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1 **The bias of a 2D view: Comparing 2D and 3D mesophyll surface area estimates**
2 **using non-invasive imaging**

3
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15
16 **Summary**

- 17
- 18 • The surface area of the leaf mesophyll exposed to intercellular airspace per leaf
19 area (S_m) is closely associated with CO₂ diffusion and photosynthetic rates. S_m is
20 typically estimated from two-dimensional (2D) leaf sections and corrected for the
21 three-dimensional (3D) geometry of mesophyll cells, leading to potential
22 differences between the estimated and real cell surface area.
 - 23 • Here, we examined how existing 2D methods used for estimating S_m compare to
24 3D values obtained from high-resolution X-ray computed tomography (microCT) for
25 23 species, with broad phylogenetic and anatomical coverage.
 - 26 • Relative to 3D S_m values, uncorrected 2D S_m estimates were 15 to 30% lower on
27 average. Two of the four 2D S_m methods typically fell within 10% of 3D values. For
28 most species, only one slice was needed to accurately estimate S_m within 10% of
29 the leaf-level 3D median. However, leaves with high vein density and diverged
30 veins (e.g. eudicots) often required multiple sections.
 - 31 • These results provide the first comparison of the accuracy of 2D methods in
estimating the complex 3D geometry of internal leaf surfaces. Because microCT is

32 not readily available, we provide guidance for using standard light microscopy
33 techniques, as well as recommend standardization of reporting S_m values.

34

35 Keywords (5 to 8): leaf functional traits; leaf anatomy; biodiversity; CAM plants; high
36 resolution X-ray computed tomography;

37

38

39

40 **Introduction**

41 Leaf photosynthetic function is directly linked to tissue-level anatomy which can grossly
42 be categorized into vascular, mesophyll, and epidermal cell types. Chloroplasts
43 predominantly inhabit mesophyll cells in the majority of higher plants and require access
44 to sufficiently high [CO₂] to maximize net assimilation. Consequently, most terrestrial
45 plants have evolved leaf features to facilitate intercellular CO₂ diffusion, such as
46 amphistomatal leaves (e.g. Parkhurst & Mott, 1990) and large airspaces to facilitate lateral
47 diffusion (Pieruschka *et al.*, 2006; Morison *et al.*, 2007). Moreover, chloroplasts are
48 typically positioned within mesophyll cells immediately adjacent to the intercellular
49 airspace (IAS) to minimize the liquid CO₂ diffusion path length (e.g. Evans *et al.*, 2009;
50 Tholen & Zhu, 2011). For these reasons, the surface area of mesophyll cells per leaf area
51 (S_m) is positively related to CO₂ diffusion and maximum leaf photosynthetic capacity (A_{max} ;
52 Nobel, 1977).

53 Given its underlying relationship with CO₂ assimilation, S_m is a functionally
54 important trait to measure when comparing genotypes and phenotypes (e.g. Tholen *et al.*,
55 2008; Giuliani *et al.*, 2013) and when comparing growth responses to environmental
56 factors. As one example, leaf light environment is closely associated with changes in S_m .
57 For a given species, exposure to high light levels during development tends to result in
58 thicker leaves with a greater proportion of palisade cells, resulting in a greater S_m with
59 higher photosynthetic capacity (e.g. Nobel, 1976; Terashima *et al.*, 2001). As another
60 example, plant species with a greater S_m tend toward higher A_{max} (Nobel, 1977; Longstreth
61 *et al.*, 1980; Tosens *et al.*, 2012; Chatelet *et al.*, 2013), although other anatomical traits
62 such as cell wall thickness (e.g. Tosens *et al.*, 2016) and the coverage of mesophyll cell
63 surface by chloroplasts (S_c , surface of chloroplast exposed to the IAS; e.g. (Tholen *et al.*,
64 2008)) act to decrease mesophyll conductance to CO₂ (g_m). These, among other studies,
65 have resulted in S_m being an anatomical trait commonly measured in plant ecophysiology.

66 Numerous methods have been developed for estimating mesophyll surface area,
67 all of which are derived from two-dimensional (2D) leaf sections and optical or
68 transmission electron microscopy. Specifically, we have found nine methods in the plant
69 biology literature: Turrell (1936), Nobel (Nobel *et al.*, 1975; Nobel, 1976), Chabot and
70 Chabot (Chabot & Chabot, 1977; Jurik *et al.*, 1982), Thain (1983; revisited by Evans *et al.*,

71 1994), Parkhurst (1982), Kubínová (e.g. Kubínová, 1994), James *et al.* (1999), Ivanova
72 and P'yankov (2002), and Sack *et al.* (Chatelet *et al.*, 2013; Sack *et al.*, 2013). Some of
73 these methods assume that all the cell's surface is exposed to the IAS (Nobel *et al.*, 1975;
74 Sack *et al.*, 2013), which is not assumed by the bulk of the other methods. Another group
75 of methods rely on stereological measurements, where assumptions on cell shape are
76 made to infer 3D areas from 2D cross-sections (Chabot & Chabot, 1977; Parkhurst, 1982;
77 Kubínová, 1994; Ivanova & P'yankov, 2002); these methods are more robust for randomly
78 distributed structures and, as a result, such methods can be difficult to apply given the
79 anisotropy often observed for leaves (Ivanova & P'yankov, 2002). Yet, estimates of S_m
80 from 2D cross sections, regardless of the method, are necessarily approximations of the
81 true 3D geometry of the internal leaf surfaces. To date, these methods have not been
82 validated because of the difficulty in obtaining surface area measurements of the
83 complexity of cellular shape and arrangement within the leaf. Efforts to improve crop
84 performance may ultimately focus on exactly these traits (Zhu *et al.*, 2010; Evans, 2013),
85 and without knowledge of the inherent flaws or inaccuracies related to traditional 2D
86 methods, it will be difficult to make meaningful progress in increasing S_m if we don't know
87 if we can accurately measure it.

88 Here, we compare four of the most common methods for estimating S_m from 2D
89 leaf sections to 3D values obtained from non-invasive high resolution X-ray micro-
90 computed tomography imaging (microCT) for leaves from 23 species that cover a broad
91 phylogenetic and anatomical spectrum. Importantly, the differential absorption of X-ray
92 energy by water and air allows for segmentation and quantification of intercellular airspace
93 and mesophyll cell surface area. Further, X-ray microCT is capable of generating
94 hundreds to thousands of leaf cross-sections with sub-micrometer thickness, which
95 generates the necessary data to compare both 3D estimates of IAS properties, as well as
96 established 2D methods using the same dataset. Thus, we provide recommendations
97 regarding the estimation of S_m using both 2D and 3D techniques, which should provide a
98 basis for comparing values obtained in previous studies and set a standard for future
99 efforts.

100

101 *Previous methods for estimating S_m*

102 In this study, we have focused on four contrasting methods that estimate mesophyll
103 surface area from leaf sections (a detailed review is presented in the Supplementary
104 Information):

105 I) Turrell (1936) provided the earliest method to estimate S_m , and this was a
106 method used in early landmark papers such as El-Sharkawy and Hesketh
107 (1965). It uses paradermal slices from each cell layer and a cross section to
108 scale 2D sections to 3D, making basic assumptions about cell distribution in
109 each layer, it uses no correction factors but necessitates a higher number of
110 slices to estimate S_m .

111 II) Thain (1983), on the other hand, provided an easy method to apply a
112 curvature correction based on cell geometry, and this method was promoted
113 by Evans et al. (1994), but still preferably necessitates a combination of
114 cross and paradermal sections to achieve the best results. It is to date the
115 most used method in the literature (32 of 51 analyzed papers).

116 III) James, Smith and Vogelmann (1999) presented a method using only a
117 single section, an oblique-paradermal section, and this method was used by
118 Slaton and Smith (2002) to compare the leaf anatomy of 56 species from 21
119 families, but hasn't been adopted since to our knowledge.

120 IV) Sack et al. (2013) present a method that allows for quantification of cellular
121 traits based upon idealized cell shapes, while making the assumption that
122 all mesophyll surface is exposed to the IAS.

123

124 **Materials and Methods**

125 Comparing 2D and 3D estimates

126 *Plant material*

127 Species were selected to represent a diversity of plant groups, leaf structure, and palisade
128 tissue fraction (Table 1). A small group of Bromeliaceae was investigated to cover both
129 C3 and CAM leaf types, and this group was measured using both microCT and light
130 microscopy (see section 'Comparing embedded material to 3D data' below). Plants were
131 grown under various conditions, which represents the usual diversity found in the literature
132 (see Supplementary Table S1 for species details). Leaves or plant samples were

133 collected, their petiole/stem was wrapped in wet paper towels and immediately put in
134 plastic bags. They were transported and scanned at the microCT facility within 36 h.

