UCSF UC San Francisco Previously Published Works

Title

Outcomes That Define Successful Advance Care Planning: A Delphi Panel Consensus

Permalink https://escholarship.org/uc/item/7515x41k

Journal Journal of Pain and Symptom Management, 55(2)

ISSN

0885-3924

Authors

Sudore, Rebecca L Heyland, Daren K Lum, Hillary D <u>et al.</u>

Publication Date 2018-02-01

DOI

10.1016/j.jpainsymman.2017.08.025

Peer reviewed

Accepted Manuscript

Outcomes that Define Successful Advance Care Planning: A Delphi Panel Consensus

Rebecca L. Sudore, MD, Daren K. Heyland, MD, MS, Hillary D. Lum, MD, PhD, Judith A.C. Rietjens, PhD, Ida J. Korfage, MSc, PhD, Christine S. Ritchie, MD, MSPH, Laura C. Hanson, MD, MPH, Diane E. Meier, MD, FACP, Steven Z. Pantilat, MD, Karl Lorenz, Michelle Howard, PhD, Michael J. Green, MD, Jessica E. Simon, FRCPC, Mariko A. Feuz, BS, John J. You, MD, MSc



PII: S0885-3924(17)30431-1

DOI: 10.1016/j.jpainsymman.2017.08.025

Reference: JPS 9568

To appear in: Journal of Pain and Symptom Management

Received Date: 5 May 2017

Revised Date: 18 August 2017

Accepted Date: 20 August 2017

Please cite this article as: Sudore RL, Heyland DK, Lum HD, Rietjens JAC, Korfage IJ, Ritchie CS, Hanson LC, Meier DE, Pantilat SZ, Lorenz K, Howard M, Green MJ, Simon JE, Feuz MA, You JJ, Outcomes that Define Successful Advance Care Planning: A Delphi Panel Consensus, *Journal of Pain and Symptom Management* (2017), doi: 10.1016/j.jpainsymman.2017.08.025.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Outcomes that Define Successful Advance Care Planning: A Delphi Panel Consensus

Authors: Rebecca L. Sudore, MD^{1,2}; Daren K. Heyland, MD, MS³; Hillary D. Lum, MD, PhD^{4,5}; Judith A.C. Rietjens, PhD⁶; Ida J. Korfage, MSc, PhD⁶; Christine S. Ritchie, MD, MSPH¹; Laura C. Hanson, MD, MPH⁷; Diane E. Meier, MD, FACP⁸; Steven Z. Pantilat, MD⁹; Karl Lorenz^{10, 11}; Michelle Howard, PhD^{12, 13}; Michael J. Green, MD¹⁴; Jessica E. Simon, FRCPC¹⁵; Mariko A. Feuz, BS^{1,2}; John J. You, MD, MSc^{12, 13}

¹Division of Geriatrics, Department of Medicine, University of California, San Francisco, California;

²Veteran Affairs Medical Center, San Francisco, California;

³Dept. of Critical Care Medicine, Queen's University; Clinical Evaluation Research Unit, Kingston General Hospital, Ontario, Canada;

⁴Veteran Affairs Eastern Colorado Geriatrics Research Education and Clinical Center (GRECC), Denver, Colorado;

⁵Department of Geriatric Medicine, Department of Medicine, University of Colorado School of Medicine, Aurora, Colorado;

⁶Department of Public Health, Erasmus University Medical Center, Rotterdam, The Netherlands; ⁷Division of Geriatric Medicine, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina;

⁸Brookdale Department of Geriatrics and Palliative Medicine, Icahn School of Medicine at Mount Sinai, New York, New York;

⁹Palliative Care Program, Division of Hospital Medicine, Department of Medicine, University of California, San Francisco, California;

¹⁰Veteran Affairs Medical Center, Palo Alto, California;

¹¹Stanford University, Palo Alto, California;

¹²Department of Medicine, McMaster University, Hamilton, Ontario, Canada;

¹³Department of Health Research Methods, Evidence, and Impact, McMaster University, Hamilton, Ontario, Canada;

¹⁴Departments of Humanities and Medicine, Penn State College of Medicine;

¹⁵Departments of Oncology, Community Health Sciences and Medicine, University of Calgary, AB, Canada

Corresponding author:

Rebecca L. Sudore, MD University of California, San Francisco School of Medicine SFVAMC 4150 Clement Street, #151R San Francisco, CA 94121 Phone: 415-221-4810 x 23475 Fax: 415-750-6669 Rebecca.sudore@ucsf.edu

Tables and Figures:

Figure 1. Delphi Method Flowchart Figure 2. Organizing Framework for Advance Care Planning (ACP) Outcomes Table 1. Characteristics of Delphi Panel Members Table 2. Top 10 Advance Care Planning Patient-Centered Outcome Constructs Rated by ACP Delphi Panel Experts Table 3. Delphi Consensus Rankings and Ratings of Advance Care Planning Constructs Overall and by Domain^a

Appendix 1. All Outcome Constructs by Domain and Stage in Delphi Study When Added or Deleted

Appendix 2. Delphi Consensus Overall Rankings and Ratings of Advance Care Planning Constructs by Domain^a and All Pertinent Units of Analysis

Word count: 3578

Abstract

Context: Standardized outcomes that define successful advance care planning (ACP) are lacking.

Objective: To create an Organizing Framework of ACP outcome constructs and rate the importance of these outcomes.

Methods: This study convened a Delphi panel consisting of 52 multidisciplinary, international ACP experts including clinicians, researchers, and policy leaders from four countries. We conducted literature reviews and solicited attendee input from 5 international ACP conferences to identify initial ACP outcome constructs. In 5 Delphi rounds, we asked panelists to rate patient-centered outcomes on a 7-point "not-at-all" to "extremely important" scale. We calculated means and analyzed panelists' input to finalize an Organizing Framework and outcome rankings.

Results: Organizing Framework outcome domains included process (e.g., attitudes), actions (e.g., discussions), quality of care (e.g., satisfaction), and healthcare (e.g., utilization). The top 5 outcomes included (1) care consistent with goals, mean 6.71 (\pm SD 0.04); (2) surrogate designation, 6.55 (0.45); (3) surrogate documentation, 6.50 (0.11); (4) discussions with surrogates, 6.40 (0.19); and (5) documents and recorded wishes are accessible when needed 6.27 (0.11). Advance directive documentation was ranked 10th, 6.01 (0.21). Panelists raised caution about whether "care consistent with goals" can be reliably measured.

Conclusion: A large, multidisciplinary Delphi panel developed an Organizing Framework and rated the importance of ACP outcome constructs. Top rated outcomes should be used to evaluate the success of ACP initiatives. More research is needed to create reliable and valid measurement tools for the highest rated outcomes, particularly "care consistent with goals."

Keywords: advance care planning; consensus; Delphi technique; outcome measures

Running title: Outcomes of Successful Advance Care Planning

INTRODUCTION

Advance care planning (ACP) is defined as a "process that supports adults at any age or stage of health in understanding and sharing their personal values, life goals, and preferences regarding future medical care."(1-3) The conceptualization of ACP has broadened over the past decade from the completion of legal advance directives to a process that consists of many behaviors, such as choosing a surrogate decision maker, defining values and preferences for medical care, and communicating those wishes to others.(1, 2, 4) However, studies have used a wide variety of outcomes to measure the success of ACP programs and interventions, including advance directive completion, behavior change, healthcare utilization, and care consistent with goals, all of which have been variably measured.(5-10)

The field of ACP research currently lacks consensus about the most important patient-centered outcome domains and constructs that define successful ACP. This is important because there have been increasing ACP initiatives within healthcare systems, including payer reimbursement programs and quality metric initiatives.(8, 9, 11-17) Without a shared understanding of ACP outcomes, it is difficult to compare findings across research and clinical initiatives and to determine which ACP programs or tools are most effective.

Therefore, we convened a large, multidisciplinary Delphi panel of ACP experts in research, clinical care, policy, and law to identify and rate patient-centered ACP outcomes that best define successful ACP. This same panel also created the aforementioned consensus definition of ACP.(1) Our goal for this study was to create an Organizing Framework of ACP outcomes to begin to standardize ACP measurement, to identify and rate a broad set of ACP outcome constructs, to identify knowledge gaps, and to lay the groundwork for future research.

METHODS

Study Design and Participants

In an area that lacks consensus, the Delphi method is an established technique to solicit anonymous, structured feedback from experts through ranking and qualitative input.(18-21) Panelists consisted of researchers, clinicians, legal experts, and policy makers with expertise in ACP, and their recruitment and qualifications have been previously described.(1) The Delphi process was conducted between February 2015 and April 2017 and was determined to be exempt by the University of California, San Francisco Institutional Review Board.

Delphi Methods

Because validated measures have yet to be standardized for most ACP outcomes, we focused on identifying, rating, and organizing the most important overarching ACP outcome domains and constructs rather than rating individual questionnaires, quality metrics, or survey questions. Figure 1 summarizes the activities and outcome constructs considered in each Delphi Round.

