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Genomewide Association Studies of Posttraumatic Stress Disorder in Two Cohorts of US Army Soldiers

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Access to Data and Data Analysis:

Murray B. Stein MD, MPH had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis. Drs. Stein, Chen, Gelernter, Jain, Maihofer, Polimanti, Ripke, Smoller, and Wang, as well as Ms. Sun, conducted and are jointly responsible for the data analysis.

Conflict of Interest Disclosure:

Dr. Stein has in the last 3 years been a consultant for Healthcare Management Technologies, and Actelion, Dart Neuroscience, Janssen, Oxeia Biopharmaceuticals, Pfizer, Resilience Therapeutics, and Tonix Pharmaceuticals. Dr. Kessler has in the last 3 years been a consultant for Hoffman-La Roche, Inc., Johnson & Johnson Wellness and Prevention, and Sanofi-Aventis Groupe. Dr. Kessler has served on advisory boards for Mensante Corporation, Plus One Health Management, Lake Nona Institute, and U.S. Preventive Medicine. Dr. Kessler owns 25% share in DataStat, Inc. Dr. Smoller is an unpaid member of the Scientific Advisory Board of PsyBrain, Inc. The remaining authors report nothing to disclose.

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Abstract

Importance—Posttraumatic stress disorder (PTSD) is a prevalent, serious public health concern, particularly in the military. The identification of genetic risk factors for PTSD may provide important insights into the biological basis of vulnerability and comorbidity.

Objective—To discover genetic loci associated with lifetime PTSD risk in two cohorts from the Army Study To Assess Risk and Resilience in Servicemembers (Army STARRS).

Design, Setting and Participants—Two coordinated genomewide association studies of mental health in the US military: New Soldier Study (NSS, N=3167 cases and 4607 trauma-exposed controls) and Pre/Post Deployment Study (PPDS, N=947 cases and 4969 trauma-exposed controls). The primary analysis compared lifetime DSM-IV PTSD cases to trauma-exposed controls without lifetime PTSD.

Main Outcomes and Measures—Association analyses were conducted for PTSD using logistic regression models within each of 3 ancestral groups (European, African, Latino) by study and then meta-analyzed. Heritability and genetic correlation and pleiotropy with other psychiatric and immune-related disorders were estimated.

Results—We observed a genomewide significant locus in *ANKRD55* on chromosome 5 (rs159572; odds ratio [OR] = 1.62, p-value = 2.43×10^{-8} ; adjusted for cumulative trauma exposure [AOR] = 1.68, p-value = 1.18×10^{-8}) in the African American samples from NSS. We also observed a genomewide significant locus in or near *ZNF626* on chromosome 19 (rs11085374; OR = 0.77, p-value = 4.59×10^{-8}) in the European American samples from NSS. We did not find similar results for either SNP in the corresponding ancestry group from the PPDS sample, or in

other ancestral groups or trans-ancestral meta-analyses. SNP-based heritability was non-significant, and no significant genetic correlations were observed between PTSD and six mental disorders and nine immune-related disorders. Significant evidence of pleiotropy was observed between PTSD and rheumatoid arthritis and, to a lesser extent, psoriasis.

Conclusions and Relevance—In the largest GWAS of PTSD to date, involving a US military sample, we found limited evidence of association for specific loci. Further efforts are needed to replicate the genomewide significant association with *ANKRD55* – associated in prior research with several autoimmune and inflammatory disorders – and to clarify the nature of the genetic overlap observed between PTSD and rheumatoid arthritis and psoriasis.

