

UCSF

UC San Francisco Previously Published Works

Title

Staging Systems for Newly Diagnosed Myeloma Patients Undergoing Autologous Hematopoietic Cell Transplantation: The Revised International Staging System Shows the Most Differentiation between Groups

Permalink

<https://escholarship.org/uc/item/8tf3z0cz>

Journal

Transplantation and Cellular Therapy, 24(12)

ISSN

2666-6375

Authors

Scott, Emma C
Hari, Parameswaran
Kumar, Sathish
[et al.](#)

Publication Date

2018-12-01

DOI

10.1016/j.bbmt.2018.08.013

Copyright Information

This work is made available under the terms of a Creative Commons Attribution-NonCommercial-NoDerivatives License, available at <https://creativecommons.org/licenses/by-nc-nd/4.0/>

Peer reviewed



Published in final edited form as:

Biol Blood Marrow Transplant. 2018 December ; 24(12): 2443–2449. doi:10.1016/j.bbmt.2018.08.013.

Staging Systems for Newly Diagnosed Myeloma Patients Undergoing Autologous Hematopoietic Cell Transplantation: The Revised International Staging System Shows the Most Differentiation between Groups.

Emma C. Scott^a, Parameswaran Hari^b, Sathish Kumar^c, Raphael Fraser^{b,d}, Omar Davila^b, Nina Shah^e, Robert Peter Gale^f, Miguel Angel Diaz^g, Vaibhav Agrawal^h, Robert F. Cornellⁱ, Siddhartha Ganguly^j, Gorgun Akpek^k, Cesar Freytes^l, Shahrukh Hashmi^{m,n}, Ehsan Malek^o, Rammurti T. Kamble^p, Hillard Lazarus^o, Melhem Solh^q, Saad Z. Usmani^r, Abraham S. Kanate^s, Ayman Saad^t, Saurabh Chhabra^u, Usama Gergis^v, Jan Cerny^w, Robert A. Kyle^x, Cindy Lee^y, Tamila Kindwall-Keller^z, Amer Assal^{aa}, Gerhard C. Hildebrandt^{ab}, Leona Holmberg^{ac}, Richard T. Maziarz^{ad}, Taiga Nishihori^{ae}, Sachiko Seo^{af}, Shaji Kumar^x, Tomer Mark^{ag}, and Anita D'Souza^b

^aCenter for Hematologic Malignancies, The Knight Cancer Institute, Oregon Health and Science University, Portland, OR

^bCIBMTR (Center for International Blood and Marrow Transplant Research), Department of Medicine, Medical College of Wisconsin, Milwaukee, WI

^cSingapore General Hospital, Singapore

^dDivision of Biostatistics, Institute for Health and Society, Medical College of Wisconsin, Milwaukee, WI

^eDepartment of Stem Cell Transplantation, Division of Cancer Medicine, The University of Texas MD Anderson Cancer Center, Houston, TX

^fHematology Research Centre, Division of Experimental Medicine, Department of Medicine, Imperial College London, London, United Kingdom

^gDepartment of Hematology/Oncology, Hospital Infantil Universitario Nino Jesus, Madrid, Spain

^hIndiana University Simon Cancer Center, Indianapolis, IN

ⁱDivision of Hematology/Oncology, Department of Medicine, Vanderbilt University Medical Center, Nashville, TN

Corresponding Author: Anita D'Souza, MD, MS, Assistant Scientific Director, CIBMTR, Assistant Professor of Medicine, Medical College of Wisconsin, Milwaukee, WI 53226, andsouza@mcw.edu, Ph: 414-805-0637, Fax: 414-805-0714.

Conflict of Interest

The authors have no conflicts of interests to disclose.

Publisher's Disclaimer: This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

^jBlood and Marrow Transplantation, Division of Hematology and Oncology, University of Kansas Medical Center, Kansas City, KS

^kStem Cell Transplantation and Cell Therapy, Department of Internal medicine, Rush University Medical Center, Chicago, IL

^lTexas Transplant Institute, San Antonio, TX

^mDepartment of Internal Medicine, Mayo Clinic, MN

ⁿOncology Center, King Faisal Specialist Hospital and Research Center, Riyadh, Saudi Arabia

^oSeidman Cancer Center, University Hospitals Cleveland Medical Center, Case Western Reserve University, Cleveland, OH

^pDivision of Hematology and Oncology, Center for Cell and Gene Therapy, Baylor College of Medicine, Houston, TX

^qThe Blood and Marrow Transplant Group of Georgia, Northside Hospital, Atlanta, GA

^rDepartment of Hematologic Oncology & Blood Disorders, Levine Cancer Institute/Atrium Health, Charlotte, NC

^sOsborn Hematopoietic Malignancy and Transplantation Program, West Virginia University, Morgantown, WV

^tDivision of Hematology/Oncology, Department of Medicine, University of Alabama at Birmingham, Birmingham, AL

^uMedical College of Wisconsin, Milwaukee, WI

^vHematologic Malignancies & Bone Marrow Transplant, Department of Medical Oncology, New York Presbyterian Hospital/Weill Cornell Medical Center, New York, NY

^wUMass Memorial Medical Center, Worcester, MA

^xMayo Clinic Rochester, Rochester, MN

^yRoyal Adelaide Hospital, Adelaide, SA, Australia

^zDivision of Hematology/Oncology, University of Virginia Health System, Charlottesville, VA

^{aa}Columbia University Medical Center, New York, NY

^{ab}Markey Cancer Center, University of Kentucky Chandler Medical Center, Lexington, KY

^{ac}Fred Hutchinson Cancer Research Center, Seattle, WA

^{ad}Adult Blood and Marrow Stem Cell Transplant Program, Knight Cancer Institute, Oregon Health and Science University, Portland, OR

^{ae}Department of Blood and Marrow Transplantation, H. Lee Moffitt Cancer Center and Research Institute, Tampa, FL

^{af}Department of Hematology & Oncology, National Cancer Research Center East, Chiba, Japan

