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Authors

Teslovich, Tanya M Musunuru, Kiran Smith, Albert V [et al.](https://escholarship.org/uc/item/61w7w636#author)

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Biological, Clinical, and Population Relevance of 95 Loci for Blood Lipids

A full list of authors and affiliations appears at the end of the article.

Abstract

Serum concentrations of total cholesterol, low-density lipoprotein cholesterol (LDL-C), highdensity lipoprotein cholesterol (HDL-C), and triglycerides (TG) are among the most important risk factors for coronary artery disease (CAD) and are targets for therapeutic intervention. We screened the genome for common variants associated with serum lipids in >100,000 individuals of European ancestry. Here we report 95 significantly associated loci $(P < 5 \times 10^{-8})$, with 59 showing genome-wide significant association with lipid traits for the first time. The newly reported associations include single nucleotide polymorphisms (SNPs) near known lipid regulators (e.g., *CYP7A1*, *NPC1L1*, and *SCARB1*) as well as in scores of loci not previously implicated in lipoprotein metabolism. The 95 loci contribute not only to normal variation in lipid traits but also to extreme lipid phenotypes and impact lipid traits in three non-European populations (East Asians, South Asians, and African Americans). Our results identify several novel loci associated with serum lipids that are also associated with CAD. Finally, we validated three of the novel genes —*GALNT2*, *PPP1R3B*, and *TTC39B*—with experiments in mouse models. Taken together, our findings provide the foundation to develop a broader biological understanding of lipoprotein metabolism and to identify new therapeutic opportunities for the prevention of CAD.

> Serum concentrations of total cholesterol (TC), low-density lipoprotein cholesterol, highdensity lipoprotein cholesterol, and triglycerides are heritable risk factors for cardiovascular disease and targets for therapeutic intervention¹. Genome-wide association studies (GWASs) involving up to 20,000 individuals of European ancestry have identified >30 genetic loci contributing to inter-individual variation in serum lipid concentrations²-¹⁰. Half of these loci harboured genes previously known to influence serum lipid concentrations, establishing the technical validity of the lipid GWAS. Nevertheless, the practical value of the GWAS approach remains a subject of debate $11-14$.

Correspondence and requests for materials should be addressed to: Sekar Kathiresan, M.D., 185 Cambridge St / CPZN 5.252, Boston, MA 02114, USA, skathiresan@partners.org / Phone: +1 617 643 6186 / Fax: +1 617 643 6630. 118These authors contributed equally to this manuscript.

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¹¹⁹These authors contributed equally to this manuscript.

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Here we focus on three key questions motivated by recent progress in genetic mapping: (1) are loci identified in populations of European descent important in non-European groups, suggesting relevance in different global populations; (2) are these loci of clinical relevance, providing the framework to identify potential novel drug targets for the treatment of extreme lipid phenotypes and prevention of coronary artery disease (CAD); and (3) do these loci harbour genes with biological relevance, i.e., are directly involved in lipid regulation and metabolism?

We address these questions using several approaches: a genome-wide association screen for serum lipids in >100,000 individuals of European ancestry; evaluation of mapped variants in East Asians, South Asians, and African Americans; association testing in individuals with and without coronary artery disease (CAD); evaluation of genetic variants in patients with extreme serum lipid concentrations; and genetic manipulation in mouse models.

Genome-Wide Association Mapping in >100,000 Individuals

To identify additional common variants associated with serum TC, LDL-C, HDL-C, and TG concentrations, we performed meta-analysis of 46 lipid GWASs (Supplementary Tables 1-4). These studies together comprise >100,000 individuals of European descent (maximum sample size 100,184 for TC; 95,454 for LDL-C; 99,900 for HDL-C; and 96,598 for TG), ascertained in the United States, Europe, or Australia. In each study, we used genotyped single nucleotide polymorphisms (SNPs) and phased chromosomes from the HapMap CEU (Utah residents with ancestry from northern and western Europe) sample to impute autosomal SNPs catalogued in the HapMap; SNPs with minor allele frequency (MAF) >1% and good imputation quality (see Methods) were analysed. A total of ∼ 2.6 million directly genotyped or imputed SNPs were tested for association with each of the four lipid traits in each study. For each SNP, evidence of association was combined across studies using a fixed-effects meta-analysis.

We identified 95 loci that showed genome-wide significant association ($P < 5 \times 10^{-8}$) with at least one of the four traits tested (Fig. 1; Supplementary Fig. 1; Supplementary Table 2). These include all of the 36 loci previously reported by GWAS at genome-wide significance²-¹⁰ and 59 loci reported here in a GWAS for the first time. Among these 59 novel loci, 39 demonstrated genome-wide significant association with TC, 22 with LDL-C, 31 with HDL-C, and 16 with TG. Among the 36 known loci, 21 demonstrated genome-wide significant association with another lipid phenotype in addition to that previously described. To rule out spurious associations arising as a result of imputation artifact, at nearly all loci we were able to identify proxy SNPs that had been directly genotyped on Illumina and/or Affymetrix arrays and confirm each of the associations (Supplementary Table 5). The full association results for each of the four traits are available at [http://](http://www.broadinstitute.org/mpg/pubs/lipids2010/) www.broadinstitute.org/mpg/pubs/lipids2010/ or [http://www.sph.umich.edu/csg/abecasis/](http://www.sph.umich.edu/csg/abecasis/public/lipids2010)

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To evaluate whether additional independent association signals existed at each locus, we performed conditional association analyses for each of the four lipid traits including genotypes at the lead SNPs for each of the 95 loci as covariates in the association analyses

(see Methods). These analyses identified secondary signals in 26 loci (Supplementary Table 6); when these additional SNPs are combined with the lead SNPs, the total set of mapped variants explains 12.4% (TC), 12.2% (LDL-C), 12.1% (HDL-C), and 9.6% (TG) of the *total* variance in each lipid trait in the Framingham Heart Study, corresponding to ∼25-30% of the genetic variance for each trait.

