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A Topical Heparinoid-Containing Product Improves Epidermal Permeability Barrier Homeostasis in Mice

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Abstract

Because of the importance of epidermal functions, including stratum corneum hydration and maintenance of permeability barrier homeostasis, in the pathogenesis of a variety of cutaneous and systemic disorders, a wide range of products has been developed to improve epidermal functions. However, the underlying mechanisms whereby certain products, including heparinoid-containing product, are far little understood. In the present study, we assessed the impact of a heparinoid-containing product, Hirudoid® cream, on epidermal permeability barrier function and expression levels of a panel of epidermal mRNA related to formation/maintenance of the permeability barrier in mouse skin. Our results showed that while the baseline levels of transepidermal water rates remained unchanged, treatment with Hirudoid® cream twice daily for 7 days significantly accelerated permeability barrier recovery and increased stratum corneum hydration. In parallel, expression levels of epidermal mRNA for certain differentiation markers-related proteins, lipid synthetic enzymes, keratinocyte proliferation, as well as antimicrobial peptides also increased significantly. Together, these results provide the underlying mechanisms by which topical Hirudoid® cream improves epidermal permeability barrier and antimicrobial function. Because of its benefits for epidermal functions, heparinoid-containing product could be more useful in the management of skin conditions, characterized by abnormal permeability barrier and antimicrobial function.

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Author Contributions: XF, PG, CS, YY and JH performed experiments. LH and MQM designed the experiments. MQM drafted manuscript. PEM and LH critically reviewed the manuscript.

Conflicts of interest: None

Statement of Ethics: Animal experiments conform to internationally accepted standards and have been approved by the appropriate institutional review body.

Keywords

Heparinoid; barrier function; stratum corneum hydration; differentiation

Introduction

Mucopolysaccharide polysulfate, also termed 'heparinoid', has long been used to manage a variety of skin conditions. Although heparinoid was first found to exhibit anticoagulant property in 1940s [1,2], heparinoid-containing products are now widely used to treat vascular disorders, such as thrombophlebitis, venous thromboembolism and acute ischemic stroke [3–5]. Studies have also demonstrated benefits of heparinoid-containing products in a number of other dermatoses and epidermal functions. For example, oral administrations of heparinoid is effective in the treatment of oral lichen planus [6,7]. Moreover, topical heparinoid-containing cream not only reduces postoperative ecchymosis and edema [8], but also prevents the development of pressure ulcers [9]. Furthermore, topical applications of a heparinoid-containing product significantly increased stratum corneum hydration in both young and aged humans [10–14], as well as both epidermal growth factor receptor inhibitor- and radiotherapy-induced skin dryness [15–17]. Additionally, a questionnaire survey found that twice-daily applications of a heparinoid cream or lotion for one month markedly improved skin dryness, pruritus and inflammation in subjects with atopic dermatitis, particularly in older patients [18]. Finally, several clinical studies demonstrated that topical Hirudoid® cream improves psoriasis with an efficacy comparable to triamcinolone urea cream [19, 20]. Collectively, this body of evidence suggests that topical heparinoid-containing cream can improve epidermal functions and inhibit inflammation.

Questions Addressed

To determine whether a topical heparinoid-containing product improves epidermal permeability barrier and the underlying mechanisms

Experiment Design

6–8 weeks old C57BL/6J mice were purchased Laboratory Animal Center, Academy of Military Medical Science (Beijing, China), and were fed with mouse diet and water *ad libitum* in our animal facility. Because Hirudoid® cream is a widely used heparinoid-containing product, we chose Hirudoid®s cream in this study. Hirudoid® cream contains mucopolysaccharide polysulfate (0.3%), thymol, propylene glycol, alcohols adipis lanæ, aromatics, methylparaben/propylparaben (E216/E218), etc., made by Mobilat Produktions GmbH, Germany and gifted by Kangzhe Pharmaceuticals Co., China. All primers for qPCR were from Sangon Biotech (Shanghai, China).

