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Cortes-Briones, J Skosnik, PD Mathalon, D et al.

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Δ^9 -THC Disrupts Gamma (γ)–Band Neural Oscillations in Humans

Jose Cortes-Briones, Ph.D., ^{1,3} Patrick D. Skosnik, Ph.D., ^{1,2,3} Daniel Mathalon, Ph.D., M.D., ^{3,4,5} John Cahill, M.D., ^{1,2,3} Brian Pittman, M.S., ^{2,3} Ashley Williams B.A., ^{1,2} R. Andrew Sewell, M.D., ^{1,2,3}, Mohini Ranganathan, M.D., ^{1,2,3} ⁵Brian Roach, B.A., ⁴, Judith Ford, Ph.D, ^{3,4,5} Deepak Cyril D'Souza, M.D., ^{1,2,3}

¹ Psychiatry Service, VA Connecticut Healthcare System, West Haven, CT, USA

² Abraham Ribicoff Research Facilities, Connecticut Mental Health Center, New Haven, CT, USA

³ Department of Psychiatry, Yale University School of Medicine, New Haven, CT, USA

⁴ Department of Psychiatry, University of California San Francisco, San Francisco, CA, USA

⁵ Mental Health Service Line, San Francisco VA Medical Center, San Francisco, CA, USA

Corresponding Author: Deepak Cyril D'Souza

Psychiatry Service 116A, VA Connecticut Healthcare System, 950 Campbell Avenue, West Haven, CT 06516

Phone: (203) 932-5711 x 2594 Fax: (203) 937-4860

E-mail: deepak.dsouza@yale.edu

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Abstract

Gamma (γ)—band oscillations play a key role in perception, associative learning, and conscious awareness and have been shown to be disrupted by cannabinoids in animal studies. The goal of this study was to determine whether cannabinoids disrupt γ oscillations in humans and whether these effects relate to their psychosis-relevant behavioral effects.

The acute, dose-related effects of delta-9-tetrahydrocannabinol (Δ^9 -THC) on the auditory steady-state response (ASSR) were studied in humans (n=20) who completed three test days during which they received intravenous Δ^9 -THC (placebo, 0.015 and 0.03mg/kg) in a double-blind, randomized, cross-over, and counterbalanced design. Electroencephalography (EEG) was recorded while subjects listened to auditory click trains presented at 20, 30 and 40Hz. Psychosis-relevant effects were measured with the Positive and Negative Syndrome scale (PANSS).

 Δ^9 -THC (0.03mg/kg) reduced inter-trial coherence (ITC) in the 40Hz condition compared to 0.015mg/kg and placebo. No significant effects were detected for 30 and 20Hz stimulation. Furthermore, there was a negative correlation between 40Hz ITC and PANSS subscales and total scores under the influence of Δ^9 -THC. Δ^9 -THC (0.03mg/kg) reduced evoked power during 40Hz stimulation at a trend level. Recent users of cannabis showed blunted Δ^9 -THC effects on ITC and evoked power.

We show for the first time in humans that cannabinoids disrupt γ -band neural oscillations. Furthermore, there is a relationship between disruption of γ -band neural oscillations and psychosis-relevant phenomena induced by cannabinoids.

These findings add to a growing literature suggesting some overlap between the acute effects of cannabinoids and the behavioral and psychophysiological alterations observed in psychotic disorders.



INTRODUCTION

With the legalization of "medical" marijuana (cannabis) (Kleber and DuPont, 2012; Procon.org, 2014) and recreational cannabis use in some states of the U.S (Bly, 2012), the high rates (ONDCP, 2008; SAMHSA, 2011) and earlier onset of cannabis use (Johnston *et al*, 2012), the increasing potency of cannabis (Mehmedic *et al*, 2010), the recreational use of highly potent synthetic cannabinoids (e.g., Spice and K-2) (Johnson *et al*, 2011; Vardakou *et al*, 2010), and the high rates of emergency department visits related to cannabis (SAMHSA, 2012) there is a need to understand the basic mechanisms underlying the behavioral effects of cannabinoids such as delta-9-tetrahydrocanabinol (Δ^9 -THC), the primary psychoactive constituent in cannabis.

 Δ^9 -THC, via activation of brain cannabinoid 1 receptors (CB1R), induces a range of acute alterations in perceptual, emotional, and cognitive functions that are relevant to psychotic states and psychotic disorders such as schizophrenia (reviewed in Radhakrishnan *et al*, 2014). Neural oscillations in the gamma (γ)-band (30-80Hz) are thought to play a key role in the operation of these functions by participating in sensory registration and integration, associative learning, and conscious awareness among other processes (Uhlhaas *et al*, 2008). Therefore, it is expected that alterations in these processes will be associated with abnormalities in γ -band oscillations. Consistent with this view, a number of studies in schizophrenia patients have confirmed the existence of an association between functional and γ -band abnormalities as measured by electroencephalography (EEG) (see Uhlhaas *et al*, 2008 for review). This raises the intriguing possibility that some of the acute psychosis-relevant functional abnormalities induced by Δ^9 -THC may be associated with γ -band alterations (Skosnik *et al*, 2006).

