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Fragile Associations Coexist With Robust Memories for Precise Details in Long-Term Memory

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7 **Fragile associations coexist with robust memories for**

8 **precise details in long-term memory**

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Abstract

What happens to memories as we forget? They might gradually lose fidelity, lose their associations (and thus be retrieved in response to the incorrect cues), or be completely lost. Typical long-term memory studies assess memory as a binary outcome (correct/incorrect), and cannot distinguish these different kinds of forgetting. Here we assess long-term memory for scalar information, thus allowing us to quantify how different sources of error diminish as we learn, and accumulate as we forget. We trained subjects on visual and verbal continuous quantities (the locations of objects and the distances between major cities, respectively), tested subjects after extended delays, and estimated whether recall errors arose due to imprecise estimates, misassociations, or complete forgetting. Although subjects quickly formed precise memories and retained them for a long time, they were slow to learn correct associations, and quick to forget them. These results suggest that long-term recall is especially limited in its ability to form and retain associations.

Keywords: Visual memory, Long-term memory, Associative memory

29 What happens to memories as we forget? If, for instance, you return from a trip and try to
30 remember where you left your car keys, there are different ways your memory of their
31 location could have deteriorated. You may misremember the location of the keys by
32 several feet (imprecise recall of the correct location). Perhaps you will look for your car
33 keys in the place where you left your umbrella (associate objects with the incorrect
34 locations). Or maybe you will completely forget where you left your keys, and randomly
35 guess where they might be. How much do imprecise recall, misassociations, and
36 altogether losing locations contribute to memory errors?

37 Most investigations of long-term memory examine recollection in an all-or-none
38 manner: either a memory is recalled/recognized or it is not. Consequently, these studies
39 rely on indirect measures and qualitative manipulations to estimate association fidelity
40 and memory precision. For instance, by comparing recall for individual items with cued
41 recall for paired associates, researchers have tried to isolate failure to recall an item from
42 failure to correctly associate that item (Tulving & Wiseman, 1975). Similarly, others
43 have qualitatively estimated memory precision by comparing people's ability to
44 distinguish categorically (e.g., two different mailboxes) and perceptually (e.g., a mailbox
45 when it is open vs. closed) similar images (Brady, et al., 2008). Superficially, it would
46 seem that the application of signal detection theory to recognition memory provides a
47 framework for estimating the strength of memories via binary accuracy rates at different
48 confidence judgments (Green & Swets, 1966; Wickelgreen & Norman, 1966). However,
49 this "memory strength" could be interpreted either as memory precision or as association
50 fidelity. Although these studies have provided important insights into the content and
51 structure of memory, they can only indirectly assess how memories degrade over time by

52 using confidence judgments as proxies for precision or by comparing accuracy rates in
53 qualitatively different conditions.

54 In contrast, recent visual working memory studies have used continuous report
55 tasks in which subjects recall the exact features of objects (e.g., color, orientation, size) to
56 test how different types of errors affect memory. Analyses of such continuous report data
57 via mixture models can then estimate the extent to which errors arose due to imprecise
58 responses about the correct feature value, misassociations and random guesses (Bays &
59 Husain, 2008; Zhang & Luck, 2008; Anderson, Vogel, & Awh, 2011; Bays, Wu, &
60 Husain 2011; see Ma, Husain & Bays, 2014, for a review).

61 Despite the recent explosion of interest in continuous report tasks in visual
62 *working memory*, relatively few studies have investigated how different types of errors
63 contribute to forgetting in visual *long-term memory*. Brady, et al. (2013) used a
64 continuous report task to examine the extent to which the fidelity of memories and
65 complete forgetting affected memory, finding that the rate of random guesses increases
66 with delays but long-term memory precision matches that of working memory when it is
67 least precise. However, Brady, et al.'s retention intervals did not exceed about an hour, so
68 they could not assess forgetting over longer intervals. Moreover, they did not examine
69 misassociations and consequently may have mischaracterized misassociations as random
70 guesses, and underestimated how much information long-term memory retained.

71 Here we examine the time course over which memories are acquired, gain
72 precision, and form associations during training, and how these memories then
73 deteriorate over time. We asked subjects to learn and later recall the locations of objects
74 (Experiments 1, 2, 3) or the distances between cities (Experiment 4). We then used a

75 mixture model to estimate the precision of their memories, as well as the proportion of
76 their responses that reflected imprecise reports of the correct item, imprecise reports of
77 one of the *other* items (a misassociation), or a random guess.

78

79 **Experiments 1 & 2**

80 To assess how memories formed over the course of learning and were lost over time, we
81 used a cued recall task to train subjects on the locations of objects until they reached a
82 performance criterion (Experiment 1) and test them after delays up to one week
83 (Experiment 2). On both training and testing trials, subjects recalled the location of cued
84 objects, but they received the correct location as feedback only on training trials.

85

86 **Methods**

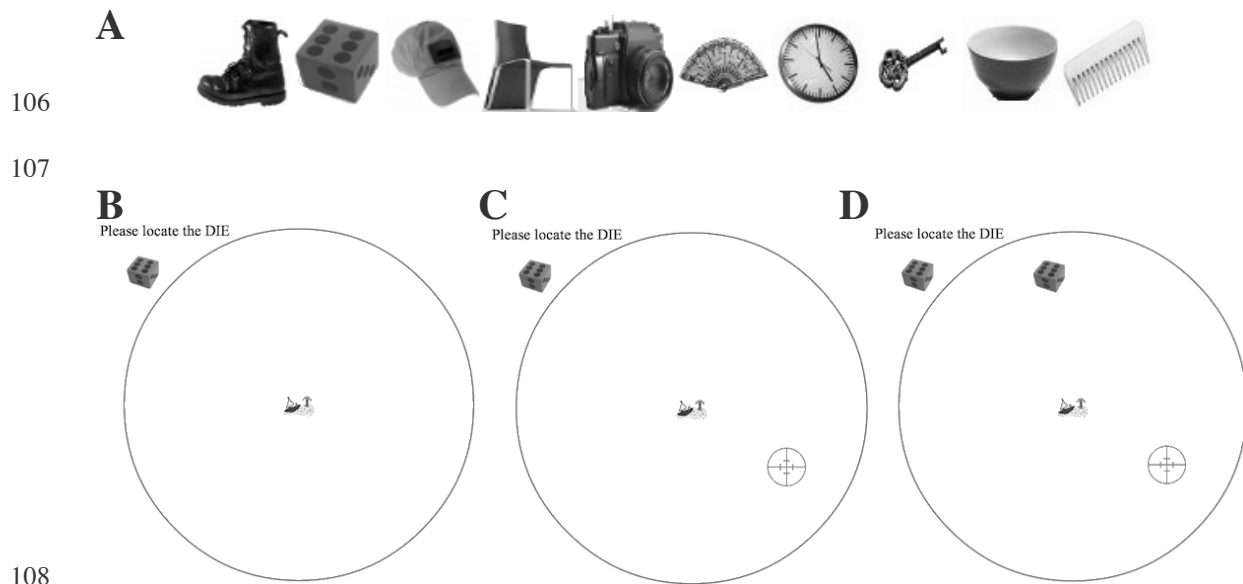
87 **Subjects.** 40 subjects from the Amazon Mechanical Turk marketplace participated in
88 Experiment 1. Because Experiment 2 required subjects to participate in 3 sessions
89 spanning a week, we recruited 35 members of the UCSD Psychology Department's
90 online subject pool. In both experiments subjects received a flat payment as well as a
91 bonus based on their performance.

92

93 **Design.** Experiment 1 focused on the acquisition of memories. Each subject learned the
94 locations of ten objects using testing with feedback over multiple blocks. Each subject
95 proceeded through as many of these training blocks as required to recall the locations of
96 all the objects in a block sufficiently precisely (see Procedure). The order of the ten
97 objects was randomized within each block.

98 Experiment 2 focused on the forgetting of memories. The training session was
99 similar to Experiment 1 with the exception that objects dropped out when they were
100 recalled correctly three blocks in a row. Once subjects learned the locations of all the
101 objects to sufficient precision, they performed a distractor task (12 addition and
102 subtraction problems, each containing two operands that were whole numbers between 0
103 and 40), and were then tested on the object locations. Subjects then returned for two
104 testing sessions after delays of one day (test day-1) and seven days (test day-7).

105



109 *Figure 1.* The objects used in Experiments 1, 2 and 3 and an example trial for
110 Experiments 1 and 2. (A) The ten objects used in the visuospatial memory task: boot, die,
111 hat, chair, camera, fan, clock, key, bowl and comb (in the experiment objects were
112 presented in full color). In each trial, (B) subjects were cued to recall the location of the
113 item indicated in the top-left (here: a die). (C) Subjects then clicked a location to respond
114 and a red crosshair marked their selection. (D) During training trials, subjects were then

115 shown the item in its correct location for one second (this feedback was omitted during
116 test trials).

117

118 **Stimuli.** In both experiments subjects trained on the locations of ten everyday objects
119 (Figure 1A). The cover story for the task was that the subject had lost several of their
120 personal belongings in the ocean and had to remember where those objects were
121 underwater. Objects were presented in a light blue circle with an island in the center that
122 acted as a central location landmark and enhanced engagement with the cover story (see
123 Figure 1B). Apart from their role in the cover story, the color of the background and the
124 island in the center were unrelated to the task.

125 Because our focus was on learning over many repeated presentations under free-
126 viewing, we did not ask subjects to maintain fixation. Additionally, because each
127 participant performed the study in their own web browser, screen size and viewing
128 distance were not explicitly controlled but subjects were instructed to adjust their browser
129 window size such that the entire experiment display would fit on the screen.

130 Each object was represented by a 60 × 60 px image of an everyday object (drawn
131 from a stock image website: www.freeimages.com). We selected ten perceptually and
132 semantically distinct objects to minimize their confusability, and every subject saw those
133 same ten objects. The circle containing the objects had a radius of 450 px and the island
134 was 50 × 50 px.

135 For each subject, we generated the locations of objects from a uniform
136 distribution across the circle (with the constraint that they did not overlap with the island).

137

138 **Procedure.** Subjects were trained and then tested on the locations of objects using a cued
139 recall task (Figure 1B). During the training phase of both experiments, on each trial
140 subjects saw an image of an object and reported that object's location by clicking within
141 the display circle. After the response, a 50 × 50 px red crosshair appeared at the selected
142 location, and an image of the object appeared at the correct location. If the response was
143 within 50 px of the correct location (such that the crosshair overlapped with the object
144 image), the response was considered correct.

145 In the training experiment (Experiment 1), a subject completed the training phase
146 (and thus the experiment) once she recalled all the objects correctly in one block.