Previous studies have suggested sex-specific heritability of lipid traits¹⁵. A key challenge in addressing this issue is evaluating enough men and women to achieve adequate statistical power for each sex. We re-analysed the GWAS for the four lipid traits separately in women $(n = 63,274)$ and in men $(n = 38,514)$. Four of the 95 loci identified in the primary analysis showed significant heterogeneity of effect size $(P < 0.0005)$ between men and women (Supplementary Table 7). Moreover, an additional five loci had significant association in only one sex and not in the sex-combined analysis. Two loci associated with HDL-C in the sex-combined analysis (*KLF14* and *ABCA8*) showed female-specific association with TG and LDL-C, respectively. The *KLF14* locus is a striking example, with rs1562398 significantly associated with TG in women (effect size = -0.046 for the C allele, $P = 2 \times$ 10⁻¹²), but not in men (effect size = -0.012 , $P = 0.05$) (Supplementary Fig. 2; Supplementary Table 7).

To gain insight into how DNA variants in associated loci might influence serum lipid concentrations, we tested whether the mapped DNA sequence variants regulate the expression levels of nearby genes (expression quantitative trait loci, or eQTLs) in human tissues relevant to lipoprotein metabolism (liver and fat)¹⁶. We carried out genotyping and RNA expression profiling of $>39,000$ transcripts in three types of human tissue samples from: liver (960 samples), omental fat (741 samples), and subcutaneous fat (609 samples). We examined the correlations between each of the lead SNPs at the 95 loci and the expression levels of transcripts located within 500 kb of the SNP. We pre-specified a conservative threshold of statistical significance at $P < 5 \times 10^{-8}$. At this threshold, we identified 38 SNP-to-gene eQTLs in liver, 28 in omental fat, and 19 in subcutaneous fat (Fig. 1 ; Supplementary Tables 8-10). Some lead SNPs are quite remote from the associated gene transcripts. For example, rs9987289 (associated with both LDL-C and HDL-C) correlates with a two-fold change in liver expression of *PPP1R3B*, yet is 174 kb away from the gene, which as demonstrated below is likely to be a causal gene. Similarly, rs2972146 (associated with both HDL-C and TG in this study, as well as with insulin resistance and type 2 diabetes mellitus in a prior study¹⁷) correlates with *IRS1* expression in omental fat, despite being located 495 kb away from the gene.

Relevance of GWAS Loci in Non-Europeans

As all of the individuals studied in our primary GWAS were of European ancestry, it remained unclear if the loci we identified in Europeans are relevant in non-European individuals. To address this question, we performed additional analyses in cohorts comprising >15,000 East Asians (Chinese, Koreans, and Filipinos), >9,000 South Asians, and >8,000 African Americans (Fig. 1; Supplementary Table 11). As a similarly sized control, we also performed genotyping in a cohort of 7,000 additional Europeans.

In the European group, we found that 35 of 36 lead SNPs tested against LDL-C had the same direction of association as seen in the primary (>100,000 person) analysis (see Supplementary Table 12 for explanation); 44 of 47 SNPs for HDL-C; and 29 of 32 SNPs for TG. Such directional consistency for the three traits is unlikely to be due to chance ($P = 5 \times$ 10⁻¹⁰ for LDL-C; $P = 1 \times 10^{-10}$ for HDL-C; and $P = 1 \times 10^{-6}$ for TG). For further replication evidence, we performed direct genotyping of a subset of the lead SNPs in two European cohorts together totalling 12,000 individuals and found that 24 of 26 tested SNPs had the same direction of association (Supplementary Table 13).

We observed similar proportions in South Asians, with 29 of 32 lead SNPs tested against LDL-C having the same direction of association as in the primary analysis ($P = 1 \times 10^{-6}$); 35 of 39 SNPs for HDL-C ($P = 2 \times 10^{-7}$); and 24 of 27 SNPs for TG ($P = 3 \times 10^{-5}$). We also had consistent results with East Asians [LDL-C: 29 of 36, $P = 2 \times 10^{-4}$; HDL-C: 38 of 44, *P* $= 5 \times 10^{-7}$; TG: 26 of 28, $P = 2 \times 10^{-6}$], with more modest evidence for replication in African Americans [LDL-C: 33 of 36, $P = 1 \times 10^{-7}$; HDL-C: 37 of 44, $P = 3 \times 10^{-6}$; TG: 24 of 30, $P = 7 \times 10^{-4}$. Furthermore, we found that the proportions of SNPs that had the same direction of association and $P < 0.05$ were similar in the European, South Asian, and East Asian replication groups, with smaller proportions in African Americans (Supplementary Table 12). Of note, for a majority of the loci, there was no evidence of heterogeneity of effects between the primary European groups and each of the non-European groups (Supplementary Table 11).

These observations suggest that most (but likely not all) of the 95 lipid loci identified in this study contribute to the genetic architecture of lipid traits widely across global populations. They also suggest future studies to localize causal DNA variants by leveraging differences in linkage disequilibrium (LD) patterns among populations. We evaluated the potential for fine mapping by comparing the number of SNPs in LD with lead SNPs in three HapMap populations (Supplementary Table 14). At many loci, only a subset of SNPs in high LD (*r* 2

≥ 0.8) with the lead SNP in HapMap CEU are also in high LD with the lead SNP in HapMap YRI (Yoruba in Ibadan, Nigeria) individuals or in the joint JPT+CHB (Japanese in Tokyo, Japan and Han Chinese in Beijing, China) cohort. Such differential LD patterns can prove useful to refine association boundaries and prioritize SNPs for functional evaluation, as demonstrated for the LDL-C-associated locus on chromosome 1p13 (reported in a separate study in this issue of *Nature*18).

Clinical Relevance of GWAS Loci

To assess whether the GWAS approach yields clinical insights of potential therapeutic relevance, we sought to determine which of the lipid-associated lead SNPs are also associated with CAD in a manner consistent with established epidemiological relationships (i.e., SNP alleles which increase TC, LDL-C, or TG or that decrease HDL-C should be associated with increased risk of CAD). Whereas LDL-C is an accepted causal risk factor for CAD, it is unclear whether HDL-C and/or TG are also causal risk factors. This uncertainty was reinforced by the failure of a drug that raised HDL-C via CETP inhibition to reduce the risk of cardiovascular disease¹⁹.