Consistent with this possibility, both *in vitro* and *in vivo* studies in animals have shown that CB1R agonists modulate γ oscillations in the cerebral cortex and hippocampus (Hajos *et al*, 2008; Hajos *et al*, 2000; Morgan *et al*, 2008; Robbe *et al*, 2006). For example, systemic administration of the CB1R agonist CP-55940 has been shown to decrease the amplitude of γ-band oscillations in mice as measured via neocortical electrocorticograms (Sales-Carbonell *et al*, 2013). Similar findings have been observed via local field potential (LFP) recordings in rats (Hajos *et al*, 2008).

However, while γ -band abnormalities have been reported in schizophrenia, cannabinoids have been shown to acutely induce psychosis-relevant phenomena in healthy humans, and cannabinoids have been shown to disrupt γ -band oscillations in animals, we are unaware of any studies in humans examining the acute effects of CB1R agonists on either γ -band oscillations or the relationship between γ -band oscillations and the acute psychosis-relevant phenomena induced by CB1R agonists.

In humans, macroscopic synchronized neural oscillations can be evaluated noninvasively with the electroencephalogram (EEG) by measuring the brain's auditory steady-state response (ASSR) to sensory stimulation, i.e., the entrainment of EEG activity to regular auditory stimuli (e.g. auditory click trains) of varying frequencies. Neural circuits act as oscillators that tune their activity to the frequency and phase of the presented stimuli, providing an indicator of the brain's ability to engage in transient states of synchronized oscillatory activity at the frequency used for stimulation. Furthermore, a number of studies have shown that the ASSR is sensitive to the abnormalities present in schizophrenia. For example, first episode and chronic schizophrenia patients show attenuated γ-band (~40Hz) responses in the ASSR

paradigm (Krishnan *et al*, 2009; Kwon *et al*, 1999; Light *et al*, 2006; Spencer *et al*, 2008a), which is associated with some of the characteristic abnormalities of the disorder (e.g., positive symptoms and working memory deficits) (Light *et al*, 2006; Spencer *et al*, 2008b). In view of this, we selected the ASSR paradigm to study the relationship between the acute Δ^9 -THC-induced alterations in γ -band oscillations and psychosis-relevant effects.

This study was part of a larger project that aimed to assess the dose-related effects of Δ^9 -THC on several electrophysiological indices of information processing relevant to psychosis (e.g., P300 (D'Souza *et al*, 2012)) and to determine the relationship between the electrophysiological and behavioral effects of Δ^9 -THC. In this study we examined the acute, dose-related effects of intravenous (IV) Δ^9 -THC on the ASSR in a number of frequency bands, and the relationship between these effects and the psychosis-relevant effects induced by Δ^9 -THC. We hypothesized that Δ^9 -THC would specifically reduce the γ -band (40 Hz) ASSR, and that γ -band ASSRs measures would be inversely correlated with the psychosis-relevant effects of Δ^9 -THC.

MATERIALS AND METHODS

This randomized, double-blind, placebo-controlled, counterbalanced, cross-over study was conducted at the Neurobiological Studies Unit (VA Connecticut Healthcare System [VACHS], West Haven, CT). Subjects were recruited by advertisements and by word of mouth, and were paid for their participation. The study was approved by the institutional review boards of the VACHS and Yale University School of Medicine and was carried out in accordance with the Helsinki Declaration of 1975. Subjects were

informed about the potential for adverse effects of Δ^9 -THC including psychosis, anxiety, panic and abuse liability.

Subjects

After obtaining written informed consent, subjects (n=30;18-35 years) underwent a Structured Clinical Interview for DSM-IV (SCID(First et al, 2002)) and were carefully screened for any DSM Axis I lifetime psychiatric or substance use disorder (excluding tobacco and cannabis use) and family history of major Axis I disorder. Subjects were screened at a separate session within about 4 weeks of the first test day. Cannabisnaïve individuals were excluded to minimize any risk of promoting future cannabis use/abuse. Subjects with DSM-IV cannabis dependence based on the SCID were excluded because cannabis dependence has been associated with a bunted response to THC (tolerance). Subjects were categorized into those who had not used cannabis in the past 30 days (recent users) and those who had not (nonusers) for exploratory analyses to determine the effects of cannabis exposure on study outcomes. The history provided by subjects was confirmed by a telephone interview conducted with a spouse or family member identified by the subject. A general physical and neurological examination, electrocardiogram and laboratory tests (serum electrolytes, liver function tests, complete blood count with differential, urine toxicology and urine pregnancy in women) were also conducted. After screening, subjects were instructed to refrain from alcohol, caffeinated beverages, illicit drugs (other than cannabis) or prescription drugs not approved by the research team for 2 weeks before the study and throughout study participation. Cigarette smokers were permitted to participate only if their pattern of

cigarette consumption would allow them to abstain for each test day (8am-3pm) and their consumption did not exceed 10 cigarettes/day. Recent users of cannabis were instructed to abstain from smoking for at least 24 hours prior to test day. Test days were rescheduled if subjects reported using cannabis within 24 hours of the test day. Subjects who were not categorized as recent users of cannabis were reminded not to use cannabis for two weeks before testing and throughout study participation. For this group, abstinence was confirmed by urine drug testing on the morning of each test day.