135
136 *3D method: Segmentation and classification of airspace, mesophyll tissue, and veins from*
137 *microCT scans of leaves.*

138 Leaf samples were brought to the Advanced Light Source (ALS) at Lawrence Berkeley
139 National Laboratory (LBNL) to be scanned at the microCT beamline number 8.3.2. The
140 following steps were used to segment and classify the airspace, mesophyll tissue, and
141 veins and are represented in Figure 1 with matching step number. The analysis allowed
142 the scan data to be converted to a binary image of the airspace and used freely available
143 software.

144 1. Sample preparation: Before each scan and up to a maximum of 30 min before
145 scanning, one sample was excised from the leaf in a fully developed region parallel
146 to a major vein or first order vein. Samples were ~1.5 to 2 mm wide and ~20 mm
147 long. Samples were immediately enclosed between two pieces of Kapton
148 (polyimide) tape to prevent desiccation while allowing high X-ray transmittance. A
149 small portion of the sample was then inserted vertically and centered in a pipette
150 tip. The sample in the pipette tip was brought to the microCT stage and inserted
151 into the sample holder and centered in the X-ray beam.

152 2. microCT scanning: Leaf tissue was scanned using the continuous tomography
153 mode capturing 1025 projection images at an X-ray energy of 21-25 keV. Scans
154 were performed using either the 5x or 10x magnification, yielding final voxel
155 resolution of 1.28 and 0.64 μm , respectively. A sample was scanned in
156 approximately 15 minutes.

157 3. Reconstruction: Reconstruction was carried out using TomoPy, a Python-based
158 framework for the reconstruction of tomographic data (Gürsoy *et al.*, 2014). Each
159 raw dataset was reconstructed using both Gridrec (Dowd *et al.*, 1999) and phase
160 retrieval reconstruction (Davis *et al.*, 1995). Both methods were complementary:
161 Gridrec performed better when isolating smaller pores and material boundaries, but
162 was not able to isolate larger voids, which were better isolated on the phase
163 retrieval images. For each reconstruction, images stacks were rotated so that the

164 leaf was oriented in a cross section view and the epidermises were parallel to the
165 image stacks' top and bottom borders, and such that their position was similar from
166 the front until the end of the stack. When possible, veins were aligned so that they
167 were in the same position from the front until the end of the stack. Stacks were
168 cropped between two major veins (from middle to middle) or by removing the cut
169 edges of the leaf sample, which were usually slightly dehydrated, so that the leaf
170 sample filled the image from left to right. Greyscale bit depth was decreased from
171 32-bits to 8-bits. Final stack length was between 200 up to 2000 8-bit greyscale
172 images. Image manipulation was applied equally among scans and done using
173 ImageJ software (Schneider *et al.*, 2012).

174 4. Airspace segmentation and classification: For Gridrec and phase retrieval
175 reconstructions, the airspace was segmented by subjectively visually defining a
176 range of pixel values between a minimum and maximum value (i.e. threshold) such
177 that the most airspace was accurately classified while minimizing false
178 classification (i.e. non-airspace pixels). This resulted in a binary image stack that
179 defined the presence or absence of airspace.

180 5. Combining classified images from both reconstruction methods and classifying
181 other leaf features: Binary image stacks from both reconstructions were added
182 together using the *Image Calculator* function in ImageJ. To get proper estimates of
183 the IAS features, the mesophyll boundary was manually drawn out as regions of
184 interest (ROIs) for slices where significant changes occurred, and ROIs for in-
185 between slices were interpolated using the *Interpolate ROIs* function. The
186 boundaries of all veins (and fibers if present) were drawn out in the same manner.
187 We removed the vein to avoid including it as part of the total mesophyll volume and
188 to avoid falsely classifying embolized vessels as IAS. To produce the final stack
189 prior to analysis, the outside of the mesophyll and veins were classified with unique
190 pixel values. We refer to this stack as 'composite stack' (stack with cells, airspace,
191 veins, and other mesophyll), as opposed to 'binary stack' (airspace and non-
192 airspace).

193

194 *3D method: Measuring S_m and other IAS features from the image stack*

195 To extract the IAS features and measure S_m , the composite stack was prepared by
 196 selecting only the airspace using the *Threshold* function in ImageJ. With this binary stack,
 197 airspace features were measured using BoneJ, an ImageJ plugin originally developed to
 198 analyze bone geometry and shape (Doube *et al.*, 2010 all following functions are taken
 199 from this plugin). Airspace volume and total volume of the sample were measured from
 200 voxel counts using the *Volume fraction* function. Airspace surface was measured using
 201 *Particle Analyzer* function. Potential noise in the stack was removed by analyzing any 3D
 202 particle, i.e. a group of connected voxels, larger than 3 voxels ($3 \times \text{resolution}^3$ (μm^3)).
 203 Particles were analyzed using resampling rates of one and two. A resampling rate of one,
 204 the lowest possible value, results in a surface mesh with smaller triangles, and thus finer
 205 features are extracted. A resampling rate of two results in a smoother mesh with fewer
 206 triangles. The surface area of all the particles extracted by Particle Analyzer were summed
 207 up and used as the total mesophyll area exposed to the IAS (A_{mes} , μm^2). Mesophyll volume
 208 (V_{mes} , μm^3) was computed from the total volume of the sample minus the vein volume.
 209 Leaf sample area (LA, μm^2) was defined as the image width multiplied by stack depth. S_m
 210 was then computed as:

$$211 \quad S_{m,3D} = A_{\text{mes}} / \text{LA} \quad (\text{eqn. 1})$$

212 *2D methods: Estimating S_m using 2D methods for individual microCT slices*

213 For Thain's curvature correction (Morris & Thain, 1983; Thain, 1983; Evans *et al.*, 1994),
 214 the average major (a ; length) and minor (b ; width/diameter) axes of at least 10 adjacent
 215 cells were included within a randomly placed sampling window that included both palisade
 216 and spongy mesophyll. The major and minor axis were measured from a representative
 217 cross section slice using the Gridrec reconstructed stack (Figure 2). Curvature correction
 218 (F) was computed for each mesophyll tissue from the b/a ratio, and the leaf-averaged F
 219 was computed as (Evans *et al.*, 1994):

$$220 \quad F_{\text{leaf}} = F_{\text{sp}} \times f_{\text{sp}} + F_{\text{pal}} \times f_{\text{pal}} \quad (\text{eqn. 1})$$

221 where f_{sp} and f_{pal} are the fraction of spongy and palisade mesophyll. This correction factor
 222 was applied to the raw and uncorrected S_m data ($S_{m,\text{raw}}$), which is the sum of the perimeter

223 of each airspace area in one single slice in cross-sectional view (P) divided by the width
224 of the cross-section (w), such that:

$$225 \quad S_{m,Thain} = (P/w) \times F_{leaf} \quad (\text{eqn. 2}).$$

226 Note that individual $S_{m,raw}$ (P/w) and $S_{m,Thain}$ values are available for hundreds to
227 thousands of slices, and thus summary statistics can be computed. Unless specifically
228 stated, the median value for the entire stack is presented.

229 Unlike the values above based on Thain (1983), the following methods are
230 produced from only one set of sections. For the JSV method (James *et al.*, 1999; Slaton
231 & Smith, 2002), a line selection was drawn on the binary stack from ad- to abaxial
232 epidermis at an angle of $\sim 30^\circ$ in a cross sectional view, and the OPS was produced by
233 reslicing the stack, i.e. generating a new 2D image composed of the pixel values along
234 the line selection for each slice (*Reslice* function, without interpolation). The resulting
235 image was binarized again (*Adjust threshold* function) because of gray-valued pixels
236 produced with the reslice. The perimeter of the airspace was measured as above and S_m
237 was estimated as (Slaton & Smith, 2002):

$$238 \quad S_{m,JSV} = \frac{P \times t}{w_{OPS} \times L_{OPS}} \quad (\text{eqn. 3})$$

239 where t is the thickness of the mesophyll, measured on the Gridrec reconstruction under
240 a cross sectional or longitudinal view, w_{OPS} and L_{OPS} are the width (along epidermis; from
241 ~ 400 to 1200 pixels) and length (from ad- to abaxial epidermis; from ~ 800 to 2000 pixels)
242 of the OPS (Figure 2).