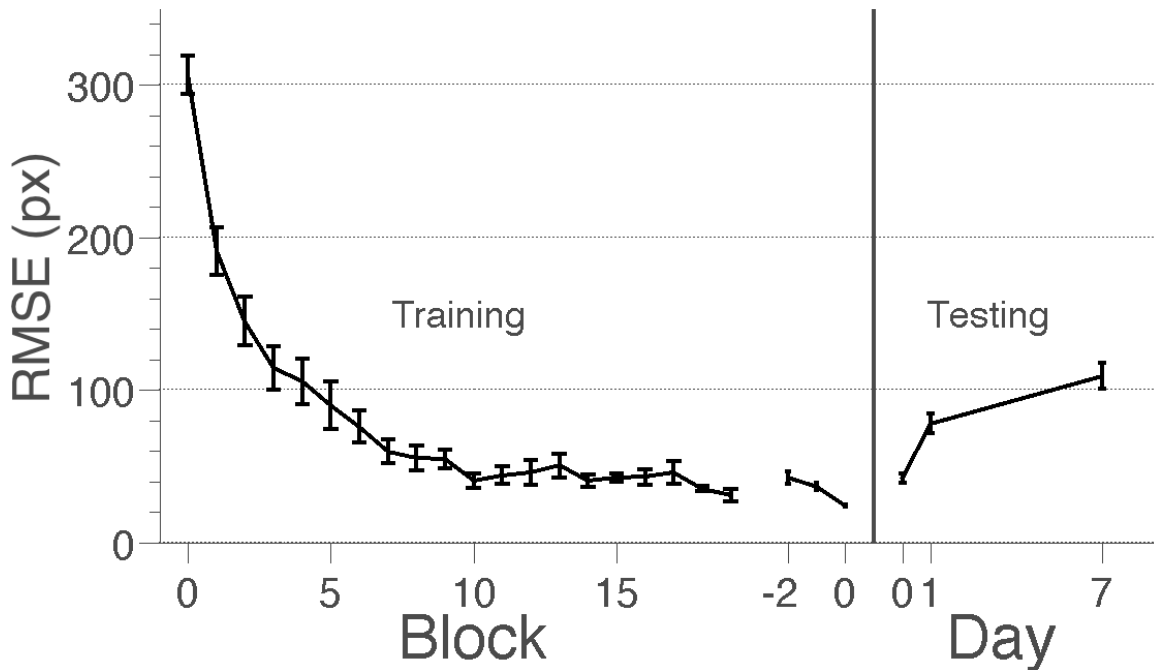
147 In the training phase of the retention experiment (Experiment 2), an object was
148 “dropped” out of the training loop after it was correctly recalled in three consecutive
149 blocks, and the training phase was complete once all objects had been dropped.

150 Trials in the testing phase of Experiment 2 were the same as training trials, but
151 lacked corrective feedback (instead the subject's response was indicated by a red
152 crosshair onscreen for an extra second).

153

154 **Results**

155



156

157 *Figure 2.* Learning curves from Experiment 1 and the forgetting curve from Experiment 2.

158 Y-axis is the across-subject mean (± 1 SEM across-subjects) of the root mean squared
 159 error (Euclidean pixel distance between the recalled and the correct object location).

160 Training performance from Experiment 1 is shown on the left (in Blocks) and testing

161 performance from Experiment 2 on the right (in Days). Training performance is shown

162 relative to the beginning of training (Blocks 0 to 20) and relative to the end of training

163 (Blocks -2 to 0) to illustrate criterion performance. Root mean square error (RMSE)

164 decreased during training and increased during testing, indicating the subjects learned and

165 forgot the locations of objects.

166

167

168 **Did subjects learn and forget the locations of objects?** To coarsely assess learning and

169 forgetting, we can consider the average distance between the reported and correct

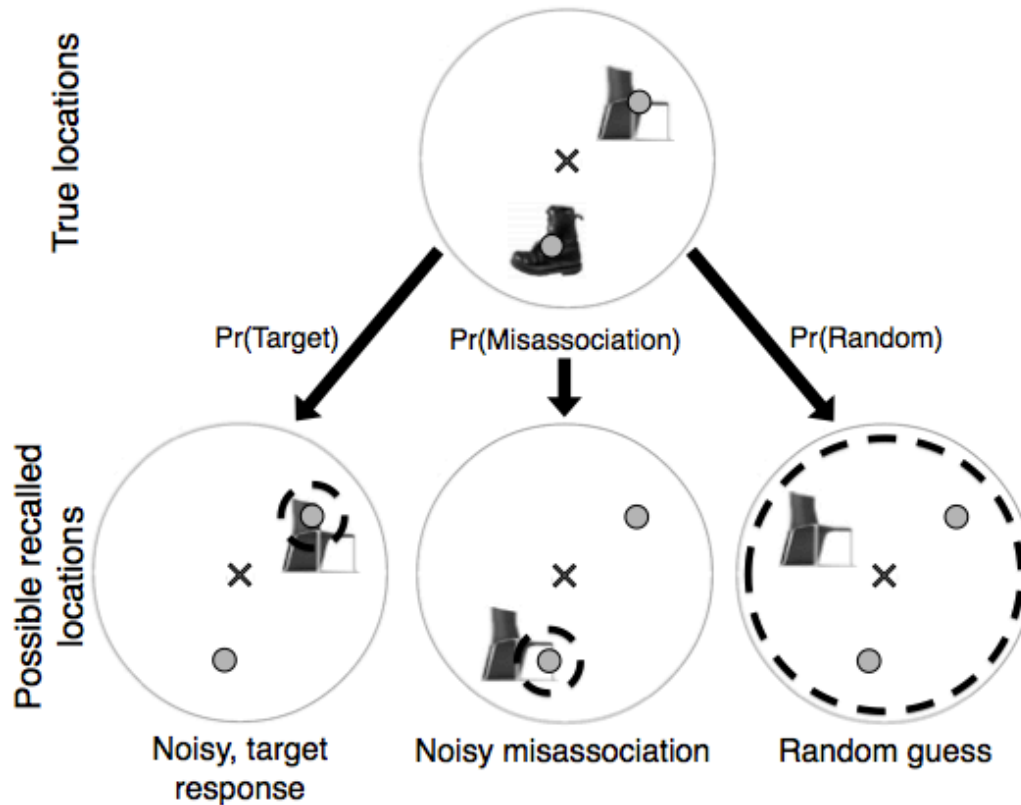
170 locations (calculated as the root mean squared error across objects; RMSE). This coarse

171 measure of learning shows that subjects learned the locations of objects over
172 approximately 12.25 blocks ($SEM=1.08$) of training in Experiment 1 (Figure 2, Training)
173 and forgot some, but not all, of what they learned during the 1-week retention interval in
174 Experiment 2 (Figure 2, Testing). Because the number of blocks it took subjects to finish
175 training varied, we examined how well subjects recalled the locations once they
176 completed training by calculating the RMSE of each subject's last three blocks of
177 training (Figure 2, Training, blocks -2—0). Performance was worse during the first
178 testing block (Experiment 2) compared to the end of training (Experiment 1) ($t(75)=6.45$,
179 $p<.001$), though we cannot say how much this should be attributed to rapid forgetting or
180 subtle differences in the training protocol between the two experiments. While this coarse
181 error measure shows that subjects are indeed learning and forgetting something about the
182 locations of objects, it cannot discern whether errors are attributable to imprecision,
183 misassociations, or complete forgetting.

184

185 **Measuring imprecision, misassociations, and random guessing**

186



187

188 *Figure 3.* Schematic of the types of errors we aim to characterize with the mixture model:
 189 imprecise report of the target, misassociation, or random guess (illustrated with just two
 190 objects that are displayed disproportionately large for visual clarity). The top-row shows
 191 the true locations of the objects and the bottom-row shows possible types of responses.
 192 Grey dots represent the locations of the target object (the chair) and a possible non-target
 193 object (the boot). The grey X indicates the center of the environment. We use the mixture
 194 model to estimate the probability of each type of error, denoted here by $\text{Pr}(\text{Target})$,
 195 $\text{Pr}(\text{Misassociation})$ and $\text{Pr}(\text{Random})$. If there are multiple non-target objects,
 196 $\text{Pr}(\text{Misassociation})$ is divided evenly among them. Under our error model, target reports
 197 and misassociations are recalled with isotropic, two-dimensional Gaussian noise around
 198 the selected location (small, grey dashed circles). The model treats random guess
 199 responses as samples from a broad, truncated, two-dimensional Gaussian distribution
 200 around the display center (large, dashed circle).

201

202

203 To characterize the contributions of imprecision, misassociation, and complete forgetting
 204 of memories during learning and forgetting, we analyzed subjects' responses with a
 205 mixture model, similar to that used in Bays, et al. (2011) (Figure 3; see Appendix A,
 206 Model overview, for technical details). Under this model, each response is either an

207 imprecise report of the target item, an imprecise report of one of the *other* items (a
208 misassociation), or a random guess. A report of the target object location or a
209 misassociated location is assumed to be distributed as an isotropic two-dimensional
210 Gaussian centered on an object's location. Random guesses are assumed to be samples
211 from a truncated two-dimensional Gaussian distribution centered in the environment and
212 bound by the environment's edge*. The model estimates a single parameter for the
213 precision of location memories; thus it assumes that correctly associated responses and
214 responses when objects are associated with the wrong location have the same precision
215 around their latent location†. The model also estimates the mixture weights of each type
216 of response, corresponding to the probabilities that subjects report the location of the
217 target item, make a misassociation, and randomly guess. Thus, by analyzing responses
218 via this mixture model, we can estimate the precision of location memory, the probability
219 of misassociations, and the probability of complete forgetting (random guessing). We fit
220 the model in the native coordinate space rather than to the distribution of response errors
221 (as in Zhang & Luck, 2008), though our results do not depend on this distinction.

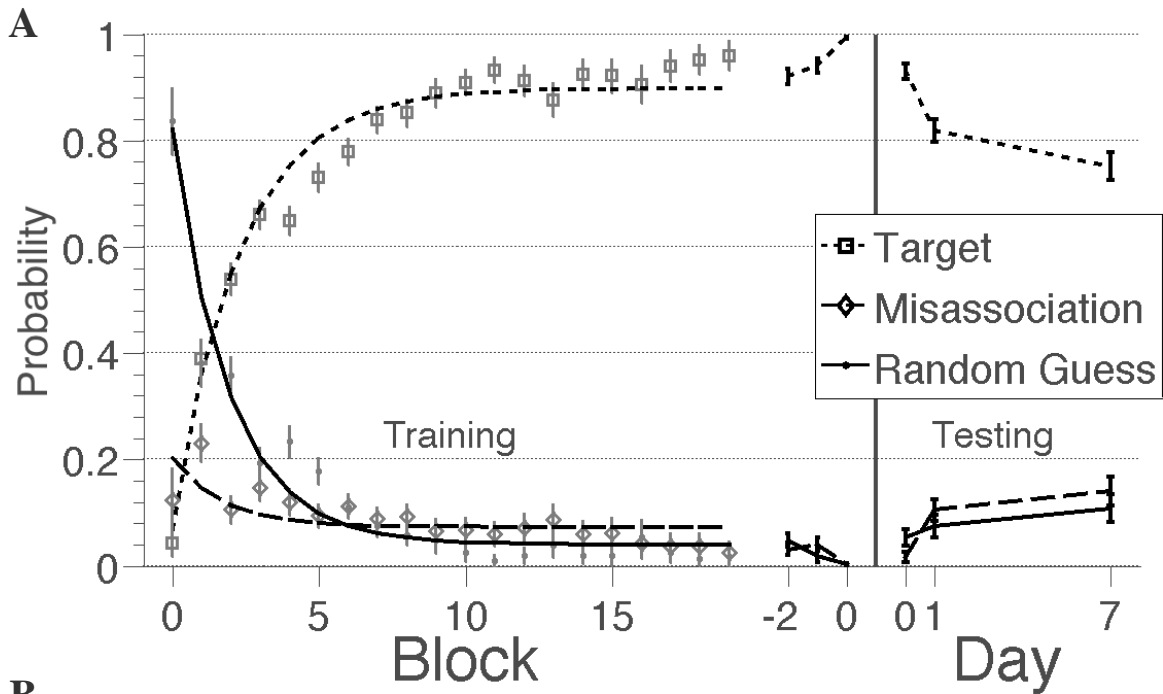
222 In several of our analyses, we report the posterior distributions of the parameters
223 estimated by the model in the form of 95% Posterior Quantile Intervals (95% PQI). For
224 further explanation of 95% Posterior Quantile Intervals and how we report Bayesian
225 statistics, see Appendix C, Bayesian statistics reports.

* Although we did not use truncated normal distributions to model target or misassociated responses due to computational efficiency, the small standard deviation of location memories should result in a negligible portion of the probability density extending outside of the environment, thus making the truncation correction unnecessary.

