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AS I LAY IN MY HOSPITAL BED...

By

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A capstone project submitted for
Graduation with University Honors

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University Honors
University of California, Riverside

APPROVED

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Abstract

This Capstone project aims to produce a creative writing piece on patients' experiences in a hospital setting from the patient's point of view. One very important experience that inspired this idea is my role as a Patient Experience Ambassador in the COPE Health Scholars program at Riverside Community Hospital. From this, I learned that the hospital setting itself may play a role in inhibiting a person's recovery after falling ill. Further background research has taught me that empathy in a healthcare provider can improve patients' experiences in hospitals. Thus, the purpose of this project is to practice empathy for patients by trying to narrate an account from their lens. I hope to use this skill to better my bedside manner when I help patients during my current hospital shifts and become a more effective health care provider when I hopefully achieve my lifelong dream of becoming a physician. I also wish to shed light on the struggles of being a patient.