Formative Round: Identification of initial ACP outcome domains, constructs, and an Organizing Framework:

Prior to convening the Delphi panel, we conducted literature reviews to begin to collate ACP outcome overarching domains and individual constructs.(4, 8, 22-27) We initially presented 33 potential outcome constructs and solicited iterative input from multi-disciplinary attendees of 5 international palliative care and advance care planning conferences in the US, Canada, and the Netherlands listed in Figure 1. The study steering committee, authors RS, HL, DH, and JY, drafted an original version of the Organizing Framework of overarching ACP domains and subdomains based on published conceptual frameworks for ACP and end-of-life communication and input from the aforementioned lecture audiences (Figure 2).(22-28)

Instructions to Delphi Panel Members:

We used the consensus definition of ACP defined by the Delphi panel as the basis for identifying and rating patient-centered ACP outcomes.(1) A unique link to a REDCap rating survey was sent to each panelist for Rounds 1 and 2.(29, 30) Tables of outcomes were sent to participants by individual email for Rounds 3-5. Responses were stored anonymously and presented only in aggregate form. Consensus was defined as an interquartile range (IQR) of 0, indicating very strong consensus.(3, 18, 31) We anticipated requiring at least 3 rounds, one to finalize the organizing framework, domains, and outcome constructs and two rounds for consensus. Additional rounds were triggered if consensus was not achieved or questions remained, as determined by the steering committee.(18-21)

Within each Delphi round, panel members were reminded that the goal of the ratings was to standardize patient-centered ACP outcomes across research studies and to arrive at a consensus about "the outcomes that best define successful ACP." "Patient" may refer to any person who engages in ACP. Panelists were asked to rate the importance of individual outcome constructs, presented within one of 4 Organizing Framework domains (Figure 2 and results). Constructs were rated on a 7-point Likert scale (i.e., 1-not at all important, 2-extremely low importance, 3-low importance, 4-slightly important, 5-moderately important, 6-very important, 7-extremely important/essential for all ACP studies).(32, 33) The panel was encouraged to use the full 7-point scale to prevent ceiling effects. Open-ended text boxes were provided for panelists to comment on the Organizing Framework domains, subdomains, and outcome constructs; to suggest new constructs; or to suggest whether constructs should be consolidated or deleted. After each round, we reviewed the distribution, mean, median, and interquartile range of each rating. Then, anonymous mean rating scores from the prior round, new or deleted outcomes based on low ratings (i.e. 1 standard deviation below the mean), and a summary of open-ended comments were provided back to the panel for review. To reduce response burden,

mean ratings from the prior rounds were auto-filled so panelists could easily leave the ratings unchanged, recommend changes, or provide additional comments.

Delphi Panel Round 1: Rating initial ACP outcome constructs and the Organizing Framework (Figure 1). To provide context, each construct was presented within overarching Organizing Framework domains identified in our formative work (Figure 2 and results). Open-ended comments were encouraged.

Delphi Panel Round 2: Refining ACP Outcome Ratings at the Patient, Surrogate, Clinician, and Healthcare system-level (i.e., unit of analysis)

To provide context, outcome constructs were presented in tables that used the overarching Organizing Framework domain headers. Newly identified outcome constructs suggested by panelists were added. Based on panelists' comments, the survey was also updated to include ratings for different "units of analysis" (i.e., at the patient, surrogate, clinician, and healthcare system level, Figure 2 and results). For example, ACP discussions can be measured at the patient level by self-report, as well as by reports from surrogates and clinicians and by administrative data or healthcare system level. Since not every outcome construct is pertinent to every unit of analysis (e.g., "quality of death" could not be asked at the patient level), the Delphi panel also determined pertinent units of analysis iteratively over subsequent Rounds.

Delphi Panel Round 3: Further Refining of ACP Outcome Ratings by Unit of Analysis Given the large number of constructs, we grouped the outcome constructs into 3 categories: (a) constructs with the highest ratings that may be recommended for most ACP studies, (b) constructs with medium ratings that could be used in certain ACP studies, and (c) constructs flagged for deletion based on low ratings in Round 2. Outcome constructs were presented within Organizing Framework domains (Figure 2).

Delphi Panel Round 4: Rating ACP outcomes overall by Rank Order, regardless of Organizing Framework Domain

Panelists had been rating outcome constructs within Organizing Framework overarching domains and not in overall rank order. Therefore, the steering committee determined it was important for the panel to review and rate the overall outcome rankings, regardless of domain or subdomain. We listed the constructs in sequential ranking order overall (regardless of domain) for review. The Organizing Framework was also provided for context.

Delphi Panel Round #5: Finalizing ACP Outcome Ratings by Organizing Framework Domain and Overall Rank

Because panelists suggested significant consolidation of outcome constructs in Round 4, the steering committee determined it was important for the panel to review these consolidations. Outcome constructs were again presented within Organizing Framework domains. In addition, the construct's overall rank was provided for context. In the final round, panelists were offered \$25 for their time.

Analysis

We calculated the mean ratings (± standard deviation), medians, and interquartile ranges for each ACP outcome construct at each unit of analysis (i.e., patient, surrogate, clinician, or healthcare level), where appropriate. Because the ratings were normally distributed for each round, we presented mean ratings rather than median values for panel review. We ordered the constructs by mean ratings within the Organizing Framework domains and subdomains and by overall rank across all domains. Our study team calculated rankings based on Delphi ratings, and the steering committee prioritized the ranking at the patient-level unit of analysis. Exceptions were made based on Delphi recommendations when patient-level measures were not pertinent. For example, constructs concerning healthcare utilization, such as hospital length of stay, were prioritized at the healthcare system level because objective administrative data is often considered more accurate.(34) Furthermore, some outcome constructs, such as quality of the dying experience, could only be rated at the surrogate or clinician level. In these cases, we took the most highly rated unit of analysis (i.e., surrogate or clinician) and used that mean value in our overall ranking.

Items were flagged for deletion if their mean rating was less than one standard deviation below the overall mean in Round 2 and 5 (Appendix 1). In addition, the steering committee reviewed open-ended qualitative comments at every round using content analysis to refine the Organizing Framework, identify new ACP outcome constructs, and consolidate constructs. The committee selected quotes that most illustrated the tensions expressed about the rating process.

RESULTS

Fifty-five ACP experts were invited and three declined to participate (96% response rate) resulting in a 52-member Delphi panel from four countries and several disciplines (Table 1). We initially presented 33 outcome constructs to multi-disciplinary audience members from 5 international conferences (Figure 1). Comments collated from these conferences resulted in 75 additional outcome constructs organized within Organizing Framework domains (Figure 2, Appendix 1).

Organizing Framework and Outcome Domains

The overarching domains included moderator variables such as demographic characteristics, which were not included in the outcome ratings. However, many panelists noted the importance of the characteristics of the individual, the community, and health systems for the success of ACP (Figure 1). The 4 outcome domains used for ratings were: 1) process, 2) action, 3) quality of care, and 4) healthcare outcomes. *Process or Mediator Outcomes* were defined as outcomes that specify how or why an effect or relationship occurs, such as dynamic psychosocial properties of the individual (e.g., beliefs) and included subdomains of behavior change and perceptions. *ACP Action Outcomes* were defined as outcomes that measure an individual's completion of specific ACP tasks, and included subdomains of communication and documentation of surrogates as well as values and preferences. *Quality of Care Outcomes* were defined as outcomes were defined as outcomes that measure the impact of ACP on quality of care (e.g., satisfaction with communication and decision making), and included subdomains of care consistent with goals and satisfaction with care. *Healthcare Outcomes* were defined as outcomes that measure the impact of ACP on health outcomes, and included subdomains of health status, mental health, and healthcare utilization.

In developing the Organizing Framework, panelists reported nuances relating to units of analysis: "Can you indicate [on the Framework] that patient/surrogate/clinician operate within the healthcare system and are interrelated" and in addition "I had a hard time rating (in Round 1) because the importance of these outcomes differ for patients, surrogates or clinicians." Panelists also reported nuances in terms of timing of measurement: "Some domains may be relevant depending on the patient population targeted [and] life stage healthy vs seriously ill." In addition, "Care consistent with goals may pertain to current goals for medical treatment or at the very end of life." Thus, we refined the Framework to show how outcomes may be measured in or pertain to the patient, surrogate, clinician or the healthcare system "unit of analysis," and how

the "units" are interrelated and interact in ways that may affect ACP. The Framework also shows how outcomes may be measured at any point along the life course (Figure 2).

Outcome Construct Rounds and Ratings

In Round 1, 52 panelists rated 108 outcomes constructs within the Organizing Framework domains. At this stage panelists recommended 29 additional constructs (Figure 1, Appendix 1). In Round 2, 45 panelists (87% response rate) reviewed 137 constructs within the Organizing Framework domains and, due to Delphi panel request, by each unit of analysis. No new constructs were proposed. In Round 3, 32 panelists (62% response rate) rated 137 constructs within the Organizing Framework domains and by each unit of analysis, and panelists agreed to delete 16 constructs with low ratings (i.e., \leq 1 SD below the mean). In Round 4, 41 panelists (79% response rate) rated 121 constructs listed in overall rank order (i.e., not within domain). In content analysis, 4 items were rated low and considered moderators, such as trust, surrogate availability, and symptoms; "*Symptoms…clearly moderate the process but are not directly part of it.*" Panelists' comments also helped to consolidate an additional 40 constructs, "*A lot of construct overlap and non-independence in these items.*" "Items [with] significant overlap you could combine" (Appendix 1). In Round 5, 44 panelists (85% response rate) rated 78 outcome constructs within the Organizing Framework domains and by each unit of analysis. Seventeen constructs were deleted based on low ratings (Figure 1).

Top Rated Constructs

Table 2 displays the top 10 rated outcome constructs. "Care consistent with goals" was ranked highest, mean 6.71 (SD ±0.04). Constructs related to surrogates were also ranked highly. Physician treatment orders were ranked 7th and advance directives were ranked 10th (Table 2). Table 3 displays the mean ratings and rankings within each of the Organizing Framework domains and subdomains of all of the 60 constructs that demonstrated very high consensus. All

mean ratings, rankings and medians at all units of analysis (i.e., patient, surrogate, clinician, or healthcare system) are included in Appendix 2. The top ranked outcome at both the surrogate and clinician level was also "care consistent with goals (Appendix 2)."

Outcome Considerations

Although care consistent with goals was rated as the number one outcome construct, several panelists cautioned that there were difficulties in defining and measuring this construct:

"While this outcome is extremely important, I am not currently aware of an instrument or method to measure this, especially a method that would be amendable to most ACP studies, including quality improvement studies."

"Goals of care change over time, so in the metric it would be important to specify 'most recently documented goals match care'."

"We cannot measure this in a meaningful and consistent way. So you are setting up a dilemma for our field of research, and potentially setting up a policy dilemma as well."

