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"the silence that reigns...."

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the silence that reigns...

for large ensemble

by

Heather Frasch

A dissertation submitted in partial satisfaction of the

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in

Music

and the Designated Emphasis

in

New Media

in the

Graduate Division

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Committee in charge:

Professor Franck Bedrossian, Chair

Professor David Wessel

Professor Edmund Campion

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Abstract

“the silence that reigns...” for large ensemble

by

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Doctor of Philosophy in Music and Designated Emphasis in New Media

University of California, Berkeley

Professor Franck Bedrossian, Chair

A large chamber ensemble is scattered around the stage into five distinctive groups. This idiosyncratic positioning provides the foundation for novel sonic structures, placing the listener inside them at various angles and perspectives. These structures are built from different materials: metal, glass, ceramic and unusual amalgamations. They are large and luminous, deep with intricate patterns along their walls. Their architecture is too fragile and volatile to exist in a physical world; their angles and proportions too askew. These singular spaces can only be held together in a sonic realm.

Throughout the piece, the chamber ensemble shifts its focus to different aspects of complex sounds. For example, when a chopstick is scraped against the tamtam, one hears the resonant metallic vibrations, but also the quiet and gritty scraping of wood against metal. The ensemble zooms in to emphasize the resonance one moment, while articulating the scrape later on.

The large scale and slow tempo give room for the listener to wander inside the sound, to hear its intricate details. It allows unpredictable and fragile sounds to breathe, and their volatile and erratic quality lends richness and depth to the sound. Yet, throughout the piece, there is a constant extracting of energy inside the seemingly stagnant worlds; zooming in, once again, to extract micro-movements. Nothing is ever still, there is always change and motion, even in the quietest and most seemingly silent space.

“the silence that reigns....”
for large ensemble

2 Flutes
Clarinet
Horn
Trombone
Tuba
2 Violins
2 Violas
2 Cellos
3 Double Basses
3 Percussionists
Piano (Inside Piano & Objects)

Groups & Spacing:

Percussionist 1 & 2

Group 1: Flute (C Flute & Bass Flute), inside Piano, and Double Bass 1

Group 2: Flute (C Flute & Piccolo), Clarinet (Bb Contrabass & Bb), Tuba, Cello, Double Bass 2

Group 3: Horn, Violins 1 & 2, Viola. 1, Cello 2, Double Bass 3

Group 4: Viola 2, Bass Trombone, and Percussionist 3

Group 4
(placed high in back)

Group 2

Group 1

Group 3

Perc. 1

Perc. 2

General:

A sense of stillness should permeate throughout the piece.

Score in C with the exception of piccolo and double basses, which should sound an octave higher and lower than written. Harmonics are at sounding pitch.

Microtones

Quarter tones: ♯ ♭ ♮ ♯

♩ ♩ ♪ ♫ Inexact microtones: Slightly higher than a quarter tone. They are usually employed to obtain acoustical beatings in strings.

Pacing: {Between 11-15 pulses} Inexact amount of pulses. Remain in tempo to keep rhythmic unity between phrases.

☒ ☒ **Crinkle Noteheads:** Crinkle the indicated object with a high amount of sensitivity. If no other symbol is employed, it should be as still as possible, using only a very immobile amount of activity.

☒ ☒ ☒ Increase the amount of “crinkle” activity; ranging from a bit of activity ---> to very active

“mf” = Intense activity even if the sounding result is impossible to get loud

Strings

Scordatura: Cellos and Basses. Parts are Transposed.

Cello 1

Cello 2

Bass 1

Bass 2

Bass 3



Sul IV on Bass 1 and 2: need to play those given low notes by detuning when/if necessary.

s.t.: sul tasto is **always extreme sul tasto**; the timbral change should be exaggerated by not changing the bow speed to compensate; a change in the quality of the sound is desired.

s.p. = always **extremely s.p.**; a change in the quality of the sound is desired

ord. = return to normal playing position; normale= return to normal bow position after c.l. or 1/2 c.l. marking

B.B. = behind the bridge

♪ half harmonic pressure: finger pressure in between harmonic and regular. The sound should be erratic and volatile.

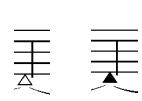


Shift slowly between harmonic pressure and half harmonic pressure. The transition should be smooth, but the quality in the sound should be unstable.

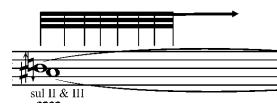


String Body clef: Top line is extreme sul tasto. Middle line in ordinary position. Bottom line is extreme sul pont. As close to the bridge as possible without being on it. Below the bottom line is on the bridge, indicated with O.B.

Bow Snaps: Indicated with crinkle notehead + body clef. Mute strings with left hand. Hold bow in position that's indicated on the clef, or on the back of the body. With heavy pressure, slowly rock the bow in a tight figure eight pattern over all four strings. How active and how aggressive will be determined by the dynamics and slashes.



White Noise Notehead: The player should employ as many techniques as possible to keep the sound “unpitched”, and as breathy and wispy as possible. The strings should be muted, possibly with several fingers, extremely light bowing, and sul tasto when no other position is indicated.



Acoustical Beatings: Obtained by one open string and shifting the pitch of the 2nd string to slightly above or below the pitch of the open string. The graphics indicate how fast the beats should be. In this example, the beats should be fast, approximately 8 per second (or as fast as possible)



Multiphonic Technique 1: Find a place on the given string, slightly above or below a harmonic node to produce a “multiphonic” tone. The sound should be volatile and dirty but rich in a variety of pitches.



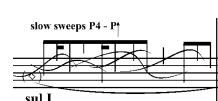
Multiphonic Technique 2: Both of these pitches are to be played on the same string. Finger pressure needs to be adjusted so that both pitches are heard equally. The performer should practice to find the balance in finger pressure by placing both fingers in the desired position, then slowly raising the pressure of one, and then the other. Both tones should be heard at equal amplitude.



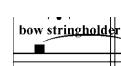
Ricochet: Mute all four strings, then rapidly cross the bow back and forth across all four strings. It should be light and energetical.



