

UCLA

UCLA Previously Published Works

Title

Safety and efficacy of immune checkpoint therapy for the treatment of patients with cardiac metastasis: a multicenter international retrospective study.

Permalink

<https://escholarship.org/uc/item/83g8g3x7>

Journal

Journal for ImmunoTherapy of Cancer, 13(3)

Authors

Nassar, Amin
Abou Alaiwi, Sarah
El Zarif, Talal
[et al.](#)

Publication Date

2025-03-03

DOI

10.1136/jitc-2024-009364

Peer reviewed

Safety and efficacy of immune checkpoint therapy for the treatment of patients with cardiac metastasis: a multicenter international retrospective study

Amin H Nassar ¹, Sarah Abou Alaiwi,¹ Talal El Zarif,¹ Ryan Denu,² Walid Macaron,² Noha Abdel-Wahab,² Dory Freeman,³ Alexi Vasbinder,⁴ Salim Hayeck,⁴ Elizabeth Anderson,⁴ Rachel S Goodman ⁵, Douglas B Johnson,⁵ Shirly Grynberg,⁶ Ronnie Shapira,⁶ Jennifer M Kwan,¹ Rachel Woodford,⁷ Georgina V Long,⁷ Tarek Haykal,^{8,9} Susan Dent,⁸ Yuki Kojima,¹⁰ Kan Yonemor,¹⁰ Ankita Tandon,¹¹ Alexandra Trevino,¹² Nausheen Akhter,¹² Eric H Yang,¹³ Gavin Hui,^{13,14} Alexandra Drakaki,^{13,14} Edward El-Am,¹⁵ Elie Kozaily,¹⁵ Ahmad Al-Hader,¹⁵ Elias Bou Farhat,¹⁶ Priyanka Babu,¹ Arjun Mittra,¹⁷ Mingjia Li,¹⁷ Nicholas Jones,¹⁷ Javier Baena,¹⁸ Mercedes Juarez Herrera,¹⁸ Simone Foderaro,¹⁹ Frank Aboubakar Nana,²⁰ Chul Kim ²¹, Paul Sackstein,²¹ Kaushal Parikh,²² Aakash P Desai,²² Caleb Smith,²² Alessio Cortellini ^{23,24,25}, David J Pinato ^{25,26}, James Korolewicz,²⁵ Nerea Lopetegui-Lia,²⁷ Pauline Funchain,²⁷ Arrush Choudhary,²⁸ Aarti Asnani,²⁸ Vishal Navani ²⁹, Daniel Meyers,²⁹ Igor Stukalin,²⁹ Jesus Antonio Ocejo Gallegos ³⁰, Jonathan Trent,³⁰ Sanobar Nusrat,³¹ Carmel Malvar,³² Rana R McKay,³² Tomas G Neilan,³³ Toni K Choueiri,³⁴ Abdul Rafah Naqash³¹

To cite: Nassar AH, Abou Alaiwi S, El Zarif T, *et al*. Safety and efficacy of immune checkpoint therapy for the treatment of patients with cardiac metastasis: a multicenter international retrospective study. *Journal for ImmunoTherapy of Cancer* 2025;**13**:e009364. doi:10.1136/jitc-2024-009364

► Additional supplemental material is published online only. To view, please visit the journal online (<https://doi.org/10.1136/jitc-2024-009364>).

AHN, SAA and TEZ contributed equally.
TKC and ARN contributed equally.



© Author(s) (or their employer(s)) 2025. Re-use permitted under CC BY-NC. No commercial re-use. See rights and permissions. Published by BMJ Group.

For numbered affiliations see end of article.

Correspondence to

Dr Abdul Rafah Naqash;
abdulrafah-naqash@ouhsc.edu

Toni K Choueiri;
toni_choueiri@dfci.harvard.edu

ABSTRACT

Background Data on the safety profiles and clinical outcomes of patients with solid tumors and cardiac metastasis treated with immune checkpoint inhibitors (ICIs) are limited.

Methods This is an international multicenter retrospective study of patients with cancer and cardiac metastasis at baseline. Patients who had received ≥ 1 dose of ICI were included. Treatment-related adverse events (trAEs) were graded per Common Terminology Criteria for Adverse Event V.5.0. Objective response rates (ORR) were evaluated by Response Evaluation Criteria in Solid Tumors V.1.1 when available. Overall survival (OS) and progression-free survival (PFS) were estimated by the Kaplan-Meier method.

Results Among 110 pts, median age at ICI initiation was 65 (IQR: 59–75). Median follow-up time since ICI initiation was 36 (95% CI: 26 to 51) months. Melanoma (38%, n=42) and non-small cell lung cancer (24%, n=26) were the most common. 68 (62%) patients received ICIs as first-line, and 29 (26%) patients were treated with combination anti-programmed death-1 and anti-cytotoxic T-lymphocyte antigen 4. The most common location of cardiac metastasis was in the atria (37%, n=41) and ventricles (35%, n=39). 15 patients (13.6%) had bilateral cardiac/pericardial metastasis, 44 (40%) had left-sided, and 43 (39.8%) had right-sided. At ICI initiation, 21% (n=23) had a cardiac thrombus. Cardiology referrals and cardiac MRIs

WHAT IS ALREADY KNOWN ON THIS TOPIC

⇒ Cardiac metastases are common but often diagnosed post-mortem. Limited data exist on the safety and efficacy of immune checkpoint inhibitors (ICIs) in patients with cardiac metastases.

WHAT THIS STUDY ADDS

⇒ This study shows that ICIs can be safely administered to patients with cardiac metastases, with no increased rates of myocarditis or pericarditis. ICIs demonstrated efficacy, particularly in melanoma and non-small cell lung cancer, with responses observed in both cardiac masses and overall tumor burden. Right-sided cardiac metastases were associated with better survival compared with bilateral involvement.

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

⇒ These findings support the safe use of ICIs in patients with cardiac metastases and emphasize the need for multidisciplinary management.

at the time of cancer diagnosis were completed on 58 (53%) and 52 (47%) patients, respectively. Cardiac events occurred in 40 (36%) patients, including arrhythmias ($n=14$, 13%), arterial/venous emboli ($n=4$, 3.6%), and cardiac tamponade ($n=3$, 2.7%). 53 (47%) patients developed trAEs; most common were colitis/diarrhea ($n=16$, 15%), dermatitis ($n=13$, 12%), and hepatitis ($n=9$, 8.2%). ICI-related major cardiac trAEs occurred in 2 (1.8%) patients. 22 patients (20%) developed grade ≥ 3 trAE. Patients with multiple cardiac metastases had significantly lower responses to ICI-based regimens compared with patients with single cardiac metastasis (11% vs 63%, $p=0.02$). For melanoma, ORR, median PFS, and median OS were 38%, 9.0 months, and 28.9 months, respectively. 83% of patients with melanoma had concordant responses in overall disease burden and cardiac disease. 91 patients discontinued ICIs, and the main reason was progression or death in 55 (49%) patients.

Conclusions Among patients with pre-existing cardiac metastasis, ICIs demonstrated meaningful clinical efficacy with no increase in safety signals. Most patients had concordant responses in the overall disease burden and cardiac mass. Multidisciplinary teams are crucial for the appropriate management of patients with cardiac metastasis.

