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**Title** Tuning the Kinetics of Cadherin Adhesion

Permalink https://escholarship.org/uc/item/61r0418j

**Journal** Journal of Investigative Dermatology, 133(10)

**ISSN** 0022-202X

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Publication Date 2013-10-01

**DOI** 10.1038/jid.2013.229

Peer reviewed



# **HHS Public Access**

Author manuscript *J Invest Dermatol*. Author manuscript; available in PMC 2014 April 01.

Published in final edited form as:

J Invest Dermatol. 2013 October; 133(10): 2318-2323. doi:10.1038/jid.2013.229.

# Tuning the kinetics of cadherin adhesion

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# Abstract

Cadherins are  $Ca^{2+}$  dependent cell-cell adhesion proteins that maintain the structural integrity of the epidermis; their principle function is to resist mechanical force. This review summarizes the biophysical mechanisms by which classical cadherins tune adhesion and withstand mechanical stress. We first relate the structure of classical cadherins to their equilibrium binding properties. We then review the role of mechanical perturbations in tuning the kinetics of cadherin adhesion. In particular, we highlight recent studies which show that cadherins form three types of adhesive bonds: *catch bonds* which become longer lived and lock in the presence of tensile force, *slip bonds* which become shorter lived when pulled and *ideal bonds* that are insensitive to tugging.

# Introduction

The epidermis serves as a physical barrier that protects organisms from their external environment. This multilayered tissue is composed of keratinocytes bound together by two types of cell-cell adhesion complexes: desmosomes and adherens junctions. (Jensen and Wheelock, 1996). The primary adhesive components of both these structures are the cadherin family of  $Ca^{2+}$  dependent transmembrane proteins (Al-Amoudi and Frangakis, 2008; Green and Simpson, 2007; Gumbiner, 2005; Halbleib and Nelson, 2006; Niessen *et al.*, 2011). Desmosomes are composed of two types of desmosomal cadherins (desmocollin and desmoglein) (Desai *et al.*, 2009; Green and Simpson, 2007), while epidermal adherens junctions contain a single classical type-1 cadherin (either E-cadherin or P-cadherin) (Halbleib and Nelson, 2006; Jensen and Wheelock, 1996). Both desmosomes and adherens junctions act in a coordinated fashion to help the epidermis withstand mechanical stress. While the interactions that mediate desmosomal cadherin binding are not completely understood, the structural basis of classical cadherin adhesion has been extensively characterized.

Classical cadherins share a conserved cytoplasmic domain, and an ectodomain containing five tandem extracellular (EC) repeats. Their expression levels vary within the epidermis; while E-cadherins are present in all keratinocytes, expression of P-cadherins is limited to the basal layer (Halbleib and Nelson, 2006; Takeichi, 1988). Adhesion is mediated by the

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cadherin ectodomain while the cytoplasmic region binds to adaptor proteins which link cadherins indirectly to the cytoskeleton, regulate cadherin turnover and modulate actin assembly (Nelson and Nusse, 2004; Niessen *et al.*, 2011; Takeichi, 2007). Since the epidermis is a self-renewing tissue with a continuous upward movement of cells, cadherins dynamically tune their adhesive strength in order to preserve epidermal barrier integrity (Niessen, 2007). Epidermal cadherin knockout studies in mice show that loss of E-cadherin

correlates with a loss of adherens junctions, altered epidermal differentiation and loss of hair follicles (Tinkle *et al.*, 2004; Young *et al.*, 2003). Similarly, deletion of  $\alpha$ -catenin, an adaptor protein associated with the cadherin cytoplasmic domain, results in impaired adhesion and epidermal detachment (Vasioukhin *et al.*, 2001).

Cell-cell adhesion is a dynamic process and classical cadherins tailor their binding kinetics in order to withstand mechanical perturbations. While the equilibrium binding properties of classical cadherins have been extensively characterized (Brasch *et al.*, 2012), the role of mechanical force in altering cadherin binding is only now being measured. Recent studies show that upon being exposed to mechanical perturbation, E-cadherins change their unbinding kinetics (Rakshit *et al.*, 2012). These kinetic changes are not manifested in solution or in the absence of mechanical loading, but are critical for cadherin adhesion.