Subjects completed 3 test days during which they received Δ^9 -THC (placebo [vehicle (ethanol)], 0.015mg/kg, or 0.03mg/kg) over 10 minutes by IV route in a randomized, counterbalanced order under double-blind conditions. Both staff and subjects received identical information without reference to any hypothesized group differences.

Drugs

The preparation, formulation and storage of the Δ^9 -THC solutions are reported elsewhere (D'Souza *et al*, 2004). For the control placebo condition, an equivalent volume of ethanol (vehicle) was used, which was previously shown to be undetectable in multiple post-injection blood samples (D'Souza *et al*, 2004). The IV route of administration was chosen to standardize the delivery of Δ^9 -THC as discussed previously (D'Souza *et al*, 2004).

General EEG Acquisition and Processing

Multichannel electroencephalography (EEG) was recorded from the scalp using a 22-lead electrode cap (Physiometrix Inc., Billerica, MA, USA) based on the International 10-20 System (see supplementary text 5). Electrode impedances were maintained <5kohms. Recordings were made using a linked ear reference. The data were recorded using Neuroscan Synamps amplifiers (Neuroscan SynAmps, Compumedics Neuroscan, Charlotte, NC, USA). Codes indicating stimulus onset and type were incorporated into the data stream for off-line averaging and analysis using Neuroscan Acquire software for data acquisition and software for stimulus presentation (Presentation, Neurobehavioral Systems, Berkeley, CA, USA). EEG was continuously monitored on a screen outside the recording chamber to detect drowsiness.

ASSR Paradigm

For assessment of ASSRs, subjects sat in an acoustically shielded booth in front of a computer monitor with eyes open, while passively listening to click trains presented through Etymotic insert ER-1 earphones (Etymotic Research, Inc., Elk Grove Village, IL, USA). Stimuli consisted of standard, unattended (non-target) auditory click trains from a three-stimulus oddball task as reported previously (D'Souza *et al*, 2012). The auditory click trains were presented at 3 different frequencies (20, 30 and 40Hz; 80 dB SPL). Each block contained 150 trials of a single frequency presented for 500ms each (ISI 750ms). Each trial lasted 1250ms, and each block lasted 4 minutes. Across subjects, the order of blocks was counterbalanced and the order of conditions was randomized.

EEG Signal Analysis

A detailed account of EEG methods is provided in the supplementary text 1. Continuous EEG data were band-pass filtered (0.5-100Hz), line noise was removed using a multi-tapering technique (Partha and Hemant, 2007), muscle artifacts were removed using a blind source separation algorithm(De Clercq *et al*, 2006), and eye movement and blink artifacts were removed with an adaptive filter algorithm (Puthusserypady and Ratnarajah, 2005). Data were segmented in 1200ms epochs timelocked to stimulus onset, with a 300ms pre-stimulus baseline. A ±95 µV voltage criterion was used to reject bad epochs. EEG data from three midline electrodes (Fz, Cz and Pz) were used for ASSR analyses, given that the ASSR is typically maximal at the midline electrodes (Skosnik *et al*, 2012). All analyses were done in Matlab (MathWorks, Natick, MA, USA) using either custom-made scripts (for Inter-Trial Coherence, evoked power) or the EEGLAB toolbox' scripts and plugins (for signal preprocessing) (Delorme and Makeig, 2004; Gómez-Herrero *et al*, 2006).

Inter-Trial Coherence (ITC) reflects the consistency across trials of the phases of the brain's electrophysiological response to equivalent stimuli/events (Tallon-Baudry *et al*, 1996). ITC values range from 0 to 1, being maximal at a given time point (relative to the onset of the stimulation/event) when the phases of the EEG signals of all the trials are the same at the time point, and minimal when the phases at the time point are randomly distributed across the trials. For each auditory stimulation frequency (20, 30, 40Hz) and electrode (Fz, Cz, Pz), the signal epochs (trials) were band-pass filtered around the stimulation frequency (stimulation frequency ±5Hz) and then Hilbert-transformed to obtain the analytic signal. Instantaneous ITC was obtained as the norm

of the point-by-point average across trials of the normalized analytic signals. ITC values were averaged in the time window 50-550ms after the onset of the auditory stimulation, and the average ITC of the baseline period (-300 to -50ms) was subtracted from it.

Evoked power reflects both the magnitude of the brain's voltage response to a stimulus/event and the consistency across trials of the time course of this time-locked response. For each auditory stimulation frequency and electrode, signal epochs (trials) were band-pass filtered (stimulation frequency ±5Hz), averaged across trials in a point-by-point manner, and then Hilbert-transformed to obtain the analytic signal.

Instantaneous evoked power was obtained by squaring the norm of the analytic signal. Evoked power was then averaged in the interval 50-550ms after the onset of auditory stimulation, and the average power of the baseline period (-300 to -50ms) was subtracted from it.

Behavioral Psychosis-Relevant Measures

Psychosis-relevant effects were captured with the Positive and Negative Syndrome Scale (PANSS) (Kay *et al*, 1989) positive, negative, general, and total scores, which are known to be sensitive to the effects of Δ^9 -THC (Radhakrishnan *et al*).