INTRODUCTION

Cardiac metastasis is an umbrella term that describes the distant spread of a tumor to any of the structures of the heart (pericardium, epicardium, myocardium, endocardium, great vessels, and coronary arteries, heart cavities).¹ Among cardiac tumors, metastases from distant primary tumors are at least 100-fold more common than primary malignant tumors originating from the heart.² Most cases of cardiac metastases tend to have a silent clinical presentation and are typically diagnosed post-mortem.³ Routes of cardiac metastases include direct infiltration from nearby structures, or hematogenous, lymphatic, or venous spread.⁴ The most common cancer types associated with cardiac metastases are lung cancer, breast cancer, and hematologic malignancies.⁴

Over the last 30 years, there has been a notable surge in the overall incidence of cardiac metastases, which may be attributed to advances in cancer diagnosis and treatment leading to increased life expectancy in addition to advances in cardiac imaging.⁵ Cardiac metastases are discovered at the time of autopsy in up to 9–20% of patients with a cancer diagnosis.^{6–8} Cardiac metastases carry a high mortality rate secondary to a heightened susceptibility to arrhythmias and compromised myocardial function. Limited retrospective data suggest that cardiac metastases correlate with poor survival compared with patients with distant metastases but lacking cardiac involvement.⁹

Immune checkpoint inhibitors (ICI) have revolutionized the treatment landscape of cancer, emerging as the standard of care for many malignancies.^{10–13} Limited case reports have reported the benefit of ICI in prolonging survival in patients with cardiac metastases.^{14 15} However, pharmacovigilance studies have raised some safety concerns regarding patients treated with ICIs who had increased rates of cardiac adverse events (arrhythmias, pericarditis and/or myocarditis, and cardiovascular death) compared with patients not receiving ICIs (HRs ranging between 2.1 and 4.9).¹⁶ While these major adverse cardiovascular events tend to be less than 1% in incidence,

they portend high morbidity and mortality, often leading to permanent therapy discontinuation.¹⁷ Consequently, clinicians may be hesitant to administer ICIs in patients with cardiac metastases due to the perceived risk of heightened cardiac adverse events in this unique and understudied population. A recent study showed that patients with metastatic melanoma and cardiac metastasis were significantly less likely to be treated with immunotherapy compared with those without cardiac metastasis (65% vs 80%).¹⁸ This may be particularly relevant for older adults (age >75), in whom clinicians often exhibit a lower threshold for discontinuing therapy, likely owing to the presence of underlying comorbidities and diminished physiological reserve.¹⁹ Thus far, the clinical outcomes, including the safety and efficacy of ICI therapy in patients with cardiac metastases, are not known or documented. In this multi-institutional, large-scale effort, the aim was to determine the safety and efficacy of ICIs among patients with cardiac metastases across all cancer types.

METHODS

Clinical cohort

In a retrospective multicenter study, clinical information was gathered from 20 participating institutions in Australia, Canada, Italy, Israel, Japan, Spain, UK, and the USA (online supplemental table 1). This retrospective study was approved by the institutional review board (IRB) at Dana-Farber Cancer Institute (DFCI) (Protocol #22–337) and local IRBs at participating sites, in accordance with the Declaration of Helsinki. Data were analyzed at DFCI.

Patients with cancer had to meet all the following criteria for inclusion: (1) diagnosed with a cancer with radiographic (including echocardiography, CT and MRI) or pathologic confirmation of distant spread to the heart prior to initiation of ICI. Metastatic involvement of the heart included either involvement of the pericardium, epicardium, myocardium, endocardium, great vessels, coronary arteries, or heart cavities; (2) received at least one dose of ICI therapy, defined as anti-programmed cell death protein 1/ligand 1 (PD-1/L-1) and/or anti-cytotoxic T-lymphocyte-associated antigen-4 (CTLA-4) alone or in combination with chemotherapy or tyrosine kinase inhibitors between 2015 and 2022. Patients who did not meet these criteria, including those with pericardial effusions only, were excluded.

Clinical outcomes and toxicity profiles

The primary endpoint of this study was the safety of ICI therapy defined by the number of treatment-related adverse events (trAEs) which were graded per the Common Terminology Criteria for Adverse Events V.5.0. Cardiac events were categorized as dysrhythmias, congestive heart failure, cardiac tamponade, embolic phenomena, pericardial effusion, syncope/obstruction, or valvulopathy. The secondary endpoints were (1) overall survival (OS), defined as the date of ICI initiation to death or censored

at the date of last follow-up (2) real-world progression-free survival (rwPFS): the time from ICI initiation to progression of disease or death, or censored on the date of last follow-up (3) objective response (ORRs) measured either by the clinical investigator or whenever possible per the Response Evaluation Criteria in Solid Tumors (RECIST) V.1.1 criteria for solid tumors. For ORR, responders were defined as patients with partial response (PR) or complete response (CR) at any time after the initiation of ICI and prior to starting another line of therapy. Concordance ORRs were compared between overall disease burden and the cardiac mass.

Statistical analysis

Descriptive statistics were used to characterize the patient demographics and clinical outcomes comprehensively. Multivariable Cox proportional hazards regression models were constructed to analyze rwPFS and OS, adjusting for predefined variables: number of prior systemic treatment lines, laterality of cardiac metastasis (bilateral, left, or right), radiation therapy directed at cardiac metastases, the count of cardiac metastases (single or multiple), and cancer type. Survival distributions for OS and PFS were estimated using the Kaplan-Meier method, and ORRs were quantified as percentages. Statistical analyses were executed using SAS V.9.4. For assessing ORR, we applied multinomial logistic regression to explore the relationships between the ORR and pertinent clinical variables, which included cancer type, the count and laterality of cardiac metastases, exposure to cardiac radiation, and the number of treatment lines. This model was adjusted for confounders selected based on their a priori identified potential impact. We evaluated the models for multicollinearity to ensure the validity of the regression results, presenting findings with ORs and their corresponding 95% CIs.

For the purpose of multivariable analysis, cancer types were aggregated into broader categories: gynecologic cancers (comprising breast, ovarian, and endometrial cancers), thoracic cancers (including mesothelioma, non-small cell lung cancer (NSCLC), and thymic cancers), sarcomas (encompassing chordoma and other sarcomas), genitourinary cancers (renal cell carcinoma and urothelial carcinoma), skin cancers (melanoma and Merkel cell carcinoma), head and neck cancers and thyroid cancer, and an “other” category for cancers not otherwise classified.