Keywords

genomewide association; genetic; immune; inflammatory; military; posttraumatic stress disorder; pleiotropy; risk; trauma

INTRODUCTION

Posttraumatic stress disorder (PTSD) is a common consequence of exposure to extreme, life threatening stress.^{1,2} PTSD is also frequently associated with other mental health problems such as major depressive disorder,³ substance abuse⁴ and suicidality^{5,6} and with other adverse health sequelae such as obesity,⁷ cardiovascular disease⁸⁻¹⁰ type 2 diabetes,^{11,12} and other immune-related disorders such as rheumatoid arthritis.¹³

Although most Americans (50-85%) experience traumatic events over a lifetime, the lifetime prevalence of PTSD is approximately 7%,¹⁴ suggesting differential vulnerability to the disorder. Rates of trauma exposure and PTSD are higher among U.S. military personnel and veterans,¹⁵ particularly those exposed to combat.^{16,17} Much of the research on risk for PTSD has focused on the differential impacts of type,¹⁸ frequency, duration, and consequences (e.g., extent of physical injury) of trauma exposures.¹⁹ Pre-trauma risk factors, including personality characteristics and early life experiences, have also been extensively scrutinized,^{18,20,21} as have post-trauma factors such as social support.²²

Twin studies have long established that genetic variation contributes to risk for PTSD symptoms, with heritability estimates in the range of .28 - .46.²³⁻²⁶ Genetic association studies have focused on a limited set of candidate genes and have been largely underpowered to detect loci of modest effect.²⁷ More recently, several genomewide association studies (GWAS) of PTSD have been reported in civilian^{28,29} and military or veteran samples,³⁰⁻³³ yielding several genomewide significant associations that have yet to be widely replicated.

The present investigation makes use of data from the Army Study to Assess Risk and Resilience in Servicemembers (Army STARRS),³⁴ a large, coordinated set of study components intended to improve understanding of suicide, PTSD and related mental health risk and resilience in the US Army. Blood samples for DNA were provided by participants in two components of Army STARRS: a study of new soldiers during their first week of basic training (New Soldier Study [NSS]), and a study of three Brigade Combat Teams prior

to their deployment to Afghanistan (Pre/Post Deployment Study [PPDS]). Each of these studies has a larger PTSD-affected sample size than any genetic study of PTSD previously published. We report here results from within-ancestral-group and within-study genomewide analyses, followed by meta-analyses across studies.

METHODS

A synopsis of Methods is included here. A more detailed version is available in the online Supplemental Material.

Subjects

Detailed information about the design and conduct of Army STARRS is available in a separate report.³⁴ The recruitment, consent, human subject and data protection procedures were approved by all collaborating organizations.

New Soldier Study (NSS)—The NSS was carried out among new soldiers at the start of their basic training at one of three Army Installations between April 2011 and November 2012. Of 39,784 NSS participants who completed the computerized self-administered questionnaire (SAQ), 33,088 (83.2%) provided blood samples. Genotyping was conducted on samples from the first half of the cohort, from which 7,999 samples were selected based on phenotype and case-control status (NSS1). When the remaining half of the cohort collection was completed, we selected an informative subset (see **Supplemental Material**) for genotyping (NSS2; N = 2,835).

Pre/Post Deployment Survey (PPDS)—The PPDS is a multi-wave panel survey that collected baseline data (T0) from US Army soldiers in three Brigade Combat Teams (BCTs) during the first quarter of 2012, within approximately six weeks of their deployment to Afghanistan. 7,927 PPDS soldiers with eligible SAQ responses were genotyped for GWAS.

Demographics and Case-Control Status

The population, sex and age composition of our analyzed sample of cases and controls is shown in **Table 1**. The majority of subjects were male and we analyzed male and female subjects together. A total of 3,167 PTSD cases and 4,607 trauma exposed controls from NSS1 and NSS2, and 947 PTSD cases and 4,969 trauma-exposed controls from PPDS entered the following statistical analyses.