243 For the Turrell method (Turrell, 1936), cell dimensions were measured on a cross
244 sectional view using the Gridrec stack and averaged over at least 10 adjacent cells in a
245 sampling window. The cell perimeter exposed to IAS and cell areas were measured on a
246 paradermal section of the binary stack over the entire section. The palisade cell surface
247 area was estimated by multiplying, for each layer, the height of layer ($h_{pal,i}$) by its perimeter
248 exposed to the IAS ($P_{pal,i}$), measured under a paradermal view. For the spongy mesophyll,
249 the vertical length of the cells (h_{sp}) was measured at an angle not greater than 45° from
250 the vertical (i.e. h_{sp} can be a curved line, to represent to whole exposed height of the cell).
251 The horizontal (paradermal) length of the spongy cells were measured again at an angle

252 not greater than 45° from the horizontal and divided into the length exposed to the IAS (l_e)
 253 and the total length (l), so that the horizontal exposed area could be corrected for the
 254 actual fraction that is exposed to the IAS. The perimeter exposed to the IAS (P_{sp}) and area
 255 (A_{sp}) of the spongy mesophyll cells were measured on a representative paradermal view,
 256 and the resulting area for one layer was multiplied by the average number of spongy cell
 257 layers (n_{sp}). Turrell (1936) also accounted for the surface of the abaxial epidermis exposed
 258 to the IAS as he was interested in the evaporative surface (area of the sample under a
 259 paradermal view (A_{samp}) – A_{sp}). He then estimated S_m as:

$$260 \quad S_{m,Turrell} = \frac{\sum_{i=1}^{n_{pal}} h_{pal,i} P_{pal,i} + n_{sp} (h_{sp} P_{sp} + 2A_{sp} \frac{l_e}{l}) + (A_{samp} - A_{sp}) \frac{l_i}{w}}{A_{samp}} \quad (\text{eqn. 4})$$

261 where n_{pal} is the number of palisade cells layers (all anatomical components are presented
 262 in Figure 2). Note that the numerator is composed of the palisade (1st term in eqn. 4),
 263 spongy (2nd term in eqn. 4) and abaxial epidermis (3rd term in eqn. 4) components. Since
 264 the comparison conducted here uses all the exposed surface, the abaxial epidermis term
 265 is relevant, but this term could be removed if only chlorenchymous tissue is of interest.
 266 Note that Turrell (1936) applied a correction to the abaxial epidermis term by measuring
 267 the length of the inner wall of the epidermis in the cross-sectional view (l) as the width of
 268 the cross section being measured (w). This might be less relevant, however, when using
 269 digital imaging where the section can be easily rotated so that $l \approx w$.

270 For the Sack et al. method (Chatelet *et al.*, 2013; Sack *et al.*, 2013), cellular
 271 dimensions are used to compute each cell's surface area and volume, which is
 272 subsequently used to estimate the number of cells per tissue. Here, spongy mesophyll
 273 cells are assumed to be spheres with a circumference equal to the cell perimeter (p_{sp}),
 274 measured on a cross section of the Gridrec stack. Palisade cells are assumed to be
 275 cylinders with hemispherical ends, and the length (h_{pal}) and diameter (d_{pal}) axes were
 276 measured on a cross-sectional view (Figure 2). The surface of mesophyll per leaf area is
 277 then computed as:

$$278 \quad SA_{pal} = 2\pi \frac{d_{pal}}{2h_{pal}}, \quad V_{pal} = \pi \left(\frac{d_{pal}}{2} \right)^2 \left(\frac{4}{3} \times \frac{d_{pal}}{2} + h_{pal} - d_{pal} \right)$$

279 $SA_{sp} = 4\pi \left(\frac{p_{sp}}{2\pi}\right)^2, V_{sp} = \frac{4}{3}\pi \times \left(\frac{p_{sp}}{2\pi}\right)^3$ (eqn. 5)

280 $S_{m,sack} = \frac{\overline{SA}_{pal} \times t_{pal}(1 - \theta_{pal})}{\overline{V}_{pal}} + \frac{\overline{SA}_{sp} \times t_{sp}(1 - \theta_{sp})}{\overline{V}_{sp}}$

281 where SA and V are the surface area and volume of one cell, and θ is the porosity of the
 282 tissue (area IAS (μm^2) / mesophyll area (μm^2)).

283

284 *Identifying the minimum number of slices needed to produce a reliable S_m estimate*

285 Using the data from each individual slice (i.e. all $S_{m,raw}$ values for one leaf), we
 286 estimated the number of 2D sections needed to estimate S_m within 5 or 10% of the leaf
 287 level median with 95% confidence. To do so, we reordered the S_m values for each species
 288 to create 10 000 random sets. The median value was then calculated for each reordered
 289 set for an increasing number of slices, using only one S_m value up to 500 or the max
 290 number of slices for that species, whichever is reached first. This created 10 000 median
 291 values for each number of slices used to compute the median. The 5th and 95th were
 292 computed, and the smallest number of slices needed to be within 5 and 10% was
 293 identified. This was computed using R 3.3.3 (R Core Team, 2017).

294

295 *Comparing embedded material measured with light microscopy to 3D data*

296 Bromeliaceae leaf samples, from the same leaf scanned with microCT when
 297 possible, were embedded and prepared for microscopy using methods from Bozzola &
 298 Russell (1999), and Russin & Trivett (2001). Leaves were fixed in Karnovsky's fixative.
 299 Tissues were rinsed with 0.1M PO₄ buffer and post-fixed for 2 h in 1% buffered osmium
 300 tetroxide. Leaves were dehydrated with ascending concentrations of ethyl alcohol with
 301 three changes at 100%, transitioned 1:1 with propylene oxide, and dehydrated using two
 302 changes of pure propylene oxide. Infiltration began using Epon/Araldite resin in three
 303 ascending concentrations with propylene oxide. Finally, three changes of resin with
 304 microwave assistance were done before overnight polymerization in capsules. Semi-thin
 305 sections were cut using a Leica Ultracut UCT ultramicrotome and were stained with 2%
 306 Methylene Blue/Azure II before being observed at 20x magnification with an Axio Imager
 307 A2 microscope (Zeiss, Oberkochen, Germany).

308 Structural traits, t , θ_{IAS} , P , w , and the total area of the mesophyll (A_{mes} ; not including
309 vein area), were analyzed using ImageJ software. To normalize for uneven leaf thickness
310 between the embedded section and the microCT stack, the ratios $P/A_{mes,2D}$ ($\mu\text{m } \mu\text{m}^{-2}$; see
311 also Nelson *et al.*, 2005) and $A_{mes,3D}/V_{mes,3D}$ ($\mu\text{m}^2 \mu\text{m}^{-3}$) were compared.

312

313 Results

314 The 23 species analyzed spanned a broad range of mesophyll thickness (95 to 670
315 μm), porosity and fraction of palisade tissue within the leaf, from the spongy-only fern
316 *Asplenium nidus* and the CAM orchid *Oncidium ornithorhynchum*, to the palisade-only
317 *Welwitschia mirabilis* (Table 1; see **Supplementary Figure S1 for a representative cross**
318 **section of each species taken from the microCT**). Using the microCT data, S_m ($S_{m,3D}$) was
319 estimated with two resampling rates. A resampling rate of one (R1) produced $S_{m,3D}$
320 ($S_{m,3D-R1}$) values 10 to 70% higher (average 25%) than when using a resampling rate of
321 two (R2; $S_{m,3D-R2}$). R2 produces a smoother surface mesh by using larger triangles, and
322 this resulted in some particles, i.e. individual airspace volumes, having zero surface
323 points, hence no triangle captured the small size of those particles – an example of the
324 coastline paradox (). Consequently, small diameter pores, i.e. close to the resolution limit
325 of the image, were captured less accurately at a higher resampling rate. *Oncidium*
326 *ornithorhynchum* showed the largest difference between R1 and R2, where the mesophyll
327 consists of tightly packed spheroids with a very low porosity (0.04) and narrow air
328 passages. Leaves with packed palisade cells of small diameter like *Gossypium* and
329 *Prunus* also showed a large difference between R1 and R2. Further, a smaller resolution
330 (or higher magnification) generally led to a larger difference between R1 and R2 (+27%
331 with a magnification of 5x, or $1.28 \mu\text{m pixel}^{-1}$, vs. +19% with a magnification of 10x, or 0.64
332 $\mu\text{m pixel}^{-1}$).

333 The $S_{m,raw}$ values, i.e. the uncorrected length of mesophyll exposed to the IAS
334 divided by the section width, had a median value of 16% less than $S_{m,3D-R2}$ and 32% less
335 than $S_{m,3D-R1}$ (Figure 3). Using the JSV oblique-paradermal section method produced $S_{m,2D}$
336 estimates with slightly less difference than with $S_{m,3D}$ values (-26% vs. R1 and -8% vs. R2;
337 Figure 3), yet the estimates were in a broader range than $S_{m,raw}$. The Sack *et al.* (2013)
338 method, which estimates the entire cell surface and assumes that it is completely exposed

339 to the IAS, produces $S_{m,Sack}$ values having a median +157% from the $S_{m,3D-R1}$, with values
340 ranging from -52% to +552% (Table 1).