Whether other drugs that specifically raise HDL-C or lower TG can reduce CAD risk remains an open question. In contrast, the most widely marketed drugs for lowering of LDL-C, statins, have been demonstrated in numerous clinical trials to reduce risk of CAD. Statins inhibit hydroxy-3-methylglutaryl coenzyme A reductase (the protein product of *HMGCR*) and thereby reduce LDL-C and TC levels. We observed that the variant of our lead SNP in the *HMGCR* locus that is associated with lower LDL-C levels is also associated with lower CAD risk $(P = 0.004)$, consistent with the clinical effects of statins. Analogously, common variants in other lipid-associated loci that are also associated with CAD may implicate genes at these loci as possible therapeutic targets.

We performed association testing for each of the lead SNPs from this study in 24,607 individuals of European descent with CAD and 66,197 without CAD, with a pre-specified one-sided significance threshold of *P* < 0.001 requiring directionality consistent with the relevant lipid-CAD epidemiological relationship. A limited number of loci met this criterion (Fig. 1; Supplementary Table 15), with most of them being associated with LDL-C consistent with LDL-C being a causal risk factor for CAD.

Four novel CAD-associated loci related specifically to HDL-C or TG but not LDL-C: *IRS1* (HDL-C, TG), *C6orf106* (HDL-C), *KLF14* (HDL-C), and *NAT2* (TG). That these loci were associated with CAD suggests that there may be selective mechanisms by which HDL-C or TG can be altered in ways that also modulate CAD risk. However, it is also possible that causal genes in these loci may have pleiotropic effects on non-lipid parameters that are causal for CAD risk reduction. For example, the major allele of the lead SNP in the *IRS1* locus is associated with increased risk of type 2 diabetes mellitus, insulin resistance, and hyperinsulinemia¹⁷, along with decreased HDL-C, increased TG, and increased risk of CAD; it remains unclear which of the metabolic risk factors are responsible for the increased CAD risk.

Besides CAD, a second clinically relevant phenotype is hyperlipidemia. We asked whether the common variants in the 95 associated loci, each with individually small effects on serum lipids, combine to contribute to extreme lipid phenotypes. We genotyped individuals identified in three independent studies as having high LDL-C (*n* = 532, mean 219 mg/dL), high HDL-C (*n* = 652, mean 90 mg/dL), or high TG (*n* = 344, mean 1,079 mg/dL). For each extreme case group, individuals with low serum LDL-C ($n = 532$, mean 110 mg/dL), HDL-C ($n = 784$, mean 36.2 mg/dL), or TG ($n = 144$, mean 106 mg/dL) served as control groups. In each case-control sample set, we calculated risk scores summarizing the number of LDL-C-, HDL-C-, or TG-raising alleles weighted by effect size.

For LDL-C, we found that individuals with LDL-C allelic dosage score in the top quartile were 13 times as likely to have high LDL-C than individuals in the bottom quartile ($P = 1 \times$ 10^{-14}) (Supplementary Fig. 3; Supplementary Tables 16, 17). For HDL-C, individuals in the top quartile of HDL-C risk score were four times as likely to have high HDL-C than individuals in the bottom quartile ($P = 2 \times 10^{-16}$). For TG, individuals in the top quartile of TG risk score were 44 times as likely to be hypertriglyceridemic than individuals in the bottom quartile ($P = 4 \times 10^{-28}$). These results suggest that the additive effects of multiple

common variants contribute to determining membership in the extremes of a quantitative trait distribution.

Biological Relevance of GWAS Loci

Whether the GWAS approach can yield biological insights that improve our understanding of the mechanisms underlying phenotypes such as serum lipid concentrations remains an open question. Loci identified through GWAS may explain a very small proportion of the variance in a phenotype through naturally occurring common variants in humans, but they may have a greater impact through rare variants or when targeted by pharmacological or genetic intervention.

We surveyed our 95 GWAS loci and asked whether any nearby genes are linked to known Mendelian lipid disorders. There is remarkable overlap between the loci identified here and 18 genes previously implicated in Mendelian lipid disorders (Supplementary Table 18). Fifteen of the genes underlying these Mendelian disorders lie within 100 kb of one of our lead SNPs, including 8 that lie within 10 kb of the nearest lead SNP. In 1,000,000 simulations of 95 randomly drawn SNPs, selected to match our lead SNPs with respect to MAF and the number of nearby genes, the average simulation showed no overlapping loci and none showed >8 overlapping loci.

An additional two loci represent well-established drug targets for the treatment of hyperlipidemia: *HMGCR* (statins) and *NPC1L1* (ezetimibe). Several other loci harbor genes already appreciated to influence lipid metabolism prior to this study: *LPA*, which encodes lipoprotein(a); *PLTP*, which encodes phospholipid transfer protein; *ANGPTL3* and *ANGPTL4*, lipoprotein lipase inhibitors; *SCARB1*, a HDL receptor which mediates selective uptake of cholesteryl ester; *CYP7A1*, which encodes cholesterol 7-alpha-hydroxylase; *STARD3*, a cholesterol transport gene; and *LRP1* and *LRP4*, members of the LDL receptorrelated protein family. Notably, the protein product of one of the genes implicated by our study—*MYLIP*—is a ubiquitin ligase that had no recognized role in lipid metabolism prior to our study's inception, but has since been independently demonstrated to be a regulator of cellular LDL receptor levels and is now termed Idol (inducible degrader of the LDL receptor) 20 .