Measures

The SAQ included a computerized version of the Composite International Diagnostic Interview screening scales (CIDI-SC)³⁵ and a screening version of the PTSD Checklist (PCL).³⁶ Trauma exposure was assessed from answers pertaining to childhood, adulthood civilian, and, for PPDS participants, military traumatic events (See Supplemental Material:Methods). PTSD diagnosis was assigned using multiple imputation methods that relied on PCL and CIDI-SC data; our clinical reappraisal study found satisfactory concordance with independent clinical diagnoses based on blinded Structured Clinical Interviews for DSM-IV (AUC = 0.70–0.79; κ = 0.4–0.6).³⁷

DNA Collection and Genotyping

Whole blood samples were shipped to Rutgers University Cell & DNA Repository (RUCDR), where they were frozen for later DNA extraction using standard methods. NSS1 and PPDS samples were genotyped using the Illumina OmniExpress + Exome array with additional custom content. NSS2 samples were genotyped on the Illumina PsychChip. (See Supplemental Material:Methods.)

Imputation, Population Assignment and Principal Component Analysis

See *Supplemental Methods and eFigs 1-5*.

Statistical Analysis

Lifetime PTSD cases and controls (i.e., individuals without lifetime PTSD) reporting at least 1 traumatic event were included in the association analyses. PLINK (version 1.9)³⁸ was used to perform association tests on imputed SNP dosage with logistic regression adjusted for the top 10 within-population principal components. The meta-analysis of NSS1+NSS2 is the primary analysis. The analysis of PPDS is our *internal* attempt at replication analysis. We sought *external* replication with other relevant military published datasets (see Results).

SNP-based heritability was estimated using GCTA.³⁹ We tested the genetic correlation (proportion of variance that phenotypes share due to genetic causes, which considers only causal variants with the same directionality of effects) and pleiotropy (effect of the same gene on multiple phenotypes, which considers causal variants with both same and opposite effects) of PTSD in all European samples with psychiatric disorders (including schizophrenia (SCZ),⁴⁰ bipolar disorder (BIP),⁴¹ attention deficit hyperactivity disorder (ADHD),⁴² major depressive disorder (MDD),⁴³ autism spectrum disorder (ASD), and a cross-disorder phenotype (XD)⁴⁴); and with immune-related disorders (including Crohn's disease (CD),⁴⁵ ulcerative colitis (UC),⁴⁶ multiple sclerosis (MS),⁴⁷ psoriasis (PS),⁴⁸ rheumatoid arthritis (RA),⁴⁹ systemic lupus erythematosus (SLE),⁵⁰ celiac disease (CEL),⁵¹ primary biliary cirrhosis (PBC),⁵² and insulin-dependent diabetes mellitus (T1D)⁵³) using LD score regression (LDSC)⁵⁴ and the GPA (Genetic analysis incorporating Pleiotropy and Annotation) R package,⁵⁵ respectively.

We followed up the significant pleiotropic outcomes with enrichment analysis using DEPICT v1 (Data-driven Expression Prioritized Integration for Complex Traits)⁵⁶ and DAVID v6.7 (Database for Annotation, Visualization and Integrated Discovery),⁵⁷ respectively. See *Supplemental Material:Methods* for further details.

RESULTS

Genomewide Association Analyses

The λ_{GC} and the QQ plot showed negligible inflation of association p-values in NSS (meta-analysis of NSS1/NSS2) or PPDS (**Supplemental eFigure 6**). A SNP on chromosome 19 was significantly associated with PTSD in the NSS results in European American samples (rs11085374; OR=0.77, p-value= 4.59×10^{-8}). A SNP on chromosome 5 was significantly associated with PTSD in African American subjects in the NSS results (rs159572; OR=1.62,

p-value=2.34 × 10⁻⁸). We did not find similar results for either SNP in the corresponding ancestry group from the PPDS sample. The individual study and meta-analysis results are presented in **Table 2** and the Manhattan plots in NSS African American and European American samples are shown in **Figure 1**. We further created regional plots⁵⁸ for 500 Kb regions around the two top hit SNPs (**Supplemental eFigure 7**). No significant associations were observed in the Latino NSS or PPDS samples or in any of the trans-ethnic meta-analyses.

Adjustment for lifetime trauma exposure slightly strengthened the genomewide significant associations for the two lead SNPs (**Supplemental eTable 1**) whereas simultaneous adjustment for lifetime trauma exposure, sex, and age slightly attenuated the associations (**Supplemental eTable 2** and **eFigure 8**).