There were also questions related to feasibility for measures pertaining to subjective assessments or emotional states under Health Status subdomain: *"I don't trust our ability to measure all of these states (hope, peace...) I worry that we won't be finding reliable, valid measures to obtain these data."*

Many panelists also reported tensions concerning the subdomain of Care Utilization. Although panelists rated it as important with high consensus, many expressed concerns for focusing on utilization to demonstrate ACP success. *"I think we have to be careful...not everyone wants to*

die at home. Some...may desire aggressive LSTs [life sustaining treatments] at the EOL [end of life]... The foremost principle is that people's preferences are honored."

DISCUSSION

Advance care planning is an essential process to ensure healthcare is individualized and guided by patient priorities, yet standardized outcomes are lacking. To fill this gap, a large multidisciplinary group of experts created an overarching Organizing Framework of ACP outcome domains and constructs. The panel also prioritized these ACP outcome constructs. The highest ranked outcome was "care consistent with goals" within the Quality of Care domain, although there was considerable caution raised about the challenges in measuring this important outcome.

Several of the ACP outcome constructs, such as documentation of a surrogate, documentation of treatment preferences and care consistent with goals, have been identified in other consensus projects concerning the broader fields of palliative care and hospice.(3, 8, 9, 12-17, 35) This study and the Delphi panel builds on this important prior work by creating an Organizing Framework specifically for overarching ACP domains, subdomains and constructs. This framework can be used to organize ACP outcomes and provide important context for future research.

This Delphi also identified the top-rated constructs that researchers or quality improvement programs may consider when evaluating the efficacy of ACP initiatives to standardize and compare ACP outcomes across studies. Additionally, the panel identified other constructs deemed highly important by international ACP experts, such as readiness to engage in ACP, provision of prognostic information by the clinician, and ratings of satisfaction with care and communication. Although other outcome constructs were rated lower (Appendix 2) this does not

mean they should not be considered to address specific research hypotheses and patient populations.

Although "care consistent with goals" is listed as an important metric in many of the aforementioned quality indicator initiatives, there is still no standardized, valid or reliable method to measure this outcome, especially across serious illness populations when preferences may vary over time.(17, 35, 36) Care consistent with goals has been variably measured by retrospective chart review matched to the most current (often out-of-date) advance directive on file and/or proxy report.(5-9) Furthermore, assessing this outcome through chart review is hindered by poor documentation of patients' real-time wishes within health systems.(37) Surveys of family members after death may be a reasonable proxy measure.(17) However, the best timing to ask such questions to obtain reliable responses while not causing distress is unknown. Furthermore, Delphi members commented on issues pertaining to the conceptualization of goals and values, for example, care consistent with goals can pertain to real-time medical care and not just end of life care. Defining the timeframe for this outcome is critical given that ACP interventions may target populations without serious illness for whom care decisions may be years in the future. Furthermore, patient preferences and clinical contexts change over time, and studies have shown that values do not always align with treatment preferences, (38) making precise measurement difficult. (4) For all of these reasons, "care consistent with goals" may never be precisely measured through chart review nor at a population level. This outcome may require real-time assessment from patients and their caregivers, and future studies should determine how best to define and assess this highest rated outcome.

Previous studies have validated individual ACP measures, and systematic reviews concerning ACP have been published.(2, 4, 27, 39-41) This study builds on this work by describing the

broad landscape of ACP outcome domains and constructs deemed important by ACP experts, creating an Organizing Framework, and ranking these outcomes for research purposes. However, much additional research is needed. Because validated measures are not available for many of the constructs, rating took place at the overarching domain/construct level rather than focusing on available surveys. The next step should be to develop consensus definitions and to evaluate these outcomes for both validity and feasibility.(12) For researchers and for population health, these outcomes should also be categorized by ease of extraction from administrative data and/or response burden. In some cases, new measures will need to be created and validated. Additional work is also needed to define surrogate- and clinician-level outcome constructs for ACP, to broaden the international applicability of these findings, and finally, patients and surrogates should also rate these constructs.(3)

This study has a number of limitations that may affect the generalizability of our findings. First, although there were many experts represented on the Delphi panel, they were from four disciplines, resided predominantly in the U.S, and included only a few health plan representatives, but no social workers. In addition, this work was focused on ACP research. Outcomes for quality improvement and clinical demonstration projects may differ. Furthermore, self-selection bias and information bias may have occurred as a different cohort of experts from different perspectives (e.g., quality improvement or payers) may have rated these or other outcomes differently. For example, researchers may rate outcomes highly that can demonstrate change in response to an intervention, while health plans may prioritize utilization. Patients and caregivers may also rate the importance of these outcomes differently and should be included in future research. Furthermore, the breadth of the panel and scope of the charge to apply importance ratings to diverse ACP research purposes was intentional, but may explain why some of the constructs were rated highly despite limited feasibility. This may also explain why

ranked higher than the completion of legal forms. However, the rating differences between the top outcomes were small, and, this does not mean that lower ranked outcomes should not be included for specific studies. In addition, the sheer number of outcome constructs identified by the Delphi panel may have resulted in response fatigue, and the response rate of 62% in Round 3 threatens the validity of our findings. However, 85% of the original Delphi panel completed ratings in the final and fifth Round. As the field of ACP research matures, these ratings and rankings may change over time. Further research is also needed to create standardized definitions of these outcomes and validated questionnaires in the context of differing units of analyses and patient populations.

In summary, a large, multidisciplinary Delphi panel identified an Organizing Framework and rated ACP outcome constructs that define successful patient-centered ACP. This study is an important step to encourage standardization of outcomes used in ACP research and to improve our understanding of the potential impact of ACP initiatives. Still, more research is needed to create standardized operational definitions of these outcome constructs and to identify feasible and validated approaches to measuring them.

DISCLOSURES AND ACKNOWLEDGEMENTS:

Author Contributions: Dr. Sudore had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis. *Study concept and design:* Sudore, You, Heyland, Lum *Acquisition, analysis, or interpretation of data:* All authors. *Drafting of the manuscript:* Sudore, You, Heyland, Lum *Critical revision of the manuscript for important intellectual content:* All authors. *Content analysis:* Sudore, You, Heyland, Lum *Obtained funding:* non-applicable *Administrative, technical, or material support:* All authors. *Study supervision:* Sudore

Conflict of Interest Disclosures: Dr. Green is a co-creator of the advance care planning decision aid, Making Your Wishes Known, which was developed for research purposes and is available free of charge. He has financial interest in Vital Decisions, which is developing a commercial version of the program. Dr. Simon is a Physician Consultant in Advance Care Planning and Goals of Care, Alberta Health Services, Calgary Zone. No other disclosures were reported.

Funding/Support: This project was unfunded. However, over the course of the unfunded project, Dr. Sudore was supported in part by the following grants: NIH R01AG045043, PCORI-1306-01500, VA HSR&D 11-110-2, American Cancer Society (ACS) #19659, and NIH U24NR014637.

Role of Funders/Sponsors: No funding bodies had a role in the design and conduct of the study; collection, management, analysis, and interpretation of the data; preparation, review, and approval of the manuscript; or decision to submit the manuscript for publication. The views expressed in this article are those of the authors and do not necessarily reflect the position or policy of the Department of Veterans Affairs.

In addition to the authors, we would like to acknowledge the following Delphi panel members:

In Australia:

Karen Detering, MD, Austin Hospital, Melbourne William Silvester, MD, Austin Hospital, Melbourne

In Canada:

<u>The Canadian Researchers at the End of Life Network</u> Sarah Davison, MD, University of Alberta, Edmonton, Alberta Carole Robinson, PhD, RN, University of British Columbia, Kelowna, British Columbia

In the United States:

Sangeeta Ahluwalia, PhD, UCLA, Los Angeles, CA Wendy Anderson, MD, UCSF, San Francisco, CA Robert Arnold, MD, University of Pittsburgh, Pittsburgh, PA Anthony Back, MD, University of Washington, Seattle, WA Marie Bakitas, RN, PhD, University of Alabama at Birmingham, Birmingham, AL David Bekelman, MD, University of Colorado, Denver, CO Rachelle Bernacki, MD, Dana-Farber Cancer Institute/Harvard, Boston, MA Susan Block, MD, Dana-Farber Cancer Institute /Harvard, Boston, MA David Casarett, MD, University of Pennsylvania, Philadelphia, PA Jared Chiarchiaro, MD, University of Pittsburgh, Pittsburgh, PA J. Randall Curtis, MD, University of Washington, Seattle, WA Jean Cutner, MD, MPH/MSPH, University of Colorado, Denver, CO J. Nicholas Dionne-Odom, PhD, University of Alabama at Birmingham, Birmingham, AL Stacy Fischer, MD, University of Colorado, Denver, CO Laura Gelfman, MD, Mt Sinai, New York, NY Krista Harrison, PhD, UCSF, San Francisco, CA Susan Hickman, PhD, Indiana University, Indianapolis, IN Sarah Hooper, JD, UCSF/UC Hastings Consortium on Law, Science & Health Policy, San Francisco, CA Daniel Johnson, MD, Kaiser Permanente, Denver, CO Kimberly Johnson, MD, Duke University, Durham, NC Amy Kelley, MD, Mt. Sinai, New York, NY Daniel Matlock, MD, University of Colorado, Denver, CO James Mittelberger, MD, Optum Healthcare, Oakland, CA Holly Prigerson, PhD, Cornell University, New York NY Ruth Engelberg, PhD, University of Washington, Seattle, WA Yael Schenker, MD, University of Pittsburgh, Pittsburgh, PA Rashmi Sharma, MD, Northwestern University, Chicago, IL Alex Smith, MD, UCSF, San Francisco, CA Karen Steinhauser, PhD, Duke University, Durham, NC Joan Teno, MD, MS, University of Washington, Seattle, WA Judy Thomas, JD, Coalition for Compassionate Care of California, Sacramento, CA Alexia Torke, MD, Indiana University, Indianapolis, IN Elizabeth Vig, MD, University of Washington, Seattle, WA Angelo Volandes, MD, Harvard University, Boston, MA Douglas White, MD, University of Pittsburgh, Pittsburgh, PA

Characteristic	n (%)
Country of residence	
United States	42 (80%)
Canada	6 (12%)
Netherlands	2 (4%)
Australia	2 (4%)
Gender	
Women	33 (63%)
Type of Expert	
Research	38 (71%)
Clinician/Policy expert	13 (25%)
Law	2 (4%)
Primary Discipline	Ň
Physician	38 (73%)
Nurse	4 (8%)
Lawyer	2 (4%)
PhD/Other	8 (15%)

Figure 1 Legend: Title: Delphi Method Flowchart

^a Individual constructs are listed in the Appendix.