GALNT2 (encoding UDP-N-acetyl-alpha-D-galactosamine:polypeptide Nacetylgalactosaminyltransferase 2) is a member of a family of GalNAc-transferases, which transfer an N-acetyl galactosamine to the hydroxyl group of a serine/threonine residue in the first step of O-linked oligosaccharide biosynthesis. It is the only gene in the mapped locus on chromosome 1q42 within 150 kb of the lead SNP (rs4846914), which is located in an intron of the gene. We therefore reasoned that *GALNT2* would be an ideal candidate for functional validation in a mouse model. We introduced the mouse orthologue *Galnt2* into mouse liver via a viral vector. Liver-specific overexpression of *Galnt2* resulted in significantly lower plasma HDL-C (24% compared to control mice) by 4 weeks (Fig. 2a). We also performed knockdown of endogenous liver *Galnt2* through delivery of an shRNA via a viral vector. Reduction of the transcript level (∼95% knockdown as determined by

qRT-PCR) resulted in higher HDL-C levels by 4 weeks (71% compared to control mice) (Fig. 2b). These observations validate *GALNT2* as a biological mediator of HDL-C levels.

We further asked whether eQTL studies could facilitate the identification of causal genes in loci with multiple genes. Out of several genes surrounding a locus on chromosome 8p23 found to be associated with HDL-C, LDL-C, and TC (Fig. 1), only *PPP1R3B* [encoding protein phosphatase 1, regulatory (inhibitor) subunit 3B] was found to have an eQTL in liver (Supplementary Table 7). The allele associated with increased expression correlated with lower levels of each of the lipid traits. This eQTL relationship suggests that higher expression of *PPP1R3B* will lower plasma lipids. Consistent with this prediction, overexpression of the mouse orthologue *Ppp1r3b* in mouse liver via a viral vector resulted in significantly lower plasma HDL-C levels at two weeks (25%) and four weeks (18%) (Fig. 2c), as well as lower TC levels at two weeks (21%) and four weeks (14%) (data not shown).

Similarly, on a locus on chromosome 9p22 found to be associated with HDL-C, *TTC39B* (encoding tetratricopeptide repeat domain 39B) was the only one of several genes in the locus to exhibit an eQTL in liver (Supplementary Table 7), with the allele associated with decreased expression correlating with increased HDL-C. Consistent with this eQTL, knockdown of the mouse orthologue *Ttc39b* via a viral vector, with 50% knockdown of transcript as determined by qRT-PCR, resulted in significantly higher plasma HDL-C levels at four days (19%) and seven days (14%) (Fig. 2d). These data suggest *PPP1R3B* and *TTC39B* as causal genes for lipid regulation. These findings, combined with the demonstration that *SORT1* is a causal gene for LDL-C and is regulated in its expression by a GWAS SNP (reported in a separate study in this issue of *Nature*18), support the use of eQTL studies to prioritize functional validation of GWAS-nominated genes.

Together, these observations establish that some of the identified 95 loci harbour novel *bona fide* lipid regulatory genes and suggest that with additional functional studies many, if not all, of the loci will yield insights into the biological underpinnings of lipid metabolism.

New Biological, Clinical, and Genetic Insights

Through a series of studies, we demonstrate that (1) at least 95 loci across the human genome harbour common variants associated with serum lipid traits in Europeans; (2) the loci contribute to lipid traits in multiple non-European populations; (3) some of these loci are associated not only with lipids but also with risk for CAD; (4) common variants in the loci combine to contribute to extreme lipid phenotypes; and (5) many of the identified loci harbour genes that contribute to lipid metabolism, including the novel lipid genes *GALNT2*, *PPP1R3B*, and *TTC39B* that we validated in mouse models.

It has recently been suggested that conducting genetic studies with increasingly larger cohorts will be relatively uninformative for the biology of complex human disease, particularly if initial studies have failed to explain a sizable fraction of the heritability of the disease in question.¹¹ As the reasoning goes, analysis of a few thousand individuals will uncover the common variants with the strongest effect on phenotype. Larger studies will suffer from a plateau phenomenon in which either no additional common variants will be

Our study provides strong empirical evidence against this assertion. We extended a GWAS for serum lipids from ∼20,000 to ∼100,000 individuals and identified 95 loci (of which 59 are novel) that, in aggregate, explain 10%-12% of the total variance (representing ∼25-30% of the genetic variance). Even though the lipid-associated SNPs we identified have relatively small effect sizes, some of the 59 new loci contain genes of clear biological and clinical importance—among them *LDLRAP1* (responsible for autosomal recessive hypercholesterolemia), *SCARB1* (receptor for selective uptake of HDL-C), *NPC1L1* (established drug target), *MYLIP* (recently characterized regulator of LDL-C), and *PPP1R3B* (newly characterized regulator of HDL-C). We expect that future investigations of the new loci (e.g., resequencing efforts to identify low-frequency and rare variants, or functional experiments in cells and animal models, as demonstrated for *SORT1* in a separate study reported in this issue of *Nature*18) will uncover additional important new genes. Thus, the data presented in this study provide a foundation from which to develop a broader biological understanding of lipoprotein metabolism and to identify potential new therapeutic opportunities.

Methods Summary

The full Methods are in Supplementary Information and provide information about: (1) study samples and phenotypes; (2) genotyping and imputation; (3) genome-wide association analyses; (4) meta-analyses of directly typed and imputed SNPs; (5) estimation of effect sizes; (6) conditional analyses of top signals; (7) sex-specific analyses; (8) *cis*-expression quantitative trait locus analyses; (9) analyses of lipid-associated SNPs in European and non-European samples; (10) analyses of lipid-associated SNPs in individuals with and without CAD; (11) analyses of associated SNPs in patients with extreme LDL-C, HDL-C, or TG levels; (12) simulation studies to assess overlap between GWAS signals and Mendelian disease loci; and (13) details of mouse studies.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Authors

Tanya M. Teslovich^{1,118}, Kiran Musunuru^{2,3,4,5,6,118}, Albert V. Smith^{7,8}, Andrew C. Edmondson^{9,10}, Ioannis M. Stylianou¹⁰, Masahiro Koseki¹¹, James P. Pirruccello^{2,5,6}, Samuli Ripatti^{12,13}, Daniel I. Chasman^{4,14}, Cristen J. Willer¹, Christopher T. Johansen¹⁵, Sigrid W. Fouchier¹⁶, Aaron Isaacs¹⁷, Gina M. Peloso^{18,19}, Maja Barbalic²⁰, Sally L. Ricketts²¹, Joshua C. Bis²², Yurii S. Aulchenko¹⁷, Gudmar Thorleifsson²³, Mary F. Feitosa²⁴, John Chambers²⁵, Marju Orho-Melander²⁶, Olle Melander²⁶, Toby Johnson²⁷, Xiaohui Li²⁸, Xiuging Guo²⁸, Mingyao Li^{9,10}, Yoon Shin Cho²⁹, Min Jin Go²⁹, Young Jin Kim²⁹, Jong-Young Lee²⁹, Taesung Park^{30,31}, Kyunga Kim³², Xueling Sim³³, Rick Twee-Hee Ong³⁴, Damien C. Croteau-Chonka³⁵, Leslie A. Lange³⁵, Joshua D. Smith³⁶, Kijoung