RESULTS

Clinico-pathological characteristics of cardiac metastasis cohort

A total of 110 patients with cardiac metastasis met the eligibility criteria for inclusion in this study. The median age was 65 years (IQR: 16). The most represented cancer types were cutaneous melanoma (n=42, 38%), NSCLC (n=26, 24%), and renal cell carcinoma (n=10, 9.1%, [table 1](#)). The majority of patients identified as white

Table 1 Baseline characteristics of patients with cardiac metastasis

	Total (N=110)
	N (%)
Age at ICI start: median (IQR)	65 (59–75)
Sex	
Females	35 (32)
Males	75 (68)
Race	
Asian	10 (9.1)
Black or African American	10 (9.1)
White	90 (82)
Ethnicity	
Hispanic/Latino	2 (2)
Non-Hispanic/non-Latino	105 (95)
Unknown	3 (3)
Region	
USA	93 (84.6)
Europe	3 (2.7)
Asia	7 (6.4)
Australia	7 (6.4)
Smoking	
Never	47 (43)
Former	51 (46)
Current	10 (9)
Unknown	2 (2)
Type of malignancy	
Skin cancer	
Cutaneous melanoma	42 (38)
Merkle cell carcinoma	4 (3.6)
Thoracic cancer	
NSCLC	26 (24)
Thymic carcinoma	1 (0.9)
Mesothelioma	1 (0.9)
Genitourinary cancer	
Renal cell carcinoma	10 (9.1)
Urothelial carcinoma	1 (0.9)
Head and neck squamous cell carcinoma/thyroid cancer	7 (6.3)
Gynecologic cancer	
Breast cancer	1 (0.9)
Endometrial cancer	1 (0.9)
Ovarian cancer	1 (0.9)
Sarcoma/chordoma	5 (4.5)
Others	10 (9.1)
Class of ICI used	
Anti-PD-1	69 (63)

Continued

Table 1 Continued

	Total (N=110)
Anti-PD-L1	6 (5.5)
Anti-PD-1+anti-CTLA-4	29 (26)
Anti-CTLA-4	6 (5.5)
ECOG PS at ICI start	
0	32 (29.1)
1	46 (41.8)
≥2	22 (20)
Unknown	10 (9.1)
Systemic lines prior to ICI	
0	71 (65.7)
1 or 2	32 (29.6)
≥3	5 (4.6)
Radiation to cardiac metastasis	
No	15 (13.9)
Yes	93 (86.1)
ECOG PS: Eastern Cooperative Oncology Group Performance Status	
CTLA-4, cytotoxic T-lymphocyte-associated antigen-4; ICI, immune checkpoint inhibitor; NSCLC, non-small cell lung cancer; PD-1, programmed cell death protein 1; PD-L1, programmed cell death protein ligand 1.	

(n=90, 83%, [table 1](#)). The median follow-up time since ICI initiation was 36 months (95%: CI 26 to 50). The median time of ICI initiation after diagnosis of cardiac metastasis was 0.9 months (IQR: 0.3–2.9). ICIs were administered in the first-line setting in 68 (62%) patients. The most common ICI regimens were chemotherapy-free anti-PD-(L-)1 regimens (n=66, 60%), chemoimmunotherapy (n=9, 8.2%), and dual anti-PD-1+anti-CTLA-4 (n=29, 26%). The majority of patients receiving ICI monotherapy were treated with anti-PD-1 agents (n=69, 63%), while six patients (5.5%) received anti-PD-L1 and anti-CTLA-4 monotherapy, respectively. Of 108 patients with radiation data available, 15 (13.9%) received radiation to the cardiac metastasis. The median dose was 33.4 Gy (IQR: 27.6–49.5). Cardiac MRIs were performed in 52 (n=47%) patients. 18 of 37 (49%) patients had troponin elevations above the upper limit of normal at the time of ICI initiation. Cardiology consultations prior to or at ICI initiation were performed in 58 (53%) patients. Of 91 patients who discontinued ICIs, the main reasons for discontinuation were progression or death in 55 (50%) patients, toxicity in 26 (24%) patients, and completion of therapy in 6 (5.5%) patients.

Cardiac events and toxicity profiles

Cardiac masses mostly involved the atria (n=41, 37%) or ventricles (n=39, 35%; [table 2](#)). The median diameter of the cardiac mass was 3.5 cm (IQR: 3.1). 40 patients (36%) developed adverse events related to the cardiac mass ([table 2](#)). Common adverse events included arrhythmias

Table 2 Cardiac features of metastasis to the heart

Diameter of cardiac mass (cm): median (IQR)	3.5 (2.3–5.4)
Cardiac events from cardiac mass	
None	70 (64%)
Cardiac tamponade	3 (2.7%)
CHF	9 (8.2%)
Arrhythmias	14 (13%)
Embolic phenomena	4 (3.6%)
Syncope/obstruction	3 (2.7%)
Valvulopathy	3 (2.7%)
Pericardial effusion	9 (8.2%)
Cardiac MRI	52 (47%)
Cardiac consult at ICI initiation	58 (53%)
Laterality of cardiac mass	
Left	44 (40%)
Right	43 (39.8%)
Bilateral	15 (13.6%)
Location of cardiac mass	
Atrial	41 (37%)
Ventricular	39 (35%)
Pericardial	10 (9.1%)
Multiple	18 (16%)
Cardiac thrombus at ICI initiation	23 (21%)
CHF, Congestive heart failure; ECOG PS, Eastern Cooperative Oncology Group Performance Status; ICI, immune checkpoint inhibitor.	

(n=14, 13%), pericardial effusions (n=9, 8.2%), and congestive heart failure (n=9, 8.2%). One patient with an interatrial mass developed complete heart block. Of the entire cohort, 23 (21%) had cardiac thrombi at the time of ICI initiation that were detected radiographically.

Cardiac trAEs occurred in 2 (1.8%) patients. One was sinus tachycardia accompanied by chest pain, and the other was non-ST elevation myocardial infarction, and both cardiac trAEs prompted ICI discontinuation.

There were no cases of ICI-related myocarditis or pericarditis identified in our cohort.

Overall, 53 (48%) patients developed all-grade trAE ([figure 1](#)). The most common trAE were colitis/diarrhea (n=16, 15%), dermatitis (n=13, 12%), and hepatitis (n=9, 8.2%). 22 patients (20%) developed grade ≥3 trAE, most commonly colitis/diarrhea (n=8, 7.3%), dermatitis (n=3, 2.7%), pneumonitis (n=3, 2.7%), and hepatitis (n=3, 2.7%, [figure 1](#)). There was a significant enrichment for trAEs among patients treated with dual ICIs compared with ICI monotherapy (66% vs 42%, p=0.03). Systemic steroids were used in 35 (32%) patients with 21 patients requiring doses >1 mg/kg prednisone. Two (1.8%) patients required additional immunosuppression (one mofetil and one infliximab).

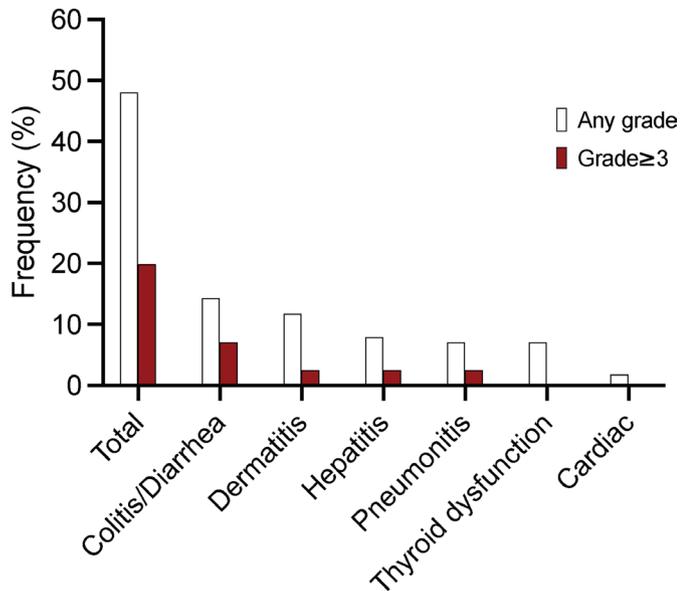


Figure 1 Distribution of trAEs in patients with cardiac metastasis treated with immune checkpoint inhibitor-based regimens. The sum of individual trAEs does not add up to the total as a subset of patients had more than one trAE. trAE, treatment-related adverse event.

