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# Exciton Enhanced Nonlinear Optical Responses in Monolayer h-BN and MoS<sub>2</sub>: Insight from First-Principles Exciton-State Coupling Formalism and Calculations

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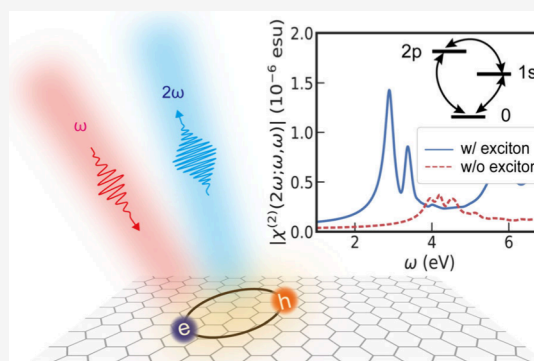
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**ABSTRACT:** Excitons are vital in the photophysics of materials, especially in low-dimensional systems. The conceptual and quantitative understanding of excitonic effects in nonlinear optical (NLO) processes is more challenging compared to linear ones. Here, we present an ab initio approach to second-order NLO responses, incorporating excitonic effects, that employs an exciton-state coupling formalism and allows for a detailed analysis of the role of individual excitonic states. Taking monolayer h-BN and MoS<sub>2</sub> as two prototype 2D materials, we calculate their second harmonic generation (SHG) susceptibility and shift current conductivity tensor. We find strong excitonic enhancement in the NLO responses requires that the resonant excitons are not only optically bright themselves but also able to couple strongly to other bright excitons. Our results explain the occurrence of two strong peaks in the SHG of monolayer h-BN and why the A and B excitons of MoS<sub>2</sub> unexpectedly exhibit minimal excitonic enhancement in both SHG and shift current generation.

**KEYWORDS:** nonlinear optical responses, excitons, two-dimensional materials, first-principles calculations



In low-dimensional semiconductors, strongly correlated electron–hole pairs known as excitons (either strongly bound or in resonance with the two-particle continuum) dominate the low-energy excitations and play a key role in light–matter interactions. Understanding excitonic effects is essential for fundamental science and optoelectronic device applications. It is well-established that the strong enhancement of linear optical response in low-dimensional materials is due to strong excitons, a consequence of quantum confinement and reduced screening.<sup>1–4</sup> Our understanding of excitonic effects in higher-order optical responses is, however, less complete owing to the correlated nature of the excitonic states and intricate light–matter interactions.

Second harmonic generation (SHG) is a typical nonlinear optical (NLO) response, where the emitted light frequency is twice that of the incident light.<sup>5,6</sup> The response is characterized by a susceptibility tensor defined as the ratio of polarization density  $P(2\omega)$  and the light field  $E(\omega)$  to second order,  $\chi^{\mu\nu\lambda}(2\omega; \omega, \omega) = P^\mu(2\omega) / (E^\nu(\omega)E^\lambda(\omega))$ , where  $\mu$ ,  $\nu$ , and  $\lambda$  are Cartesian directions. SHG spectroscopy has been widely used in characterizing the crystal structure of materials, interfaces, and strain effects owing to the sensitivity of the SHG susceptibility tensor to crystal symmetry.<sup>7–10</sup> Although strong SHG signals are observed in 2D materials (compared to the bulk) such as monolayer MoS<sub>2</sub> and WSe<sub>2</sub>, the detailed role of excitonic effects on such enhancement is unclear.<sup>11–14</sup>

Similarly, direct current (DC) generation from second-order optical responses (without p–n junction, called the bulk photovoltaic effect) is another topic of great fundamental and practical interest such as for photovoltaic devices. Shift current is an intrinsic mechanism for the bulk photovoltaic effect and has drawn much attention through the years.<sup>15–22</sup> Recent work reported strong shift current in low-dimensional materials, such as 2D materials<sup>20,23</sup> and nanotubes.<sup>19</sup> In particular, evidence of large excitonic effects in shift current generation in monolayer systems has been shown through direct real-time simulations of current densities that include electron–hole interactions.<sup>23</sup>

