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# Some Paipai Accounts of Food Gathering

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HE Paipai are a Yuman-speaking peo-ple who live in and around Santa Catarina, about 80 miles east-southeast of Ensenada, Baja California. In aboriginal times, they were hunters and gatherers, though in occasional contact with the farming tribes of the lower Colorado River. From roughly 1798 until 1840, the Paipai were under the control of a Dominican mission at Santa Catarina (Meigs 1935), but they never entirely abandoned their hunting and gathering activities. Since the late nineteenth century, they have become increasingly integrated into the local Mexican economy, but at the time of the field work (1958-1959), they still retained considerable knowledge of their traditional subsistence activities 1

In the following brief accounts, the Paipai describe some of these activities in their own language. Tuna, datil, piñon, bitter acorns, subjects of the four textlets, are among the food resources that were still being used at least occasionally when the field work was done. I present these accounts to (1) provide some examples of discourse in what is still one of the least-known Yuman languages and (2) record some hitherto unpublished data on food gathering and food processing, using the terms of the Paipai and making the distinctions they make.

# POUNDING AND GRINDING AND THE APPLICATION OF HEAT

Plant food preparation usually involves pounding and grinding. The following terms,

many of which also occur in the textlets below, are used by the Paipai to refer to these processes.

 $k \ni tu(-k)^2$  'machucar'; pounding or crushing a whole variety of items, including dried tuna fruits, juniper berries, mesquite beans, shelled acorns (the nutmeats), dried corn, and bones. The preparation which often results from this process is:

mawar 'pinol'. In addition to the pinol of dried tuna fruits, juniper berries, mesquite beans, acorns, and dried corn, mawar was also used once to refer to crushed charcoal (used in tatooing). Linguistic evidence suggests that mawar is or used to be a verb descriptive of a process, though in my corpus it was used as a noun.

Two other often-used words relate to grinding: tuwá:(-k) and tivél, both translated 'moler'. One consultant explained the difference between them by saying that tuwá:k is used when the substance is dry, such as wheat being made into flour, while tivél is used in the case of wet substances, such as maiz when making nixtamal (tortilla dough). Moist acorn pulp, for example, is ground (tivél) after first having been crushed (kətuk), soaked, leached, and squeezed to remove excess moisture. tuwá:k is also used to describe the grinding of earth to make clay and occurs in a phrase meaning pulverized charcoal. In contrast to katuk, both tuwá:k and tivél refer to fine grinding, the final process in a sequence.

Three other words in the same semantic area are təcoq, təpak, and təlam, all'translated

'machucar'. The first word is used in referring to the pounding of fresh mescal leaves in a bedrock mortar or the crushing of a fresh herb to make a preparation using its juice. topak occurs only once, where it seems to refer to the cracking of acorns prior to shelling and pounding (kətuk) them. təlam occurs only once, where it refers to pounding acorns on the metate before they are cleaned.

Application of heat is part of the processing and/or preparation of virtually all Paipai foods. The words involved are:

 $\tilde{n}u(-k)$  'tatemar', pit-roasting or baking in the earth. The roasting of mescal heads, one of the major Paipai foods, is always designated by this term. Preparation of lechugilla heads (Yucca whipplei) is also described as ñuk. The only other text use of the term is in reference to the cooking of a goat for several hours in a pit in the ground. One consultant told me, however, that the term could be used for baking potatoes covered with hot ashes.

pab 'tatemar'. This word was used by one Paipai for pit-roasting of meat.

šil 'asar', roasting in coals or in or over fire. The preparation of stalks of both mescal and lechuguilla is designated by this term. Other text occurrences of the word specify the cooking of fish, rabbit, and tortillas, and one step in the processing of piñon nuts.

ta?ol 'cocer', cooking with liquid in a container (whether boiling, steaming, or simmering). This term is a very frequent one. It is used to refer to making coffee, herbal teas and medicines, and for cooking pinto beans, abalones, caterpillars, and datil fruits (Yucca schidigera).

*šumwé:(-k)* 'tostar', parching (rather than cooking). This term is used a few times to describe one step in the processing of piñon nuts and islaya seeds (Prunus ilicifolia). The seeds are moved about rapidly on a tray (probably of basketry in aboriginal times), sometimes with coals in the tray, to drive off moisture. The form seems built on the verb mawe: 'be warm' (see also the causative verb tumwé: 'to heat up [a cold child, cold coffee]'). casay 'guisar', cooking with lard in a pan. This term refers to such non-aboriginal practices as frying beans, rice, and eggs. The word

seems to be built on the noun šay 'manteca' (animal fat). (There may also be a verb \* ašay 'be greasy'.)

umiyá:v 'hacer; cocinar'. This is a very general term used to describe making or fixing many things, food included. It is often used to mean preparing a meal: cmac <sup>2</sup>umivá:v 'hice comida' (I fixed food).

šumkwin 'atol', also 'hacer atol', mush or pudding made from a wide variety of seeds, most notably acorns, but also, for example, islaya seeds and corn. To make šumkwin, it is first necessary that the seeds be ground fine, either dry (tuwá:k) or wet (tɨvél).

