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Neuropathologic features associated with Alzheimer disease diagnosis

Age matters

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ABSTRACT

Objective: To examine whether the association between clinical Alzheimer disease (AD) diagnosis and neuropathology and the precision by which neuropathology differentiates people with clinical AD from those with normal cognition varies by age.

Methods: We conducted a cross-sectional analysis of 2,014 older adults (≥ 70 years at death) from the National Alzheimer's Coordinating Center database with clinical diagnosis of normal cognition (made ≤ 1 year before death, $n = 419$) or AD (at ≥ 65 years, $n = 1,595$) and a postmortem neuropathologic examination evaluating AD pathology (neurofibrillary tangles, neuritic plaques) and non-AD pathology (diffuse plaques, amyloid angiopathy, Lewy bodies, macrovascular disease, microvascular disease). We used adjusted logistic regression to analyze the relationship between clinical AD diagnosis and neuropathologic features, area under the receiver operating characteristic curve (c statistic) to evaluate how precisely neuropathology differentiates between cognitive diagnoses, and an interaction to identify effect modification by age group.

Results: In a model controlling for coexisting neuropathologic features, the relationship between clinical AD diagnosis and neurofibrillary tangles was significantly weaker with increasing age ($p < 0.001$ for interaction). The aggregate of all neuropathologic features more strongly differentiated people with clinical AD from those without in younger age groups (70–74 years: c statistic, 95% confidence interval: 0.93, 0.89–0.96; 75–84 years: 0.95, 0.87–0.95; ≥ 85 years: 0.83, 0.80–0.87). Non-AD pathology significantly improved precision of differentiation across all age groups ($p < 0.004$).

Conclusion: Clinical AD diagnosis was more weakly associated with neurofibrillary tangles among the oldest old compared to younger age groups, possibly due to less accurate clinical diagnosis, better neurocompensation, or unaccounted pathology among the oldest old. *Neurology*® 2011;77:1737–1744

GLOSSARY

AD = Alzheimer disease; **ADC** = Alzheimer Disease Center; **CERAD** = Consortium to Establish a Registry of Alzheimer's Disease; **MDS** = minimum dataset; **NACC** = National Alzheimer's Coordinating Center; **NIA** = National Institute of Aging; **ROC** = receiver operator characteristic.

Age is arguably the strongest risk factor for dementia.¹ Those 85 years or older, referred to as the oldest old, accounted for less than 1% of the population in 1996 but comprised approximately 40% of dementia cases.^{2,3} Despite high prevalence of dementia among the oldest old, cognitive impairment in this age group is not well characterized by symptoms or neuropathology,⁴ with relatively few neuropathologic studies of Alzheimer disease (AD) in the oldest old.^{5–15}

Preliminary studies that compared the strength of association between dementia diagnosis or cognitive performance and AD neuropathology (neuritic plaques and neurofibrillary tangles) between the young old and the oldest old suggest that the association is weaker among the oldest old^{6,13}; however, these studies were limited by small to moderate size and considered

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neuropathologic features individually. It may be important to consider non-AD pathology such as Lewy bodies and cerebrovascular disease concurrently to AD pathology, particularly among the oldest old. A higher load of cerebrovascular pathology or other non-AD pathology among the oldest old may account for the reduced association between clinical diagnosis of AD and AD pathology with older age.

Here, we analyzed data from the National Alzheimer's Coordinating Center (NACC), which has a large sample of participants with clinical cognitive diagnoses. The objectives were twofold: 1) to examine whether the association between clinical AD diagnosis and neuropathologic features varied by age; and 2) to examine whether the precision by which neuropathologic features differentiated people with AD from people without clinical AD varied by age.

METHODS **NACC.** The National Institute of Aging (NIA) established the NACC in 1999 to facilitate collaborative research among the NIA-funded AD Centers (ADCs), as detailed elsewhere.¹⁶ The NACC maintains a standardized database that includes clinical and neuropathologic data for patients at each ADC. Although the criteria for diagnosis were not reported until 2005, clinical diagnoses of AD at each ADC were generally made using the most recent consensus guidelines.