General Procedure and Test Days (see supplementary table 1)

Test days were separated by 3 days to minimize carryover effects. On the morning of each test day subjects underwent drug and pregnancy testing. EEG was recorded during an ASSR task, administered before and when peak drug effects were

expected to occur on each test day. In-study safety procedures and post-study prospective safety assessments were performed; their results were reported in further detail elsewhere (Carbuto *et al*, 2011; D'Souza *et al*, 2004).

Statistical Analysis

Initially, data were examined descriptively using means, standard deviations and graphs. For each drug condition (placebo, 0.015mg/kg, and 0.03mg/kg), EEG (evoked power and ITC) and behavioral (PANSS positive, negative, general, and total scores) measures were assessed for normality with the Kolmogorov-Smirnov test. Outliers were detected using a median absolute deviation (MAD)-based (Hampel, 1974) criterion, which, compared to the common 'standard deviations above the mean' criterion, is highly robust against the presence of multiple outliers (Davies and Gather, 1993) (for further details, see supplementary text 2). Using this approach, no greater than 12% of the data for any outcome variable were excluded from the analysis.

Given that the auditory steady-state stimulation response was maximal at the electrode Cz, only this electrode was used for statistical analyses. EEG measures were obtained both before drug administration (baseline) and around predicted occurrence of peak drug effects. However, since there were no significant differences in pre-drug ASSR across test days (for further details, see supplementary text 3), for parsimony, these data were dropped. However, since there were no significant differences in pre-drug measures of ASSR between the 3 test days (for further details, see supplementary text 3), pre-drug data were not included in the analysis to detect drug effects.

The effects of Δ^9 -THC on ITC and evoked power were assessed using generalized estimating equations (GEE) with unstructured working correlation matrices (Liang and Zeger, 1986; Zeger and Liang, 1986). The effect of drug condition on each EEG measure (two measures: evoked power and ITC) was modeled by fitting three separate GEEs to the data, one for each stimulation frequency. For each EEG measure, the *p*-values of the GEE models were adjusted for three comparisons (one for each stimulation frequency) with the Holm-Bonferroni (HB) sequential procedure. *Post-hoc* pairwise comparisons (0.03mg/kg vs placebo, 0.015mg/kg vs placebo, and 0.03mg/kg vs 0.015mg/kg) were performed for the GEE models with a significant main effect of drug condition in order to localize the source of the effect. For each EEG measure, *p*-values of the pairwise comparisons were HB-adjusted in accordance with the total number of comparisons performed for the EEG measure (maximum possible number of comparisons for each EEG measure =9: 3 frequencies x 3 drug condition pairs).

To characterize the relationship (correlation) between the effects of Δ^9 -THC on both EEG (ITC and evoked power) and PANSS scores, longitudinal regressions were conducted on the data of both Δ^9 -THC-active conditions. The behavioral measures were regressed on the EEG measure/s presenting a significant main effect of drug by fitting GEE models with unstructured working correlation matrices to the data of both Δ^9 -THC-active conditions (maximum number of regressions =8: 2 EEG measures x 4 behavioral measures). Furthermore, in order to approximate the regression coefficients to partial correlation coefficients, standardized regression coefficient (β s) were obtained by transforming the data into composite z scores before fitting the GEE models. To preserve the relative differences in the values of each variable between the two Δ^9 -

THC-active conditions, composite z scores were calculated using the mean and standard deviation of the data of both Δ^9 -THC-active conditions pooled together. The p-values of the coefficients were HB-adjusted for the total number of regression performed (maximum number =8). Analyses were done using SPSS 21 (IBM Corporation, Armonk, NY, USA) and custom-made scripts in Matlab (MathWorks, Natick, MA, USA).

RESULTS

Demographic and cannabis use data are listed in table 1. Of 56 subjects who were initially consented for the study, 10 failed the screening process and 8 chose not to initiate the study. Of the remaining 38 subjects, 30 completed all three test days (21% dropout rate) of which 5 had to be dropped due to technical difficulties during EEG acquisition. There were no obvious differences between dropouts and completers (see supplementary table 2). Of the remaining 25 subjects, 2 were dropped during the EEG preprocessing due to artifactual contamination (for details, see supplementary text 1), and 3 were categorized as outliers and dropped during the statistical inspection of the EEG measures. Thus, EEG data from 20 subjects who completed all test days were used for statistical analyses. The inspection of the behavioral measures of these 20 subjects, revealed 1 outlier for the PANSS general and total scores during the 0.015mg/kg condition. This data point was excluded from the regression analyses (for details about the rejections of outliers, see supplementary text 2).

Auditory steady-state response (ASSR)

Inter-Trial Coherence (ITC): there was a HB-corrected significant main effect of dose on ITC with 40Hz stimulation (Wald $\chi^2(2)$ =12.677, p_{Adj} =0.006). No significant main effect of dose was observed with the 20 and 30Hz stimulation frequencies either before or after HB-correction (ps_{Adj} >0.1). Post-hoc analyses of the 40Hz data revealed HB-corrected (3 comparisons) significantly lower ITC in the 0.03mg/kg condition compared to the 0.015mg/kg (p_{Adj} =0.005) and the placebo (p_{Adj} =0.002) conditions (figure 1). No significant differences were found between the 0.015mg/kg and the placebo conditions (p_{Adj} >0.1). Means and SDs of the EEG measures are reported in table 2.