^b 5 International lectures given by author R.L.S. (i.e., Canadian Researchers at the End of Life Network— Hamilton, Ontario, Canada, October 2013; University of Washington Palliative Care Conference, Seattle, Washington, USA, April 2014; Canadian Researchers at the End of Life Network, Calgary, Alberta, Canada, May 2014; European White Paper on Advance Care Planning, Erasmus University Rotterdam, Wassenaar, Netherlands, June 2014; and the University of Colorado Palliative Care Conference, Denver, Colorado, USA, October 2014).

^c Unit of Analysis refers to whom the question is being asked – at the patient, surrogate, or clinician level or through healthcare system data. For example, ACP discussions can be measured at the patient level by self-report, as well as by reports from surrogates and clinicians and by administrative data at the healthcare system level.

^d Constructs were deleted if the mean rating was \leq 1 SD below the overall mean. Constructs were consolidated based on content analysis by the steering committee.

Figure 2 Legend: Title: Organizing Framework of Advance Care Planning (ACP) Outcomes

Because validated measures (i.e., survey instruments or questions) have yet to be standardized for most ACP outcomes, we focused on identifying overarching ACP outcome domains into an Organizing Framework and rating outcome constructs within those domains, rather than rating individual questionnaires, quality metrics, or survey questions.

- a) **Moderator Variables** (largely un-modifiable) may influence the effectiveness or change the strength of an effect or relationship between two variables, such as an intervention's ability to affect an outcome (i.e., moderators may act as an effect modifier). Moderators can often be used in stratified analyses.
- b) Unit of Analysis refers to ranking of the outcome construct at the patient, surrogate, clinician, or healthcare system level. ACP outcomes can often be measured at the level of several units of analysis. For example, ACP discussions can be measured at the patient level by self-report, as well as by reports from surrogates and clinicians and by administrative data at the healthcare system level. Units of analysis are interrelated and interact in ways that affect ACP.
- c) **Process/Mediator Outcomes** specify how or why an effect or relationship occurs. Mediators describe the psychological process that occurs to create the relationship, and as such are always dynamic properties of individuals (e.g., attitudes, perceived barriers, and behavior change (self-efficacy and readiness).
- ACP Specific Action Outcomes measure an individual's completion of specific components of ACP (yes or no) such as discussion or documentation of a surrogate or medical preferences.
- e) **Quality of Care Outcomes** measure the impact of ACP on quality of care such as perceived satisfaction with care, communication, and decision making.
- f) **Healthcare Outcomes** measure the impact of ACP on health outcomes, such as health status, mental health, and healthcare utilization.
- g) **Patient:** We use the term patient to distinguish between the surrogate and clinician. However, this refers to any person who engages in ACP.
- h) Timeframe: All outcomes can be measured at any stage of the life course and over time.

Table 2. Top 10 Advance Care Planning Patient-Centered Outcome Constructs Rated by ACP Delphi Panel Experts

Outcome Constructs ^a	Domain ^b	Overall Ranking	Mean Rating (SD)
Care received is consistent with goals	Quality of Care	1	6.71 (0.04)
Patient decides on a surrogate	Action	2	6.55 (0.45)
Document the surrogate decision maker	Action	3	6.50 (0.11)
Discuss values and care preferences with the surrogate	Action	4	6.40 (0.19)
Documents and recorded wishes accessible when needed	Action	5	6.27 (0.11)
Identify what brings value to patient's life	Action	6	6.20 (0.12)
Medical record contains physician treatment orders (e.g., POLST, code status) when it is clinically appropriate	Action	7	6.13 (0.17)
Discuss values and care preferences with clinicians	Action	8	6.08 (0.24)
Document values and care preferences	Action	9	6.02 (0.25)
Medical record contains advance directive or documentation patient refused	Action	10	6.01 (0.21)

^a Because validated measures (i.e., survey instruments or questions) have yet to be standardized for most ACP outcomes, we focused on identifying overarching ACP outcome domains rather than individual questionnaires, quality metrics, or survey questions.

^b Domain refers to the overarching Outcome Framework Domains in Figure 2.

Table 3. Delphi Consensus Rankings and Ratings of Advance Care Planning Constructs
Overall and by Domain ^a

PROCESS OUTCOMES DOMAIN:	COCESS OUTCOMES DOMAIN: Ranking in Sub-Domain		Mean Rating (SD)
Behavior Change Constructs			
Readiness to engage in ACP	1	13	5.78 (0.12)
Knowledge of ACP	2	37	5.04 (0.20)
Self-efficacy (confidence) about engaging in ACP	3	40	5.00 (0.30)
Perceptions Constructs			
Anxiety about thinking about death	1	33	5.17 (0.26)
Patient's prognostic awareness	2	52	4.79 (0.33)
Perceived barriers to ACP	3	56	4.66 (0.05)
Perceived cultural relevance of ACP	4	58	4.59 (0.00 ^c)
Perceived facilitators to ACP	5	61	4.44 (0.03)
ACTION OUTCOMES DOMAIN:	Ranking in Sub-Domain	Overall Ranking	Mean Rating (SD)
Communication & Documentation			
Surrogate Constructs			
Patient decides on a surrogate	1	2	6.55 (0.45)
Document the surrogate decision maker	2	3	6.50 (0.11)
Surrogate agrees to take on role ^b	3	12	5.78 (0.00)
Ask surrogate to take on the role	4	14	5.70 (0.20)
Inform clinicians about the surrogate	5	23	5.46 (0.00)
Inform family/friends about the surrogate	6	41	4.97 (0.15)
Patient decides on amount of flexibility/leeway in	7	45	4.90 (0.54)
decision making to give surrogate	1	40	4.90 (0.04)
Discuss flexibility with surrogate	8	49	4.87 (0.54)
Document surrogate flexibility	9	55	4.74 (0.49)
Review forms which document a surrogate	10	57	4.64 (0.00)

over time			
Values and Preferences Constructs			
Discuss values and care preferences with the surrogate	1	4	6.40 (0.19)
Documents and recorded wishes accessible when needed ^b	2	5	6.27 (0.11)
Identify what brings value to patient's life	3	6	6.20 (0.12)
Medical record contains physician treatment orders			
(e.g., POLST, code status) when it is clinically appropriate ^b	4		6.13 (0.17)
Discuss values and care preferences with clinicians	5	8	6.08 (0.24)
Document values and care preferences	6	9	6.02 (0.25)
Medical record contains advance directive or documentation patient refused ^a	7	10	6.01 (0.21)
Identify preferred general scopes of treatment (e.g., aggressive vs. comfort care)	8	24	5.44 (0.28)
Discuss values and care preferences with family & friends	9	35	5.07 (0.14)
Congruence between patient's stated wishes and surrogate's reports of patient's wishes	10	36	5.04 (0.00)
Identify preference for specific life sustaining treatment (e.g., CPR, etc.)	11	38	5.03 (0.14)
QUALITY OF CARE OUTCOMES DOMAIN: Ranking	g in Sub-Domain	Overall Ranking	Mean Rating (SD)
Care Consistent w/ Goals Constructs			
Care received is consistent with goals	1	1	6.71 (0.04)
Satisfaction with Care			
Surrogate/family ratings of quality of death	1	15	5.70 (0.20)

and dying ^b			
Overall satisfaction with medical care	2	34	5.10 (0.27)
Overall satisfaction with clinician	3	42	4.97 (0.30)
Perceptions of clinician level of	4	59	4.57 (0.00)
engagement within clinical encounters	4	59	4.57 (0.00)
Satisfaction with Decision Making			
Decisional conflict	1	30	5.28 (0.22)
Decisional regret	2	39	5.01 (0.30)
Decision control preferences, i.e.; control		6	
over decision making (may also be a	3	51	4.83 (0.17)
moderator variable)			
Satisfaction with Communication			
Clinicians provide prognostic information		11	5.79 (0.32)
tailored to patient/family readiness			0.79 (0.02)
Rated quality of discussions with clinicians	2	16	5.64 (0.24)
Clinicians provide recommendations	3	19	5.57 (0.13)
aligned w/patient's values			0.07 (0.10)
Clinicians engage in answering questions	4	27	5.31 (0.10)
Rated quality of discussions with	5	32	5.23 (0.24)
surrogates	5	52	0.20 (0.24)
Specific topics included in discussion (e.g.,	6	43	4.93 (0.28)
values, treatment preferences etc.)	0	-5	4.93 (0.20)
HEALTHCARE OUTCOMES DOMAIN:	Ranking in Sub-Domain	Overall Ranking	Mean Rating (SD)
Health Status and Mental Health			
Depression	1	31	5.25 (0.05)
Clinician moral distress ^b	2	46	4.90 (0.29)

Peace	3	50	4.85 (0.21)
Self-rated quality of life	4	53	4.77 (0.26)
Норе	5	60	4.45 (0.00)
Care Utilization Constructs			
Hospitalization utilization ^b	1	17	5.63 (0.00)
Use of life sustaining treatment ^b	2	18	5.59 (0.06)
Hospice utilization ^b	3	20	5.52 (0.07)
ICU utilization ^b	4	21	5.51 (0.11)
Place of death ^b	5	22	5.49 (0.23)
Overall healthcare expenditures ^b	6	25	5.39 (0.00)
Days in hospice before death ^b	7	26	5.35 (0.14)
ER utilization ^b	8	28	5.30 (0.01)
Palliative care utilization ^b	9	29	5.29 (0.15)
Long term care utilization (i.e., nursing			4.00 (0.04)
home or institutionalization ^b	10	44	4.92 (0.01)
Withdrawal of life sustaining treatment ^b	11	48	4.89 (0.00)
Out of pocket expenses	12	54	4.75 (0.34)

^a Because validated measures (i.e., survey instruments or questions) have yet to be standardized for most ACP outcomes, we focused on identifying overarching ACP outcome domains rather than individual questionnaires, quality metrics, or survey questions.