Survival outcomes and response rates

Among 110 patients treated with ICIs for advanced cancers, the median OS was 12.2 months (95% CI: 9.1 to 19.6 months), and the median PFS was 5.6 months (95% CI: 4.3 to 9.0 months). ORR were assessed using RECIST V.1.1 criteria in 35 patients (33%) and by investigator assessment in 72 patients (67%). Of 107 patients evaluable for response, ORR was 34% with 6 patients with CR and 31 with PR. Of 98 patients with evaluable response in the cardiac mass, 37 (38%) patients achieved PR or CR in the cardiac mass. The concordance rate between cardiac and overall disease burden response rates was 88%. Of the 110 patients, 15 (13.6%) patients had bilateral cardiac or pericardial metastasis, 44 (40%) had left-sided cardiac or pericardial metastasis, and 43 (39.8%) had right-sided cardiac or pericardial metastasis. On multivariable analysis, there was no statistically significant difference between laterality of cardiac metastasis and PFS. Thoracic cancers and more than two prior lines of systemic therapy were associated with significantly lower PFS compared with skin cancer (thoracic cancers: HR=2.22, 95% CI: 1.17 to 4.2, $p=0.014$, [figure 2](#)). None of the other covariates (methods) were associated with PFS. For OS, head and neck, thyroid cancers, thoracic cancers, and more than two prior lines of systemic therapy were significantly associated with worse OS compared with skin cancers (head and neck, thyroid cancers: HR=9.3, 95% CI: 2.29 to 37.48, $p=0.002$); thoracic cancers: HR=7.16, 95% CI: 2.23 to 23.06 $p<0.001$). Right-sided tumors had significantly longer OS compared with bilateral tumors (HR=0.44, 95% CI: 0.2 to 0.98, $p=0.04$, [figure 2](#)). For ORR, the adjusted multinomial logistic regression model showed that patients with “other cancers” were

significantly enriched for responders compared with skin cancers (OR=2.2, 95% CI: 1.10 to 4.29, $p=0.02$). None of the other covariates were associated with ORR.

Out of 42 patients with metastatic cutaneous melanoma, 34 (81%) patients received ICI in the first-line setting and 18 (43%) were on combination ICI. Median OS was 28.9 months (95% CI: 13.5 to 56.8 months, [figure 3](#)), and the median PFS was 9.0 months (95% CI: 5.1 to 21.3 months, [figure 3](#)). For 39 patients with cutaneous melanoma and evaluable response data, ORR was 38% ($n=15$) including 3 patients with CR. The concordance rate between cardiac and overall disease burden response rates was 83% ([figure 4](#)). Five patients achieved response in their cardiac mass but either had stable disease ($n=3$) or progressive disease (PD; $n=2$) in other non-cardiac sites as best response ([figure 4](#)). In contrast, one patient achieved PR in other sites but had PD in the cardiac mass.

Out of 26 patients with metastatic NSCLC, median OS was 9.7 months (95% CI: 5.8 to 14.4 months, [figure 3](#)), and the median PFS was 4.7 months (95% CI: 3.2 to 11.2 months, [figure 3](#)). The ORR for patients with NSCLC was 24% with all six responders achieving PR as best response. The concordance rate between cardiac and overall disease burden response rates was 83% ([figure 4](#)). Of four discordant patients, three achieved response in their cardiac mass but had SD ($n=3$) in other disease, whereas one patient achieved PR in the body but PD in the cardiac mass.

DISCUSSION

With increasing awareness and improvement of the diagnostic accuracy of imaging modalities on one hand, and the broad-scale regulatory approval of ICIs for various cancer types on the other, we are more likely to identify patients with cardiac metastasis who are candidates for ICI treatment. Immunotherapy has been associated with a 1-year absolute risk of cardiac adverse events in close to 7–10% in patients with lung cancer and melanoma.¹⁶ As such, it is vital to better understand and acknowledge both the clinical benefit and the potential cardiac risk inherent to the use of ICIs, particularly in this select patient population. In our cohort, we did not find any additional safety signals with ICI treatment, although the rate of cardiac trAEs was threefold higher than previously reported in a large cohort of 6,925 patients who received anti-PD-(L)1-based therapies (rate of major adverse cardiac events of 0.6%).¹⁷ Moreover, cardiac events from cardiac metastasis occurred in more than one-third of patients consistent with prior retrospective data.¹⁸ Of note, we did not have patients in our cohort who developed ICI-related myocarditis or pericarditis. Finally, among patients with melanoma and NSCLC, ICIs demonstrated consistent clinical responses in the cardiac mass itself and the overall disease burden.

Prior work suggested that mortality at 2 years was higher for patients with melanoma and cardiac metastasis compared with those without.¹⁸ However, our findings

