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# IL-1 signaling mediates intrauterine inflammation and chorio-decidua neutrophil recruitment and activation

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Neutrophil infiltration of the chorioamnion-decidua tissue at the maternal-fetal interface (chorioamnionitis) is a leading cause of prematurity, fetal inflammation, and perinatal mortality. We induced chorioamnionitis in preterm rhesus macaques by intraamniotic injection of LPS. Here, we show that, during chorioamnionitis, the amnion upregulated phospho-IRAK1expressed neutrophil chemoattractants *CXCL8* and *CSF3* in an IL-1-dependent manner. IL-1R blockade decreased chorio-decidua neutrophil accumulation, neutrophil activation, and IL-6 and prostaglandin E2 concentrations in the amniotic fluid. Neutrophils accumulating in the choriodecidua had increased survival mediated by *BCL2A1*, and IL-1R blockade also decreased BCL2A1<sup>+</sup> chorio-decidua neutrophils. Readouts for inflammation in a cohort of women with preterm delivery and chorioamnionitis were similar to findings in the rhesus macaques. IL-1 is a potential therapeutic target for chorioamnionitis and associated morbidities.

### Introduction

Perinatal infections are a significant cause of prematurity and perinatal mortality, which are important indicators of societal health (1). Currently, the rate of prematurity remains high at about 10% of all US births (2). Globally, about 1 million deaths/year are attributable to prematurity (3, 4). Intrauterine infection/inflammation (IUI) is associated with ~40% of premature deliveries (5, 6). IUI also increases the risk for fetal and newborn brain injury (7), necrotizing enterocolitis (8), and chronic lung disease (9). The histologic correlate of IUI is chorioamnionitis, defined as neutrophil infiltration of maternal-fetal membranes and the placenta (10). The products of inflammation during IUI are strongly implicated as causative agents of prematurity (11).

Neutrophil infiltration at the maternal-fetal interface occurs in the chorioamnion-decidua (chorio-decidua) space, amniotic fluid (AF), and fetal tissues. Neutrophils in the chorio-decidua are largely of maternal origin (12), while neutrophils in the AF are largely of fetal origin (13). Mechanisms of how neutrophils accumulate in different maternal-fetal niches are poorly understood. Activated tissue neutrophils are known to survive longer compared with blood neutrophils (14), but neutrophil survival at the maternal-fetal interface has not been evaluated. Whether neutrophils are critical regulators of maternal-fetal inflammation and preterm labor (PTL) remains unclear (15–19).

IL-1 $\beta$  is implicated in the pathogenesis of IUI-mediated PTL in the rhesus (20–22), mouse (23, 24), and humans (25–28). We therefore hypothesized that IL-1 $\beta$  regulates neutrophil accumulation and activation at the maternal-fetal interface. Given the close similarities between the rhesus macaques and humans in reproductive biology and placenta/fetal immunology (29, 30), we induced chorioamnionitis in rhesus macaques by intraamniotic (IA) injection of LPS (31). We used the clinical preparation of human recombinant IL-1 receptor antagonist (rhIL-1ra, Anakinra) to inhibit both IL-1 $\alpha$  and IL-1 $\beta$  signaling (32, 33). We also recruited a cohort of women delivering preterm with and without chorioamnionitis and analyzed their placental

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**Conflict of interest:** The authors have declared that no conflict of interest exists.

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Reference information: JCI Insight. 2018;3(6):e98306. https://doi.org/10.1172/jci. insight.98306. inflammation. We report the effects of IL-1 blockade of LPS signaling at the maternal-fetal interface in the rhesus given IA LPS. Additionally, we report very similar cellular inflammation response in the rhesus macaques and humans during chorioamnionitis.

#### Results

Human and rhesus chorioamnionitis have similar inflammation readouts. We compared intrauterine inflammation in rhesus macaques delivered at 80% gestation (n = 13) with a cohort of women delivering at ~32 weeks of gestation (n = 30). Human cohorts were developed based on histologically diagnosed chorioamnionitis (clinical details are given in Supplemental Tables 1 and 2; supplemental material available online with this article; https://doi.org/10.1172/jci.insight.98306DS1). In both the rhesus and human chorio-decidua, NK cells, macrophages, and T cells were the most abundant leukocytes at baseline (Figure 1A and Supplemental Figure 1). In contrast, neutrophils became the most abundant leukocytes during chorioamnionitis (Figure 1A). Neutrophils identified by morphology (Figure 1B) and by neutrophil elastase staining (Supplemental Figure 2) were primarily located at the chorio-decidua interface in both the rhesus and human tissues. The mRNA profile and magnitude of induction of several pro- and antiinflammatory mediators were similar in the rhesus and humans (Figure 1C). These data demonstrate similarities between rhesus and human chorioamnionitis.

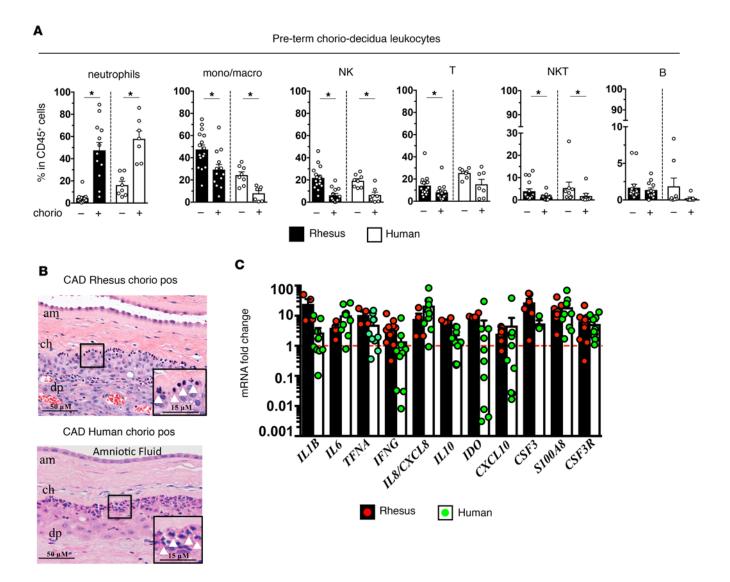
IA LPS causes a time-dependent inflammation at the maternal-fetal interface. To understand the progression of inflammation, we surgically delivered rhesus macaques 16 hours or 48 hours after IA LPS. IA LPS increased expression of *IL6*, *IL8/CXCL8*, *IL1B*, *TNFA*, and *MCP1/CCL2* mRNAs in the chorio-decidua (Supplemental Figure 3). Since most inflammatory markers were higher at 16 hours compared with 48 hours, we used this time point for subsequent studies.

