.

0741-5214

Copyright © 2022 by the Society for Vascular Surgery. Published by Elsevier Inc. https://doi.org/10.1016/j.jvs.2022.11.050

**Results:** A total of 1568 patients with complete WIfl data were analyzed, of whom 71.5% were men. The WIfl distribution was 35.5% with stage 4, 29.6% with stage 3, 28.6% with stage 2, and 6.3% with stage 1. Patients presenting with WIfl stage 4, compared with stage 1 to 3, were more often men (74.9% vs 69.6%) and current smokers (25.4% vs. 17.6%), had had end-stage renal disease (13.3% vs 8.5%) and diabetes (83.6% vs 60.2%), were not independently ambulatory (56.8% vs 38.5%), and had had higher median morbidity scores (4 vs 3; P < .05 for all). On multivariable analysis, WIfl stage 4, compared with stage 1 to 3, was associated with lower SF-12 mental component scale scores (estimate, -2.43; 95% confidence interval, -3.73 to -1.13; P < .001) and short-form six-dimension R2 utility index scores (estimate, -0.02; 95% confidence interval, -0.03 to 0.001; P = .04). The WIfl stage was not independently associated with the baseline Vascular Quality of Life, SF-12 physical component scale, or EQ-5D assessments.

**Conclusions:** Wifl stage was independently associated with poorer quality of life because of mental, rather than physical, health for patients with CLTI. Clinicians should be aware of the burden of mental stress borne by those with the greatest limb impairment. (J Vasc Surg 2023;77:1099-106.)

Keywords: Limb ischemia; Quality of life; WIfl

The Society for Vascular Surgery's WIfl (Wound, Ischemia, foot Infection) staging system was developed to classify threatened limbs using factors that affect amputation risk and clinical management. These include the extent of the wound, degree of ischemia, and severity of any foot infection. The system includes four stages using a combination of these factors, with stage 4 the most advanced. An advanced WIfl stage on presentation has been correlated with a high risk of amputation, postrevascularization secondary interventions, and mortality. However, limited evidence is available about the relationship between limb severity (WIfl) and health-related quality of life (HRQoL) for patients with chronic limb threatening ischemia (CLTI).

Patients with CLTI have been shown to have poor HRQoL on presentation for revascularization in three separate randomized trials.<sup>4-6</sup> However, these analyses did not incorporate details about the affected limb or had focused on postintervention changes in the HRQoL scores.<sup>4-6</sup> The HRQoL of patients with CLTI is worse than that of patients with most other chronic conditions.<sup>4</sup> An improved understanding of HRQoL considerations could better guide care for this complex and vulnerable patient population and enhance patient engagement for joint decision-making.

Our goal was to assess preoperative HRQoL and its relationship to the Wlfl stage at presentation for patients with CLTI. We used data from the BEST-CLI (best endovascular versus best surgical therapy in patients with CLTI) trial, a multicenter, international, prospective, randomized, controlled trial comparing endovascular and open surgical revascularization for patients with CLTI. The BEST-CLI trial collected prospectively obtained HRQoL information using multiple instruments, and we correlated the HRQoL findings with the baseline Wlfl stages.

#### **METHODS**

The BEST-CLI trial was a multicenter, randomized, controlled trial comparing the best endovascular and open surgical revascularization for patients with CLTI due to infrainguinal peripheral arterial disease (PAD)

who were candidates for either revascularization strategy (ClinicalTrials.gov identifier NCT02060630). Details of the trial have been previously reported. The institutional review board of each participating institution approved the protocol and the consent process. All the patients had provided written informed consent before study enrollment.

HRQoL was a prespecified secondary end point of the BEST-CLI trial. HRQoL was assessed by survey at the initial presentation and at designated follow-up points. Three well-validated survey instruments were used: the Vascular Quality of Life questionnaire (VascuQoL); 12item short-form survey (SF-12), including the utility index score (SF6D-R2), mental composite scale (MCS), and physical composite scale (PCS); and EQ-5D.<sup>10-14</sup> The initial questionnaires were administered after the patients had provided written informed consent and had been enrolled but before revascularization. VascuQoL, a PADspecific questionnaire, consists of 25 questions across five domains—activity, symptoms, pain, emotional, and social. The score ranges from 1 (worst) to 7 (best). The SF-12 includes 12 questions across eight domains physical functioning, social functioning, role physical, role emotional, mental health, energy/vitality, bodily pain, and general health. It produces the summary scores—MCS, PCS, and SF6D-R2—which incorporate physical, emotional, and mental well-being. The MCS and PCS scores range from 0 (worst) to 100 (best) and the SF6D-R2 score ranges from 0.0 (worst) to 1.0 (best).

