

UC Davis
Family and Community Medicine

Title

Access to Emergency Contraception through the Family PACT Program

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INTRODUCTION

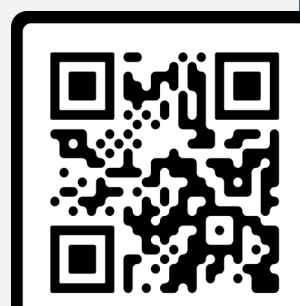
- Family Planning Access to Care and Treatment (FPACT) provides family planning services to uninsured Californians living at or below 200% of the Federal Poverty Level.
- Rural communities have higher rates of unintended pregnancies and may face barriers to acquiring emergency contraception (EC).

OBJECTIVE

- To assess rural/urban differences in access to emergency contraception (Plan B, Ella, copper IUD) at Family PACT clinics across California.

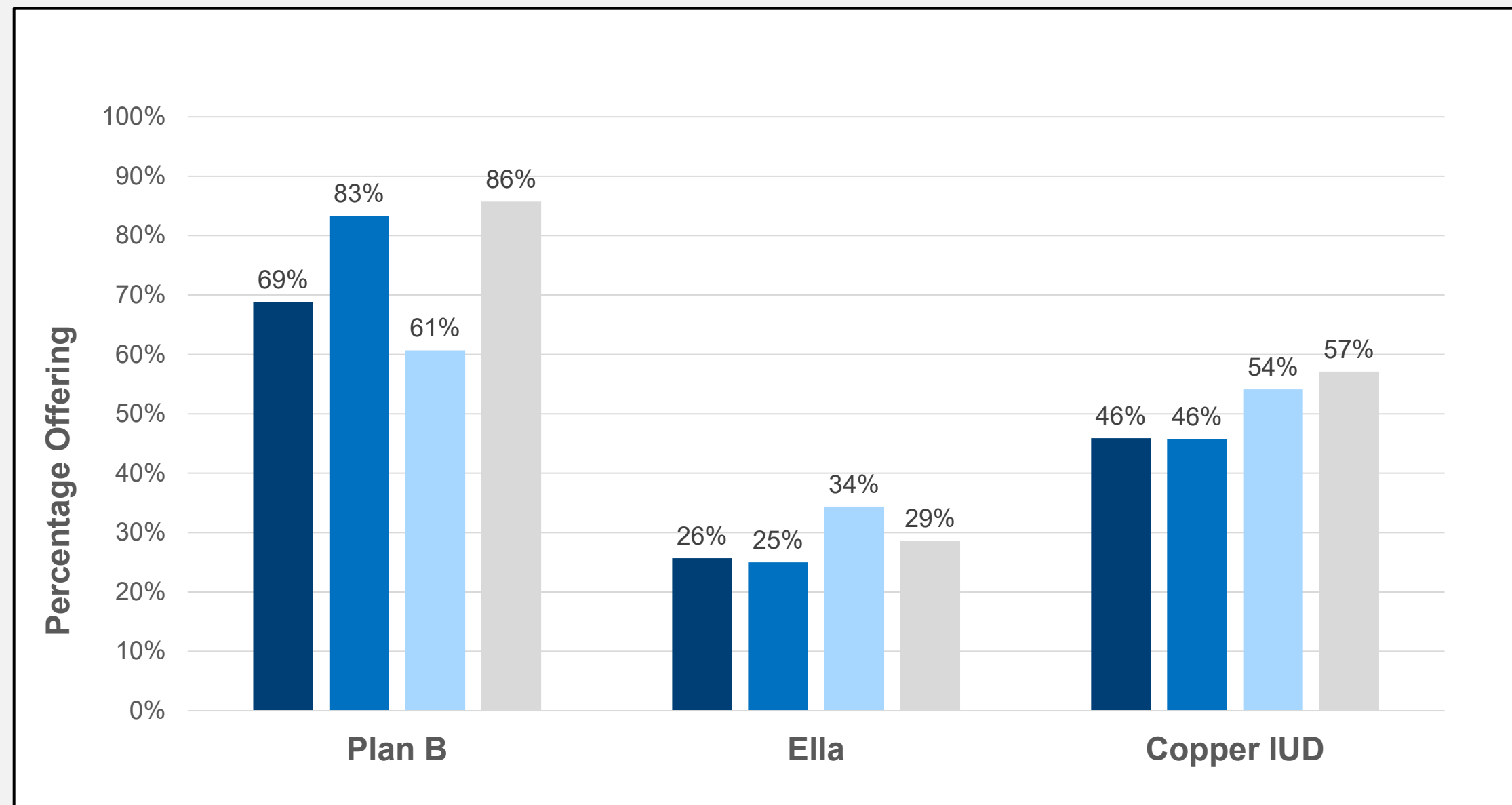
METHODS

- Cross-sectional telephone survey of a 20% random sample, stratified by county of FPACT clinics (n=331)
- Classified counties using the 2013 Urban-Rural Classification Scheme (National Center for Health Statistics).
- 46/331 clinics excluded due to:
 - Clinic was closed
 - Staff unaware of FPACT on 2 occasions