The top SNP rs159572 (**eFigure 7a**) on chromosome 5 is intronic to *ANKRD55*, and multiple other SNPs in this region were in LD with this SNP. *ANKRD55* has been associated with several autoimmune diseases, including multiple sclerosis,^{59,60} type 2 diabetes,⁶¹ celiac disease⁶² and rheumatoid arthritis.⁶³

The top SNP rs11085374 on chromosome 19 is located near *ZNF626*. There was minimal LD between this SNP and surrounding SNPs (**eFigure 7b**), and no other SNPs in the region showed evidence of association.

Meta-analysis with other Military Datasets

We meta-analyzed results for SNP rs159572 on chromosome 5 between three GWAS of African American military samples, including data reported here from Army STARRS (current analysis), Marine Resiliency Study (MRS)³¹ and a recently published genetic study of Iraq-Afghanistan US Veterans³² (**Figure 2**). The results were directionally consistent in the Army STARRS NSS and PPDS samples as well as the MRS, but not in the PTSD Veteran GWAS (meta-analysis OR=1.17, 95% CI: 1.05-1.31).

Alternate Phenotypic Characterization

To examine the robustness of our findings, we tested for association of the top two SNPs at the chromosome 19 and 5 loci with an alternate phenotypic characterization of PTSD; all subjects in the respective ancestral groups were included. For this purpose we chose a dimensional measure of lifetime (“at its worst”) PTSD severity, a 6-item version (range: 0-24) of the PTSD Checklist (PCL)⁶⁴ that we have used in other published Army STARRS research.⁶⁵ Among European Americans rs11085374 was significantly associated with lifetime PCL-6 severity in NSS1 (p-value=0.007) and NSS2 (p-value <0.001), but not PPDS (p-value=0.82). Among African Americans rs159572 was significantly associated with lifetime PCL-6 severity in NSS1 (p-value=0.002) and NSS2 (p-value=0.028) but not PPDS (p-value=0.419).

Heritability of Lifetime PTSD Phenotype

We estimated SNP-based heritability (h^2_g) using GCTA³⁹ in European American samples for NSS[1,2], PPDS, and both cohorts pooled together. We found no significant h^2_g

estimates, either in overall ($h^2_g=0.062$ [SE=0.049], $p=0.104$) or gender-specific analyses (**Supplemental eTable 3**).

Pleiotropy and Genetic Correlation

We tested the pleiotropy shared by PTSD and six psychiatric disorders and nine immune-related disorders in the European American samples (**Table 3**). Significant pleiotropy was observed for PTSD and two immune-related disorders: rheumatoid arthritis (RA) ($p\text{-value}=3.04 \times 10^{-9}$) and psoriasis (PS) ($p\text{-value}=2.41 \times 10^{-3}$). No significant pleiotropy was observed between PTSD and the other psychiatric disorders tested. No significant genetic correlations were found in the same datasets (**Supplemental eTable 5**).

Considering the pleiotropy results, we performed an enrichment analysis of SNPs with pleiotropy posterior probability > 0.5 . For PTSD-RA, we observed several significant enrichments for *MeSH* tissue and cell type annotations (**Supplemental eTable 6**) and *Gene Ontology* (GO) terms (**Supplemental eTable 7**) related to several immune systems and functions. No enrichment was present for PTSD-PS.

Finally, we estimated that the probability for a SNP associated with PTSD to be a CNS SNP is 2.28 (s.e.=0.24) times the probability for a SNP not associated with PTSD to be a CNS SNP. Similarly, the enrichment ratio for immune-related eQTLs in PTSD is 2.36 (s.e.=0.27).

DISCUSSION

This study is, to the best of our knowledge, the largest GWAS of PTSD conducted to date. As it is representative of the US Army, the composition of the samples was ethnically diverse, obligating us to initially conduct association analyses within ancestral groups and then to attempt trans-ancestral meta-analyses. We found no genomewide significant loci at the level of the trans-ancestral meta-analyses, but did find two genomewide significant loci, one each in the African American and European American samples from the New Soldier Study (NSS).

