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# Signet-ring squamous cell carcinoma: a report of a rare variant and review of the literature

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## Abstract

Signet-ring squamous cell carcinoma is a rare histological subtype of squamous cell carcinoma. The distinct morphologic appearance of this variant can mimic metastatic adenocarcinoma and impose a diagnostic challenge. Unlike its glandular counterpart, signet-ring cell variant of squamous cell carcinoma has a poorly characterized histopathogenesis with no known prognostic implication. We describe an additional case and review the literature.

*Keywords: squamous cell carcinoma, signet ring cell*

## Introduction

Numerous histopathologic variants of cutaneous squamous cell carcinomas (SCC) have been described. Low-grade variants include keratoacanthoma and verrucous SCC whereas more aggressive subtypes include spindle cell SCC and adenosquamous carcinoma. Some uncommon variants include clear cell SCC and lymphoepithelioma-like carcinoma of the skin [1]. Signet ring cell squamous cell carcinoma (SRSCC) is a rare variant of cutaneous SCC with few cases reported to date [2-8].

## Case Synopsis

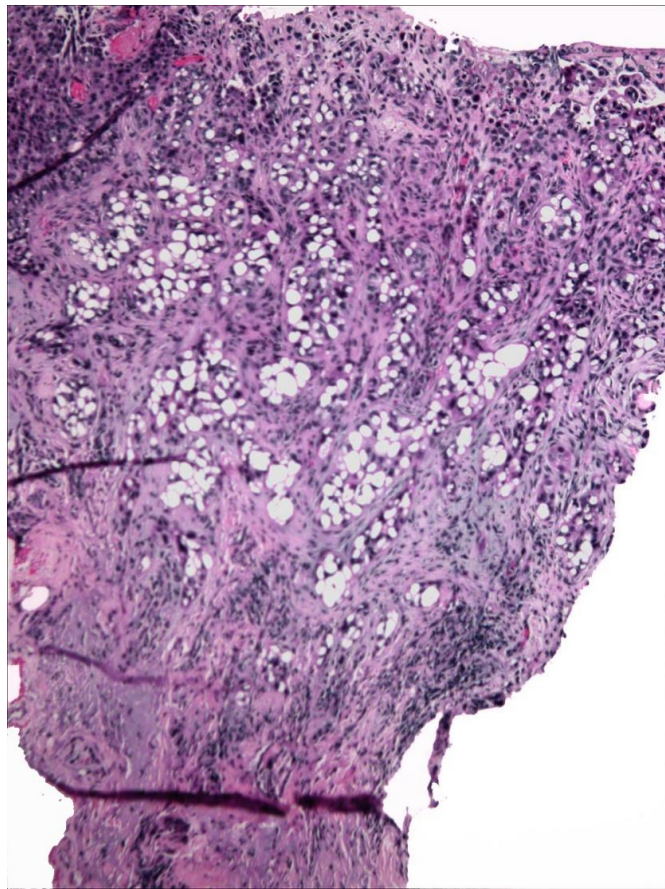
A 71-year-old immunocompetent man with a history of numerous keratinocytic carcinomas presented with a non-healing ulcerated lesion of left ear.

Examination revealed a 1.5×1.0cm pink ulcerated plaque in the left conchal bowl (**Figure 1**). Punch biopsy showed an ulcerated tumor extending from the epidermis, composed of pleomorphic hyperchromatic keratinocytes arranged in lobules and infiltrating cords (**Figure 2**). The atypical keratinocytes showed compact peripheral nuclear localization with centrally-located intracytoplasmic vacuoles consistent with signet ring morphology (**Figure 3A, B**). The signet ring cells stained positive for keratin cocktail and were negative for S-100, carcinoembryonic antigen, and calponin. Mucicarmine and Alcian blue were negative for intracytoplasmic mucin. Signet cells stained only focally with periodic acid–Schiff and periodic acid–



**Figure 1.** Clinical appearance of the left conchal bowl lesion (\*) and helix with ulcerated plaque.

Schiff–diastase stains (**Figure 3C**). Perineural invasion was not identified. Patient underwent Mohs micrographic surgery.