#### THE TEXTLETS

The four textlets which follow were recorded manually as dictated by Josefina Ochurte in 1959. The Spanish is Ms. Ochurte's original translation of the Paipai words and phrases; the English is my somewhat free translation of the Paipai guided by the consultant's Spanish version.3

## xté (tuna)

Tuna is the fruit of the nopal cactus (Platyopuntia), which grows abundantly on hillsides around Santa Catarina. The fruits were gathered ripe in September (although in one story, the narrator mentioned going to gather tuna in November). Some Paipai words in the textlets are given further explanatory treatment in the notes.

xtéha4 kami:g5 va:k la-tuna y-las-trajo junto one-brings-them-back the-tuna one-gathers

ñixáv7 si:v8 tas6 el-caldo lo-tome lo-pasan the-juice one-drinks one-splits-them-open

xté tásha Y ñi²rú:bəm ñi²sá² la-tuna-pasada c.-se-seca esa the-opened-tuna when-it-dries this

kətú məwar yo:v kəsce²mat9 lo-machuca hace-pinol ollas-de-barro one-pounds-it one-makes-pinol clay-pots

poq<sup>10</sup> cəwomə ñi<sup>2</sup>sa<sup>2</sup> alli-lo-echan lo-aguarda esa one-dumps-it-there one-puts-it-away this

ñaxcú:rəm məwar ma:v en-el-invierno comen-el-pinol in-the-winter one-eats-the-pinol

šəqi si:v<sup>11</sup> / ñuwák lo-echan-el-agua-y-lo-tomen y-después one-adds-water-and-drinks-it and-also

ñixáyyə? tə?ol kəsce matl?ut¹² el-caldo lo-cuesan lo-echan-en-una-olla the-juice one-cooks-it one-pours-it-into-a-pot

 ?ut cəwok
 ñɨ?sa?
 ñaxcú:r

 lo-aguarda
 esa
 en-el-invierno

 one-puts-it-away
 this
 in-the-winter

si:v / ñapay ñi'sám bə'o:v buwi:r lo-tomen hasta-aquí-se-acabó no-mas one-drinks-it that's-all-there-is it's-finished

Free translation. One gathers and brings back the tuna fruits. One splits them open with a knife and drinks the juice. When the opened tuna are dry, they are pounded and made into pinol. This is poured into clay jars and stored. In winter we eat the pinol by mixing water with it and drinking it. In addition, we cook the juice and pour it into a clay jar and store it. This we drink in winter. That's all.

#### bənat (datil)

Datil (Yucca schidigera) puts up a short flower stalk bearing quantities of fruit. Each individual fruit is a fleshy seed pod containing several rows of edible seeds. The fruit ripens gradually and can be collected at various stages of ripeness during August and September.

bənátha? ñi?sa tas tərub el-datil esa lo-pasa lo-seca the-datil this one-opens-it one-dries-it

payəm mi:v<sup>13</sup> tə<sup>2</sup>ol ñixá:y y-después lo-cuesa el-caldo and-then-later one-cooks-it the-juice

si:v / bənátha? kúl?úlkha¹⁴ pa:ytəm lo-toma el-datil la-bola todo one-drinks the-datil the-pods (?) all

kɨyá:t kəmi:k əmat xsó:l¹5 los-corta trajo en-hoyo one-cuts-them one-brings-back into-a-pit

sal poq<sup>16</sup> ta<sup>2</sup>wir R lo-echa lo-amontona one-dumps-them one-piles-them-up

iwi:lam cinii:c<sup>17</sup> ñam xamukam<sup>18</sup> los-tapa-con-rama a-los-tres-días one-covers-them-with-branches in-three-days

2ši:tkñulmakñi²sa²yo:kalgunasse-madurany-eselos-agarrasomeripenand-theseone-takes-them

ña:k poq yok<sup>19</sup> lo-tiende-en-el-sol one-puts-them-in-the-sun

#### ñaxab20

los-echa-en-el-sol-por-todo-el-día one-leaves-them-in-the-sun-all-day

namhəxka:yəm<sup>21</sup> tas na<sup>2</sup>payəm otro-dia-lo-pasa y-después next-day-one-opens-them and-then ñuc wɨ:r nəmak²²ña²payya:mlos-deja-tapadoy-despuésvaone-leaves-them-coveredand-thenone-goes

xkáy ya:k<sup>23</sup> kəmi:k a-juntar-mas traer-mas to-gather-more to-bring-more

poq<sup>24</sup> ñubawik kunu ñapay wi:r así-lo-está-haciendo después se-acaba this-is-what-they're-doing and-then they-finish

ni?sa Y má:tawí:ulík²5 bətí:nolɨk esa tiene-mucha-cáscara muy-grueso this has-a-lot-of-shell very-thick

ka<sup>2</sup>šitəm<sup>26</sup> xəmal xuwák xəmukəm yok<sup>27</sup> luego junto-dos-o-tres-sacos right-away one-gets-two-or-three-sacks

Free translation. One splits open the datil and dries it. Later [i.e., in winter] one cooks it and drinks the juice. One breaks off all the seed pods and brings them back. One dumps them into a pit in the ground. One piles them up and seals the pit with branches. In three days, some of them ripen, and these one takes out and leaves in the sun all day. Next day one opens them. And then one leaves them covered and goes to collect and bring more and dump them in the pit. That's the way it's done, until it's finished. These [i.e., datil fruits] have much shell, it's very thick, so that one collects two or three sackfuls in a short time.