*rhIL-1ra blocks activation of IRAK1 and expression of neutrophil chemoattractants in the amnion.* To determine the role of IL-1 signaling, we injected Anakinra (rhIL-1ra) in the AF and s.c. tissue of the dams (Supplemental Figure 4A). S.c. rhIL-1ra crossed the amniotic epithelial barrier minimally (0.2% diffusion from blood to AF) (Supplemental Figure 4B). rhIL-1ra elimination was slower in the AF compared with maternal blood. Importantly, the maternal plasma concentrations of Anakinra were comparable with Anakinra plasma concentrations in patients treated for IL-1–mediated neonatal-onset multisystem disease in whom the drug had efficacy (34, 35). The AF levels were about 20-fold higher.

As the amnion is in contact with AF, it is strategically located to transduce inflammatory signals in the AF to recruit neutrophils to the chorio-decidua. The abundance of phospho-IRAK1 (pIRAK1), a key mediator of TLR signaling (36), was selectively induced in the amnion from the LPS-exposed rhesus (Figure 2A; see complete unedited blots in the supplemental material). rhIL-1ra effectively decreased expression of pIRAK1, *IL1B, CSF3, CXCL8*, and *IL6* in the amnion from IA LPS–exposed rhesus (Figure 2B). In clinical situations, inflammatory signals may come from the AF (inside-out signals) or from decidua (outside-in signals). In the amnion from subjects with chorioamnionitis, pIRAK1 abundance and expression of *CSF3, CXCL8/IL8, IL6*, and *IL1B* selectively increased compared with tissue from subjects without chorioamnionitis (Figure 2, C and D). Thus, amnion expression of neutrophil chemoattractants appears to be a general phenomenon during chorioamnionitis. Figure 2E shows a model demonstrating IL-1β downstream of TLR and CXCL8/CSF3 downstream of IL-1R in the amnion.

*rhIL-1ra blocks neutrophil accumulation in chorio-decidua*. The frequency and numbers of neutrophils increased in the chorio-decidua (~37-fold) after IA LPS injection (Figure 3, A and B, respectively). rhIL-1ra decreased the neutrophil accumulation in the chorio-decidua by >90%. Overall chorio-decidua CD45<sup>+</sup> cell counts increased ~4.5-fold upon IA LPS injection, with little change in the CD45<sup>-</sup> cell counts (data not shown). rhIL-1ra decreased overall chorio-decidua leukocyte counts (data not shown). In contrast to neutrophils, IA LPS did not significantly change the number of chorio-decidua NK cells, NKT cells, conventional CD4<sup>+</sup>T cells (Conv T), or Tregs. IA LPS slightly increased the number of macrophages and B cells (~2-fold and ~1.5-fold, respectively) (Supplemental Figure 5). Interestingly, rhIL-1ra also decreased LPS-induced increases in monocyte/macrophage and B cell numbers to control levels (Supplemental Figure 5).

*rhIL-1ra blocks chorio-decidua neutrophil activation.* Among chorio-decidual cells, neutrophils were the major producers of TNF- $\alpha$  after IA LPS (data not shown). IA LPS increased the frequency of TNF- $\alpha^+$  chorio-decidua neutrophils, which was reversed by rhIL-1ra (Figure 4A). rhIL-1ra also decreased IA LPS–induced CXCL8<sup>+</sup> cells in the chorio-decidua identified as neutrophils based on neutrophil elastase costaining (Figure 4, B–E). IA LPS increased both CD16 (FcRIII) (Figure 4F) and CD63 (marker for release of azurophilic granules) (Figure 4G) expressing chorio-decidua neutrophils. There was a nonsignificant trend for rhIL-1ra

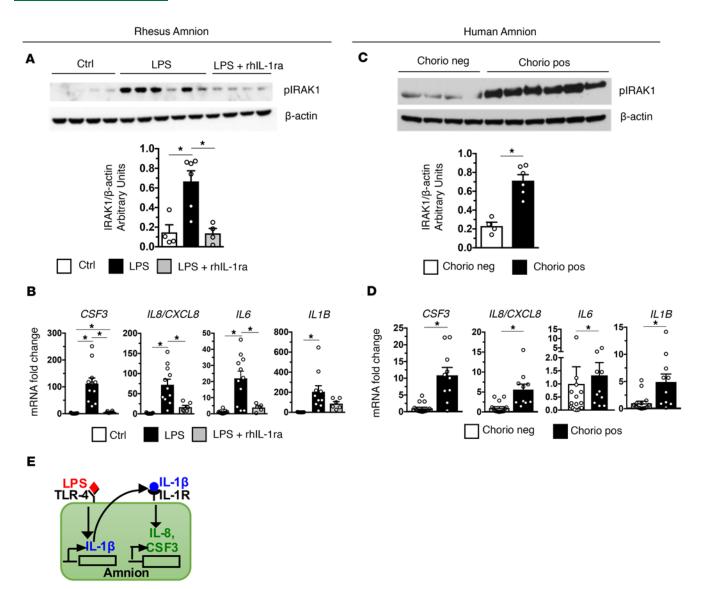


**Figure 1. Close similarities between rhesus intrauterine inflammation and human chorioamnionitis (chorio).** Chorio was induced in rhesus macaques by intraamniotic (IA) LPS at 80% gestation with delivery 16 hours later. Samples were collected immediately after birth from women delivering preterm, and chorioamnionitis was diagnosed by placenta histology. (A) Chorio-decidua cells were scraped and digested with protease/DNAase, and single cell suspensions were used for multiparameter flow cytometry phenotyping (rhesus chorio neg., n = 16; rhesus chorio pos., n = 13; human chorio neg., n = 8; human chorio pos., n = 7). Note the close similarities in proportions of CD45<sup>+</sup> subsets in rhesus vs. human neutrophil predominance in chorio pos. groups. Data are mean  $\pm$  SEM, \**P* < 0.05 between comparators by Mann-Whitney test. (**B**) Representative fetal membrane (chorioamnion-decidua, CAD; n = 5) H&E histology. Note the neutrophil infiltration at the chorio-decidua interface (white arrowheads) in both rhesus and human chorio (am, amnion; ch, chorion; dp, decidua parietalis). (**C**) Expression of mRNAs by quantitative PCR (Taqman probes) in the fetal membranes during chorio (rhesus chorio pos., n = 4-10; human chorio pos., n = 4-11). Average mRNA values are fold increases over the average value for control or no chorio (red dashed line) after internally normalizing to the housekeeping 18S RNA. Expression of many genes were similar in the rhesus and humans.

to decrease CD16 (Figure 4F). rhIL-1ra reversed the LPS-induced increase in neutrophil CD63 expression to near control levels (Figure 4G [P = 0.033] and Supplemental Figure 6). CD63 expression highly correlated with TNF- $\alpha$  expression in LPS-exposed neutrophils ( $r^2 = 0.69$ , P = 0.03, Figure 4H). Interestingly, human chorio-decidua neutrophils from cases with chorioamnionitis had increased CD63 expression compared with chorio-decidua neutrophils from subjects without chorioamnionitis (Supplemental Figure 7).