Drum body: Drum body with hands with enough force for the body of the bass to vibrate and harmonies to emerge.



Harmonic Sweeps: on the string indicated. The partials are random within the notated range. Follow indicated rhythms, unless the word “freely” is given.



Bow Stringholder: down by the bridge, but not on the tailpiece. It should make a fragile and hallow groan-like sound.

Winds

Each player needs to be equipped with a piece of cellophane, styrofoam, and parchment paper. The brass should also find a small brush that would make a nice crinkle sound against their instrument.



breath/air sounds: no pitch



dry attacks /tonguing sounds without breath:

Use the consonant underneath to change the attack when there is one written.

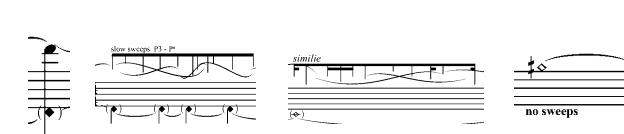


If there is an “m” the attack should have more of a munching-type sound, like quiet lip smacks.



Growl Vocal Clef: The growl sound is always used with flutter and usually only with air. The sound should be low unless a clef is written. Then there should be a vocal shift low growl to high, as indicated on the clef.

Flutes:



Whistle Tones: 1. Finger low note (ex, a D) and then play the given partial.
2. Random sweeps in a slow but imprecise rhythm between the indicated partials.
3. Partials free but rhythms precise 4. Finger the note to obtain the given whistle tone.



Jet Whistle: Over blow directly inside the flute



embouchure change positions: 1. normal, 2. into the embouchure without completely closing it 3., upwards position, 5. upside down U is completely covered and performed inside

Clarinet Multiphonic: Over blown pitches and fingerings are at the discretion of the performer. However, fundamental note and dynamics must be respected. The multiphonic can be unstable and swept through, however it must convey a sense of calm.

Brass:

Hand Pops: or mouthpiece pop, which creates a popping sound by slapping the top of the mouthpiece with the palm of the performer's hand.

Reversed Slap: inhale air rapidly to produce a pop sound

Jaw vibrato: should be controlled by slowly moving the jaw in order to obtain fluctuations in a long tone.

Singing while playing: Performer should sing as close to the notated pitch as possible in order to create erratic acoustical beatings

Percussion Instrument Lists:

All players need the following objects to crinkle: cellophane (thin and noisy), parchment paper, aluminum foil, styrofoam

***All of these objects should be chosen for having a rich crinkle timbre ***

Player 1:

tamtam
bass drum
temple block
crotolas: La#

beaters: chopstick, thin wire rod, brillo pad (metallic), scrubbrush (with hard bristles), small glass jar (about the size of a jam jar), metal object (small metal box or bowl), knife, superball, wire brush, heavy and soft mallet

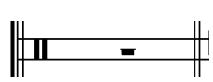


Everything written above the top staff is to be played on the tam tam. Everything written in the middle is for the Bass Drum. The lower line and area are for other objects, which will be indicated in the score.

Player 2:

large gong
timpani
wooden block
crotolas La

beaters: a thin wooden chopstick, thin wire rod, metallic brillo pad, scrubbrush with hard bristles, small glass jar (about the size of a jam jar), small metal box or bowl, knife, wire brush



The top space is for the gong. The middle area is for the timpani, and the remaining lines and spaces are for various objects which will be indicated in the score.

Player 3:

Small Gong
Crotolas Sol#
2 ceramic tiles
2 pieces of styrofoam
2 large stones
Cow Bell



The top space is for the small gong. The other spaces indicate which is needed.

Note: For all percussionists: Much of this piece requires very slow scrapes against various objects. An exploration of the rich potential and difference in the material being scraped, and how it is being scraped is required of the performer. They should always listen carefully and intensely. Most of the sounds are erratic and volatile and this quality should be emphasized.

Metal object against tam tam or gong: has the potential to create a rich distorted sound, as well as high intense partials. These partials are desired, but need not be sustained. It is written to leave room for their erratic quality. These sounds are all obtained through flautando pressure, especially when it is requested to perform near the rim of the instrument.

Superball on Gong and tamtam or drum: Strokes should always be long and slow. Breath between phrases to keep with the slow pacing of the piece, and to allow for the resonance to fill the space. This sensitivity to motion should be paid attention to in the sections written freely.

Prepared Piano & Objects:

The piano part is used as a resonant sound board throughout the entire piece. This part could be performed by another percussionist. It should be performed by someone who is comfortable playing inside the piano. The lid should remain off for the entire piece.

Objects Needed:

For Inside the piano:

- brillo pad
- 1 Heavy Coin
- 1 Ceramic Tile
- 1 Glass jar (size of jam jar)
- Superball

Objects to be played (but not inside the piano)

- Small metal lid
- Small metal pot
- knife
- 2 pieces of styrofoam
- Objects to crinkle (* see percussionist instructions above)

Techniques:

Brillo Pad on Lower Strings: Pedal should remain up, no resonance. Move pad in a small circular motion, very stagnant. It should draw out the crinkling sound of metal against metal.

Glass Jar: Depress pedal and slowly rotate the jar in a steady circular motion, either on lower string end, or middle string end, as indicated. Pressure should be as continuous as possible. High glass-like partials should emerge.

Superball on Lower Strings: always keep the pedal down. Use any of the lower strings and slowly draw the superball stick across one. The motion should be slow and continuous, with a fairly heavy pressure. A whale-like cry/ groan will emerge. Always listen to what is going on around and respond to that environment. The idea is to keep things calm and peaceful. This way of listening/reacting is most important in sections written as “freely.”

Coin Scrape on Lower Strings: a quick motion on any very low string which creates a gesture of intense but controlled rupture. Do not depress the pedal.

Ceramic Tile: slowly turn the tile on the lower strings in a circular motion. Keep the pressure very light and delicate, and motion very slow. Keep the sound as much like “white- noise” as possible. High partials are allowed to emerge.

*Note that at measure 139 it is asked for two tiles to be rubbed together. This should not be done over the strings of the piano. A white noise between the two tiles should emerge.