341 $S_{m,Thain}$ and $S_{m,Turrell}$ values were similar to each other and most closely matched
342 the 3D values, being within a median $\pm 10\%$ of the 3D values, for both R1 and R2.
343 Generally, the species that were corrected to be within 10% of $S_{m,3D-R1}$ value with the
344 Thain method had a similar difference when comparing the estimates from the Turrell
345 method. However, several species had better estimates with the Turrell method compared
346 to the Thain method (e.g. *Monstera*, *Guzmania*, *Austrobaileya*; see Table 1). All leaf types
347 performed well with both Thain's and Turrell's methods, where leaves with high porosity
348 (e.g. *Helwingia* and *Nymphaea*) and low porosity (e.g. *Aechmea fendleri* and *Platyserium*,
349 both CAM plants) were within 10% of the $S_{m,3D-R1}$ value. Species with a broad range of
350 mesophyll thickness was also included within that range.

351 For most species (15 out of 23), one to three sections were necessary to estimate
352 $S_{m,2D}$ within 10% of the whole leaf median, 95% of the time (Figure 4). For those species,
353 a few more slices were needed to be within 5% of the leaf median and up to a total of 10
354 slices. The species which needed the highest number of slices to be within 10% of the
355 leaf median (> 4 and up to 10) required substantially more slices to be within 5% (13 up
356 to 35). Those high number of slices species were mainly Eudicots with diverged veins, or
357 species with greater heterogeneity among slices (see Figure 5). However, when the slices
358 with a high proportion of veins were removed, a common subjective practice when
359 analyzing microscopic slices, the minimum number of slices typically decreased
360 substantially, with for example a decrease from 8 to 2 slices for *Gossypium* (Figure 4).
361 This narrowed the range of $S_{m,2D}$ values and removed the low valued outliers, which were
362 mainly slices with a high proportion of veins (Figure 5). In comparison, *Myriopteris*, which
363 needs only one slice to be within 10% of the leaf median, is very homogenous throughout
364 the leaf sample (Figure 5).

365 Using embedded material from six bromeliad species, we compared the methods
366 to estimate the surface of mesophyll. Applying a Thain (1983) correction to the total
367 perimeter of mesophyll measured per mesophyll area measured on embedded material
368 resulted in similar differences with the mesophyll surface area over mesophyll volume ratio
369 measured from the microCT data (Figure 6a). Interestingly, the species that had the

370 largest difference between the 2D and 3D value were the thickest leaves (~400 μm), while
371 the thinnest leaves (~100 μm) produced very similar values (Figure 6b). Species with
372 thicker leaves resulted in up to ~40% less surface being estimated from embedded
373 material compared to the 3D data using R1.

374

375 **Discussion**

376 *3D as a reference, and a standardized method for the analysis of leaf microCT scans*
377 *using free, open-source software*

378 Our use of microCT allows for a more geometrically accurate investigation of both
379 plant structure and function, and an in-depth investigation into how close traditional 2D
380 estimates match the actual 3D geometry of complex surfaces within the leaf. Here, we
381 present a standardized method for extracting leaf airspace features and for estimating S_m ,
382 an important leaf trait that is correlated with internal gas exchange and photosynthetic
383 capacity.

384 Using microCT on fresh leaf samples allowed us to more fully capture the 3D
385 mesophyll surface exposed to IAS without the potential artifacts associated with traditional
386 light microscopy, while at the same time removing the need to correct for cell curvature
387 and complex geometry. In this way, we could more easily measure volumetric features
388 such as porosity of the airspace, mesophyll volume, and vein volume. Other features could
389 be measured, such as individual cell volume and surface area by hand drawing the
390 contour of cells. One other advantage of the microCT leaf scans is that they can be used
391 to generate volumetric meshes for use in finite element modeling, as shown in Ho *et al.*
392 (2016).

393 Limitations do exist, however, when using microCT for quantifying leaf anatomical
394 traits. One limitation for studying leaf IAS is microCT resolution. Synchrotron microCT
395 instruments are probably the most efficient because of the very high energy and flux of
396 the X-rays, making a scan possible under 20 minutes or less, compared to up to 12 h on
397 a commercial machine for a scan with a similar resolution and accuracy (Yannick Staedler,
398 University of Vienna, personal communication). Such time savings can significantly
399 reduce potential imaging artifacts due to tissue movement or dehydration during the scan.
400 Magnification is also a potential limitation which typically does not exceed a voxel

401 resolution of $\sim 0.3 \mu\text{m}^{-3}$ (the resolution available for the present study was 0.64 and 1.27
402 $\mu\text{m pixel}^{-1}$). Using light microscopy, this can be substantially lower depending on the
403 microscope, which can show minute details that cannot be seen using microCT, although
404 with the inherent tradeoff of decreased field of view at higher magnification, a limitation of
405 optical microscopy systems in general. Light microscopy also has the advantage of being
406 able to stain the sections, which allows for chloroplasts, organelles and compounds to be
407 easily distinguished. Hence, it is difficult to accurately identify the mesophyll's distribution
408 without prior knowledge of a leaf's anatomy and a microCT scan likely needs to be
409 combined with a stained cross section to identify these tissues (e.g. Ho et al. 2016 had to
410 artificially create organelles for their modelling). Finding suitable X-ray contrast agents
411 could facilitate the extraction of specific membranes and organelles, along with improving
412 the contrast between the airspace and the cells, as was done on flowers (Staedler *et al.*,
413 2013).

414 One key issue with the analysis of microCT data is the large file size of the mesh
415 used to represent the surface of the mesophyll-airspace interface. This size is controlled
416 by changing the resampling rate in BoneJ, and decreasing the resampling rate renders
417 triangles (i.e. the mesh faces) of smaller size. Using the smallest value, 1, results in a
418 more jagged rendering, but more accurately represents the original geometry, while
419 increasing the resampling rate increases triangle size and hence smooths the rendered
420 surface. Thus, it is essential to report this rate and to investigate if substantial differences
421 between two rates exist (e.g. Figure 3). However, all inter-method analyses were done
422 with consistent resampling rates, avoiding scale dependent differences.

423 Although using a smaller resampling rate leads to a more accurate representation
424 of the airspace, a smaller mesh size requires greater memory for processing the stack.
425 For example, using the *Particle Analyser* function of BoneJ to analyze the surface area of
426 the *Gossypium* image stack (file size of 56 Mb) required ~ 1.7 Gb of RAM for R1 (30 times
427 the file size for 17.16×10^6 triangles), and ~ 800 Mb of RAM for R2 (14 times the file size
428 for 3.31×10^6 triangles; analysis ran on a 2.6 GHz Intel Core i7 laptop with 16 Gb of RAM).
429 The average file size was between 500 and 700 Mb, and those were easy to process on
430 the laptop mentioned above. However, some stacks had a size over 1 Gb, and to analyze

431 those in their entirety, we had to rely on a virtual machine (8 cores and 64 Gb of RAM),
432 and it still led to over 50 Gb of RAM used in some cases when using R1.

433

434 *Critical evaluation of methods applied to leaf sections and the validity of 2D analyses*

435 Several methods have been presented in the literature since Turrell's (1936) to
436 estimate S_m . Yet, as mentioned by Sack *et al.* (2013), no critical evaluation has been
437 carried out. The increasing availability of large leaf trait databases (e.g. TRY database;
438 www.try-db.org) and efforts to discover more general relationships among leaf traits (e.g.
439 Onoda *et al.*, 2017) point toward a need for methodological standardization. In the
440 introduction, we presented a list of existing methods for estimating S_m and focused on four
441 common and contrasting methods found in the literature. The four methods evaluated
442 produced substantially different results relative to 3D values (see Table 1 and Figure 4).
443 Unsurprisingly, the method which assumes that the entire cellular surface is exposed to
444 the IAS (Sack *et al.*, 2013) produces the highest values. There have been a few methods
445 over the years which estimated the total mesophyll cell surface area per leaf area, as
446 opposed to that which is exposed to the IAS. While most studies explicitly made this
447 distinction (e.g. Nobel *et al.*, 1975; Longstreth *et al.*, 1985; Ivanova & P'yankov, 2002),
448 both measurements can be found in the same reference for the same trait notation, which
449 can generate confusion (Sack *et al.*, 2013). While the total mesophyll area per leaf area
450 is a relevant trait to measure, it leads to substantially higher values than with the other
451 methods that explicitly measure the mesophyll surface exposed to the IAS. Consequently,
452 measurements using these two types of methods should not be compared together.
453 Fortunately, a recent report made this distinction in their dataset available (Onoda *et al.*,
454 2017). To avoid confusion, we recommend using A_{mes}/A when the total mesophyll surface
455 is measured, and defining S_m as the surface area exposed to the IAS, as this has been
456 used in the most cited references (e.g. Evans *et al.* 1994).