This brief review summarizes our current understanding of the effect of mechanical force on the kinetics of E-cadherin adhesion. We focus on the ectodomain; the role of the cytoplasmic domain and its associated proteins have been reviewed elsewhere (Gomez *et al.*, 2011; Ladoux and Nicolas, 2012; Leckband *et al.*, 2011; Papusheva and Heisenberg, 2010; Schwartz and DeSimone, 2008). We begin by relating the structure of E-cadherins to their equilibrium binding properties. We then review the role of mechanical perturbations in tuning the kinetics of adhesion. Finally, we discuss major open questions and future directions in this exciting area of research.

## Adhesive states of classical cadherins

Classical cadherins adhere via '*trans*' interactions where ectodomains from opposing cells bridge the inter-membrane gap and interact with each other. Adhesion is strengthened by the cooperative self-assembly of cadherins on the same cell into *cis* clusters (Brasch *et al.*, 2012).

#### Structure and kinetics of trans adhesive states

Structural studies of both the complete ectodomain of type I classical C-cadherin (EC1–5) (Boggon *et al.*, 2002) and of smaller fragments of E-Cadherin and N-Cadherin (Harrison *et al.*, 2010; Haussinger *et al.*, 2004; Nagar *et al.*, 1996; Pertz *et al.*, 1999; Shapiro *et al.*, 1995) have identified key interactions that mediate *trans* adhesion (Fig. 1). The primary adhesive conformation involves the interaction of opposing EC1 domains and is termed the strand-swapped dimer (Fig. 1A). In this structure, N-terminal  $\beta$ -strands between opposing EC1 domains are swapped and the side chain of a conserved Tryptophan at position 2 (W2) is inserted into a pocket on their adhesive partner (Boggon *et al.*, 2002; Haussinger *et al.*, 2004; Parisini *et al.*, 2007; Shapiro *et al.*, 1995) (Fig. 1A). The physiological relevance of this adhesive interface has been confirmed in numerous mutational, structural and cellular

studies (Harrison *et al.*, 2005; Pertz *et al.*, 1999; Prakasam *et al.*, 2006a; Shan *et al.*, 2004; Tamura *et al.*, 1998; Troyanovsky *et al.*, 2003). In solution, the affinity for strand-swap dimer formation is low; dissociation constants ( $K_d$ ) for *trans* dimers of the full length ectodomain of C-cadherin measured using Analytical Ultra Centrifugation (AUC) is 64  $\mu$ M (Chappuis-Flament *et al.*, 2001). Similarly, EC1–2 domains of E-cadherin expressed in mammalian and bacterial cells have *trans* dimer  $K_d$  values of 97  $\mu$ M (Katsamba *et al.*, 2009) and 80  $\mu$ M (Koch *et al.*, 1997) respectively.

Prior to strand-swapping, cadherin monomers are in a "closed" conformation where W2 is docked into each monomer's binding pocket; the monomers thus act as competitive inhibitors of strand-swapping (Chen et al., 2005). The closed monomeric conformation places a strain on the short swapping strand due to its anchorage at one end by the W2 and at the other by a Ca<sup>2+</sup> ion; relieving this conformational strain is the driving force for strand swapping (Vendome et al., 2011). Equilibrium affinity measurements using AUC show that mutations that relieve strain in the swapping strand in E-cadherin monomers, decrease dimerization affinities (Vendome et al., 2011). Single molecule Fluorescence Resonance Energy Transfer (FRET) experiments suggest that prior to swapping N-terminal  $\beta$ -strands, E-cadherin monomers first form a non-swapped, intermediate "encounter complex" (Fig. 1C) (Sivasankar et al., 2009). E-cadherins can be trapped in this encounter complex by mutating W2 (Sivasankar et al., 2009); consequently, W2A fragments weakly adhere to each other (Prakasam et al., 2006a; Sivasankar et al., 2009). Recently, the atomic resolution structure of the encounter complex has been resolved in W2A mutants (Fig. 1B). This conformation, called an X-dimer, is formed by extensive surface interactions between the base of the EC1 domain, EC1–EC2 interdomain linker region and the apex of domain EC2 (Harrison et al., 2010) (Fig. 1B). The affinity for X-dimer formation in solution is significantly weaker than strand-swap dimers; the  $K_d$  of W2A cadherin X-dimers is an order of magnitude higher (916 µM) than wild type (WT) cadherin strand-swap dimers (Harrison et al., 2010).