Styrofoam: to clarify, when styrofoam is written with an x notehead it should be crunched in the hands, but when indicated with a normal one, then two pieces should be rubbed against each other in a slow circular fashion. It is best to use two different types of styrofoam for each notehead. The latter should sound like static white noise, no crispness.

Metal lids and pots: scrape the indicated materials together. Scraps should be slow and long, never abrasive, and most importantly material should never be struck.

Score in C

*"the silence that reigns"***With a Sense of Stillness**c. 11-15 pulses $\text{♩} = 35$

Percussion 1: m.m. 35 cellophane pppp + paper only cellophane

Percussion 2: cellophane pppp paper (no sweeps)

Flute: Flute in C W.T. slow sweeps P₃ - P
pp

Group 1 Inside Piano: L.H. cellophane pppp brillo pad on lower strings

Contrabass 1: bow snaps pppp

Flute 2: Flute in C W.T. (sweep) flz.
ppp

Bb Contrabass Clarinet: Still

Tuba: Delicately cellophane pppp Still
 8^{vb} pppp

Group 2: bow snaps

Cello 1: pppp

Contrabass 2: pppp *detune up a quarter tone & leave there 3 ord. 5 Crisp & fragile

Horn in F: cellophane pppp t k m m p ch ppp

Violin 1: bow snaps pppp

Violin 2: bow snaps pppp

Group 3: bow snaps

Viola 1: pppp

Cello 2: bow snaps pppp

Contrabass 3: bow snaps pppp

Group 4: Very Still s.t. Still Crisp & fragile
brillo pad t k p ch k m m

Bass Trombone: cellophane pppp

Percussion 3: pppp

A

c. 5-7 pulses c. 6 p Motionless c. 4 p c. 5 p c. 4 p

Perc. 1
Perc. 2
Fl.
Gp. 1
In.Pno.
Cb. 1
Fl. 2
Contra B.Cln.
Tuba Gp. 2
Vlc. 1
Cb. 2
Hn.
Vln. 1
Vln. 2
Gp. 3
Vla. 1
Vlc. 2
Cb. 3
Vla. 2
Gp. 4
B. Tbn.
Perc. 3

c. 3 p

Perc. 1 *paper* *ppp*

Perc. 2 *cellophane*

Fl. delicate but with more motion *pppp*

Gp. 1 *paper* *styrofoam*

In.Pno. still delicate but with more motion

Cb. 1 *ppp*

Fl. 2 still & steady *key clicks: delicate trmolo* *ppp*

Contra. B.Cln. *still & steady* *ppp*

Tuba Gp.2 *ord.*

Vlc. 1 *s.t. still & steady*

Cb. 2 *ord.* *sul I pppp*

Hn. still delicate but with more motion

Vln. 1 remain delicate despite added motion

Vln. 2 remain delicate despite added motion

Vla. 1 remain delicate despite added motion

Vlc. 2 remain delicate despite added motion *ord.*

Cb. 3 *ppp*

Vla. 2 remain delicate despite added motion

B. Tbn. still delicate but with more motion

Perc. 3 still delicate but with more motion

B

16

Perc. 1

Calmly
wire mallet

Perc. 2

Calmly
chopstick
rim

16

Fl.

pp

Calmly

Gp. 1

In.Pno.

aluminum foil

16

Cb. 1

aluminum foil

ppp

Fl. 2

Calmly

Contra B.Cln.

ppp

Tuba

Gp. 2

+ fast irreg. jaw vib.

Vlc. 1

Cb. 2

aluminum foil

ppp

Hn.

Calmly
gently crinkle brush on bell

Vln. 1

Vln. 2

Gp. 3

bow snaps

Vla. 1

s.t.

Vlc. 2

sul II

Cb. 3

1/2 c.l.t.
across sul IV & III
Φ (make sure strings are muted; bow movement needs to be vertical)

Vla. 2

Gp. 4

"mf"

Calmly 3

Still

B. Tbn.

brillo pad

inside

Perc. 3

ppp

accel.

Perc. 1 *Still* wire mallet *ppp*

Perc. 2 *rim* *ppp* 3 3

Fl. *ppp*

Gp. 1 *paper*

In.Pno. *cellophane*

Cb. 1 *O.B.* *pp*

Fl. 2 5 3 *W.T.* 8^{va} *p*

Contra B.Cln. *p*

Tuba Gp.2 *8^{vb}* *ppp* (half valve) *ppp*

Vlc. 1

Cb. 2

Hn.

Vln. 1 *pppp* *ppp* 3

Vln. 2 *ppp* 3 3

Gp.3

Vla. 1 3 *pppp* 3

Vlc. 2 *aluminum foil* *pppp* 3 3 3

Cb. 3 *bow snaps* *pppp*

Vla. 2

Gp.4

B. Tbn. 5 3

Perc. 3 *rim* *ppp*

C c. 3-5 p. c. 4-6 p. ♩ = 46

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra-B.Cln.

Tuba

Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2

Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2

Gp. 4

B. Tbn.

Perc. 3

25

Perc. 1 **bowed crotales**

Perc. 2 *p*
ppppp

Fl. *(8va)* **W.T. sweeps** *mf*
"mf" * use indicated rhythms but random partials

Gp. 1 *5*

In.Pno. *5*

Cb. 1 *5*

Fl. 2 **W.T. sweeps** *mf* * use indicated rhythms but random partials
freely erratic speed up & slow down

Contra B.Cln.

Tuba Gp.2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2 Gp.3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2 Gp.4

B. Tbn.

Perc. 3

28 c. 7-11 p

Perc. 1

Perc. 2

(continue in same way)

Fl.

28 Gp. 1

In.Pno.

28 Cb. 1

(continue in same way)

Fl. 2

28 Contra B.Cln.

Tuba Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2 Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2 Gp. 4

B. Tbn.

Perc. 3

c. 6-10 p As still as Possible

c. 3 p D

8va no sweeps

sweep with indicated rhythms; free partial

ch m m p k

pppp 5 p ppp

O.B. 3

pppp

1/2 c.l.t.

ppppp

cellophane

ppp

c. 3-5 p. $\text{♩} = 42$

Perc. 1 **rim** **chopstick**
Perc. 2 **cellophane**
paper **pppp**

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra
B.Cln.