SCAN ME

FIGURE 1 – Availability of Emergency Contraception by Urban-Rural Classification



Large Central Metro Counties
Pop: >1,000,000 + central city
(i.e. Sacramento, L.A.)
N = 109

Large Fringe Metro Counties
Pop: >1,000,000 no central city
(i.e. Placer, Yolo)
N = 24

Medium/Small Metro Counties
Pop: 50,000 to 250,000
(i.e. Fresno, San Joaquin)
N = 61

Noncore/Rural Counties
Pop: 50,000 to 250,000
(i.e. Fresno, San Joaquin)
N = 28

FIGURE 2 – Acquiring Ella

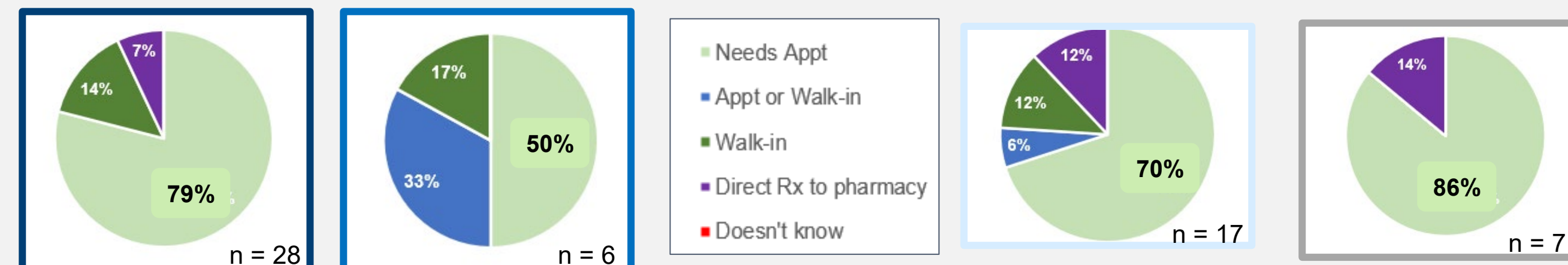
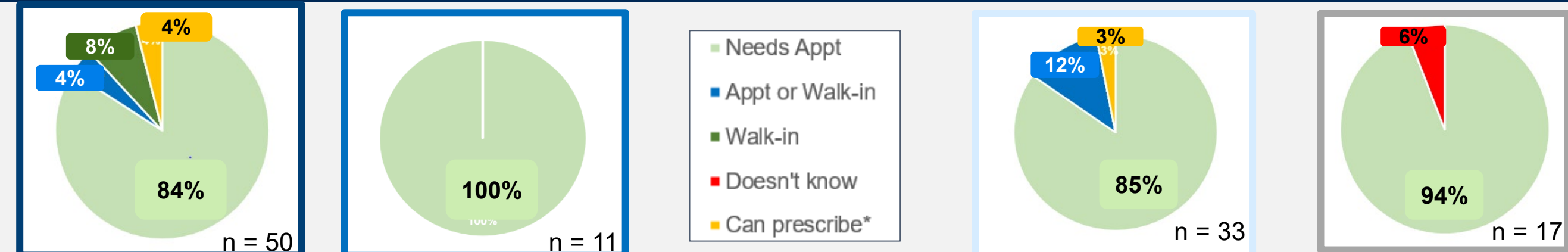


FIGURE 3 – Acquiring the Copper IUD



RESULTS

- Many California family planning clinics still do not offer clear guidance on how to obtain EC by phone.
- Ella is offered less often than Plan B and the copper IUD.
- No significant differences in access noted for rural vs urban clinics.

LIMITATIONS

- Limited sample of rural clinics affects power.
- Front desk staff may be misinformed or undertrained about clinical services offered.

DISCUSSION

- Efforts are needed to increase staff awareness of best practices in provision of emergency contraception at Family PACT clinics:
 - Prompt access to Ella Rx
 - Same-day IUD placement

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