

## **UC San Diego**

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**MEDICAL/SURGICAL NURSING**  
commitment to lifelong learning,  
professional development, and  
their community







## Five Magnet Components

Transformational Leadership

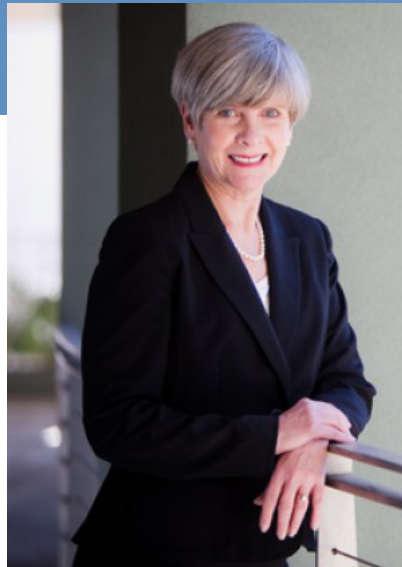
Structural Empowerment

Exemplary Professional Practice

New Knowledge and Innovation

Empirical Outcomes

Magnet committee membership is a great way to become personally involved in the Magnet journey and to help shape the future of nursing at UCSD. For more information go to our nursing website at <http://medinfo.ucsd.edu/nursing/committees/> to learn about committee membership opportunities.



## Message from the The Chief Nursing Officer

Welcome to our 9th edition of the UC San Diego Journal of Nursing and Happy Holidays! This issue features our Medical Surgical units. Did you know that the number of beds in the Medical Surgical units make up for over 38% of the total beds in our hospitals? That is over 217 beds spread out over 9 units and includes over 380 Rn's. These units cover a variety of specialties and include a diverse group of devoted professional staff members. Med Surg nurses have the crucial role of being the central collaborator in facilitating the patient's transition to the different levels of care as well as transitioning for discharge from the hospital.

If you have ever wondered how the Affordable Health Care act of 2010 has impacted the nurse's role in the hospital then you will benefit from reading, "The Impact of the Med Surg nurse in the Era of Healthcare Reform". This article describes how these nurses in the acute care setting needs to be an effective communicator in every aspect of care to the patient and family. You will learn how the journey began in California with the Delivery System Reform Incentive Program (DSRIP) and how it affects hospitals that care for low income patients.

Many of us are aware of the community service that our own UC San Diego Nurses provide to the public through local agencies but there is a lot more going on outside of our community as well! Our Nurses are reaching around the globe to help others. As you will see on the map in this journal, our nurses have traveled to multiple countries in the past years and this list continues to grow. Countries that our nurses have recently traveled to include India, the Philippines, Honduras, Vietnam, South Korea, Indonesia, Australia, Canada and Mexico. On top of spreading help throughout different countries, our nurses have been great fundraisers for local charities! Last year the Medical Surgical units raised over \$72,000 for the American Heart Association and the Heart Walk. Nurses from our Bone Marrow Transplant (BMT) unit sponsored a Light the Night to benefit Leukemia and Lymphoma Society (LLS) and nurses from our HIV unit (6 East) continue to support the Annual AIDS walk and have raised over \$12,000 in one year for this important cause. Seeing everyone participate in these events makes me thankful to be a part of an organization that values giving back to the community! Thank you for being a vital part of the larger community.

When the Sulpizio Cardiovascular Center (SCVC) opened in 2011, many nurses on the units at Hillcrest and Thornton faced changes and uncertainty in regards to fellow employees leaving their home units for the new units and challenges to fill their empty spots and create a new family. In the article "The Journey of Rebuilding a Unit" you will learn about the trials that not only the management faced in order to rebuild the number of staff on their unit but the changes the nursing staff faced with losing the team members. Reading about how the existing staff emerge as leaders and mentors to new staff both career and travelers is a true testament to the character of these individuals.

I hope you enjoy reading about the Medical Surgical departments as much as I did. It is always fascinating to learn more about the special evidence based practice projects going on within our units. Realizing how each unit functions as an individual division as well as how each unit plays a vital role in the other parts of the hospital impresses me. These units are made up of very special people who have clearly been recognized for their achievements as seen in the multiple nominations for DAISY awards as well as having over 5 DAISY award winners among this staff.

With the holidays around the corner I hope that everyone has a safe and joyous holiday and that we all remember to be thankful for the wonderful people that make up our support system both at work and at home. I am thankful for all of you!

Sincerely,

**Margarita Baggett, RN, MSN**  
CHIEF NURSING OFFICER

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**On the front cover:**

**Med Surg Nurses of the Year 2012**

**Back Row** (Hillcrest) Left to Right– Warren Toy (CIU), Fay Rivera (5W) Susan Hartnett (10E), Rachel Sibley (11W), Myran Evalle (8th), Anthony Velasco (6E), Not pictured Glyceria Castillo (6W)

**Front Row** (Thornton) Left to Right: Arlene Ferrer (3W), Phillip Koovadada (2W), Erin Shur (2E), Tamaray Mayer (3E)

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