Tuba

Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2

Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2

B. Tbn.

Perc. 3

Crisp & fragile 5 5

fast ricochet 3

extreme flautando *s.t.* $9\frac{1}{2}:3\frac{1}{2}$

normale *ord.*

sul II **ppppp**

flz. + growl

paper

c. 3-5 p. $\text{♩} = 54$

Still

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra
B.Cln.

Tuba

Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2

Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2

Gp. 4

B. Tbn.

Perc. 3

Delicately Animated

(8va)

brillo pad on lower stings

c.l.t.

slow sweeps
P4 - P4

*follow given rhythms, but free harmonics;
keep moving don't articulate the harmonics*

move inside

rit. $\text{E} = 42$

gently dampen

Perc. 1 brillo pad rim

Perc. 2 ppp W.T. sweeps freely cellophane pp

Fl. p

Gp. 1

In.Pno.

Cb. 1

Fl. 2 W.T. s.v.a.

Contra B.Cln.

Tuba Gp. 2

Vlc. 1 pppp richochet s.B. sul I pp

Cb. 2

Hn. pppp t.t. ord.

Vln. 1 bow snaps ppp s.p.

Vln. 2 ppp pp

Gp. 3

Vla. 1 $\text{slow harmonic sweeps}$ P1 - P4 ord. s.p. sul II

Vlc. 2 richochet bow snaps ppp sul I ppp

Cb. 3 ppp s.p. ord.

Vla. 2 ppp

B. Tbn.

Perc. 3 $\text{cellophane & paper}$ pp bowed crotale ppppp

♩ = 42

F

Perc. 1 c. 3 p c. 1 p c. 2 p c. 4 p c. 5 p Silence cellophane paper

Perc. 2 Bass Flute

Fl. 41 (8va) 5 2 5 pppp

Gp. 1 In.Pno. 41 brillo pad pp

Cb. 1 S.B. ord. 41 1/2 c.l.t. 5

Fl. 2 (8va) 3 t pppp

Contra B.Cln. 41 flz. 3 t pppp

Tuba Gp. 2 41 flz. 3 t pppp

Vlc. 1 no sweeps (P4) s.p. slow sweeps P4 - P4 s.t. no sweeps (P4) 41 pppp pppp

Cb. 2 S.B. 41 c.l. s.p. 5 pppp

Hn. 41 flz. 41 pppp

Vln. 1 41 41

Vln. 2 41

Gp. 3 no sweeps (P4) ord. 41 slow sweeps P4 - P4 no sweeps (P4)

Vla. 1 41

Vlc. 2 41 pppp S.B.

Cb. 3 41 pppp

Vla. 2 41 41

Gp. 4 41

B. Tbn. 41 pppp

Perc. 3 41

$\text{♩} = 56$

Perc. 1: **very still** (Measure 48)

Perc. 2: **ppp** (Measure 48)

c. 8-11 p.

Fl.: **cellophane**, **paper**, **ppppp** (Measure 48)

Gp. 1: **cellophane**, **styrofoam**, **ppppp** (Measure 48)

In.Pno.: (Measure 48)

Cb. 1: **flz.**, **ord.**, **pppp** (Measure 48)

Fl. 2: **ord.**, **ppp** (Measure 48)

Contra B.Cln.: **ord.**, **pppp** (Measure 48)

Tuba Gp.2: **ord.**, **pppp** (Measure 48)

Vlc. 1: **ord.**, **ppp** (Measure 48)

Cb. 2: **ord.**, **pppp** (Measure 48)

Hn.: **Crisp & fragile**, **pppp** (make sure stings are muted; bow movement needs to be vertical) (Measure 48)

Vln. 1: **ppp** (make sure stings are muted; bow movement needs to be vertical) (Measure 48)

Vln. 2: **ppp** (make sure stings are muted; bow movement needs to be vertical) (Measure 48)

Gp.3: **ppp** (make sure stings are muted; bow movement needs to be vertical) (Measure 48)

Vla. 1: **ppp** (make sure stings are muted; bow movement needs to be vertical) (Measure 48)

Vlc. 2: **O.B.**, **pp**, **bow snaps** (Measure 48)

Cb. 3: **pp**, **pppp**, **bow snaps** (Measure 48)

Vla. 2: **very still** (Measure 48)

Gp.4: (Measure 48)

B. Tbn.: (Measure 48)

Perc. 3: (Measure 48)

c. 4-6 p. G $\text{♩} = 42$
 m.m. 42

Perc. 1
 Perc. 2
 Fl.
 Gp. 1
 In.Pno.
simile
 Cb. 1

Bass Flute still & steady
 cellophane
 paper

Fl. 2
 Contra-B.Cln.
 Tuba
 Gp. 2
 Vlc. 1
 Cb. 2

Hn.
 Vln. 1
 Vln. 2
 Gp. 3
 Vla. 1
 Vlc. 2
 Cb. 3

Vla. 2
 B. Tbn.
 Perc. 3

still & steady
 pppp
 < pp

bow snaps
Crisp & fragile
erratic
 aluminum foil + paper

c. 6-9 p H $\text{♩} = 35$

Motionless

Perc. 1 Perc. 2 H Calmly
near the rim pp

Fl. Flute in C Calmly

Gp. 1 2 ceramic tiles:
rub together pppp

In.Pno. mute string with hand;
move bow vertically

Cb. 1 s.t.
still & steady sul II pp

Fl. 2

Contra B.Cln.

Tuba Gp. 2

Vlc. 1 s.p. etc. ord.

still & steady

Cb. 2 sul II pp

Hn.

Vln. 1

Vln. 2 Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2 Gp. 4

B. Tbn.

Perc. 3

c. 5-7 pulses

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra B.Cln.