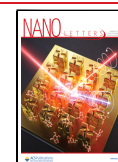
Ab initio methods for calculating second-order optical responses such as SHG and shift current within the independent particle (IP) approximation are well-established.<sup>15,16,22,24</sup> In contrast, ab initio approaches, including excitonic effects, are still in their infancy. Based on the time-dependent perturbation theory, several studies have derived formally the so-called “sum-over-exciton-states” expressions for

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second-order optical responses, using either a length gauge or a velocity gauge for the light–matter interaction.<sup>25–30</sup> In particular, the length-gauge methods<sup>26,27</sup> are free from unphysical low-frequency divergences.<sup>31</sup> However, they have not yet been formulated for practical ab initio calculations or diagrammatic interpretations. On the other hand, an ab initio real-time propagation of the wave function approach has been implemented to study excitonic effects on SHG on a variety of low-dimensional materials.<sup>32,33</sup> An ab initio time-dependent adiabatic GW (TD-aGW) approach with real-time propagation of the interacting density matrix has also been developed and used to study excitonic effects on shift current and SHG.<sup>23</sup> Real-time propagations<sup>23,33</sup> can provide simultaneously information on multiple higher-order responses and at higher field intensity; however, they demand high computational costs and lack a direct picture of the detailed roles played by individual exciton states. An efficient and insightful approach for NLO responses with exciton-state information from state-of-the-art GW plus Bethe–Salpeter equation (GW-BSE) calculations is therefore highly desirable.

Motivated by these considerations, we develop in this work an ab initio approach based on an exciton-state-coupling (ESC) formalism to study second-order optical responses. We apply this approach to investigate the effects of excitons in SHG and shift current in monolayer h-BN and MoS<sub>2</sub>. We show that in both materials excitons significantly enhance the SHG spectra intensity compared to the calculations without electron–hole interactions. We identify that the large excitonic enhancement at low frequencies for monolayer h-BN is because of the unusual concurrence of bright 1s and 2p exciton states in the same material; on the other hand, in monolayer MoS<sub>2</sub>, excitonic enhancement at two-photon frequencies resonant with the prominent A and B excitons is tiny, but it is huge with the C excitons owing to the existence of multiple bright C excitons and strong interexciton coupling among them. Similar behaviors are also found in shift current spectra. Our study thus explains why monolayer h-BN and MoS<sub>2</sub>, despite sharing the same crystal symmetry and having low-energy band extrema at the K and K' valleys, exhibit significantly different nonlinear optical spectra.

Applying a perturbative approach to the equation of motion of the interacting density matrix,<sup>25,26</sup> we solve the TD-aGW equation as given in ref 23 to different orders via a Green's function procedure in terms of the intermediate excited states of the system being exciton states. Using the length gauge for the light–matter interaction ( $-e\mathbf{E}(t)\cdot\mathbf{r}$ ), to second order, we arrive at our main result for the susceptibility tensor for SHG,

$$\begin{aligned} \chi^{\mu,\nu\lambda}(2\omega; \omega, \omega) &= \frac{e^3}{2\epsilon_0 V} \sum_{n,m} \left[ \frac{R_{0n}^\mu R_{nm}^\nu R_{m0}^\lambda}{(2\hbar\omega - E_n + i\eta)(\hbar\omega - E_m + i\eta)} \right. \\ &+ \frac{R_{0n}^\nu R_{nm}^\lambda R_{m0}^\mu}{(2\hbar\omega + E_m + i\eta)(\hbar\omega + E_n + i\eta)} \\ &\left. + \frac{R_{0n}^\lambda R_{nm}^\mu R_{m0}^\nu}{(\hbar\omega - E_m + i\eta)(-\hbar\omega - E_n - i\eta)} \right] + (\lambda \leftrightarrow \nu) \end{aligned} \quad (1)$$

where  $e$  is the electron charge and  $V$  is the volume of the crystal. The notation  $(\lambda \leftrightarrow \nu)$  indicates an exchange of the two Cartesian directions.  $E_n$  is excitation energy of the  $n$ th exciton state  $|S^{(n)}\rangle$ , which is expressed as  $|S^{(n)}\rangle = \sum_{\nu\mathbf{c}\mathbf{k}} A_{\nu\mathbf{c}\mathbf{k}}^{(n)} |v\mathbf{c}\mathbf{k}\rangle$  with  $|v\mathbf{c}\mathbf{k}\rangle$  being free electron–hole pairs of valence and conduction