^b All rankings are based on patient-level unit of analysis, except where this is inappropriate. The following constructs were ranked at the Surrogate level: Surrogate agrees to take on the role, Patient died in preferred location, Surrogate/family ratings of quality of death and dying; the Clinician level: Clinician moral distress; and the Healthcare level: Documents and recorded wishes accessible when needed, Medical record contains physician treatment orders (e.g., POLST, code status) when it is clinically appropriate, Medical record contains advance directive or documentation patient refused, and all care utilization constructs, except out of pocket expenses

^c To reduce response burden, mean ratings from the prior rounds were presented so panelists could easily leave the ratings unchanged, recommend changes, or provide additional comments. A

standard deviation of 0.00 means that all panelists agreed with that rating and did not change it in the final round.

References:

1. Sudore RL, Lum HD, You JJ, et al. Defining Advance Care Planning for Adults: A Consensus Definition from a Multidisciplinary Delphi Panel. Journal of pain and symptom management. Jan 03 2017.

2. IOM Report: Dying in America: Improving Quality and Honoring Individual Preferences Near the End of Life. September, 2014. Accessed July 2016.

http://iom.nationalacademies.org/Reports/2014/Dying-In-America-Improving-

Quality-and-Honoring-Individual-Preferences-Near-the-End-of-Life.aspx.

3. Rietjens AC, Sudore RL, Connolly M, et al. Definition and recommendations for optimal advance care planning: An international consensus. Lancet Oncology, in press, 2017.

4. Sudore RL, Fried TR. Redefining the "planning" in advance care planning: preparing for endof-life decision making. Annals of internal medicine. Aug 17

2010;153(4):256-261.

5. Silveira MW, W; Piette, J. Advance directive completion by elderly Americans: a decade of change. J Am Geriatr Soc. 2014;62(4):4.

6. Silveira MJ, Kim SY, Langa KM. Advance directives and outcomes of surrogate decision making before death. N Engl J Med. Apr 1 2010;362(13):1211-1218.

7. Hammes BJ, Rooney BL, Gundrum JD. A comparative, retrospective, observational study of the prevalence, availability, and specificity of advance care plans in a county that implemented an advance care planning microsystem. J Am Geriatr Soc. Jul 2010;58(7):1249-1255.

8. Mularski RA, Dy SM, Shugarman LR, et al. A systematic review of measures of end-of-life care and its outcomes. Health services research. Oct 2007;42(5):1848-1870.

9. Dy SM, Herr K, Bernacki RE, et al. Methodological Research Priorities in Palliative Care and Hospice Quality Measurement. Journal of pain and symptom management. Feb 2016;51(2):155-162.

Biondo P, Lee L, Davison S, Simon J, CRIO A. How healthcare systems evaluate their advance care planning initiatives: Results from a systematic review. Palliat Med. 2016;30(8):10.
 Pope TM. Legal Briefing: Medicare Coverage of Advance Care Planning. J Clin Ethics. Winter 2015;26(4):361-367.

12. Schenck AP, Rokoske FS, Durham DD, Cagle JG, Hanson LC. The PEACE Project: identification of quality measures for hospice and palliative care. J Palliat Med. Dec 2010;13(12):1451-1459.

13. Lorenz KA, Rosenfeld K, Wenger N. Quality indicators for palliative and end-of-life care in vulnerable elders. J Am Geriatr Soc. Oct 2007;55 Suppl 2:S318-326.

14. Dy SM, Lorenz KA, O'Neill SM, et al. Cancer Quality-ASSIST supportive oncology quality indicator set: feasibility, reliability, and validity testing. Cancer. Jul 01 2010;116(13):3267-3275.
15. Walling AM, Asch SM, Lorenz KA, et al. The quality of care provided to hospitalized patients at the end of life. Archives of internal medicine. Jun 28 2010;170(12):1057-1063.

16. Walling AM, Ahluwalia SC, Wenger NS, et al. Palliative Care Quality Indicators for Patients with End-Stage Liver Disease Due to Cirrhosis. Digestive diseases and sciences. Jan 2017;62(1):84-92.

17. Dy SM, Kiley KB, Ast K, et al. Measuring what matters: top-ranked quality indicators for hospice and palliative care from the American Academy of Hospice and Palliative Medicine and

Hospice and Palliative Nurses Association. Journal of pain and symptom management. Apr 2015;49(4):773-781.

Diamond, I.R., et al., Defining consensus: a systematic review recommends methodologic criteria for reporting of Delphi studies. Journal of Clinical Epidemiology. Apr 2014;67(4):401-9
 Keeley, T., et al., The use of qualitative methods to inform Delphi surveys in core outcome set development. Trials. May 2016. 17(1):230.

20. Jones J, Hunter D. Consensus methods for medical and health services research. Bmj. Aug 5 1995;311(7001):376-380.

21. Hasson, F., S. Keeney, and H. McKenna, Research guidelines for the Delphi survey technique. Journal of Advanced Nuring. Oct 2000; 32(4):1008-15.

22. Sinuff T, Dodek P, You JJ, et al. Improving End-of-Life Communication and Decision Making: The Development of a Conceptual Framework and Quality Indicators. Journal of pain and symptom management. Jun 2015;49(6):1070-1080.

23. Houben CH, Spruit MA, Groenen MT, Wouters EF, Janssen DJ. Efficacy of advance care planning: a systematic review and meta-analysis. Journal of the American Medical Directors Association. Jul 2014;15(7):477-489.

24. Hickman SE, Keevern E, Hammes BJ. Use of the physician orders for life-sustaining treatment program in the clinical setting: a systematic review of the literature. J Am Geriatr Soc. Feb 2015;63(2):341-350.

25. Covinsky KE, Fuller JD, Yaffe K, et al. Communication and decision-making in seriously ill patients: findings of the SUPPORT project. The Study to Understand Prognoses and Preferences for Outcomes and Risks of Treatments. J Am Geriatr Soc. May 2000;48(5 Suppl):S187-193.

26. Bravo G, Dubois MF, Wagneur B. Assessing the effectiveness of interventions to promote advance directives among older adults: a systematic review and multi-level analysis. Social science & medicine. Oct 2008;67(7):1122-1132.

Ramsaroop SD, Reid MC, Adelman RD. Completing an advance directive in the primary care setting: what do we need for success? J Am Geriatr Soc. Feb 2007;55(2):277-283.
 Sudore RL, Knight SJ, McMahan RD, et al. A novel website to prepare diverse older adults for decision making and advance care planning: a pilot study. Journal of pain and symptom management. Apr 2014;47(4):674-686.

29. Obeid JS, McGraw CA, Minor BL, et al. Procurement of shared data instruments for Research Electronic Data Capture (REDCap). J Biomed Inform. Apr 2013;46(2):259-265. 30. Harris PA, Taylor R, Thielke R, Payne J, Gonzalez N, Conde JG. Research electronic data capture (REDCap) – A metadata-driven methodology and workflow process for providing translational research informatics support. J Biomed Inform. 2009;Apr;42(2):377-381.

31. van der Steen, J.T., et al., White paper defining optimal palliative care in older people with dementia: a Delphi study and recommendations from the European Association for Palliative Care. Palliative Medicine. Mar 2014. 28(3):197-209.

32. Porta-Sales J, Perez C, Escobar Y, Martinez V. Diagnosis and management of breakthrough cancer pain: Have all the questions been resolved? A Delphi-based consensus assessment (DOIRON). Clin Transl Oncol. Dec 22 2015.

33. Madani A, Watanabe Y, Vassiliou M, et al. Defining competencies for safe thyroidectomy: An international Delphi consensus. Surgery. Jan 2016;159(1):86-94, 96-101.

34. Bhandari A, Wagner T. Self-reported utilization of health care services: improving measurement and accuracy. Medical care research and review : MCRR. Apr 2006;63(2):217-235.

35. KT U, SE H, AM T, Group ARCW. Care Consistency With Documented Care Preferences: Methodologic Considerations for Implementing the "Measuring What Matters" Quality Indicator. Journal of pain and symptom management. 2016 Oct 2016;52(4):6.

36. Sepucha K, Ozanne EM. How to define and measure concordance between patients' preferences and medical treatments: A systematic review of approaches and recommendations for standardization. Patient education and counseling. 2010 Jan 2010;78(1):12.

37. Heyland DK, Barwich D, Pichora D, et al. Failure to engage hospitalized elderly patients and their families in advance care planning. JAMA internal medicine. May 13 2013;173(9):778-787. 38. Heyland DK, Heyland R, Dodek P, et al. Discordance between patients' stated values and treatment preferences for end-of-life care: results of a multicentre survey. BMJ Supportive & Pall Care. 2016.

39. Fried, T.R., et al. Promoting advance care planning as health behavior change:

development of scales to assess Decisional Balance, Medical and Religious Beliefs, and Processes of Change. Patient Education and Counseling. Jan 2012. 86(1):25-32.

40. Fried, T.R., et al. Stages of change for the component behaviors of advance care planning. Journal of the American Geriatrics Society. Dec 2010. 58(12):2329-36.