Mutations in the cadherin X-dimer binding interface alter the kinetics of strand-swapping but do not change the structure of the strand-swap dimer. When a key Lys 14 residue in the X-dimer binding interface is mutated to a Glu, the trans-dimers are virtually indistinguishable from WT cadherin strand-swap dimers (Harrison et al., 2010). As measured using Surface Plasmon Resonance, the K14E mutants show no binding in a shorttime frame suggesting that their binding rate (on rate) is low. Similarly, sedimentation velocity AUC and size-exclusion chromatography show that the monomer to strand-swap dimer conversion is impeded in these mutants (Harrison et al., 2010). Presumably, lower onrates are measured since the formation of X-dimers, which serve as kinetic intermediates strand-swapping (Fig. 1C), are impaired in the K14E mutants. In epithelial cells, inactivation of X dimers result in extraordinarily stable cell-cell junctions; this has been interpreted to indicate that X-dimers are an intermediate in the pathway to dissociation of strand-swap dimers (Hong *et al.*, 2011). AUC measurements show that the  $K_d$  of the K14E mutants are virtually indistinguishable from WT cadherin which suggests that besides their low on-rate, the dissociation (off-rate) of these mutants is also decreased (Harrison *et al.*, 2010). However, in contrast to these studies, recent single molecule force measurements indicate

that the dissociation rate of K14E is similar to WT cadherin (Rakshit *et al.*, 2012). Consequently, the molecular role of X-dimers in the dissociation of strand-swap dimers is unclear.

#### Structure and kinetics of cis adhesive states

Cadherin adhesion is enhanced by their lateral assembly on the cell surface (Kim *et al.*, 2005; Takeda *et al.*, 1999). However, the biophysical mechanisms by which *cis* clustering boosts adhesion are just beginning to be understood. Early studies showed that beads decorated with cadherin pairs aggregated to a greater extent than beads with immobilized monomers (Brieher *et al.*, 1996). While this data was interpreted to suggest that cadherin ectodomains form *cis* dimers, recent single molecule experiments show that ectodomains located adjacent to each cooperatively enhance the probability of adhesion even if they do not associate with each other in a *cis* geometry (Zhang *et al.*, 2009).

Based on contacts observed in X-ray crystal structures of a range of classical cadherins, it has been proposed that interactions between the apex of EC1 and the base of EC2 of neighboring cadherins mediate dimerization in a *cis* orientation (Boggon *et al.*, 2002; Harrison *et al.*, 2011). These interactions are however not observed in NMR measurements of EC1–2 (Haussinger *et al.*, 2002), indicating that their  $K_d$  exceeds 1mM (Harrison *et al.*, 2011). Similarly, single molecule FRET experiments could not detect *cis* dimer formation between two cadherin ectodomains that were located adjacent to each other in a configuration that would permit lateral dimerization (Zhang *et al.*, 2009). This discrepancy is explained by recent theoretical studies which predict that the *cis* assembly of cadherin ectodomains requires prior *trans* dimerization (Wu *et al.*, 2011; Wu *et al.*, 2010). When *trans* dimers are formed, the conformational flexibility of ectodomains is dramatically reduced which lowers the entropic penalty associated with *cis* dimer formation (Wu *et al.*, 2011).

In qualitative agreement with these predictions, micropipette manipulation experiments show that the binding of cadherins from opposing cells occur in two stages: an initial rapid stage ascribed to *trans* adhesion followed by a second, slower stage interpreted to occur due to *cis* clustering (Chien *et al.*, 2008). However, while the first stage requires the EC1 domain as expected for *trans* dimer formation, EC3 is required for the second adhesive state (Chien *et al.*, 2008). Micropipette experiments also demonstrate that hypoglycosylation of EC2 and EC3 enhance the lateral assembly of ectodomains (Langer *et al.*, 2012).

### Mechanical tension alters the kinetics of cadherin adhesion

The structural and biophysical studies described above, provide a detailed picture of the kinetic determinants of classical cadherin binding in equilibrium, under force-free conditions. However, the molecular mechanisms by which cadherins alter their binding kinetics in response to mechanical forces are still unclear.