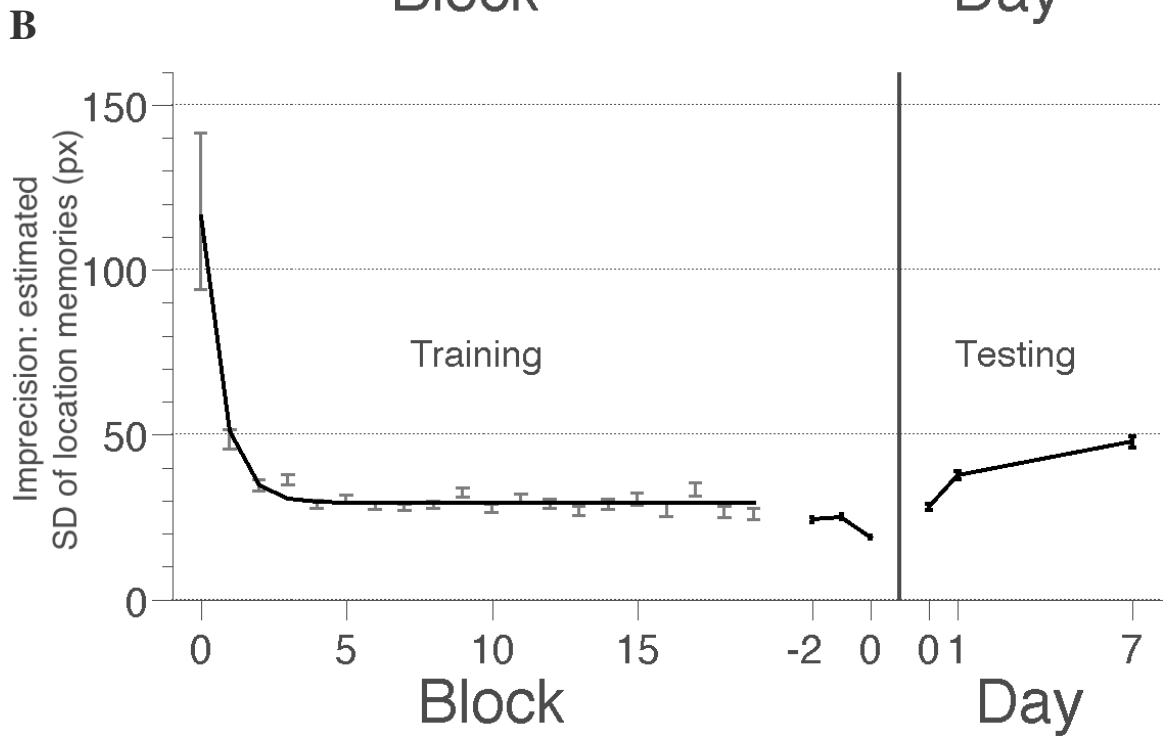
† It is possible that locations associated to incorrect objects would be remembered with different levels of precision. However, we assume that locations and associations are stored and decay separately such that whether a location is correctly associated with an object will be independent of its precision.

226

227



228



229

230 *Figure 4.* Estimated imprecision, misassociation and random guessing for Experiments 1

231 and 2. (A) The probability of selecting the target objects (dotted lines and squares),

232 misassociation (associating an object with the wrong location; dashed lines and
 233 diamonds) and randomly guessing (solid lines and dots) during the training blocks in
 234 Experiment 1, and testing blocks in Experiment 2. In the training blocks, the points show
 235 across-subject estimates of the different response types and the lines show exponential
 236 fits to those estimates. (B) The estimated imprecision (standard deviation) of remembered
 237 locations. Consistent with subjects' RMSE, the imprecision of locations, the probability
 238 of making misassociations and the rate of random guessing decreased during training and
 239 increased during testing. All error bars indicate posterior SD.

240
 241

	Target	Misassociation	Random guess	SD
Initial (A)	.07(.03-.11)	.20(.12-.28)	.82(.74-.90)	1116.2(78.2-170.9)
Asymptote (B)	.90(.87-.93)	.07(.06-.09)	.04(.01-.06)	29.2(28.4-30.0)
Slope (τ)	2.3(1.7-3.0)	1.7(.49-3.0)	1.9(1.3-2.7)	.72(.50-1.06)

242 *Table 1.* Mean exponential fit parameters. SD indicates standard deviation. We fit the
 243 parameters using the exponential decay function $B + (A - B)e^{-\frac{t}{\tau}}$. A and B determine the
 244 initial and asymptotic values of the function and τ is the time constant (exponential slope)
 245 and t is time. Numbers in parentheses indicate the 95% PQI.

246
 247

248 **How did the sources of error change during learning?** The imprecision of location
 249 memories, the probability of making a misassociation, and the probability of random
 250 guessing all decreased over the course of training (Figure 4, Training). To assess whether
 251 some aspects of memories were more quickly acquired, we quantified the speed with

252 which these sources of error changed during learning by fitting exponential decay
253 functions of the form $B + (A - B)e^{-\frac{t}{\tau}}$ to each parameter (Table 1). A and B indicate the
254 initial and asymptotic values of the function (such that when A is greater than B the
255 function will decrease over time), τ is a “time constant” and t is the block number. A
256 larger time constant of the exponential decay function indicates a slower rate of change in
257 a given parameter, and thus slower acquisition of this facet of memory during learning.

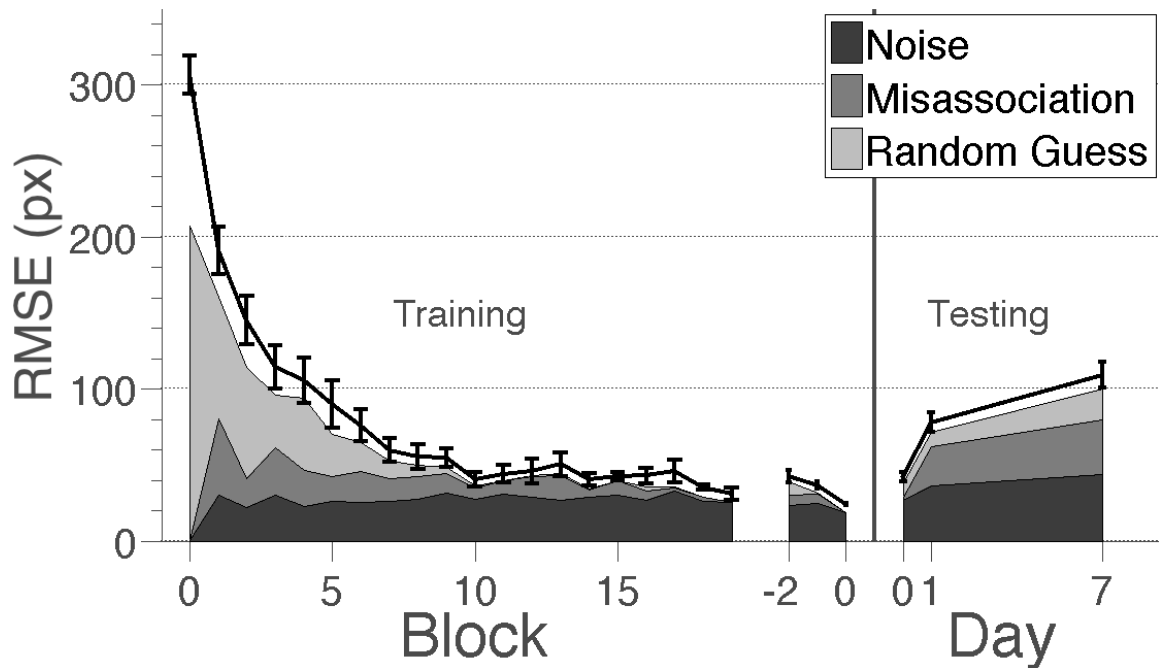
258 To estimate these parameters across subjects, we used a hierarchical model that
259 assumes that the parameters for each subject are normally distributed around the
260 population value, thus allowing us to efficiently pool estimates across subjects by using
261 the statistics of the group to compensate for uncertainty in any one subject’s parameters.
262 We fit the parameters using a Metropolis-Hastings algorithm (Metropolis, et al., 1953).

263 The time constant for the increasing rate of *correct* associations (2.3, 95% *PQI* =
264 1.7–3.0) was considerably larger than that for the decreasing imprecision of locations (.72,
265 95% *PQI* = .50–1.06; 95% *PQI* on the difference between $P(\text{target})$ and SD time
266 constants = .87–2.4), indicating that subjects learned to associate objects to locations more
267 slowly than they learned to accurately recall the exact positions of those locations. This
268 pattern indicates that precise location memories are acquired quickly, but it takes some
269 time to correctly associate them with their respective targets.

270

271 **How did the sources of error change during forgetting?** Although all sources of error
272 increased during forgetting (Figure 4), misassociations, unlike noise and random guessing,
273 increased abruptly after the first day. During testing, the standard deviation of location
274 memories steadily increased from 28 to 38 to 48 pixels. The probability of random

275 guessing remained constant over the first two days (*95% PQI on the difference between:*
276 *test day-0 and test day-1 = -.076-.032*) and then increased somewhat by the final day of
277 testing (*95% PQI on the difference between: test day-0 and test day-7 = -.11-.004; test*
278 *day-1 and test day-7 = -.10-.03*). In contrast, in the immediate post-training test, subjects
279 made almost no misassociation errors (1.6%), but at the 1-day retention interval these
280 jumped to 11%, and by day 7 had only increased slightly to 14% (*95% PQI on the*
281 *difference between: test day-0 and test day-1 = .04-.14; test day-1 and test day-7 = -.10-*
282 *.03*). When we directly compared changes in the rates of misassociation and random
283 guessing, the probability of misassociations trended towards increasing more from test
284 day-0 to test day-1 than the number of random guess (*95% PQI on the difference*
285 *between: misassociations day-0 and day-1 and random guesses test day-0 and test day-1*
286 *= -.014-.15*), further suggesting that misassociations were exceptionally fragile early on
287 during forgetting. While location memories steadily became less precise from the end of
288 training and gradually became irretrievable, memories of associations were preserved in
289 the immediate post-training test but deteriorated sharply after a single day.
290



291

292 *Figure 5.* Learning curves from Experiment 1 and the forgetting curve from Experiment 2

293 with errors partitioned based on their estimated source. The black line indicates subjects'

294 raw root mean square error (RMSE) (Identical to Figure 2). Shading indicates the

295 estimated errors due to noise from recalled locations, misassociations and random

296 guessing. Decreasing errors due to random guessing characterized learning while

297 increasing errors due to misassociation drove forgetting.

298

299

300 **How did errors contribute to performance during learning and forgetting?** Based on

301 the estimated probabilities of random guessing and misassociations, and the imprecision

302 of location memories, we can infer how much each of these sources of error contributes

303 to the overall RMSE at different points in time. To do so we use maximum likelihood

304 estimation (MLE) to classify responses as noisy correct responses, noisy misassociations

305 or random guesses. We then calculate the model's expected RMSE for each type of error

306 given the parameter estimates (Figure 5). Specifically, for each response we calculated
307 the error due to precision as the estimated standard deviation of location memories, the
308 error due to misassociations as the distance between the target location and the location
309 of the misassociated item (if applicable), and the error due to random guessing as the
310 distance between the target location and the center of the environment (if applicable); we
311 then aggregated these across items and subjects. The bulk of error reduction during
312 learning arises from decreasing rates of random guessing as people learn the locations of
313 objects, but the increased error during forgetting seems to arise from increasing
314 misassociations as people retain the locations, but fail to map them onto the correct
315 objects.

316

317 **Experiment 3**

318 In Experiments 1 and 2, we found that the precision of locations, and the ability to
319 retrieve and correctly associate locations improved during learning and deteriorated
320 during forgetting. Although all sources of error decreased with training and increased
321 with forgetting, memories for associations were exceptionally unstable and contributed
322 disproportionately to overall error during learning and especially forgetting.

323 One shortcoming of the cued recall task we used in Experiments 1 & 2 is that it
324 can only reveal latent knowledge of locations that subjects have associated (either
325 correctly or as an incorrect misassociation) with a cue. If a subject learned a location, but
326 failed to match it with any of the potential retrieval cues, they may never produce that
327 location in a cued response. Consequently, this latent knowledge might not be detectable,
328 even in a model that can detect misassociations.