The WIfl stage is from 1 to 4 (worst) based on three components that are individually graded from 0 (best) to 3 (worst): wound, ischemia, and foot infection. The WIfl system was developed to standardize the reporting of the degree of CLTI in a limb. A more severe score has been associated with poor limb-associated outcomes.<sup>1,2</sup>

Statistical analysis. The baseline characteristics are summarized as the mean  $\pm$  standard deviation and median (interquartile range [IQR]) for continuous variables and proportions for categorical variables. The analyzed variables included age  $\geq$ 80 years, race, sex, heart failure, contralateral major amputation (above the ankle),

Table I. Demographics and comorbidities

Baseline	l stage		
characteristic	4 (n = 557)	1-3 (n = 1104)	P value
Age ≥80 years	53 (9.5)	97 (9.6)	.96
White race	384 (69.6)	748 (74.7)	.07
Black race	123 (22.3)	192 (19.2)	
All other races	45 (8.2)	61 (6.1)	
Male sex	417 (74.9)	704 (69.6)	.03
Heart failure	35 (6.3)	56 (5.5)	.53
Contralateral major amputation	45 (8.1)	60 (5.9)	.10
Bilateral CLTI	84 (15.1)	168 (16.6)	.43
COPD	79 (14.2)	166 (16.4)	.25
Smoking <sup>a</sup>			<.001
Current or within past year	211 (37.9)	500 (49.5)	
>1 Year previously	204 (36.7)	332 (32.9)	
Never	141 (25.4)	178 (17.6)	
ESRD	74 (13.3)	86 (8.5)	.003
Hyperlipidemia	418 (75.2)	759 (75.2)	.99
Hypertension	493 (88.7)	874 (86.5)	.22
Diabetes	465 (83.6)	608 (60.2)	<.001
Opiate use	133 (23.9)	241 (23.8)	.99
Ambulatory status <sup>b</sup>			<.001
Without assistance	240 (43.2)	621 (61.5)	
With assistance	223 (40.1)	277 (27.4)	
Nonambulatory	93 (16.7)	112 (11.1)	
Living at home	521 (93.9)	955 (94.6)	.58
Comorbidity score	4.00 (3.00-5.00)	3.00 (3.00-5.00)	<.001

*CLTI*, Chronic limb threatening ischemia; *COPD*, chronic obstructive pulmonary disease; *ESRD*, end-stage renal disease; *WIfI*, Wound, Ischemia, foot Infection.

Data presented as number (%) or median (interquartile range). Boldface *P* values represent statistical significance.

bilateral CLTI, chronic obstructive pulmonary disease, smoking (current or within the previous year, >1 year ago, never), end-stage renal disease, hyperlipidemia, diabetes, hypertension, opiate use before enrollment, comorbidity index (determined by the presence of diabetes, chronic obstructive pulmonary disease, congestive heart failure, previous myocardial infarction, contrary artery disease, hypertension, stroke, transient ischemic attack, PAD at baseline), ambulatory status (ambulatory without assistance, ambulatory with assistance, nonambulatory), living status before enrollment (living at home vs not), and Wifl stage.

#### **ARTICLE HIGHLIGHTS**

- **Type of Research**: Analysis of prospectively collected data from a randomized clinical trial
- **Key Findings:** Patients presenting with WIfl (Wound, Ischemia, foot Infection) stage 4 were more often current smokers, had had end-stage renal disease and diabetes, and were not independently ambulatory. WIfl stage 4, compared with WIfl stage 1 to 3, was associated with lower 12-item short-form survey mental component scale scores (estimate, –2.43; 95% confidence interval, –3.73 to –1.13; *P* < .001). The WIfl stage was not independently associated with the baseline Vascular Quality of Life questionnaire, 12-item short-form survey physical component scale, or EQ-5D assessments. The WIfl stage was independently associated with poorer quality of life owing to mental, rather than physical, health for patients with chronic limb threatening ischemia.
- Take Home Message: Wifl stage was independently associated with poorer quality of life because of mental, rather than physical, health for patients with chronic limb threatening ischemia.

The association of the baseline characteristics and Wlfl stage (4 vs 1-3) was tested using  $\chi^2$  statistics. Continuous variables were compared using the Student t test. A univariate liner regression model was fitted for each baseline characteristic and HRQoL score. Clinically, ambulatory status, tissue loss, and amputation of the non-index limb were expected to correlate highly with the Wlfl stage. For each HRQoL score, a multipredictor linear regression model was fitted. Those with a missing predictor variable or HRQoL scores were excluded from the analyses. The parameter estimates with the 95% confidence intervals (CIs) are presented. For each analysis, P < .05 was considered statistically significant. SAS EG, version 8.3 (SAS Institute, Cary, NC), software was used to conduct the statistical analyses.

#### **RESULTS**

A total of 1830 patients were enrolled in the BEST-CLI trial. Those with missing Wlfl components (n = 262) were excluded, leaving 1568 patients with complete Wlfl data available for analysis. The Wlfl distribution was 35.5% with stage 4, 29.6% with stage 3, 28.6% with stage 2, and 6.3% with stage 1. The patients presenting with Wlfl stage 4, compared with stage 1 to 3, were more often men (74.9% vs 69.6%) and current smokers (25.4% vs. 17.6%), had had end-stage renal disease (13.3% vs 8.5%) and diabetes (83.6% vs 60.2%), were not independently ambulatory (56.5% vs 38.4%), and had had a higher median comorbidity index score of 4 (IQR, 3-5) vs 3 (IQR, 3-5; (P < .05 for all; Table I).

<sup>&</sup>lt;sup>a</sup>Those with current smoking or smoking within the previous year were significantly different from nonsmokers and those who had smoked >1 year before enrollment (P < .001).

<sup>&</sup>lt;sup>b</sup>Ambulatory with assistance and nonambulatory patients were significantly different from patients who were ambulatory without assistance (P < .001).