band states, and  $A_{\nu\mathbf{c}\mathbf{k}}^{(n)}$  being the  $\mathbf{k}$ -space envelope function of the exciton.  $R_{nm}^\nu$  are related to the optical coupling matrix elements between two exciton states and  $R_{n0}^\nu$  are the ones between an exciton state and the ground state, where we have used the special notation  $m = 0$  for the ground state with no excitons. It can be shown that  $R_{n0}^\nu = \sum_{\mathbf{c}\mathbf{v}\mathbf{k}} A_{\mathbf{c}\mathbf{v}\mathbf{k}}^{(n)*} r_{\mathbf{c}\mathbf{v}\mathbf{k}}^\nu$ , and  $R_{nm}^\nu$  are derived by treating the interband and intraband matrix element of the position operator  $\mathbf{r}$  separately through Berry connections, which are expressed as

$$R_{nm}^\nu = Y_{nm}^\nu + Q_{nm}^\nu$$

with

$$Y_{nm}^\nu = \sum_{\mathbf{c}\mathbf{v}\mathbf{k}} \left( \sum_{\mathbf{c}'\mathbf{v}'\mathbf{k}'} A_{\mathbf{c}\mathbf{v}\mathbf{k}}^{(n)*} r_{\mathbf{c}'\mathbf{v}'\mathbf{k}'}^\nu A_{\mathbf{c}'\mathbf{v}'\mathbf{k}'}^{(m)} - \sum_{\mathbf{v}'\neq\nu} A_{\mathbf{c}\mathbf{v}\mathbf{k}}^{(n)*} A_{\mathbf{c}\mathbf{v}\mathbf{k}}^{(m)} r_{\mathbf{v}'\mathbf{v}\mathbf{k}}^\nu \right)$$

and

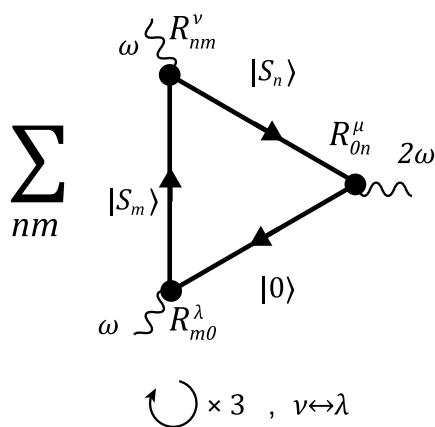
$$Q_{nm}^\nu = i \sum_{\mathbf{c}\mathbf{v}\mathbf{k}} A_{\mathbf{c}\mathbf{v}\mathbf{k}}^{(n)*} (\partial_{\mathbf{k}'} A_{\mathbf{c}\mathbf{v}\mathbf{k}}^{(m)} - i(r_{\mathbf{c}\mathbf{c}\mathbf{k}}^\nu - r_{\mathbf{v}\mathbf{v}\mathbf{k}}^\nu) A_{\mathbf{c}\mathbf{v}\mathbf{k}}^{(m)})$$

In the above expressions,  $r_{j'j\mathbf{k}}^\nu$  is an interband (when  $j \neq j'$ ) or intraband (when  $j = j'$ ) Berry connection, which is given by  $r_{j'j\mathbf{k}}^\nu = i\langle u_{j\mathbf{k}} | \partial_{\mathbf{k}'} | u_{j'\mathbf{k}} \rangle$  with  $|u_{j\mathbf{k}}\rangle$  being the cell-periodic part of the Bloch states. We note here that, in ab initio calculations, the random phases associated with quantities of different wave-vector  $\mathbf{k}$  pose a challenge to the calculations of the  $\mathbf{k}$ -derivative of the envelope function  $\partial_{\mathbf{k}} A_{\nu\mathbf{c}\mathbf{k}}^{(n)}$  and  $\mathbf{k}$ -derivative of the wave functions  $\partial_{\mathbf{k}} |u_{j\mathbf{k}}\rangle$ . To overcome this issue, we use a locally smooth gauge construction scheme to ensure these quantities are well-defined (see ref 23 and Supporting Information for details). We also emphasize that eq 1 does not contain a divergent prefactor (like the powers of  $1/\omega$ ) and is free from numerical instabilities as  $\omega \rightarrow 0$ . With a similar procedure, we also derive the exciton-state coupling formalism for the shift current conductivity, as provided in the Supporting Information.