Evoked Power: no significant main effect of dose on evoked power was observed with any stimulation frequency after HB-correcting for multiple comparisons ($p_{Adj}>0.1$). Before corrections a trend to significance was observed with 40Hz stimulation (Wald $\chi^2(2)=5.023, p=0.081$), while no effects were detected with 20 and 30Hz stimulation. Inspection of the means (table 2) showed that in the 40Hz condition, evoked power had a dose-related reduction as observed in ITC.

Behavioral and Subjective effects

As reported elsewhere (D'Souza *et al*, 2012), Δ^9 -THC significantly increased PANSS positive, negative, general and total scores (all *ps*<0.001). All doses were significantly different from each other at 10 minutes drug post-infusion for all these measures (all *ps*<0.01).

Relationship between electrophysiological measures and psychosisrelated measures:

There was a significant main effect of dose only for the 40Hz-stimulation ITC.

Thus, only the 40Hz ITC was used in the regressions of psychosis-relevant symptoms (PANSS scores) on EEG measures. Results were HB-adjusted for 4 comparisons (ITC for 1 frequency x 4 psychosis-relevant measures).

Inter-trial coherence (ITC): For the active Δ^9 -THC conditions, significant HB-adjusted inverse relationships were found between ITC and the 1) PANSS positive (β =-0.385, Wald $\chi^2(1)$ =4.847, p_{Adj} =0.028), 2) negative (β =-0.358, Wald $\chi^2(1)$ =7.247, p_{Adj} =0.021), 3) general (β =-0.383,Wald $\chi^2(1)$ =5.618, p_{Adj} =0.036), and 4) total (β =-0.453,Wald $\chi^2(1)$ =11.800, p_{Adj} =0.002) scores (figures 2).

Exploratory Analyses on the Effects of Recent Cannabis Exposure:

Exploratory analyses were conducted to determine the association between cannabis use in the 30 days prior to study participation and the effects of acute Δ^9 -THC on ITC and evoked power. The sample was divided into those who reported using cannabis in the past 30 days ("recent users", n=9) and those who did not ("non-users", n=11) as per (D'Souza et al., 2012). The effects of cannabis exposure (recent user vs. nonuser) and the interaction between dose and cannabis exposure on each EEG measure (evoked power and ITC) were examined by fitting a GEE model with an unstructured working correlation matrix to the data. *Post-hoc* analyses were performed whenever significant main effects or interaction effects were observed.

These exploratory analyses revealed that recent users of cannabis had lower ITC than nonusers at a trend level (group effect: p=0.07). As reported earlier, the dose effect

was significant, but the group x dose interaction was not significant (Wald $\chi^2(2)=2.328, p=0.312$). Furthermore, recent users of cannabis had significantly lower evoked power than nonusers (Wald $\chi^2(1)=5.188, p=0.023$). As reported earlier the dose effect showed a trend towards significance but the group x dose interaction was not significant (Wald $\chi^2(2)=2.372, p=0.306$).

Plasma THC and THC-COOH Levels:

For both active doses of $\Delta 9$ -THC, there were significant (p_{Ad}j<0.001) increases in plasma levels of $\Delta 9$ -THC and its metabolite THC-COOH (see supplementary figure 1 and text 4 for more information).

Safety:

As reported elsewhere (D'Souza et al, 2012), there were five non-serious adverse events and no serious adverse events that occurred on test days.

DISCUSSION

To our knowledge, this is the first report of exogenous cannabinoids (IV Δ^9 -THC) disrupting evoked γ -band neural oscillations in humans. For the 40Hz ASSR, there was a dose dependent reduction of ITC, with the higher dose (0.03mg/kg) showing reduced ITC compared to both the lower dose (0.015mg/kg) and placebo. No significant effects of Δ^9 -THC were detected on the 20 or 30Hz ASSRs, suggesting that cannabinoids selectively affected time-locked γ -band activity. While not statistically significant, Δ^9 -THC also reduced evoked power.

These findings are similar to a large body of evidence from ASSR studies showing reduced ITC during γ-band stimulation (maximal effect at 40Hz) and preserved response to 20Hz stimulation in first episode and chronic schizophrenia patients compared to healthy controls (Krishnan *et al*, 2009; Kwon *et al*, 1999; Light *et al*, 2006; Roach *et al*, 2012; Spencer *et al*, 2008a; Spencer *et al*, 2008b).

Inter-Trial Coherence

ITC is a measure of the consistency in the phases of the brain's oscillatory responses to a stimulus/event across different trials. Thus, as reflected by reductions in ITC, it seems that both schizophrenia and relevant phenomena acutely induced by Δ^9 -THC are associated with an increase in the intra-individual variability of the brain's response to identical stimuli/events. This intra-individual variability may reflect greater randomness in the neural processes underlying the ASSR. As observed in schizophrenia, Δ^9 -THC-induced increased intra-individual variability was more pronounced at 40Hz than 20Hz oscillations.

Relationship to Psychotomimetic Effects

Consistent with other studies, Δ^9 -THC induced psychotomimetic effects in a dose-dependent manner (D'Souza *et al*, 2004; Morrison *et al*, 2009). Thus, at doses that induce psychotomimetic effects, Δ^9 -THC concurrently disrupted evoked γ -band neural oscillations. Of note, there were robust (β =-0.35 to -0.45) inverse relationships between ITC and several subscales of the PANSS that assess symptoms relevant to schizophrenia.