Standard protocol approvals, registrations, and patient consents. Patients or their proxies provided informed consent through an Institutional Review Board–approved protocol at each site.

Study sample. For these analyses, we used data collected from 1984 to June 2009 in the minimum dataset (MDS), which contains standard information for all participants enrolled at the ADCs ($n = 8,667$). Inclusion criteria for our study were 1) clinical diagnosis of normal cognition within 1 year of death ($n = 419$) or clinical AD diagnosis at age 65 years or older ($n = 1,821$); 2) age at least 70 years at death; and 3) a postmortem neuropathologic examination that included Braak & Braak staging of neurofibrillary tangles, Consortium to Establish a Registry of Alzheimer's Disease (CERAD) rating of neuritic plaques, and an evaluation of diffuse plaques, Lewy bodies, amyloid angiopathy, macrovascular disease, and microvascular disease. To avoid confounding conditions, we eliminated people with neuropathologic reports of frontotemporal dementia (both tauopathies and TDP43-pathies). We also eliminated people with unclear neuropathologic diagnoses, such as unspecified Lewy body disease or nonspecific angiopathy. Data from 2,014 people were included in our analyses, of whom 27% ($n = 552$) were 70–74 years, 29% ($n = 579$) were 75–84 years, and 44% ($n = 883$) were 85 years or older at death.

Neuropathology. The NACC requests specific information on neuropathologic findings from each ADC using a standard

neuropathology data form. Neurofibrillary tangles were evaluated using Braak & Braak staging, which is based on spread of the neurofibrillary tangles in the brain.¹⁷ The CERAD rating was used to rate neuritic plaque as frequent, moderate, sparse, or no neuritic plaques.¹⁸ Diffuse plaques were rated on an identical 4-level scale. Presence of Lewy bodies and markers of Parkinson disease and dementia with Lewy bodies were indicated as brainstem predominant type, intermediate or transitional (limbic) type, diffuse (neocortical) type, indeterminate, absent, or not noted.¹⁹ The latter were excluded for the purpose of these analyses. Amyloid angiopathy was rated on a 4-level scale as severe, moderate, mild, or none. Other vascular pathology was reported only as present or absent. We defined macrovascular disease as the presence of large infarcts (>1 cm) and microvascular disease as the presence of microinfarcts, lacunes, or subcortical arteriosclerosis.

We dichotomized each neuropathologic variable for the purpose of this study. We compared those with advanced Braak & Braak stages of neurofibrillary tangles (stages IV–VI) to those with less severe stages (I–III). Neuritic and diffuse plaques were dichotomized as moderate/frequent vs sparse/no plaques. Lewy bodies were dichotomized as intermediate, transitional (limbic), and diffuse (neocortical) type vs brainstem predominant or none. Amyloid angiopathy was compared moderate/severe vs mild/none. Finally, macrovascular disease and microvascular disease were either present or absent.

Additional measures. All patients in the MDS were described by age, sex, and education. The MDS also noted the presence or absence of depression at each visit. The Mini-Mental State Examination score, a test of global cognition, was administered at most visits.²⁰ *APOE* genotype was assessed using standardized techniques.

Statistical analysis. Patient characteristics at the last visit prior to death were analyzed by age group (70–74 years, 75–84 years, and ≥ 85 years) and clinical cognitive diagnosis using analysis of variance or χ^2 , as appropriate. The Cochran-Armitage test for trend was used to evaluate the frequency of neuropathologic features across clinical cognitive diagnosis and age group.

We conducted multiple logistic regressions to evaluate the odds of a clinical AD diagnosis based on neuropathologic features both individually and in an aggregate model (all neuropathologic features in one model), adjusted for age, sex, education, and *APOE* $\epsilon 4$ allele. An interaction effect between each neuropathologic feature and age group was used to determine whether the odds of clinical AD diagnosis by level of the neuropathologic feature varied across age groups. A logistic regression determined the odds of clinical AD diagnosis based on levels of neuropathologic features in each age group.

