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Title

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Modeling the social determinants of resilience in health professions students (HPS)

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Introduction

- Resilience represents one's ability to cope with and learn from adversity
- Identifying the drivers of resilience in HPS is key to addressing the deleterious effects of stress in HPS

Methods

- A Literature review process

Conclusion & Impact

- To date, resilience interventions in HPS have focused largely on downstream drivers, ignoring upstream social determinants
- This multidimensional model may guide resilience interventions to better serve students of diverse backgrounds

Theory: Early life stressors and disadvantaged status may adversely affect resilience development in health professions students.