Gamma band neural oscillations are essential for processes such as sensory registration, integration and binding of perceptual features, associative learning, and conscious awareness (for a review, see Cannon *et al*, 2014; Gandal *et al*, 2012; Uhlhaas *et al*; Uhlhaas and Singer, 2013). If disrupted, this could contribute to the Δ^9 -THC induced psychotomimetic effects (Skosnik *et al*, 2006) captured by the PANSS. These observations are consistent with other reports of inverse relationships between clinical variables and measures of γ -band oscillations in schizophrenia. For example, in a study by Haig et al. (2000), it was demonstrated that the magnitude of γ deficits in schizophrenia patients correlated with PANSS scores (one of the primary dependent measures in the current study)(Haig *et al*, 2000).

Neural Mechanisms Underlying Δ^9 -THC effects on γ -band oscillations

Given the extensive crosstalk between the CB1R system and the GABAergic and glutamatergic systems, below herewith we speculate on how the latter two might be mechanistically involved in mediating the effects of Δ^9 -THC on γ -band oscillations.

The potential role of GABA: A large body of research has shown that GABAergic interneurons are the generators of neural oscillations in the γ range (Buzsaki and Wang, 2012; Foldy *et al*, 2004; Gonzalez-Burgos and Lewis, 2008; Sohal, 2012; Uhlhaas and Singer, 2010; Wang, 2010). Further, the sizeable branching of outputs from GABAergic interneurons are ideally suited to synchronize large numbers of pyramidal cells (Cobb *et al*, 1995). However, there are diverse types of GABAergic interneurons based upon their electrophysiological characteristics, their expression of calcium-binding proteins, and/or whether or not they are "fast" or "non-fast" spiking

neurons. The fast-spiking parvalbumin (PV) expressing interneurons appear to be the primary generator of neural oscillations in the brain (Curley and Lewis, 2012; Sohal, 2012; Sohal et al, 2009). PV cells typically target the pyramidal cell axon initial segment and cell body, thus positioning their terminals in an optimal location to synchronize numerous pyramidal cells. The non-fast spiking CCK-positive interneurons, are in a prime location to "fine tune" the network oscillations generated by PV cells (Freund, 2003). Germane to the current study, CCK-positive interneurons cells appear to be the only cortical and hippocampal interneuron type to express CB1Rs (Ali and Todorova, 2010; Bacci et al, 2004; Bodor et al, 2005; Eggan and Lewis, 2007; Eggan et al, 2010; Foldy et al, 2006; Hill et al, 2007; Katona et al, 2000). CCK-positive interneurons also target pyramidal cell bodies, putting them in an ideal location to modulate PV to pyramidal cell oscillations (Keimpema et al, 2012). Further, CCK cells themselves have collaterals that provide input onto PV cells (Karson et al, 2009). Thus, while PV interneurons are involved in the generation of γ rhythms (like a 'metronome'), CCK interneurons enhance the signal-to-noise ratio of γ activity through a CB1R-mediated mechanism (Bartos and Elgueta, 2012; Csicsvari et al, 2003; Tukker et al, 2007).

Under physiological conditions, the release of neurotransmitters such as GABA or glutamate results in the on-demand synthesis of endocannabinoids which travel retrogradely to activate presynaptic CB1R. The activation of these presynaptic CB1Rs results in the inhibition of further neurotransmitter release. In the case of CCK interneurons this would lead to the disinhibition of PCs. Only PCs that are *strongly* recruited by a stimulus/task (signal) can mount an adequate endocannabinoid release to overcome CCK-BC-mediated inhibition (Bartos *et al*, 2012; Wilson and Nicoll, 2002).

Conversely, PCs that are *weakly* recruited by a stimulus/task (noise) will not be able to overcome the CCK-BC-mediated inhibition, thus their random activity will remain inhibited (i.e., their contribution is 'filtered' out).

In contrast to endocannabinoids that are synthesized on demand, released locally and quickly removed after release, the administration of exogenous cannabinoids such as Δ^9 -THC produces long lasting and less localized effects. This nonphysiological activation of CB1Rs on CCK-positive interneurons by Δ^9 -THC will therefore interfere with the fine-tuning of network oscillations. While admittedly speculative, interference with the fine tuning of network oscillations would be expected to disrupt sensory, perceptual, and cognitive functions, leading to psychosis-like phenomena. Confirming this postulate, the current study found that 40 Hz ITC during high dose THC inversely correlated with PANSS scores. Hence, while this finding of an association between disruptions in neural oscillations and psychosis does not prove a causal relationship, these data suggest a potential relationship between THC induced disruption in γ oscillations and measures of psychosis.

The potential role of Glutamate: In addition to the suppression of GABA release from CCK-positive interneurons, cannabinoids can disrupt stimulus-locked γ-band responses by suppressing glutamate release from PCs through the activation of CB1Rs located on their synaptic terminals (Holderith *et al*, 2011; Katona *et al*, 2006; Kawamura *et al*, 2006). In vitro evidence shows that the CB1R-mediated reduction of glutamate release onto PCs and fast-spiking PV-BCs decreases γ-band local field potentials (spectral power) by reducing the firing rate and by increasing the temporal

variability (randomness) of spiking (with respect to the phase of local field potentials) of both types of postsynaptic neurons (Holderith *et al*, 2011).