Tuba

Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2

Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2

Gp. 4

B. Tbn.

Perc. 3

Calmly

chopstick **rim** **p**

O.B. \diamond^3

ppppp **knife**

pp

pp across sul IV & III

1/2 c.l.t.

pp across sul IV & III

across sul IV & III 3 **ppp**

pp across sul IV & III

move inside

hands **Calmly**

rim **pp**

accel. $\text{♩} = 54$

This page contains 18 staves of musical notation, each representing a different instrument or group. The instruments include Percussion 1, Percussion 2, Flute (Fl.), Group 1 (Gp. 1), In.Pno, Cello 1 (Cb. 1), Flute 2 (Fl. 2), Contra Bass Clarinet (Contra B.Cln.), Tuba, Group 2 (Gp. 2), Violin 1 (Vlc. 1), Cello 2 (Cb. 2), Horn (Hn.), Violin 1 (Vln. 1), Violin 2 (Vln. 2), Group 3 (Gp. 3), Viola 1 (Vla. 1), Viola 2 (Vla. 2), Double Bassoon (B. Tbn.), and Percussion 3 (Perc. 3). The music is divided into measures by vertical bar lines. Various rhythmic patterns are shown, including eighth and sixteenth note figures, as well as sustained notes and rests. Dynamic markings such as **pp**, **ppp**, **O.B.**, **c.l.t. s.t.**, **pppp**, **p**, **1/2 c.l.t. s.t.**, and **S.B.** are used throughout the score. Some markings include instructions like "gradually add hands & stop chopstick" and "2 pieces of styrofoam: rub gently together". The overall style is minimalist and experimental, emphasizing texture and sound color over traditional harmonic progression.

rit. $\text{♩} = 42$

move inside

Cedez

c. 4 p Motionless

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra
B.Cln.

Tuba

Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2

Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2

B. Tbn.

Perc. 3

I $\text{♩} = 54$

Perc. 1 *Quietly Aggressive* **styrofoam**

Perc. 2 *Quietly Aggressive* **cellophane** **pp**

Fl. **p** **ppp**

Gp. 1

In.Pno. **crunch** **3** **5**

Cb. 1 **S.B.** **5**

Fl. 2 **p** **pppp** **t** **pppp**

Contra. B.Cln. **pppp**

Tuba Gp.2 **ppp** **m** **t** **5** **p** **ppp**

Vlc. 1 **Back bow snaps** **5**

Cb. 2 **ppp**

Hn. **Delicately incisive** **5** **m** **t**

Vln. 1 **bow snaps Delicately** **5** **3** **pppp**

Vln. 2 **bow snaps** **5** **3**

Gp. 3 **pp**

O.B. **5**

Vla. 1 **ppp** **p** **5**

Vlc. 2 **bow snaps Back** **5**

Cb. 3 **5** **S.B.** **p** **ppp**

Vla. 2 **bow snaps** **3**

Gp. 4 **Delicately incisive** **pp** **m m** **5** **m m**

B. Tbn. **inside wire mallet** **p** **ppp**

Perc. 3 **ppp** **5**

accel. - - - - -

J = 74

c. 9-11 p. m.m. 42 c. 8-11 p.

Motionless As still as Possible

Perc. 1 *tempo block* *metal rod*

Perc. 2 *ffff* *tongue ram*

Fl. *ffff* *pppp* *ppp*

Gp. 1 *coin scrape lower strings* *2 ceramic tiles (rub gently together)*

In.Pno. *S.B.*

Cb. 1 *jet whistle* *"f"*

Fl. 2 *teeth on reed* *pppp* *ppp* *ppp*

Contra. B.Cln. *ffff* *Reverse slap* *Still*

Tuba Gp.2 *ffff* *pppp* *ppp* *pppp*

Vlc. 1 *ffff* *S.B.* *mf*

Cb. 2 *S.B.* *mf*

Hn. *Still* *pppp* *ppp* *pppp*

Vln. 1 *still & steady* *O.B.* *ppp*

Vln. 2 *still & steady* *O.B.* *ppp*

Gp.3 *still & steady* *O.B.* *ppp*

Vla. 1 *ppp*

Vlc. 2 *ffff* *S.B.* *mf* *pp*

Cb. 3 *still & steady* *O.B.* *ppp* *pp*

Vla. 2 *still & steady* *O.B.* *ppp*

Gp.4 *cow bell* *ppp*

B. Tbn. *cow bell* *ppp*

Perc. 3 *2 ceramic tiles (rub gently together)* *ffff* *pppp*

c. 4-5 p.

J hands

Perc. 1

Perc. 2 + scrubbrush

Fl. flz + growl (Δ) p

Gp. 1

In.Pno.

Cb. 1

Fl. 2 flz + growl (Δ) p "mf" pp "mf"

Contra. B.Cln. flz + growl finger lowest note create an agitation in the rumble; like something under the surface on the brink of exploding 5 3 5 create an agitation in the rumble; like something under the surface on the brink of exploding

Tuba Gp. 2 flz + growl (Δ) ppp Only Air (no growl) + growl

Vlc. 1

Cb. 2

Hn. flz + growl (Δ) ppp 3 3 p

Vln. 1

Vln. 2 Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2 Gp. 4 flz + growl (Δ) ppp create an agitation in the rumble; like something under the surface on the brink of exploding 3 3 p > ppp

B. Tbn. flz + growl (Δ) ppp

Perc. 3

c. 4-6 p.

K

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno. **superball**

Cb. 1 **(ord.) acoustical beatings** **sul II & III** **pppp**

Fl. 2 **slow irreg. oscillations** **p<---->ppp**

Contra B.Cln. **slow irreg. oscillations** **p<---->ppp**

Tuba **p<---->ppp** **Only Air (no growl)** **ppp**

Gp. 2

Vlc. 1

Cb. 2 **s.p.** **pppp** **steady** **pp** **pppp**

Hn. **slow irreg. oscillations** **p<---->ppp** **ppp** **pppp**

Vln. 1

Vln. 2

Gp. 3

Vla. 1

Vlc. 2 **ord. acoustical beatings** **s.t.** **s.p.** **pp**

Cb. 3 **sul II & III** **ppp**

Vla. 2 **steady**

B. Tbn. **ppp**

Perc. 3

superball

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno

Cb. 1

Fl. 2

Contra B.Cln.