*IA LPS induced a chorio-decidua neutrophil prosurvival program mediated by BCL2A1*. To understand transcriptomic changes, we analyzed highly upregulated genes in the maternal-fetal membranes during chorioamnionitis. The most upregulated genes in both rhesus and human chorio-decidua identified a profile of genes known to be expressed by activated neutrophils (Table 1). *BCL2A1* (called *BFL1* in humans), an inhibitor of apoptosis (37), is one of the highly upregulated genes common to both rhesus and humans.

### **JCI in**sight



**Figure 2.** Activation of IRAK1 and induction of neutrophil chemoattractants is IL-1 dependent in the amnion. Amnion was physically separated from chorion and decidua immediately after birth from rhesus and humans delivering preterm. (**A**) Representative immunoblots of rhesus amnion (n = 5) probed with antiphospho-IRAK1 and  $\beta$ -actin and quantification of IRAK1 expression (Ctrl, n = 4; LPS, n = 6; LPS + rhlL-1ra, n = 4) are shown. (**B**) Expression of IA LPS-induced *CSF3, IL8/CXCL8,* and *IL6* but not *IL1* $\beta$  mRNA were inhibited by rhlL-1ra (Ctrl, n = 13; LPS, n = 11; LPS + rhlL-1ra, n = 6). (**C**) Representative immunoblots of human amnion (n = 5) probed with anti-phospho-IRAK1 and  $\beta$ -actin and quantification of IRAK1 expression (Chorio neg., n = 4; Chorio pos., n = 6) are shown. (**D**) *CSF3, IL8, IL6,* and *IL1* $\beta$  mRNAs increased in human chorio cases (Chorio neg., n = 16; Chorio pos., n = 11). (**E**) Model demonstrating IL-1 $\beta$  downstream of TLR and CXCL8/CSF3 downstream of IL-1R in the amnion. Data are mean  $\pm$  SEM, \*P < 0.05 between comparators by Mann-Whitney test.

rhIL-1ra reversed the increased chorio-decidua expression of *BCL2A1* in LPS-exposed animals (Figure 5A). Importantly, BCL2A1 was specifically expressed by chorio-decidua neutrophils, and rhIL-1ra decreased BCL2A1<sup>+</sup> neutrophils (Figure 5, B–E).

Neutrophil expression of *BCL2A1* could be constitutive or induced. Thus, an increase in BCL2A1 in the chorio-decidua could be due to influx of neutrophils rather than transcriptional induction of the gene in the neutrophils. Since control chorio-decidua tissue has very few neutrophils, we compared expression of *BCL2A1* and other important mediators of apoptosis in chorio-decidua neutrophils vs. blood neutrophils from the same IA LPS–exposed animals. Among antiapoptosis mediators, the expression of *BCL2A1* and *BCLXL* was higher, but *BCL2* and *MCL1* expression did not change in chorio-decidua neutrophils (Figure 5F). The expression of proapoptotic mediators *BAD* and *BAX* did not change in chorio-decidua neutrophils, although we may have been limited with few samples for definitive determinations (Figure 5F).

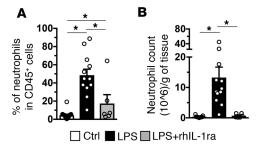


Figure 3. Neutrophil recruitment to the chorio-decidua after IA LPS exposure is significantly decreased by IL-1R blockade. Chorio-decidua cell suspensions were analyzed by multiparameter flow cytometry. IA LPS exposure increased significantly the frequency (Ctrl, n = 16; LPS, n = 12; LPS + rhIL-1ra, n = 6) (**A**) and the number (Ctrl, n = 11; LPS, n = 12; LPS + rhIL-1ra, n = 6) (**B**) of chorio-decidua neutrophils compared with the control animals, and rhIL-1ra injection reverted both frequency and counts to near control levels. Data are mean ± SEM, \*P < 0.05 between comparators by Mann-Whitney test.

Since chorio-decidua in control rhesus macaques have very few neutrophils, we used blood neutrophils for comparative survival studies. Compared with blood neutrophils survival ( $45\% \pm 5\%$ , n = 10) after 16 hours culture, chorio-decidua neutrophil survival was  $86\% \pm 3\%$  (n = 13) (P < 0.05). Furthermore, decidua neutrophil survival was maintained over 72 hours in culture (Supplemental Figure 8). We also confirmed an increased expression of *BCL2A1* in human chorio-decidua neutrophils compared with blood neutrophils (with the caveat that the source of blood neutrophils was from nonpregnant women) (Supplemental Figure 9). We next used pharmacological inhibition of the BCL2 family to determine the contribution of BCL2A1 in neutrophil survival in rhesus macaques. Consistent with the expression data, an inhibition of BCL2A1 (using ML214) (38) was more potent at decreasing neutrophil survival compared with inhibition of BCL2A1; ref. 39) (Figure 5G and Supplemental Figure 10). These data demonstrate that BCL2A1 is critical in mediating chorio-decidua neutrophil survival.

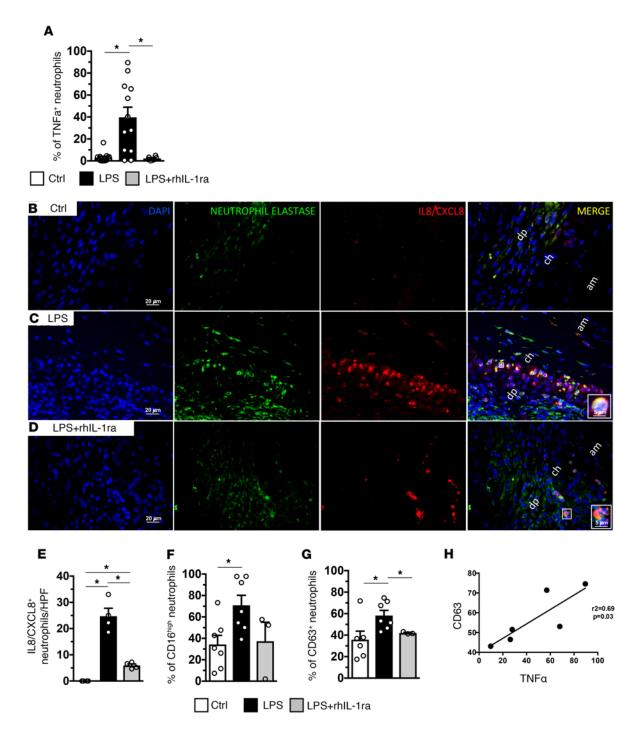
*rhIL-1ra reduced IA LPS–induced intrauterine inflammation.* NK cells, macrophages, T cells, and decidua stroma cells that are abundant in third-trimester primate decidua can potentially cause intrauterine inflammation without contributions from neutrophils (19). Validated biomarkers of inflammation-induced PTL include AF concentrations of prostaglandins (PG) and IL-6 (40, 41). rhIL-1ra significantly decreased LPS-induced AF concentrations of IL-6, CXCL8, MCP1, and PGE2, but not PGF2a or TNF- $\alpha$  concentrations (Figure 6A). AF neutrophil numbers were variable in both IA LPS and IA LPS + rhIL-1ra groups (Figure 6B). In contrast to large increases of cytokines in the AF, LPS exposure did not increase proinflammatory cytokine levels in the maternal plasma (Figure 6C). The fetal plasma cytokines increased slightly but significantly (Figure 6C). There were nonsignficant trends toward decreases in IL-6, IL-8/CXCL8, and CCL2/MCP1, but not TNF- $\alpha$  in fetal plasma upon rhIL-1ra treatment.