When cadherin *trans* dimers, are pulled apart, they can form one of three distinct types of bonds (Dembo, 1994; Dembo *et al.*, 1988) (*i*) *Slip bonds* which weaken and have a higher off-rate when pulled. (*ii*) *Catch bonds* which counter-intuitively strengthen such that their

off-rates decrease. *(iii) Ideal bonds* which are unaffected by mechanical stress. Slip bonds are the most commonly observed interactions in biology. Catch bonds provide a way for the interacting proteins to grip tightly in the presence of tugging forces. Finally, though ideal bonds were theoretically proposed more than a decade ago (Dembo, 1994; Dembo *et al.*, 1988), they had not been experimentally observed in any biological system.

Recently, single molecule Atomic Force Microscope (AFM) force measurements were used to show that E-cadherins form bonds with catch, slip and ideal mechanical properties (Rakshit *et al.*, 2012). The lifetimes of E-cadherin binding conformations were measured as they were subjected to different pulling forces. These experiments showed that while W2A mutant X-dimers formed catch bonds, WT and K14E strand-swap dimers formed slip bonds (Rakshit *et al.*, 2012) (Fig. 2A & 2B). WT cadherins were also shown to form ideal bonds which were hypothesized to arise as X-dimers converted to a strand-swap conformation (Fig. 2B) (Rakshit *et al.*, 2012).

#### X-dimers form catch bonds

When X-dimers were tugged, their bond lifetimes increased with force, indicative of a catch bond. After reaching a maximum at a critical force of  $\sim$  30 pN, the lifetimes decreased with force (Fig. 2A). A similar behavior was measured when WT cadherins were forced into an X-dimer conformation by competitively inhibiting strand swapping using free W in solution (Rakshit *et al.*, 2012). X-dimer catch bonds are observed because the cadherins reorient when they are pulled such that they form transient, force-induced bonds and lock more tightly.

While this was the first observation of catch bonds in cadherin adhesion, these bonds have previously been measured with other adhesive proteins like selectins (Marshall *et al.*, 2003; Sarangapani *et al.*, 2004; Yago *et al.*, 2004), FimH (Le Trong *et al.*, 2010; Thomas *et al.*, 2002) and integrins (Kong *et al.*, 2009). Although it is tempting to speculate that the physiological role of X-dimer catch bonds is to allow cells to grip tightly and lock in place when pulled; this hypothesis remains to be tested.

#### Catch bonds resolve discrepancies between solution and surface force measurements

Over a decade ago, Surface Force Apparatus (SFA) measurements of the interactions between cadherin ectodomains immobilized on lipid membranes suggested that classical cadherins bind in three distinct conformations (Sivasankar *et al.*, 2001). The weakest conformation required W2, and corresponded to a strand swapped dimer (Prakasam *et al.*, 2006b; Zhu *et al.*, 2003). The second conformation had an intermediate binding strength and required EC1–2 (Zhu *et al.*, 2003); based on recent structural data, it is likely that this adhesive state corresponds to the X-dimer complex. The third and strongest adhesion required the EC3 domains to interact directly (Zhu *et al.*, 2003); while this adhesive state likely corresponds to a *cis*-dimer structure, this remains to be confirmed. Single molecule AFM force measurements of the interaction of different classical cadherins confirmed the results of the ensemble SFA measurements (Bayas *et al.*, 2006; Perret *et al.*, 2004; Shi *et al.*, 2008; Shi *et al.*, 2010).

It was initially believed that the SFA measurement of stronger adhesion between X-dimers compared to strand-swap dimers directly contradicted the results of solution affinity measurements which showed that X-dimers have higher off rates than strand-swap dimers. However, the discovery of X-dimer catch bonds resolves this apparent discrepancy (Fig. 2A). Since catch bonds strengthen in the presence of force, X-dimer adhesion which is weak in the absence of force becomes stronger when pulled.

#### Strand swap dimers form slip bonds

Since strand-swap dimers have a higher binding affinity than X-dimers (Harrison *et al.*, 2010; Katsamba *et al.*, 2009), WT cadherins form strand-swap dimers when they interact for long periods of time. Single molecule AFM force clamp experiments showed that these WT cadherin strand-swap dimers formed slip bonds; their bond lifetimes decreased with increasing tensile force (Fig. 2B). Not surprisingly, identical slip bonds were formed by the K14E strand-swap dimers (Rakshit *et al.*, 2012) (Fig. 2B). The intrinsic off rate of both the WT E-cadherin and K14E strand swap dimers was 1.6 s<sup>-1</sup> (Rakshit *et al.*, 2012) which is similar to an off-rate of 0.7 s<sup>-1</sup> measured for WT E-cadherins using NMR (Haussinger *et al.*, 2004).