In the African American NSS sample, we observed genomewide significant association with PTSD for SNPs on chromosome 5 in *ANKRD55* (ankyrin repeat domain 55). Importantly, inclusion of data from African Americans from additional military cohorts continued to yield a meta-analytically genomewide significant result at this locus, albeit attenuated compared to NSS alone (**Figure 2**). This gene, whose function is currently unknown, has been reported to be associated with a range of autoimmune and inflammatory disorders including multiple sclerosis,^{59,60} type 2 diabetes,⁶¹ celiac disease⁶² and rheumatoid arthritis.⁶³ We believe we were able to observe this genetic overlap in European Americans (while the *ANKRD55* finding was in African Americans) because human populations can present ancestry-specific risk alleles in the context of similar underlying biological mechanisms of disease predisposition.⁶⁶

Remarkably, we also found evidence of significant pleiotropy between PTSD and two immune-related disorders, namely rheumatoid arthritis and, to a lesser extent, psoriasis. These novel findings are consistent with recent reports of pleiotropy between other mental

disorders such as schizophrenia and immune disorders such as rheumatoid arthritis and multiple sclerosis.^{67,68} In the context of new evidence that schizophrenia involves allelic variation in the major histocompatibility complex (MHC), these observations suggest that intensive scrutiny of immune factors, and perhaps especially complement component 4,⁶⁹ should be the subject of further study in other mental disorders such as PTSD.

A hypothetical immune-related or inflammatory etiology for PTSD has, in fact, gained some empirical support.⁷⁰ Two recent studies have found elevation in levels of the inflammatory biomarker C-Reactive Protein (CRP) in individuals at risk⁷¹ or suffering from PTSD.⁷² Others studies have found abnormal cytokine regulation⁷³ or other evidence of a pro-inflammatory milieu in PTSD.⁷⁴ It is also noteworthy that PTSD is itself highly comorbid with several of the disorders associated with *ANKRD55*, including type 2 diabetes^{12,75} and rheumatoid arthritis.⁷⁶ Moreover, a recent epidemiological study of Iraq and Afghanistan military veterans found PTSD to be associated with a broad range of autoimmune disorders, including inflammatory bowel disease, rheumatoid arthritis, and multiple sclerosis.⁷⁷ Further research is needed to determine whether variation in *ANKRD55* – or other genes contributing to the observed pleiotropy – accounts for these associations. It will also be important to determine why the association of *ANKRD55* with PTSD is apparently restricted to African Americans, although this may be explainable on the basis of differing LD block structure and increased minor allele frequency.

We also detected in the European American NSS samples one genomewide significant SNP on chromosome 19 near *ZNF626* (zinc finger protein 626), a gene thought to be involved in regulation of RNA transcription. The regional plot showed no other associated SNPs in LD with this result. This may represent spurious association, but it also may simply reflect a lack of nearby variants in LD with the index SNP; this requires further study.

Genomewide significant results from NSS were not replicated in PPDS. Of note, the PPDS sample was smaller and distinct in important ways from NSS. NSS participants were younger (mostly 18-20 years of age) and their trauma exposure and resultant PTSD were entirely pre-military. In contrast, PPDS participants were older, their non-military trauma exposure was on average higher than in NSS (reflecting the accrual of traumatic exposures over time) and many had additionally experienced deployment-related traumas. This finding, i.e., consistency of results in identically ascertained samples (i.e., NSS1 and NSS2) but inconsistency in a second military sample with different rates and types of trauma exposure, serves as a reminder of the challenges this field will face in working across and combining datasets that include individuals with heterogeneous trauma experiences.⁷⁸