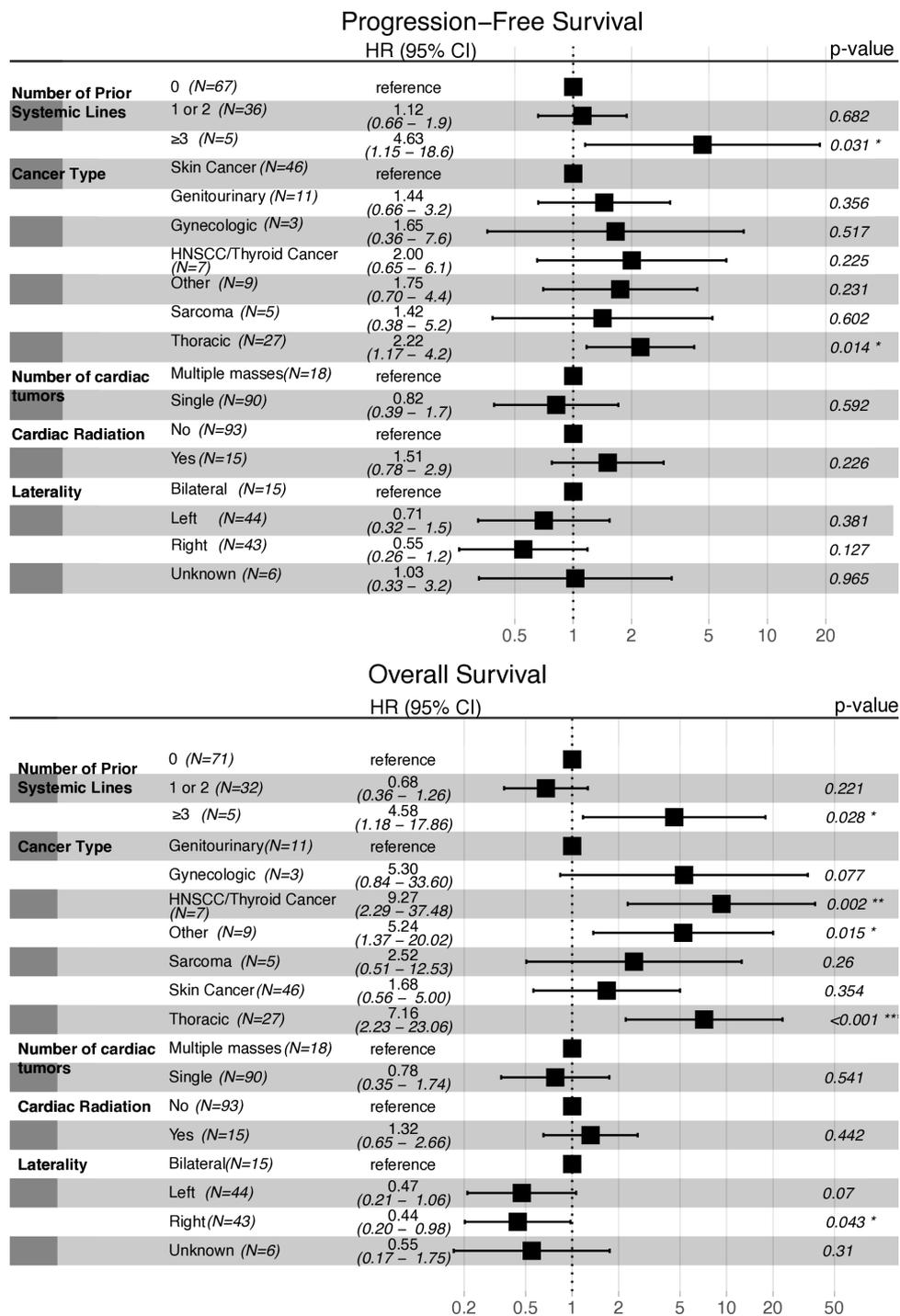


Figure 2 Forest plot for patients with progression-free survival and overall survival data. Covariates are shown. Cox regression p values are indicated on the right. Bars represent the 95% CI. HNSCC, head and neck squamous cell carcinoma.

reveal meaningful clinical benefit in patients with melanoma and NSCLC treated with ICIs, extending responses to cardiac masses. We also noted concordance rates above 80% between responses in the cardiac mass and overall disease burden. This contrasts with our recent study on ICIs among patients with primary cardiac sarcomas, where ORRs were 11%.²⁰ Moreover, responses in the heart surpassed those observed in the brain, traditionally considered a sanctuary site, where a recent phase II trial of pembrolizumab among patients of different tumor

histologies with brain metastasis showed a response rate of 8.8%.²¹ This underscores the potential efficacy of immunotherapy in managing secondary cardiac masses. Additionally, our data suggest the need for further exploration to better understand the differences in the cardiac metastasis microenvironment and associated genetic markers compared with the primary tumor.

In the overall cohort, right-sided cardiac metastases were associated with significantly longer OS compared with bilateral cardiac metastases. A plausible explanation

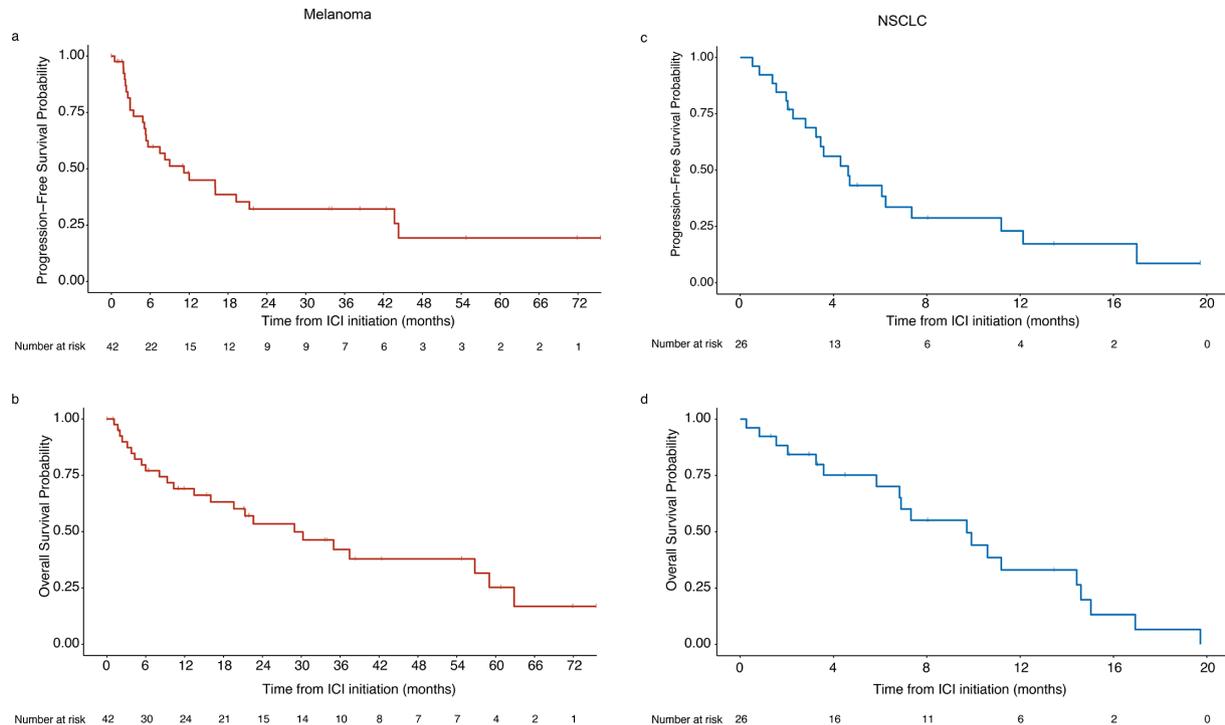


Figure 3 Survival outcomes for patients with cardiac metastasis among common tumor types. Progression-free survival (a) and overall survival (b) of 42 patients with cutaneous melanoma treated with immune checkpoint inhibitor (ICI)-based regimens. Progression-free survival (c) and overall survival (d) of 26 patients with NSCLC treated with ICI-based regimens. NSCLC, non-small cell lung cancer.

is that bilateral cardiac involvement may exacerbate the risk of tumor embolization into both the pulmonary and systemic circulations. This heightened embolic risk could accelerate clinical deterioration and reduce survival. In contrast, right-sided tumors, confined to the pulmonary circuit, may present a lower embolic burden, allowing for more effective management and potentially contributing to the observed survival benefit.²

In our cohort, cardiology specialists were involved in just over 50% of patients with cardiac metastasis. Our study underscores the importance of involving a

multidisciplinary team, especially including cardiologists and cardio-oncologists, in the evaluation and management of patients with cardiac metastasis. Cardio-oncology consultation, in particular, can lead to more integrated decision-making that encompasses various aspects of the patient's disease, including cancer, cancer treatment, and cardiovascular comorbidities (eg, cardiac imaging features relevant to risk of adverse events associated with the metastasis). Overall, early collaboration is crucial to safeguard patients' cardiac health, enhance their quality of life, and manage any ensuing cardiac events or cardiotoxicity.^{22,23}