Song³⁷, Jing Hua Zhao³⁸, Xin Yuan³⁷, Jian'an Luan³⁸, Claudia Lamina³⁹, CARDIoGRAM Consortium, ENGAGE Consortium, Candidate Gene Association Resource (CARe) Lipids Working Group, Andreas Ziegler⁴⁰, Weihua Zhang²⁵, Robert Y.L. Zee^{4,14}, Alan F. Wright⁴¹, Jacqueline C.M. Witteman^{17,42}, James F. Wilson⁴³, Gonneke Willemsen⁴⁴, H-Erich Wichmann⁴⁵, John B. Whitfield⁴⁶, Dawn M. Waterworth³⁷, Nicholas J. Wareham³⁸, Gérard Waeber⁴⁷, Peter Vollenweider⁴⁷, Benjamin F. Voight^{2,5}, Veronique Vitart⁴¹, Andre G. Uitterlinden^{17,42,48}, Manuela Uda⁴⁹, Jaakko Tuomilehto⁵⁰, John R. Thompson⁵¹, Toshiko Tanaka^{52,53}, Ida Surakka^{12,13}, Heather M. Stringham¹, Tim D. Spector⁵⁴, Nicole Soranzo^{54,55}, Johannes H. Smit⁵⁶, Juha Sinisalo⁵⁷, Kaisa Silander^{12,13}, Eric J.G. Sijbrands^{17,48}, Angelo Scuteri⁵⁸, James Scott⁵⁹, David Schlessinger⁶⁰, Serena Sanna⁴⁹, Veikko Salomaa¹³, Juha Saharinen⁶¹, Chiara Sabatti⁶², Aimo Ruokonen⁶³, Igor Rudan⁴³, Lynda M. Rose¹⁴, Robert Roberts⁶⁴, Mark Rieder³⁶, Bruce M. Psaty⁶⁵, Peter P. Pramstaller⁶⁶, Irene Pichler⁶⁶, Markus Perola^{12,13}, Brenda W.J.H. Penninx⁵⁶, Nancy L. Pedersen⁶⁷, Cristian Pattaro⁶⁶, Alex N. Parker⁶⁸, Guillaume Pare⁶⁹, Ben A. Oostra⁷⁰, Christopher J. O'Donnell^{4,19}, Markku S. Nieminen⁵⁷, Deborah A. Nickerson³⁶, Grant W. Montgomery⁴⁶, Thomas Meitinger^{71,72}, Ruth McPherson⁶⁴, Mark I. McCarthy^{73,74,75}, Wendy McArdle⁷⁶, David Masson¹¹, Nicholas G. Martin⁴⁶, Fabio Marroni⁷⁷, Massimo Mangino⁵⁴, Patrik K.E. Magnusson⁶⁷, Gavin Lucas⁷⁸, Robert Luben²¹, Ruth J. F. Loos³⁸, Maisa Lokki³⁸, Guillaume Lettre⁷⁹, Claudia Langenberg³⁸, Lenore J. Launer⁸⁰, Edward G. Lakatta⁶⁰, Reijo Laaksonen⁸¹. Kirsten O. Kyvik⁸², Florian Kronenberg³⁹, Inke R. König⁴⁰, Kay-Tee Khaw²¹, Jaakko Kaprio^{12,13,83}, Lee M. Kaplan⁸⁴, Åsa Johansson⁸⁵, Marjo-Riitta Jarvelin^{86,87}, A. Cecile J.W. Janssens¹⁷, Erik Ingelsson⁶⁷, Wilmar Igl⁸⁵, G. Kees Hovingh¹⁶, Jouke-Jan Hottenga⁴⁴, Albert Hofman^{17,42}, Andrew A. Hicks⁶⁶, Christian Hengstenberg⁸⁸, Iris M. Heid^{45,89}, Caroline Hayward⁴¹, Aki S. Havulinna^{50,90}, Nicholas D. Hastie⁴¹, Tamara B. Harris⁸⁰, Talin Haritunians²⁸, Alistair S. Hall⁹¹, Ulf Gyllensten⁸⁵, Candace Guiducci⁵, Leif C. Groop^{26,92}, Elena Gonzalez⁵, Christian Gieger⁴⁵, Nelson B. Freimer⁹³, Luigi Ferrucci⁹⁴, Jeanette Erdmann⁹⁵, Paul Elliott^{86,96}, Kenechi G. Ejebe⁵, Angela Döring⁴⁵, Anna F. Dominiczak⁹⁷, Serkalem Demissie^{18,19}, Panagiotis Deloukas⁵⁵, Eco J.C. de Geus⁴⁴, Ulf de Faire⁹⁸, Gabriel Crawford⁵, Francis S. Collins⁹⁹, Yii-der I. Chen²⁸, Mark J. Caulfield²⁷, Harry Campbell⁴³, Noel P. Burtt⁵, Lori L. Bonnycastle⁹⁹, Dorret I. Boomsma⁴⁴, S. Matthijs Boekholdt¹⁰⁰, Richard N. Bergman¹⁰¹, Inês Barroso⁵⁵, Stefania Bandinelli¹⁰², Christie M. Ballantyne¹⁰³, Themistocles L. Assimes¹⁰⁴, Thomas Quertermous¹⁰⁴, David Altshuler^{2,4,5}, Mark Seielstad³⁴, Tien Y. Wong¹⁰⁵, E-Shyong Tai¹⁰⁶, Alan B. Feranil¹⁰⁷, Christopher W. Kuzawa¹⁰⁸, Linda S. Adair¹⁰⁹, Herman A. Taylor Jr.¹¹⁰, Ingrid B. Borecki²⁴, Stacey B. Gabriel⁵, James G. Wilson¹¹⁰, Kari Stefansson²³, Unnur Thorsteinsdottir²³, Vilmundur Gudnason^{7,111}, Ronald M. Krauss¹¹², Karen L. Mohlke³⁵, Jose M. Ordovas¹¹³, Patricia B. Munroe¹¹⁴, Jaspal S. Kooner⁵⁹, Alan R. Tall¹¹, Robert A. Hegele¹⁵, John J.P. Kastelein¹⁶, Eric E. Schadt¹¹⁵, Jerome I. Rotter²⁸, Eric Boerwinkle²⁰, David P. Strachan¹¹⁶, Vincent Mooser³⁷, Hilma Holm²³, Muredach P. Reilly^{9,10}, Nilesh J Samani^{61,117}, Heribert Schunkert⁹⁵, L. Adrienne Cupples18,19,119, Manjinder S. Sandhu21,38,55,119, Paul M Ridker4,14,119, Daniel J.