Experimental protocols:

All animal procedures were approved by the Animal Study Subcommittee of the Tianjin Medical University, and performed in accordance with their guidelines. Both flanks of 6–8 weeks old C57BL/6J mice were treated topically with Hirudoid® cream twice daily for 7

days. Untreated mice served as normal controls. 18 hours after the last topical treatment, skin samples were collected from both Hirudoid® cream-treated and untreated normal mice for analysis of mRNA expression. Dermis and epidermis was separated by heat separation [21]. The expression levels of mRNA for epidermal antimicrobial peptides, differentiation, proliferation and lipid synthetic enzymes were determined by qPCR.

Functional studies:

Following twice-daily treatments with Hirudoid® cream for 7 days, epidermal biophysical properties were measured using respective probe connected to an MPA5 physiology monitor (Courage+Khazaka electronic GmbH, Cologne, Germany) [22]. Permeability barrier recovery rates were assessed 2 and 4 hours after acute barrier disruption with tape-stripping [22].

Q-PCR for mRNA expression:

Total RNA was isolated from mouse skin, treated as described above, using TRI Reagent (Sigma). First strand cDNA was synthesized from 1 µg of total RNA with the iScript cDNA Synthesis Kit (Bio-Rad, Hercules, CA). The real-time PCR contained 20 ng of reversed transcribed total RNA, 450 nM forward and reverse primers, and 10 µl of 2× LightCycler 480 SYBR Green I Master in a final volume of 20 µl in 96-well plates using Mx3000P™ Real-time PCR System (Stratagene, La Jolla, CA). Quantification was performed by the comparative C_T method with mouse GAPDH used for normalization. Primers sequences are listed in supplemental Table 1. Relative expression of the mRNAs compared to mRNA in normal mice was calculated. Data are expressed as percentage of untreated normal control (setting normal controls as 100%) [22].

Statistics:

GraphPad Prism 5 software was used for all statistical analyses. Mann Whitney test was used to determine significances between the treated and untreated group. Data are expressed as mean ± SEM.

Results

Topical heparinoid-containing cream enhances epidermal permeability barrier homeostasis

Because clinical studies showed that topical heparinoid improved stratum corneum hydration in humans [10–17], we first assessed whether topical heparinoid-containing product, Hirudoid® cream, produces comparable benefits in mice. Indeed, twice-daily applications of Hirudoid® cream significantly elevated the levels of stratum corneum hydration, while neither baseline transepidermal water loss rates (TEWL) nor skin surface pH differed in Hirudoid® cream-treated versus untreated controls (Fig. 1a). We next determined whether topical Hirudoid® cream improves permeability barrier homeostasis, assessed as changes in the kinetics of permeability barrier recovery following 7-day treatments with Hirudoid® cream. As shown in Fig 1b, twice-daily treatments with Hirudoid® cream accelerated permeability barrier recovery after acute barrier disruption.

These results demonstrate that topical applications of Hirudoid® cream improve both basal stratum corneum hydration and permeability barrier homeostasis.

Topical Hirudoid® cream stimulates expression levels of epidermal mRNA for markers of epidermal structure, function and proliferation in mouse skin

As shown above, topical Hirudoid® cream enhanced permeability barrier homeostasis and stratum corneum hydration. Because both stratum corneum lipids and differentiation marker-related proteins are key determinants of functions [23,24], we next assessed changes in the expression levels of epidermal mRNA for these markers. As shown in Fig. 2a, topical Hirudoid® cream dramatically elevated expression levels of epidermal mRNA for epidermal lipid production and differentiation marker-related proteins, particularly filaggrin and involucrin. Yet, expression levels of PCNA and mouse beta defensin 3 (mBD3) (an analog of human beta defensin 2, HBD2) increased significantly following topical treatments with Hirudoid® cream (Fig 2b). These results indicate that topical heparinoid-containing cream stimulates epidermal differentiation, lipid synthesis, proliferation and antimicrobial defense.