#### kxo (piñon or pine nut)

In recent times, nuts of the piñon (Pinus monophylla and P. quadrifolia) were not only a highly tasty food but an important trade item. In exchange for pine nuts, the Paipai received from the Mexicans either useful goods (such as food and clothing) or money with which to purchase them. Consultants paid particular attention to the subject of piñon and either went into great detail about the gather-

ing and processing activities (as in this text) or provided an animated account of all the trading and buying and selling that followed the harvest.

I. mat<sup>2</sup>a:nk<sup>28</sup> treyntaseys yu:həm el-año treinta-y-seis ese-tiempo the-year thirty-six then

yak <sup>2</sup>nətəpatc<sup>29</sup> <sup>2</sup>nɨyá:m əmátxwá:lhe<sup>230</sup> aquí-salimos nos-fuimos en-la-Sierra we-left-here we-went into-the-Sierra

sey <sup>2</sup>nɨyá:m<sup>31</sup> kxo ñuwá:y<sup>32</sup> / tɨñá:btək hasta-allá-vamos a-los-piñónes en-la-AM we-go-there to-the-piñons in-the-AM

?ntəpatc ñáñɨtɨñé:m sey ?nəkam salimos en-la-tarde allá-llegamos we-left in-the-PM we-arrived-there

xapu: iche<sup>33</sup> mat ñi<sup>2</sup>sak
Bajio-del-Toro, -hasta-allá en-este-lugar
to-Bajio-del-Toro in-this-place

²yok kxo kuːl³⁴ / ña²nkam
 estabamos piscando-piñón c.-llegamos
 we-were picking-piñon when-we-arrived

ña<sup>2</sup>šma:c ñáñikiyé:k dormimos otro-día-en-la-AM when-we-slept next-morning

ña²pay ña²nama:nc²ku:lxukyeywcomenzamosa-piscarcarga[and-then]-when-we-beganto-pickloads

xəwakəm ca'wam bú:Ros sah xú'kyéywic dos llevamos burros ese-lo-cargamos two we-carried burros these-we-loaded

tɨñá:btək xukyeyw xuwák cakmi:g en-la-AM trajimos-dos-cargas in-the-AM we-brought-two-loads

ñam tat?o:r i?i:b batem39 ñu<sup>9</sup>cpaqc ñátiñé: xokyeyw xuwáki cɨvá:w y-en-la-tarde dos-cargas-también todos-los-días un-palo-grueso agarramos lo-garroteamos in-the-PM two-loads-also a-thick-stick we-take-it we-beat-it everyday ñubvum cakəmi:g <sup>2</sup>unú:k ?ñecaY vé:cha Y41 kxo kúľ úlkha40 ñacpagcem la-semilla así trajimos-todo-el-tiempo nosotros c.-lo-garroteamos la-piña when-we-beat-them the-seeds thus we-were-bringing-back we the-pinecones xopak 2ku:l sakvaw 2té:olim vé:chaY pa:vtaka vé:mik poq somos-cuatro piscamos por-eso mucho se-caen-solo la-semilla todos are-four we-pick therefore a-lot fall-out-by-themselves the-seeds all karubha42 ²ña:k civumkc ku:l ña?unú:k ñuhawi:ram poq juntamos c.-se-acaba los-secos en-el-día c.-estamos-piscando se-cae in-a-day we-gather when-we're-picking fall-out when-it's-done the-dry-shells (?) ñam tat?o:r 2ña:m bəmas xəwak35 ñi?sa oxiñ poqc payəm todos-los-días a-los-veinte-días esa lo-quitamos tiramos y-después this everyday twenty-days we-remove throw-away and-then ñi<sup>2</sup>ñubyum ?ši:lc ñuwak vé:cha? haxpir ña<sup>2</sup>payəm ñapay Pic en-esos-días después tatemamos y-después la-pura-semilla queda y-después then just-seeds and-then then we-roast and-also remain kxóhaY ta?wircam ñisaY bande:xa ñuwák vé:cha? ñácivá:w en-la-bandeja el-piñón lo-amontonamos y-después esa la-semilla c.-agarramos the-piñon we-pile-it-up and-also these the-seeds when-we-take-them the-tray xubsi:v44 vé:mik kak ñisaciva:w sa'l poq43 si-abre echamos-allí [no gloss] sola esa-agarramos we-dump-them-in-it toss-up (?) by-themselves these-we-take they-open ñixəvu.46 ?ña:k kəriyé:xəbkiyá:wa45 ilpa:c en-el-sol pa'que-se-limpia c.-hace-viento lo-tendemos in-the-sun we-spread-them-out so-they-get-clean when-there's-wind ñi?saY niru:v36 vé:mik bəlá:wik37 xanəm kašitəm karivé:g vuso c.-se-seca solo si-abren bien luegito se-limpia pero when-they-are-dry alone they-open (?) well right-away they-get-clean but ñapayəm ñi?sa <sup>2</sup>ukwe:vk xəlpu:l<sup>38</sup> əckwak xavú: ñitéməm kos karye: temam después ese volvemos echar-en-una-redi c.-no-hace-viento no no-se-limpia then when-there's-no-wind these we-return to-put-into-a-redi not they-don't-get-clean