Table II. Summary statistics of baseline quality of life scores stratified by WIfI (Wound, Ischemia, foot Infection) stage

		Score		
Quality of life assessment	Overall	WIfI stage 4	WIfl stage 1-3	P value
VascuQoL				.26
Mean ± SD	3.07 ± 1.26	3.00 ± 1.29	3.08 ± 1.23	
Median (IQR)	2.86 (2.08-3.96)	2.76 (2.04-3.84)	2.88 (2.16-3.96)	
Range	1.00-6.76	1.00-6.76	1.00-6.76	
SF6D-R2				.12
Mean ± SD	0.59 (0.13)	0.58 (0.14)	0.59 (0.13)	
Median (IQR)	0.57 (0.49-0.66)	0.57 (0.48-0.65)	0.58 (0.49-0.66)	
Range	0.35-1.00	0.35-1.00	0.35-1.00	
MCS				.002
Mean ± SD	46.45 (12.01)	45.07 (12.16)	47.10 (11.99)	
Median (IQR)	46.64 (38.07-55.77)	44.55 (36.49-53.92)	47.67 (38.85-56.37)	
Range	13.34-73.40	14.01-73.12	13.34-73.40	
PCS				.85
Mean ± SD	33.02 (8.54)	32.92 (8.89)	33.01 (8.37)	
Median (IQR)	32.16 (26.91-38.50)	31.51 (26.52-38.74)	32.33 (27.02-38.21)	
Range	10.43-61.20	10.43-55.91	12.63-61.20	
EQ-5D health status				.07
Mean ± SD	57.25 (21.77)	55.58 (21.82)	57.70 (22.09)	
Median (IQR)	60.00 (45.00-75.00)	55.00 (40.00-70.00)	60.00 (50.00-75.00)	
Range	0.00-100.00	0.00-100.00	0.00-100.00	

IQR, Interquartile range; MCS, mental component scale; PCS, physical component scale; SD, standard deviation; SF6D-R2, short-form six-dimension R2 utility index; VascuQoL, Vascular Quality of Life. Boldface P values represent statistical significance.

The median MCS score for WIfI stage 4 was 44.55 (IQR, 36.49-53.92) vs 47.67 (IQR, 38.85-56.37) for Wlfl stage 1 to 3 (P = .002). The median VascuQoL score for WIfl stage 4 was 2.76 (IQR, 2.04-3.84) vs 2.88 (IQR, 2.16-3.96) for WIfl stage 1 to 3 (P = .26). The median SF6D-R2 score for WIfI stage 4 was 0.57 (IQR, 0.48-0.65) vs 0.58 (IQR, 0.49-0.66) for WIfl stage 1 to 3 (P = .12). The median PCS scorefor WIfl stage 4 was 31.51 (IQR, 26.52-38.74) vs 32.33 (IQR, 27.02-38.21) for WIfl stage 1 to 3 (P = .85). The median EQ-5D health status score for WIfl stage 4 was 55.00 (IQR, 40.00-70.00) vs 60.00 (IQR, 50.00-75.00) for WIfl stage 1 to 3 (P = .07; Table II). The results of the univariable analysis are presented in Supplementary Tables I-III (online only). The HRQoL assessments stratified by WIfI stage are listed in Supplementary Table IV (online only).

On multivariable analysis, WIfl stage 4 had VascuQoL scores comparable to those of WIfI stage 1 to 3 (-0.12)95% CI, -0.25 to 0.02; P = .09). However, female sex, current smoking, and preoperative opioid use were associated with lower VascuQoL scores (Table III). WIfl stage 4 was associated with a worse or lower SF6D utility index score (-0.02; 95% CI, -0.03 to 0.001; P = .04). as were female sex, current smoking, and preoperative opioid use. WIfl stage 4 was associated with a worse or lower SF-12 MCS score (-2.43; 95% CI, -3.73 to -1.13; P < .001), as were female sex, current smoking, and preoperative opioid use. However, WIfl stage 4 was not associated with a worse or lower SF-12 PCS score (0.04; 95% CI, -0.89 to 0.97; P = .93) but current smoking, not living at home, non-Black race, and preoperative opioid use were associated with lower scores (Table IV). WIfl stage 4 was not associated with a worse or lower EQ-5D score (-1.85; 95% CI, -4.22 to 0.52; P =.13; Table V).

#### DISCUSSION

Patients presenting with CLTI in the BEST-CLI trial with an advanced WIfI stage had had worse or lower HRQoL assessments related to their mental health, as demonstrated by the SF-12 MCS and SF6D utility index scores. The HRQoL assessments with a greater focus on physical health (ie, VascuQoL, SF-12 PCS, and EQ-5D) did not show a correlation with an advanced WIfl stage. Patients with CLTI who were currently smoking had worse HRQoL shown by all the assessments. The present analysis has provided a perspective on the HRQoL of patients with CLTI before revascularization and can help the surgeon and supporting team to maximize multidisciplinary support and treatment. Although previous studies have analyzed the HRQoL of patients with PAD, these studies had been limited by not assessing the relationship to the severity of limb threat as measured by the WIfI stage.<sup>4-6</sup>

**Table III.** Multivariable analysis of overall Vascular Quality of Life (VascuQoL) and short-form six-dimension R2 utility index (SF6D-R2) scores<sup>a</sup>