#### Discussion

IUI poses a challenge in balancing tolerogenic environment at the maternal-fetal interface, with a need for innate host defense. That preterm delivery may occur in association with leukocytosis of the AF or chorioamnion has long been recognized (42). Using a nonhuman primate model with close similarities to human chorioamnionitis, we show that IL-1 signaling mediates accumulation and activation of neutrophils at the maternal-fetal interface. IL-1 blockade decreased concentrations of proinflammatory mediators associated with PTL/delivery at the maternal-fetal interface (41, 43, 44). Although some elements of the inflammation cascade have not been formally proven, our findings are consistent with the hypothesis that, during IUI, proinflammatory mediators signal the amnion tissue to secrete neutrophil chemoattractants with activation of the IRAK1 pathway. The neutrophil infiltration amplifies the inflammation at the maternal-fetal interface (Figure 7). Specific activation of the IRAK/NFkB/CXCL8 axis in the amnion in PTL but not preterm–no labor or term-labor cases has been recently reported (45).

IL-1 blockade decreased inflammation-induced PTL in some studies using rodent species (24, 46, 47) but not in others (48). Our focus in the present study was to identify proximal mechanisms of intrauterine inflammation that may lead to PTL. In chronically catheterized rhesus macaques, PTL was reported with IA IL-1 $\beta$ or LPS within 3-day exposure (49, 50), while PTL did not occur with IA IL-1 $\beta$  exposure for 3 days in noninstrumented rhesus macaques (51). Even with inoculation of infectious agents in the nonhuman primates, there is variability in the incidence of PTL based on microbial virulence factors or the anatomical location of the infectious agent (e.g., chorio-decidua vs. AF) (52, 53). Thus, the PTL phenotype appears to be modulated by host-microbial interactions, spatial localization within the intrauterine space, and characteristics of the host inflammatory response. Mice lacking the IL-1 type I receptor are able to sense systemic LPS and mount

### **JCI** insight



**Figure 4. IA LPS induced chorio-decidua neutrophil cytokine production, and activation is IL-1 dependent.** (A) Expression of TNF- $\alpha$  in chorio-decidua neutrophils was assessed by flow cytometry. rhlL-1ra significantly decreased the frequency of TNF- $\alpha$ <sup>+</sup> chorio-decidua neutrophils (Ctrl, n = 13; LPS, n = 12; LPS + rhlL-1ra, n = 6). (**B-E**) Chorioamnion-decidua sections from paraffin-embedded blocks were stained with DAPI (blue), IL-8/CXCL8 (red), and neutrophil elastase (green). Representative sections (n = 4) are shown from the animal groups: control (**B**), IA LPS (**C**), and LPS + rhlL-1ra (**D**). In magnified images in the inserts in **C** and **D** show cells with polymorphonuclear neutrophil morphology coexpressing IL-8/CXCL8 and neutrophil elastase. (**E**) Cell count/high-powered field (HPF, 40×) of IL-8/CXCL8<sup>+</sup> neutrophils in the chorioamnion-decidua interface (Ctrl, n = 4; LPS + rhlL-1ra, n = 4). (**F** and **G**) Expression of activation molecules in chorio-decidua neutrophils was assessed by flow cytometry (Ctrl, n = 7; LPS + rhlL-1ra, n = 3). rhlL-1ra decreased LPS-induced expression of CD16 nonsignificantly (**F**) and CD63 significantly (**G**) in chorio-decidua neutrophils. (**H**) Positive correlation of CD63 expression and TNF- $\alpha$  in neutrophils from LPS-exposed animals (n = 6;  $r^2 = 0.69$ ; P = 0.03). am, amnion; ch, chorion; dp, decidua parietalis. Data are mean  $\pm$  SEM, \*P < 0.05 between comparators by Mann-Whitney test.

| Rhesus      |   |                          | Human       |   |   |
|-------------|---|--------------------------|-------------|---|---|
| Gene symbol | Gene name                                 | LPS vs. ctrl<br>(fold ↑) | Gene symbol | Gene name                                       | Preterm chorio pos vs.<br>preterm chorio neg (fold 个) |
| DEFB2L      | β-Defensin 2                              | 112                      | PI3         | Peptidase inhibitor 3                           | 201   |
| CXCL13      | C-X-C Motif Chemokine<br>Ligand 13        | 98                       | G052        | GO/G1 Switch 2                                  | 106   |
| CLEC4D      | C-Type Lectin Domain Family<br>4 Member D | 44                       | BCL2A1      | BCL2 Related Protein A1                         | 73  |
| C19orf59    | Mast Cell Expressed<br>Membrane Protein 1 | 41                       | IL8         | IL-8  | 63  |
| S100A9      | S100 Calcium Binding Protein<br>A9        | 39                       | S100A8      | S100 Calcium Binding<br>Protein A8              | 61  |
| MYH15       | Myosin Heavy Chain 15                     | 39                       | S100A12     | S100 Calcium Binding<br>Protein A12             | 60  |
| LTB4R       | Leukotriene B4 Receptor                   | 35                       | ORM1        | Orosomucoid 1                                   | 44  |
| NAPSA       | Napsin A Aspartic Peptidase               | 35                       | FDCSP       | Follicular dendritic cell<br>secreted protein   | 33  |
| CSF3R       | Colony Stimulating Factor 3<br>Receptor   | 31                       | HLA-A       | Major Histocompatibility<br>Complex, Class I, A | 32  |
| BCL2A1      | BCL2 Related Protein A1                   | 29                       | CHI3L1      | Chitinase 3-like 1                              | 29  |
|             |   |                          |             |   |   |