Rader^{9,10,119}, Cornelia M. van Duijn^{17,42,119}, Leena Peltonen^{5,12,13,55,119}, Gonçalo R. Abecasis^{1,119}, Michael Boehnke^{1,119}, and Sekar Kathiresan^{2,3,4,5,119}

Affiliations

¹ Center for Statistical Genetics, Department of Biostatistics, University of Michigan, Ann Arbor, Michigan 48109, USA² Center for Human Genetic Research, Massachusetts General Hospital, Boston, Massachusetts 02114, USA ³ Cardiovascular Research Center, Massachusetts General Hospital, Boston, Massachusetts 02114, USA ⁴ Department of Medicine, Harvard Medical School, Boston, Massachusetts 02115, USA⁵ Broad Institute, Cambridge, Massachusetts 02142, USA ⁶ Johns Hopkins University School of Medicine, Baltimore, Maryland 21287, USA⁷ Icelandic Heart Association, Heart Preventive Clinic and Research Institute, Kopavogur, Iceland ⁸ University of Iceland, Reykjavik, Iceland ⁹ Cardiovascular Institute, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania 19104, USA ¹⁰ Institute for Translational Medicine and Therapeutics, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania 19104, USA ¹¹ Division of Molecular Medicine, Department of Medicine, Columbia University, New York, New York 10032, USA ¹² Institute for Molecular Medicine Finland FIMM, University of Helsinki, P.O. Box 20, FI-00014 Helsinki, Finland ¹³ National Institute for Health and Welfare, P.O. Box 104, FI-00251 Helsinki, Finland ¹⁴ Division of Preventive Medicine, Brigham and Women's Hospital, Boston Massachusetts 02215, USA ¹⁵ Robarts Research Institute, University of Western Ontario, London, Ontario N6A 5K8, Canada ¹⁶ Department of Vascular Medicine, Academic Medical Centre at the University of Amsterdam, Amsterdam, The Netherlands ¹⁷ Department of Epidemiology, Erasmus University Medical Center, P.O. Box 2040, 3000 CA Rotterdam, The Netherlands ¹⁸ Department of Biostatistics, Boston University School of Public Health, Boston, Massachusetts 02118, USA ¹⁹ National Heart, Lung and Blood Institute's Framingham Heart Study, Framingham, Massachusetts 01702, USA ²⁰ Human Genetics Center, University of Texas Health Science Center at Houston, Houston, Texas 77030, USA ²¹ Department of Public Health and Primary Care, Strangeways Research Laboratory, University of Cambridge, Cambridge, UK ²² Cardiovascular Health Research Unit and Department of Medicine, University of Washington, Seattle, Washington, USA ²³ deCODE Genetics, 101 Reykjavik, Iceland ²⁴ Division of Statistical Genomics in the Center for Genome Sciences, Washington University School of Medicine, St. Louis, Missouri 63108, USA ²⁵ Department of Epidemiology and Public Health, Imperial College London, London W2 1PG, UK ²⁶ Department of Clinical Sciences, Lund University, SE 205 02, Malmö, Sweden ²⁷ Clinical Pharmacology and Barts and the London Genome Centre, William Harvey Research Institute, Barts and the London School of Medicine, Queen Mary University of London, London EC1M 6BQ, UK 28 Medical Genetics Institute, Cedars-Sinai Medical Center, Los Angeles, California, USA ²⁹ Center for Genome Science, National Institute of Health, Seoul, Korea ³⁰ Interdisciplinary Program in Bioinformatics, College of Natural Science, Seoul National University, Seoul, Korea ³¹ Department of Statistics, College of Natural Science, Seoul National University,