Tuba

Gp.2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2

Gp.3

Vla. 1

Vla. 2

Gp.4

B. Tbn.

Perc. 3

c. 9-11 p.

L $\text{♩} = 35$

Perc. 1 *simile* *bow styrofoam (placed on timpani)* don't bow too strongly, produce only a white hissing noise

Perc. 2 *ppp*

Fl. *102* *steady & distant* *ppp*

Gp. 1 *102*

In.Pno.

Cb. 1 *102* *drum body*

Fl. 2 *102*

Contra B.Cln. *102* *Bb Clarinet* *irreg. jaw vib.* very slow shifts *steady & distant* *ppp*

Tuba Gp.2 *102* *s.t.* *pp* *s.p.*

Vlc. 1 *102* *s.p.* *s.t.*

Cb. 2 *102* *pppp* *p*

Hn. *102* *Calmly* *pp*

Vln. 1 *102*

Vln. 2 *102*

Gp.3

Vla. 1 *102* *1/2 c.l.t. ord.*

Vlc. 2 *102* *ppppp* *pp* *s.t.* slow sweeps: P6 - P4

Cb. 3 *102* *pppp* *poco* *pppp* *poco* *poco* *pppp* *(II)* *poco* *pppp* *(I)*

Vla. 2 *102* *Calmly* *1/2 c.l.t.* *s.t.* *ppp*

B. Tbn. *102*

Perc. 3 *102* *pp*

M c. 5 p c. 6-9 p

c. 7-11 p c. 5 p c. 3 p c. 5 p c. 4 p c. 4-6 p. N

$\text{♩} = 46$

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno

Cb. 1

Fl. 2

Contra B.Cln.

Tuba

Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2

Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2

B. Tbn.

Perc. 3

119

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra B.Cln.

Tuba Gp.2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2 Gp.3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2 Gp.4

B. Tbn.

Perc. 3

rit.

This page contains ten staves of musical notation. The instruments are: Percussion 1, Percussion 2, Flute, Group 1 (Clarinet), Piano, Cello 1, Flute 2, Bassoon, Trombone, Violin 1, Violin 2, Violin 3, Cello 2, Double Bass 1, Double Bass 2, Double Bass 3, Violoncello 2, Bassoon 2, and Percussion 3. The music is in common time (indicated by '4'). Measures 1 through 5 are shown, with measure 6 starting with a dynamic 'rit.'. Various performance instructions are included, such as 'pppp', 'pp', 's.t.', 'normale', 'ord.', and 's.p.'. Measure 6 begins with a dynamic 'rit.'.

O $\text{♩} = 37$

Perc. 1

Perc. 2

c. 5-7 p. c. 6-9 p.

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra B.Cln.

Tuba Gp. 2

Vlc. 1

ord.
pppp

Cb. 2

Hn.

Vln. 1

s.t. 1/2 c.l.t.
pppp

Vln. 2

Gp. 3

Vla. 1

normale
ord.
pppp

Vlc. 2

Cb. 3

Vla. 2

ord.
change to half-harmonic pressure
pppp

B. Tbn.

Perc. 3

lower string range
glass jar/ m.r.

Perc. 1 (136) **metal bowl**
 Perc. 2 (136) **rim**

c. 7-9 p
 gradually add in hands & remove bowl
 only hands

Fl. (136)
 Gp. 1 (136) **pppp** 2 ceramic tiles (rub gently together)
 In.Pno.
 Cb. 1 (136) O.B.

Fl. 2 (136)
 Contra B.Cln. (136) gradually add more & more air
 Tuba Gp. 2 (136)

Vlc. 1 (136)
 Cb. 2 (136)

Hn. (136)
 Vln. 1 (136) 8va ord. 1/2 c.l.t. s.p.
 Vln. 2 (136) 1/2 c.l.t. ord. s.t.

Vla. 1 (136) pppp
 Vlc. 2 (136) >pppp
 Cb. 3 (136)

Vla. 2 (136)
 B. Tbn. (136)
 Perc. 3 (136) slowly rub 2 stones against each other
 pppp

c. 6-9 p P
 (*don't dampen; just stop movement)
 (*don't dampen; just stop movement)

hands **pppp**
bow styrofoam (placed on timpani)
Calmly: Motion in the stillness
Flute in C

Perc. 1
 Perc. 2
 Fl.
 Gp. 1
 In.Pno.
 Cb. 1
 Fl. 2
 Contra B.Cln.
 Tuba Gp.2
 Vlc. 1
 Cb. 2
 Hn.
 Vln. 1
 Vln. 2
 Gp.3
 Vla. 1
 Vlc. 2
 Cb. 3
 Vla. 2
 Gp.4
 B. Tbn.
 Perc. 3

c. 6-9 p

Perc. 1

Perc. 2

Fl. *pp*

Gp. 1

In.Pno

Cb. 1 *O.B.*

Fl. 2 *pp*

Contra B.Cln.

Tuba *ppp* *p*

Gp.2

Vlc. 1

Cb. 2 *O.B.*

Hn. *pp* *steady*

Vln. 1

Vln. 2

Gp.3

Vla. 1

Vlc. 2

Cb. 3 *O.B.*

Vla. 2

Gp.4

B. Tbn.

Perc. 3

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra B.Cln.

Tuba Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2

Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2

Gp. 4

B. Tbn.

Perc. 3

c. 9-11 p. c. 11-13 p. $\text{♩} = 52$

rit. $\text{♩} = 35$

c. 10 p. c. 9-11 p. c. 11-15 p.

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra B.Cln.