The terms in eq 1 can be visualized using Feynman diagrams. The Feynman diagram approach for NLO responses was introduced in refs 34 and 35 at the single-particle level. Here, we extend it to describe nonlinear optics with excitonic effects. As shown in Figure 1, the matrix elements  $R_{nm}$  or  $R_{n0}$  are associated with the photon–exciton vertices (denoted by the dots), which describe a photon that couples two exciton states or connects an exciton state with the ground state. The solid lines stand for Green's functions of quantum states including exciton states and the ground state. The plotted diagram in Figure 1 depicts the first term in eq 1, and by cyclic permutation of the  $\{0, m, n\}$  states and exchange of the Cartesian directions  $\lambda$  and  $\nu$ , we can obtain all terms in eq 1.

In the computation of  $\chi^{\mu\nu\lambda}$  using the ESC formalism, the excitons' excitation energies and envelope functions in eq 1 are obtained by solving the ab initio GW-BSE equation,<sup>36,37</sup> as implemented in the BerkeleyGW package.<sup>38</sup> We have performed benchmark calculations using both the ESC formalism and the TD-aGW method for monolayer GeS (which was previously studied in ref 23) as well as for monolayer h-BN and MoS<sub>2</sub>, and excellent agreement between the two methods is found (see the Supporting Information).

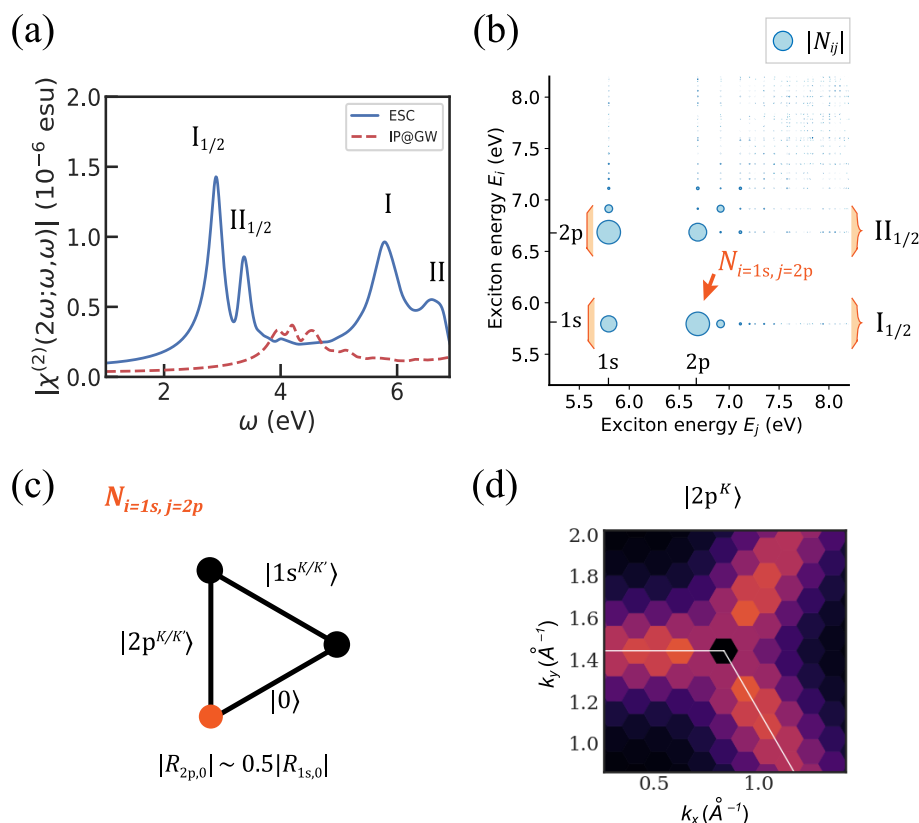
We first study the SHG responses of monolayer h-BN, a large bandgap semiconductor with strong excitonic effects.<sup>39,40</sup> Figure 2a shows the  $\chi_{yyy}$  component of the SHG susceptibility tensor computed at two levels of theory. In general,  $\chi^{abc}$  as a