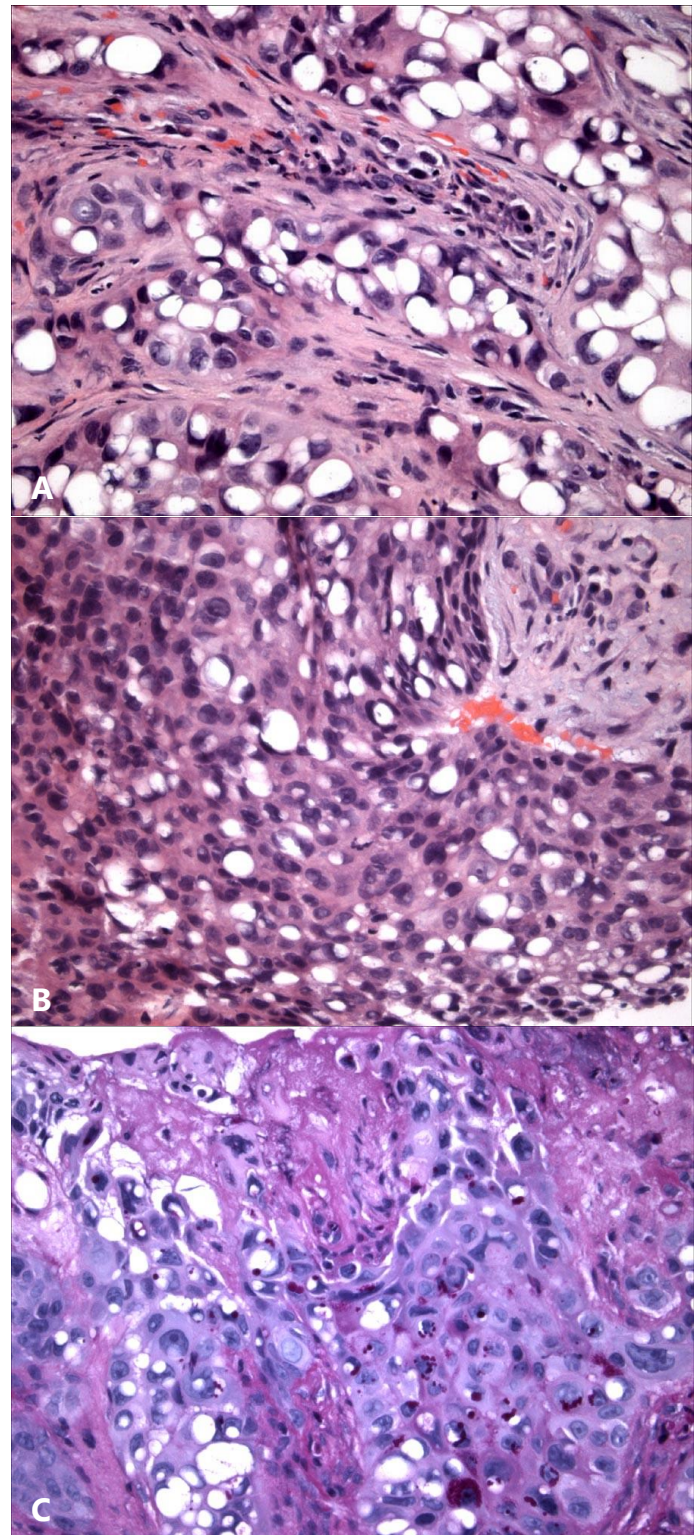


**Figure 2.** Low power view of the conchal bowl lesion showing cords of keratinocytes with cytoplasmic vacuolization extending down the dermis (H&E, 100x).