Discussion

Although heparinoid-containing products have been deployed successfully to treat various disorders for over a half century, the basis for their putative benefits remains unknown. To gain insight into this issue, we assessed the transcription of a set genes known to regulate epidermal structure and functions. We demonstrate here that topical treatments with a heparinoid-containing cream dramatically enhanced the basal levels of stratum corneum hydration and the kinetics of permeability barrier recovery. Although the signaling mechanisms by which the heparinoid-containing cream improves epidermal function are unclear, upregulation of the expression levels of epidermal mRNA for several key components associated with epidermal function likely accounts for the improvements in epidermal functions. Because of the importance of filaggrin and ceramides in stratum corneum hydration [25–28], Hirudoid® cream-induced elevations in expression levels of epidermal mRNA for filaggrin and serine-palmitoyltransferase (SPT) could contribute to the improvements in stratum corneum hydration. In addition, Hirudoid® cream increased the expression levels of epidermal mRNA for lipid synthetic enzymes (HMGCoA reductase and SPT), as well as differentiation marker-related proteins, which could also contribute to the improvements in epidermal permeability barrier function. Our previous studies showed that status of epidermal permeability barrier parallels the expression levels of antimicrobial peptide, including cathelicidin-related antimicrobial peptide (CAMP or LL-37) and mBD3^[29], and accordingly we showed here that Hirudoid® cream increased mRNA levels of mBD3, an analog of HBD2, which primarily combats Gram-negative bacteria and *Candida* ^[30,31]. LL-37 exerts multiple functions, including antimicrobial property, permeability barrier homeostasis, and proinflammatory ‘alarm’ ^[32,33]. It is possible that reductions in expression levels of epidermal CAMP mRNA reflect additional anti-inflammatory benefits of heparinoid. Regarding the possible mechanisms by which heparinoid-containing cream increased PCNA expression, it is unclear. However, it has been demonstrated that glycosaminoglycan polysulphate and pentosane polysulphate could increase synthesis of cutaneous hyaluronan ^[34], while interaction of hyaluronan with its

receptor CD44 can stimulate epidermal proliferation and cutaneous wound healing [35,36]. Nevertheless, the present study clearly demonstrate that topical heparinoid-containing cream improves epidermal permeability barrier homeostasis and stratum corneum hydration.

The findings of the present work also suggest possible applications of heparinoid-containing products for other cutaneous disorders. First, a defective epidermal permeability barrier not only provokes production and release of proinflammatory cytokines in the epidermis [37], but also induces inflammatory infiltration in both the epidermis and the dermis [38,39]. Moreover, a key pathogenic role of defective permeability barrier in the development of atopic dermatitis and psoriasis is also well appreciated. Accordingly, improvements in epidermal permeability barrier can prevent and alleviate both atopic dermatitis and psoriasis [40–43]. Pertinently, at least one clinical study demonstrated that topical Hirudoid® cream improves atopic dermatitis [18]. Needless to mention that the benefit of heparinoid-containing cream in epidermal function would expand its clinical utility for the management of skin conditions accompanied and/or driven by a defective epidermal permeability barrier. Second, topical Hirudoid® cream also markedly upregulated expression levels of PCNA, a marker of cell proliferation, in the epidermis, suggesting that topical heparinoid-containing products could benefit cutaneous wound healing and skin conditions accompanied by poor epidermal proliferation, such as chronic glucocorticoid-treated skin and aged skin. Third, heparinoid-containing products could benefit cutaneous infections because of its upregulation of epidermal mBD3 mRNA expression. However, whether heparinoid-containing cream could benefit these dermatoses still require proper clinical trials.