The precision by which neuropathologic features differentiated those with from those without a clinical AD diagnosis was evaluated using the area under the receiver operator characteristic (ROC) curve *c*-statistic in each age group. The precision of differentiation of a model that included only AD pathology vs an aggregate model that considered all coexisting neuropathologic features was compared using Pearson χ^2 . The difference in precision between the 2 models was attributed to the inclusion of non-AD pathology in the model.

RESULTS Those with clinical AD were less educated, had depression more often, had lower MMSE scores, and had an *APOE* $\epsilon 4$ allele more often than those with normal cognition prior to death. Among

Table 1 Participant characteristics (percent or mean) by age at death and clinical cognitive diagnosis

Characteristic	70–74 y	75–84 y	85+ y
Alzheimer disease	(n = 461)	(n = 495)	(n = 639)
Sex, F, %	43.8	52.3	64.5 ^a
Education, y	14.1	14.0	13.7 ^b
Depression, %	12.7	13.9	14.0 ^b
Last MMSE ^a	10.8	12.0	12.7 ^{a,b}
APOE ε4, %	72.7	65.6	51.5 ^{a,b}
Normal cognition	(n = 91)	(n = 84)	(n = 244)
Sex, %	45.0	55.9	59.0
Education, y	16.0	15.4	15.4 ^b
Depression, %	5.6	10.3	5.3 ^b
Last MMSE	28.4	28.4	27.0 ^{a,b}
APOE ε4, %	32.5	32.3	22.6 ^b

Abbreviation: MMSE = Mini-Mental State Examination.

^a $p < 0.05$ for difference across age groups.

^b $p < 0.05$ for difference by clinical cognitive diagnosis (Alzheimer disease vs normal cognition).

those with a clinical AD diagnosis, people who were older at death (≥ 85 years) were female more often, had higher MMSE scores, and had an *APOE* ε4 allele less often than those who were younger at death (table 1).

All neuropathologic features, except macrovascular disease ($p = 0.48$), were more frequent in those with a clinical diagnosis of AD compared to those with normal cognition ($p < 0.007$, figure 1). Among those with clinical AD, the frequency of Lewy bodies ($p < 0.001$) declined with increasing age whereas the frequency of macrovascular ($p = 0.02$) and microvascular disease ($p = 0.02$) increased with age. The frequency of amyloid angiopathy peaked in the middle age group. In people with AD, there was no significant trend across age groups in the frequency of neurofibrillary tangles ($p = 0.36$), neuritic plaques ($p = 0.09$), or diffuse plaques ($p = 0.56$). For people with normal cognition, the frequency of neurofibrillary tangles ($p < 0.001$) increased with age. The frequency of all other neuropathologic features was similar across age groups in people with normal cognition prior to death ($p > 0.22$).

When modeled in separate multivariate logistic regression models (adjusted for age, sex, education, and *APOE* ε4 status), those with a clinical diagnosis of AD were more likely to have all neuropathologic features ($p < 0.02$) except macrovascular disease ($p = 0.97$) compared to those with normal cognition. The association between the odds of clinical AD and neurofibrillary tangles and Lewy bodies was significantly attenuated with older age at death (table 2), though both neuropathologic features were associated with increased odds of a clinical AD diagnosis