329 In Experiment 3 we aimed to directly measure knowledge of locations by asking
330 subjects to report the locations in a two-step procedure: first in a free recall portion they
331 reported all the locations they remembered, and then matched these locations to objects.
332 Thus, like verbal paired associates tasks that aim to distinguish object and associative
333 information (Tulving & Wiseman, 1975) this design removes the demand for correct
334 associations during location recall, and might reveal latent location knowledge that was
335 obscured in Experiments 1 and 2.

336

337 **Subjects.** A new set of subjects from the UCSD Psychology Department's online subject
338 pool who did not overlap with the subjects from Experiment 2 participated in this 3-
339 session experiment for payment. 74 subjects finished at least session 1, and 25 completed
340 all three sessions. Subjects who completed all three sessions received a monetary bonus
341 based on their performance.

342

343 **Design.** Experiment 3, like Experiment 2, was comprised of three sessions. In the first
344 session subjects were trained to criterion. They were tested (without feedback)
345 immediately after training (testing day-0), one day after training (test day-1) and seven
346 days after training (test day-7).

347 The critical change introduced in Experiment 3 is the use of a free recall task that
348 occurred after every two blocks (starting after block 1) during training and that replaced
349 cued recall during testing. In this free recall task subjects reported all the locations they
350 remembered, and then matched objects to those locations (see Procedure).

351 In further contrast to Experiment 2, we omitted the math distractor task between

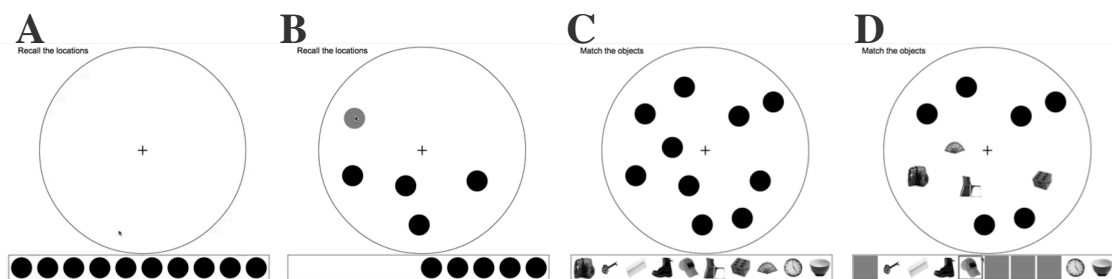
352 training and the immediate day-0 test. Additionally, rather than drop out individual
 353 objects during training (as in Experiment 2), subjects recalled the locations of all ten
 354 objects in each block until all were reported correctly (as in Experiment 1).

355

356 **Stimuli.** The objects were identical to those used in Experiments 1 and 2. We made
 357 minor aesthetic changes to the framing of the task: omitting the island cover story,
 358 replacing the central island with a fixation cross and changing the color of the
 359 background to white. To prevent locations from overlapping during the free recall task,
 360 we required the centers of objects to be located 120 px (2 objects) from each other. We
 361 also decreased the size of the environment to a radius of 275 px to allow room for the free
 362 recall task.

363

364



365

366 *Figure 6.* Example free recall trial from Experiment 3. (A) Subjects saw 10 black circles
 367 that would mark the locations of objects and (B) placed the circles wherever they recalled
 368 the location of an object. (C) Once subjects placed all ten circles, they saw all 10 objects
 369 in a random order and (D) matched the objects to the locations. Subjects had unlimited
 370 time to do the location recall and object matching phases and could rearrange the
 371 locations and object-to-location assignments as much as they wanted.

372

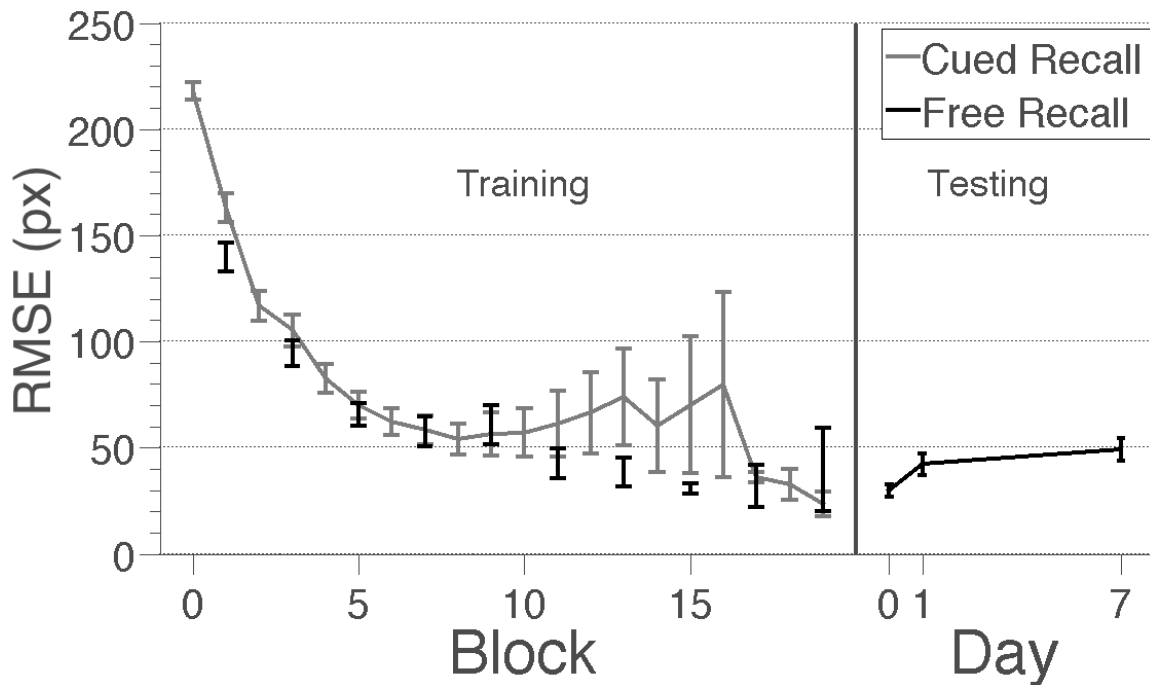
373

374 **Procedure.** In session 1, subjects recalled the location of a cued object and received
375 feedback, as in Experiment 1. We interleaved these training blocks with a free recall
376 phase (Figure 6). Free recall occurred after the first block and every two blocks
377 afterwards. During the free recall phase, subjects saw 10 black circles at the bottom of the
378 screen, and were instructed to place those (by clicking and dragging) at the locations of
379 the ten objects. They could rearrange the placed circles as much as they desired. Once
380 subjects indicated that they were done placing the circles, they saw all 10 objects on the
381 bottom of the screen, and matched the objects to their locations by clicking on an object
382 and then a location. They had unlimited time to perform the location recall and object
383 matching subtasks, and they received no feedback at the end of free recall and matching.
384 During testing, subjects reported the locations of the objects using the free recall task
385 instead of the cued recall task.

386

387 **Results**

388



389

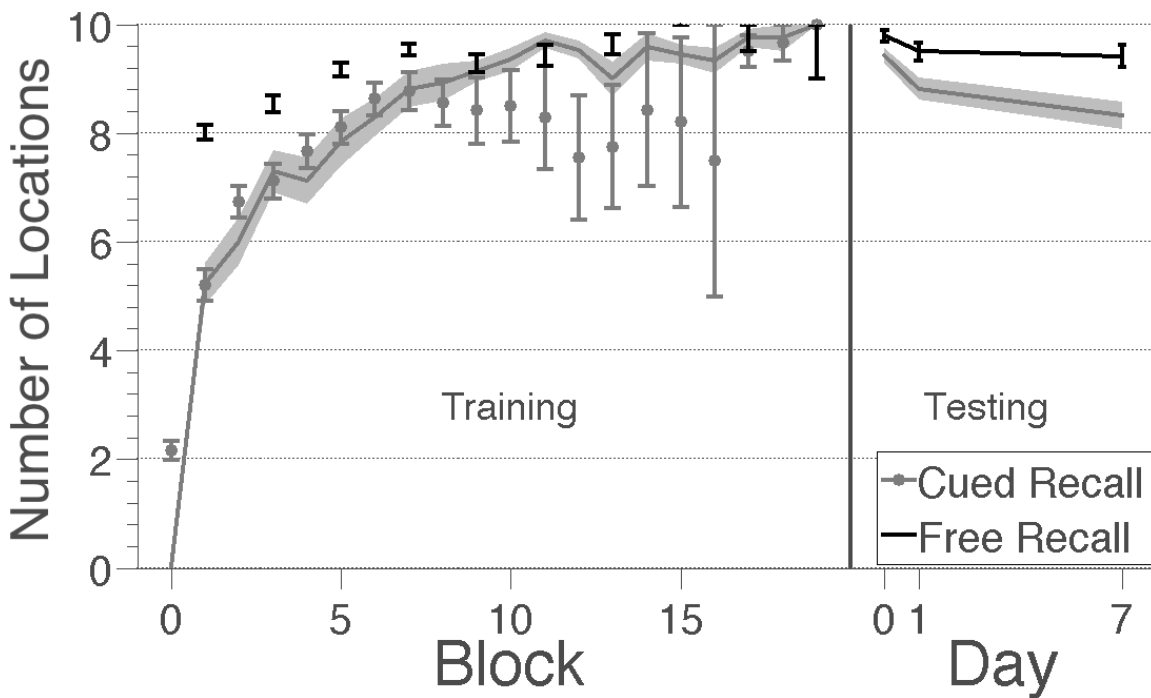
390 *Figure 7.* Learning and forgetting in Experiment 3 measured in root mean square error
 391 (RMSE) for the cued recall task during training and the free recall task during training
 392 and testing. The grey line indicates cued recall performance and the black points and line
 393 indicate free recall performance. Training results reflect all 74 subjects that finished
 394 session 1 and testing results reflect the 25 subjects that finished all three sessions. Cued
 395 and free recall performance during training were very similar. Error bars indicate ± 1
 396 SEM across subjects.

397

398 **Did subjects learn and forget the locations of objects?** As in Experiments 1 and 2,
 399 subjects learned the locations of objects during training and forgot them during testing
 400 (Figure 7). During training, the cued and free recall performance of each subject in each
 401 block was strongly correlated ($r = .72, p < .001$), indicating that both tasks adequately
 402 evaluate memory. We used a mixed effects model to test whether subjects performed
 403 better in the free recall vs. cued recall task, treating task type, block and their interaction

404 as fixed effects and subjects as random effects. Subjects performed better in the free
 405 recall task ($t(600)=3.84, p<.001$), perhaps because this task discourages random guessing
 406 and encourages misassociations or allows subjects to choose the order in which they
 407 recall the objects (e.g., strongest items first). Additionally, this improvement significantly
 408 interacted with block number ($t(600)=2.98, p=.002$), reflecting subjects learning
 409 associations for the cued recall task over time.

410



411

412 *Figure 8.* Estimated number of unique object locations recalled as either correctly
 413 associated responses or misassociations during training and testing. Grey points are the
 414 number of locations recalled in blocks of the cued recall task matched to the free recall
 415 blocks. Black points indicate the number of locations reported in the free recall task. For
 416 comparison, the shaded grey areas show the number of locations recalled in single blocks
 417 from Experiments 1 (Training) and 2 (Testing). Subjects correctly recalled more locations

418 in the free recall task than in cued recall tasks. Error bars indicate ± 1 SEM across
419 subjects.

420

421

422 **How did subjects learn and forget locations separate from associations?** We used our
423 error model to obtain MLE estimates of the number of unique locations recalled (i.e.,
424 locations that were classified as either correctly associated or as misassociations) during
425 the cued recall and the free recall task (Figure 8). For comparison, we also determined the
426 locations recalled during cued recall in Experiments 1 and 2. The training results reflect
427 all 74 subjects who completed session 1 and the testing results reflect the 25 subjects who
428 completed all three sessions. To compare the number of locations recalled across tasks,
429 we again used mixed effect models, treating task type, block and their interaction as fixed
430 effects and subjects as random effects. The number of locations recalled during cued
431 recall was similar to Experiment 1, suggesting that including the free recall task did not
432 change how subjects learned the locations of objects.