41. Kolarik, R.C., Arnold, R.M., Fischer, G.S., Tulsky, J.A. Objectives for advance care planning. J Palliat Med, 2002. 5(5):697-704

Domain	Outcome	Original	Conferences	Round	Round	Round	Round	Final
				1	2	4*	5	
Process	Readiness to engage in ACP	Х		Q				X
Process	Knowledge of ACP	Х						Х
Process	Self-efficacy about engaging in ACP	Х		Y				Х
Process	Perceived barriers to ACP		added					Х
Process	Perceived cultural relevance of ACP		Ñ	added				Х
Process	Anxiety about thinking about death			added				Х
Process	Perceived facilitators to ACP		¥	added				Х
Process	Motivation to engage in ACP		added			deleted		
Process	Contemplation about ACP	X					deleted	
Process	Behaviors that foster change	Х					deleted	
Process	Attitudes about the cons of ACP	Х					deleted	
Process	Attitudes about the pros of ACP	Х					deleted	
Action	Engage in asking providers questions if desired	Х						Х
Action	Discuss values and care preferences with	Х						Х
	clinicians							
Action	Discuss values and care preferences with family &	Х						X
	friends							

Appendix 1: All Outcome Constructs by Domain and Stage in Delphi Study When Added or Deleted

Action	Discuss values and care preferences with the	Х			Х
	surrogate				
Action	Document values and care preferences	Х			X
Action	Identify preferences for specific life sustaining	Х			X
	treatment (e.g., CPR, etc.)				
Action	Identify what brings value to patient's life	Х			Х
Action	Ask surrogate to take on the role	Х			Х
Action	Discuss flexibility with surrogate	Х			Х
Action	Document surrogate flexibility	Х			Х
Action	Document the surrogate decision maker	Х			Х
Action	Inform clinicians about the surrogate	Х			Х
Action	Inform family/friends about the surrogate	Х			Х
Action	Patient decides on a surrogate	Х			Х
Action	Patient decides on amount of flexibility/leeway in	Х			Х
	decision making to give surrogate				
Action	Identify preferred general scopes of treatment		added		Х
	(e.g., aggressive versus comfort care)				
Action	Medical record contains physician treatment orders		added		X
	(e.g., POLST, code status) when it is clinically				
	appropriate				

Clinicians provide recommendations aligned		added					Х
w/patient's values							
Surrogate agrees to take on the role		added					Х
Congruence between patient's stated wishes and			added				Х
surrogate's reports of patient's wishes							
Review forms which document a surrogate over			added				Х
time							
Discuss surrogate flexibility with family & friends	Х			deleted			
Reconciles conflicts between family and friends		added		deleted			
about surrogate flexibility							
Was an ACP decision aid or toolkit used?		added		deleted			
Was an ACP facilitator used?		added		deleted			
Identify health states where I would not want my	Х				deleted		
life prolonged (i.e., worse than death).							
Engage(d) (or involved) in medical decision		added			deleted		
making, if desired							
Identify trade offs about future health states and at		added			deleted		
what cost							
Review documented values and preferences over		added			deleted		
time							
	w/patient's values Surrogate agrees to take on the role Congruence between patient's stated wishes and surrogate's reports of patient's wishes Review forms which document a surrogate over time Discuss surrogate flexibility with family & friends Reconciles conflicts between family and friends about surrogate flexibility Was an ACP decision aid or toolkit used? Was an ACP facilitator used? Identify health states where I would not want my life prolonged (i.e., worse than death). Engage(d) (or involved) in medical decision making, if desired Identify trade offs about future health states and at what cost Review documented values and preferences over	w/patient's values Surrogate agrees to take on the role Congruence between patient's stated wishes and surrogate's reports of patient's wishes Review forms which document a surrogate over time Discuss surrogate flexibility with family & friends X Reconciles conflicts between family and friends about surrogate flexibility Was an ACP decision aid or toolkit used? Was an ACP facilitator used? Identify health states where I would not want my life prolonged (i.e., worse than death). Engage(d) (or involved) in medical decision making, if desired Identify trade offs about future health states and at what cost Review documented values and preferences over	w/patient's values added Surrogate agrees to take on the role added Congruence between patient's stated wishes and surrogate's reports of patient's wishes added Review forms which document a surrogate over time added Discuss surrogate flexibility with family & friends X Reconciles conflicts between family and friends about surrogate flexibility added Was an ACP decision aid or toolkit used? added Identify health states where I would not want my life prolonged (i.e., worse than death). X Engage(d) (or involved) in medical decision making, if desired added Identify trade offs about future health states and at what cost added Review documented values and preferences over added	w/patient's values added Surrogate agrees to take on the role added Congruence between patient's stated wishes and added surrogate's reports of patient's wishes added Review forms which document a surrogate over added time added Discuss surrogate flexibility with family & friends X Reconciles conflicts between family and friends added about surrogate flexibility added Was an ACP decision aid or toolkit used? added Identify health states where I would not want my X Ife prolonged (i.e., worse than death). added Engage(d) (or involved) in medical decision added making, if desired added Identify trade offs about future health states and at added what cost Review documented values and preferences over added	w/patient's values added image: state on the role added Surrogate agrees to take on the role added added Congruence between patient's stated wishes and surrogate's reports of patient's wishes added added Review forms which document a surrogate over time added added added Discuss surrogate flexibility with family & friends X added deleted Reconciles conflicts between family and friends added deleted was an ACP decision aid or toolkit used? added deleted Was an ACP facilitator used? added deleted Identify health states where I would not want my X Image: added image: added Engage(d) (or involved) in medical decision added added image: added image: added Identify trade offs about future health states and at what cost added added image: added i	w/patient's values added added added Surrogate agrees to take on the role added added added Congruence between patient's stated wishes and surrogate's reports of patient's wishes added added added Review forms which document a surrogate over time added added added added Discuss surrogate flexibility with family & friends X added deleted added Was an ACP decision aid or toolkit used? added deleted added deleted Was an ACP facilitator used? added deleted added deleted Identify health states where I would not want my arking, if desired x added deleted deleted Identify trade offs about future health states and at what cost added added deleted deleted Review documented values and preferences over added added deleted deleted	w/patient's values Image: second

Action	Surrogate agrees to follow patients' stated values		added		deleted		
Action	Surrogate willing/able to communicate with clinicians		added		deleted		
Action	Surrogate willing/able to make a decision		added		deleted		
Action	Does the patient lack a suitable surrogate decision maker? ^a			added	deleted		
Action	Discuss surrogate flexibility with clinicians	Х				deleted	
Action	Reconciles conflicts between family and friends about preferences		added			deleted	
Action	Identify where to be cared for (e.g., at home or an institution)		added			deleted	
Action	Patient decides on an alternative surrogate		added			deleted	
Action	Reconcile conflicts between family/friends about the surrogate		added			deleted	
Action	Review documented flexibility for the surrogate over time			added		deleted	
Quality of Care	Decision control preferences, i.e., control over decision making	Х					Х
Quality of Care	Clinicians provide prognostic information tailored to patient/family readiness		added				Х

Quality of	Clinicians engage in answering questions	added	X
Care			
Quality of	Overall satisfaction with medical care	added	X
Care		R	
Quality of	Overall satisfaction with clinician	added	X
Care			
Quality of	Decisional Conflict	added	X
Care			
Quality of	Decisional Regret	added	Х
Care			
Quality of	Rated quality of discussions with clinicians	added	X
Care			
Quality of	Rated quality of discussions with surrogates	added	X
Care	Q		
Quality of	Specific topics included in discussion (e.g., values,	added	X
Care	treatment preferences etc.)		
Quality of	Care received is consistent with goals	added	X
Care			
Quality of	Documents and recorded wishes are accessible	added	X
Care	when needed		

Quality of	Surrogate/family ratings of quality of death and	added			Х
Care	dying				
Quality of	Perceptions of clinician level of engagement within		added		X
Care	clinical encounters		R		
Quality of	Died in preferred location			added	X
Care			Y		
Quality of	Clinician self-rated job satisfaction	added	de	eleted	
Care					
Quality of	Surrogate meets emotional needs	added	de	eleted	
Care					
Quality of	Clinician meets spiritual needs	added	de	eleted	
Care)			
Quality of	Surrogate meets spiritual needs	added	de	leted	
Care	Q Y				
Quality of	Rated time spent in discussions with clinicians	added	de	eleted	
Care					
Quality of	Rated time spent in discussions with surrogates	added	de	eleted	
Care					
Quality of	Consistency of preferences over time	added	de	leted	
Care					

Quality of	Surrogate feels respected/appreciated by patient	add	led deleted		
Care					
Quality of	Decision control preferences for day-to-day	add	led deleted		
Care	medical decisions				
Quality of	Anticipatory decisional regret	add	led deleted		
Care					
Quality of	Clinicians provide (or patients or surrogates report	added		deleted	
Care	that clinicians provide) options/alternatives				
Quality of	Clinicians provide recommendation (or patients or	added		deleted	
Care	surrogates report that clinicians provide) about				
	care options				
Quality of	Patient/surrogate feels respected by clinician	added		deleted	
Care					
Quality of	Clinician meets caregiving/medical needs	added		deleted	
Care					
Quality of	Knowledge of alternative options	added		deleted	
Care					
Quality of	Knowledge of benefits of options	added		deleted	
Care					
Quality of	Knowledge of risks of options	added		deleted	

Care				
Quality of	Quality rating (or satisfaction) of medical decisions	added	deleted	
Care	made			
Quality of	Did patient's values affect the clinician's and	added	deleted	
Care	surrogate's decision on their behalf?			
Quality of	Chart review: advance directive/documentation vs.	added	deleted	
Care	care received	5		
Quality of	Did advance directives affect decisions	added	deleted	
Care				
Quality of	Time documentation (AD, physician's orders, or	added	deleted	
Care	documented discussions) is available before			
	death/crisis			
Quality of	Self-rated quality of care	added	deleted	
Care	Q			
Quality of	Patient feels respected by surrogate	added	deleted	
Care				
Quality of	Surrogate meets caregiving/medical needs	added	deleted	
Care				
Quality of	Types of decisions made (about medication,	added	deleted	
Care	surgery, institution, etc.)			