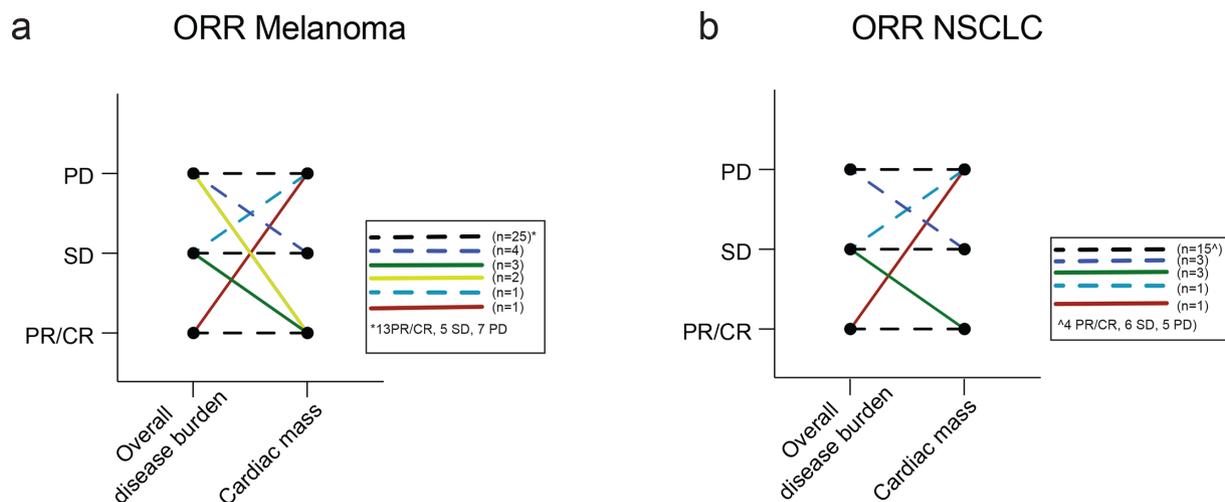


Figure 4 Concordance rates in overall response rate (ORR) between overall disease burden and cardiac mass. Solid lines refer to discordant ORRs. Dashed lines refer to concordant ORRs. (a) cutaneous melanoma (b) NSCLC. CR, complete response; NSCLC, non-small cell lung cancer; PR, partial response; SD: Stable disease; PD: Progressive disease.

Our work has several limitations. First, our study was retrospective and prone to potential selection bias, as patients were mostly treated at academic centers and in countries where ICIs and advanced imaging modalities such as cardiac MRI are available. Moreover, given the lack of autopsy data, the numbers we report are likely an underestimation and involve selection bias against patients with asymptomatic cardiac involvement. Second, response evaluations were a mix of objective response assessments by RECIST V.1.1 (when available from the radiologist) and investigator-based evaluations. Third, the incidence of trAEs is lower than expected based on publicly reported trAE rates. This may be because patients were treated outside of clinical trials and thus subject to suboptimal capture of events. However, the rate of higher grade trAEs (grade ≥ 3) is less likely to be burdened by under-reporting. It can also be challenging to differentiate between trAEs and cardiac events as a result of the cardiac mass itself. Another limitation is that most cardiac masses were diagnosed radiographically rather than pathologically. However, this is in line with clinical practice, as we seldom perform additional tissue sampling due to the high-risk nature of cardiac biopsies, especially if metastatic involvement has been confirmed at another anatomic location. To circumvent this, all cases were adjudicated by radiology experts as having a malignant appearance. Finally, the heterogeneous mix of cancer types in the cohort may have influenced the frequency and distribution of cardiac events and trAEs.

In conclusion, this retrospective study demonstrated that ICIs can be safely administered to patients with cardiac metastasis and have meaningful clinical efficacy both in the cardiac mass itself and the overall tumor burden. Cardiac metastases can still be associated with cardiac events, and hence a multidisciplinary team including oncologists, cardiologists, hematologists, cardiac rehabilitation professionals, primary care providers, and others is essential in both routine clinical practice and clinical trials.

Author affiliations

- ¹Yale University School of Medicine, New Haven, Connecticut, USA
- ²Division of Cancer Medicine, University of Texas MD Anderson Cancer Center, Houston, Texas, USA
- ³Department of Medicine, Massachusetts General Hospital, Boston, Massachusetts, USA
- ⁴Division of Cardiovascular Medicine, Department of Internal Medicine, University of Michigan, Ann Arbor, Michigan, USA
- ⁵Department of Medicine, Vanderbilt University Medical Center and Vanderbilt Ingram Cancer Center, Nashville, Tennessee, USA
- ⁶Ella Lemelbaum Institute of Immuno-Oncology, Sheba Medical Center, Ramat Gan, Israel
- ⁷Melanoma Institute Australia, The University of Sydney, Sydney, New South Wales, Australia
- ⁸Duke Cancer Institute, School of Medicine, Duke University, Durham, North Carolina, USA
- ⁹Department of Internal Medicine, Division of medical Oncology, The Ohio State University College of Medicine, Columbus, Ohio, USA
- ¹⁰National Cancer Center Hospital, Tokyo, Japan
- ¹¹Department of Medical Oncology, Loyola University Medical Center, Maywood, Illinois

- ¹²Division of Cardiology, Northwestern University Feinberg School of Medicine, Chicago, Illinois, USA
- ¹³UCLA Cardio-oncology Program, Division of Cardiology, Department of Medicine, University of California at Los Angeles, Los Angeles, California, USA
- ¹⁴Hematology/Oncology Department, David Geffen School of Medicine, Los Angeles, California, USA
- ¹⁵Department of Medicine, Indiana University School of Medicine Eskenazi Hospital, Indianapolis, Indiana, USA
- ¹⁶Brigham and Women's Hospital, Boston, Massachusetts, USA
- ¹⁷Division of Medical Oncology, The Ohio State University, Columbus, Ohio, USA
- ¹⁸Department of Medical Oncology, Hospital 12 de Octubre, Madrid, Spain
- ¹⁹Department of Medical Oncology, Campus Bio-Medico University of Rome, Rome, Italy
- ²⁰Division of Pneumology, Cliniques universitaires Saint-Luc, Brussels, Belgium
- ²¹Lombardi Comprehensive Cancer Center, MedStar Georgetown University Hospital, Washington, DC, Washington, DC, USA
- ²²Division of Medical Oncology, Mayo Clinic, Rochester, New York, USA
- ²³Operative Research Unit of Medical Oncology, Fondazione Policlinico Universitario Campus Bio-Medico, Roma, Italy
- ²⁴Department of Medicine and Surgery, Università Campus Bio-Medico di Roma, Roma, Italy
- ²⁵Department of Surgery and Cancer, Imperial College London, Hammersmith Hospital Campus, London, UK
- ²⁶Division of Oncology, Department of Translational Medicine, University of Piemonte Orientale, Novara, Italy
- ²⁷Department of Medical Oncology, Cleveland Clinic, Cleveland, Ohio, USA
- ²⁸Division of Cardiovascular Medicine, Beth Israel Deaconess Medical Center, Boston, Massachusetts, USA
- ²⁹Tom Baker Cancer Centre, University of Calgary, Calgary, Alberta, Canada
- ³⁰Department of Medicine, University of Miami Miller School of Medicine, Miami, Florida, USA
- ³¹Stephenson Cancer Center, University of Oklahoma, Oklahoma City, Oklahoma, USA
- ³²Moore's Cancer Center, University of California San Diego, La Jolla, California, USA
- ³³Cardio-Oncology Program, Division of Cardiology, Massachusetts General Hospital, Boston, Massachusetts, USA
- ³⁴Division of Medical Oncology, Dana-Farber Cancer Institute, Boston, Massachusetts, USA