433 During training, subjects recalled more locations when using free recall than when
434 using cued recall ($t(600)=9.67, p<.001$). For instance, after the first block, subjects
435 recalled on average 8.0 ($SEM=.13$) of the 10 locations during free recall compared to 5.2
436 ($SEM=.28$) during cued recall. There was also a significant interaction between task type
437 and block number ($t(600)=7.52, p<.001$), reflecting subjects learning the associations
438 between objects and locations and consequently recalling locations increasingly
439 accurately during cued recall.

440 By comparing the number of locations recalled during free recall in Experiment 3
441 to cued recall performance in Experiment 2, we could directly assess the contribution of

442 lost associations to apparent forgetting. In the immediate post-training test (testing day-
443 0), we found that the number of locations recalled during free recall trended towards
444 being greater than the number of locations recalled during cued recall; nevertheless they
445 did not significantly differ ($t(60)=1.89, p=.06$). However, there was a significant
446 interaction between task type and block number ($t(179)=2.06, p=.041$), indicating that
447 subjects performing free recall increasingly recalled more locations than subjects
448 performing the cued recall task. Altogether, over delays up to a week subjects appear to
449 remember the locations they learned, but forget the objects to which those locations
450 correspond. During recall, this loss of associations can result in subjects either making
451 misassociations or randomly guessing.

452

453 **Experiment 4**

454 In the previous experiments, we found that forming and maintaining associations were
455 the main factors limiting long-term visuospatial memory for locations. Is this also true for
456 verbal memory? On one hand, both visual and verbal memory exhibit classic memory
457 phenomena like a benefit to retention from spaced practice (visual: Paivio, 1974; verbal:
458 Ebbinghaus, 1913) as well as advantages from primacy and recency (visual:
459 Hollingworth, 2004; verbal: Ebbinghaus, 1913). So we might expect that forgetting
460 operates similarly for both types of memory. On the other hand, visual and verbal
461 working memory seem to rely on mechanisms dissociable with interference tasks
462 (Baddeley & Hitch, 1978) and there are discrepancies in the magnitude of recency effects
463 for auditory and visual information (Murdock & Walker, 1969; Madigan, 1971), so
464 perhaps forgetting would also operate differently. In Experiment 4 we assess the

465 contributions of imprecision, misassociation, and wholesale forgetting to long-term
466 memory errors during learning and forgetting for verbally presented qualities.
467 Specifically, we aimed to assess whether verbal memory follows a similar pattern of
468 deterioration as visuospatial memory by training subjects on numerical values: the “great
469 circle” distance between pairs of cities. Furthermore, we extended the delay period to
470 examine forgetting over even longer periods of time.

471

472 **Methods**

473 **Subjects.** 24 subjects recruited through our online subject pool participated in this 4-
474 session experiment for payment with an additional monetary reward for good
475 performance.

476

477 **Design.** Subjects participated in one training session followed by three testing sessions.
478 In the first session, subjects were trained on 24 facts. Like in Experiment 2, within each
479 block the order of the facts was randomized and facts dropped out when they were
480 recalled accurately. At the end of the first session, subjects recalled all 24 facts (testing
481 week-0). Subsequent testing sessions occurred 1 week (testing week-1), 2 weeks (testing
482 week-2) and 4 weeks (testing week-4) following the training session. To control for
483 testing effects, of the 24 facts, 6 were presented on all three testing sessions, while the
484 other 18 appeared in only one testing session (6 in each of the three testing sessions).
485 Thus, in each testing session participants were probed on 12 facts: 6 that were tested in
486 every session, and 6 unique to that session.

487

488 **Stimuli.** Subjects learned 24 distances[‡] between pairs of cities. The distances were the
489 great circle distances (the shortest distance between two points on a sphere). For example,
490 subjects would learn that the distance between Amsterdam, Netherlands and Athens,
491 Greece is 1343 miles. Henceforth, we report the \log_{10} distances[§]. The mean log distance
492 was 3.6, with a standard deviation of .35.

493

494 **Procedure.** In session 1, subjects trained on 24 city-distance pairs over multiple blocks.
495 On every trial, subjects saw two city names and reported the great circle distance between
496 those cities; subjects then received feedback with the correct distance. Thus, in the first
497 block, every response was a guess informed only by subjects' prior geography knowledge,
498 but in subsequent blocks, subjects would have learned from the feedback. As in
499 Experiment 2, subjects were trained to criterion with dropout; specifically, after subjects
500 reported the distance for a particular city-pair correctly (within 1%) once, that item was
501 excluded from subsequent training blocks.

502 In each test session, subjects recalled 12 of the distances (see Design) but did not
503 receive feedback.

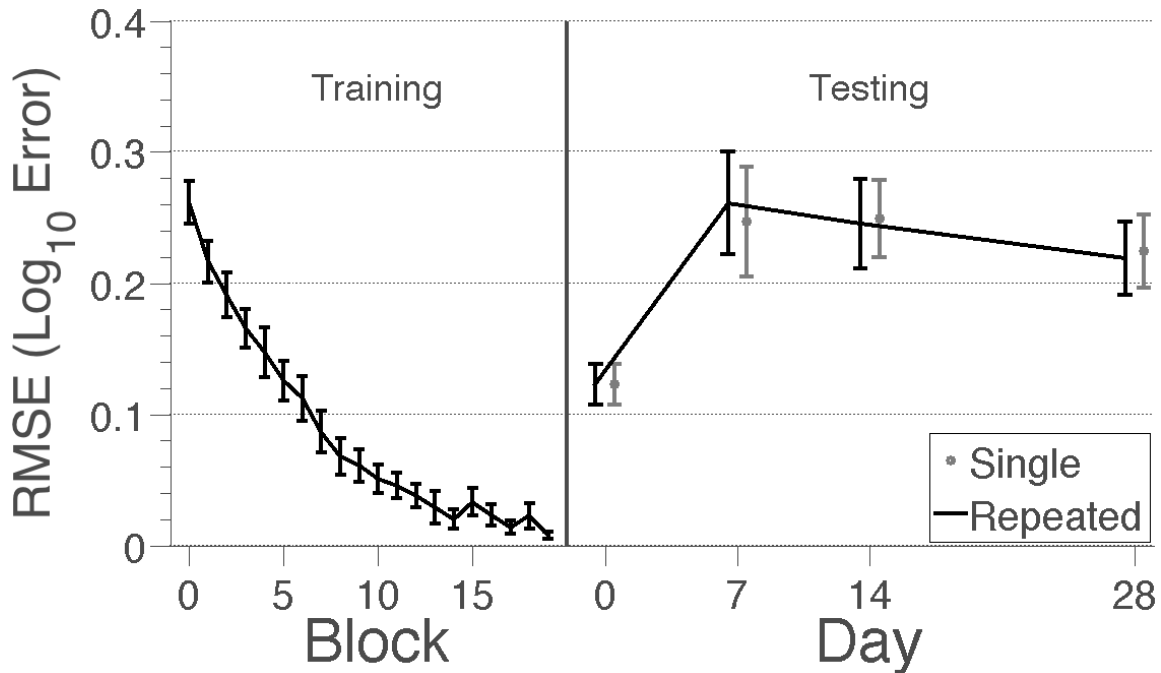
504

505 **Results**

506

[‡] Subjects chose whether the distances were in miles or kilometers. Here all distances are presented in miles.

[§] Analysis in log space respects the Weber-law like noise pattern common to magnitude, number and length estimation.



507

508 *Figure 9.* Learning and forgetting curves for Experiment 4. Error was measured in \log_{10}
 509 root mean square error (RMSE). The first 20 blocks of training is left (in Blocks) and
 510 testing is right (in Days). Because subjects completed training in different numbers of
 511 blocks, we imputed their results for subsequent blocks in the learning curve to avoid
 512 misrepresenting errors in later blocks (our analyses do not rely on these imputed values).
 513 For testing, the continuous black lines indicate facts that were tested every session and
 514 the grey points indicate facts that were only tested in that session. Subjects learned the
 515 locations during training and appeared to return to baseline after one week. Error bars
 516 indicate ± 1 SEM across subjects.

517

518

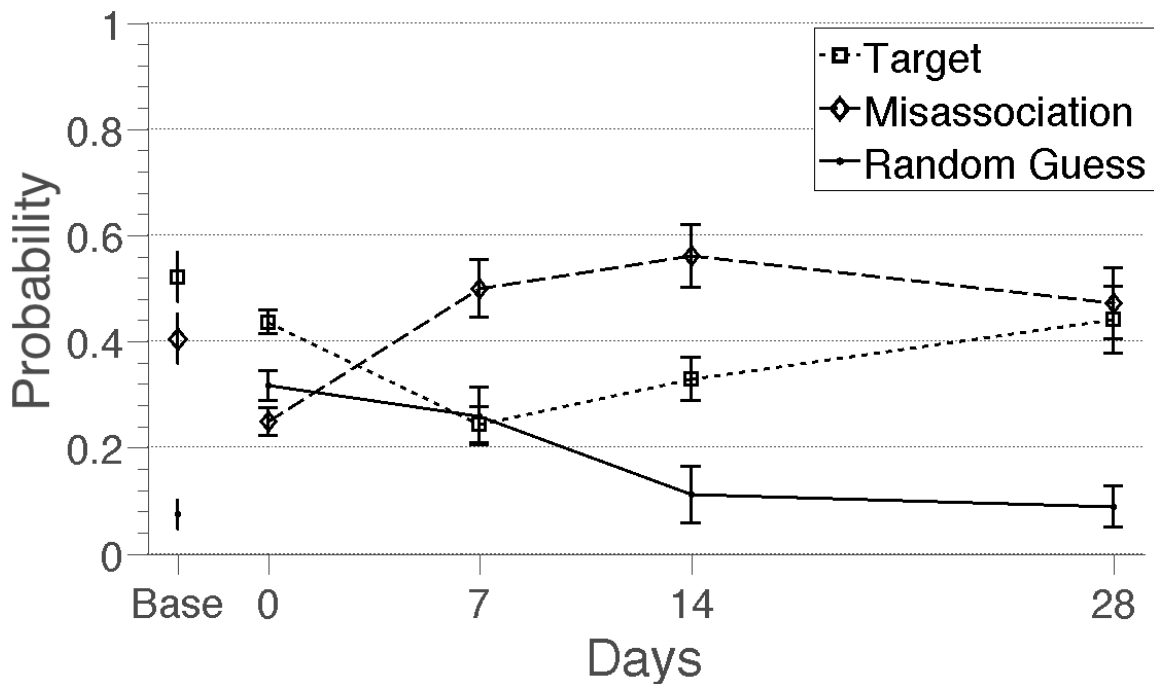
519 **Did subjects learn and forget the facts?** Subjects' raw performance (as measured by the
 520 RMSE of their log-transformed responses) improved throughout training and deteriorated
 521 during the testing sessions (Figure 9). Training took on average 17.21 blocks ($SEM=.24$).

522 Subjects forgot the facts quickly such that RMSEs in testing weeks 1, 2 and 4 were
 523 indistinguishable from the first training block (*mixed effect model treating block as a*
 524 *fixed effect and subject as a random effect, main effect of block: $t(94)=1.58, p=.11$)** .*

525 There were also no discernible differences in RMSE for facts recalled during repeated
 526 testing sessions vs. only during individual testing sessions (*mixed effect model treating*
 527 *task, block and their interaction as fixed effects and subject as a random effect, main*
 528 *effect of task: $t(140)=.037, p=.97$; interaction between task and block: $t(140)=.64,$*
 529 *$p=.52$*): thus we pool them in subsequent analyses.