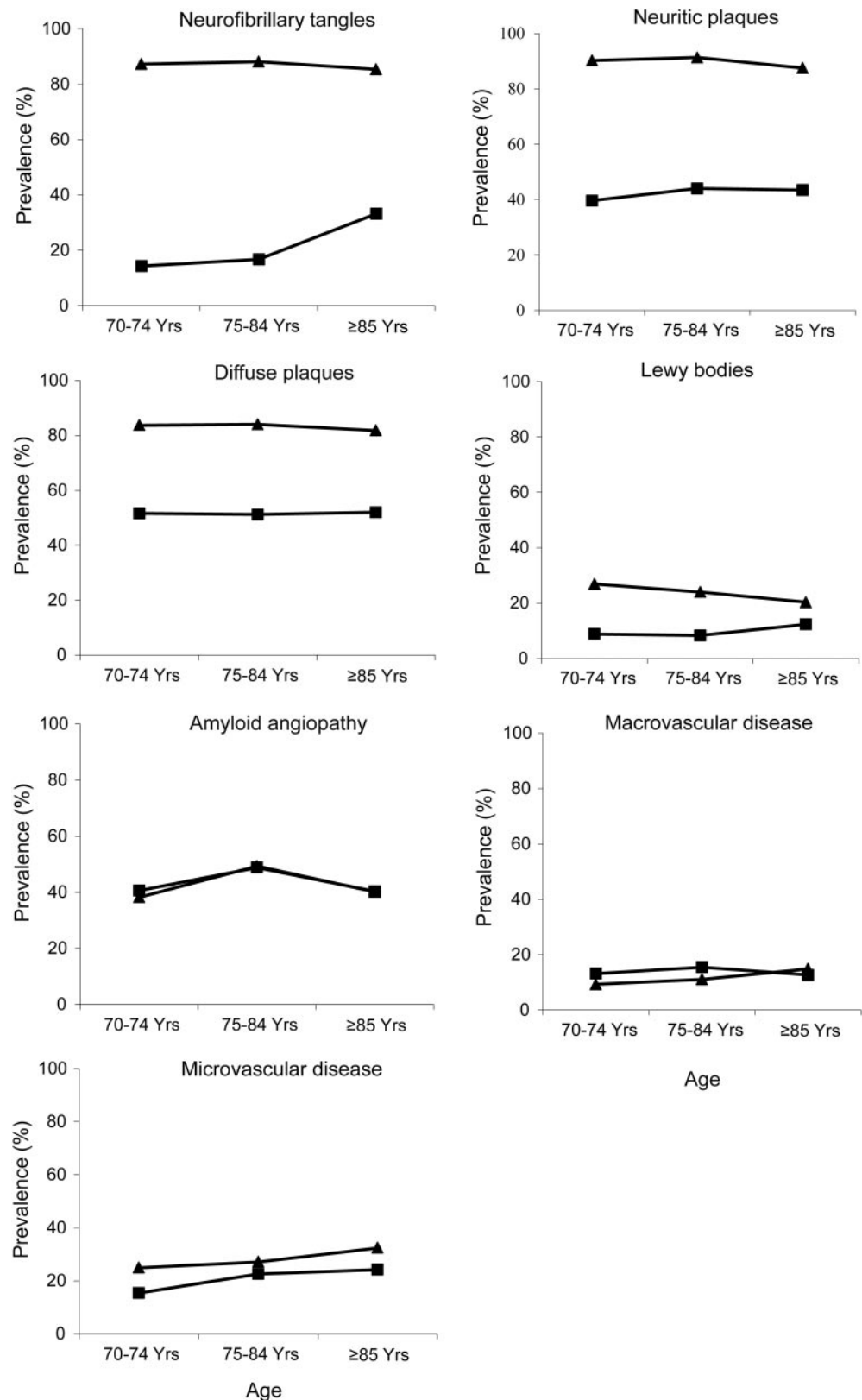
in all age groups. Age did not significantly modify the relationship between clinical diagnosis of AD and neuritic plaques, diffuse plaques, amyloid angiopathy, macrovascular disease, or microvascular disease.

When controlling for all coexisting neuropathologic features in an aggregate logistic regression model, the odds of a clinical diagnosis of AD remained significantly associated with neurofibrillary tangles, neuritic plaque, Lewy bodies, and microvascular disease. However, in this aggregate model, only the relationship between clinical AD diagnosis and neurofibrillary tangles was significantly modified by age group (table 2). The relationship between the odds of clinical AD and neurofibrillary tangles was significantly attenuated with older age. The relationship between clinical AD diagnosis and Lewy bodies appeared to lessen with increasing age but this trend did not reach statistical significance in the aggregate model ($p = 0.06$). The relationship between clinical AD and other neuropathologic features was not significantly different across age groups when all neuropathologic features were included in a single model.