X Amin H Nassar @AminNassarMD, Chul Kim @chulkimMD, Vishal Navani @navstruck, Jesus Antonio Oejo Gallegos @ja_ojejo and Abdul Rafah Naqash @thenasheffect

Contributors Conception and design: AHN, SAA, TEZ, ARN, TKC. Administrative support: AHN, SAA, TEZ, ARN, TKC. Guarantor of the study: ARN. Provision of study materials or patients: AHN, ARN, TKC. Collection and assembly of data: All authors. Data analysis and interpretation: AHN, SAA, TEZ. Manuscript writing: All authors. Final approval of manuscript: All authors. Accountable for all aspects of the work: All authors.

Funding The authors have not declared a specific grant for this research from any funding agency in the public, commercial or not-for-profit sectors.

Competing interests AHN receives honoraria from OncLive, TEMPUS, and Korean Society for Medical Oncology. Consulting fees: Guidepoint Global. EHY: Research funding/grants from CSL Behring, Boehringer Ingelheim and Eli and Lilly, Bristol Myers Squibb, and Amgen. Consulting fees from Pfizer, Xencor. RRM: consultant/advisor: AstraZeneca, Ambrx, Aveo, Bayer, Blue Earth Diagnostics, Bristol-Myers Squibb, Calithera, Caris, Dendreon, Exelixis, Eisai, Johnson & Johnson, Lilly, Merck, Myovant, Novartis, Pfizer, Sanofi, Seagen, Sorrento, Telix, Tempus. AD: Ad Board/Consulting for: SeaGen, Astra Zeneca, Merck, EMD Serono, Exelixis, Eli Lilly, Infinity, Roche. DJP: Lecture fees: Bayer Healthcare, Astra Zeneca, Eisai, Bristol Myers-Squibb, Roche, Ipsen; Travel expenses: Bristol Myers-Squibb, Roche, Bayer Healthcare; Consulting fees: Mina Therapeutics, Boehringer Ingelheim, Ewopharma, Eisai, Ipsen, Roche, H3B, Astra Zeneca, DaVolterra, Mursla, Avammune Therapeutics, LiFT Biosciences, Exact Sciences; Research funding (to institution): MSD, BMS, GSK. Alessio Cortellini received grants for consultancies/advisory boards: BMS, MSD, OncoC4, IQVIA, Roche, GSK, AstraZeneca, Access Infinity, Ardelis Health and REGENERON. He also received speaker fees from AstraZeneca, Eisai, MSD, SANOFI/REGENERON and Pierre-Fabre. KN receives honorarium from Pfizer, Eisai, AstraZeneca, Eli Lilly, Takeda, Chugai, Fuji Film Pharma, PDR pharma, MSD, Boehringer Ingelheim, Ono, Daiichi-Sankyo, Bayer, Jansen, and Sanofi. Advisory

board: Eisai, AstraZeneca, Sanofi, Genmab, Gliad, OncXerna, Takeda, Novartis, MSD, Henlius. Research support (to institution): MSD, Daiichi-Sankyo, Merck Biopharma, AstraZeneca, Taiho, Pfizer, Novartis, Takeda, Chugai, Ono, Sanofi, Seattle Genetics, Eisai, Eli Lilly, Genmab, Boehringer Ingelheim, Kyowa Hakko Kirin, Nihon Kayaku, Haihe. Principal investigator: MSD, Daiichi-Sankyo, AstraZeneca, Taiho, Merck Biopharma Pfizer, Novartis, Takeda, Chugai, Ono, Sanofi, Seattle Genetics, Eisai, Eli Lilly, Genmab, Boehringer Ingelheim, Kyowa Hakko Kirin, Nihon Kayaku, Haihe. SG received honoraria from BMS, MSD, Sanofi, Novartis, Medison, Merck Serono. JE receives honoraria from Roche, AstraZeneca, and BMS. Consulting: Roche. Expert testimony: Roche. Travel expenses: MSD. SD: consultancy role with AstraZeneca, Gilead Sciences, Pfizer, Novartis, Myocardial Solutions, Eli Lilly none relevant to this manuscript. Funding: None. TKC reports: Institutional and/or personal, paid and/or unpaid support for research, advisory boards, consultancy, and/or honoraria past 5 years, ongoing or not, from: Alkermes, AstraZeneca, Aravive, Aveo, Bayer, Bristol Myers-Squibb, Calithera, Circle Pharma, Deciphera Pharmaceuticals, Eisai, EMD Serono, Exelixis, GlaxoSmithKline, Gilead, HiberCell, IQVA, Infinity, Ipsen, Jansen, Kanaph, Lilly, Merck, Nikang, Neomorph, Nuscan/PrecedeBio, Novartis, Oncohost, Pfizer, Roche, Sanofi/Aventis, Scholar Rock, Surface Oncology, Takeda, Tempest, Up-To-Date, CME events (Peerview, OncLive, MJH, CCO and others), outside the submitted work; Institutional patents filed on molecular alterations and immunotherapy response/toxicity, and ctDNA; Equity: Tempest, Pionyr, Osel, Precede Bio, CureResponse, InnDura Therapeutics, Primium; Committees: NCCN, GU Steering Committee, ASCO/ESMO, ACCRU, KidneyCan; Medical writing and editorial assistance support may have been funded by Communications companies in part; No speaker's bureau; Mentored several non-US citizens on research projects with potential funding (in part) from non-US sources/Foreign Components; The institution (Dana-Farber Cancer Institute) may have received additional independent funding from drug companies or/and royalties potentially involved in research around the subject matter; TKC is supported in part by the Dana-Farber/Harvard Cancer Center Kidney SPORE (2P50CA101942-16) and Program 5P30CA006516-56, the Kohlberg Chair at Harvard Medical School and the Trust Family, Michael Brigham, Pan Mass Challenge, Hinda and Arthur Marcus Fund and Loker Pinard Funds for Kidney Cancer Research at DFCl. ARN reports Funding to Institution for Trials he is PI on: Loxo@Lilly, Surface Oncology, ADC Therapeutics, IGM Biosciences, EMD Serono, Aravive, Nikang Therapeutics, Inspira, Exelixis, Revolution Medicine, Jacobio, Pionyr, Jazz Pharmaceuticals, NGM Biopharmaceuticals. ARN receives Consultant Editor Compensation: JCO Precision Oncology. Consulting/Advisory Board: Foundation Med. ARN reports Travel Compensation from: SITC/ AACR/ Conquer Cancer Foundation, Jazz Pharmaceuticals, Binay Tara Foundation, Foundation Med Funding: None.