530

531

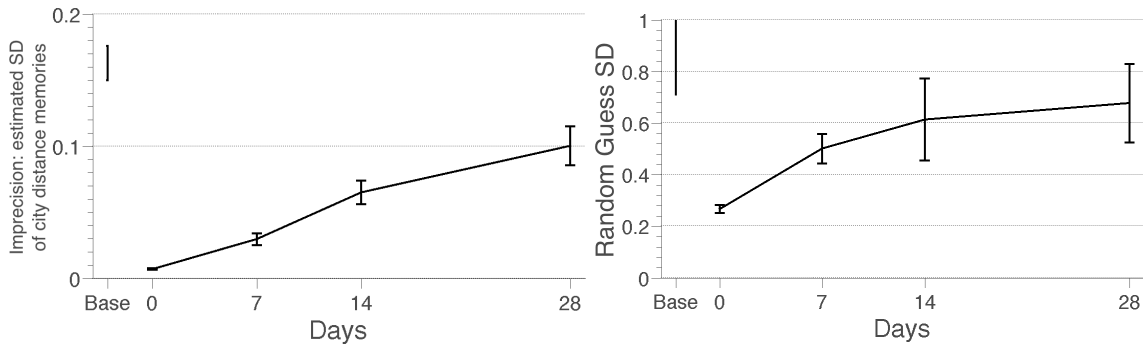
532 **A**

533

534

B**C**

** This rapid forgetting compared to the previous experiments may reflect any of a number of differences between the experiments: e.g., the larger number of items, the lower training criterion, or differences in associating city pairs with continuous numbers.



535

536 *Figure 10.* Estimated noise, misassociation and random guessing for Experiment 4. (A)

537 Estimated probability of selecting the target (dotted lines and squares), making a

538 misassociation (dashed lines and diamonds) and randomly guessing (solid lines and dots).

539 (B) The standard deviation (SD) of recalled facts. (C) The standard deviation of random

540 guesses around the mean distance. In these graphs, the first block of training acts as

541 baseline performance (Base). The continuous lines indicate performance during the four

542 testing blocks. During forgetting, subjects remembered many distances precisely but

543 associated them to the wrong city pairs. Error bars indicate posterior SD.

544

545

546 **How did the sources of error change during learning and forgetting?** We fit the error

547 model to subjects' responses to estimate the sources of errors in the first training block

548 and the four testing blocks (Figure 10). Objects dropping out during training prevented us

549 from analyzing the other training blocks.

550 In the first training block, a combination of imprecise prior knowledge, and

551 mutual information across items (e.g., learning the distance between Amsterdam and

552 Greece may bias estimates of the distance between Berlin and Ankara) precluded any

553 decisive analyses of error contributions. Specifically: responses were frequently

554 characterized as recalled target distances or as misassociations, despite this being the first

555 training block. These responses may have reflected subjects' imprecise prior knowledge
556 of geography since these apparently informed responses had very low precision (.16, 95%
557 $PQI = .14-.19$), or may correspond to subjects making responses based on feedback they
558 received in previous trials of the same block. In short, people started out training with
559 vague ideas about city-pair distances and their relationships.

560 In the immediate post-training test (testing week-0), subjects recalled the
561 locations precisely (.0069, 95% $PQI = .0060-.0079$), and made few misassociations (.25,
562 95% $PQI = .20-.30$), consistent with their overall low RMSE in this immediate test.
563 RMSE in testing sessions at 1-4 week delays suggests that subjects returned to their
564 baseline pre-training performance after just a one-week delay. At face value, this could
565 indicate that subjects forgot everything they learned and reverted to randomly guessing
566 based on their prior knowledge. On the other hand, the high RMSE might instead reflect
567 subjects making many misassociations, which would indicate that subjects actually
568 retained accurate memories of facts, but not associations between city pairs and distances.

569 Indeed, the high RMSEs in testing weeks 1, 2 and 4 seem to be caused by very
570 high rates of precisely reported, but incorrectly associated, distances. For instance,
571 testing week 1, distance imprecision was just .030 (95% $PQI = .023-.039$), compared
572 to .16 (95% $PQI = .14-.19$), in the first training block (95% PQI on the difference
573 between: baseline and day-7 = .11-.16) demonstrating that facts are being remembered
574 precisely. Overall RMSE is indistinguishable, however, due to a 49% (95% $PQI = 38-$
575 60%) misassociation rate. Similarly, the precision of correctly and incorrectly associated
576 distances after 2 weeks (.064, 95% $PQI = .049-.083$) and 4 weeks (.10, 95% PQI
577 = .072-.13) is better than baseline (95% PQI on the difference between: baseline and

578 *day-14 = .067–.13; baseline and day-28 = .024–.10*), but this latent knowledge is not
579 evident in RMSE due to high misassociation rates (*day-14: 56%, 95% PQI = 44 to 67%;*
580 *day-28: 47%, 95% PQI = 34–60%*). Thus, it seems that verbal numerical memory for
581 city-pair distances—like memory for object locations—is primarily hampered by
582 misassociations, so much so that they obscure relatively precise, and stable, latent
583 knowledge of learned distances when considering overall measures of error.

584

585

General Discussion

586 Previous work has primarily evaluated the acquisition and loss of information in long-
587 term memory by using binary measures such as “recalled versus not-recalled”. These
588 studies have documented long-term memory’s large capacity and temporal stability. Here,
589 we examined the mechanisms of forgetting in a finer grained manner, asking how noise,
590 misassociations and complete loss of memory traces contributed to declines in memory
591 performance over time. Consistent with previous characterizations of long-term memory,
592 we found that verbal and visual long-term memory representations were extremely robust
593 over long delays and that visual long-term memories formed very quickly. The chief
594 limitation on long-term memory—apparent in both acquisition and forgetting—was a
595 difficulty forming the correct associations and maintaining those associations over time.
596 Accordingly, our comparison of performance in cued and free recall tasks suggests that
597 the free recall task helped disentangle memories of locations and associations, allowing
598 us to more accurately assess the contents of visual memory.

599

600 **Learning and forgetting in long-term memory**

601 We show that although long-term memory is impressive in its ability to retain precise
602 facts, it is strikingly limited in its ability to form and recall associations between
603 memories. These results are consistent with earlier investigations of verbal long-term
604 memory demonstrating that the recency effect deteriorates much more rapidly for paired
605 associates (Murdock, 1967) than for individual items (Murdock & Kahana, 1993). This
606 may reflect associative information being fragile or memories interfering with each other
607 (Briggs, 1954; Barnes & Underwood, 1959; Underwood, 1957).

608 We find that misassociations drive forgetting in long-term memory and, to a
609 lesser extent, these memories become less precise over time. In contrast, Brady et al.
610 (2013) found that long-term memories exist in a constant, low-fidelity state and
611 spontaneously give way to random guesses. Although seemingly in conflict, these two
612 sets of results may actually be quite consistent. Our subjects were trained to criterion,
613 while the subjects trained by Brady et al. saw stimuli only briefly. Consequently, long-
614 term memories in Brady et al. may have never gained enough precision to yield
615 detectable losses. Moreover, because Brady et al. could not estimate misassociations,
616 such responses would have appeared as random guesses in their data. Thus, both sets of
617 results are consistent with misassociations being the primary cause of forgetting.

618

619 **Comparison to visual working memory**

620 Our finding that during learning and forgetting subjects often knew locations but did not
621 associate them is somewhat similar to previous findings that visual working memory
622 represents (Vul & Rich, 2010) and forgets (Fougnie & Alvarez, 2011) the features of
623 objects independently, and that the appropriate binding (association) of these features is

624 fragile over time (Gorgoraptis, et al. 2011). The difficulty of binding features together in
625 visual working memory and the associative limits of visual long-term memory may
626 reflect a common limitation on our ability to correctly associate features together.

627 When we removed the need to associate locations with objects in the free recall
628 task, we found subjects recalled many more locations than during parallel cued recall
629 tasks. Similarly, using different stimuli and memory probes in working memory
630 experiments can affect the difficulty of recalling associative information. Stimuli with
631 dependent integral features (Fougnie & Alvarez, 2011; Bae & Flombaum, 2013) or that
632 do not suffer from proactive interference (Endress & Potter, 2014) result in larger
633 estimates of visual short-term memory capacity. Likewise, probing memory using a two-
634 alternative forced-choice task instead of a same-different task can make it more difficult
635 to keep track of associations (Makovski, et al., 2010). Varying the distinguishability of
636 stimuli and the method of recall may help determine when visual working memory is
637 limited by observers' ability to recall features vs. the associations between them.

638

639 **Limitations**

640 We treated the free recall and cued recall tasks in Experiment 3 as comparable tasks,
641 differing only in how subjects recalled locations. However, the tasks may have
642 encouraged subjects to encode the objects differently. Simultaneous report (as in the free
643 recall task) compared to sequential report (as in the cued recall task) may have
644 encouraged subjects' to encode objects based on their "ensemble statistics" (Chong &
645 Treisman, 2005; Brady & Alvarez, 2011). Using such statistics may have even helped
646 subjects remember the objects more accurately (Orhan, et al., 2014). Although free recall

647 helped us assess subjects' memories of unassociated and/or incorrectly associated
648 locations, whether the free recall task introduced differences in performance requires
649 further investigation.

650 Additionally, recall performance may have been hindered by the lack of natural
651 structure in our task. Memory relies on prior expectations (Bartlett, 1932) and using real-
652 world priors can impair recall when those priors are inconsistent with structure in the
653 experiment (Orhan & Jacobs, 2014). In Experiments 1-3, for example, subjects could
654 have expected the hat and boot to be close together (because both are articles of clothing),
655 conflicting with the actual randomness of locations in the experiment. In contrast, using
656 stimuli that are structured consistently with subjects' prior expectations improves the
657 fidelity of memories (Orhan, et al., 2014). If the structure of the stimuli in our task was
658 consistent with subjects' prior expectations, subjects may have exhibited different
659 patterns of learning and forgetting.

660

661 **Implications**

662 Instead of passively observing stimuli during training, in our study subjects reported
663 locations/distances and received feedback. Many studies have shown that different
664 training manipulations such as spacing presentations (see Cepeda, et al., 2008, for a
665 review), review through testing rather than restudy (Bjork & Bjork, 1992; Roediger &
666 Karpicke, 2006) and allowing self-directed learning (Markant & Gureckis, 2014) can aid
667 the formation and long-term survival of memories. Asking how these different training
668 techniques affect the sources of people's error may help reveal the mechanisms that these
669 techniques rely upon and the associative limitations of long-term memory.

670

671

Conclusions

672 We described a number of experiments designed to assess the contributions of
673 imprecision, misassociation, and the absence of relevant memory traces in memory to
674 limited performance in learning and forgetting. When remembering visual and verbal
675 stimuli, people quickly formed fairly accurate memories for scalar quantities (locations
676 and distance), with this precision decaying only minimally over time. In both cases,
677 however, associations between those memories were learned slowly and were readily lost
678 over time.

679

680

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- 777

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778

779

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784

785

Appendix

Appendix A: Model overview

We used a finite mixture model similar to that used in Bayes, et al. (2011) to estimate the precision of memories and the probability of responses reflecting misassociations and random guessing. Formally, we are interested in estimating three parameters: the probability of selecting the target object (p_T), the probability of making a misassociation (p_M), and the imprecision of correct responses and misassociations around remembered features (σ). The probabilities of selecting the target object and making a misassociation determined the probability of random guesses ($p_R = 1 - p_T - p_M$). Thus, the basic mixture-model likelihood of reporting a particular feature, y , for a particular item t out of n items total is:

$$P(y|t) = p_T N(y|x_t, \sigma) + p_M \left(\frac{1}{n-1} \right) \sum_{i \neq t} N(y|x_i, \sigma) + (1 - p_T - p_M) R(y)$$

where x_i is the feature value for item i and $\sum_{i \neq t}^a$ denotes a sum over all the non-target items (candidate misassociations). Thus, the probability of making a misassociation is evenly split among all the items that are candidate misassociations. $N(y|m, s)$ denotes the density at a of a normal distribution with mean m and standard deviation s and $R(y)$ indicates the likelihood of randomly guessing y .