In this regard, it is noteworthy that adjustment for trauma exposure tended to increase the statistical significance of genomewide or near-genomewide significant SNPs. We know, however, that certain types of trauma have higher conditional risks for PTSD than others.¹⁵ Accordingly, adjustment for trauma on the basis of tallying exposure to different trauma types – without taking into account differential conditional risks of PTSD for certain trauma types – might inadequately model these relationships. Our results underscore the need for additional work to determine the appropriate metrics for trauma exposure and the optimal functional forms for modeling these outcomes in genetic datasets. It is unclear, for instance,

when these effects should be modeled by covarying for trauma exposure or when interactions – with overall trauma severity or with specific trauma types – should be considered. Well-powered gene-environment-wide interaction studies (GEWIS) may be especially illuminating, particularly given observations that the interaction of PTSD susceptibility genes with early trauma (e.g., childhood maltreatment) exposure may be paramount.⁷⁹

The cross-phenotype LDSC results failed to provide evidence of genetic correlation between PTSD and the other mental disorders examined. Previous studies have reported evidence for shared genetic risk between PTSD and bipolar disorder.^{31,80} Clinical and genetic epidemiological studies have found considerable comorbidity – at least some of which is explained by shared genetic vulnerability^{26,81,82} – between PTSD and major depressive disorder and attention-deficit/hyperactivity disorder.^{83,84} Insufficient power is a possible explanation for our study's failure to find evidence of shared genetic risk across these disorders. Importantly, however, enrichment analysis suggested that risk variants for PTSD aggregate in many of the same biological pathways shared with other neuropsychiatric disorders, notably those involved in immune regulation.⁸⁵ In light of the recent observation of

Our results should be interpreted in light of several additional limitations. First, samples sizes – especially within ancestral groups – are likely to be insufficiently powered to detect loci of modest effect. Given our total sample size, we would have 80% power to detect associations for SNPs with 20% minor allele frequency with an OR of 1.2 or higher. Second, it is well established that risk for trauma exposure is genetically correlated with risk for PTSD.^{24,86,87} Therefore, although exclusion of trauma-unexposed control subjects should have improved our power to detect PTSD risk loci given trauma exposure, it may have reduced our ability to detect loci that contribute to PTSD by increasing risk of trauma. Third, our finding of no apparent heritability emanating from the GCTA analyses may be due to insufficient power or other limitations in this approach.⁸⁸ Fourth, the use of GPA to detect pleiotropy is quite novel, and heretofore unappreciated limitations in this approach may exist.

In summary, we found no genomewide significant findings that transcended ancestry and replicated across studies. We did, however, find genomewide significant evidence of an association of *ANKRD55*, a gene previously associated with inflammatory and immune disorders, with PTSD in African Americans that was observed in a sample of pre-military PTSD (NSS), not replicated in a sample of mixed pre-military and military PTSD (PPDS), but showing similar effect size and directionality in an independent sample of Marines with PTSD (Marine Resiliency Study). This association is small in magnitude and, even if replicated, would be of no obvious clinical utility at present. Its value may lie, however, in eventual elucidation of the nature of PTSD and its relationship to other illnesses. The finding of pleiotropy between PTSD and rheumatoid arthritis and psoriasis should further motivate the study of immune-related factors in PTSD, their potential contribution to comorbidity with inflammatory disorders and, indeed, a possible role for anti-inflammatory treatments in PTSD.⁸⁹