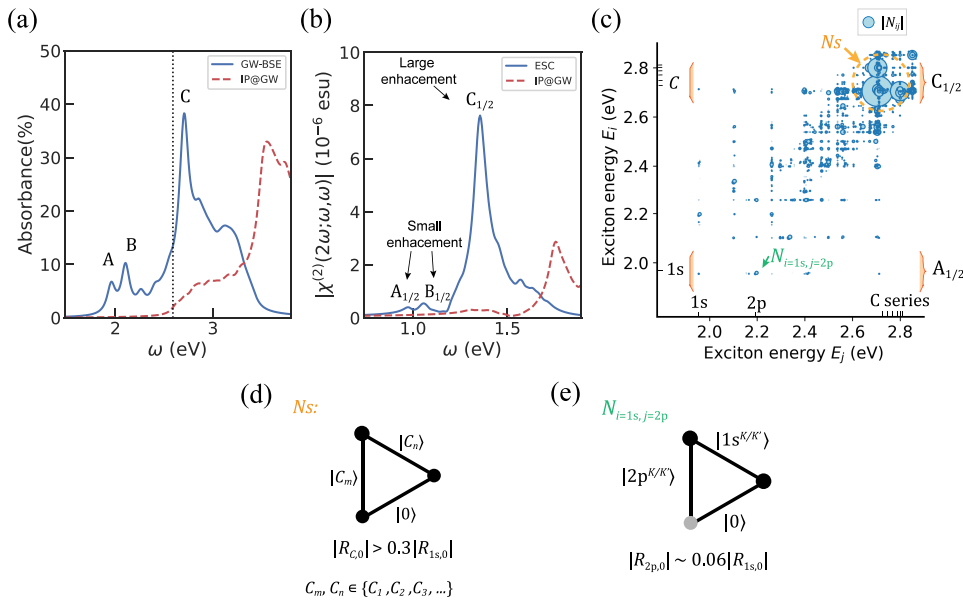
**Figure 1.** Feynman diagrams for second harmonic generation (SHG) in a framework of coupling of exciton states. The solid lines stand for Green's functions of different states, and the wavy lines refer to external photons.  $\omega$  represents the incoming frequency, and  $2\omega$  represents the outgoing frequency.  $R_{nm}^\nu$  and  $R_{n,0}^\nu$  denote matrix elements coupling different exciton states and are associated with the photon–exciton vertices (denoted by the dots).  $\lambda$ ,  $\nu$ , and  $\mu$  are Cartesian directions of the electric field of light. The symbol  $\circlearrowleft \times 3$  represents a cyclic permutation of the  $\{0, m, n\}$  labels and the symbol  $\lambda \leftrightarrow \nu$  represents an exchange of the two Cartesian directions. In total, there are six distinct diagrams, and the sum is over all exciton states with indices  $n$  and  $m$ .

tensor in 2D has 8 independent components; however, for our system with  $D_{3h}$  symmetry,  $\chi^{yyy} = -\chi^{yxx} = -\chi^{xyx} = -\chi^{xyx}$ , with all other components equal to zero.<sup>5</sup> The SHG spectrum shows two sets of double peak structures: one at the energy of the 1s-like and 2p-like exciton states (denoted as peaks I and II) and the other at half of their energies (denoted as  $I_{1/2}$  and  $II_{1/2}$ ). These four peaks can be understood from terms with the two-photon resonance and the single-photon resonance due to the denominators in eq 1. Overall, our results agree reasonably well with previous first-principles calculations using a time propagation method.<sup>33</sup>