In summary, topical applications of a heparinoid-containing cream improve epidermal permeability barrier and antimicrobial function, suggesting that heparinoid-containing products could be useful in the management of skin conditions accompanied by xerosis, certain infections, defective epidermal permeability barrier and/or poor proliferation and differentiation.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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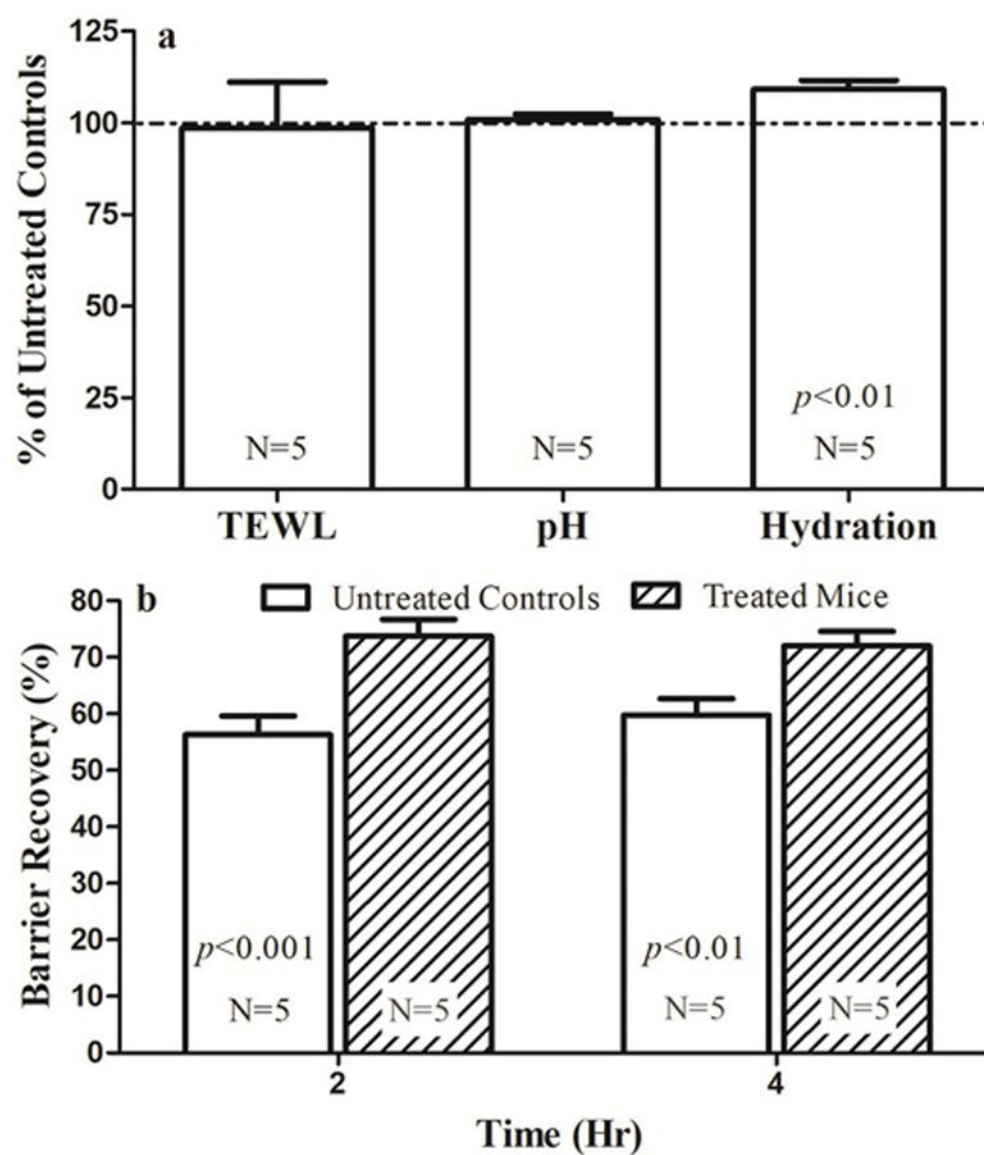


Figure 1. Topical Heparinoid-containing cream accelerates permeability barrier recovery. Figure 1a. Changes in basal epidermal function; Figure 1b. Barrier recovery rates. Data are normalized to untreated normal controls, setting controls as 100%. N=9 for all. Significances are indicated in the Figures.