		VascuQoL			SF6D-R2	
Covariate	Estimate	95% CI	P value	Estimate	95% CI	<i>P</i> value
Age ≥80 years	0.05	-0.17 to 0.27	.66	0.01	-0.01 to 0.03	.42
Race			<.001			.02
Black	0.11	-0.05 to 0.27	.16	0.01	-0.01 to 0.03	.17
All other	-0.44	−0.69 to −0.20	<.001	-0.03	−0.06 to −0.00	.03
White	Ref			Ref		
Male sex	0.21	0.07 to 0.35	.003	0.03	0.02 to 0.05	<.001
Heart failure	0.04	-0.25 to 0.32	.79	0.01	-0.02 to 0.04	.68
Bilateral CLTI	-0.15	-0.32 to 0.02	.08	-0.01	-0.03 to 0.01	.29
COPD	-0.09	-0.29 to 0.10	.35	-0.01	-0.03 to 0.01	.41
Smoking			<.001			<.001
Current or within past year	-0.61	−0.79 to −0.43	<.001	-0.05	−0.07 to −0.03	<.001
>1 year ago	-0.18	-0.36 to 0.00	.05	-0.01	-0.03 to 0.01	.37
Never	Ref			Ref		
ESRD	0.03	-0.19 to 0.24	.80	0.01	-0.02 to 0.03	.51
Hyperlipidemia	0.06	-0.09 to 0.21	.45	0.01	-0.00 to 0.03	.16
Diabetes	-0.15	-0.32 to 0.01	.07	-0.01	-0.03 to 0.01	.37
Hypertension	-0.15	-0.36 to 0.07	.18	0.00	-0.03 to 0.02	.75
Opiate use	-0.35	−0.50 to −0.20	<.001	-0.04	−0.05 to −0.02	<.001
Comorbidity index	-0.02	-0.08 to 0.05	.65	-0.01	-0.01 to 0.00	.16
Living at home	0.09	-0.18 to 0.36	.52	0.02	-0.00 to 0.05	.10
WIfI stage (4 vs 1-3)	-0.12	-0.25 to 0.02	.09	-0.02	-0.03 to -0.001	.04

CI, Confidence interval; CLTI, chronic limb threatening ischemia; COPD, chronic obstructive pulmonary disease; ESRD, end-stage renal disease; Ref, reference; WIfl, Wound, Ischemia, foot Infection.

Overall, the MCS and PCS scores were poor for all patients in our analysis, regardless of the WIfl stage. The mean and median MCS and PCS scores were well below the values reported for the general population.<sup>4</sup> The SF-12 questionnaire, with three subscales—the SF6D utility index, MCS, and PCS-provides focused assessments for mental health, physical health, and a focused short-form assessment. An advanced WIfI stage was associated with worse, statistically and clinically, HRQoL as assessed by the MCS. The presence of concurrent mental stress is important in patients with CLTI and has most likely been undertreated. 15-19 Patients with PAD have been shown to have higher rates of depression, especially those with CLTI.<sup>20</sup> The Nottingham Health Profile analyzed HRQoL of patients with PAD and demonstrated that CLTI patients had significant difficulty with work, housework, family life, social life, hobbies, and travel compared with the healthy control patients, emphasizing the interplay between mental health and PAD.<sup>16</sup>

The SF-12 and its subscales, MCS and PCS, have been examined for both chronic disease states and cardiovascular conditions. An analysis of 10 patients with chronic disease examined the effects of age on HRQoL

and showed that the PCS score worsened with age but that the MCS score remained relatively stable.<sup>21</sup> An analysis of hemodialysis patients showed that the PCS score was negatively affected by hypoalbuminemia and the severity of cardiac and pulmonary disease and that the MCS score was most affected by living alone.<sup>22</sup> An analysis of patients with chronic obstructive pulmonary disease showed similar factors were associated with lower PCS and MCS scores, with underweight patients, patients with frequent exacerbations, and patients with short walking distances performing fairly poorly for both.<sup>23</sup> The MCS and PCS have also been longitudinally followed up for patients after interventions. An analysis of HRQoL at 12 months after percutaneous coronary intervention and coronary artery bypass grafting showed a greater PCS improvement for those who had undergone coronary artery bypass grafting compared with those who had undergone percutaneous coronary intervention.<sup>24</sup> No differences were found in the MCS score when stratified by procedure type. Future analysis of the BEST-CLI data will involve the short- and long-term postoperative changes in HRQoL at the follow-up intervals.

Boldface P values represent statistical significance.

<sup>&</sup>lt;sup>a</sup>Parameter estimates >0 indicate higher VascuQoL scores and SF6D-R2 scores.

**Table IV.** Multivariable analysis of 12-item short-form survey (SF-12) mental component scale (MCS) and physical component scale (PCS) scores<sup>a</sup>

		MCS			PCS	
Covariate	Estimate	95% CI	P value	Estimate	95% CI	P value
Age ≥80 years	2.69	0.55 to 4.83	.01	-0.51	-2.03 to 1.02	.52
Race			.08			.02
Black	-0.08	-1.63 to 1.46	.91	1.21	0.11 to 2.31	.03
All other	-2.72	−5.12 to −0.31	.03	-1.28	-3.00 to 0.44	.14
White	Ref			Ref		
Male sex	3.18	1.82 to 4.54	<.001	0.61	-0.36 to 1.58	.22
Heart failure	0.70	-2.05 to 3.45	.62	-0.05	-2.01 to 1.91	.96
Bilateral CLTI	<b>−1.56</b>	-3.20 to 0.07	.06	-0.36	-1.52 to 0.81	.55
COPD	-0.57	-2.44 to 1.31	.55	-0.56	-1.89 to 0.78	.41
Smoking			.003			<.001
Current or within past year	-3.02	−4.78 to −1.26	<.001	-2.00	−3.26 to −0.74	.002
>1 Year ago	-1.41	-3.14 to 0.33	.11	0.55	-0.69 to 1.79	.39
Never	Ref			Ref		
ESRD	0.93	-1.15 to 3.01	.38	-0.79	-2.27 to 0.70	.30
Hyperlipidemia	0.87	-0.61 to 2.35	.25	0.20	-0.86 to 1.25	.72
Diabetes	-0.07	-1.68 to 1.54	.93	-1.13	-2.28 to 0.02	.05
Hypertension	-0.94	-3.04 to 1.17	.38	-0.17	-1.67 to 1.32	.82
Opiate use	-2.59	−4.00 to −1.17	<.001	-1.53	−2.55 to −0.52	.003
Comorbidity index	-0.33	-0.99 to 0.33	.32	-0.45	-0.92 to 0.02	.06
Living at home	1.32	-1.30 to 3.94	.32	1.97	0.09 to 3.85	.04
WIfI stage (4 vs 1-3)	-2.43	−3.73 to −1.13	<.001	0.04	-0.89 to 0.97	.93