In ROC analyses, neuropathologic features differentiated people with from people without a clinical AD diagnosis more precisely among the younger age groups (70–74 years: *c*-statistic, 95% CI 0.93, 0.89–0.96; 75–84 years: 0.91, 0.87–0.95) than among the oldest old (≥ 85 years: 0.83, 0.80–0.87) (figure 2). Similarly, AD pathology (neurofibrillary tangles and neuritic plaques) also differentiated people with clinical AD from those with normal cognition more precisely among the younger age groups (70–74 years: *c*-statistic, 95% CI 0.89, 0.85–0.93; 75–84 years: 0.87, 0.82–0.92) than among the oldest old (0.81, 0.77–0.84). Inclusion of non-AD pathology improved the precision of differentiation in all age groups (70–74 years: Pearson χ^2 8.46, $p = 0.004$; 75–84 years: Pearson χ^2 7.52, $p = 0.006$; ≥ 85 years: Pearson χ^2 8.68, $p = 0.003$).

DISCUSSION Of all the neuropathologic features that we evaluated, the odds of a clinical diagnosis of AD were most strongly associated with neurofibrillary tangles across all age groups; however, the strength of the association between clinical AD diagnosis and neurofibrillary tangles was significantly weaker among the oldest old, even when the presence of multiple pathologies was considered. Neuropathologic features, whether AD pathology only or the aggregate of all coexisting pathologic features, differentiated people with clinical AD from those with normal cognition more poorly with increasing age; however, consideration of non-AD pathology improved the precision of differentiation in all age groups.

Figure 1 Frequency of neuropathologic features by age group and Alzheimer disease (AD) diagnosis



Participants with AD are represented by triangles and participants with normal cognition are represented by squares. The percent of participants with the moderate/severe levels (neurofibrillary tangles, neuritic plaques, diffuse plaques, amyloid angiopathy, Lewy bodies) or with pathology present (macrovascular disease, microvascular disease) is indicated.

Table 2 Odds of dementia by severity or presence/absence of each neuropathologic feature by age group^a

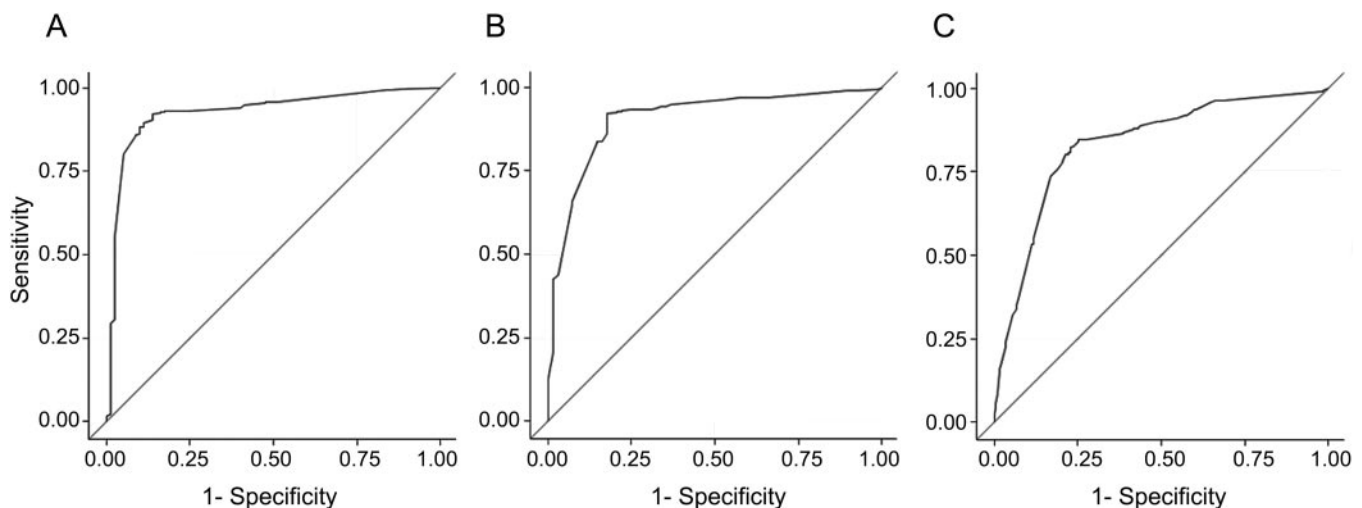
	Age group, y			p Value interaction with age group
Neuropathologic feature	70-74	75-79	85+	
Single neuropathic feature model				
Neurofibrillary tangles	44.72 (19.58-102.16)	39.97 (18.04-88.58)	8.77 (5.84-13.16)	<0.001
Neuritic plaques	12.32 (6.42-23.62)	11.56 (5.92-22.56)	7.89 (5.13-12.13)	0.12
Diffuse plaques	3.21 (1.77-5.82)	3.28 (1.81-5.96)	3.52 (2.38-5.22)	0.99
Lewy bodies	11.60 (3.27-41.12)	4.77 (1.64-13.91)	2.39 (1.34-4.25)	0.008
Amyloid angiopathy	1.73 (0.87-3.42)	4.41 (2.12-9.17)	1.64 (1.10-2.44)	0.17
Macrovascular disease	0.94 (0.40-2.19)	0.60 (0.28-1.28)	1.33 (0.77-2.27)	0.72
Microvascular disease	1.24 (0.62-2.48)	1.31 (0.69-2.47)	1.48 (0.99-2.20)	0.81
Aggregate model				
Neurofibrillary tangles	54.90 (17.33-274.88)	29.27 (11.05-77.53)	5.63 (3.56-8.92)	<0.001
Neuritic plaques	3.69 (1.08-23.57)	2.70 (0.88-8.30)	3.44 (1.96-6.03)	0.93
Diffuse plaques	0.27 (0.08-0.96)	0.51 (0.17-1.50)	0.98 (0.56-1.70)	0.15
Lewy bodies	11.79 (2.86-48.58)	4.47 (1.30-15.44)	2.22 (1.16-4.27)	0.06
Amyloid angiopathy	0.65 (0.23-1.87)	1.24 (0.46-3.30)	1.00 (0.62-1.61)	0.54
Macrovascular disease	1.44 (0.44-4.67)	0.57 (0.19-1.69)	0.92 (0.49-1.73)	0.46
Microvascular disease	0.70 (0.25-1.94)	2.11 (0.86-5.21)	1.44 (0.90-2.28)	0.92

