

UC San Diego

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U C S D J O U R N A L O F N U R S I N G

WINTER 2008

U N I V E R S I T Y O F C A L I F O R N I A , S A N D I E G O

Moore's Cancer Center
Oncology Nursing
Pain Management Nursing
The Experience of a Lifetime

3 Day Breast Cancer Walk



Publisher

UCSD Image of Nursing Council

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UCSD has its own nursing staff photographer, Shelby Samonte. Shelby has been an RN since 1997 and has been at UCSD for the past six years. She is one of the staff nurses in Radiology and Imaging – Nuclear Medicine and is currently working as a career part-time nurse. While she gives the rest of her attention to her six year old son. Nursing is Shelby's vocation, but her passion has always been photography. As the daughter of a professional photographer Shelby first picked up a camera and started to take pictures as a young child. As she grew, she began to assist her dad in the studio. She has continued to develop her skills, so that she is often called upon to take photographs at weddings and other special events. Shelby's son is has begun to follow in his mom's footsteps. He took the picture of her for this journal.

Message from the The Chief Nursing Officer



I am pleased to present to you the first issue of the biannual UCSD Journal of Nursing. We hope that the journal will provide a forum where our nursing staff can describe their experiences, as well as share their knowledge with each other and with the broader nursing community outside of UCSD Medical Center. The idea for this journal was born as we took the first steps on our journey toward achieving Magnet status and as a means of celebrating our role in caring for patients.

Over the past year I have observed many of you as you formed new councils and subcommittees as part of our Shared Governance Model. It is exciting to see so many of you becoming involved in the process of bringing new ideas and positive changes to UCSD Medical Center. This journal has come about through the efforts of one of those councils, The Image of Nursing council, with contributions from professionals from many patient care areas. We are proud to share the achievements of our nurses and to examine the differences they make in the experiences of our patients. I know you will join me in thanking the Image of Nursing Team for bringing the UCSD Journal of Nursing into being. I add my many thanks to those of you who contribute daily to the development of others through mentoring, precepting, coaching, teaching, and conducting research.

The current issue of the UCSD Journal of Nursing focuses on our BMT/oncology programs and the Moores Cancer Center clinics, describing many of their successes. The featured nurses demonstrate dedication to providing cutting edge care, as they ensure patient comfort and safety during all procedures. I am proud when I read a patient's words describing the attention of our staff to using all means available to reduce anxiety and optimize comfort or relieve discomfort. It is also heartwarming to read the physician words that speak so highly of our nurses and describe the vital role they play in enhancing patient care. I continue to be inspired by the generosity and kindness we offer to our patients as we celebrate the lives that we have touched.

I look forward to the next journal and to learning of other great accomplishments achieved by UCSD nurses.

Sincerely,

Margarita Baggett RN MSN
CHIEF NURSING OFFICER

Magnet committee membership is a great way to become personally involved in the Magnet journey and to help shape the future of nursing at UCSD. For more information go to our nursing website at <http://medinfo.ucsd.edu/nursing/committees/> to learn about committee membership opportunities.



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Magnet Forces

1. Quality of Nursing Leadership
2. Organizational Structure
3. Management Style
4. Personnel Policies and Procedures
5. Professional Models of Care
6. Quality of Care
7. Quality Improvement
8. Consultation and Resources
9. Autonomy
10. Community and Hospital
11. Nurses as Teachers
12. Image of Nursing
13. Interdisciplinary Relationships
14. Professional Development

From the Nursing Shared Governance Council