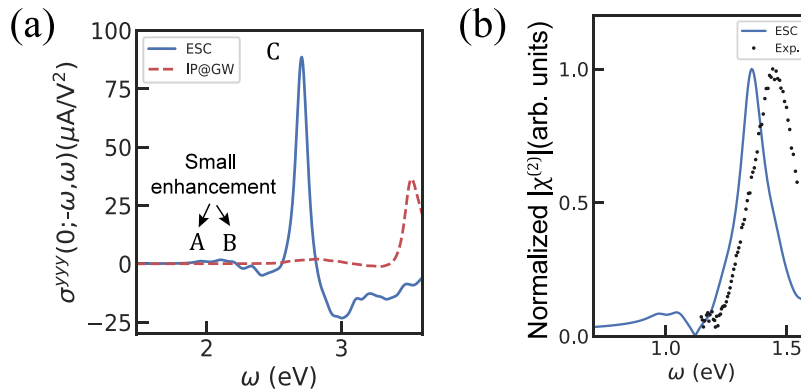
In the following, we investigate in more detail the peaks denoted with “1/2” that are commonly focused on in SHG experiments.<sup>11,14,41</sup> Comparing results from the ESC and IP formalisms, we observe strong excitonic enhancement to both peak  $I_{1/2}$  and peak  $II_{1/2}$ . To understand this, we focus on the dominant term (the first term) in the square bracket of eq 1 and analyze the matrix elements that appeared in the numerator. We define a product coupling amplitude  $N_{ij} = \sum_{\{m|E_n=E_i\}} \sum_{\{l|E_m=E_j\}} R_{0,n} R_{n,m} R_{m,0}$ . Here the indices  $i$  and  $j$  refer to the specific sets of excitons with energies  $E_i$  and  $E_j$ , which can have multiple degenerate states, and all of the degenerate exciton states associated with these energies are included in the calculation of  $N_{ij}$ . We have dropped the Cartesian direction  $y$  in  $R_{nm}^y$  and  $R_{m,0}^y$  for notational simplicity since we are concerned with the  $yyy$  component. The first term



**Figure 2.** (a) Absolute value of the  $yyy$  component of the SHG susceptibility spectrum for monolayer h-BN. The blue solid line is the result from eq 1, the exciton-state coupling (ESC) formalism; the red dashed line is the result from the independent particle (IP) formalism using GW quasiparticle energies. A broadening factor of meV is used in both spectra. (b) Modules of coupling amplitudes  $|N_{ij}|$ . The magnitude of  $|N_{ij}|$  is proportional to the radius of the dot. Orange brackets are used to outline the groups of  $N_{ij}$  that contribute to the main peaks  $I_{1/2}$  and  $II_{1/2}$  in the spectrum. (c) Diagram corresponding to  $N_{i=1s, j=2p}$  pointed out by the red arrow in panel b. The red dot emphasizes that the matrix element of  $R_{2p,0}$  is unusually large for materials with dipole allowed interband transitions. (d)  $k$ -space exciton envelope function of the  $|2p^K\rangle$  exciton state in monolayer h-BN.



**Figure 3.** (a) Absorbance spectrum of monolayer MoS<sub>2</sub>. The dotted line shows the energy of the GW bandgap. (b) Absolute value of the *yyy* component of the SHG susceptibility spectrum for monolayer MoS<sub>2</sub>. The blue solid line is the result from the ESC formalism; the red dashed line is the result from the IP formalism using GW quasiparticle energies. A broadening parameter of  $\eta = 50$  meV is used in both panels a and b. (c) Modules of coupling amplitudes  $|N_{ij}|$ . Orange brackets are used to outline the groups of  $N_{ij}$  that contribute dominantly to the  $A_{1/2}$  and  $C_{1/2}$  peaks in the spectrum. The groups of  $N_{ij}$  related to the  $B_{1/2}$  peak is not explicitly labeled for notational simplicity since the analysis is similar to that of  $A_{1/2}$  peak. (d) Diagram corresponding to the group of coupling amplitudes which are enclosed by the dashed orange circle in panel c. (e) Diagram corresponding to  $N_{i=1s, j=2p}$  indicated by the green arrow in panel c. The gray dot emphasizes that the matrix element is small.



**Figure 4.** (a) Frequency dependence of the *yyy* component of the shift current conductivity tensor of monolayer MoS<sub>2</sub> computed with different approaches. A broadening parameter of  $\eta = 50$  meV is used. (b) Comparison of the normalized absolute value of SHG susceptibility of monolayer MoS<sub>2</sub> from experiment<sup>12</sup> with that from our theoretical calculations using exciton-state coupling formalism. The intensity is normalized to its maximum value for each data set. A broadening parameter of  $\eta = 80$  meV is used in the theoretical spectrum for a better comparison with experiment. More details about this comparison can be found in the [Supporting Information](#).