^{ag}University of Colorado Hospital, Aurora, CO

Abstract

The revised International Staging System (R-ISS) and the International Myeloma Working Group 2014 (IMWG 2014) are newer staging systems used to prognosticate multiple myeloma (MM) outcomes. We hypothesized that these would provide better prognostic differentiation for newly diagnosed multiple myeloma (MM) compared to ISS. We analyzed the Center for International Blood and Marrow Transplant Research database from 2008–2014 to compare the 3 systems (N=628) among newly diagnosed MM undergoing upfront AHCT. The median follow up of survivors was 48 (3–99) months. The R-ISS provided the greatest differentiation between survival curves for each stage (for OS, the differentiation was 1.74 using the R-ISS, 1.58 using ISS, and 1.60 using the IMWG 2014). Univariate analyses at 3 years for overall survival showed R-ISS I at 88 (CI 95% 83–93)%, II at 75 (70–80)% and III at 56 (43–69)% ($p<0.001$). An integrated Brier score function demonstrated the R-ISS had the best prediction for PFS, though all systems had similar prediction for OS. Among available systems, the R-ISS is the most optimal among available prognostic tools for newly diagnosed MM undergoing AHCT. We recommend that serum LDH and cytogenetic data be performed on every MM patient at diagnosis to allow accurate prognostication.

Keywords

R-ISS; ISS; staging system comparison

Introduction

The American Cancer Society estimates that about 30,770 new patients will be diagnosed with multiple myeloma (MM) and approximately 12,770 deaths will occur in the USA in 2018.(1) Advances in understanding MM biology, drug development and improved supportive care have resulted in the prolongation of life of many patients with this disease but survival is variable, ranging from months to more than 10 years. (2–8) Contemporary prognostic models have been developed since the original Durie-Salmon Staging system published in 1975, which used commonly available clinical parameters including calcium, hemoglobin, bone lesions, creatinine level and serum or urine monoclonal protein.(9)

The division into stage III (high), II (standard) and I (low) risk MM based on baseline serum levels of beta₂-microglobulin (β 2M) and albumin was proposed by Greipp *et al.*, in 2005, known as the International Staging System (ISS), whereby the median OS for stage I, II and III were 62, 44 and 29 months respectively.(10) The ISS system was validated in MM patients from North America, Europe and Asia, a population of patients comprising younger and older than 65 years age and those receiving standard therapy with or without autologous hematopoietic cell transplantation (AHCT).(11) More recently, two new models were proposed recognizing the importance of genomic abnormalities in MM pathogenesis and prognosis: the International Myeloma Working Group (IMWG 2014) (low, standard and high risk categories) (12) and the Revised-ISS (R-ISS)(13), both of which incorporate cytogenetic and FISH abnormalities. Furthermore, serum LDH, a marker of disease burden and tumor proliferation was included in the R- ISS, using a cutoff above or below the upper limit of normal lab value. The R-ISS was validated in a large cohort of patients enrolled on

clinical trials in Europe, but has yet to be validated in US patients who have undergone upfront AHCT. We used the Center for International Blood and Marrow Transplant Research (CIBMTR) database to identify MM patients treated with novel agent induction followed by AHCT within 18 months of diagnosis that we could stage with each of 3 systems, and compare the discrimination between outcomes by each staging system.

Materials and Methods:

Data Source

The CIBMTR is a prospectively maintained transplant database that captures transplant data from over 500 transplant centers worldwide. Data are submitted to a statistical center at the Medical College of Wisconsin in Milwaukee. Participating centers are required to report all transplantations consecutively and compliance is monitored by on-site audits. Computerized checks for discrepancies, physicians' review of submitted data, and on-site audits of participating centers ensure data quality. Observational studies conducted by the CIBMTR are performed in compliance with all applicable federal regulations pertaining to the protection of human research participants and are MCW Institutional Review Board-approved. Transplant data are collected at two levels: registration and research. The registration data include disease type, age, sex, date of diagnosis, graft type, conditioning regimen, post-transplantation disease progression, survival, and cause of death, and includes all transplantations reported to the CIBMTR. More-detailed clinical data are collected from a subgroup of registered patients selected for research data by using a weighted randomization scheme. Both the registration data and the research data are collected pre-transplantation, at 100 days and 6 months post-transplantation, and annually thereafter until death or last follow-up. We included patients with research-level data in this study.

Patient Selection

United States adult MM patients who underwent their first AHCT with peripheral blood within 18 months of diagnosis (including a small proportion of patients with disease progression prior to AHCT), using a melphalan conditioning dose of 140 mg/m² or higher, following a novel agent-based induction for MM, and transplanted between January 1, 2008 and December 31, 2014 were identified. Because very few patients under age 40 were found, they were excluded. Patients were required to have cytogenetic information, LDH and ISS at diagnosis which resulted in a sample size of 628 patients for this analysis. Over 1000 patients were excluded from analysis due to a lack of reported baseline LDH. We compared the outcomes of these 628 patients included in the study with the 1076 patients who were excluded and found no statistically significant difference in 1, 2 or 3 year progression-free survival (PFS) or overall survival (OS).

Outcomes and definitions

The primary goal was to determine which staging system showed the greatest separation between the staging systems for outcomes on multivariate analysis. The outcomes of interest included relapse/progression of multiple myeloma after transplant, PFS and overall survival OS. Relapse/progression was defined as time to first evidence of recurrence or progression of multiple myeloma and summarized by the cumulative incidence estimate with transplant-

related mortality as the competing risk. Overall survival was defined from data of initial diagnosis as death from any cause with censoring of surviving patients at last follow-up; PFS was defined as survival without progressive disease or relapse from complete response or death due to any other cause. Patients alive and without progression/relapse were censored at last follow-up.