^a Odds of Alzheimer disease were evaluated in either a separate model for each feature or an aggregate model that includes all neuropathologic features (aggregate model). The significance of the interaction of each neuropathologic feature with age group is noted. All models are adjusted for age, sex, education, and presence of APOE $\epsilon 4$ allele.

It has long been understood that clinical cognitive diagnoses do not always correspond with neuropathologic findings postmortem.²¹ That is, some people with normal cognition at death have neuropathologic changes consistent with a pathologic diagnosis of AD or other dementia.^{21,22} Conversely, some people who are diagnosed with dementia show no obvious neuropathologic cause upon autopsy.²³

However, this discord between clinical diagnosis of AD and neuropathologic features, and particularly AD pathology, seems to widen at higher ages.⁷

In line with most previous studies,^{6,7,13} the strength of the association between clinical diagnosis of AD and neurofibrillary tangles was weaker among the oldest old than the young old, even when the presence of coexisting neuropathologic features was

Figure 2 Predictive value of neuropathologic features by age group: (A) youngest (70-74 years), (B) middle (75-84 years), and (C) oldest (≥ 85 years)

The aggregate model includes neurofibrillary tangles, neuritic plaques, diffuse plaques, Lewy bodies, amyloid angiopathy, macrovascular disease, and microvascular disease.