Quality of	Ability to tolerate uncertainty in decision making	added		deleted	
Care					
Quality of	Perceptions of the quality of the relationship with		added	deleted	
Care	clinicians		R		
Quality of	Trust in healthcare system ^a		added	deleted	
Care		C C			
Quality of	Trust in clinicians ^a	5	added	deleted	
Care					
Quality of	Clinician meets emotional needs		added	deleted	
Care					
Quality of	Clinician meets needs defined or prioritized by the		added	deleted	
Care	patient/surrogate				
Quality of	Surrogate meets needs defined or prioritized by the		added	deleted	
Care	patient				
Quality of	Decision control preferences for life-threatening		added	deleted	
Care	decision				
Quality of	General activation/empowerment within clinical	added			deleted
Care	encounters				
Quality of	Rated quality of discussions with family and friends	added			deleted
Care					

Quality of	Overall satisfaction with the surrogate			added	deleted	
Care						
Quality of	Did decision making processes (shared or not			added	deleted	
Care	shared), match patients'/surrogates' decision			R		
	control preferences?					
Quality of	Acceptance of death			added	deleted	
Care			5			
Quality of	Died in preferred location				deleted	
Care						
Healthcare	Use of life sustaining treatment	X	7			Х
Healthcare	Hospice utilization	Х				Х
Healthcare	Hospitalization utilization	Х				Х
Healthcare	ICU utilization	X				Х
Healthcare	Depression	X				Х
Healthcare	Medical record contains advance directive or		added			Х
	documentation patient refused					
Healthcare	Overall healthcare expenditures		added			Х
Healthcare	Place of death		added			Х
Healthcare	Days in hospice before death		added			Х
Healthcare	ER utilization		added			Х

Healthcare	Palliative Care utilization	added				Х
Healthcare	Withdrawal of life sustaining treatment	added				Х
Healthcare	Peace	added				Х
Healthcare	Self-rated quality of life	added				Х
Healthcare	Long term care utilization (i.e., nursing home or		added			Х
	institutionalization)					
Healthcare	Out of pocket expenses		added			Х
Healthcare	Clinician moral distress		added			Х
Healthcare	Patient's prognostic awareness		added			Х
Healthcare	Норе		added			Х
Healthcare	Self-reported co-morbidities	added		deleted		
Healthcare	Complicated grief		added	deleted		
Healthcare	Medical record contains narrative documentation of	added			deleted	
	goals of care conversations (i.e., patients' stories					
	describing overall values for medical care).					
Healthcare	Medical record contains type of treatment	added			deleted	
	preference (i.e., full code, DNR/DNI, artificial					
	nutrition, comfort care) etc.					
Healthcare	Family coping ability	added			deleted	
Healthcare	Complicated grief	added			deleted	

Healthcare	Symptoms ^a		added		de	leted		
Healthcare	Functional status		added		de	leted		
Healthcare	Calculated prognosis		added		de	leted		
Healthcare	Self rated health status		added		de	leted		
Healthcare	ICU admission	Х			de	leted		
Healthcare	Coping ability			added	de	leted		
Healthcare	Anxiety	Х				C	deleted	
Healthcare	PTSD			added		C	deleted	

^a In Round 4 symptoms, trust, and availability of a potential surrogate were deleted due to low ratings and because they were considered to be moderators and/or not associated with ACP outcomes. All the other "deleted" outcome constructs in Round 4 were consolidated into other constructs because they were duplicative

CERT

Appendix 2. Delphi Consensus Overall Rankings and Ratings of Advance Care Planning Constructs by Domain^a and All Pertinent Units of Analysis^b

PROCESS OUTCOMES DOMAIN:	Unit of	Ranking in Sub-		Mean Dating (CD)	Median
PROCESS OUTCOMES DOMAIN.	Analysis	Domain	Overall Ranking	Mean Rating (SD)	(IQR)
Behavior Change Constructs					
	Patient	1	13	5.78 (0.12)	5.75 (0.00)
Readiness to engage in ACP	Surrogate	-	-	5.70 (0.00) ^c	5.70 (0.00)
	Clinician	-	-	5.67 (0.05)	5.66 (0.00)
	Patient	2	37	5.04 (0.20)	5.00 (0.00)
Knowledge of ACP	Surrogate	-	-	5.10 (0.00)	5.10 (0.00)
	Clinician	-	-	5.29 (0.11)	5.27 (0.00)
	Patient	3	40	5.00 (0.30)	4.95 (0.00)
Self-efficacy (confidence) about engaging in ACP	Surrogate	-	-	4.78 (0.12)	4.80 (0.00)
	Clinician	-	-	5.15 (0.21)	5.16 (0.00)
Perceptions Constructs					
	Patient	1	33	5.17 (0.26)	5.22 (0.00)
Anxiety about thinking about death	Surrogate	-	-	4.47 (0.25)	4.51 (0.00)
	Clinician	-	-	3.88 (0.02)	3.88 (0.00)
Patient's prognostic awareness	Patient	2	52	4.79 (0.33)	4.68 (0.00)
ation o prognostic awareness	Surrogate	-	-	4.93 (0.00)	4.93 (0.00)

	Patient	3	56	4.66 (0.05)	4.66 (0.00)
Perceived barriers to ACP	Surrogate	-	-	4.84 (0.02)	4.84 (0.00)
	Clinician	-	-	5.04 (0.14)	5.02 (0.00)
Perceived cultural relevance of ACP	Patient	4	58	4.59 (0.00)	4.59 (0.00)
	Surrogate	-	<u>Z</u>	4.55 (0.00)	4.55 (0.00)
	Patient	5	61	4.44 (0.03)	4.43 (0.00)
Perceived facilitators to ACP	Surrogate	-	-	4.54 (0.00)	4.54 (0.00)
	Clinician	-	-	4.77 (0.00)	4.77 (0.00)
ACTION OUTCOMES DOMAIN	Unit of	Ranking in Sub-	Overall Ranking	Mean Rating (SD)	Median
Communication & Documentation	Analysis	Domain			(IQR)
Surrogate Constructs					
Patient decides on a surrogate	Patient	1	2	6.55 (0.45)	6.64 (0.00)
	Patient	2	3	6.50 (0.11)	6.48 (0.00)
Document the surrogate decision maker	Clinician	-	-	6.43 (0.00)	6.43 (0.00)
	Healthcare	-	-	6.45 (0.00)	6.45 (0.00)
Surrogate agrees to take on role ^b	Surrogate	3	12	5.78 (0.00)	5.78 (0.00)
Ask surrogate to take on the role	Patient	4	14	5.70 (0.20)	5.68 (0.00)
Ask surrogate to take on the role	Clinician	-	-	5.37 (0.00)	5.37 (0.00)
Inform clinicians about the surrogate	Patient	5	23	5.46 (0.00)	5.46 (0.00)

	Patient	6	41	4.97 (0.15)	4.95 (0.00)
Inform family/friends about the surrogate	Clinician	-	-	4.71 (0.19)	4.68 (0.00)
Patient decides on amount of flexibility/leeway in					
decision making to give surrogate	Patient	7	45	4.90 (0.54)	5.04 (0.00)
	Patient	8	49	4.87 (0.54)	4.96 (0.00)
Discuss flexibility with surrogate	Clinician	-	-	5.10 (0.00)	5.10 (0.00)
	Patient	9	55	4.74 (0.49)	4.84 (0.00)
Document surrogate flexibility	Clinician		-	5.01 (0.30)	5.05 (0.00)
	Patient	10	57	4.64 (0.00)	4.64 (0.00)
Review forms which document a surrogate over time	Clinician	-	-	4.72 (0.00)	4.72 (0.00)
Values and Preferences Constructs					
	Patient	1	4	6.40 (0.19)	6.34 (0.00)
Discuss values and care preferences with the surrogate	Clinician	-	-	6.16 (0.13)	6.14 (0.00)
	Healthcare	2	5	6.27 (0.11)	6.26 (0.00)
Documents and recorded wishes accessible when	Patient	-	-	6.12 (0.50)	-
needed ^b	Surrogate	-	-	6.15 (0.00)	6.15 (0.00)
	Clinician	-	-	6.12 (0.00)	6.12 (0.00)
Identify what brings value to patient's life	Patient	3	6	6.20 (0.12)	6.18 (0.00)
	Surrogate	-	-	6.19 (0.00)	6.19 (0.00)
Medical record contains physician treatment orders	Healthcare	4	7	6.13 (0.17)	6.16 (0.00)

(e.g., POLST, code status) when it is clinically					
appropriate ^b					
	Patient	5	8	6.08 (0.24)	6.02 (0.00)
Discuss values and care preferences with clinicians	Surrogate	-	R	5.67 (0.20)	5.64 (0.00)
Document values and care preferences	Patient	6	9	6.02 (0.25)	6.00 (0.00)
	Clinician	-	-	6.11 (0.21)	6.12 (0.00)
Medical record contains advance directive or			10	0.04 (0.04)	5.06 (0.00)
documentation patient refused ^a	Healthcare		10	6.01 (0.21)	5.96 (0.00)
Identify preferred general scopes of treatment (e.g.,	Patient	8	24	5.44 (0.28)	5.37 (0.00)
aggressive vs. comfort care)	Surrogate	-	-	5.32 (0.10)	5.30 (0.00)
Discuss values and care preferences with family &	Patient	9	35	5.07 (0.14)	5.05 (0.00)
friends	Surrogate) _	-	4.92 (0.00)	4.92 (0.00)
Congruence between patient's stated wishes and	Patient	10	36	5.04 (0.00)	5.04 (0.00)
	Surrogate	-	-	5.07 (0.00)	5.07 (0.00)
surrogate's reports of patient's wishes	Clinician	-	-	4.55 (0.00)	4.55 (0.00)
Identify preference for specific life sustaining treatment	Patient	11	38	5.03 (0.14)	5.01 (0.00)
(e.g., CPR, etc.)	Surrogate	-	-	5.00 (0.15)	4.98 (0.00)
QUALITY OF CARE OUTCOMES DOMAIN:	Unit of	Ranking in Sub-	Overall Ranking	Mean Rating (SD)	Median
	Analysis	Domain			(IQR)
Care Consistent w/ Goals Constructs					