The ISS staging system defines 3 stages: I (Beta-2-microglobulin < 3.5mg/dL AND albumin > 3.5mg/dL); II (neither stage I nor II) and III (B2M > 5.5mg/dL).(10) The Revised ISS stages are: I (ISS I AND standard risk CA by FISH and normal LDH); II (not stage I or III); III (ISS stage III AND either high risk CA by FISH or high LDH). High risk cytogenetic abnormalities (CA) defined as del (17p) and/or t(4;14) and/or t(14;16). Standard risk CA defined as 'no high risk CA'.(13)

The IMWG- 2014 risk stratification system stages are: low risk (ISS I or II AND absence of t(4;14) del17p and +1q21 AND age <55); standard risk (not high or low risk); high risk (ISS II or II AND t(4;14) or del 17p).(12)

Statistical analysis

Patient, disease and transplant-related variables and outcomes of interest were evaluated. Estimates of outcomes were reported as probabilities with 95% confidence intervals (95% CI). The probability of OS and PFS was calculated with the Kaplan-Meier estimator with variance estimated by Greenwood's formula. Values for other endpoints were generated using cumulative incidence estimates. Comparison of survival curves was done using the log-rank test.

The relative risk of outcomes of interest (time to disease progression, time to treatment failure and time to death) was modeled using univariate Cox proportional hazards regression with disease staging system as predictor. We computed separation (SEP) of the multivariate KM curves, with larger numbers representing greater separation. Lastly, we calculated the integrated Brier score which as a function of time can assess the predictive performance of a prognostic scheme. It is a measure of the inaccuracy of a prediction model and is calculated as the average deviation between predicted probabilities of events and their outcomes. It is expressed as a number between 0 to 1, with a lower Brier score for a set of predictions means the better the predictions are calibrated (a score of 0 means the outcome was predicted with 100% certainty if we knew the staging system and a score of 1 indicated no prognostic benefit of knowing the system). We have previously used the Brier score to compare the ISS to the Durie-Salmon Staging system. (15) Finally, we tested agreement between the disease staging systems using Cohen's weighted Kappa statistic and a 95% confidence interval for the Kappa. The Kappa, a number between 0 and 1, is a measure of agreement between scores; 1 representing complete agreement and 0 representing complete non-concordance. All statistical analysis was conducted in close consultation with a PhD biostatistician experienced in transplant biostatistical methodology.

Results

Patients, disease and transplant related variables:

The breakdown between the various staging systems was as follows: ISS I: N=244, ISS II: N=214, ISS III: N=170; R-ISS I: N=199, R-ISS II: N=360, R-ISS III: N=69; IMWG-2014 Low: N=130, Standard N=451 and High N=47. Table 1 shows the characteristics of the overall cohort and divided by staging systems. All baseline characteristics appeared similar between the 3 groups including the use of post-transplant maintenance treatment. The median follow up of survivors for the cohort was 48 (3–99) months.

Outcomes:

Relapse was higher by stage, with 65 (51–78)% cumulative incidence of relapse/progression in R-ISS III at 3 years compared to 50 (44–55)% for R-ISS II and 35 (28–42)% for R-ISS I (p-value <0.001). Similarly, the 3-year PFS and OS for R-ISS I was 64 (57–71)% and 88 (83–93)% compared to R-ISS II 47 (41–53)% and 75 (70–80)%, and R-ISS III 32 (20–45)% and 56 (43–69)% (p <0.001) respectively. Median PFS for R-ISS I, II, III was not reached, 33 (95% CI, 27–38) and 16 (95% CI, 11–29) months, respectively. Median OS was not reached for any stage at follow up of 48 months. Table 2 shows the univariate analysis of outcomes.

Comparison between the staging systems:

Table 3 shows the separation between the 3 stages within each staging system for relapse/progression, PFS and OS. A larger separation score (SEP) represents greater outcome discrimination between patient groups. Separation between stage I, II and III for ISS was 1.40 for relapse/progression, 1.42 for PFS and 1.58 for OS. The highest separation for each outcome was seen with R-ISS followed by ISS for relapse/progression and PFS. R-ISS had the highest separation followed by IMWG-2014 for OS. Figure 1 shows the differentiation of survival by stage with each staging system. The integrated Brier Score is shown in table 4. It shows that the prediction of OS was similar between the 3 systems but for PFS the best prediction was provided by the R-ISS. Agreement between the 3 systems showed an weighted kappa statistic of 0.78 between ISS and R-ISS, 0.30 between ISS and IMWG-2014, and 0.31 between R-ISS and IMWG-2014.

Discussion

We describe outcomes of melphalan-conditioned upfront autoHCT for MM during the time period 2008–2014 using the CIBMTR database. We compare two newer prognostic staging systems, the R-ISS and the IMWG-2014, to the ISS. We found that 1) the R-ISS provides the greatest degree of differentiation between the survival curves for each stage and 2) there is good agreement between ISS and R-ISS but poor agreement between ISS and IMWG 2014.

There is a clear need for improved differentiation of patients with MM. MM is no longer a single disease, but rather a heterogeneous disease with varying responses to treatment and outcomes. Today, with the availability of novel treatment strategies, the survival of patients

with MM has significantly improved.(16) (17) There is no evidence so far to suggest altering treatment based on risk groups with the exception that prolonged proteasome inhibitor-based treatment should be given to

patients with t(4;14) and possibly 17p13 deletion.(18) In clinical practice, a better definition of MM subgroups is essential to inform accurate discussions with our patients and to provide more effective personalized therapies for individual subgroups. The R-ISS staging system is a new risk stratification algorithm with an improved prognostic power compared with the individual ISS, CA, and LDH parameters(13). It includes simple, reliable, and widely used prognostic markers, and it allows the identification of three different MM entities with clearly different outcomes.

Should the R-ISS be broadly applied to the US population of newly diagnosed myeloma patients? The population in which the R-ISS tool was validated included a median age 62 (65% were under 65 years old) 95% receiving novel agents (imids or proteasome inhibitors) in association with conventional chemotherapy and 100% were on one of 11 clinical trials, from 2005 to 2012. Given that ours is a transplant study, it was also a younger population; median age 60 years (and 76% 65 years of age), and 34% were enrolled on a clinical trial, with 100% receiving a novel agent included in their induction therapy.