taken into account. The reason why clinical AD diagnosis was more weakly associated with neurofibrillary tangles with greater age is unclear; however, there are several possible contributing factors. First, the level of cognitive impairment among those with AD was less severe among the oldest old than among the young old in our sample, as evidenced by higher MMSE scores prior to death (table 1). For that reason, the weaker relationship between neurofibrillary tangles and clinical cognitive diagnosis among the oldest old may be an artifact of disease severity, rather than age group. However, this is unlikely given that Haroutunian et al.⁶ found that the association between AD pathology and dementia severity was also diminished among the oldest old. Second, the frequency of neurofibrillary tangles among those with normal cognition was higher in the oldest old than in other age groups. This suggests that some of the oldest old who were classified with normal cognition may have subclinical AD. Third, in secondary analyses, the oldest old were more likely to have neurofibrillary tangles without concomitant neuritic plaques—in our sample 25% of the oldest old had high levels of neurofibrillary tangles but low levels of neuritic plaques compared to 10% of those 70 to 74 years ($p < 0.001$). This corroborates previous observations that the oldest old are more likely to have a condition coined as senile dementia with tangles, which is characterized by massive deposition of neurofibrillary tangles in limbic areas without concomitant neuritic plaques.²⁴ It is possible that neurofibrillary tangles may be less likely to cause sufficient cognitive impairment to be diagnosed with clinical AD without the additional contribution of neuritic plaques. Finally, coexisting microvascular disease, which contributes to cognitive impairment, may have been more severe among older age groups, where severity may be important for predicting clinical outcomes.²⁵ In the NACC database, microvascular disease was only reported as present or absent so the reports were insufficient to capture an effect of severity.

Unlike the relationship with neurofibrillary tangles, clinical AD was similarly associated with other neuropathologic features across age groups when we controlled for coexisting neuropathologic features. Even though the prevalence of vascular pathologies increased with age, the odds of AD based on vascular pathologies did not because people with normal cognition also had an increase in the frequency of vascular pathologies with age, though this was not statistically significant. Furthermore, a trend for diminished association between clinical AD and neuritic plaques and Lewy bodies, which was observed in other studies,^{6,7,13,26} was attenuated when coexisting

neuropathologic features were considered. This suggests that the preliminary observation of a trend toward weaker association between clinical AD and Lewy bodies and neuritic plaques in older age groups in this and other studies may be partially due to differing levels of coexisting neuropathologic features that also contribute to cognitive impairment across age groups (such as neurofibrillary tangles and microvascular disease).^{8,27} In this study, the average number of coexisting neuropathologic features did not differ by age, in contrast to previous studies,²⁸ so it is likely the combinations of neuropathologic features that were of primary importance.

In this study, neuropathologic features differentiated people with clinical AD from those with normal cognition less accurately among the oldest old relative to the young old in ROC analyses, though non-AD pathology significantly improved the differentiation accuracy across all age groups. Why the precision by which neuropathologic features differentiated those with from those without a clinical diagnosis of AD among the oldest old was worse than among the young old is unclear. It is possible that the clinical diagnosis is less accurate in this group because neuropsychological assessments often do not have norms that are specific to the oldest old. Alternatively it may be due to survival bias, where people who survive to very old ages are also more likely to employ successful neurocompensation techniques, whether genetically predetermined or behaviorally mediated, to maintain cognition despite significant pathologic changes. It is also possible that there are additional neuropathologic features that are important to consider among the oldest old that are not accounted for here. For example, cerebral atrophy and synaptic protein loss, not recorded in the NACC database, are understood to be associated with cognition in the oldest old and the young-old.^{13,29} In particular, the frequency of cerebral atrophy increases with age.²⁸

Importantly, though worse among the oldest old, the neuropathologic features differentiated those with from those without a clinical diagnosis of AD very well in all age groups. Even among the oldest old, neuropathologic features could determine the likelihood of a clinical cognitive diagnosis to 81% accuracy. That is, in any pairing, there was 81% chance that an individual with a clinical diagnosis of AD had greater neuropathologic load than someone with normal cognition.

Our study has several strengths. We had a large sample with standardized neuropathologic reports. In addition, all participants had clinical cognitive diagnosis determined at an ADC. However, our study also has some limitations. Although all ADCs re-

ported common neuropathologic measures, the methods to determine each measure may have differed between sites and by year. In addition, the rating of vascular pathology was imprecise, a common problem faced in neuropathologic examinations,³⁰ and was marked only as present or absent. We also did not have a measure of cerebral atrophy. In addition, although we had clinical cognitive diagnosis, we did not have a continuous measure of cognition close to death for the entire sample. Finally, those included in the NACC database are unlikely to represent the general AD population³¹; the database includes fewer people with severe AD than would be found in the general AD population. In addition, participants are primary white and highly educated.