457 Of the three other methods, Thain (1983) and Turrell (1936) stand out for how well
458 they approximate 3D values, often within 10% of the 3D S_m at a R1, which we consider
459 the standard in this study. The Turrell (1936) method produced the most accurate
460 estimates, typically within 10% of $S_{m,3D-R1}$ (15 out of 23; 65%). However, Turrell's method
461 necessitates a large number of sections. While it was easy to virtually slice through each

462 palisade layer with our 3D image stack, doing so with an embedded sample requires more
463 expertise, especially when cutting precisely through each layer. We thus recommend this
464 method for users who are very experienced with anatomical techniques or when a small
465 sample size allows for more meticulous work.

466 The Thain (1983) method is not a measurement technique as Turrell presented,
467 but instead applies a generic correction factor (F) to adjust the length of mesophyll
468 perimeter exposed to the IAS to account for the curvature of cell walls within the section.
469 A curvature correction could be applied to each cell, but usually only one correction factor
470 is used for the whole leaf section. This correction factor is most usually the average of the
471 palisade and spongy F values (Galmés *et al.*, 2013; Theroux-Rancourt & Gilbert, 2016).
472 The Thain (1983) method is the most commonly used method to produce S_m estimates in
473 the recent years. Although less $S_{m,Thain}$ estimates fell within 10% of $S_{m,3D-R1}$ compared to
474 Turrell (13 out of 23; 57%), it requires low effort and still produces relatively reliable
475 estimates.

476 We further compared our 3D estimates to the common practice of embedding leaf
477 samples to prepare cross sections for analysis using optical microscopy. As microCT
478 samples and the sections from embedded material often presented different leaf
479 thicknesses, we compared the length of mesophyll exposed over the mesophyll area ratio,
480 as suggested for CAM plants (Nelson *et al.*, 2005). This allowed us to standardize the
481 actual exposed surface present per unit mesophyll area in the section. Using the same
482 leaf, 2D estimates acquired from embedded material resulted in similar surface estimates
483 to 3D estimates when the leaves were thin ($\sim 100 \mu\text{m}$), while they diverged as leaves
484 became thicker ($\sim 400 \mu\text{m}$) (Figure 7). The more important deviations between the
485 embedded and microCT results could be explained by in several ways. First, thick leaves
486 tended to be CAM-type which can be more difficult to embed and section due to their
487 weaker cell walls, thicker cuticles, and a high fiber content. This could modify leaf
488 thickness and thus slightly compress some cells, leading to less surface being measured.
489 There have been limited reports about the presence of distortions and shrinkage of cells
490 following the embedding of plant leaves (Winter *et al.*, 1993; Talbot & White, 2013), and
491 this effect might be amplified in CAM leaf samples. Hence, the tendency to underestimate
492 thicker leaves using light microscopy might not have to do with leaf thickness but instead

493 be related to other traits associated with CAM leaves and the embedding process. Further,
494 thicker leaves might be more prone to anatomical variations between the leaf sections,
495 which, over such a volume, might lead to greater variation in the amount of exposed
496 surface. However, the differences are not caused by the user analyzing the embedded
497 slice as both lead authors independently measured values within 5% of each other using
498 two different approaches (data not shown). While adding more species to this comparison
499 would improve our confidence, we can assume that for most species the embedding
500 process would lead to S_m values in a reasonable range to microCT data, and hence
501 Thain's method is appropriate for embedded material.

502

503 *More replications needed for leaves with highly diverged veins*

504 Using our binary stacks of leaf cross sections, we showed that for ~40% of the
505 studied species, only one section was needed to produce a $S_{m,Thain}$ estimate within 10%
506 of the whole leaf median, 95% of the time (Figure 4a), and 65% of the species need three
507 slices or less. A common practice is to measure S_m over at least three slices (e.g. Evans
508 *et al.*, 1994; Tholen *et al.*, 2008; Tosens *et al.*, 2012). Hence, for a high number of species,
509 averaging S_m from at least three slices would provide estimate close to the leaf median.
510 However, several species needed to be averaged over a higher number of slices to get a
511 S_m value within 10% of the leaf median. This was not related to the raw S_m value (Figure
512 4b), but rather to the anisotropy in leaves found in certain species, which is commonly
513 associated with leaf venation patterns (e.g. Fujita & Mochizuki, 2006). Looking more
514 closely at the species differences, we found that those needing the fewest slices were
515 mainly parallel-veined leaves such as monocots, or species with weakly diverged veins
516 (e.g. *Myriopteris* and *Nymphaea*). For species possessing highly diverged veins, the
517 number of slices needed increased substantially, and up to 30 slices if the goal is to reach
518 5% of the leaf median. Fortunately, those outliers were caused by a high proportion of
519 vein in the slices (Figure 5), which were included in our method automated over the whole
520 leaf stack, and this becomes obvious by examining the relationship between the number
521 of slices and the ratio of the $S_{m,2D}$ median and standard deviation (Figure 4c). Ultimately,
522 it is up to the person doing the study to determine how many slices he or she needs. Our
523 case is an exception as we compared a minimum of 200 slices. In doing this, we identified

524 that removing the slices with a substantial vein fraction, a subjective filtering commonly
525 done on microscopy slices, decreased the number of slices needed, resulting in 83% of
526 species requiring three slices or less to be within 10% of the leaf median -- a deviation
527 that we considered appropriate. However, one might look at 10 slices, for example, and
528 find that variability is high, which suggests that more slices are needed.

529

530 **Conclusion and recommendations for proper use and reporting of 2D methods**

531 We describe in this paper a standardized method to reconstruct, extract, and
532 analyze plant leaves scanned with microCT, based entirely on open-source software. For
533 a diverse anatomical and phylogenetic set of 23 species, we compared our 3D S_m
534 estimates with four 2D methods commonly found in the literature – treating the microCT
535 stacks as a digital leaf sample, a most appropriate tool for this comparison. The method
536 of Sack *et al.* (2013) produces the highest values as it estimates the entire cell surface
537 and not just the surface exposed to the IAS. The method from Turrell (1936) is the most
538 accurate as it often estimates 2D S_m to within 10% of the 3D value, but it necessitates the
539 highest number of leaf sections, both cross section and paradermal. The method of Thain
540 (1983) is the easiest to apply and produces reliable estimates, and so would be the
541 method of choice for most researchers without access to microCT. This method also
542 produces reasonable results when comparing with embedded leaf samples, the most
543 common way of estimating S_m in the literature. Hence, the Thain (1983) and Turrell (1936)
544 methods are valid and comparable among themselves, and they should be the only
545 methods used when comparing data from different sources in the literature. Moreover, to
546 improve the reporting and quality of S_m estimates, we recommend that at least three cross
547 sections should be averaged when using 2D methods, with particular care when analyzing
548 species with highly diverged veins. Regarding notation, we recommend reporting A_{mes}/A
549 when the total mesophyll surface is measured (e.g. Nobel *et al.* 1975; Sack *et al.* 2013),
550 and defining S_m as the surface area exposed to the IAS. Finally, when applying the Thain
551 (1983) curvature correction method we suggest that authors measure and report values
552 for each tissue, as opposed to using existing values in the literature.

553

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561

562 **Author Contributions**

563 GTR and JME conceived the study, developed the method and analyzed the data, with
564 methodological inputs from MAZ, CRB, and MEG. GTR, JME, CKB, MAZ, AJM, and CRB
565 acquired the data. GTR and JME wrote the manuscript, with contributions from all authors.