#### Ideal bonds are formed as X-dimers transition to a strand-swap conformation

Besides forming catch and slip bonds, cadherins also form ideal bonds that behave like mechanical dampers and prevent the abrupt jolting of cells. When WT cadherin interaction time was decreased, the lifetimes of their interactions were independent of force; they formed ideal bonds (Rakshit *et al.*, 2012) (Fig. 2B). It was hypothesized that ideal bonds correspond to an intermediate state which is formed when X-dimers transition to strand-swap binding (Rakshit *et al.*, 2012). However, the structure of the intermediate state and the molecular contacts responsible for ideal bond formation still need to be resolved.

# **Future Directions**

Catch, slip and ideal bonds suggest a physical mechanism that E-cadherins use to resist tensile force as cells rearrange during skin renewal and wound healing. It is tempting to speculate the as keratinocytes reposition themselves, E-cadherins bind rapidly to form X-dimer catch bonds that allow cells to grip strongly under load (Rakshit *et al.*, 2012) (Fig. 2C). Over time, the X-dimers proceed to form more robust strand-swap dimers that have a high affinity in the absence of force (Fig. 2C); this conversion is facilitated by an intermediate conformation that is insensitive to tensile force (Rakshit *et al.*, 2012). However, it is currently unclear if keratinocytes utilize such a mechanism to tune adhesive properties. Studying cadherin bond mechanics in living cells will be a crucial first step to addressing this question.

Besides mediating robust adhesion, classical cadherins play a key role in mechanotransduction by sensing physical stimuli at cell-cell junctions, transmitting them to the cytoplasm and activating a biochemical response (Ladoux *et al.*, 2010; le Duc *et al.*, 2010; Liu *et al.*, 2010; Weber *et al.*, 2012). It is believed that cadherins along with their adaptor proteins,  $\beta$ -catenin and  $\alpha$ -catenin form the core force-bearing unit in the

transmission of mechanical signals (Leckband *et al.*, 2011). To accomplish this, it is critical that the interactions between cadherins and catenins remain intact when exposed to force. However, the force dependent binding kinetics of these interactions have not yet been studied. Furthermore, the role of these adapter proteins in altering cadherin mechanical properties is still an open question. For instance, it is known that the adapter protein  $\alpha$ -catenin plays an important role in strengthening cadherin bonds following initial adhesion (Bajpai *et al.*, 2008). Whether  $\alpha$ -catenin and other adapter proteins alter the force dependent kinetics of cadherin bonds to be investigated.

Some of the discrepancies in cadherin binding measured using solution affinity measurements and force measurements arise due to differences between cadherin interactions in solution, under force independent conditions, and cadherin adhesion in the presence of mechanical stress. The discovery that cadherins vary their lifetimes in response to force reconciles some of these differences (Rakshit *et al.*, 2012). However, several open questions remain. For instance, the molecular interactions by which cadherins form catch bonds are not known. Furthermore, the hypothesis that ideal bonds correspond to an intermediate state which is formed as cadherin X-dimers transition to a strand-swap conformation needs to be tested at the molecular level. Finally, the role that X-dimers play in the dissociation of strand-swap dimers is unclear.

### Acknowledgments

The author thanks Dr. Sabyasachi Rakshit for his help in preparing Figure 2. This work was supported in part by a Basil O'Connor Starter Scholar Award from the March of Dimes Foundation and an American Heart Association National Scientist Development Grant.

