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CLINICAL IMAGE

Natural ear rings

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A 35-year-old lady presented with bilateral recurrent ear swellings following ear piercing.

Key Clinical Message

Ear lobe keloids are common following ear piercing and these lesions are conspicuous and cosmetically unappealing. Multiple methods including surgery, radiotherapy, anti mitotic agents, silicone sheet, pressure clips, and cryotherapy have been used. The Challenge is to have a good cosmetic outcome with minimal recurrence.

Keywords

Keloid, recurrence.

Question: Diagnose the clinical condition?





Discussion

Ear piercing is a custom in India. Different people have different ways, methods, and positions of piercing. This patient had multiple piercings done to both her ears. The piercing on the middle of the helix in both ears resulted in keloids formation. These Keloids were excised but they recurred, which is characteristic of a Keloid. Adjuncts were not used [1]. Keloids are known to

occur after ear needle piercing [2, 3]. The patient declined operative intervention and was managed conservatively.

Conflict of Interest

None declared.

References

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