566

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- 691

Table 1. Anatomical data and S_m values estimated using microCT (3D) and using for 2D methods for the 23 studied species

Family	Species	t (μm)	θ_{pal}	θ_{sp}	f_{pal}	$S_{m,3D}$		$S_{m,2D}$					Thain's correction		
						R1 ^a	R2	raw	JSV	Thain	Turrell	Sack et al.	F_{pal}	F_{sp}	F_{leaf}
Pteridophytes															
Aspleniaceae	<i>Asplenium nidus</i>	128		0.25	0	11.1	9.6	8.6 (1.9) ^p	8.1	12.6	10.6	25.1		1.44	1.44
Polypodiaceae	<i>Platynerium bifurcatum</i>	380	0.05	0.24	0.43	19.6	16.5	13.6 (3.5)	16.9	18.2	17.2	57.8	1.39	1.33	1.33
Pteridaceae	<i>Adiantum tenerum</i>	220	0.50	0.62	0.13	25.9	22.2	15.1 (1.3)	16.9	22.4	20.8	14.2	1.36	1.50	1.48
	<i>Myriopteris aurea</i>	237	0.16	0.35	0.42	28.0	23.0	19.5 (1.6)	20.8	26.7	28.9	48.7	1.52	1.27	1.38
Gnetophytes															
Welwitschiaceae	<i>Welwitschia mirabilis</i>	670 ^c	0.05		1	49.5	32.9	31.4 (2.8)	48.6	47.5	45.9	157.8	1.46		1.46
Magnoliids															
Lauraceae	<i>Cinnamomum verum</i>	95	0.15	0.60	0.22	9.5	8.0	6.8 (2.0)	6.7	8.7	8.8	24.6	1.49	1.20	1.26
Basal angiosperms															
Austrobaileyaceae	<i>Austrobaileya scandens</i>	228	0.05	0.17	0.29	8.2	7.3	6.0 (1.5)	7.9	6.8	8.3	53.3	1.36	1.23	1.26
Nymphaeaceae	<i>Nymphaea helvola</i>	655	0.27	0.63	0.31	33.3	28.6	23.6 (2.4)	23.9	31.9	35.1	65.6	1.46	1.32	1.36
Schisandraceae	<i>Illicium floridanum</i>	257	0.25	0.51	0.31	13.4	12.2	9.6 (1.2)	9.8	12.2	12.0	21.0	1.42	1.21	1.28
Asterids															
Asteraceae	<i>Helianthus annuus</i>	210	0.24	0.45	0.55	24.5	19.9	17.1 (5.2)	20.1	24.0	24.8	53.1	1.51	1.31	1.42
Campanulaceae	<i>Brighamia insignis</i>	107	0.08	0.18	0.20	11.6	9.8	7.8 (1.4)	9.7	10.9	10.5	50.1	1.41	1.40	1.40
Ericaceae	<i>Rhododendron cilipes</i>	340	0.08	0.38	0.50	27.3	19.8	18.1 (2.6)	22.7	25.5	30.3	65.6	1.52	1.33	1.43
Helwingiaceae	<i>Helwingia chinensis</i>	95	0.24	0.69	0.34	12.2	11.0	8.4 (2.0)	9.0	12.2	11.1	18.2	1.45	1.38	1.40
Rosids															
Malvaceae	<i>Gossypium hirsutum</i>	304	0.20	0.36	0.57	41.6	31.9	28.8 (5.9)	30.8	41.3	37.4	75.0	1.55	1.33	1.45
Rosaceae	<i>Prunus dulcis</i>	178	0.19	0.35	0.50	31.2	21.2	18.5 (3.9)	25.7	26.4	24.3	74.7	1.49	1.43	1.46
Monocots															
Araceae	<i>Monstera deliciosa</i>	165	0.14	0.40	0.26	18.6	16.8	11.5 (1.4)	14.9	14.7	17.0	40.4	1.46	1.22	1.28
Bromeliaceae	<i>Aechmea fendleri</i>	150		0.04	0	8.2	6.8	6.4 (0.8)	7.2	8.9	8.8	35.8		1.38	1.38
	<i>Aechmea fulgens</i>	459	0.10	0.71	0.90	39.2	29.2	30.0 (8.6)	27.2	37.8	- ^d	69.6	1.33	1.35	1.33

	<i>Bilbergia elegans</i>	380	0.06	0.74	0.74	29.1	22.7	19.1 (1.5)	16.4	24.9	- ^d	51.0	1.32	1.27	1.31
	<i>Guzmania lingulata</i>	99	0.07	0.64	0.26	9.6	8.0	6.4 (0.6)	6.3	8.1	10.3	23.5	1.41	1.22	1.27
	<i>Nidularium innocentii</i>	113	0.12	0.56	0.25	12.0	10.3	8.0 (1.4)	9.5	10.5	10.4	23.0	1.35	1.28	1.30
	<i>Puya alpestris</i>	322	0.09	0.30	0.25	37.5	28.6	25.1 (1.9)	33.9	33.3	30.8	91.8	1.44	1.30	1.33
	<i>Oncidium</i>														
Orchidaceae	<i>ornithorhynchum</i>	151		0.04	0	16.4	9.7	10.8 (1.8)	6.9	13.1	10.6	60.2		1.22	1.22

^a: Resampling rate (R) used to produce the 3D surface: 1 = smaller grid (more detail); 2 = larger grid (smoother, but less detail).

^b: Standard deviation in parentheses. The same sd applies to the Thain corrected values.

^c: Leaf thickness of *Welwitschia* is 1871 μm , but the mesophyll comprises only 670 μm .

^d: Because of the large lacunae and of the organization of the cells within the leaf profile, it was not possible to properly apply the Turrell method for those species.

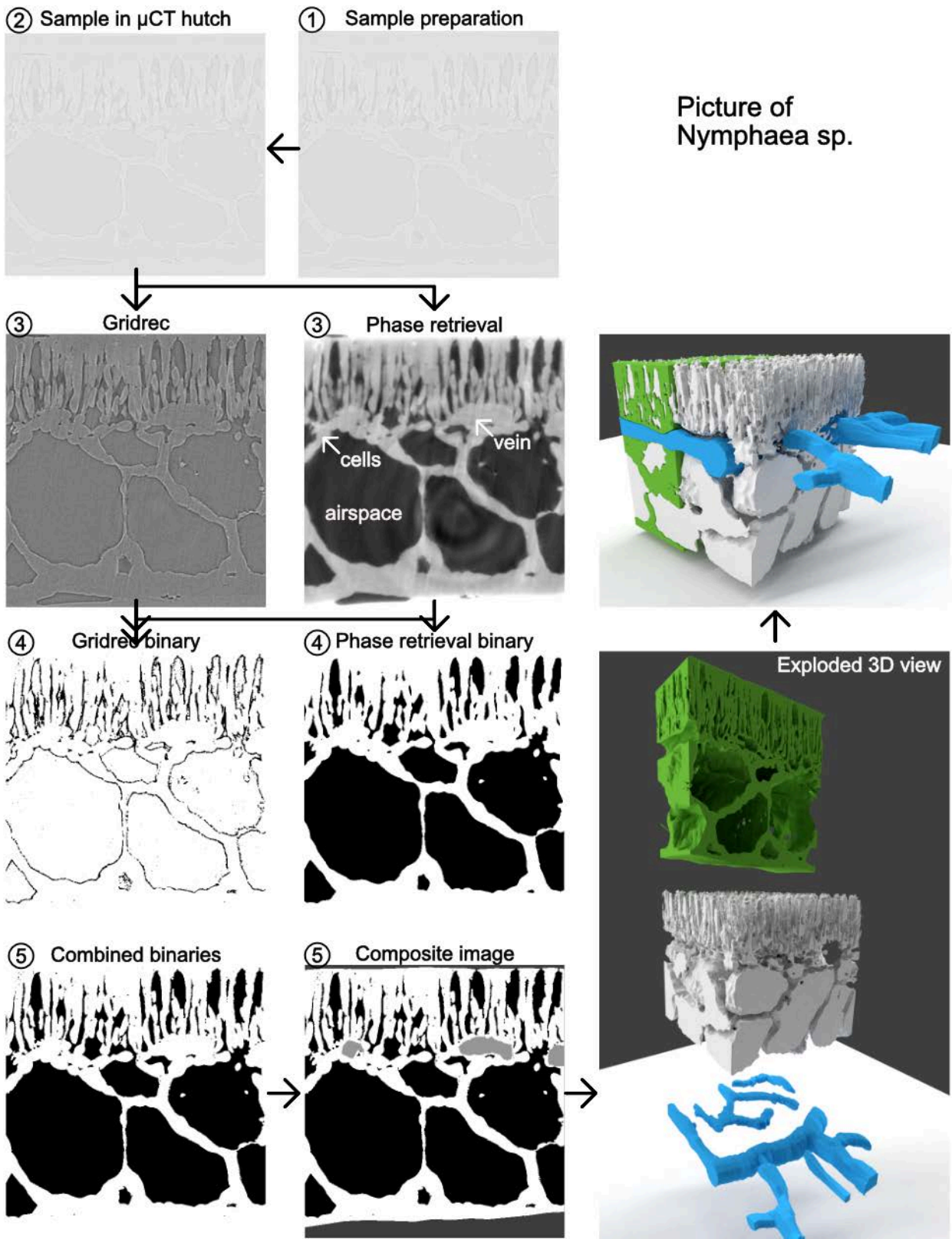


Figure 1. Graphical representation of the steps needed to produce a 3D representation of the leaf airspace, from leaf sample preparation (1) to the creation of a composite image stack with leaf airspace, cells, veins and mesophyll being segmented (5). The full description of the different steps are presented in the Methods associated with the circled numbers.