The oldest old accounted for approximately 40% of dementia cases by the mid-1990s. Since the oldest old are the fastest growing segment of the population, this proportion is expected to rise in the coming decades. The relationship between clinical diagnosis of AD and neurofibrillary tangles is attenuated among the oldest old and neuropathologic features do not differentiate people with from people without a clinical AD diagnosis as well in this age group compared to the young old. The explanation is not clear but it is possible that additional neuropathologic features need to be taken into account or that these oldest old survivors are better able to cope with neuropathology to maintain cognition despite pathologic changes in the brain. Future studies should further investigate the impact of additional coexisting pathology on cognition in the oldest old.

AUTHOR CONTRIBUTIONS

Dr. Middleton contributed to study concept and design, drafting and editing of the manuscript for content, analysis and interpretation of data, and statistical analysis. Dr. Grinberg contributed to study concept and design, editing of the manuscript for content, and interpretation of data. Dr. Miller contributed to editing of the manuscript for content. Dr. Kawas contributed study concept and editing of the manuscript for content. Dr. Yaffe contributed to study concept and design, editing of the manuscript for content, and interpretation of data.

DISCLOSURE

Dr. Middleton serves on the editorial board of the *Journal of Alzheimer's Disease* and receives fellowship support from the Canadian Institute of Health Research fellowship. Dr. Grinberg serves as an Associate Editor for *Frontiers in Dementia and Cell and Tissue Banking*, and receives research support from the Alzheimer's Association and the John Douglas French Alzheimer's Foundation. Dr. Miller serves on a scientific advisory board for the Alzheimer's Disease Clinical Study; serves as an Editor for *Neurocase* and as an Associate Editor of *ADAD*; receives royalties from the publication of *Behavioral Neurology of Dementia* (Cambridge, 2009), *Handbook of Neurology* (Elsevier, 2009), and *The Human Frontal Lobes* (Guilford, 2008); serves as a consultant for Lundbeck Inc., Elan Corporation, and Allon Therapeutics, Inc.; serves on speakers' bureaus for Novartis and Pfizer Inc.; and receives research support from Novartis and the NIH/NIA and the State of California Alzheimer's Center. Dr. Kawas serves on a scientific advisory board for Quintiles and receives research support from the NIH/ Alzheimer's Disease Research Centre. Dr. Yaffe has served on data safety monitoring boards for Pfizer Inc, Medivation,

Inc., and the NIH (NIMH and NIA trials); and has received research support from the NIH (NIA, NIDDK, NIMH), the Department of Defense, American Health Assistance Foundation, Anonymous Foundation, and the Alzheimer Association.

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Historical Abstract: August 1, 1992

ANTIMIGRAINE DRUG SUMATRIPTAN INCREASES BLOOD FLOW VELOCITY IN LARGE CEREBRAL ARTERIES DURING MIGRAINE ATTACKS

J.F.V. Caekebeke, M. D. Ferrari, C. P. Zwetsloot, J. Jansen, and P. R. Saxena

Neurology 1992;42:1522–1526

Sumatriptan, a novel selective 5-hydroxytryptamine_{1d} (5-HT_{1d}) receptor agonist, which is highly effective in the acute treatment of migraine attacks, blocks dural neurogenic plasma extravasation and constricts cranial blood vessels in animal experiments. We measured intra- and extracranial blood flow velocities (BFV) with a transcranial Doppler device in 67 patients during a spontaneous migraine attack, before and after treatment with 3 mg or 6 mg subcutaneous sumatriptan or placebo. Sumatriptan, but not placebo, significantly increased BFV (cm/sec) in the internal carotid and middle cerebral arteries on both sides, without detectably changing the BFV in the common and external carotid arteries. The rise in BFV increased with the dose of sumatriptan, parallel to an increase in proportion of patients improved. There were no significant changes in heart rate, blood pressure, or respiratory frequency after treatment with sumatriptan. The increase in BFV probably reflects vasoconstriction of the large basal intracranial arteries, which may be a mechanism for the antimigraine action of sumatriptan.

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Comment from Robert A. Gross, MD, PhD, FAAN, Editor-in-Chief: An early *in vivo* study that supported the hypothesis that vasoconstriction was the mechanism of action of sumatriptan.