Cl. Confidence interval; CLTI, chronic limb threatening ischemia; COPD, chronic obstructive pulmonary disease; ESRD, end-stage renal disease; Ref, reference; Wlfl, Wound, Ischemia, foot Infection.

Unlike mental health assessments, the physical assessments were not worse with an advanced WIfl stage, although the scores were low for all the patients, as shown by the VascuQoL, SF-12 PCS, and EQ-5D scores. The PCS is focused on physical aspects and the VascuQoL and EQ-5D have a high focus on physical health components. One possibility is that the physical impairment associated with all stages of CLTI is advanced, and thus, any differences between stages will be much less pronounced. The interactions of CLTI with pain and neuropathy could also affect the physical disability component of CLTI, with patients with small or no wounds having worse physical quality of life than might patients with neuropathy and an advanced wound.

The present study had several limitations. The location and site of survey administration, whether in the clinic or preoperative area, could have influenced the patients' responses. The patients were administered the questionnaire after they had been told they had a limb threatening problem and after trial enrollment. This could have affected their perceptions and responses. The incomplete capture of baseline WIfl data in the BEST-

CLI trial was a potential source of bias. Also, these instruments have not been validated for CLTI, which was why multiple questionnaires were used. The development of CLTI-specific instruments to evaluate HRQoL are needed.

#### CONCLUSIONS

We found that WIfl stage is independently associated with poorer quality of life because of mental, rather than physical, health for patients with CLTI. Clinicians should be aware of the burden of mental stress borne by those with a more advanced limb threat.

#### **AUTHOR CONTRIBUTIONS**

Conception and design: JS, VR, MM, KR, AF Analysis and interpretation: JS, VR, MM, KR, MC, RP, LC, KG, TH, MV, MC, CW, MS, AF Data collection: JS, MM, KR, LC, KG, MS, AF

Writing the article: JS, VR, AF

Critical revision of the article: JS, MM, KR, MC, RP, LC, KG, TH, MV, MC, CW, MS, AF

Final approval of the article: JS, VR, MM, KR, MC, RP, LC, KG, TH, MV, MC, CW, MS, AF

Boldface P values represent statistical significance.

<sup>&</sup>lt;sup>a</sup>Parameter estimates >0 indicate higher MCS and PCS scores.

Table V. Multivariable analysis of EQ-5D health status<sup>a</sup>

Covariate	Estimate	95% CI	P value
Age ≥80 years	2.45	-1.47 to 6.37	.22
Race			.03
Black	2.37	-0.44 to 5.18	.10
All other	-3.88	-8.26 to 0.50	.08
White	Ref		
Male sex	1.26	-1.22 to 3.74	.32
Heart failure	-2.59	-7.59 to 2.41	.31
Bilateral CLTI	-5.26	−8.24 to −2.27	<.001
COPD	-2.74	-6.15 to 0.68	.12
Smoking			.004
Current or within past year	-2.71	-5.92 to 0.51	.100
>1 Year ago	1.78	-1.39 to 4.94	.27
Never	Ref		
ESRD	-3.72	-7.51 to 0.07	.05
Hyperlipidemia	0.43	-2.28 to 3.13	.76
Diabetes	-1.40	-4.34 to 1.53	.35
Hypertension	0.54	-3.28 to 4.36	.78
Opiate use	-1.88	-4.46 to 0.71	.15
Comorbidity index	-1.38	−2.58 to −0.19	.02
Living at home	5.00	0.21 to 9.79	.04
WIfI stage (4 vs 1-3)	-1.85	-4.22 to 0.52	.13

Cl, Confidence interval; CLTI, chronic limb threatening ischemia; COPD, chronic obstructive pulmonary disease; ESRD, end-stage renal disease; Ref, reference; Wlfl, Wound, Ischemia, foot Infection.

Boldface *P* values represent statistical significance.

<sup>a</sup> Parameter estimates >0 indicate higher EQ-5D scores.

Statistical analysis: TH, MV, MC, AF Obtained funding: MM, KR, AF Overall responsibility: AF

JS and VR contributed equally to this article and share co-first authorship.