Tuba Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2 Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2 Gp. 4

B. Tbn.

Perc. 3

knife

small metal pot w/knife

glass jar

middle string range

two stones

rim

169 Perc. 1 knife

c. 9 p c. 10 p R Motionless $\text{♩} = 89$
knife inside rim
wood block

169 Fl. ffff

169 Gp. 1 (*don't dampen) pppp

In.Pno. nail pizz. sul IV

169 Cb. 1

169 Fl. 2 ff ffff

ContraBass cln. Break Tone

169 Contra B.Cln.

169 Tuba Gp. 2 Reverse slap

169 Vlc. 1 ord. s.p. nail pizz.

169 Cb. 2 ff

169 Hn. ffff

169 Vln. 1 fp s.p. ffff

Vln. 2 Gp. 3 fp s.p. ffff

Vla. 1

Vlc. 2

Cb. 3

Vla. 2 pizz.

Gp. 4 B. Tbn. ffff tongue ram

Perc. 3 169 metal rod metal rod ffff in -> out

c. 5-7" c. 8-13" c. 13"

Barely Moving Motionless

Perc. 1 c. 5-7" c. 8-13" c. 13" rit. $\text{♩} = 46$

Perc. 2 rim hit cellophane rim chopstick inside pppp metal rod center \leftrightarrow middle

(metallic sound) hands

Fl. ff pppp Crisp & fragile t k 5 p ch t

Gp. 1 176 (+ key click) 3 16 brillo pad on middle strings 4 8

In.Pno. 3 16 cellophane pppp scrubbrush on lower strings 4 8

Cb. 1 176 bow snaps Back Wood p 4 8

Fl. 2 ff pppp flz. 4 8

Contra. B.Cln. 176 cellophane pppp 4 8

Tuba Gp. 2 176 cellophane pppp 4 8

Vlc. 1 176 styrofoam pppp 4 8

Cb. 2 176 styrofoam pppp 4 8

Hn. 176 cellophane pppp 4 8

Vln. 1 176 pizz. ff 4 8

Vln. 2 Gp. 3 176 pizz. B.B. ff 4 8

Vla. 1 176 B.B. pizz. ff 4 8

Vlc. 2 176 styrofoam pppp 4 8

Cb. 3 176 styrofoam pppp 4 8

Vla. 2 Gp. 4 176 pizz. cellophane bow snaps 4 8

B. Tbn. 176 ff cellophane ppp flz. 4 8

Perc. 3 176 paper pppp cellophane ppp 4 8

182

Perc. 1 Perc. 2

hands
rim

inside

rim

c. 4 p S $\text{♩} = 52$

metal rod
inside

Fl.

Gp. 1

In.Pno

Cb. 1

Fl. 2

pp

Contra B.Cln.

Tuba Gp. 2

pp

Vlc. 1

vertical movement with bow

pp

Cb. 2

S.B.

mp

Hn.

Vln. 1

pppp

fast ricochet

s.t.

Vln. 2

Gp. 3

Vla. 1

cellophane

bow snaps

Vlc. 2

p

S.B.

(decel. trem.)

Cb. 3

p pppp

Vla. 2

Gp. 4

B. Tbn.

Perc. 3

c. 4 p
 Perc. 1
 Perc. 2
 Fl.
 Gp. 1
 In.Pno.
 Cb. 1
 Fl. 2
 Contra B.Cln.
 Tuba Gp.2
 Vlc. 1
 Cb. 2
 Hn.
 Vln. 1
 Vln. 2
 Gp.3
 Vla. 1
 Vlc. 2
 Cb. 3
 Vla. 2
 Gp.4
 B. Tbn.
 Perc. 3

c. 2 p = 42

poco accel.

Perc. 1: 191, dynamic **pp**, 6/4 time signature, notes on 1st and 3rd beats.

Perc. 2: 191, dynamic **pp**, 6/4 time signature, notes on 2nd and 4th beats.

Fl.: 191, 6/4 time signature, dynamic **pp**.

Gp. 1: 191, 6/4 time signature, dynamic **pp**.

In.Pno: 191, 6/4 time signature, dynamic **pp**.

Cb. 1: 191, 6/4 time signature, dynamic **pp**.

Fl. 2: 191, dynamic **p**, "mf", "ppp", "pppp", "mp", "pppp", "p", "pppp", "mf", "ppp". *Crisp & fragile*.

Contra B.Cln.: 191, dynamic **flz.**

Tuba: 191, dynamic **ppp**, steady.

Gp. 2: 191, dynamic **ppp**.

Vlc. 1: 191, 6/4 time signature, dynamic **pp**.

Cb. 2: 191, 6/4 time signature, dynamic **pp**.

Hn.: 191, 6/4 time signature, dynamic **ppp**.

Vln. 1: 191, dynamic **ppp**, 1/2 c.l.t., s.t., ord., s.p.

Vln. 2: 191, dynamic **ppp**.

Gp. 3: 191, dynamic **ppp**.

Vla. 1: 191, 6/4 time signature, dynamic **pp**.

Vlc. 2: 191, 6/4 time signature, dynamic **pp**.

Cb. 3: 191, 6/4 time signature, dynamic **pp**.

Vla. 2: 191, 6/4 time signature, dynamic **pp**.

Gp. 4: 191, dynamic **ppp**.

B. Tbn.: 191, bowed celeste, dynamic **ppp**.

Perc. 3: 191, dynamic **pppp**.

plastic bottle (*erratically fluctuate between given dynamic range)

metal rod

rim

p <----> pppp

knife

a tempo

194

Perc. 1 cellophane + paper pppp

Perc. 2 pp-->pppp (*erratically fluctuate between given dynamic range)

194

Fl. 5 7 k t k ch pp p ppp

Gp. 1 6 4

In.Pno. 6 4

Cb. 1 6 4

194

Fl. 2 kk t k t m m m pp ppp p t t t k ch pp 5

Contra. B.Cln. 6 4

Tuba Gp. 2 5 7.2 t t t k pp pppp ch pp 6 4 t t p pppp

Vlc. 1 6 4

Cb. 2 6 4

194

Hn. 3 s.t. ppp p pppp tk p 5 ch pp 5 3 t p k pp

Vln. 1 ppp 6 4

Vln. 2 6 4

Gp. 3

Vla. 1 6 4

Vlc. 2 6 4

Cb. 3 6 4

1/2 c.l.t.