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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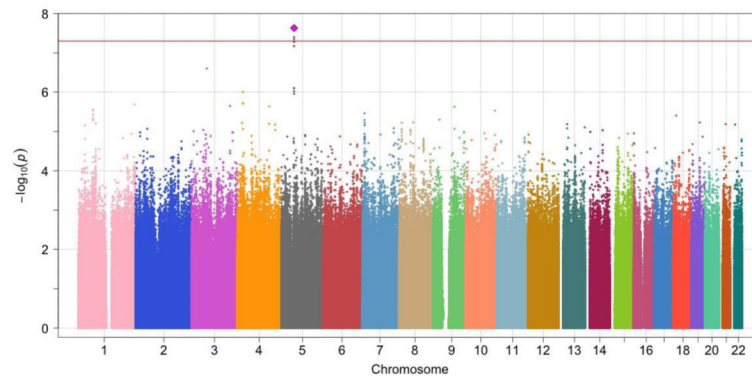
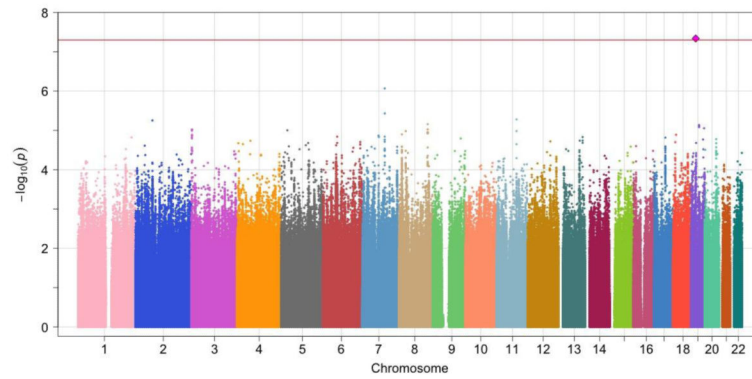
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**Figure 0001****Figure 0002****Figure 1.**

Manhattan plots of NSS1 and NSS2 meta-analysis in European American and African American samples

- (a). NSS meta-analysis, African American samples, identifying genome-wide significant association for PTSD with rs159572 on Chr 5
- (b). NSS meta-analysis, European American samples, identifying a genome-wide significant association for PTSD with rs11085374 on Chr 19

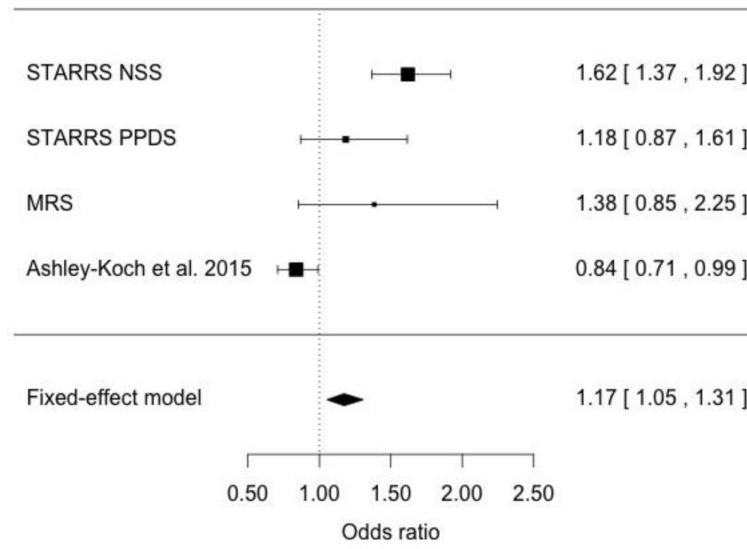


Figure 2. Meta-analysis for SNP rs159572 between African American samples from Army STARRS, Marine Resiliency Study³¹ and Ashley-Koch et al. 2015³²

Table 1

Ancestry and sex and age distributions in the case-control samples

Population	NSS1			NSS2			NSS1 + NSS2			PPDS		
	Case	Control	Total	Case	Control	Total	Case	Control	Total	Case	Control	Total
European American	1245	2291	3536	895	618	1513	2140	2909	5049	672	3335	4007
African American	306	664	970	191	151	342	497	815	1312	97	570	667
Latino American	306	697	1003	224	186	410	530	883	1413	178	1064	1242
Sex (%male)	78%	84%	82%	79%	78%	79%	78%	82%	81%	93%	95%	94%
Age (SD)	20.7 (3.0)	21.3 (3.5)	21.1 (3.3)	20.1 (3.1)	20.6 (3.4)	20.3 (3.2)	20.4 (3.0)	21.1 (3.5)	20.9 (3.3)	27.1 (5.9)	26.4 (6.0)	26.5 (6.0)
Total	1857	3652	5509	1310	955	2265	3167	4607	7774	947	4969	5916

* PTSD Cases are identified through information provided by PCL and CIDI-SC. Controls were exposed to at least 1 non-deployment trauma (NSS1, NSS2 and PPDS) or deployment trauma (PPDS).