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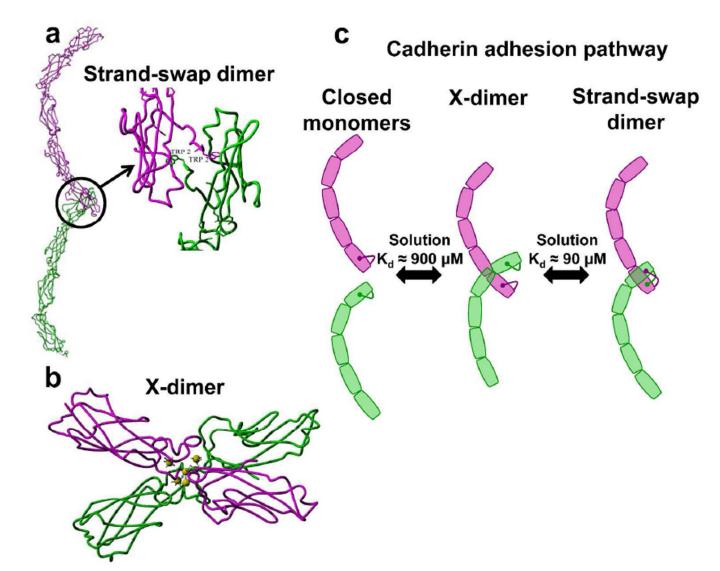
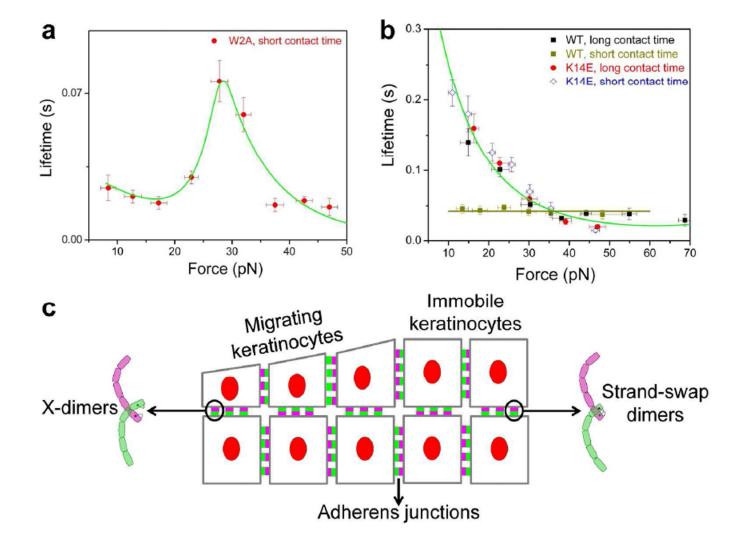


Figure 1. Adhesive states of classical cadherin and the pathway for cadherin binding

(A) The extracellular region of type-I classical cadherin is composed of five tandem Extracellular (EC) domains. Linkers between successive EC domains are each bound to three Ca<sup>2+</sup> ions which give the ectodomain its characteristic curvature. Ectodomains from opposing cells (shown in green and magenta) adhere across the inter-membrane gap via '*trans*' interactions. The primary *trans* interface involves the interaction of opposing EC1 domains and is termed the strand-swapped dimer. In this conformation, N-terminal  $\beta$ -strands between opposing EC1 domains are swapped and the side chain of a conserved Tryptophan at position 2 (W2) is inserted into a pocket on their adhesive partner. (B) Prior to strand-swapping, cadherin ectodomains form a non-swapped, intermediate conformation, called an X-dimer. This conformation is formed by extensive surface interactions between the base of the EC1 domain, EC1–EC2 inter-domain linker region and the apex of domain EC2. (C) Cadherin monomers adopt a "closed" conformation where W2 is docked into each monomer's binding pocket. Monomers from opposing cells interact to form X-dimers and then proceed to swap W2 residues to form a strand-swap dimer. The *K<sub>d</sub>* of the EC1–2

domains of W2A E-cadherin X-dimers is 916  $\mu$ M (Harrison *et al.*, 2010) while the  $K_d$  of the EC1–2 domains of WT E-cadherin strand-swap dimers is 97  $\mu$ M (Katsamba *et al.*, 2009).

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#### Figure 2. Mechanical force tunes the kinetics of cadherin adhesion

Adapted from (Rakshit et al., 2012). (A) X-dimers form catch bonds which become longer lived and lock in the presence of tensile force. When W2A cadherin X-dimers are pulled, their bond lifetimes increase with force. After reaching a maximum at a critical force of ~ 30 pN, the lifetimes decrease. (B) Strand swap dimers form slip bonds which become shorter lived when pulled. Slip bonds are formed by K14E mutants that interact for short and long periods of time and also by WT cadherins that interact for long periods of time. However, when WT cadherins interact for a short period of time, they form ideal bonds that are insensitive to force. (C) Hypothetical mechanism by which keratinocytes resist tensile forces during skin renewal and wound healing. As skin cells reposition themselves, E-cadherins bind rapidly to form X-dimers that allow cells to grip strongly under load. In immobile keratinocytes, E-cadherins form more robust strand-swap dimers that have a high affinity in the absence of force.