We modified the likelihood of random guessing ($R(y)$) in two ways to reflect the specific structure of our tasks. First, for Experiments 1-3 we modeled the distribution of random guesses as a two-dimensional Gaussian distribution around the mean feature

809 value (the center of the environment) truncated by the borders of the environment. In
810 Experiment 4, we used a one-dimensional Gaussian distribution centered on the mean
811 feature value (the average \log_{10} distance between cities) but because log distances are
812 unbounded we did not truncate the distribution. In contrast, many prior studies using
813 mixture models use a uniform distribution for random guesses (e.g., Zhang & Luck,
814 2008). In those cases, the feature values are often circular (e.g., hue angle) and thus have
815 no natural “center”. However, in both of our tasks, there is a natural center (either the
816 center of the display, or the average distance) to which random guesses may be drawn to
817 minimize expected errors. The truncated two-dimensional Gaussian and unbounded one-
818 dimensional Gaussian likelihood functions offer a convenient way to parameterize
819 between these random guessing strategies. With large standard deviations, these
820 distributions will behave like a uniform distribution and with a small standard deviation
821 will resemble responses around the central value.

822 In Experiments 1-3, we set the standard deviation of random guesses (σ_R) to the
823 empirical standard deviation of all responses (we discuss this decision in later in
824 Appendix D, Dispersion of random guesses). In Experiment 4, we estimated the standard
825 deviation of random guesses (σ_R), just as we estimated the standard deviation of recalled
826 locations (σ). We fit these parameters differently across experiments because the range of
827 possible locations in Experiments 1-3 was constrained by the border of the environment
828 but in Experiment 4 subjects’ estimates of the range of possible distances changed over
829 time.

830 Second, in Experiments 1-3, in addition to subjects selecting random values
831 around the mean, we accounted for two other types of random guessing. When first

832 learning the locations of the objects, subjects often either clicked the same location
 833 repeatedly or clicked the location of the preceding object. The first clearly does not
 834 reflect an attempt to recall the cued object's location. The second could indicate an
 835 attempt to correctly recall the cued object's location. However, given that the order of
 836 presentation was block randomized and that it is unlikely subjects forgot the correct
 837 object-location association over the course of a single trial, in these trials subjects most
 838 likely reported the wrong location intentionally. Our decision to account for these
 839 additional types of random guessing was supported by alternate forms of random
 840 guessing having a shorter response time than randomly guessing around the center of the
 841 environment (*mixed effect model treating error type as a fixed effect and subject as a*
 842 *random effect, main effect of error type: $t(1667)=3.4, p<.001$). Consequently, we account*
 843 for both types of responses and classify them as random guessing.

844 We extend our random guessing process to account for responses based on the
 845 previous response or feedback by treating them as responses centered on the previous
 846 response or previous object, respectively, with small standard deviations (σ_0). This
 847 introduces one additional parameter that describes the probability of random guesses
 848 broadly distributed around the center (p_{R1}) and the probability of structured random
 849 guesses ($1-p_{R1}$). ($1-p_{R1}$) is evenly split between the two types of structured random
 850 guessing. Thus the probability that responses are broadly distributed random clicks
 851 around the environment will be $(1-p_T-p_M)p_{R1}$; the guesses that are repeated clicks of the
 852 previous response, or repetitions of the previously presented location, will both be
 853 $\frac{(1-p_T-p_M)(1-p_{R1})}{2}$. In the main paper, we report the probability of random guesses as $(1-$
 854 $p_T-p_M)=p_R$.

855 We vary the random guessing parameters based on the constraints of the different
 856 tasks in our experiments. In Experiment 1 and cued recall in Experiment 3, when
 857 structured forms of random guessing were most likely to occur, we estimate p_{R2} . In
 858 Experiment 2 (where subjects know the locations), free recall in Experiment 3 (where
 859 subjects cannot use a structured form random guessing) we set p_{R2} to zero.

860 For Experiments 1-3, we modified random guessing to use a truncated two-
 861 dimensional Gaussian distribution and to account for additional forms of random
 862 guessing results in the likelihood of random guessing, $R(y)$ becoming:

$$864 R(y) = (1 - p_T - p_M) p_{R1} \Phi(y | \mu_R, \sigma_R, r) + \frac{(1 - p_T - p_M)(1 - p_{R1})}{2} N(y | x_{resp}, \sigma_o) + \frac{(1 - p_T - p_M)(1 - p_{R1})}{2} N(y | x_{obj}, \sigma_o)$$

865
 866 where $\Phi(a | m, s, b)$ indicates the density at a of a truncated normal distribution with
 867 mean m , standard deviation s and bound b . μ_R , σ_R and r indicate the center of the
 868 environment, the empirical standard deviation of responses and the radius of the
 869 environment, respectively. x_{resp} indicates the previous response, x_{obj} indicates the
 870 previously presented stimuli (in the first trial, the previous response/stimuli was
 871 substituted with the mean value) and σ_o is the standard deviation of responses around
 872 repeated responses/locations which we set to be very small ($\sigma_o = 5 px$).

873 Consequently, the full likelihood of reporting a particular feature, y , is:

874

$$875 P(y | I) = p_T N(y | x_i, \sigma) + p_M \left(\frac{1}{n-1} \right) \sum_{i \neq t} N(y | x_i, \sigma) + (1 - p_T - p_M) p_{R1} \Phi(y | \mu_R, \sigma_R, r) +$$

$$\frac{(1 - p_T - p_M)(1 - p_{R1})}{2} N(y | x_{resp}, \sigma_o) + \frac{(1 - p_T - p_M)(1 - p_{R1})}{2} N(y | x_{obj}, \sigma_o)$$

876

877 For Experiment 4, the random guessing likelihood is just a normal distribution;

878 thus the complete likelihood function is:

879
$$P(y|t) = p_T N(y|x_t, \sigma) + p_M \left(\frac{1}{n-1} \right) \sum_{i \neq t} N(y|x_i, \sigma) + p_R N(y|\mu_R, \sigma_R)$$

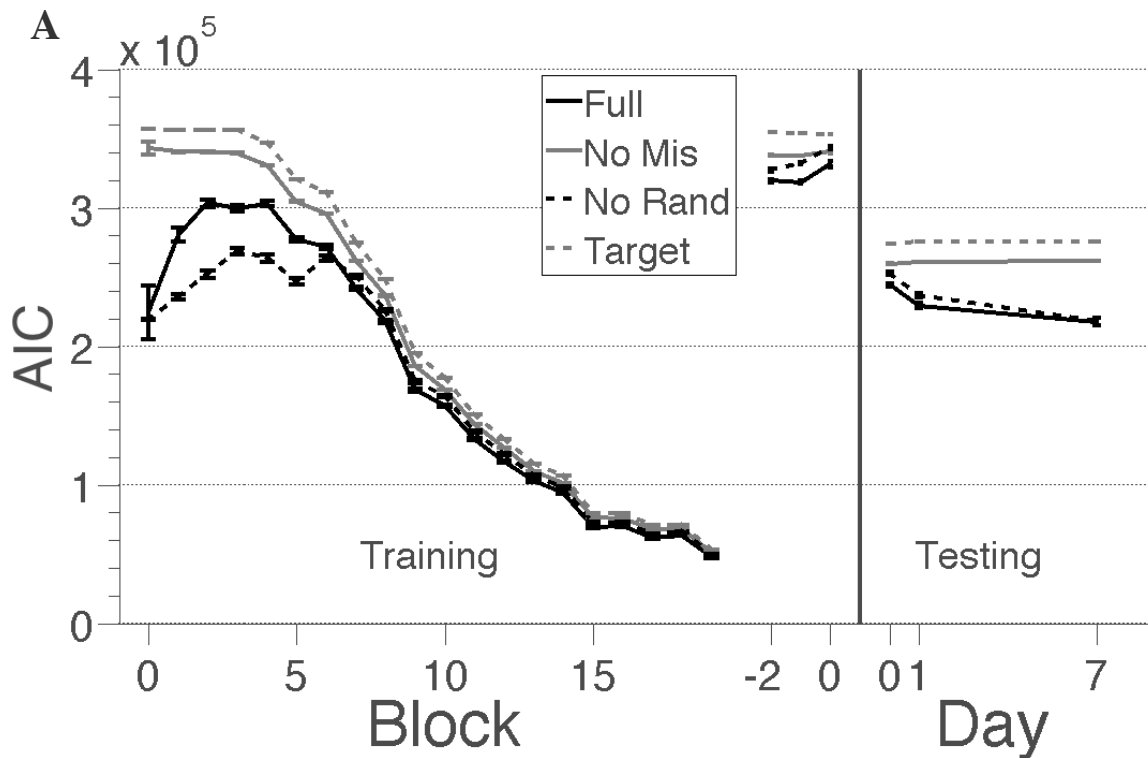
880 where μ_R and σ_R indicate the mean distance between cities and the estimated standard

881 deviation of random guesses (in log units), respectively.

882 For each block we fit the model across subjects using a Gibbs sampler (Geman &

883 Geman, 1984). Our analyses of the parameter fits use 700 samples from the posterior

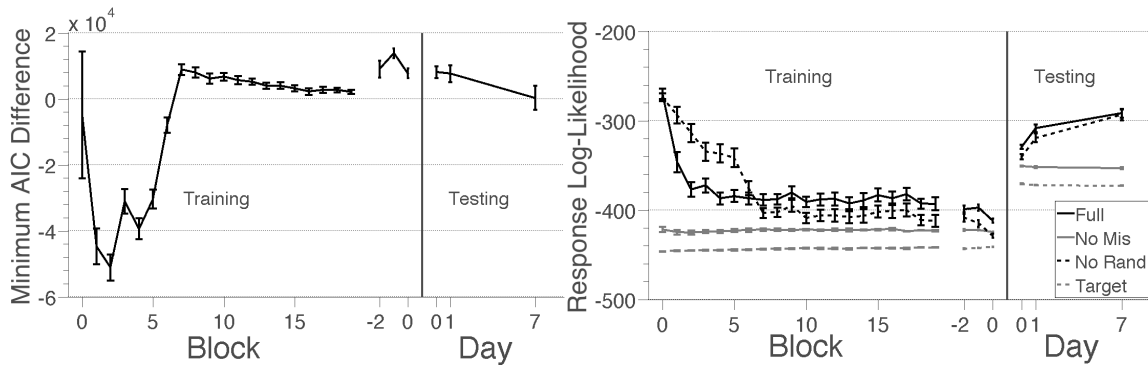
884 (without thinning).



885

886

B**C**



887

888 *Figure A1.* Model comparison of the mixture model with and without different types of
 889 errors for Experiments 1 and 2. Full is the full model (solid black line), No Mis is the
 890 model without misassociations (solid grey line), No Rand is the model without random
 891 guessing (dotted black line), and Target is the model with neither misassociations nor
 892 random guessing, making solely noisy guesses around the target object (dotted grey line).
 893 (A) Model fits as measured by Akaike Information Criterion (AIC). Smaller AIC values
 894 indicate better fits. Decreasing AICs during training reflect subjects completing the
 895 experiment and dropping out. (B) The difference in AIC between the full model and best
 896 fitting model that wasn't the full model. Differences greater than zero indicate the full
 897 model fit best (C) Model fits as measured by average log-likelihoods. Less negative log-
 898 likelihoods indicate better fits. Although the model without random guessing performs
 899 best during early training, the full model captures subjects' performance best in the rest
 900 of the study. AIC error bars indicate posterior SD, likelihood error bars indicate SEM.

901

902 **Appendix B: Model comparison**

903 In our analyses, we used a finite mixture model that captures errors due to noise,
 904 misassociations and random guessing. However, it is possible that the model falsely
 905 interpreted locations recalled very noisily as misassociations or random guesses. To
 906 examine whether subjects indeed made misassociations and random guesses, for
 907 Experiments 1 and 2 we tested how well mixture models without misassociations,
 908 without random guessing and without either type of error predicted subjects' responses.
 909 For each model, we calculated how well the model fit subjects' responses in each block
 910 or session, as measured by their Akaike information criterion (AIC) (Figure A1A).
 911 Smaller AICs reflect better model fits.