Genome-wide significant loci in the NSS1, NSS2 and PPDS individual analyses and meta-analyses from the standard GWAS analysis

Table 2

Chr.	Position	SNP	Nearest gene	A1	A2	Population	Study	FRQ	INFO	P-value	OR
5	55507046	rs159572	ANKRD55	A	C	European A.	NSS1	0.75	1.00	0.9327	1.00
							NSS2	0.73	0.98	0.04543	0.84
							NSS-meta			0.2337	0.94
							PPDS	0.73	1.00	0.3608	0.94
			All-meta			0.1334	0.94				
5	55507046	rs159572	ANKRD55	A	C	African A.	NSS1	0.46	1.04	4.91×10^{-6}	1.57
							NSS2	0.44	0.95	1.16×10^{-3}	1.74
							NSS-meta			2.34×10^{-8}	1.62
							PPDS	0.47	1.03	0.284	1.18
			All-meta			6.13×10^{-8}	1.51				
5	55507046	rs159572	ANKRD55	A	C	Latino A.	NSS1	0.68	1.03	0.5213	1.07
							NSS2	0.67	0.96	0.2131	0.82
							NSS-meta			0.8814	0.99
							PPDS	0.69	1.09	0.07136	0.81
			All-meta			0.2281	0.92				

Chr.	Position	SNP	Nearest gene	A1	A2	Population	Study	FRQ	INFO	P-value	OR
19	20906220	rs11085374	ZNF626	A	T	European A.	NSS1	0.32	0.98	3.67×10^{-6}	0.77
							NSS2	0.30	0.81	3.62×10^{-3}	0.77
							NSS-meta			4.59×10^{-8}	0.77
							PPDS	0.31	0.97	0.496	1.05
			All-meta			5.40×10^{-5}	0.86				
19	20906220	rs11085374	ZNF626	A	T	African A.	NSS1	0.51	0.90	0.6318	0.95
							NSS2	0.50	0.67	0.6213	1.10
							NSS-meta			0.8513	0.98

Chr.	Position	SNP	Nearest gene	A1	A2	Population	Study	FRQ	INFO	P-value	OR
19	20906220	rs11085374	ZNF626	A	T	Latino A.	PPDS	0.51	0.85	0.7949	0.96
							All-meta			0.7733	0.98
							NSS1	0.27	0.92	0.0799	1.23
							NSS2	0.25	0.76	0.6498	1.09
							NSS-meta			0.08197	1.19
							PPDS	0.26	0.93	0.342	0.87
							All-meta			0.3765	1.08

* A1: risk allele; A2: non-risk allele; FRQ: overall risk allele frequency; INFO: imputation quality score; OR: odds ratio; NSS-meta: meta-analysis between NSS1 and NSS2 results; All-meta: meta-analysis between NSS1, NSS2 and PPDS results

** Position is in NCBI Build 37/UCSC hg19 coordinates.

Table 3

Genetic Pleiotropy Analysis between PTSD and Other Disorders

	Disorder	p-value
Immune-related Disorders	Crohn's Disease	0.636
	Multiple Sclerosis	0.961
	Psoriasis	2.41 ×10⁻³
	Rheumatoid Arthritis	3.04 ×10⁻⁹
	SLE (Lupus)	0.874
	Type 1 Diabetes	0.128
	Ulcerative Colitis	0.382
	Celiac Disease	0.049
	Primary Biliary Cirrhosis	0.09
Psychiatric Disorders	Schizophrenia	0.123
	Bipolar Disorder	0.78
	Attention Deficit/ Hyperactivity Disorder	0.887
	Major Depressive Disorder	0.783
	Autism Spectrum Disorder	0.838
	PGC Cross-Disorder	0.294