Patient consent for publication Not applicable.

Ethics approval This study involves human participants and was approved by the Institutional Review Board (IRB) at Dana-Farber Cancer Institute (DFCl) Protocol #22-337. Participants gave informed consent to participate in the study before taking part.

Provenance and peer review Not commissioned; externally peer-reviewed.

Data availability statement Data are available upon reasonable request. Patient-level data will be provided on a case-by-case basis upon specific requests made to the authors (AHN or ARN) after appropriate data agreements due to pre-existing IRB and cross-institutional data usage requirements.

Supplemental material This content has been supplied by the author(s). It has not been vetted by BMJ Publishing Group Limited (BMJ) and may not have been peer-reviewed. Any opinions or recommendations discussed are solely those of the author(s) and are not endorsed by BMJ. BMJ disclaims all liability and responsibility arising from any reliance placed on the content. Where the content includes any translated material, BMJ does not warrant the accuracy and reliability of the translations (including but not limited to local regulations, clinical guidelines, terminology, drug names and drug dosages), and is not responsible for any errors and/or omissions arising from translation and adaptation or otherwise.

Open access This is an open access article distributed in accordance with the Creative Commons Attribution Non Commercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited, appropriate credit is given, any changes made indicated, and the use is non-commercial. See <http://creativecommons.org/licenses/by-nc/4.0/>.

ORCID iDs

Amin H Nassar <http://orcid.org/0000-0002-4507-2396>

Rachel S Goodman <http://orcid.org/0000-0001-7992-8108>

Chul Kim <http://orcid.org/0000-0003-0191-8684>

Alessio Cortellini <http://orcid.org/0000-0002-1209-5735>

David J Pinato <http://orcid.org/0000-0002-3529-0103>

Vishal Navani <http://orcid.org/0000-0002-6795-009X>

Jesus Antonio Ocejo Gallegos <http://orcid.org/0000-0002-0664-2376>

REFERENCES

- Bussani R, De-Giorgio F, Abbate A, *et al.* Cardiac metastases. *J Clin Pathol* 2007;60:27–34.
- Reynen K, Köckeritz U, Strasser RH. Metastases to the heart. *Ann Oncol* 2004;15:375–81.
- Kazemi NY, Jain C, Bois MC, *et al.* Heart Block Caused by Cardiac Metastasis From Merkel Cell Carcinoma: A Case Report. *Mayo Clin Proc Innov Qual Outcomes* 2019;3:510–6.
- Goldberg AD, Blankstein R, Padera RF. Tumors metastatic to the heart. *Circulation* 2013;128:1790–4.
- Butany J, Leong SW, Carmichael K, *et al.* A 30-year analysis of cardiac neoplasms at autopsy. *Can J Cardiol* 2005;21:675–80.
- Bruce CJ. Cardiac tumours: diagnosis and management. *Heart* 2011;97:151–60.
- Yusuf SW, Bathina JD, Qureshi S, *et al.* Cardiac tumors in a tertiary care cancer hospital: clinical features, echocardiographic findings, treatment and outcomes. *Heart Int* 2012;7:e4.
- Al-Mamgani A, Baartman L, Baaijens M, *et al.* Cardiac metastases. *Int J Clin Oncol* 2008;13:369–72.
- Pun SC, Plodkowski A, Matasar MJ, *et al.* Pattern and Prognostic Implications of Cardiac Metastases Among Patients With Advanced Systemic Cancer Assessed With Cardiac Magnetic Resonance Imaging. *J Am Heart Assoc* 2016;5:e003368.
- Gandhi L, Rodriguez-Abreu D, Gadgil S, *et al.* Pembrolizumab plus Chemotherapy in Metastatic Non-Small-Cell Lung Cancer. *N Engl J Med* 2018;378:2078–92.
- Burtneß B, Harrington KJ, Greil R, *et al.* Pembrolizumab alone or with chemotherapy versus cetuximab with chemotherapy for recurrent or metastatic squamous cell carcinoma of the head and neck (KEYNOTE-048): a randomised, open-label, phase 3 study. *Lancet* 2019;394:1915–28.
- Motzer RJ, Rini BI, McDermott DF, *et al.* Nivolumab plus ipilimumab versus sunitinib in first-line treatment for advanced renal cell carcinoma: extended follow-up of efficacy and safety results from a randomised, controlled, phase 3 trial. *Lancet Oncol* 2019;20:1370–85.
- Motzer RJ, McDermott DF, Escudier B, *et al.* Conditional survival and long-term efficacy with nivolumab plus ipilimumab versus sunitinib in patients with advanced renal cell carcinoma. *Cancer* 2022;128:2085–97.
- Ansari J, Alhelali S, Albinmoussa Z, *et al.* Rare Case of Intracardiac Renal Cell Carcinoma Metastasis with Response to Nivolumab: Case Report and Literature Review. *Case Rep Oncol* 2018;11:861–70.
- Tang X, Zhou W, Huang D, *et al.* Anti-PD-1 Therapy-A Potential Treatment for Myocardial Metastasis From Nasopharyngeal Carcinoma: A Case Report. *Front Immunol* 2021;12:688682.
- D'Souza M, Nielsen D, Svane IM, *et al.* The risk of cardiac events in patients receiving immune checkpoint inhibitors: a nationwide Danish study. *Eur Heart J* 2021;42:1621–31.
- Naqash AR, Moey MY, Cherie Tan X-W, *et al.* Major Adverse Cardiac Events With Immune Checkpoint Inhibitors: A Pooled Analysis of Trials Sponsored by the National Cancer Institute-Cancer Therapy Evaluation Program. *J Clin Oncol* 2022;40:3439–52.
- Balinski AM, Vasbinder AL, Kerndt CC, *et al.* Metastatic melanoma of the heart: Retrospective cohort study and systematic review of prevalence, clinical characteristics, and outcomes. *Cancer Med* 2023;12:2356–67.
- Nebhan CA, Cortellini A, Ma W, *et al.* Clinical Outcomes and Toxic Effects of Single-Agent Immune Checkpoint Inhibitors Among Patients Aged 80 Years or Older With Cancer: A Multicenter International Cohort Study. *JAMA Oncol* 2021;7:1856–61.
- Nassar AH, El-Am E, Denu R, *et al.* Clinical Outcomes Among Immunotherapy-Treated Patients With Primary Cardiac Soft Tissue Sarcomas: A Multicenter Retrospective Study. *JACC CardioOncol* 2024;6:71–9.
- Brastianos PK, Kim AE, Giobbie-Hurder A, *et al.* Pembrolizumab in brain metastases of diverse histologies: phase 2 trial results. *Nat Med* 2023;29:1728–37.
- Lancellotti P, Suter TM, López-Fernández T, *et al.* Cardio-Oncology Services: rationale, organization, and implementation. *Eur Heart J* 2019;40:1756–63.
- Albini A, Pennesi G, Donatelli F, *et al.* Cardiotoxicity of anticancer drugs: the need for cardio-oncology and cardio-oncological prevention. *J Natl Cancer Inst* 2010;102:14–25.