The R-ISS (13) was validated in a much larger population cohort, compared to the IMWG 2014 (12) with a sample size of 3,060 patients, including both young and elderly patients. In the other studies focused on the development of a prognostic tool, the majority of patients were in the low-risk group (42% to 58%) ^(19–22) whereas in the R-ISS study, 62% of patients were in the intermediate-risk group, 28% were in the low-risk group and 10% were in the high-risk group. This distribution with relatively fewer patients falling into the low risk category may explain the larger difference (separation) between groups in the original R-ISS cohort as well as in the CIBMTR cohort. The IMWG-2014 may not have been as predictive because it doesn't discriminate between patient groups as well as the ISS and R-ISS (in this analysis the majority of (72%) patients in IMWG-2014 are in group 2). Due to the relatively low incidence of subjects with chromosome 1q deletion in this cohort, the IMWG-2014 may not have been as accurately applied to this dataset in comparison to the other 2 staging systems that do not incorporate this cytogenetic abnormality.

In our study, the R-ISS showed the greatest discrimination between stages compared to ISS and IMWG 2014 indicating that R-ISS provides the greatest differentiation between groups among currently available systems. Thus it is a valuable addition to the ISS which was developed in an era when novel agents were not routinely used (1981–2002), and it lacked vital genomic information that is now routinely obtained in most patients. The ISS and R-ISS have good agreement between each other, but only fair agreement between the ISS/R-ISS and the IMWG-2014 systems. Compared to the transplant arm in the original R-ISS cohort as reported by Palumbo et al, where the median OS was NR, 88 and 42 months for R-ISS stage I, II and III respectively, the median 3 year OS in our cohort was 88, 75 and 56% for stages I, II and III respectively, which is similar.

The largest barrier to widely adopting the R-ISS in the USA is the lack of collection of LDH at the time of diagnosis. Our study is also limited by this factor, and a significant loss of

numbers of patients owing to lack of LDH at diagnosis (out of a total of 1,704 eligible patients for this study, LDH was only available in 628). This highlights the fact that in the community setting, where a majority of MM patients are diagnosed and managed, LDH is not done routinely in practice. By itself, LDH is a marker of more aggressive and sometimes extra medullary disease, highlighting its prognostic utility.⁽²⁶⁾ Only 10% of our population had a 1q abnormality at diagnosis- there may have been underreporting of 1q abnormality based on heterogeneous FISH methodology, false-negative FISH results, and variable plasma cell enrichment. We minimized this bias by independent physician review of FISH and cytogenetic data when available were also conducted to ensure that center reporting was confirmed.

In conclusion, our data support the use of R-ISS as the optimal staging system among the currently available systems in MM for a contemporaneous, US, upfront autoHCT MM population. In addition to R-ISS, comorbidities, use of more than 1 induction regimen and year of transplant were other significant covariates of survival. We conclude that R-ISS should be uniformly adopted in all MM patients at diagnosis.

Aknowledgments

Funding: The CIBMTR is supported primarily by Public Health Service Grant/Cooperative Agreement 5U24CA076518 from the National Cancer Institute (NCI), the National Heart, Lung and Blood Institute (NHLBI) and the National Institute of Allergy and Infectious Diseases (NIAID); a Grant/Cooperative Agreement 4U10HL069294 from NHLBI and NCI; a contract HHS25020170006C with Health Resources and Services Administration (HRSA/DHHS); two Grants N00014-17-1-2388 and N0014-17-1-2850 from the Office of Naval Research; and grants from *Actinium Pharmaceuticals, Inc.; *Amgen, Inc.; *Amneal Biosciences; *Angiocrine Bioscience, Inc.; Anonymous donation to the Medical College of Wisconsin; Astellas Pharma US; Atara Biotherapeutics, Inc.; Be the Match Foundation; *bluebird bio, Inc.; *Bristol Myers Squibb Oncology; *Celgene Corporation; Cerus Corporation; *Chimerix, Inc.; Fred Hutchinson Cancer Research Center; Gamida Cell Ltd.; Gilead Sciences, Inc.; HistoGenetics, Inc.; Immucor; *Incyte Corporation; Janssen Scientific Affairs, LLC; *Jazz Pharmaceuticals, Inc.; Juno Therapeutics; Karyopharm Therapeutics, Inc.; Kite Pharma, Inc.; Medac, GmbH; MedImmune; The Medical College of Wisconsin; *Mediware; *Merck & Co, Inc.; *Mesoblast; MesoScale Diagnostics, Inc.; Millennium, the Takeda Oncology Co.; *Miltenyi Biotec, Inc.; National Marrow Donor Program; *Neovii Biotech NA, Inc.; Novartis Pharmaceuticals Corporation; Otsuka Pharmaceutical Co, Ltd. – Japan; PCORI; *Pfizer, Inc.; *Pharmacyclics, LLC; PIRCHE AG; *Sanofi Genzyme; *Seattle Genetics; Shire; Spectrum Pharmaceuticals, Inc.; St. Baldrick's Foundation; *Sunesis Pharmaceuticals, Inc.; Swedish Orphan Biovitrum, Inc.; Takeda Oncology; Telomere Diagnostics, Inc.; and University of Minnesota. The views expressed in this article do not reflect the official policy or position of the National Institute of Health, the Department of the Navy, the Department of Defense, Health Resources and Services Administration (HRSA) or any other agency of the U.S. Government.

References

1. Kuwabara S [Crow-Fukase (POEMS) syndrome: pathophysiology and treatments]. *Nihon rinsho Japanese journal of clinical medicine*. 2013;71(5):865–9. PubMed PMID: [PubMed: 23777096]
2. Moreau P, Attal M, Facon T. Frontline therapy of multiple myeloma. *Blood*. 2015;125(20):3076–84. doi: 10.1182/blood-2014-09-568915. PubMed PMID: . [PubMed: 25838345]
3. Facon T, Dimopoulos MA, Dispenzieri A, Catalano JV, Belch A, Cavo M, et al. Final analysis of survival outcomes in the randomized phase 3 FIRST trial. *Blood*. 2017. doi: 10.1182/blood-2017-07-795047. PubMed PMID: . [PubMed: 29150421]
4. National Comprehensive Cancer Network. Clinical practice guidelines in oncology: multiple myeloma. (V2.2018). 2017 [11/21/17]. Available from: https://www.nccn.org/professionals/physician_gls/pdf/myeloma.pdf. 2017.
5. Kumar SK, Dispenzieri A, Lacy MQ, Gertz MA, Buadi FK, Pandey S, et al. Continued improvement in survival in multiple myeloma: changes in early mortality and outcomes in older

