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Nursing Research and Evidence-Based Practice Council: Advancing Nursing Knowledge

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Advancing Nursing Knowledge

By Laura G. Dibsie MSN, RN, CCRN

When Shared Governance was in its formative stages at UC San Diego, there were many people invited to participate in the process and contribute to the future of Nursing in the organization. Staff in the Nursing Education, Development and Research (EDR) Department felt strongly about the ways they could bring their experience, knowledge, and expertise to Shared Governance. EDR was asked to spearhead a Research Council and to take responsibility for facilitating the incorporation of evidence-based practice into the Department of Nursing.

It did not take long to realize that Nursing Research and Evidence-Based Practice (EBP) was at the root of many aspects of Nursing Shared Governance. The original Shared Governance model, with its overlapping circles of influence, was soon modified to have a foundation beneath the entire model of Nursing Research and Evidence-Based Practice, thus reflecting that all the work within each of the Councils should and could, have research as its base. The Nursing Research and EBP Council are viewed to be a source of support and a resource for information necessary to make enlightened decisions.

The Council was charged with important work:

- To ensure that staff learned about evidence-based nursing practice and recognized it within their practice
- To provide education to staff about EBP and nursing research
- To review and work with staff pursuing CNIII projects
- To support nursing research within the Department of Nursing.

The following Mission Statement was written by the Council members:

The UC San Diego Nursing Research

and Evidence-Based Practice Council exists to ignite the spirit of inquiry and create, nurture, and sustain a culture of nursing practice based on evidence.

We endeavor to improve patient outcomes by promoting, facilitating, and conducting nursing research studies, as well as develop Evidence-Based Nursing Practice changes that assure quality patient outcomes and cost-effective patient care. Every staff nurse will understand Evidence-Based Nursing Practice concepts and recognize the practical application in the clinical setting.

The Nursing Research and EBP Council is a part of the UC San Diego Nursing Shared Governance structure. The Council provides support to all Councils and Committees within the Department of Nursing and Shared Governance structure.

Since then, and under the leadership of Dr. Caroline Brown, policies and nursing clinical practice guidelines have been closely linked to the latest nursing evidence. Additionally, the UC San Diego Nursing Evidence-Based Practice Model was developed and is utilized by Nursing as our model for EBP and change. Under Dr. Brown's leadership, UC San Diego collaborated with nursing leaders within the community and formed the San Diego Evidence Based Practice Institute (EBPI). In this 7-month course staff nurse fellows, along with their advanced practice mentors, learn about each stage of an EBP change project and receive education and resources to take an idea from 'asking a question' through implementation and adoption of the change.

Staff nurses interested in advancing to a Clinical Nurse III are strongly encouraged to bring a project idea to the Council for support and feedback on their project ideas. The Council



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Chair of the Nursing Research and Evidence- Based Practice Council. Chair of the Skin Committee. She graduated with her BSN from University of Southern California and completed her MSN at University of San Diego.

will help to narrow the project scope, suggest steps for initiating the project, direct the nurses to resources, and help determine appropriate outcomes for monitoring success. In the last two years, the Council has partnered with the Professional Development Council to offer workshops to CNIII candidates and review the criteria, frequently asked questions, possible project types and examples of completed projects.

This allows many more candidates to hear the information and encourages participants to provide peer review to other attendees while interacting with members of both Councils and eliminating the mystery of the advancement process.

On May 29, the Nursing Research

and EBP Council hosted the 5th Annual Nursing Research and EBP Council Conference – Nursing Innovations and Inquiry. This year the event was held at the Liberty Station Event Center in Point Loma and offered a stimulating agenda made up of UC San Diego staff and a key note speaker from Long Beach Memorial and Miller Children's Hospital, Dr. Peggy Kalowes.

The Council was pleased to host 100 nurses at this event and provide a forum for staff to share their projects in poster displays and podium presentations. A wide range of topics were included with representation by staff from throughout

the organization and community. We were thrilled to introduce Dr. Judy Davidson as the new Nursing Research and EBP Liaison. We are excited to welcome her back to UC San Diego and work with her on projects and other Council activities.

One final and important responsibility of the Nursing Research Council is to manage a database of nursing projects in progress in the organization. We were very fortunate to have the assistance of an innovative IT team and Linda Lobbstael from the EDR Department to help develop and incorporate an interactive database

form into the new EDR website. If you have started, are currently working on, or have completed a project or study, we want to get some information from you. Please give it a try and get us your information by going to the EDR website (edr.ucsd.edu) and find the communication form under Nursing Research and EBP tab – Research Council.