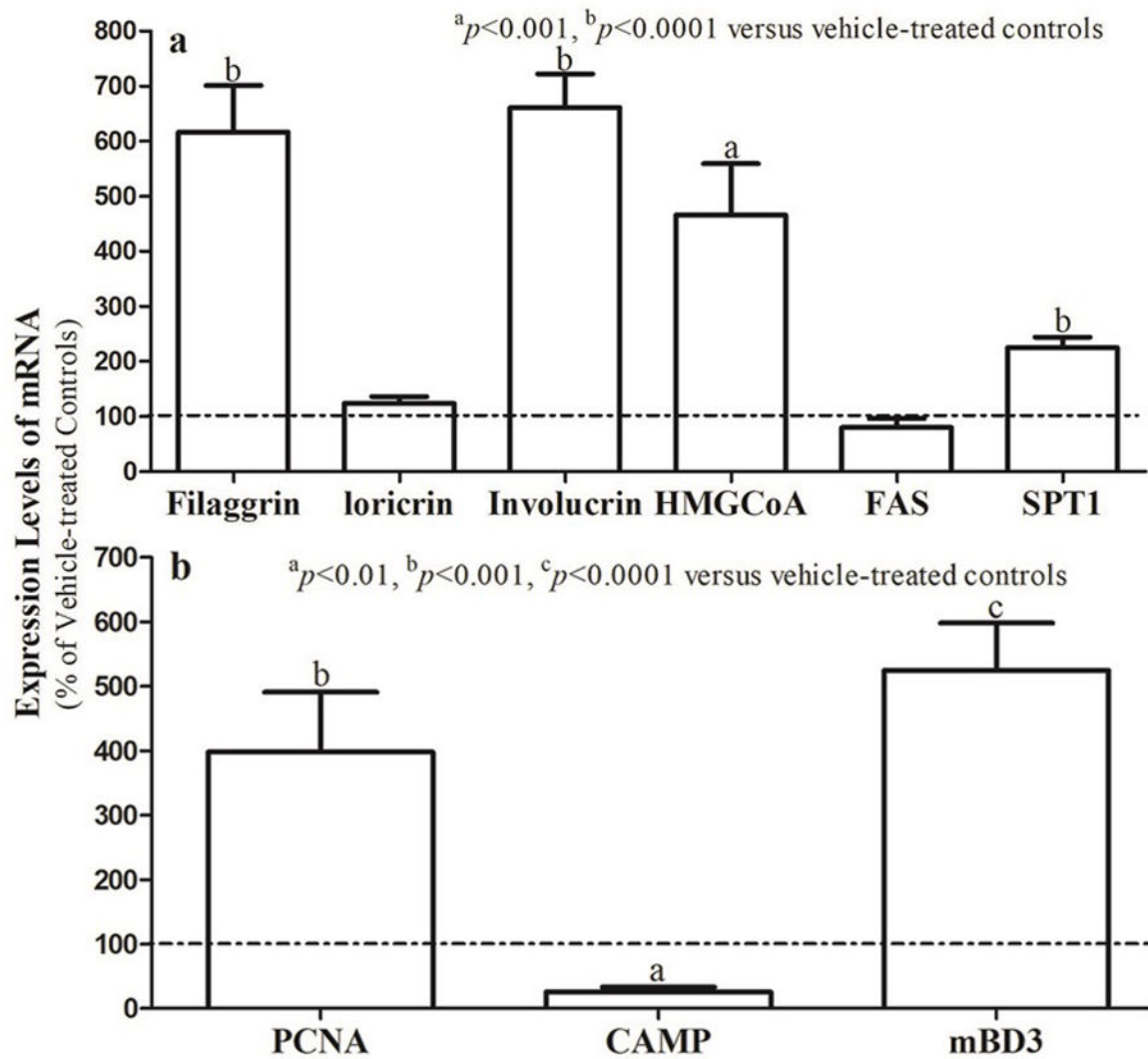


Figure 2. Topical Heparinoid-containing cream regulates expression levels of mRNA in the epidermis.

Figure 1a. Expression levels of mRNA for epidermal differentiation marker-related proteins and lipid synthetic enzymes; Figure 1b. Expression levels of mRNA for epidermal proliferation, stratum corneum hydration and antimicrobial defensin. Data are normalized to untreated normal controls, setting controls as 100%. N=9 for all. Significances are indicated in the Figures.