- patients. *Leukemia*. 2014;28(5):1122–8. doi: 10.1038/leu.2013.313. PubMed PMID: ; PubMed Central PMCID: PMC4000285. [PubMed: 24157580]
6. Cavo M, Tacchetti P, Patriarca F, Petrucci MT, Pantani L, Galli M, et al. Bortezomib with thalidomide plus dexamethasone compared with thalidomide plus dexamethasone as induction therapy before, and consolidation therapy after, double autologous stem-cell transplantation in newly diagnosed multiple myeloma: a randomised phase 3 study. *Lancet*. 2010;376(9758):2075–85. doi: 10.1016/S0140-6736(10)61424-9. PubMed PMID: . [PubMed: 21146205]
 7. Attal M, Lauwers-Cances V, Hulin C, Leleu X, Caillot D, Escoffre M, et al. Lenalidomide, Bortezomib, and Dexamethasone with Transplantation for Myeloma. *The New England journal of medicine*. 2017;376(14):1311–20. doi: 10.1056/NEJMoa1611750. PubMed PMID: . [PubMed: 28379796]
 8. Durie BG, Hoering A, Abidi MH, Rajkumar SV, Epstein J, Kahanic SP, et al. Bortezomib with lenalidomide and dexamethasone versus lenalidomide and dexamethasone alone in patients with newly diagnosed myeloma without intent for immediate autologous stem-cell transplant (SWOG S0777): a randomised, open-label, phase 3 trial. *Lancet*. 2017;389(10068):519–27. doi: 10.1016/S0140-6736(16)31594-X. PubMed PMID: ; PubMed Central PMCID: PMC5546834. [PubMed: 28017406]
 9. Durie BG, Salmon SE. A clinical staging system for multiple myeloma. Correlation of measured myeloma cell mass with presenting clinical features, response to treatment, and survival. *Cancer*. 1975;36(3):842–54. PubMed PMID: . [PubMed: 1182674]
 10. Greipp PR, San Miguel J, Durie BG, Crowley JJ, Barlogie B, Blade J, et al. International staging system for multiple myeloma. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*. 2005;23(15):3412–20. doi: 10.1200/JCO.2005.04.242. PubMed PMID: . [PubMed: 15809451]
 11. Kim H, Sohn HJ, Kim S, Kim K, Lee JH, Bang SM, et al. New staging systems can predict prognosis of multiple myeloma patients undergoing autologous peripheral blood stem cell transplantation as first-line therapy. *Biol Blood Marrow Transplant*. 2006;12(8):837–44. doi: 10.1016/j.bbmt.2006.04.006. PubMed PMID: . [PubMed: 16864054]
 12. Chng WJ, Dispenzieri A, Chim CS, Fonseca R, Goldschmidt H, Lentzsch S, et al. IMWG consensus on risk stratification in multiple myeloma. *Leukemia*. 2014;28(2):269–77. doi: 10.1038/leu.2013.247. PubMed PMID: . [PubMed: 23974982]
 13. Palumbo A, Avet-Loiseau H, Oliva S, Lokhorst HM, Goldschmidt H, Rosinol L, et al. Revised International Staging System for Multiple Myeloma: A Report From International Myeloma Working Group. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*. 2015;33(26):2863–9. doi: 10.1200/JCO.2015.61.2267. PubMed PMID: ; PubMed Central PMCID: PMC4846284. [PubMed: 26240224]
 14. Saad A, Mahindra A, Zhang MJ, Zhong X, Costa LJ, Dispenzieri A, et al. Hematopoietic cell transplant comorbidity index is predictive of survival after autologous hematopoietic cell transplantation in multiple myeloma. *Biol Blood Marrow Transplant*. 2014;20(3):402–8 e1. doi: 10.1016/j.bbmt.2013.12.557. PubMed PMID: ; PubMed Central PMCID: PMC43961011. [PubMed: 24342394]
 15. Hari PN, Zhang MJ, Roy V, Perez WS, Bashey A, To LB, et al. Is the International Staging System superior to the Durie-Salmon staging system? A comparison in multiple myeloma patients undergoing autologous transplant. *Leukemia*. 2009;23(8):1528–34. doi: 10.1038/leu.2009.61. PubMed PMID: ; PubMed Central PMCID: PMC2726276. [PubMed: 19322205]
 16. D'Souza A, Zhang MJ, Huang J, Fei M, Pasquini M, Hamadani M, et al. Trends in pre- and post-transplant therapies with first autologous hematopoietic cell transplantation among patients with multiple myeloma in the United States, 2004–2014. *Leukemia*. 2017. doi: 10.1038/leu.2017.185. PubMed PMID: . [PubMed: 28663578]
 17. McCarthy PL, Holstein SA, Petrucci MT, Richardson PG, Hulin C, Tosi P, et al. Lenalidomide Maintenance After Autologous Stem-Cell Transplantation in Newly Diagnosed Multiple Myeloma: A Meta-Analysis. *J Clin Oncol*. 2017;35(29):3279–89. doi: 10.1200/JCO.2017.72.6679. PubMed PMID: ; PubMed Central PMCID: PMC5652871. [PubMed: 28742454]
 18. Neben K, Lokhorst HM, Jauch A, Bertsch U, Hielscher T, van der Holt B, et al. Administration of bortezomib before and after autologous stem cell transplantation improves outcome in multiple