Seoul, Korea ³² Department of Statistics, Sookmyung Women's University, Seoul, Korea ³³ Centre for Molecular Epidemiology, National University of Singapore, Singapore ³⁴ Genome Institute of Singapore, Singapore ³⁵ Department of Genetics, University of North Carolina, Chapel Hill, North Carolina 27599, USA ³⁶ Department of Genome Sciences, University of Washington, Seattle, Washington 98195, USA 37 Genetics Division, GlaxoSmithKline R&D, King of Prussia, Pennsylvania, USA ³⁸ MRC Epidemiology Unit, Institute of Metabolic Science, Addenbrooke's Hospital, Cambridge, UK ³⁹ Division of Genetic Epidemiology, Department of Medical Genetics, Molecular and Clinical Pharmacology, Innsbruck Medical University, Schoepfstrasse 41, A-6020 Innsbruck, Austria ⁴⁰ Institut für Medizinische Biometrie und Statistik, Universität zu Lübeck, Lübeck, Germany ⁴¹ MRC Human Genetics Unit, Institute of Genetics and Molecular Medicine, Edinburgh, UK ⁴² Netherlands Genomics Initiative (NGI)-sponsored Netherlands Consortium for Healthy Aging (NCHA) and Center of Medical Systems Biology (CMSB), The Netherlands ⁴³ Centre for Population Health Sciences, University of Edinburgh, Edinburgh, UK ⁴⁴ Department of Biological Psychology, VU University Amsterdam, Van der Boechorststraat 1, 1081 BT Amsterdam, The Netherlands ⁴⁵ Institute of Epidemiology, Helmholtz Zentrum Munchen – German Research Center for Environmental Health, 85764 Neuherberg, Germany ⁴⁶ Genetic Epidemiology Unit, Queensland Institute of Medical Research, PO Royal Brisbane Hospital, Queensland 4029, Australia ⁴⁷ Department of Internal Medicine, Centre Hospitalier Universitaire Vaudois, Lausanne, Switzerland ⁴⁸ Department of Internal Medicine, Erasmus University Medical Center, PO Box 2040, 3000 CA Rotterdam, The Netherlands ⁴⁹ Istituto di Neurogenetica e Neurofarmacologia (INN), Consiglio Nazionale delle Ricerche, c/o Cittadella Universitaria di Monserrato, Monserrato, Cagliari 09042, Italy ⁵⁰ Department of Chronic Disease Prevention, National Institute for Health and Welfare, Helsinki, Finland ⁵¹ Department of Health Sciences, University of Leicester, Leicester, UK ⁵² Clinical Research Branch, National Institute on Aging, National Institutes of Health, Baltimore, Maryland 21225, USA ⁵³ Medstar Research Institute, Baltimore, Maryland, USA ⁵⁴ Department of Twin Research and Genetic Epidemiology, King's College London, London, SE1 7EH, UK ⁵⁵ Wellcome Trust Sanger Institute, Hinxton, Cambridge, UK ⁵⁶ Department of Psychiatry, EMGO Institute, Neuroscience Campus Amsterdam, VU University Medical Center, Amsterdam, The Netherlands⁵⁷ Division of Cardiology, Department of Medicine, Helsinki University Central Hospital (HUCH), Helsinki, Finland ⁵⁸ Unita Operativa Geriatria, Istituto Nazionale Ricovero e Cura Anziani (INRCA), Istituto Ricovero e Cura a Carattere Scientifico (IRCCS), Via Cassia 1167, 00189 Rome, Italy ⁵⁹ Hammersmith Hospital, National Heart and Lung Institute, Imperial College London, London W12 0NN, UK ⁶⁰ Gerontology Research Center, National Institute on Aging, 5600 Nathan Shock Drive, Baltimore, Maryland 21224, USA ⁶¹ FIMM, Institute for Molecular Medicine, Finland, Biomedicum, P.O. Box 104, 00251 Helsinki, Finland ⁶² Department of Human Genetics, UCLA School of Medicine, University of California, 695 Charles E. Young Drive South, Los Angeles, California 90095, USA ⁶³ Department of Clinical Chemistry, University of Oulu, 90220 Oulu, Finland ⁶⁴ The

John & Jennifer Ruddy Canadian Cardiovascular Genetics Centre, University of Ottawa, Ottawa, Canada ⁶⁵ Departments of Medicine, Epidemiology, and Health Services, University of Washington, Seattle, WA; Group Health Research Institute, Group Health Cooperative, Seattle, Washington, USA ⁶⁶ Institute of Genetic Medicine, European Academy Bozen/Bolzano (EURAC), Viale Druso 1, 39100 Bolzano, Italy – affiliated institute of the University of Lübeck, Germany 67 Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm, 17177, Sweden ⁶⁸ Amgen, Thousand Oaks, California 91320, USA ⁶⁹ Genetic and Molecular Epidemiology Laboratory, McMaster University, Hamilton, Ontario L8N3Z5, Canada ⁷⁰ Department of Clinical Genetics, Erasmus University Medical Center, Rotterdam, The Netherlands ⁷¹ Institut fur Humangenetik, Helmholtz Zentrum Munchen, Deutsches Forschungszentrum fur Umwelt und Gesundheit, D-85764 Neuherberg, Germany ⁷² Institute of Human Genetics, Klinikum rechts der Isar, Technische Universität München, 81675 Muenchen, Germany 73 Wellcome Trust Centre for Human Genetics, University of Oxford, Roosevelt Drive, Oxford OX3 7BN, UK ⁷⁴ Oxford Centre for Diabetes, Endocrinology and Medicine, University of Oxford, Churchill Hospital, Oxford OX3 7LJ, UK ⁷⁵ Oxford NIHR Biomedical Research Centre, Churchill Hospital, Oxford OX3 7LJ, UK ⁷⁶ Avon Longitudinal Study of Parents and Children, University of Bristol, Bristol, UK ⁷⁷ Institute of Applied Genomics, via Linussio 51, 33100, Udine, Italy ⁷⁸ Cardiovascular Epidemiology and Genetics, Institut Municipal d'Investigacio Medica, 08003 Barcelona, Spain ⁷⁹ Montreal Heart Institute (Research Center), Université de Montréal, Montréal, Québec, Canada ⁸⁰ Laboratory of Epidemiology, Demography, and Biometry, National Institute of Aging, National Institutes of Health, Bethesda, Maryland 20892, USA ⁸¹ Science Center, Tampere University Hospital, Tampere, Finland ⁸² Institute of Regional Health Research and the Danish Twin Registry, Institute of Public Health, University of Southern Denmark, J. B. Winsløws Vej 9B, DK-5000, Odense, Denmark ⁸³ Faculty of Medicine, Department of Public Health, University of Helsinki, Helsinki, P.O. Box 41, FIN-00014, Finland 84 Massachusetts General Hospital Weight Center, Boston, Massachusetts 02114, USA ⁸⁵ Department of Genetics and Pathology, Rudbeck Laboratory, University of Uppsala, Uppsala, Sweden ⁸⁶ Department of Epidemiology & Biostatistics, Imperial College London, St Mary's Campus, Norfolk Place, London W2 1PG, UK ⁸⁷ Department of Public Health Science and General Practice, University of Oulu, Finland ⁸⁸ Klinik und Poliklinik für Innere Medizin II, Universität Regensburg, Regensburg, Germany ⁸⁹ Department of Epidemiology and Preventive Medicine Regensburg University Medical Center Franz-Josef-Strauss-Allee 11 93053 Regensburg, Germany ⁹⁰ Department of Biomedical Engineering and Computational Science, Helsinki University of Technology, Espoo, Finland ⁹¹ LIGHT Research Institute, Faculty of Medicine and Health, University of Leeds, Leeds, UK 92 Department of Medicine, Helsinki University Hospital, Helsinki 00029, Finland 93 Department of Psychiatry, Center for Neurobehavioral Genetics, The Jane and Terry Semel Institute for Neuroscience and Human Behavior, David Geffen School of Medicine, University of California, Los Angeles, California 90095, USA ⁹⁴ Clinical