All staff is invited to join the Council or attend any meeting they choose. Meetings are on the second Friday of every month, 12:30 – 14:00 in the AVRC Conference room at the Hillcrest campus.

Nursing Research and EBP Council Conference Planning

Committee: Odette Ada, Debbie Ashton, Frann Teplick, Amy Yates, Catharina Madani, Karen Elizabeth Mitchell, Karen Vejvoda, Laura Vento, Laura Dibsie, Noriko Morita

Staff RN Project Presentations

An Assessment of existing teaching modalities used in diabetic discharge education in the post-transplant patient and the addition of web based technology called EMMI to improve patient discharge readiness – Chau Nguyen

UC San Diego Nurse confidence in providing Diabetes Education in the inpatient setting – Diane Pearson & Ayelet Ruppin-Pham

Video monitoring improving patient safety and efficiencies in increased observation – Laura Vento

Implementing patient-centered bedside report: A patient-centered approach – Faye Rivera

Borders, Barriers and Bridges: Sharing Best Practices Outside the U.S. – Marlon Saria

Keynote Address: Advancing Innovation and EBP in a Magnet Organization – Dr. Peggy Kalowes

Infection Prevention Panel Presentation and Questions

Trial for Port Protectors on Patients with Central Lines – Aran Tavakoli

New Look at Infection Control in NICU – Michele Carson

Implementation of a Patient Education Process on Infection Prevention in Hospitalized Hematology/Oncology/BMT Service Patients – Chauncy Noble

Apheresis Preventative Strategies to Reduce CLABSI – Sherlita Aguilar

Sharp Hospital Staff RN presentation:

Implementing Daily CHG Bathing protocol in the ICU

Validating the Hopkins Fall Risk Assessment for Home Health – Sandra Hnizdo and Raquel Archuleta, Scripps

The Cost of Caring: Effects of Compassion Fatigue among Emergency Department Staff at UC San Diego Health System, Hillcrest – Karen Elizabeth Mitchell

Relationship Between Pre-Operative Anxiety and Post-Operative Delirium in ICU Patients Post Pulmonary Thromboendarterectomy (PTE) surgery – Cassia Chevillon and Mary Hellyar Improving Care of the Patients Receiving Chemotherapy and Biotherapy by a Non-Chemotherapy Provider Nurse – Anthony Velasco

POSTER PRESENTATIONS

Partnering with Patients to Improve Pain Patient Satisfaction Scores - Naomi Orsyiek

Increasing Patient Satisfaction with Nurse's Sensitivity and Responsiveness to Pain: A Patient Centered Approach - Vladimir Camarce

Improved Pain Management Communication Promotes Positive Outcomes - Erin Long, Anne Stuard

The integration of the 5 C's in developing a structured, web-based diabetic patient education program - Chau Nguyen

Implementing a Pain Communication Tool to Improve Patient Satisfaction - Kylie Hoang

Registered Nurses Doing Discharge Call Backs for all Joint Patients to Increase Patient Satisfaction Scores - Nelissa Reyes

University of California San Diego (UCSD) Health System 8th Floor Nurse Certification Rate 75%

– Sharing our Success Story - Eleanor Yoshisaki Yusi

Capnography monitoring and education to reduce adverse respiratory depression events - Julie Zimmerman, Melissa Meadows, Megan Adams, Sue Talask-Jordon

Implementing daily 4% CHG bathing on the Blood and Marrow Transplant Unit - Aran Tavakoli
Improved Triage Process in Labor & Delivery - Elisa Papadopoulos, Felicity Esquinas, Pat Inzano, Frann Teplick

New look at infection control in the NICU - Michele Carson

Huddle up to improve communication, teamwork, nurse satisfaction - Mary Hellyar, Cassia Chevillon

Protection for patients with limb restrictions - Louise Barr, Kathleen Kuttler

Code Sepsis in Emergency Department - Linda Ojeda

Nurse Education on Heart Mate II patient education: An educational Intervention - Sabrina Fernandez

Apheresis preventative strategies to reduce central line associated blood stream infection (CLABSI) - Sherlita Aguilar, Odette Ada, Majella Vaughn, David Ward, MD

Implementation of a patient education process on infection prevention in Hospitalized hematology-oncology/BMT service patients - Aran Tavakoli, Chaney Noble

Blood transfusion during hemodialysis-development of an evidence-based procedure - Debbie Ashton