- myeloma patients with deletion 17p. *Blood*. 2012;119(4):940–8. doi: 10.1182/blood-2011-09-379164. PubMed PMID: . [PubMed: 22160383]
19. Neben K, Jauch A, Bertsch U, Heiss C, Hielscher T, Seckinger A, et al. Combining information regarding chromosomal aberrations t(4;14) and del(17p13) with the International Staging System classification allows stratification of myeloma patients undergoing autologous stem cell transplantation. *Haematologica*. 2010;95(7):1150–7. doi: 10.3324/haematol.2009.016436. PubMed PMID: ; PubMed Central PMCID: PMC2895040. [PubMed: 20220069]
 20. Boyd KD, Ross FM, Chiecchio L, Dagrada GP, Konn ZJ, Tapper WJ, et al. A novel prognostic model in myeloma based on co-segregating adverse FISH lesions and the ISS: analysis of patients treated in the MRC Myeloma IX trial. *Leukemia*. 2012;26(2):349–55. doi: 10.1038/leu.2011.204. PubMed PMID: ; PubMed Central PMCID: PMC2895040. [PubMed: 21836613]
 21. Avet-Loiseau H, Durie BG, Cavo M, Attal M, Gutierrez N, Haessler J, et al. Combining fluorescent in situ hybridization data with ISS staging improves risk assessment in myeloma: an International Myeloma Working Group collaborative project. *Leukemia*. 2013;27(3):711–7. doi: 10.1038/leu.2012.282. PubMed PMID: ; PubMed Central PMCID: PMC3972006. [PubMed: 23032723]
 22. Moreau P, Cavo M, Sonneveld P, Rosinol L, Attal M, Pezzi A, et al. Combination of international scoring system 3, high lactate dehydrogenase, and t(4;14) and/or del(17p) identifies patients with multiple myeloma (MM) treated with front-line autologous stem-cell transplantation at high risk of early MM progression-related death. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*. 2014;32(20):2173–80. doi: 10.1200/JCO.2013.53.0329. PubMed PMID: . [PubMed: 24888806]
 23. Berro M, Arbelbide JA, Rivas MM, Basquiera AL, Ferini G, Vitriu A, et al. Hematopoietic Cell Transplantation-Specific Comorbidity Index Predicts Morbidity and Mortality in Autologous Stem Cell Transplantation. *Biology of blood and marrow transplantation : journal of the American Society for Blood and Marrow Transplantation*. 2017;23(10):1646–50. doi: 10.1016/j.bbmt.2017.06.014. PubMed PMID: . [PubMed: 28669923]
 24. Kleber M, Ihorst G, Udi J, Koch B, Wasch R, Engelhardt M. Prognostic risk factor evaluation in patients with relapsed or refractory multiple myeloma receiving lenalidomide treatment: analysis of renal function by eGFR and of additional comorbidities by comorbidity appraisal. *Clinical lymphoma, myeloma & leukemia*. 2012;12(1):38–48. doi: 10.1016/j.clml.2011.09.216. PubMed PMID: . [PubMed: 22054851]
 25. Vij R, Kumar S, Zhang MJ, Zhong X, Huang J, Dispenzieri A, et al. Impact of pretransplant therapy and depth of disease response before autologous transplantation for multiple myeloma. *Biology of blood and marrow transplantation : journal of the American Society for Blood and Marrow Transplantation*. 2015;21(2):335–41. doi: 10.1016/j.bbmt.2014.10.023. PubMed PMID: ; PubMed Central PMCID: PMC4297511. [PubMed: 25445028]
 26. Dimopoulos MA, Barlogie B, Smith TL, Alexanian R. High serum lactate dehydrogenase level as a marker for drug resistance and short survival in multiple myeloma. *Ann Intern Med*. 1991;115(12):931–5. PubMed PMID: . [PubMed: 1952489]

Highlights

- A comparison of 3 contemporaneous staging systems for newly diagnosed multiple myeloma patients undergoing ACHT using the CIBMTR database
- The R-ISS is the most optimal staging system
- We recommend that serum LDH and cytogenetic data be performed on every MM patient at diagnosis to allow accurate prognostication.