Research Branch, National Institute on Aging, National Institutes of Health, Baltimore, Maryland 21225, USA ⁹⁵ Medizinische Klinik II, Universität zu Lübeck, Lübeck, Germany ⁹⁶ MRC-HPA Centre for Environment and Health, Imperial College London, UK ⁹⁷ BHF Glasgow Cardiovascular Research Centre, University of Glasgow, 126 University Place, Glasgow, G12 8TA, UK ⁹⁸ Division of Cardiovascular Epidemiology, Institute of Environmental Medicine, Karolinska Institutet, S-171 77 Stockholm, Sweden ⁹⁹ National Human Genome Research Institute, National Institutes of Health, Bethesda, Maryland 20892, USA ¹⁰⁰ Departments of Vascular Medicine & Cardiology, Academic Medical Center, Amsterdam, The Netherlands ¹⁰¹ Department of Physiology and Biophysics, University of Southern California, Los Angeles, California 90033, USA ¹⁰² Geriatric Unit, Azienda Sanitaria Firenze (ASF), Florence, Italy ¹⁰³ Department of Medicine, Baylor College of Medicine, Houston, Texas, USA ¹⁰⁴ Department of Medicine, Stanford University School of Medicine, Stanford, California 94305, USA ¹⁰⁵ Singapore Eye Research Institute, National University of Singapore, Singapore ¹⁰⁶ Departments of Medicine/Epidemiology and Public Health, Yong Loo Lin School of Medicine, National University of Singapore, Singapore ¹⁰⁷ Office of Population Studies Foundation, University of San Carlos, Cebu City 6000, Philippines ¹⁰⁸ Department of Anthropology, Northwestern University, Evanston, Illinois 60208, USA ¹⁰⁹ Department of Nutrition, Carolina Population Center, University of North Carolina, Chapel Hill, North Carolina 27516, USA ¹¹⁰ Department of Medicine, University of Mississippi Medical Center, Jackson, Mississippi, USA ¹¹¹ University of Iceland, Reykjavik, Iceland ¹¹² Children's Hospital Oakland Research Institute, Oakland, California 94609, USA ¹¹³ Department of Cardiovascular Epidemiology and Population Genetics, Centro Nacional de Investigaciones Cardiovasculares, Madrid, Spain, and Nutrition and Genomics Laboratory, Jean Mayer United States Department of Agriculture Human Nutrition Research Center on Aging at Tufts University, Boston, Massachusetts 02111, USA ¹¹⁴ Clinical Pharmacology and Barts and The London Genome Centre, William Harvey Research Institute, Barts and The London School of Medicine and Dentistry, Queen Mary University of London, Charterhouse Square, London EC1M 6BQ, UK ¹¹⁵ Sage Bionetworks, Seattle, Washington 98109, USA ¹¹⁶ Division of Community Health Sciences, St George's, University of London, London, UK 117 Department of Cardiovascular Sciences, University of Leicester, Glenfield Hospital, Leicester, UK; Leicester NIHR Biomedical Research Unit in Cardiovascular Disease, Glenfield Hospital, Leicester, LE3 9QP, UK

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Figure 1. Meta-analysis of plasma lipid concentrations in >100,000 individuals of European descent

The gene name listed in "Locus" column is either a plausible biological candidate gene in the locus or the nearest annotated gene to the lead SNP. Listed in "Lead Trait" column is the lipid trait with best *P*-value among all four traits. Listed in "Other Traits" are additional lipid traits with $P < 5 \times 10^{-8}$. Listed in "Alleles/MAF" column are: major allele, minor allele, and minor allele frequency (MAF) within the combined cohorts included in this meta-analysis (alleles designated with respect to the "+" strand; Supplementary Table 2). Numbers in "Effect Size" column are in mg/dL for the lead trait, modeled as an additive effect of the minor allele. *P*-values are listed for the lead traits. In the "eQTL" column, "Y" indicates that lead SNP has an eQTL with at least one gene within 500 kb with $P < 5 \times 10^{-8}$ in at least one the three tissues tested (liver, omental fat, subcutaneous fat). In the "CAD" column, "Y" indicates that the lead SNP meets the pre-specified statistical significance threshold of *P* < 0.001 for association with CAD and being concordant between the direction of lipid effect and the change in CAD risk. In the "Ethnic" column, "+" indicates concordant effect on lead trait of the variant between the primary meta-analysis cohort and the European or non-European group, "−" indicates discordant effect on lead trait, and "?" indicates data not available for the group; in order, the ethnic groups are European, East Asian, South Asian, and African American (Supplementary Table 11).

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Figure 2. Effects of altered *Galnt2***,** *Ppp1r3b***, or** *Ttc39b* **expression in mouse liver on plasma lipid levels**

a, **b**, Overexpression and knockdown of *Galnt2*. Shown are plasma HDL-C levels at baseline, 2 weeks, or 4 weeks after injection of viral vectors. $n = 6$ mice per group. **c**, Overexpression of *Ppp1r3b*. Shown are plasma HDL-C levels at baseline, 2 weeks, or 4 weeks after injection of viral vectors. *n* = 7 mice per group. **d**, Knockdown of *Ttc39b*. Shown are plasma HDL-C levels at baseline, 4 days, or 7 days after injection of viral vectors. $n = 6$ mice per group. Error bars show standard deviations. Because independent experiments were performed at different times and/or sites, there is variability in baseline HDL-C levels.