#### **REFERENCES**

- Mills JL Sr, Conte MS, Armstrong DG, Pomposelli FB, Schanzer A, Sidawy AN, et al. The Society for Vascular Surgery lower extremity threatened limb classification system: risk stratification based on wound, ischemia, and foot infection (WIfI). J Vasc Surg 2014;59: 220-34,e1-2.
- Darling JD, McCallum JC, Soden PA, Guzman RJ, Wyers MC, Hamdan AD, et al. Predictive ability of the Society for Vascular Surgery wound, ischemia, and foot infection (Wlfl) classification system after first-time lower extremity revascularizations. J Vasc Surg 2017;65:695-704.
- Conte MS, Mills JL, Bradbury AW, White JV. Implementing global chronic limb-threatening ischemia guidelines in clinical practice: utility of the Society for Vascular Surgery threatened limb classification system (Wlfl). J Vasc Surg 2020;72:1451-2.
- 4. Powell RJ, Choudhry N, Conte M, Cziraky M, Giles K, Hamza T, et al. Factors associated with lower preoperative quality of life in patients with chronic limb threatening ischemia in the BEST-CLI trial. J Vasc Surg 2022;76:1642-50.
- Forbes JF, Adam DJ, Bell J, Fowkes FG, Gillespie I, Raab GM, et al. Bypass versus angioplasty in severe ischaemia of the leg (BASIL) trial: health-related quality of life outcomes, resource utilization, and costeffectiveness analysis. J Vasc Surg 2010;51:43s-51s.

- Nguyen LL, Moneta GL, Conte MS, Bandyk DF, Clowes AW, Seely BL. Prospective multicenter study of quality of life before and after lower extremity vein bypass in 1404 patients with critical limb ischemia. J Vasc Surg 2006;44:977-83.
- Farber A, Rosenfield K, Siami FS, Strong M, Menard M. The BEST-CLI trial is nearing the finish line and promises to be worth the wait. J Vasc Surg 2019;69:470-81.e2.
- 8. Siracuse JJ, Goodney PP, Menard MT, Rosenfield K, Van Over M, Hamza TH, et al. Participation in a chronic limb threatening ischemia randomized trial is inversely correlated with regional amputation rate in limb threatening ischemia patients. Ann Surg 2021;274:621-6.
- Menard MT, Farber A, Assmann SF, Choudhry NK, Conte MS, Creager MA, et al. Design and rationale of the best endovascular versus best surgical therapy for patients with critical limb ischemia (BEST-CLI) trial. J Am Heart Assoc 2016;5:e003219.
- Bhandari NR, Kathe N, Hayes C, Payakachat N. Reliability and validity of SF-12v2 among adults with self-reported cancer. Res Social Adm Pharm 2018;14:1080-4.
- Hays RD, Reeve BB, Smith AW, Clauser SB. Associations of cancer and other chronic medical conditions with SF-6D preference-based scores in Medicare beneficiaries. Qual Life Res 2014;23:385-91.
- Kodama A, Takahara M, Iida O, Soga Y, Mii S, Kitano I, et al. Health related quality of life over time after revascularisation in patients with chronic limb threatening ischaemia. Eur J Vasc Endovasc Surg 2021:62:777-85.
- Larsen ASF, Reiersen AT, Jacobsen MB, Kløw NE, Nordanstig J, Morgan M, et al. Validation of the vascular quality of life questionnaire-6 for clinical use in patients with lower limb peripheral arterial disease. Health Qual Life Outcomes 2017;15:184.
- Chang DC, Rotellini-Coltvet LA, Mukherjee D, De Leon R, Freischlag JA. Surgical intervention for thoracic outlet syndrome improves patient's quality of life. J Vasc Surg 2009;49:630-5; discussion: 635-7.

- Harris KM, Mena-Hurtado C, Arham A, Burg MM, Freedland KE, Sinha R, et al. Increasing prevalence of critical limb ischemia hospitalizations with distinct mental health burden among younger adults. J Am Coll Cardiol 2021;78:2126-8.
- Klevsgård R, Hallberg IR, Risberg B, Thomsen MB. The effects of successful intervention on quality of life in patients with varying degrees of lower-limb ischaemia. Eur J Vasc Endovasc Surg 2000;19: 238-45.
- Alabi O, Roos M, Landry G, Moneta G. Quality-of-life assessment as an outcomes measure in critical limb ischemia. J Vasc Surg 2017;65: 571-8.
- Landry GJ, Esmonde NO, Lewis JR, Azarbal AF, Liem TK, Mitchell EL, et al. Objective measurement of lower extremity function and quality of life after surgical revascularization for critical lower extremity ischemia. J Vasc Surg 2014;60:136-42.
- Sprengers RW, Teraa M, Moll FL, de Wit GA, van der Graaf Y, Verhaar MC. Quality of life in patients with no-option critical limb ischemia underlines the need for new effective treatment. J Vasc Surg 2010;52:843-9.e1.
- Ramirez JL, Zahner GJ, Arya S, Grenon SM, Gasper WJ, Sosa JA, et al. Patients with depression are less likely to go home after critical limb revascularization. J Vasc Surg 2021;74:178-86.e2.

- Hopman WM, Harrison MB, Coo H, Friedberg E, Buchanan M, VanDenKerkhof EG. Associations between chronic disease, age and physical and mental health status. Chronic Dis Can 2009;29:108-16.
- 22. Mittal SK, Ahern L, Flaster E, Maesaka JK, Fishbane S. Self-assessed physical and mental function of haemodialysis patients. Nephrol Dial Transpl 2001;16:1387-94.
- Fazekas-Pongor V, Fekete M, Balazs P, Árva D, Pénzes M, Tarantini S, et al. Health-related quality of life of COPD patients aged over 40 years. [e-pub ahead of print]. Physiol Int, https://doi.org/10.1556/206 0.2021.00017. Accessed August 29, 2022.
- 24. Szygula-Jurkiewicz B, Zembala M, Wilczek K, Wojnicz R, Polonski L. Health related quality of life after percutaneous coronary intervention versus coronary artery bypass graft surgery in patients with acute coronary syndromes without ST-segment elevation: 12-month follow up. Eur J Cardiothorac Surg 2005;27:882-6.