## Case Discussion

Signet ring squamous cell carcinoma is a rare histological variant originally described by Cramer and Heggeness in 1989 that exhibits a group of monodispersed cells with concentric rings originating from a field of actinic keratosis [2]. To date, a total of 14 cases have been reported with a mean age of 76 (age range: 50-84 year) affecting males and females in approximately 3:1 ratio (**Table 1**). The head and neck region has been most commonly implicated (85.7%, 12/14) and in up to 92.8% of the cases (13/14), SRSCC manifested in sun-exposed anatomical sites. The intracytoplasmic vacuoles were negative for mucin in all of the cases

(0/14), whereas PAS stain was positive in 23% of the cases (3/13). Despite the aggressive clinical behavior of SRSCC reported by Cramer and Heggeness, this



**Figure 3. A) and B)** High power view of the lesion exhibiting signet ring morphology (H&E, 400x). **C)** PAS with diastase stain showing only focal positivity of signet ring cells (PAS stain, 400x).

unusual variant appears to bear no specific prognostic significance.

Signet ring carcinomas are characterized by eccentrically-located nucleus compressed against the cell periphery by accumulation of cytoplasmic vacuole or substance such as mucin or glycogen [5]. Neoplasms with signet ring morphology were traditionally presumed to be exclusively glandular with aggressive clinical behavior [10, 11]. Non-cutaneous signet ring neoplasms have been described in thoracic [12], gastric [13], ovarian [14], and mammary proliferations [15] with variable demographics and clinical course. A number of primary cutaneous neoplasms with signet ring features have also been reported in basal cell carcinoma [16], melanoma [17], dermatofibroma [18], epithelioid angiosarcoma [19], cutaneous lymphoma [20], and primary cutaneous signet ring carcinoma of the eyelid [21]. Owing to the diversity of neoplasms exhibiting signet ring morphology, accurate identification of these tumors can be diagnostically challenging. Other histopathological cutaneous mimics of SRSCC include trichilemmal carcinoma, sebaceous carcinoma, and clear cell variants of eccrine carcinoma, melanoma, and atypical fibroxanthoma.

Biologically, cytoplasmic vacuolization in mammalian cells is a morphologic phenomenon related to a wide range of etiologies including exposure to bacterial, viral, or chemical agents [22]. Pore-forming protein toxins of bacteria have been

shown to generate vacuolization of different organelles including endosomes, lysosomes, and endoplasmic reticulum. In virally induced instances, vacuolization results from dysfunction of endoplasmic reticulum or endosomal-lysosomal organelles caused by viral capsids [23]. In some signet-ring carcinomas including adenocarcinomas, the intracytoplasmic vacuolizations are specifically caused by accumulation of substances such as mucin, glycogen, and intermediate filaments [24]. In all the SRSCC cases reported to date, only a small percentage are associated with glycogen (21.4%) and none are associated with mucin accumulation ([Table 1](#)).

## Conclusion

In summary, we report an exceedingly rare case of SRSCC in a sun-exposed skin of an elderly patient with extensive sun damage. The mucin negativity and minimal glycogen staining seen in our case supports the prospect of other cytoplasmic processes or processing artifact to be involved in formation of signet ring variant of cutaneous squamous cell carcinoma. These changes do not appear to have impact on prognosis but may cause diagnostic difficulty.

## Potential conflicts of interest

The authors declare no conflicts of interests.

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**Table 1.** Clinical and histopathologic characteristics of reported cases of signet ring squamous cell carcinoma.

Case	Age/Sex	Location	Mucin	PAS	Reference
1	69 M	Forehead	Negative	Positive	[2]
2	50 M	Neck	Negative	Focal	[3]
3	84 F	Upper lip	Negative	Negative	[4]
4	67 M	Canthus	Negative	Negative	[5]
5	79 F	Cheek	Negative	Negative	[6]
6	82 M	Temple	Negative	Negative	[6]
7	83 M	Ear	Negative	Negative	[6]
8	80 M	Forehead	Negative	Negative	[6]
9	87 M	Frontal scalp	Negative	Negative	[6]
10	76 M	Forehead	Negative	Negative	[6]
11	78 M	Cheek	Negative	Weak	[7]
12	79 F	Neck	Negative	Negative	[7]
13	78 F	Thigh	Negative	Septal only	[8]
14	78 M	Ear	NA	NA	[9]