payəm <sup>2</sup> təkəriyé:g ñác <u>uw</u> ir y-después lo-limpiamos cacabamos and-then we-clean-them when-we-finish	nacəwir napayəm na:k cacabamos y-después en-el-sol when-we-finish and-then in-the-sun
<sup>2</sup> xmál poqc <sup>47</sup> II. ñuwak	<sup>2</sup> əlpabc ñisaY <sup>2</sup> ñá:kɨyák
echamos-en-el-saco y-después	lo-tendemos ese está-en-el-sol
we-pour-them-in-a-sack and-then	we-spread-them these are-in-the-sun
<sup>?</sup> akxómáha <sup>?48</sup> ñisa i <sup>?</sup> í:pá:y	ñaxab ñáñíkiyé:k tiñá:btulim
el-piñón-cocido esa juntar-leña	todo-el-día en-la-AM muy-temprano
the-roasted-piñon this gather-firewood	all-day next-morning very-early
ta <sup>2</sup> wɨrc tə:k xanəm <sup>49</sup> ñapay	a <sup>2</sup> á:bc yum ña:cpakkəm <sup>52</sup>
lo-amontonamos mucha después	lo-garroteamos eso csale-el-sol
we-pile-it-up plenty and-then	we-beat-them then (?) at-sunrise
²kxóha² kúl²úlkha icciya:w el-piñón la-bolita agarramos the-piñon the-cones we-take-them	nubwicəm ?Rru:yulɨk sákɨyá:wa <sup>53</sup> así-lo-hacen por-que-va-hacer-mucho-calor one-does-thus because-it'll-get-very-hot
iwilha? ca:v <sup>50</sup> poqc	ñuwak kxókákšú:ha <sup>254</sup> ñi <sup>2</sup> sa Y ña <sup>2</sup> rRu:yəm
arriba-la-rama lo-echamos	y-después la-piña-verde esa chace-calor
on-top-of-the-brush we-dump-them	and the-green-cone this when-it's-hot
ñá°cuwirñapayñuºl²tu:mc⁵¹cacabamosy-despuéslo-prendimos-fuegowhen-we-finishand-thenwe-light-the-fire	na:y wi:ulik <sup>55</sup> ñisákkiyá:w ñátiñé:ulim tiene-mucha-trementina por-eso muy-tarde it-has-a-lot-of-pitch therefore very-late
íwilha Yñikwa:təmpa:yəməkxóha Yla-ramacsí-ardendespuésla-piñathe-brushwhen-it-burnsthenthe-cones	šaqc ñuwak tɨñá:btulɨm lo-garrotean y-después muy-temprano one-beats-them and very-early
ye:mək kak ñikakəm	kosəm <sup>2</sup> ná:yha Y <sup>56</sup>
solo se-abre cse-abre	pa'-que-la-trementina
by-themselves they-open when-they-open	so-that-the-pitch
ñisa? iciyá:w qakwar ?poqc	kos yechək tublic tem hubkiyá:wa <sup>57</sup>
esa agarramos afuera lo-tiramos	no-se-pega-en-la-semilla
these we-take outside we-toss-them	doesn't-stick-to-the-seeds
ñapayəmi²íciyá:wa²a:bcy-despuésagarramos-un-palolo-garroteamosand-thenwe-take-a-stickwe-beat-them	ñi'nubwik 'kxóhah umiyá:b kunú:k <sup>58</sup> así la-piña lo-trabajan that's-the-way the-pinecone they-prepare-it

xáspúypáymha Y<sup>59</sup> III. ago:sto kínze o bé:nte kxókákha Y66 ñi?sa? əkxóhah los-Indios en-agosto-quince-o-veinte c.-sí-abre-la-piña el-piñón esa the-Indians August-15-or-20 the open-pinecones for-them the-piñon ñi?sam yak nɨyá:m sev vok nəkəpa:k i2í:m šaac pavəm ese-día de-aquí-van estaban-allá se-suben con-un-palo lo-pegan y-después they-climb with-a-stick they-hit-them and-then then they-depart-here they-are-there vu:hum ñukwe:vk nəkab60 vé:chaY ma:tak poq67 ñi?sa? civu:mck septyembre kators septiembre-catorce ese-día volvieron-a-venir la-semilla se-caen-al-suelo eso lo-juntan they-return-again the-seed falls-to-the-ground they-collect September-14 then this ñi?sam kxocakmi:k kuwi:k ña<sup>2</sup>pay ñulyo:k pá:haY xəmal poq trajeron-piñón a-vender y-después lo-echan-en-el-saco algunos la-gente en-ese then they-bring-piñon to-sell and-then they-dump-in-a-sack some the-people tars?a:t cawam61 ñi?sev vok xəmal xəwakəm nña:k icmac ñate:k comida compraron pa'-llevarla allá-estaban c.-son-muchos dos-sacos en-el-día in-a-day food they-buy to-carry yonder-they-are when-they-are-many two-sacks 2cmáchah ma:v ña<sup>2</sup>pay civá:w ñuwák pá:haY la-comida lo-comen y-después lo-juntan y-después la-gente the-food they-eat and-then they-collect the-people and xəmal šitəm ?nña:k takwe:vk terscá:c62 ñivok ñicpa:y en-el-día vuelven-a-trabajar c.-estaban si-son-pocos un-saco when-they're-few they-return-to-work when-they-are (-there) one-sack in-a-day kxoye:c šubha? do:s tre:s yu:həm63 cɨvá:w septyé:mbre buwi:r septiembre se-acaba el-día-dos-o-tres lo-juntan el-grano crudo the-seed raw September the-second-or-third they-collect ends 2nakab bó:cka64 sev<sup>2</sup>ñapayəm<sup>65</sup> kxóhaY cankəmi:k wukwé:yk šumwe:k vuelven-a tostar vuelven-a-venir allá-estaban el-piñón c.-lo-traen they-come-home there-and when-they-bring-it-back they-again toast-it the piñon xəmal ñubwikunuk ñi?sam pa:ytaka kak buwi:r pu:c ese-tiempo todos se-abren-todos lo-echan en-saco así-los-están-haciendo now all finish-opening they-dump-them in-a-sack that's-the-way-they-do tubwi:k bo:c ñicawir ña<sup>2</sup>payəm tubwik sev pitc la-mitad-se-vinieron y-la-mitad quedaron-allá c.-se-acaban y-después half-come-home and-then and-half stay-there when-they-finish