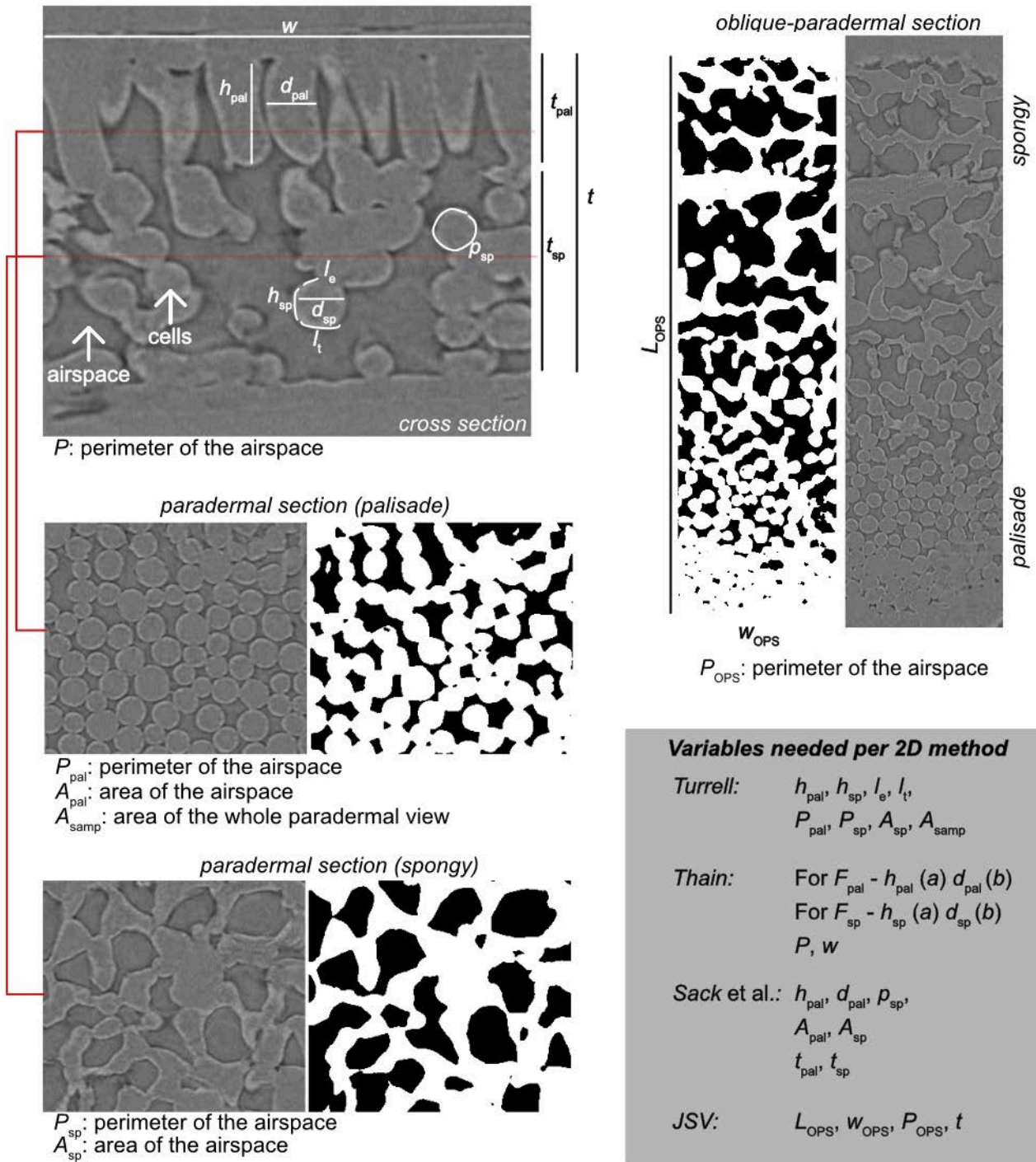


Figure 2. Graphical representation of the different variables measured on 2D sections for the four 2D methods compared in this study. For each section, the variables are drawn out when they are measured directly on cells or when corresponding to the dimensions of the section. Variables measured on binary images (airspace and non-airspace; examples presented for the paradermal and oblique-paradermal sections) are written below their respective section. A full description of each variable is presented in the Methods section. Airspace: dark or black regions; Cells: light or white regions.

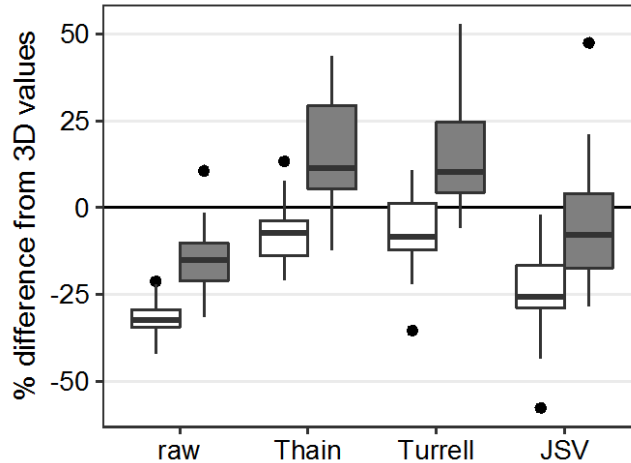


Figure 3. Error associated with different methods for estimating S_m using 2D methods compared to the microCT-derived 3D value estimated using a finer mesh size (resampling rate of 1; white boxes) and a slightly larger mesh size (resampling rate of 2; gray boxes). The raw and uncorrected 2D S_m values are presented as a comparison: it is on these values that the Thain correction was applied to. The horizontal light gray shaded area represents 10% below and above the 3D value. $n = 23$, except for the Turrell method where $n = 21$ as this method was difficult to apply for leaves with large lacunae. Estimates for the Sack *et al.* method had differences beyond the scale shown.