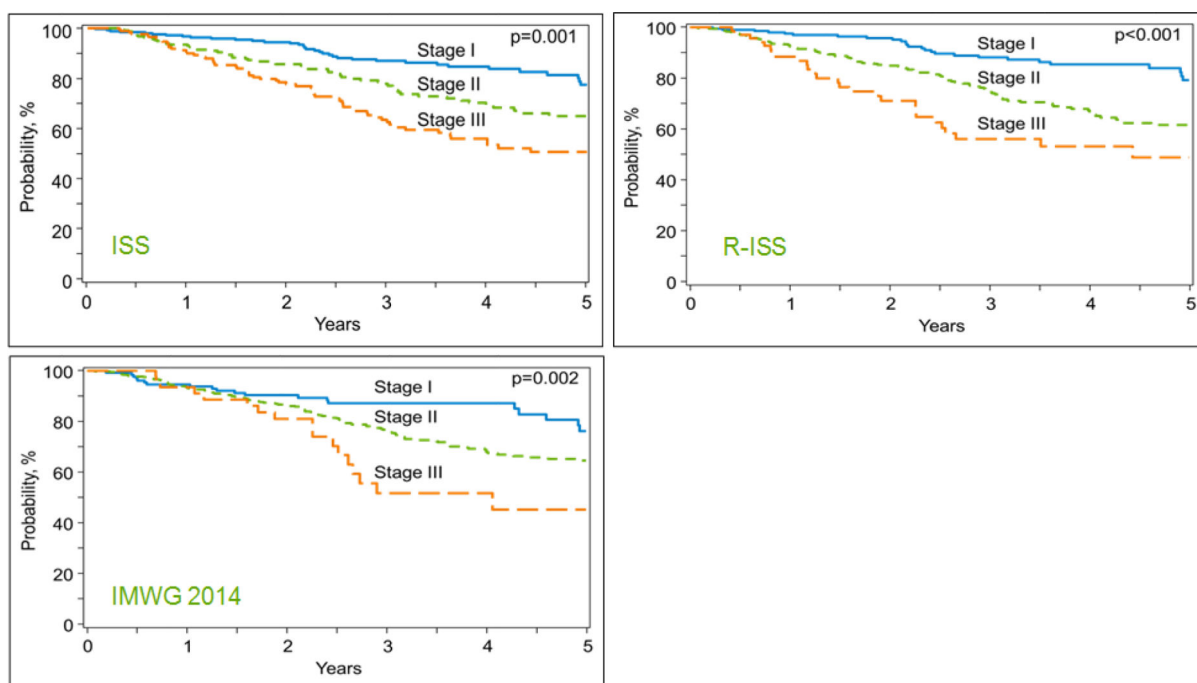


Figure 1.
Overall survival by staging system

Table 1

Baseline Characteristics

	Total N = 628	ISS			IMWG2014			R-ISS		
		Stage I n = 244	Stage II N-214	Stage III n = 170	Low n = I30	Standard n = 451	High n = 47	Stage In n = 199	Stage II n = 360	Stage III n = 69
Centers	76	57	55	52	48	72	24	55	64	33
Age at transplant, yr	60 (40–78)	59 (40–76)	60 (41–78)	61 (41–75)	50 (41–55)	62 (40–76)	58 (42–78)	59 (41–76)	60 (40–78)	60 (43–75)
Male	369 (59)	132 (54)	129 (60)	108 (64)	83 (64)	254 (56)	32 (68)	115 (58)	213 (59)	41 (59)
White	492 (78)	196 (80)	166 (78)	130 (76)	89 (68)	366 (81)	37 (79)	161 (81)	282 (78)	49 (71)
Karnofsky score										
90	353 (56)	144 (59)	122 (57)	87 (51)	75 (58)	249 (55)	29 (62)	120 (60)	198 (55)	35 (51)
<90	258 (41)	93 (38)	75 (44)	75 (44)	54 (42)	187 (41)	17 (36)	73 (37)	156 (43)	29 (42)
Missing	17 (3)	7 (3)	8 (5)	8 (5)	1 (<1)	15 (3)	1 (2)	6 (3)	6 (2)	5 (7)
HCT-CI										
0	208 (33)	99 (41)	62 (29)	47 (28)	54 (42)	141 (31)	13 (28)	85 (43)	108 (30)	15 (22)
1–2	205 (33)	69 (28)	80 (37)	56 (33)	36 (28)	154 (34)	15 (32)	54 (27)	127 (35)	24 (35)
3	212 (34)	75 (31)	71 (33)	66 (39)	40 (31)	153 (34)	19 (40)	60 (30)	122 (34)	30 (43)
Missing	3 (<1)	1 (<1)	1 (<1)	1 (<1)	0	3 (<1)	0	0	3 (<1)	0
Myeloma subtype										
IgG	371 (59)	134 (55)	147 (69)	90 (53)	87 (67)	258 (57)	26 (55)	115 (58)	222 (62)	34 (49)
IgA	125 (20)	46 (19)	36 (17)	43 (25)	15 (12)	96 (21)	14 (30)	37 (19)	76 (21)	12 (17)
Light chain	113 (18)	55 (23)	23 (11)	35 (21)	23 (18)	84 (19)	6 (13)	39 (20)	52 (14)	22 (32)
Other	19 (3)	9 (4)	8 (4)	2 (1)	5 (4)	13 (3)	1 (2)	8 (4)	10 (3)	1 (1)
LDH upper limit	129 (21)	35 (14)	36 (17)	58 (34)	25 (19)	93 (21)	11 (23)	0	71 (20)	58 (84)
ISS at diagnosis										
Stage I	244 (39)	244 (100)	0	0	78 (60)	166 (37)	0	199 (100)	45 (13)	0
Stage II	214 (34)	0	0	0	78 (60)	132 (29)	30 (64)	0	214 (59)	0
Stage III	170 (27)	0	0	170 (100)	0	153 (34)	17 (36)	0	101 (28)	69 (100)
Molecular abnormality*										
t(11;14) only	24 (4)	6 (2)	10 (5)	8 (5)	0	6 (1)	18 (38)	0	16 (4)	8 (12)
t(14;16) only	7 (1)	1 (<1)	3 (1)	3 (2)	0	7 (2)	0	0	4 (1)	3 (4)
del17p only	18 (3)	2 (<1)	12 (6)	4 (2)	0	2 (<1)	16 (34)	0	14 (4)	4 (6)

	ISS			IMWG2014			R-ISS	
	Total N = 628	Stage I n = 244	Stage II N-214 170	Low n = 130	Standard n = 451	High n = 47	Stage In n = 199	Stage II n = 360
IQ abnormality	43 (7)	17 (7)	12 (6)	0	43 (10)	0	13(7)	25 (7)
2 high risk	14 (2)	1 (<1)	8 (4)	0	1 (<1)	13 (28)	0	9 (3)
No high risk	522 (83)	217 (89)	169 (79)	130	392 (87)	0	186 (93)	292 (81)
2 lines of chemotherapy	120 (19)	33 (14)	42 (20)	19 (15)	92 (20)	9 (19)	29 (15)	71 (20)
Induction chemotherapy								
VTD	38 (6)	16 (7)	16 (7)	5 (4)	29 (6)	4 (9)	15 (8)	18 (5)
VRD	282 (45)	108 (44)	94 (44)	65 (50)	193 (43)	24 (51)	89 (45)	162 (45)
VCD	103 (16)	37 (15)	33 (15)	17 (13)	76 (17)	10 (21)	29 (15)	59 (16)
VD	63 (10)	21 (9)	20 (9)	12 (9)	47 (10)	4 (9)	17 (9)	37 (10)
RD	108 (17)	46 (19)	43 (20)	22 (17)	82 (18)	4 (9)	35 (18)	68 (19)
TD	34 (5)	16 (7)	8 (4)	9 (7)	24 (5)	1 (2)	14 (7)	16 (4)
Melphalan dose, 200 mg/m ²	474 (75)	186 (76)	155 (72)	98 (75)	339 (75)	37 (79)	153 (77)	271 (75)
Disease status at HCT								
CR	123 (20)	57 (23)	38 (18)	25 (19)	91 (20)	7 (15)	41 (21)	70 (19)
VGPR	201 (32)	63 (26)	75 (35)	39 (30)	140 (31)	22 (47)	55 (28)	122 (34)
PR	247 (39)	100 (41)	87 (41)	54 (42)	179 (40)	14 (30)	82 (41)	141 (39)
SD	39 (6)	18 (7)	9 (4)	8 (6)	29 (6)	2 (4)	15 (8)	18 (5)
Relapse(fromCR)/progression	18 (3)	6 (2)	5 (2)	4 (3)	12 (3)	2 (4)	6 (3)	9 (3)
Time from diagnosis to transplant								
0–6mo	239 (38)	88 (36)	75 (35)	47 (36)	171 (38)	21 (45)	69 (35)	139 (39)
6–12mo	311 (50)	126 (52)	108 (50)	65 (50)	227 (50)	19 (40)	110 (55)	172 (48)
12–18 mo	78 (12)	30 (12)	31 (14)	18 (14)	53 (12)	7 (15)	20 (10)	49 (14)
Year of transplant								
2008–2011	327 (52)	118 (48)	118 (55)	69 (53)	238 (53)	20 (43)	99(50)	195 (54)
2012–2014	301 (48)	126 (52)	96 (45)	61 (47)	213 (47)	27 (57)	100(50)	165 (46)
Intent to maintenance treatment								
Yes	187 (30)	68 (28)	69 (32)	41 (32)	135 (30)	11 (23)	52 (26)	114 (32)
No	440 (70)	176 (72)	144 (67)	88 (68)	316 (70)	36 (77)	147 (74)	245 (68)
Missing	1 (<1)	0	1 (<1)	1 (<1)	0	0	0	1 (<1)
Follow-up of survivors, mo	48 (3–99)	47 (6–97)	49 (3–97)	48 (6–97)	48 (3–99)	36 (6–72)	47 (6–97)	48 (3–99)
								40 (12–97)