sey kəpitcha Y pa:ytəkə los-que-se-quedaron-allá todos those-who-stayed-there all

bo:c nakab ñubawik
se-vienen así-lo-hacen
they-come-home that's-how

umiyá:v kunu:c ° 28kx0h2° lo-están-haciendo del-piñón they're-preparing the-piñon

Free translation. (Part I) In the year 1936 we left and went to the Sierra, to the piñon groves. In the morning we left, and in the evening we got there, to Bajio del Toro. That's where we were, picking piñon. When we arrived, we slept. Next morning we began to harvest. We took along two burros to carry the loads. In the morning we brought two loads and in the afternoon two loads also. That's the way we were doing it every day. Four of us are harvesting, and therefore we collect a lot in a day. We harvest every day for twenty days.

During this time we roast the piñons and pile them up. Then, too, they open by themselves, and we take them and spread them out in the sun. When they dry, they open up fully by themselves, and then we throw them into a large carrying bag. We take a heavy stick and beat the pinecones. When we beat them, the seeds fall by themselves. When all the seeds have fallen, we remove the shells and throw them away. Then only the seeds remain. Then we take a basin, throw the seeds into that, and toss it into the air to clean the seeds. When it's windy, they get clean right away, but when there's no wind, they don't. Then, when we're finished winnowing, we pour the seeds into a sack.

(Part II) Then, there's the roasted piñon. For this, we gather firewood and pile up plenty. Then we take the pinecones and dump them on top of the wood. When we're done, we light the fire. When the brush burns, the pinecones open by themselves. When they

open, we take them off the fire and toss them aside. Then we take a stick and hit the cones. When we're done, we spread them out in the sun. They lie in the sun all day.

We do the beating very early in the morning. It's done at sunrise because it will get extremely hot later on. In addition, the green cones are beaten very early and also when the sun goes down. When it's very hot, the green cones have a lot of gum. Therefore one beats them very early and very late so that the gum doesn't get stuck all over the seeds. That's the way the Indians work at the piñon.

(Part III) August 15th or 20th is when they set out from here. They stayed there until September 14th when they started to return. At this time they carried piñon to sell, and they bought food to take back to the groves. They were up there, eating these provisions. They start working (at the piñon) again. While they're there, September ends. The 2nd or 3rd (of the month), they come back home. Up there, meanwhile, all the cones have opened. Half the people returned, and the other half remained there. When the cones have opened, they climb the trees and strike blows with a stick. The seeds fall to the ground. They gather these up and toss them into a sack. Some of the people, when there are many (in the working group), gather two sacks in a day. If there are few people, they gather one sack in a day. When they bring raw seeds (i.e., seeds gathered from the ground), they have to toast them and toss them in a sack. That's the way they do it until they're finished. And then, those who remained there, all of them return home. That's the way they do with the piñon.

#### sña:w (bitter acorns)

These are the acorns of the coast live oak or red oak (Quercus agrifolia). Indians of southern California and northern Baja California relied heavily on this species (Hicks 1963). These acorns require leaching to remove the bitter tannic acid. The Paipai gathered them in December.