Submitted Sep 22, 2022; accepted Nov 16, 2022.

Additional material for this article may be found online at www.jvascsurg.org.

Supplementary Table I (online only). Univariate regression of overall Vascular Quality of Life (VascuQoL) and short-form six-dimension R2 utility index (SF6D-R2)<sup>a</sup>

		VascuQoL			SF6D-R2	
Covariate	Estimate	95% CI	P value	Estimate	95% CI	<i>P</i> value
Age ≥80 years	0.30	0.10 to 0.50	.003	0.03	0.00 to 0.05	.02
Race			.003			.07
Black	0.10	-0.05 to 0.25	.18	0.01	-0.01 to 0.03	.21
All other	-0.33	−0.56 to −0.11	.004	-0.02	-0.04 to 0.00	.08
White	Ref			Ref		
Male sex	0.16	0.03 to 0.29	.02	0.02	0.01 to 0.04	<.001
Heart failure	-0.03	-0.29 to 0.22	.81	-0.01	-0.04 to 0.01	.33
Contralateral major amputation	0.10	-0.13 to 0.34	.39	0.00	-0.02 to 0.03	.85
Bilateral CLTI	-0.19	−0.35 to −0.03	.02	-0.02	-0.03 to 0.00	.05
COPD	-0.27	−0.43 to −0.10	.001	-0.03	-0.05 to -0.01	.001
Smoking			<.001			<.001
Current or within past year	-0.48	−0.64 to −0.33	<.001	-0.04	−0.05 to −0.02	<.001
>1 Year ago	-0.09	-0.25 to 0.07	.29	0.00	-0.02 to 0.02	.93
Never	Ref			Ref		
ESRD	0.05	-0.14 to 0.25	.59	0.01	-0.01 to 0.03	.51
Hyperlipidemia	0.05	-0.09 to 0.18	.51	0.01	-0.01 to 0.02	.30
Diabetes	-0.02	-0.15 to 0.11	.74	0.00	-0.01 to 0.02	.83
Hypertension	-0.04	-0.22 to 0.13	.63	0.00	-0.02 to 0.02	.88
Tissue loss	0.01	-0.13 to 0.16	.85	0.01	-0.01 to 0.02	.47
Opiate use	-0.36	−0.50 to −0.23	<.001	-0.04	−0.06 to −0.03	<.001
Comorbidity index	-0.02	-0.07 to 0.02	.27	-0.00	-0.01 to 0.00	.13
Ambulatory status			<.001			<.001
Nonambulatory	-0.52	-0.70 to -0.33	<.001	-0.07	-0.09 to -0.05	<.001
With assistance	-0.37	−0.50 to −0.24	<.001	-0.04	−0.06 to −0.03	<.001
Without assistance	Ref			Ref		
Living at home	-0.04	-0.29 to 0.21	.78	0.02	-0.01 to 0.04	.21
WIfI stage (4 vs 1-3)	-0.08	-0.21 to 0.06	.26	-0.01	-0.03 to 0.003	.12

CI, Confidence interval; CLTI, chronic limb threatening ischemia; COPD, chronic obstructive pulmonary disease; ESRD, end-stage renal disease; Ref. reference; WIfI, Wound, Ischemia, foot Infection.

Boldface P values represent statistical significance. <sup>a</sup>Parameter estimates >0 indicate higher VascuQoL scores and SF6D-R2 scores.

**Supplementary Table II (online only).** Univariate regression of SF-12 mental component scale (MCS) and physical component scale (PCS) scores<sup>a</sup>

		MCS		PCS		
Covariate	Estimate	95% CI	P value	Estimate	95% CI	<i>P</i> value
Age ≥80 years	3.34	1.44 to 5.24	<.001	0.55	-0.81 to 1.90	.43
Race			.19			.07
Black	-0.31	-1.73 to 1.11	.67	1.06	0.05 to 2.08	.04
All other	-1.98	-4.12 to 0.15	.07	-0.52	-2.04 to 1.00	.50
White	Ref			Ref		
Male sex	2.77	1.52 to 4.01	<.001	0.24	-0.64 to 1.13	.59
Heart failure	-0.73	-3.14 to 1.67	.55	<b>−1.69</b>	-3.40 to 0.02	.05
Contralateral major amputation	0.27	-1.95 to 2.49	.81	-1.02	-2.60 to 0.56	.20
Bilateral CLTI	-1.64	−3.17 to −0.10	.04	-0.93	-2.02 to 0.17	.10
COPD	<b>−1.75</b>	−3.31 to −0.19	.03	<b>−1.93</b>	−3.04 to −0.82	<.001
Smoking			.001			<.001
Current or within past year	-2.08	−3.55 to −0.60	.01	<b>−1.69</b>	−2.73 to −0.64	.002
>1 Year ago	0.07	-1.47 to 1.61	.93	0.09	-1.01 to 1.18	.87
Never	Ref			Ref		
ESRD	0.36	-1.48 to 2.20	.70	-0.83	-2.14 to 0.48	.21
Hyperlipidemia	0.52	-0.76 to 1.81	.42	-0.33	-1.24 to 0.59	.48
Diabetes	0.12	-1.10 to 1.34	.85	-0.91	−1.78 to −0.04	.04
Hypertension	-0.79	-2.48 to 0.91	.36	-0.62	-1.83 to 0.58	.31
Tissue loss	-O.11	-1.47 to 1.24	.87	0.01	-0.95 to 0.98	.98
Opiate use	-3.34	−4.64 to −2.05	<.001	<b>–1.55</b>	−2.48 to −0.62	.001
Comorbidity index	-0.27	-0.68 to 0.14	.20	-0.60	-0.88 to -0.31	<.001
Ambulatory status			<.001			<.001
Nonambulatory	-3.73	−5.45 to −2.01	<.001	-4.26	−5.48 to −3.05	<.001
With assistance	-2.53	−3.76 to −1.29	<.001	-2.99	−3.86 to −2.12	<.001
Without assistance	Ref			Ref		
Living at home	0.86	-1.54 to 3.25	.48	2.01	0.30 to 3.72	.02
WIfI Stage (4 vs 1-3)	-2.03	−3.30 to −0.76	.002	-0.09	-0.99 to 0.81	.85