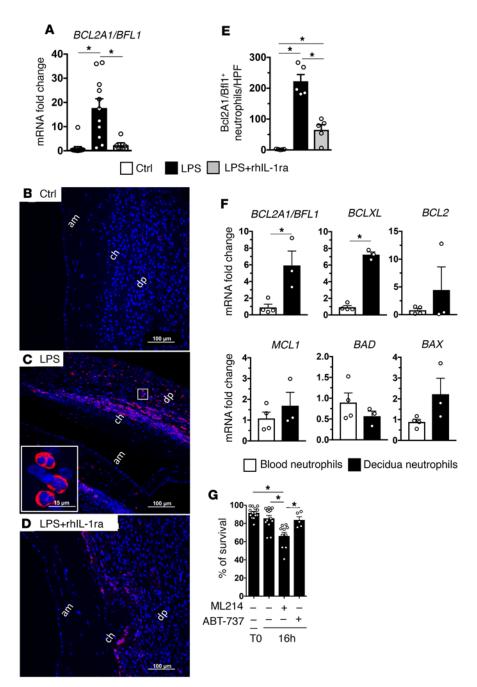
#### Table 1. mRNAS-seq analysis showing top 10 genes differentially expressed during chorioamnionitis.

an inflammatory response (54), but IL-1 signaling is needed to transduce fetal/neonatal immune response to a variety of inflammatory stimuli in intrauterine or maternal systemic compartments (31, 46, 47, 55, 56). Taken together with our data, IL-1 signaling appears to be a critical mediator in perinatal inflammation.

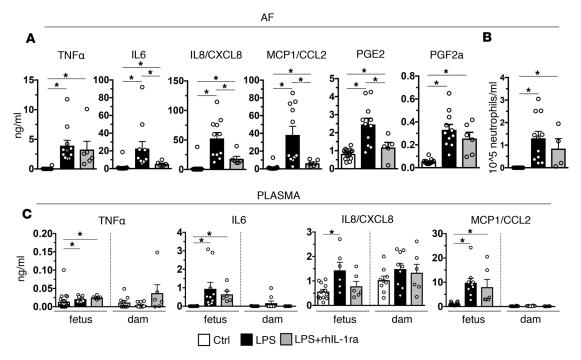
Inflammation at the maternal-fetal interface involves the fetal tissues (amnion and chorion) and maternal tissue (decidua). Leukocytes comprise about 70% of all chorio-decidua cells in the third trimester in both humans and rhesus (data not shown). Most of the leukocytes are macrophages, NK cells, or T cells. During chorioamnionitis, no changes in T cell, NK cells, invariant NKT (iNKT) cells, or Tregs were observed in the chorio-decidua. Interestingly, LPS exposure induced a small increase in monocyte/macrophage and B cells in the chorio-decidua, and Anakinra inhibited these increases (Supplemental Figure 5). Our results are consistent with a recent study reporting that B cells are activated and accumulate in higher numbers in the chorio-decidua during PTL in humans and inhibit LPS-induced neutrophil infiltration, intrauterine inflammation, and preterm birth in mice via IL-33 (an IL-1 family member) and progesterone-induced blocking factor axis (57). Although our study is focused on neutrophil biology at the maternal-fetal interface, IL-1 blockade can also inhibit macrophage-neutrophil inflammation and macrophage-neutrophil interactions (58).

In contrast with our findings, studies in mouse models of preterm birth have demonstrated changes in frequency and proinflammatory and prolabor function for T cells, iNKT cells, and Tregs in the chorio-decidua, implicating these cells in the pathogenesis of inflammation-mediated preterm birth (59–62). Besides species differences, different route (systemic vs. IA route in our study) of administration of proinflammatory agents might explain these different findings. Indeed, systemic (i.p. or i.v.) administration of proinflammatory agents predominantly cause a maternal systemic inflammatory response, whereas inflammation in human preterm birth cases is largely in the intrauterine compartment (44).

Neutrophils infiltrating the chorio-decidua are of maternal origin (12), while neutrophils in the AF are largely of fetal origin (13), although a recent study reported mixed fetal/maternal origin of neutrophils in the AF (63). While rhIL-1ra reduced chorio-decidua neutrophil numbers by ~90%, the reduction in AF neutrophil count was not statistically significant, likely due to interanimal variability. It should be noted that the neutrophil counts were about 10-fold higher in the chorio-decidua compared with the AF. Thus, the overall effect of rhIL-1ra was to substantially reduce neutrophil numbers at the maternal-fetal interface. During IUI, the amnion can be potentially signaled by mediators in the AF or from the basal side by the chorio-decidua. Since microbial products can be identified in the AF in only ~30% of human IUI cases, even with sensitive molecular detection methods (40), the compartmental location of inflammatory signals is not known in humans. The finding that IRAK1 is phosphorylated in both the rhesus model and human cases suggests that activation of



**Figure 5. IA LPS induced expression of the prosurvival factor** *BCL2A1/BFL1* **in neutrophils is IL-1 dependent.** Expression of *BCL2A1/BFL1* **mRNA** by quantitative PCR in the rhesus CAD (**A**) (Ctrl, n = 13; LPS, n = 11; LPS + rhlL-1ra, n = 6). Representative sections (n = 5) from rhesus chorioamnion-decidua paraffin-embedded blocks were stained with DAPI (blue) and BCL2A1/BFL1 (red). Controls (**B**), IA LPS (**C**), and LPS + IL-1ra (**D**). Magnified inset (60×) in **C** demonstrate cells with polymorphonuclear morphology expressing BCL2A1. (**E**) Cell count/high-powered field (HPF, 40×) of cells in the chorio-decidua interface showing fewer BCL2A1<sup>+</sup> neutrophils in LPS + rhlL-1ra compared with LPS groups (Ctrl, n = 5; LPS, n = 5; LPS + rhlL-1ra, n = 5). (**F**) Increased expression of *BCL2A1/BFL1* and *BCLXL* in flow-sorted chorio-decidua neutrophils from IA LPS-exposed animals (n = 3) compared with immunomagnetic bead purified blood neutrophils from the same animal (n = 4). (**G**) Chorio-decidua cell suspension were cultured for 16 hours (n = 5-14). ML214 (inhibitor of BCL2A1) treatment ( $5 \mu$ M) decreased frequency of chorio-decidua annexin V<sup>-</sup>/7aad<sup>-</sup> (nonapoptotic) neutrophils by flow cytometry, while ABT-737 (inhibitor of BCL2 but not BCL2A1; 0.1  $\mu$ M) did not show any significant effect. am, amnion; ch, chorion; dp, decidua parietalis. Data are mean  $\pm$  SEM, \*P < 0.05 between comparators by Mann-Whitney test.