Author Manuscript

Author Manuscript

Author Manuscript

Author Manuscript

Values are n, median (range), or n (%).

HCT-CI indicates hematopoietic cell transplantation-comorbidity index; V, bortezomib; R, lenalidomide; T, thalidomide; C, cyclophosphamide; D, dexamethasone; CR, complete response; VGPR, very good partial response; PR, partial response; SD, stable disease.

*. Testing done by cytogenetics and/or FISH.

Table 2

Univariate Outcomes by Stage

Outcome	ISS				IMWG2014				R-ISS			
	I (%)	II (%)	III (%)	P	Low (%)	Intermediate (%)	High (%)	P	I (%)	II (%)	III (%)	P
Relapse/progression				<.001				.03				<.001
1 yr	11 (7–15)	22 (17–28)	28 (22–35)		14 (9–20)	20 (16–24)	30 (18–44)		10 (6–14)	21 (17–26)	38 (27–49)	
2 yr	26 (20–32)	37 (30–44)	46 (38–54)		30 (22–39)	35 (31–40)	45 (31–60)		23 (17–29)	39 (33–44)	50 (38–62)	
3 yr	37 (31–44)	48 (41–55)	58 (50–66)		38 (29–47)	48 (42–53)	61 (45–77)		35 (28–42)	50 (44–55)	65 (51–78)	
PFS				<.001				.06				<.001
1 yr	88 (84–92)	76 (70–82)	70 (63–77)		84 (77–90)	79 (75–82)	70 (56–82)		90 (85–94)	77 (72–81)	61 (49–72)	
2 yr	73 (67–79)	61 (54–68)	52 (44–60)		67 (59–75)	63 (58–67)	55 (40–69)		77 (70–82)	59 (54–64)	47 (35–59)	
3 yr	61 (54–68)	49 (42–56)	38 (30–47)		60 (51–69)	49 (44–55)	39 (23–55)		64 (57–71)	47 (41–53)	32 (20–45)	
OS				<.001				.002				<.001
1 yr	97 (94–99)	93 (90–96)	90 (85–94)		95 (90–98)	93 (91–96)	93 (85–99)		97 (95–99)	93 (90–95)	88 (80–95)	
2 yr	94 (91–97)	86 (80–90)	77 (71–84)		90 (85–95)	86 (83–90)	81 (68–91)		96 (92–98)	85 (81–88)	71 (59–82)	
3 yr	87 (82–91)	78 (71–83)	62 (54–70)		87 (80–93)	76 (72–81)	52 (34–69)		88 (83–93)	75 (70–80)	56 (43–69)	

Values are cumulative incidence (95% confidence interval)

Table 3.

Differentiation of survival between the 3 systems for each stage

	ISS			R-ISS			IMWG-2014		
	SEP	HR (95% CI)	P	SEP	HR (95% CI)	P	SEP	HR (95% CI)	P
Relapse	1.40		<0.001	1.53		<0.001	1.24		0.03
II vs I		1.55 (1.18,2.03)	0.002		1.74 (1.33,2.27)	<0.001		1.26 (0.94,1.69)	0.12
III vs II		1.28 (0.97,1.69)	0.08		1.57 (1.11,2.21)	0.01		1.48 (0.99, 2.21)	0.05
PFS	1.42		<0.001	1.59		<0.001	1.24		0.06
II vs I		1.60 (1.22, 2.08)	<0.001		1.83 (1.41,2.39)	<0.001		1.27 (0.96, 1.69)	0.10
III vs II		1.27 (0.97, 1.65)	0.08		1.54 (1.11,2.13)	0.01		1.34 (0.90, 1.98)	0.14
OS	1.58		<0.001	1.74		<0.001	1.60		0.003
II vs I		1.69 (1.13,2.51)	0.01		2.06 (1.39, 3.06)	<0.001		1.71 (1.10, 2.67)	0.02
III vs II		1.65 (1.13, 2.51)	0.015		1.69 (1.11,2.56)	0.01		1.75 (1.05, 2.92)	0.03

* SEP is a measure of separation. The larger the separation between the survival curves or cumulative incidence plots the larger this value will be. For example, for OS the SEP is 1.737 using the R-ISS and 1.579 using ISS. In other words, there is more separation in the R-ISS survival curves compared with ISS survival curves. A fact, reflected in the hazard ratios. That is, 1.6870 vs 2.0615 and 1.6541 vs 1.6885

Table 4.

Integrated Brier Score function

	Score*	ISS	R-ISS	IMWG 2014
OS	0.177	0.172	0.173	0.172
PFS	0.205	0.198	0.194	0.203

* **Score**— represents the integrated Brier score with no predictor in the model. Brier scores smaller than this reference value will generally have good prediction; meaning the larger the difference between the score and predictor of interest Brier score, the better the predictive ability of that variable.