Vla. 2 6 4

Gp. 4

B. Tbn. 194 pppp 5 k pppp₃ t t k t t t undampen

Perc. 3 194 knife rim ppp 6 4 p undampen

196

Perc. 1 $\frac{5}{4}$ - $\frac{6}{4}$

Perc. 2 $\frac{5}{4}$ - $\frac{6}{4}$

Fl. $\frac{5}{4}$ - $\frac{6}{4}$ *ppp* $\frac{6}{4}$ *m m m m* *p* *k* $\frac{5}{4}$ *m m ppp* *m pp*

Gp. 1 $\frac{5}{4}$ - $\frac{6}{4}$

In.Pno. $\frac{5}{4}$ - $\frac{6}{4}$

Cb. 1 $\frac{5}{4}$ - $\frac{6}{4}$

Fl. 2 $\frac{5}{4}$ - $\frac{6}{4}$ *3* *t t t* *t t t* *3* *t t t* *t t t* *3* *t t t* *t t t* *5* *5*

Contra B.Cln. $\frac{5}{4}$ - $\frac{6}{4}$ *3* *5*

Tuba Gp. 2 $\frac{5}{4}$ *8vb* *pppp* *m m m m* *p* $\frac{6}{4}$ *ch* *m m m m m* *pppp* *t t p* *pp < p*

Vlc. 1 $\frac{5}{4}$ *bow snaps* *Back* $\frac{6}{4}$ *ppp*

Cb. 2 $\frac{5}{4}$ *bow snaps* $\frac{6}{4}$ *ppp*

Hn. $\frac{5}{4}$ - *Still* $\frac{6}{4}$ *pppp* *p* *s.p.* *3* *m m m*

Vln. 1 $\frac{5}{4}$ - $\frac{6}{4}$ *normale* *vln.* *pppp*

Vln. 2 $\frac{5}{4}$ - $\frac{6}{4}$

Gp. 3

Vla. 1 $\frac{5}{4}$ - $\frac{6}{4}$

Vlc. 2 $\frac{5}{4}$ *bow snaps* *Back* $\frac{6}{4}$ *ppp* $\frac{5}{4}$ *bow snaps* $\frac{6}{4}$ *ppp*

Cb. 3 $\frac{5}{4}$ *bow snaps* $\frac{6}{4}$ *ppp*

Vla. 2 $\frac{5}{4}$ - $\frac{6}{4}$

Gp. 4

B. Tbn. $\frac{5}{4}$ - *Still* $\frac{6}{4}$ *pppp*

Perc. 3 $\frac{5}{4}$ - $\frac{6}{4}$

198

Perc. 1

Perc. 2

Fl.

Gp. 1

In.Pno.

Cb. 1

Fl. 2

Contra B.Cln.

Tuba

Gp. 2

Vlc. 1

Cb. 2

Hn.

Vln. 1

Vln. 2

Gp. 3

Vla. 1

Vlc. 2

Cb. 3

Vla. 2

Gp. 4

B. Tbn.

Perc. 3

T

cellophane
aluminum foil

gradually slow down to stillness

paper styrofoam

gradually slow down to stillness

mf (no air)

irreg. dec. (add air but no pitch)

cellophane

gradually slow down to stillness

"mf"

(no air)

(add air but no pitch) irreg. dec.

irreg. dec.

(add air but no pitch)

gradually slow down to stillness

"mf"

Wood

O.B.

pp

irreg. dec.

Calmly 1/2 c.l.t.

Calmly c.l.t.

Calmly c.l.t.

richochet ♦

pp

gradually slow down to stillness

richochet ♦

Calmly

O.B.

irreg/dec.

gradually slow down to stillness

cellophane & paper

mf

pp

203

Perc. 1

Perc. 2

Fl.

203

Gp. 1

In.Pno.

203

Cb. 1

Fl. 2

203

Contra.
B.Cln.

203

Tuba
Gp. 2

multiphonic

8vb
to create fast acoustic beatings
but fluctuate erratically

jaw vib.

erratic slowing up and down of j.v.

pp

203

Vlc. 1

s.t.

Slowly detune sul IV

S.B.

p

203

Cb. 2

ppp

203

Hn.

t

8va
1/2 c.l.t.

p

203

Vln. 1

acoustical beatings

1/2 c.l.t.

pppp

s.t.
normale

1/2 c.l.t.

203

Vln. 2

Gp. 3

Vla. 1

203

Vlc. 2

s.p.
1/2 c.l.t.

ppp

S.B.

p

203

Cb. 3

203

Vla. 2

Gp. 4

B. Tbn.

203

Perc. 3

207

Perc. 1

Perc. 2

207

Fl.

W.T.
slow alm sweeps P3 - P↑

207

Gp. 1

In.Pno.

207

Cb. 1

s.p.

207

Fl. 2

W.T. slow alm sweeps P3 - P↑

207

Contra
B.Cln.

gradual transition to all breath

add a bit of pitch

207

Tuba

Gp. 2

207

Vlc. 1

207

Cb. 2

207

Hn.

(8va)

207

Vln. 1

p

pppp

207

Vln. 2

ord.

207

Gp. 3

Vla. 1

207

Vlc. 2

ord.

207

Cb. 3

p

207

Vla. 2

207

B. Tbn.

p

207

Perc. 3

210

Perc. 1

Perc. 2

210

Fl.

210

Gp. 1

In.Pno.

210

Cb. 1

mp
only air

210

Fl. 2

210

Contra.
B.Cln.

gradually shift to air

Tuba

Gp.2

210

Vlc. 1

210

Cb. 2

210

Hn.

(8^{va})

210

Vln. 1

pp

210

Vln. 2

Gp.3

pp

Vla. 1

pp

Vlc. 2

210

Cb. 3

mp

210

Vla. 2

Gp.4

pp

B. Tbn.

210

Perc. 3

Long

stop moving but L.V.

stop moving but L.V.

only air

Very Still

stop moving but L.V.

Slow Descent to low as possible note

stop moving (hold note)

Very Still

only air

Very Still

p

Very Still

Slow Descent to low as possible note

stop moving (hold note)

Very Still

Very Still