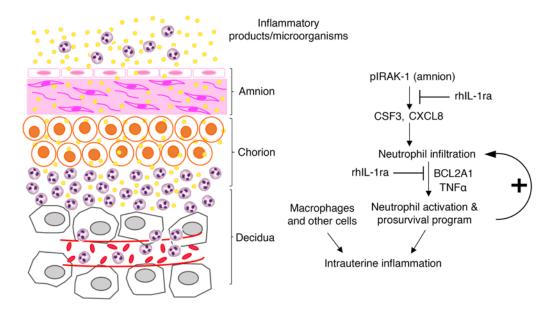
**Figure 6. IL-1R blockade decreased inflammatory markers in amniotic fluid in IA LPS-exposed animals.** Cytokine concentrations were measured by multiplex ELISA. Prostaglandin (PG) concentrations were measured in lipid extract of amniotic fluid by ELISA. (**A**) rhlL-1ra significantly decreased LPS-induced IL-6, IL-8/CXCL8, MCP1/CCL2, and PGE2, but not TNF- $\alpha$  or PGF2a levels (Ctrl, *n* = 16; LPS, *n* = 11; LPS + rhlL-1ra, *n* = 6). (**B**) There was a trend (nonsignificant) in reduced neutrophil counts in AF from rhlL-1ra + LPS- compared with LPS-exposed animals. AF neutrophil counts had high intragroup variability. (**C**) Compared with amniotic fluid, proinflammatory cytokine levels were lower in both fetal (Ctrl, *n* = 16; LPS, *n* = 10; LPS + rhlL-1ra, *n* = 6) and maternal plasma (Ctrl, *n* = 10; LPS, *n* = 10; LPS + rhlL-1ra, *n* = 6. Note that in dam plasma, these cytokines are low to undetectable, except for IL-8/CXCL8. Data are mean ± SEM, \**P* < 0.05 between comparators by Mann-Whitney test.

IRAK1 is a more general phenomenon in the cascade of IUI. The finding adds IUI to the list of inflammatory diseases/cancer in which IRAK1 is implicated in the pathogenesis or proposed as a target for therapy (64–66).

Neutrophils are classically known to be phagocytic cells that secrete proinflammatory mediators and cause tissue destruction (14). However, recent findings have shed light on the diversity within neutrophil populations. In tumors and the placenta, neutrophils can adopt regulatory roles, secrete antiinflammatory mediators like arginase-1 and indoleamine 2-3 deoxygenase, and subserve homeostatic functions (18, 67, 68). Whether regulatory neutrophil populations exist in the third-trimester placenta, and whether these populations can convert to the more proinflammatory phenotypes as a result of exposure to inflammatory mediators such as LPS resulting in PTL, is not known.

IL-1R blockade resulted in decreased LPS-induced TNF- $\alpha$ , CXCL8, CD63, and CD16 expression in the neutrophils. CD63 is critical in processing and secretion of neutrophil elastase (69). CD16 expression is induced by TNF- $\alpha$  and mediates phagocytosis of immune complexes (70). CXCL8 production by neutrophils likely creates a feed-forward loop of more neutrophil recruitment and amplification of inflammation at the maternal-fetal interface. In contrast to our data of neutrophils being the predominant source of CXCL8, Gibbons et al. reported that neonatal, but not adult T cells, secrete CXCL8 constitutively and upon stimulation and potentially activate neutrophils (71). The discrepancies in the source of CXCL8 are likely explained by chorio-decidua T cells and neutrophils being predominantly maternal rather than fetal (12). Overall, our results demonstrate that IL-1 signaling mediates both neutrophil recruitment and a broad program of neutrophil activation at the maternal-fetal interface.

Neutrophils normally have a life span of a few hours in the circulation regulated by apoptosis (72). However, tissue neutrophils exposed to proinflammatory stimuli are known to have longer life spans (72). MCL1, an antiapoptotic factor of the BCL family, is a major mediator of neutrophil survival during inflammation (73). We report a previously unrecognized function for BCL2A1 in mediating enhanced survival of chorio-decidua neutrophils. We previously reported that MCL1 may function downstream of BCL2 and BCL2A1 in T cells (74). Thus, both BCL2A1 and MCL1 may be important mediators of neutrophil



**Figure 7. Schematic of IUI.** Inflammatory mediators in the amniotic fluid and chorio-decidua activate the amnion, resulting in production of neutrophil chemoattractants in an IRAK1- and IL-1-dependent manner. Neutrophil accumulation occurs in the chorio-decidua interface. BCL2A1 increases neutrophil survival. Neutrophil activation mediated by IL-1 and TNF- $\alpha$  amplify the IUI. This conceptual model is based on previous reports and data from our study, and not all elements of the inflammation cascade have been formally verified in our study.

survival. A recent study reported the presence of natural cytotoxicity receptor expressing innate lymphoid cell-3 (NCR<sup>+</sup>ILC3) in the decidua and suggest that these NCR<sup>+</sup>ILC3 may play a role in enhancing neutrophil survival via secretion of CXCL8 and GM-CSF (75). Here, we show that IL-1 signaling is upstream of BCL2A1 induction, which may signal through the PI3K and JAK/STAT pathways (37, 73) during intrauterine inflammation. Dysregulated prosurvival of neutrophils is known to exacerbate chronic inflammation (76, 77), and therapeutic induction of apoptosis may be a novel antiinflammatory strategy (78). Our findings offer possibilities of new drug targets for intrauterine inflammation.

How might neutrophil-driven inflammation contribute to PTL? Neutrophil-derived proteinases can weaken the collagen scaffolding of the amnion, leading to rupture of membranes and PTL (79-81). PG, proinflammatory cytokines, and contractile associated proteins - particularly connexin-43 and oxytocin receptor can directly stimulate uterine contractions (21, 82, 83). Chorio-decidua neutrophils may reciprocally activate B cells, CD8 T cells, macrophages, and other cells in positively reinforcing intrauterine inflammation (57, 84). However, intrauterine inflammation does not invariably lead to PTL. Higher compared with lower levels of IL-6 and the alarmin HMGB1 in AFs of women with PTL more frequently resulted in preterm birth (40, 85). Priming by the interferon-1 signaling significantly decreased the LPS dose threshold trigerring preterm birth in mice (86). These results suggest that there may be quantitative and/or qualitative aspects of intrauterine inflammation that may variably result in PTL/preterm birth. Our data are at some variance with results in pregnant mice in which complete neutrophil depletion did not reduce placental inflammation or prevent PTL (15, 16). Prior studies demonstrated that neutrophil depletion in mice led to substantial elevations in myeloid hematopoietic progenitors, the myelopoietic/proinflammatory cytokines G-CSF, IL-17, and IL-23 (87), potentially limiting the usefulness of the neutrophil-depletion approach. Furthermore, there are substantial differences in reproductive biology between mice and humans. Our study cannot definitively establish if neutrophils are required to mediate IUI, since IL-1 signaling may independently mediate neutrophil activity and inflammation at the maternal-fetal interface.