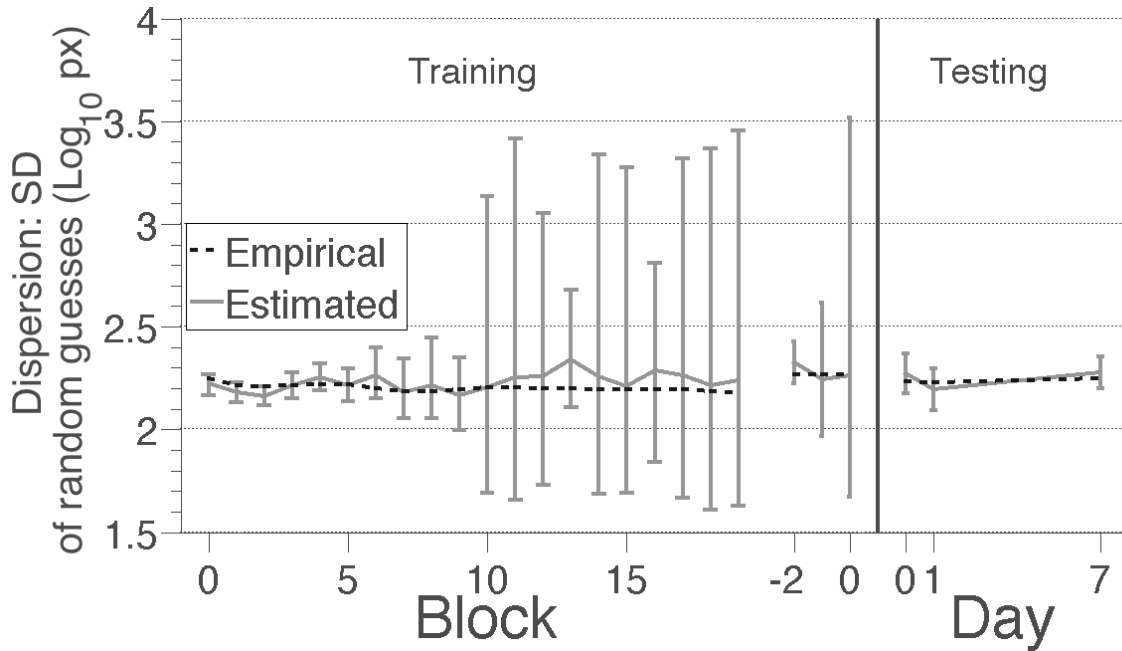
912 The full model fit subjects' responses well during training in Experiment 1 and
913 testing during Experiment 2. To test when the full model provided the best fit, for each
914 block/session we found the difference between the model with the smallest AIC (that
915 wasn't the full model) and the full model (Figure A1B). Differences greater than zero
916 indicate that the full model had a smaller AIC and was a better fit. The full model
917 provided the best fit during the last 13 blocks of training in Experiment 1 and the first
918 two sessions of testing in Experiment 2, indicating that subjects did indeed make
919 misassociations and random guesses throughout our studies. Additionally, the model
920 without random guessing but with misassociations performed much better than the full
921 model during training early on and comparably during the final block of testing. The
922 good fit of the model without random guessing demonstrates that possessing the correct
923 associations was an important part of learning and forgetting.

924

925 **Appendix C: Bayesian statistic reports**

926 Several of our analyses report the posterior distributions of the parameters. Consider this
927 example—"The time constant for the increasing rate of *correct* associations (2.3, 95% PQI
928 = 1.7–3.0)". Here, 2.3 indicates the mean time constant. 95% PQI denotes the 95%
929 Posterior Quantile Interval, such that 1.7 is the time constant at the 0.025 posterior
930 quantile and 3.0 is the time constant at the 0.975 posterior quantile; and the posterior
931 probability that the time constant falls within that interval is 95%. Because 95% of the
932 sampled time constants fell above 0, this 95% PQI demonstrates that we can be confident
933 that the time constant was positive.

934



935

936 *Figure A2.* Empirical vs. estimated dispersion of random guessing. Empirical (black,
 937 dotted line) indicates the standard deviation of all of the subjects' responses around the
 938 center of the environment in each block/session. Estimated (grey, solid lines) indicates
 939 the model estimated standard deviation of random guesses around the center of the
 940 environment. The empirical standard deviation was generally a good approximation for
 941 the standard deviation of random guesses, and was far more stable, given that some
 942 blocks contained very few random guesses. Error bars indicate 95% PQI.

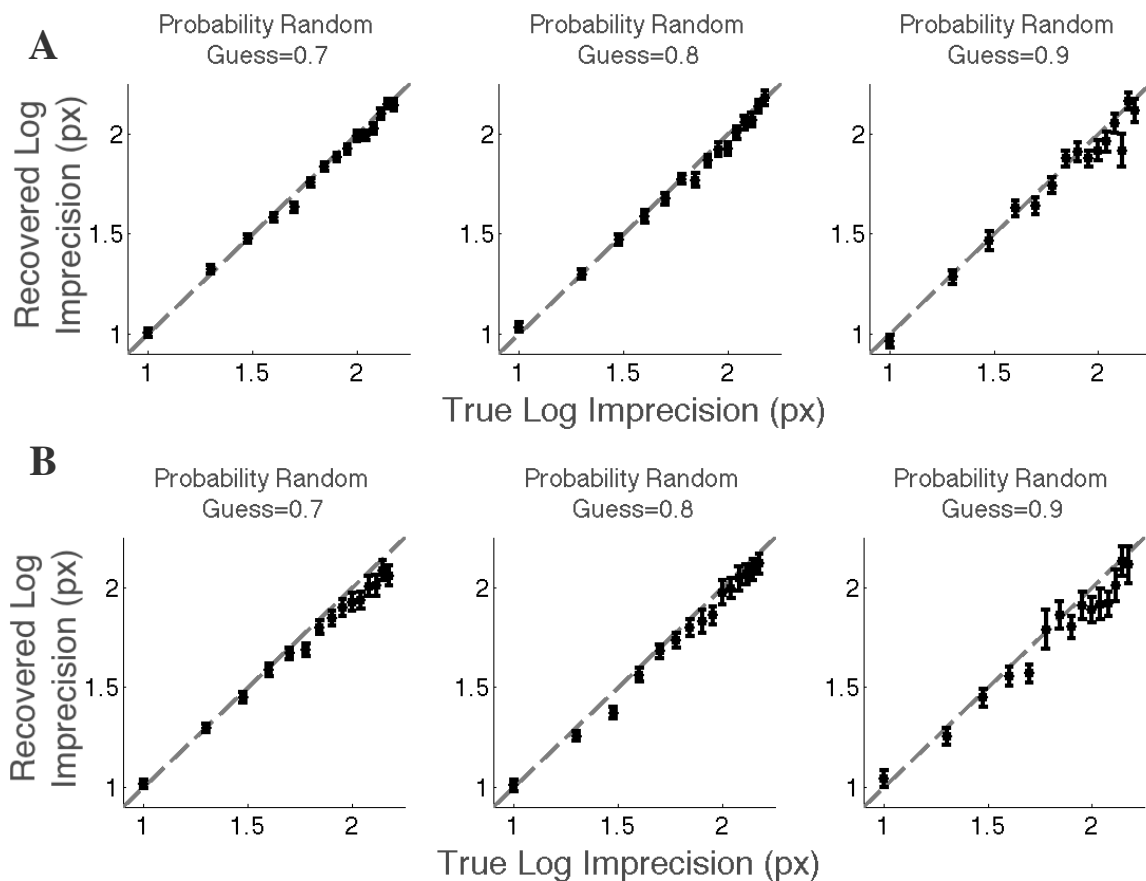
943

944 **Appendix D: Dispersion of random guesses**

945 In Experiments 1-3, we used the empirical standard deviation of subjects' responses
 946 around the center of the environment as the standard deviation of the truncated two-
 947 dimensional random guessing Gaussian distributions. However, because this calculation
 948 includes all reported locations (including those classified as correct reports and
 949 misassociations), it may have systematically overestimated the dispersion of random
 950 guesses. To examine whether the empirical standard deviation of responses was an
 951 accurate measure of the dispersion of random guesses, we modified our mixture model to
 952 estimate the standard deviation of random guesses and then compared the empirical and
 953 model estimated dispersion.

954 In every block and session, the empirical standard deviation fell within the 95%
 955 PQI of the dispersion estimated by the model (Figure A2), demonstrating that the
 956 empirical standard deviation was an accurate substitute for estimating the dispersion of
 957 random guesses explicitly. Moreover, since random guessing was relatively rare in later
 958 training blocks, explicit estimates of random guessing dispersion were highly unstable (as
 959 reflected by the very large 95% posterior intervals). In contrast, using the empirical
 960 standard deviation of responses yields a consistent, and stable estimate throughout the
 961 training session.

962



965 *Figure A3.* Imprecision parameter recovery when responses are A) a mixture of correct
 966 target selections and random guesses and B) a mixture of misassociations and random
 967 guesses. From left to right, each panel indicates mixtures with increasing proportions of
 968 random guesses. For example, in A3A, the panel “Probability Random Guess=.9”

969 indicates that the probability of selecting the correct object was .1 and the probability of
970 randomly guessing was .9. Each black point indicates the true log imprecision used to
971 generate responses (X-axis) and the log imprecision estimated by the model (Y-axis).
972 Dashed grey lines indicate equality. The model was able to consistently recover the
973 imprecision of responses, even under very high levels of random guessing.

974

975 **Appendix E: Imprecision parameter recovery with high levels of random guessing**

976 We used our model to estimate the probability of selecting the target object, making a
977 misassociation, randomly guessing, and the imprecision of recalled locations. However,
978 in early training blocks the small number of locations recalled as targets or
979 misassociations may have undermined our ability to estimate the imprecision of locations.
980 Furthermore, in such situations high levels of random guesses may have been interpreted
981 as very noisy correct responses or misassociations, inflating estimates of imprecision.

982 To examine whether the model could accurately estimate the imprecision of
983 responses, we generated artificial data by drawing samples from our model with different
984 parameter values. We focused on parameter values with high levels of random guessing
985 to best capture conditions during early training blocks. Half of our parameters sets had a
986 high probability of random guesses and a small probability of correct target selections
987 (Figure A3A). The second half had a high probability of random guesses and a small
988 probability of making misassociations (Figure A3B). We then used the model to recover
989 the parameter values used to generate the data. For simplicity, we kept p_{R2} to zero when
990 generating samples and estimating parameters.

991 The model was able to successfully recover the parameters used to generate the
992 artificial data. The true and recovered imprecision were highly correlated (*smallest r*:
993 $r = .99, p < .001$), and deviated only slightly from the identity line, reflecting a slight
994 tendency to underestimate imprecision when random guessing was common (*most*

995 *regression slopes in the range [.95–.99], most deviant slope from 1 was =0.96, 95%*
996 *CI=.95–.98). Rather than inflate noise estimates, the model slightly underestimated the*
997 *imprecision of responses (largest slope: .987, 95% CI=.981–.994); this underestimation*
998 *may reflect exceptionally noisy responses being more likely to be interpreted as random*
999 *guesses, when the base rate of random guessing is high. Together, these results suggest*
1000 *that the model was able to adequately recover the imprecision of responses even under*
1001 *high levels of random guessing.*

1002

1003 **Appendix F: Reaction times and response type**

1004 In Experiments 1 and 2, we examined how reaction times varied for selecting the target
1005 item, making a misassociation and randomly guessing. We used mixed effect models that
1006 treat error type as a fixed effect and subject as a random effect to test whether different
1007 types of errors had different response times. We found no effect of error type on reaction
1008 time in Experiment 1 ($t(4678)=1.2, p=.23$) and Experiment 2 ($t(1108)=.22, p=.84$).