#### PAIPAI FOOD GATHERING

matxsol71 awir sñá:wha? 2ca:v mátha? ñi?sa? <sup>2</sup>nñuwá:y la-bellota hoyo acabamos arriba en-la-tierra van-a-las-bellotas esa the-bitter-acorn this one-goes-to-the-groves pit we-finish on-top on-the-ground ?kəmal tum?oq72 cakmi:g ñi?sa? ukwevk ñacəwir lo-trajeron esa lo-vuelven un-saco lo-tendemos c.-acabamos one-brings-them-back these one-returns-them we-stretch-across (?) when-we-finish a-sack tagarye:c kúkúl?úlkha%8 ²xpí:k payəm 2sña:w məwá:rha? wamsahpoq73 a-limpiar la-bolita y-después la-bellota el-pinol allí-lo-echamos en-el-metate to-clean-them the-acorns on-a-metate and-then the-acorns the-pinol we-put-it-there 2ckwak 2təlamc ñacəwir ña?wi:r 2xah ñúlu<sup>2</sup>útc <sup>2</sup>unu:cəm<sup>74</sup> lo-echan lo-machucan c.-lo-acaban c.-acabo agua lo-echamos-alli one-puts-them one-pounds when-we-finish when-I-finish water we-keep-pouring-it-there ña:k ñaxab69 ²nñá:k ña<sup>2</sup>payəm ká<sup>2</sup>lxácha Y cpa:g ñúbuwiram75 әроас en-el-sol lo-echamos todo-el-día y-después lo-amargo c.-sale-todo in-the-sun we-dump-them all-day and-then the-bitterness when-it's-all-gone ña<sup>2</sup>payəm <sup>2</sup>iciya:w 2lasik76 2cawir R ñáñikyé:k tagarve:c ságha? y-después agarramos colar acabamos otro-día lo-limpiamos la-cáscara the-shells and-then we-take-it we-squeeze-it we-finish next-day we-clean-them ña?cawir nñá:k ña<sup>2</sup>payəm <sup>2</sup>əxpi:g 2tivélc uxi:nc y-después en-metate lo-quitamos c.-acabamos en-el-sol lo-molimos and-then on-a-metate we-grind-it when-we-finish in-the-sun we-remove nəlpa:c ña?cawir ña<sup>2</sup>payəm kəscéhal rú:vhubkivá:wa ñirubəm lo-tendemos pa'que-se-seca c.-se-secan c.-acabamos y-después en-la-olla we-spread-them to-get-dry when-they're-dry when-we-finish and-then in-the-jar 2civa:w xəmal poqc ?laq77 pavəm šumkwinc lo-agarramos echamos-en-el-saco lo-echamos y-después hacer-atol we-take-them pour-them-in-a-sack we-pour-it and-then to-make-mush ñubwik ña?vok70 sñá:wha? šumkwin ña?cəwir pay ma:vc ña<sup>9</sup>payəm la-bellota c.-acabamos-de-hacer-atol después-comemos c.-estamos-haciendo-así y-después when-we're-doing-thus (?) and-then when-we-finish-making-mush then-we-eat the-acorns sña:wha icmac xánoli78 ñi?sah tuwá:k wi:r ña?payəm es-muy-buena-comida esa lo-molimos c.-acabamos después la-bellota the-bitter-acorn is-very-good-food we-grind-them finish and-then these

pákuriyákhaY<sup>79</sup> ñubucxpɨr ma:v<sup>80</sup> ñisákɨyá:w gente-de-antes comen-puro-de-eso por-eso the-ancestors ate-only-this therefore

pákuriyákha y sa y niyó:m81 ciyúmkolic gente-de-antes cuando-hay lo-junta-mucho the-ancestors when-there-are they-gather-a-lot

sña:w šúmkwɨnhaY ña²Rəru:y la-bellota, -el-atol c.-está-caliente the-bitter-acorn-mush when-it's-hot

xay ñusopa:k pay se-hace-como-agua c.-está-frío y-después it's-watery when-it's-cold then

awiR matkuryut sñá:whaY se-hace-duro antes la-bellota it's-hard long-ago the-bitter-acorn

apállolim yu:c<sup>82</sup> yúso vam kos pal tem<sup>83</sup> se-da-mucho pero ahora-no-se-da it-bore-abundantly but now-it-doesn't-bear

mat?a:nk té:wulim ñuwa:m

muchos-años lleva- (que-no-se-dan)

many-years it's-been (?)

Free translation. For the bitter acorns, one goes to the groves. One brings them back to be cleaned. We put the acorns on the metate and pound them. When we finish, we put them in the sun for the whole day. Next day we clean them. We remove the shells. When we're done, we spread them out in the sun to dry. When they're dry, we take them and dump them in a sack. That's what we do (?). Then we grind the acorns completely. Then we make a basin in the ground, and on top, on the ground, we stretch a sack. When we're done, we put the acorn meal there. Then we run water through it. Then when all the bitterness has gone, we take and squeeze the moisture out thoroughly. Then we grind it on a metate. When we're done, we dump it into a clay jar. Then mush is made. When we've made the mush, we eat it.





Paipai informants, Santa Catarina, Baja California Norte: upper, Joséfina Ochurte; lower, Priciliana Flores. Photographs by Ralph Michelson, 1975.

The bitter acorn makes a very good food. Our ancestors ate no other; that's why they gathered so much of it when it was available. The bitter acorn mush is watery when hot. When it chills, then it gets hard. In days gone by, the bitter acorn always bore abundantly, but now for many years it hasn't borne [i.e., hasn't borne an abundant yield].

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#### NOTES

- 1. Field work among the Paipai at Santa Catarina was carried out in 1958-1959 under a grant from the National Science Foundation (Grant No. 5689).
- 2. (-k) indicates a past-present indicative suffix that occurs regularly on many verbs (see Joël 1966:23-24).
- 3. To shorten glosses, the following abbreviations are used: c. for 'cuando', AM for 'mañana' and 'morning', PM for 'la tarde' and 'afternoon, evening'.