of the summation in eq 1 now can be rewritten as  $\sum_{ij} N_{ij} (2\hbar\omega - E_i + i\eta)^{-1} (\hbar\omega - E_j + i\eta)^{-1}$ . Due to the presence of the denominator  $2\hbar\omega - E_i + i\eta$ , there would be a large SHG intensity when  $\omega$  is near half of the exciton energy,  $E_i$ , as long as there exist large coupling amplitudes,  $N_{ij}$ , in the set  $\{N_{ij}, j = \text{all}\}$ . This argument is visualized in Figure 2b. In the figure, the absolute values of  $N_{ij}$  are represented by a series of dots with different radii, according to their amplitude. The lower orange bracket in the figure indicates that peak  $I_{1/2}$  is mainly related to the set of coupling amplitudes  $\{N_{ij}|i = 1s, j = \text{all}\}$ . Within this set,  $N_{i=1s, j=2p}$  and  $N_{i=1s, j=1s}$  dominate and they are the main source for the large intensity of peak  $I_{1/2}$ . Similarly, peak  $II_{1/2}$  is related to the set  $\{N_{ij}|i = 2p, j = \text{all}\}$ , which is

indicated by the orange bracket and is dominated by two different couplings.

Let us focus on the largest coupling amplitude  $N_{i=1s, j=2p}$  indicated by the red arrow in Figure 2b to get some physical insight into the excitonic effect in the SHG process for peak  $I_{1/2}$ . This coupling amplitude involves two degenerate 1s-like exciton states (one from the K, the other from the K' valley) and two degenerate optically bright 2p-like states (also one from the K, the other from the K' valley). Interestingly, in monolayer h-BN, the oscillator strength for excitation from the ground state to the 2p-like states (i.e.,  $R_{2p,0}$ ) is large and comparable to that of excitation to the 1s-like states (i.e.,  $R_{1s,0}$ ), with  $|R_{2p,0}| \approx 0.5|R_{1s,0}|$ . This unusual brightness for the 2p excitons in dipole-allowed interband transition systems is attributed to a large trigonal wrapping effect.<sup>40,42,43</sup> This effect

is reflected in the  $k$ -space envelope functions of 2p-like excitons in monolayer h-BN, which are significantly distorted from a circular shape (Figure 2d). Moreover, the bright 1s-like states and 2p-like states from the same valley can be coupled by the  $r$  operator since their angular momenta differ by 1. As a result, all of the coupling matrix elements (vertices) in Figure 2c are large, leading to a substantial coupling amplitude  $N_{i=1s,j=2p}$  and thus the significant excitonic enhancement seen in peak  $I_{1/2}$ . The similar mechanism is also the origin of the large excitonic enhancement for peak  $II_{1/2}$ .

The strong excitonic enhancement in SHG in the low-frequency regime for monolayer h-BN needs not be a general feature for other materials. It is well-known that peak A and peak B in the monolayer  $\text{MoS}_2$ 's linear absorption spectrum originate from the 1s excitons of the A and B series at the  $K$  and  $K'$  valley. Their difference in energy mainly corresponds to the splitting of the top of the valence band at the  $K/K'$  point by spin-orbit coupling. At frequencies above the quasiparticle band gap, peak C (which consists of correlated electron-hole pairs near  $\Gamma$ ,  $K$  and  $K'$  valleys) is the most pronounced peak.<sup>1</sup> Both the A/B and C excitons feature large linear optical transition matrix elements due to strong excitonic effects (Figure 3a). Therefore, one might expect similar exciton enhancement for both the A/B and C "1/2" peaks in the SHG intensity; however, this is not the case for the following reasons from our results.

In Figure 3b, we show the computed  $yyy$  component of the SHG susceptibility tensor of monolayer  $\text{MoS}_2$ . We label the peaks at 0.97, 1.05, and 1.35 eV from the ESC results as peak  $A_{1/2}$ ,  $B_{1/2}$ , and  $C_{1/2}$  since they are at half of the energy of peak A, peak B, and peak C in the linear absorption spectrum. We find that the peak  $A_{1/2}/B_{1/2}$  intensity is close to the value of the low-frequency SHG intensity from the IP calculation, while there is a 3-fold excitonic enhancement in the intensity of peak  $C_{1/2}$  compared to the IP peak intensity at the corresponding interband transition energies. The dominance of peak  $C_{1/2}$  agrees with experimental findings<sup>12</sup> (see Figure 4b) as well as calculations based on real-time propagation studies<sup>33,44</sup> and tight-binding model results<sup>45</sup> although no deep understanding was provided in these previous studies.