CI, Confidence interval; CLTI, chronic limb threatening ischemia; COPD, chronic obstructive pulmonary disease; ESRD, end-stage renal disease; Ref, reference; Wlfl, Wound, Ischemia, foot Infection.

Boldface P values represent statistical significance. <sup>a</sup>Parameter estimates >0 indicate higher MCS and PCS scores.

## Supplementary Table III (online only). Univariate regression of EQ-5D health status<sup>a</sup>

Covariate	Estimate	95% CI	<i>P</i> value
Age ≥80 years	3.16	-0.30 to 6.63	.07
Race			.31
Black	1.43	-1.14 to 4.01	.27
All other	-1.76	-5.62 to 2.10	.37
White	Ref		
Male sex	0.74	-1.53 to 3.01	.52
Heart failure	-6.50	−10.85 to −2.14	.003
Contralateral above the ankle amputation	-0.05	-4.06 to 3.96	.98
Bilateral CLTI	-5.00	−7.79 to −2.21	<.001
COPD	-4.55	−7.39 to −1.71	.002
Smoking			.06
Current or within past year	-1.62	-4.30 to 1.07	.24
>1 Year ago	1.15	-1.66 to 3.95	.42
Never	Ref		
ESRD	-4.35	−7.69 to −1.00	.01
Hyperlipidemia	-0.40	-2.73 to 1.93	.74
Diabetes	-2.86	−5.07 to −0.64	.01
Hypertension	-2.57	-5.64 to 0.50	.10
Tissue loss	-1.47	-3.92 to 0.98	.24
Opiate use	-3.15	-5.53 to -0.78	.01
Comorbidity index	-1.87	−2.61 to −1.14	<.001
Ambulatory status			<.001
Nonambulatory	-6.84	−9.96 to −3.71	<.001
With assistance	-3.66	−5.91 to −1.41	.001
Without assistance	Ref		
Living at home	5.51	1.16 to 9.86	.01
WIfI stage (4 vs 1-3)	-2.12	-4.44 to 0.19	.07

CI, Confidence interval; CLTI, chronic limb threatening ischemia; COPD, chronic obstructive pulmonary disease; ESRD, end-stage renal disease; Ref, reference; Wlfl, Wound, Ischemia, foot Infection.

Boldface P values represent statistical significance. <sup>a</sup> Parameter estimates >0 indicate higher EQ-5D scores.

# **Supplementary Table IV (online only).** Health-related quality of life (HRQoL) scores stratified by WIfI (Wound, Ischemia, foot Infection) stage

	Wifi stage					
HRQoL assessment	1	2	3	4	P value	
VascuQoL					.45	
Mean ± SD	3.22 ± 1.29	3.07 ± 1.18	3.06 ± 1.27	3.00 ± 1.29		
Median (IQR)	3.12 (2.24-3.88)	2.88 (2.12-3.96)	2.84 (2.12-3.94)	2.76 (2.04-3.84)		
SF6D-R2					.38	
Mean ± SD	0.60 ± 0.14	0.59 ± 0.13	0.59 ± 0.13	0.58 ± 0.14		
Median (IQR)	0.60 (0.51-0.67)	0.58 (0.49-0.66)	0.57 (0.50-0.66)	0.57 (0.48-0.65)		
MCS					.02	
Mean ± SD	46.50 (11.84)	47.21 (12.19)	47.13 (11.86)	45.07 (12.16)		
Median (IQR)	47.47 (39.63-54.69)	48.23 (38.81-56.79)	47.20 (38.62-55.92)	44.55 (36.49-53.92)		
PCS					.64	
Mean ± SD	33.96 (8.28)	33.08 (8.12)	32.74 (8.61)	32.92 (8.89)		
Median (IQR)	32.74 (27.75-39.86)	32.41 (27.04-38.50)	32.18 (26.60-37.79)	31.51 (26.52-38.74)		
EQ-5D					.15	
Mean ± SD	59.98 (21.57)	58.18 (21.80)	56.75 (22.48)	55.58 (21.82)		
Median (IQR)	60.00 (50.00-75.00)	60.00 (49.00-75.00)	60.00 (50.00-73.00)	55.00 (40.00-70.00)		

*IQR*, Interquartile range; *MCS*, mental component scale; *PCS*, physical component scale; *SD*, standard deviation; *SF6D-R2*, short-form six-dimension R2 utility index: *VascuQoL*, Vascular Quality of Life.

Boldface *P* values represent statistical significance.