Sentence juncture was sometimes obvious from the manner of dictation. Where this is the case, end of sentence is marked by a slash (/).

Stress accent is indicated only where it contrasts with unstressed syllables in the same word. Thus, stress is not marked in monosyllabic words, nor in words all of whose syllables are stressed. When a word which appears to be monosyllabic has a stress mark, this means that it has a syllabic consonant (e.g., in xté 'tuna', the x is syllabic). Stress is also not marked when the only other vocalic in the word is schwa (2), since this vowel is never stressed.

R stands for voiceless r; in a sequence with r, it stands for the voiceless part of a trill;  $\underline{u}$  stands for the vowel of 'could'; i stands for the lower high front vowel of 'itch'; c stands for the affricate of 'church'; Y is a voiceless, lenis, noisy spirant which occurs only in the subject case suffix.

- 4. The Paipai name for the nopal cactus plant is la:v.
- 5. Neither this nor the preceding verb is here inflected for person. If they had been first person forms, as the Spanish has them, they would have been prefixed by ?-. Perhaps that's the way I gave

- them back to Ms. Ochurte when soliciting the translation. Discrepancies of this sort will be found throughout the material and henceforth go without comment.
- 6. When questioned, consultant gave alternate gloss of 'lo abran'. The same word, tas, is used with reference to datil and means 'cut open; split open; cut in half'.
- 7. ñixáy 'juice', literally 'its wetness'. Comparison of the Paipai account with Walapai accounts obtained in English by S. Mekeel (Kroeber 1935:50-51) helps to clarify the Paipai version. According to one Walapai, "the sour, red juice is drunk immediately," the pulp dried and stored; when about to be used, it is pounded and mixed with water to make a "good drink." According to another Walapai, the fruit was cut open and spread on the ground to dry. Then it was ground and stored for winter. It was dissolved in water and drunk.
- 8. si:v is probably a plural verb. If referring specifically to a single person drinking, the verb si:(-k) would be used. The consultant nevertheless gave a singular gloss. With regard to number, here and throughout, she seems most concerned with the sense of the Paipai word or phrase in its context. If she had been offering English instead of Spanish glosses, we would probably see second person subjects in many of these predicates. The English interlinear, just as the Spanish, is an attempt to render the meaning rather than to analyze the Paipai.
- 9. mat 'clay; earth'.
- 10. poq 'dump; pour; toss'.
- 11. When questioned about §əqi, Ms. Ochurte offered the alternate gloss 'lo revuelven' and explained that this is the same word one would use for fixing lemonade or honey-and-water.
- 12. 2ut 'pour; dump (a liquid)'.
- 13. There are a number of Paipai words that the Paipai translate as 'y después'. Roughly, they can be distinguished as follows: mi:v 'next, later, after that'; ñuwák 'besides, in addition'. Probably carrying more grammatical or stylistic than semantic weight are ña²pay, ña²payəm, and payəm, which can be translated as 'and then; and; now'.
- 14. kul<sup>2</sup>ulk 'bola', probably the plump seed pod.

- 15. əmat xsó:l, basin dug in the ground; mat 'earth'. Compare so(:)l 'one opens [door, beer bottle]', and cisó:l 'cause a wound by biting'.
- 16. sal 'into that'.
- 17. iwi:l 'shrub; brush; branches'.
- 18. ñam, ña:m 'day'; xəmuk 'three'.
- 19. ña:k 'in the sun'; yok 'several are (located), several are (sedentary)'.
- 20. Possibly na:xa:v 'sunset' (literally 'sun goes in'). This word probably belongs with what precedes to form two phrases meaning 'in the sun one dumps them' and 'there they lie till sunset'.
- 21. ñamhaxka:y 'next day'; xká(:)y 'another'.
- 22. namak 'los deja' (one leaves them; one keeps them).
- 23. ya:k 'gather, collect'.
- 24. poq 'dump' (i.e., dump the additional datil fruits on the pile).
- 25. ma:t 'body; flesh'; wi: 'has, possesses'; -ulik, -olik, intensive suffix.
- 26. ka'sitam 'right away; in a short time'.
- 27. xəmal 'saco', or xəmal tsil 'saco roñoso', is used for the large burlap bag. The smaller cloth sack (from flour or rice) is xəmal ñimšáp 'saco blanco'. xuwák 'two'; xəmuk 'three'.
- 28. mat'a:nk, mat'a:m, mat'a:mk 'year'.
- 29. vak 'here'.
- 30. matxwa: I 'sierra' < mat 'land; place of', xwa: I 'pine trees'. The mountain range referred to here is the Sierra Juárez. Travelling through it, one is impressed more by the pine forests than by elevation or rugged terrain.
- 31. sey 'there; yonder'.
- 32. Cf. ñuwá 'house' (literally, 'someone's place').
- 33. xapu:, a Paipai placename. Virtually all placenames for camp sites in Paipai contain the element xa 'water'. Bajío del Toro is the Spanish name for the same site. ic, probably 2ic 'they say' (here, 'they call it'); -he, suffix complex 'thither'.
- 34. ku:l 'pick' (literally 'climb [e.g., tree]').
- 35. bəmas 'ten'; xəwak 'two'. (There is considerable variation in the way the word for 'two' was recorded.)