To understand the distinctively different enhancement effects on peak  $C_{1/2}$  and peak  $A_{1/2}/B_{1/2}$ , we plot the product coupling amplitude  $N_{ij}$  for monolayer  $\text{MoS}_2$  in Figure 3c. We first look at peak  $C_{1/2}$ . It is mostly related to the set of coupling amplitudes depicted by the upper orange brackets in Figure 3c, since they will contribute most when the two-photon energy is resonant with the energy of the C exciton states. We find that many coupling amplitudes  $N_{ij}$  in this set exhibit large values. This is understood as follows. Two bright excitons (say  $|C_m\rangle$ ,  $|C_n\rangle$ ) in the series C can couple strongly via the  $r$  operator because their envelope functions exhibit a large degree of trigonal warping and are distributed in a similar region in reciprocal space (see the Supporting Information). As a result, the three coupling elements ( $R_{0,C_n}$ ,  $R_{C_n,C_m}$ ,  $R_{C_m,0}$ ) can be simultaneously large (as indicated in the diagram in Figure 3d), leading to a substantial product coupling amplitude. Due to the presence of multiple bright C exciton states, there are many combinations for large-valued coupling amplitudes, which together result in a giant excitonic enhancement for the peak  $C_{1/2}$ .

On the other hand, the small excitonic enhancement at peak  $A_{1/2}$  can be understood by analyzing the product coupling amplitude within the set denoted by the lower orange brackets

in Figure 3c (the behavior of peak  $B_{1/2}$  can be understood in a similar way). Among this set,  $N_{i=1s,j=2p}$  is the dominant one, denoted by the green arrow in Figure 3c. However, its magnitude is 1 order of magnitude smaller than some of those in the C series. This is because one of its constituent elements,  $R_{2p,0}$  which corresponds to the optical oscillator strength of the 2p exciton, is small, with only 0.06 times the magnitude of  $R_{1s,0}$ , as indicated in Figure 3e. The smallness of  $R_{2p,0}$  is related to the small degree of trigonal warping of the exciton wave function in the  $K/K'$  valleys of monolayer  $\text{MoS}_2$ .<sup>42,43</sup> Besides  $N_{i=1s,j=2p}$ , the other coupling amplitudes are all small, since there are no other bright excitons that couple strongly with the 1s excitons.

Finally, we show that our approach to understanding excitonic enhancement associated with different exciton states in SHG can be applied to understanding shift current generation. In Figure 4a, we plot the  $yyy$  component of the shift current conductivity tensor for monolayer  $\text{MoS}_2$ . The A and B peaks are around 40 times smaller than that of the C peak. The physical picture for this is similar to that in SHG, since the optical processes involved in shift current generation also include the product of three coupling terms connecting the ground state and two intermediate exciton states (see Figure S1 and eq S1 in the Supporting Information). Due to the lack of intermediate bright excitons with which the A (or B) exciton to couple, its resonance in the shift current generation process is weak, resulting in very low intensity. In contrast, monolayer h-BN behaves oppositely because of the coexistence of bright 1s and bright 2p excitons, exhibiting significant excitonic enhancement of shift current in its low-energy peaks (see the Supporting Information for more details), which is similar to the SHG case.

In conclusion, we have developed an efficient method based on an exciton-state coupling formulation making use of Berry connections in the length gauge to compute nonlinear optical responses with excitonic effects from first principles. Applying this method to monolayer h-BN and  $\text{MoS}_2$ , we elucidated the microscopic origin of excitonic enhancements on their SHG and shift current responses. A comparison of the two materials suggests strong trigonal warping is essential for large excitonic enhancement in this class of hexagonal 2D materials.<sup>13</sup> The exciton-state coupling analysis developed in this work can be applied to understanding the excitonic effect in other nonlinear optical phenomena, such as difference frequency generation and sum frequency generation.<sup>12</sup>

## ■ ASSOCIATED CONTENT

### SI Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acs.nanolett.4c03434>.

Computational details of GW-BSE, formalism for shift current conductivity, locally smooth gauge construction scheme, benchmark calculations, comparison of SHG spectrum with experiment data, absorbance spectrum, and exciton envelope functions (PDF)

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## Author Contributions

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## Notes

The authors declare no competing financial interest.

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