Impact of cannabis exposure

The limited power to examine the influence of cannabis exposure in this study notwithstanding, the results of the current study suggest that individuals with a recent (past 30 day) history of cannabis exposure had blunted responses to the disruptive effects of Δ^9 -THC on ITC and evoked power. These findings are consistent with the observation that relatively limited exposure to cannabis is associated with a blunted response to the effects of Δ^9 -THC across behavioral, subjective, cognitive (memory), neuroendocrine (cortisol) and neurochemical (brain derived neurotrophic factor [BDNF]) outcomes (D'Souza *et al*, 2008a; D'Souza *et al*, 2009; D'Souza *et al*, 2008b; Ranganathan *et al*, 2009). This is likely related to the known tolerance and CB1R downregulation that occurs after repeated cannabis exposure (Gonzalez *et al*, 2005; Hirvonen *et al*, 2012; Jones *et al*, 1981). Interestingly, recent cannabis use did not influence the disruptive effects of Δ^9 -THC on P300a/b amplitude and P300b latency (D'Souza *et al*, 2012) suggesting that measures of ITC and evoked power might be more sensitive to Δ^9 -THC effects.

Strengths, limitations and conclusions

This study has several strengths and some limitations. The IV route of administration and the weight-adjusted dose addressing the inter- and intra-individual variability associated with oral or smoked Δ^9 -THC is a strength. Further, the use of

multiple doses allowed for establishing a dose-response relationship. The exclusion of heavy cannabis users who are likely tolerant to Δ^9 -THC effects (D'Souza *et al*, 2008b) also maximized the chance to capture acute Δ^9 -THC effects on neural oscillations. Finally, the use of novel preprocessing techniques (described in the supplement) to clean the muscular artifacts that frequently contaminate EEG data, allowed more data to be retained resulting in increased signal-to-noise ratio of evoked measures (Van Drongelen, 2006) and reduced the likelihood of spurious findings (Goncharova et al, 2003). There are some limitations regarding the use of EEG that should be taken into account. Despite the fact that muscular and ocular artifactual activity was minimized by preprocessing, it is not possible to rule out the possibility that some drug-induced effects may have been either obscured or erroneously boosted by residual artifactual activity. Furthermore, due to dropouts and the process of removing artifacts, not all the data that could have been used were available for analysis. This should be considered when interpreting the lack of statistically significant effects on some outcomes including power. The study may have had limited power to detect Δ^9 -THC effects on evoked power. Therefore, in order to characterize the acute effect of cannabinoid agonists on the ASSR in humans, further research is needed to replicate our findings. Therefore, in order to characterize the acute effect of cannabinoid agonists on the ASSR in humans, future studies with a larger sample, the inclusion of a sufficient sample of subjects with a wide range of cannabis exposure, and the inclusion of cognitive measures that are influenced by γ-band oscillations are warranted.

In summary, we show for the first time in humans that exogenous cannabinoids acutely disrupt evoked γ -band neural oscillations which are essential for processes such as sensory registration, integration and binding of perceptual features, associative learning, and conscious awareness. Furthermore, we show a relationship between the disruption of neural oscillations and the presence of abnormalities in these cognitive processes similar to the ones observed in psychosis.

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Accelotico.

DISCLOSURE/CONFLICT OF INTEREST

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LEGENDS TO FIGURES

Figure 1: 40Hz inter-trial coherence (ITC) per drug condition at electrode Cz.

- **a)** Hilbert transform-based time-frequency plots for ITC (for details, see supplementary text 1). From left to right, the plots show the group-averaged time-frequency plots of the placebo, 0.015mg/kg, and 0.03mg/kg conditions during 40Hz stimulation at electrode Cz.
- **b)** Time-course of the group-averaged ITC per drug condition at electrode Cz. The blue line represents the ITC of the placebo condition, while the green and red lines represent the ITC of the 0.015mg/kg and 0.03mg/kg doses, respectively.
- **c)** ITC (mean \pm S.E.M) by drug condition at electrode Cz during the time interval 50-550ms after stimulation onset. Significant differences (p_{Adj} <0.01) between drug conditions are marked with **.

Figure 2: Relationship between 40Hz inter-trial coherence (ITC) and psychosis-relevant measures under the effects of Δ^9 -THC.

The scatter plots show the z-normalized values of the 40Hz ITC (x axes) versus the PANSS (a) positive, (b) negative, (c) general, and (d) total scores (y axes) under the effects of Δ^9 -THC. The relationship between the variables is represented by the regression lines and the standardized regression coefficients (β). Data from recent users (last 30 days) and non-users of cannabis are depicted as circles and triangles, respectively.