- 36.  $\tilde{n}i^2saY$  'they; these'; niru:v 'when they are, get dry'.
- 37. Not clear from context whether this is 'si abren' (if they open) or 'si abren' (indeed they open).
- 38. xəlpu(:), a large carrying bag made by netting; the Paipai word for a small carrying bag is xəlkwa.
- 39. i'i: 'stick; wood; firewood'; bate(:) 'large; fat'.
- 40. kul'ulk 'bola', here refers to the cone.
- 41. ye:c, a generic term, 'seed'.
- 42. kərub 'dry ones; dry parts'. Here probably refers to the shells since the passage which follows indicates that after removing and throwing these away, only seeds remain.
- 43. sa'lpoq < sal-'poq; sal 'into that, into there'.
- 44. xubsi:v, probably 'winnow'.
- 45. kariyé:(-k), 'be, get clean'; -xubkiyá:wa 'in order to, so that'.
- 46. From xayú: 'wind; wind blows'.
- 47. The first part of the text ends here. Now the narrator goes back to describe in detail what she summarized earlier.
- 48. ma(-k) 'be ready; be cooked; be ripe'.
- 49. te:k 'many; much'; xanəm 'good; real'.
- 50. ca:v 'on top; on'.
- 51. ñu'l'tu:mc < ñul-'tu:mc 'we light fire'.
- 52. ña: 'sun'; cpak 'it comes out'.
- 53. <sup>2</sup>Ru:y, <sup>2</sup>Rru:y 'be hot' (of weather); -ulik, intensive suffix; sákiyá:wa 'because; therefore'.
- 54. kxo 'pinecone'; kak 'open'; šu: 'green'.
- 55. na:y, 'na:y 'trementina' (pitch, gum).
- 56. kosam 'not'.
- 57. kos 'not'; yechək 'to, at the seed'; tublic 'stick'; tem 'not'; hubkiyá:wa 'so that'.
- 58. umivá:b 'make; fix; prepare'.
- 59. xaspuypaym, term used by Paipai to refer to Indians in contrast to non-Indians. This looks like a phrase word containing the verb theme xaspuy 'one bathes'.

This concludes the second part of the text. 60. *ñukwe:yk* 'they go or come back'; *nəkab* 'they come, they arrive'.

- 61. That is, they bought food to take back to the groves.
- 62. terscá:c 'they work, labor'.
- 63. vu:ham 'then'.
- 64. bo:c 'several go on foot', but in combination with certain other verbs, it gives the sense of 'home': bo:c nɨyá:m 'they went home'; bo:c nɨyú: 'they came home'. The usage in this phrase is not clear except that, in contrast to the instance in Note 60, people are now returning home for good.
- 65. Probably sey na<sup>2</sup>payəm 'there, now; there, meanwhile'.
- 66. kxókákhaY'the open pinecones'. The season is well along now, and the remaining cones have ripened and opened on the tree by themselves. These are the subject of what follows.
- 67. ma:tək 'to the ground'. One would expect a short vowel here: mat, əmat 'ground'.
- 68. kukul'ulk here refers to the acorn minus cap. Compare this form with kul'ulk 'bola', referring to pinecone and datil seed pods.
- 69. ña:k 'in the sun'?
- 70. This phrase is not clear:  $\tilde{n}ubwik$ , probably 'do thus';  $\tilde{n}a^2yok$  'when we are (located), when we are (sedentary)'.
- 71. The second time around, when giving me the translation, the narrator gave this form as *mattsol*. See also Note 15.
- 72. tum<sup>9</sup>oq 'stretch across' probably. A sack is spread on the ground across the top of the pit or basin. Also not clear is the word <sup>9</sup>kamal, since the Paipai word for burlap sack is xamal.
- 73. poq 'dump; pour'; sah probably either 'this' or 'there'; wam- unidentifiable.
- 74. ñul- 'into, down here'; <u>u</u>'<u>u</u>'<u>u</u>tc 'we pour (liquid)'; 'unu:c 'we keep doing'.
- 75. cpa:k 'one goes out'; ñúbuwírəm 'when finished'.
- 76. \*\*lasik\*, narrator explained this form as meaning to squeeze out water with the hands. The same word is used for milking a cow.

- 77. This word refers to pouring slow-moving substances such as honey, gum, lard, and acorn mush. Two comparable words for pouring are poq, for dry substances, and qt, for liquids.
- 78. icmac 'food'; xánoli 'is very good'.
- 79. pa 'person, people'; kur 'long ago, far back'; yak, probably an irregular verb of various usages, one of which is 'be laid out, lie' (as in death); -haY, noun suffix complex.
- 80. Only partly analyzed. *ñub* 'of this'; *xpir* 'only'; *ma:v* 'several eat'. The sense here is exaggerated; there are and always were other acorn species used by the Paipai for making mush.
- 81. Not clear. saY may refer to ancestors 'they'; niyó:m' when they were (existing)'; but more likely the phrase refers to bitter acorns.
- 82. apal, pal'fruit; bear fruit'; -oli, intensive suffix; myu:c 'keep on; always'.
- 83. vam 'now; nowadays'; kos . . . tem 'no; not'; pal 'bear fruit'.

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