AF levels of IL-6 and PG are validated biomarkers of inflammation-mediated PTL (21, 40, 88). IL-1 blockade effectively decreased LPS-induced increases in both AF IL-6 and PGE2. In addition, IL-1 blockade decreased AF levels of IL-1 $\beta$  and other proinflammatory agonists, but not TNF- $\alpha$ . The reason for the rhIL-1ra-mediated decrease in choriodecidua neutrophil-derived TNF- $\alpha$  but not AF TNF- $\alpha$  is not clear. Although the maternal-fetal membranes comprising the amnion, chorion, and decidua are a major source of inflammatory mediators during intrauterine inflammation, other sources including fetal-derived neutro-

phils and fetal lung may also contribute to AF cytokines. Consistent with decreases in AF mediators, IL-1 blockade also decreased expression of several inflammatory mediators in the maternal-fetal membranes. Thus, the IL-1 blockade decreased inflammatory mediators associated with PTL in the AF and the maternal-fetal membranes, demonstrating a broad multicompartment antiinflammatory effect.

Antibiotic therapy for infection-induced PTL has been disappointing so far, likely because of the residual intrauterine inflammation (89). Together with previous literature, our results suggest a model for the pathogenesis of intrauterine inflammation (Figure 7), proposing a key role for IL-1 signaling to mediate the initiation, amplification of inflammation, and regulation of survival and activity of neutrophils at the maternal-fetal interface. Although Anakinra use during pregnancy has been reported to be without major side effects in a small number of women (90), conclusive safety during pregnancy needs to be established.

#### Methods

Animals. Normally cycling, adult female rhesus macaques (*Macaca mulatta*) (n = 43) were time mated. At ~130 days of gestation (~80% of term gestation), the pregnant rhesus received either 1 ml saline solution (n = 16) or 1 mg LPS (MilliporeSigma) in 1 ml saline solution by ultrasound-guided IA injection. Dams were surgically delivered 16 hours (n = 13) or 48 hours (n = 8) later. Multiparous macaques and their fetuses were similar in demographics (Supplemental Table 1). After delivery, fetuses were euthanized with pentobarbital, and fetal tissues were collected. There were no spontaneous deaths or PTL in the animals. IL-1 signaling was blocked by rhIL-1RA (Anakinra, Sobi) given to the pregnant monkey IA (50 mg) and s.c. (100 mg) 1 and 3 hours before LPS, as previously described (31) (Supplemental Figure 4A).

*Human samples*. Thirty pregnant women at pregnancies from 26<sup>0</sup> to 36<sup>6</sup> weeks were recruited. Cohorts were developed based on a detailed histopathologic diagnosis of chorioamnionitis based on Redline's criteria (91). Maternal and neonatal demographic characteristics of the cohorts are shown in Supplemental Table 2.

*Chorion, amnion, decidua tissue preparation.* Both rhesus and human purified decidua cell suspensions were prepared as previously described (18). Briefly, extraplacental membranes were dissected away from the placenta. Chorio-decidua cells were scraped from the amnion. Amnion was then separated from fetal membranes and flash-frozen for protein and RNA studies. Decidua tissue was washed and digested with Dispase II (Invitrogen) plus collagenase A (Roche Diagnostics) for 30 minutes, followed by DNase I (Roche Diagnostics) treatment for another 30 minutes. Cell suspensions were filtered and the RBCs were lysed and prepared for flow cytometry. Viability was >90% by trypan blue exclusion test.

*Flow cytometry*. mAbs used for multiparameter flow cytometry (LSR Fortessa 2, BD Biosciences) are listed in the Supplemental Table 3. Immunophenotyping was done as described (18) on fresh chorio-decidua cell suspensions — except for T cell phenotyping, which was done on cultured cells since cell isolation procedure downregulates CD4/8 expression (18). Chorio-decidua cell TNF- $\alpha$  expression was measured by flow cytometry with anti–TNF- $\alpha$  Ab (Cytofix/Cytoperm; BD Bioscience). To measure cytokine expression induced by in vivo exposures, flow cytometry was done on cells immediately after isolation without any stimulation and/or intracellular blockers. For all protocols, cells were treated with 20 µg/ml human IgG to block Fc receptors, stained for surface markers for 30 minutes at 4°C in PBS, washed, and fixed in fixative stabilizing buffer (BD Bioscience). All antibodies were titrated for optimal detection of positive populations and mean fluorescence intensity. At least 500,000 events were recorded for each sample. Doublets were excluded based on forward scatter properties, and dead cells were excluded using LIVE/DEAD Fixable Aqua dead cell stain (Invitrogen). Unstained and negative biological population were used to determine positive staining for each marker.

Data were analyzed using FlowJo version 9.5.2 software (TreeStar Inc.). Supplemental Figure 1 shows the flow cytometry gating strategy used to characterize the different chorio-decidua subpopulations.

*Neutrophil isolation and RNA extraction.* Peripheral blood neutrophils were isolated from both rhesus dams and female young healthy donors (median age 32 years; range 28–42 years) using human MACSx-press neutrophil isolation kit (Miltenyi Biotec), according to the manufacturer's instructions. Neutrophil purity was >97%, as assessed by flow cytometry (Supplemental Figure 9A). Rhesus chorio-decidua neutrophils and CD45<sup>-</sup> cells were purified by FACSAria Cell Sorter (BD Bioscience) using the same gating strategy as immunophenotyping studies. Neutrophil as well as CD45<sup>-</sup> cell purity was >98% (data not shown). Human chorio-decidua neutrophils were purified by positive selection using anti-CD66b MicroBeads (Miltenyi Biotec, Supplemental Figure 9B). Total RNA was extracted from the purified neutrophils (2 × 10<sup>6</sup> to 4 × 10<sup>6</sup>) by adding TRIzol (Thermo Fisher Scientific) and subsequently using Direct-Zol RNA MicroPrep kit (ZYMO Research) to efficiently extract small quantities of RNA.