Table 1. Sample demographics

General Characteristics		
No. Male (Female)		14 (6)
Age [Mean (SD)]		25.700 (7.623)
Handedness		1 left handed
Years of Education [Mean (SD)]		15.200 (2.142)
Estimated IQ [Mean (SD)]		116.850 (3.883)
Body Mass Index [Mean (SD)]		24.25 (2.99)
Body Mass Index [Mean (OB)]		24.25 (2.55)
Cannabis Exposure		***
Age of First Cannabis Use		16.150 (4.522)
Days Since Last Use [Mean (SD) Range]		402.725 (854.634) 1-3650
Subgrouping	Recent Users	9
(# of subjects)	Nonusers	11
Frequency of Cannabis Use Within Past 30 Days	0 days	11
(# of subjects)	1-3 days	4
	4-8 days 9-15 days	1 2
	16-29 days	2
Estimated Lifetime Exposure to cannabis	Only once	0
(# of subjects)	2-5 days	1
	5-10 days	2
-60	11-20 days	4
	21-30 days	1
	31-50 days	1
	51-100 days	1
	101-200 days	1
	201-300 days	0
	301-500 days	4
	501-1000 days	2
	>1000 days	3
Estimated Cannabis Exposure During Heaviest Use (# of subjects)	< 1 per year	1
	1 per year	2
	1 per 6 months	4

	1 per 3 months	3
	1-3 per month	2
	1-2 per week	1
	3-6 per week	3
	7 per week	4
Other Drug Exposure		
Daily Cigarette Smokers (# of subjects)		1
Social Cigarette Smoker (# of subjects)		1
Average No. of Alcoholic Drinks Per Week [Mean (SD)]		6.01 (6.06)
Average No. of Alcoholic Drinks Per Week [Mean (SD)]		6.01 (6.06)
Average No. of Alcoholic Drinks Per Week [Mean (SD)] (# of subjects)		6.01 (6.06)
		6.01 (6.06)
(# of subjects) No exposure to other drugs (# of subjects)	Psilocybin	
(# of subjects) No exposure to other drugs (# of subjects) Exposure to drugs other than	Psilocybin LSD	6
(# of subjects) No exposure to other drugs (# of subjects)		6
(# of subjects) No exposure to other drugs (# of subjects) Exposure to drugs other than	LSD	6 11 2
(# of subjects) No exposure to other drugs (# of subjects) Exposure to drugs other than	LSD Salvinorin	6 11 2 3
(# of subjects) No exposure to other drugs (# of subjects) Exposure to drugs other than	LSD Salvinorin Nitrous Oxide	6 11 2 3 2
(# of subjects) No exposure to other drugs (# of subjects) Exposure to drugs other than	LSD Salvinorin Nitrous Oxide Cocaine	6 11 2 3 2 5

^{*}None of the subjects met criteria for abuse or dependence of tobacco, alcohol and other drugs of abuse. Exposure to the drugs listed above was limited and remote.

Table 2: Δ^9 -THC effects on inter-trial coherence (ITC) and evoked power

Measure	Placebo M (SD)	0.015 mg/kg M (SD)	0.03 mg/kg M (SD)
Inter-trial coherence			
inter-that conference			
40 Hz	0.149 (0.082)	0.142 (0.073)	0.104 (0.073)
30 Hz	0.027 (0.042)	0.042 (0.044)	0.043 (0.043)
20 Hz	0.038 (0.040)	0.030 (0.040)	0.039 (0.041)
Evoked power (μV^2)			
40 Hz	0.288 (0.209)	0.269 (0.167)	0.196 (0.167)
30 Hz	0.075 (0.122)	0.114 (0.137)	0.107 (0.100)
20 Hz	0.252 (0.393)	0.134 (0.178)	0.184 (0.194)

Figure 1

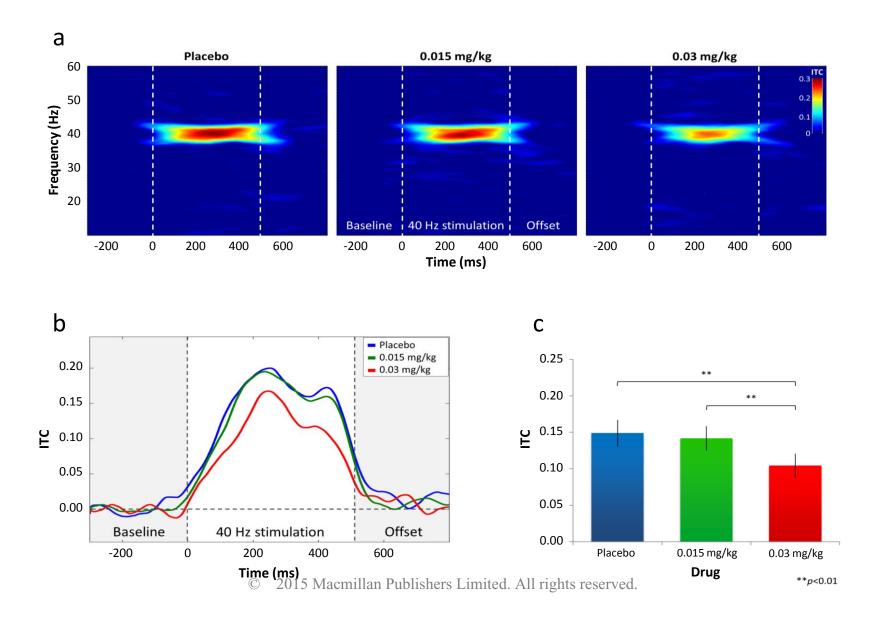


Figure 2