	Patient	1	1	6.71 (0.04)	6.70 (0.00)
	Surrogate	-	-	6.72 (0.00)	6.72 (0.00)
Care received is consistent with goals	Clinician	-	-	6.56 (0.00)	6.56 (0.00)
	Healthcare	-	-	6.77 (0.00)	6.77 (0.00)
Satisfaction with Care					
Currents (forsily, actions of quality of death and duing b	Surrogate	1	15	5.70 (0.20)	5.67 (0.00)
Surrogate/family ratings of quality of death and dying ^b	Clinician	-	-	5.81 (0.18)	5.78 (0.00)
Overall satisfaction with medical care	Patient	2	34	5.10 (0.27)	5.14 (0.00)
Overall satisfaction with medical care	Surrogate		-	5.17 (0.13)	5.15 (0.00)
Overall actisfaction with elinision	Patient	3	42	4.97 (0.30)	4.97 (0.00)
Overall satisfaction with clinician	Surrogate	-	-	5.09 (0.27)	5.12 (0.00)
Perceptions of clinician level of engagement within	Patient	4	59	4.57 (0.00)	4.57 (0.00)
	Surrogate	-	-	4.90 (0.00)	4.90 (0.00)
clinical encounters	Clinician	-	-	4.96 (0.00)	4.96 (0.00)
Satisfaction with Decision Making					
	Patient	1	30	5.28 (0.22)	5.30 (0.00)
Decisional conflict	Surrogate	-	-	5.32 (0.22)	5.33 (0.00)
Decisional regret	Patient	2	39	5.01 (0.30)	5.05 (0.00)
Decisional regret	Surrogate	-	-	5.29 (0.00)	5.29 (0.00)

Decision control preferences, i.e.; control over decision	Patient	3	51	4.83 (0.17)	4.80 (0.00)
making (may also be a moderator variable)	Surrogate	-	-	4.88 (0.17)	4.86 (0.00)
Satisfaction with Communication					
Clinicians provide prognostic information tailored to	Patient	1	11	5.79 (0.32)	5.80 (0.00)
patient/family readiness	Surrogate	-	-	5.77 (0.34)	5.77 (0.00)
	Clinician	-	-	5.94 (0.34)	5.95 (0.00)
Rated quality of discussions with clinicians	Patient	2	16	5.64 (0.24)	5.59 (0.00)
	Surrogate		-	5.69 (0.33)	5.61 (0.00)
Clinicians provide recommendations aligned w/patient's	Patient	3	19	5.57 (0.13)	5.53 (0.00)
values	Surrogate Clinician		-	5.49 (0.21) 5.85 (0.11)	5.43 (0.00) 5.82 (0.00)
	Patient	4	27	5.31 (0.10)	5.30 (0.00)
Clinicians engage in answering questions	Surrogate	-	-	5.35 (0.17)	5.32 (0.00)
	Clinician	-	-	5.46 (0.15)	5.44 (0.00)
	Patient	5	32	5.23 (0.24)	5.22 (0.00)
Rated quality of discussions with surrogates	Surrogate	-	-	5.60 (0.28)	5.61 (0.00)
	Clinician	-	-	5.15 (0.29)	5.13 (0.00)
Specific topics included in discussion (e.g., values, treatment preferences etc.)	Patient	6	43	4.93 (0.28)	4.86 (0.00)
	Surrogate	-	-	5.01 (0.27)	4.95 (0.00)
	Clinician	-	-	5.17 (0.30)	5.08 (0.00)

HEALTHCARE OUTCOMES DOMAIN:	Unit of	Ranking in Sub-	Overall Ranking	Mean Rating (SD)	Median (IQR)
	Analysis	Domain			
Health Status and Mental Health					
Depression	Patient	1	31	5.25 (0.05)	5.26 (0.00)
Depression	Surrogate	-	-	5.38 (0.00)	5.38 (0.00)
Clinician moral distress ^b	Clinician	2	46	4.89 (0.00)	4.89 (0.00)
Peace	Patient	3	50	4.85 (0.21)	4.84 (0.00)
	Surrogate	-	-	5.05 (0.21)	5.05 (0.00)
Solf rated quality of life	Patient	4	53	4.77 (0.26)	4.73 (0.00)
Self-rated quality of life	Surrogate	<u> </u>	-	4.94 (0.00)	4.94 (0.00)
	Patient	5	60	4.45 (0.00)	4.45 (0.00)
Норе	Surrogate	-	-	4.73 (0.00)	4.73 (0.00)
	Clinician	-	-	4.66 (0.00)	4.66 (0.00)
Care Utilization Constructs					
Hospitalization utilization ^b	Healthcare	1	17	5.63 (0.00)	5.63 (0.00)
	Patient	-	-	5.50 (0.00)	5.50 (0.00)
	Surrogate	-	-	5.40 (0.00)	5.40 (0.00)
	Clinician	-	-	5.49 (0.00)	5.49 (0.00)

Use of life sustaining treatment ^b	Healthcare	2	18	5.59 (0.06)	5.58 (0.00)
	Patient	-	-	5.78 (0.03)	5.77 (0.00)
	Surrogate	-	-	5.68 (0.00)	5.68 (0.00)
	Clinician	-	-	5.68 (0.00)	5.68 (0.00)
	Healthcare	3	20	5.52 (0.07)	5.50 (0.00)
Hospice utilization ^b	Patient	-	<u> </u>	5.55 (0.00)	5.55 (0.00)
	Surrogate	- 29	-	5.48 (0.00)	5.48 (0.00)
	Clinician		-	5.53 (0.00)	5.53 (0.00)
	Healthcare	4	21	5.51 (0.11)	5.48 (0.00)
ICU utilization ^b	Patient	-	-	5.34 (0.10)	5.33 (0.00)
	Surrogate	-	-	5.26 (0.00)	5.26 (0.00)
	Clinician	-	-	5.44 (0.08)	5.43 (0.00)
	Healthcare	5	22	5.49 (0.23)	5.51 (0.00)
Place of death ^b	Surrogate	-	-	5.35 (0.20)	5.38 (0.00)
	Clinician	-	-	5.28 (0.19)	5.31 (0.00)
	Healthcare	6	25	5.39 (0.00)	5.39 (0.00)
Overall healthcare expenditures ^b	Patient	-	-	5.13 (0.00)	5.13 (0.00)
	Surrogate	-	-	5.06 (0.00)	5.06 (0.00)
	Clinician	-	-	5.35 (0.00)	-

	Healthcare	7	26	5.35 (0.14)	5.32 (0.00)
Days in hospice before death ^b	Surrogate	-	-	-	
	Clinician	-	<u> </u>	-	
	Healthcare	8	28	5.30 (0.01)	5.30 (0.00)
ER utilization ^b	Patient	-	-	5.06 (0.00)	5.06 (0.00)
	Surrogate	-	-	4.97 (0.00)	4.97 (0.00)
	Clinician	-	-	5.10 (0.00)	5.10 (0.00)
	Healthcare	9	29	5.29 (0.15)	5.26 (0.00)
Palliative care utilization ^b	Patient	5	-	5.17 (0.22)	5.11 (0.00)
	Surrogate	-	-	5.09 (0.00)	5.09 (0.00)
	Clinician	<u> </u>	-	5.08 (0.00)	5.08 (0.00)
	Healthcare	10	44	4.92 (0.01)	4.92 (0.00)
Long term care utilization (i.e., nursing home or	Patient	-	-	4.46 (0.00)	4.46 (0.00)
institutionalization ^b	Surrogate	-	-	4.33 (0.10)	4.31 (0.00)
	Clinician	-	-	4.09 (0.00)	4.09 (0.00)
Withdrawal of life sustaining treatment ^b	Clinician	11	48	4.89 (0.00)	4.89 (0.00)
	Surrogate	-	-	-	
	Patient	12	54	4.75 (0.34)	4.69 (0.00)
Out of pocket expenses	Healthcare	-	-	4.58 (0.00)	4.58 (0.00)
	Surrogate	-	-	4.72 (0.19)	4.69 (0.00)

ACCEPTED MANUSCRIPT

^a Because validated measures (i.e., survey instruments or questions) have yet to be standardized for most ACP outcomes, we focused on identifying overarching ACP outcome domains rather than individual questionnaires, quality metrics, or survey questions.

^b All rankings are based on patient-level unit of analysis, except where this is inappropriate. The following constructs were ranked at the Surrogate level: Surrogate agrees to take on the role, Patient died in preferred location, Surrogate/family ratings of quality of death and dying; the Clinician level: Clinician moral distress; and the Healthcare level: Documents and recorded wishes accessible when needed, Medical record contains physician treatment orders (e.g., POLST, code status) when it is clinically appropriate, Medical record contains advance directive or documentation patient refused, and all care utilization constructs, except out of pocket expenses

^c To reduce response burden, mean ratings from the prior rounds were presented so panelists could easily leave the ratings unchanged, recommend changes, or provide additional comments. A standard deviation of 0.00 means that all panelists agreed with that rating and did not change it in the final round.

Figure 1. Delphi Method Flowchart^a

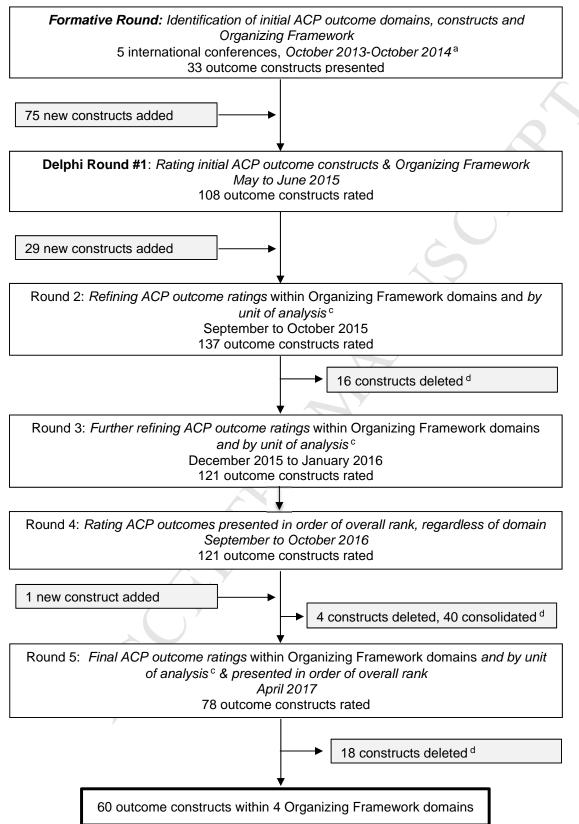


Figure 2: Organizing Framework for Advance Care Planning (ACP) Outcomes