Apoptosis experiments. Neutrophils were cultured overnight (16 hours) at 37°C, in 5% CO<sub>2</sub> in DMEM/ F12 containing 10% FBS, 100 IU/ml penicillin, 100 IU/ml streptomycin, and 2 mmol/l glutamine in 24-well plate ( $1 \times 10^6$  cells/ml). Chorio-decidua cells were stained with a cocktail of Abs as above for immunophenotyping and analyzed by flow cytometry within 30 minutes, and cell survival was indicated as percentage of annexin V<sup>-</sup>/7aad<sup>-</sup> cells (BD Bioscience).

Different concentrations of BCL2A1 inhibitor (ML214, NIH molecular libraries program) (38) or of BCL2 inhibitor that does not inhibit BCL2A1 (ABT-737) were used in the survival inhibition experiments. The chosen doses were optimum based on dose response curves that were generated using blood neutrophils. ABT737 concentrations  $\geq 1 \mu M$  were toxic to the cells (data not shown).

*CXCL8, BCL2A1, and neutrophil elastase immunohistology.* Immunofluorescence was performed as previously described (18). Briefly, paraffin-embedded rhesus fetal membrane sections were sectioned and subjected to antigen retrieval by microwave boiling in citrate buffer, followed by incubation with either anti–human CXCL8 (G265-8; 1:25 dilution; BD Biosciences), BCL2A1 (b450; 1:50 dilution; LSBio), or neutrophil elastase (ab68762; 1:100 dilution, Abcam) in 10% normal horse serum/0.2% Tween-20 at 4°C overnight. Staining was visualized using fluorescently labeled secondary antibodies (AF594; 1:200 dilution; Invitrogen) for 1 hour at room temperature. Nuclear counterstain was achieved using Vector Shield Hard-Set mounting medium with DAPI (Vector Laboratories).

Stained slides were imaged on confocal microscopy for colocalization at  $20\times$ ,  $40\times$ , or  $60\times$  magnification with  $1,024 \times 1,024$  pixel resolution on a Nikon Eclipse A1RSi inverted microscope (Nikon Instruments Inc.). Images were collected using a Zeiss Axioplan 2 microscope and AxioVision 4 software (Zeiss).

*Histologic evaluation of fetal membranes for chorioamnionitis*. H&E staining was performed for rhesus and human fetal membrane sections, and staining was photographed. H&E-stained sections of human fetal membranes were scored in a blinded manner (by S.G. Kallapur) for chorioamnionitis using criteria outlined by Redline et al. based on numbers and depth of neutrophil infiltration of the tissue (91).

*Cytokines, PG, and Anakinra ELISA*. Cytokine/chemokine concentrations in AF, fetal, and maternal plasma were determined by Luminex using nonhuman primate multiplex kits (MilliporeSigma). Lipids were extracted from the AF using methanol to measure PG PGE2 (Oxford Biomedical Research) and PGF2a (Cayman Chemical) concentrations. Anakinra levels in AF, fetal, and maternal plasma were determined by human IL-1ra/IL-1F3 Quantikine ELISA kit (R&D System). This kit has low cross-reactivity to rhesus IL-1ra.

*Quantitative PCR and mRNA-seq analyses.* Total RNA was extracted from neutrophils, snap-frozen chorio-decidua, and amnion after homogenizing in TRIzol (Invitrogen). RNA concentration and quality were measured by Nanodrop spectrophotometer (Thermo Fisher Scientific). Reverse transcription of the RNA was performed using Verso cDNA synthesis kit (Thermo Fisher Scientific), following the manufacturer's protocol. Quantitative PCR (qPCR) was carried out in a StepOnePlus real-time PCR system (Invitrogen) following standard cycling conditions. qPCR assays were performed with rhesus- and human-specific TaqMan gene expression primers (Invitrogen, Supplemental Table 4). Eukaryotic 18S rRNA (Invitrogen) was an endogenous control for normalization of the target RNAs, and a sample from an IA saline-injected rhesus animal and a human chorio-negative sample was used as the calibrator. The values were expressed relative to the average value of the control group. For mRNA sequencing (mRNA-seq) analyses samples with RNA integrity number (RIN)  $\geq$  8.0 were used for mRNA-seq. RNA-library preparation was performed at the DNA core facility (Cincinnati Children's Hospital Medical Center). We used single-end read sequencing by Illumina HiSeq2500 Ultra-High–throughput sequencing system (Illumina Inc.) at an average depth of 50 million reads per sample. Raw sequences were accepted once they passed the quality filtering parameters used in the Illumina GA Pipeline. Sequenced reads were mapped to the reference rhesus genome assembly MMUL1.0.

Western Blot for pIRAK1 in the amnion. Both rhesus and human amnion were peeled off from the chorio-decidua layer. Tissue extracts were resolved through SDS-PAGE using 4%–12% separating gel (Invitrogen). Proteins were transferred to Hybond enhanced chemiluminescence (ECL) nitrocellulose membrane (Amersham Pharmacia Biotech) using a semi-dry transfer system (Bio-Rad) and blocked with 5% dried milk in PBS and 0.1% Tween-20 (MilliporeSigma). Blots were probed with anti–phospho IRAK1 antibody (BIOSS, bs-319R) or β-actin antibody (MilliporeSigma, A5060) overnight at 4°C. Binding of HRP-labeled goat anti–rabbit antibody (sc-2004, Santa Cruz Biotechnology Inc.) was determined using SuperSignal-West Chemiluminescent Substrate (Thermo Fisher Scientific). Blots were stripped with Restore Western Blot Stripping Buffer (Thermo Fisher Scientific), as required. The blots were imaged and quantified using ImageJ software (NIH), and the results were reported as pIRAK1/β-actin ratio. *Statistics*. Prism version 5.0b software (GraphPad) was used to analyze data. Values were expressed as means  $\pm$  SEM. Two-tailed Mann-Whitney *U* tests (for nonnormally distributed continuous variables and 2-tailed Student *t* test for Gaussian distributed data points) and Fisher's exact test for categorical variables were used to determine differences between groups. Results were considered significant for *P*  $\leq$  0.05.

*Study approval.* All animal procedures were approved by the IACUC at the UCD. Pregnant women provided a written informed consent from 2014–2017 under a protocol approved by the IRBs of Cincinnati Children's Hospital and University of Cincinnati (no. 2013-2243).

#### Author contributions

PP, PS, SB, CWP, CJ, FK, CMR, ED, LAM, DAH, NS, CAC, AHJ, and SGK participated in data generation. PP, PS, NS, AHJ, CAC, and SGK participated in analysis and interpretation of data. ED and DAH provided materials and technical support and participated in critical review of the manuscript. AHJ, CAC, and SGK participated in the conception and design of the study and obtained the funding. PP and SGK wrote the manuscript. All authors have reviewed the manuscript and approve the final version.

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