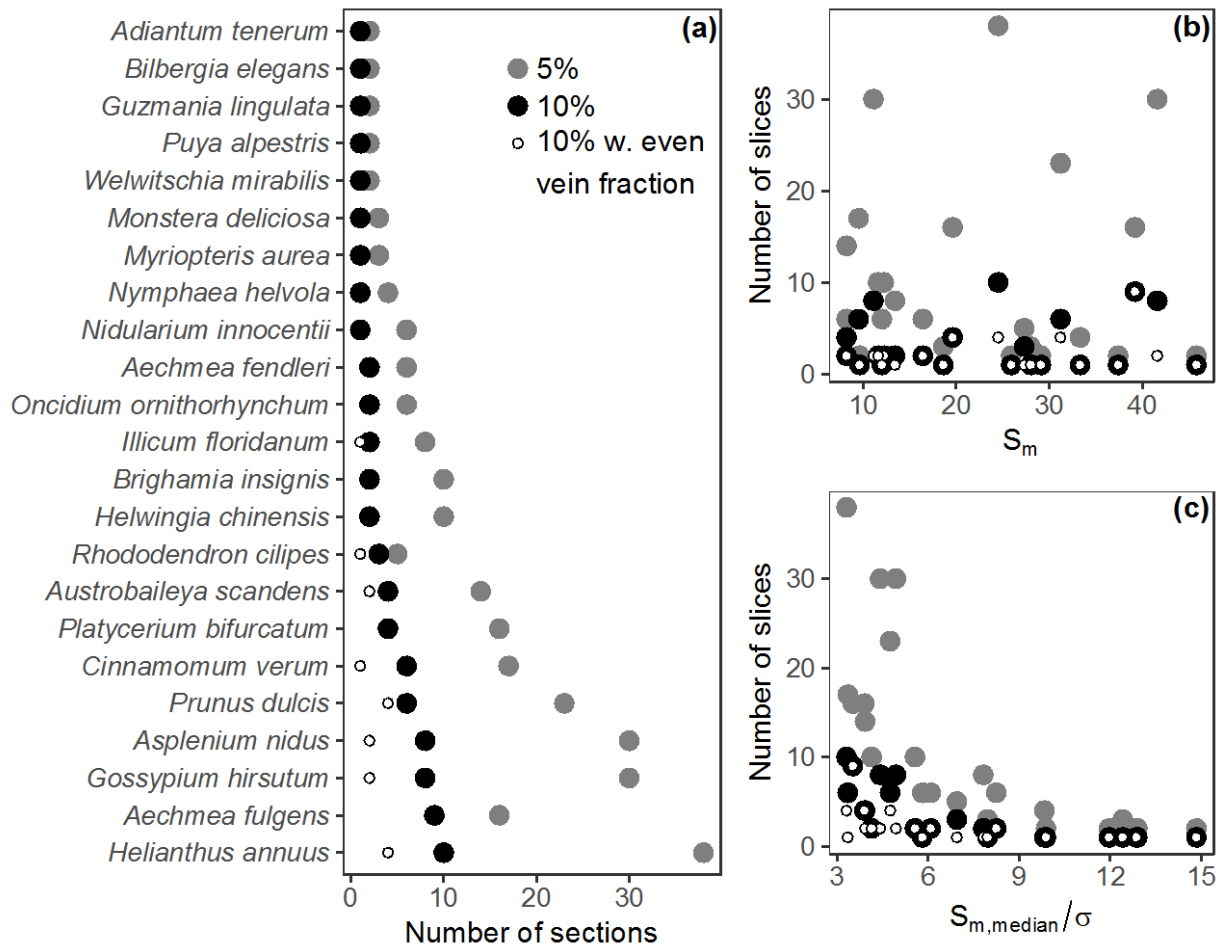


Figure 4. Number of 2D sections needed to estimate S_m within 5 (gray circles) or 10% (black circles) of the leaf level median with 95% confidence (a; left column), and the relationship between the minimum number of slices and the median S_m values (b; upper right) and with the median divided by the standard deviation (c; lower right). The minimum number of slices was also evaluated by removing the slices with too much vein coverage, a practice usually done on microscopic slices (small white circles in left plot, only when there was a different value from the black circles). This practice lead to substantially reduce the minimum number of slices needed to get within 10% of the leaf level median for most of the studied species.

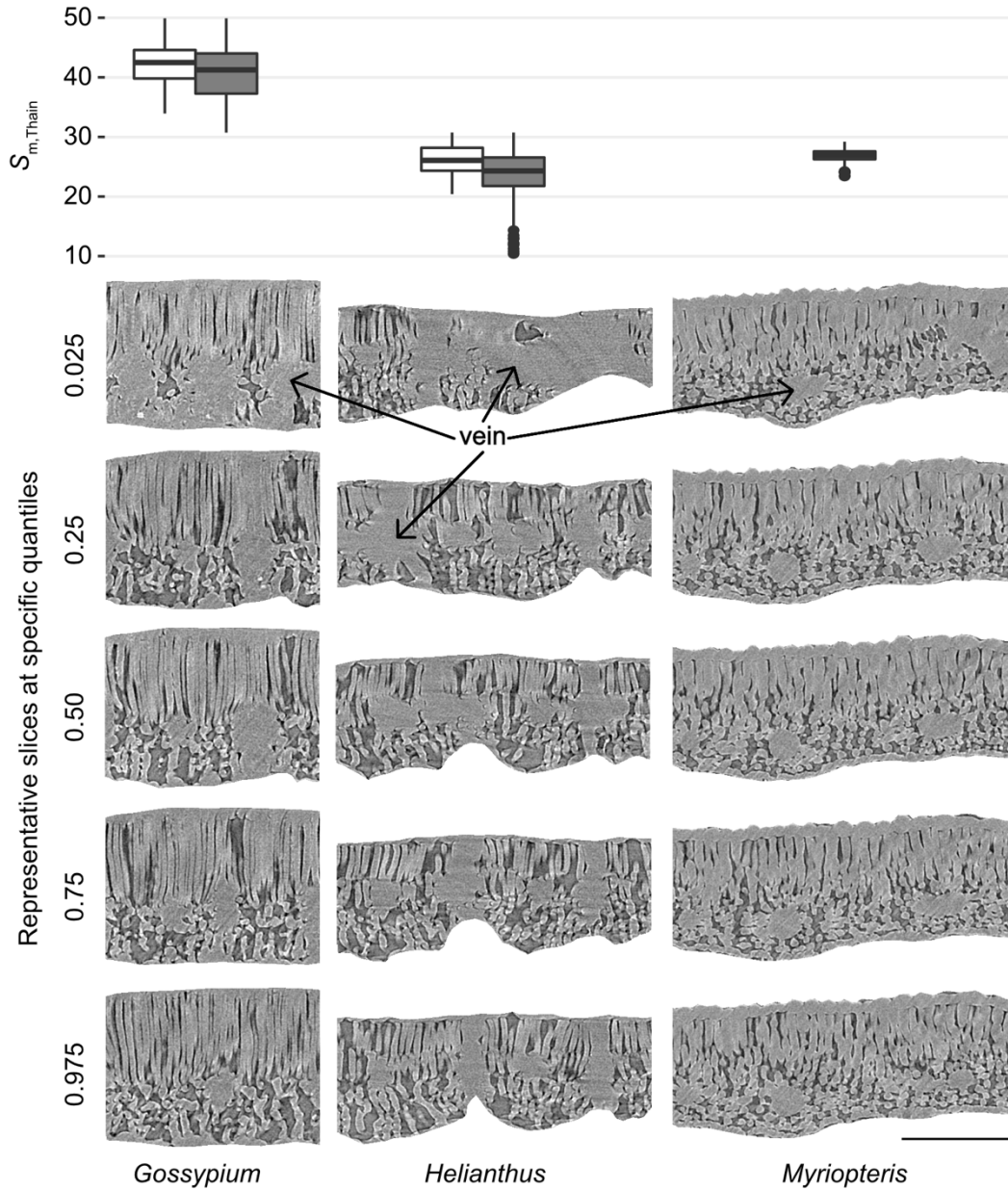


Figure 5. The effect of vein area in the calculation of S_m . Boxplot showing mean S_m values calculated from images with (gray) and without (white) slices a high fraction of vein tissue for *Gossypium*, *Helianthus*, and *Myriopteris*. Representative transverse microCT slices at five quantiles (0.025, 0.25, 0.5, 0.75, 0.975) within the image stacks are shown, with veins being shown for each species.

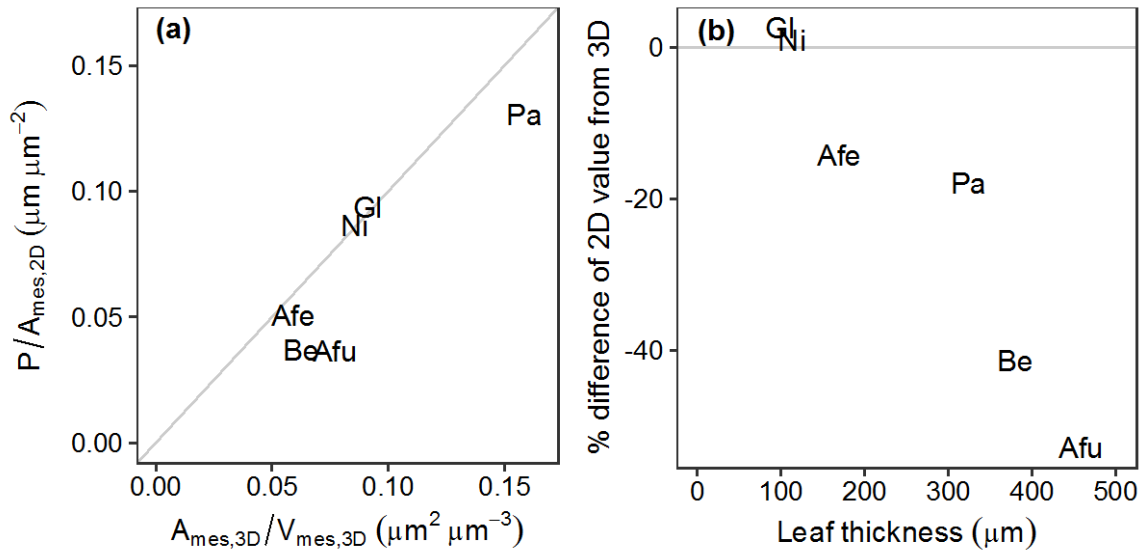


Figure 6. Deviation of 2D estimates of mesophyll surface area exposed to the IAS compared to the microCT-derived 3D value, and how the error increases with leaf thickness. (a) The relationship between the 2D-derived mesophyll perimeter exposed to the IAS (P) relative to leaf area and the 3D equivalent derived from microCT. The same leaves were used for both microCT and light microscopy analysis. (b) The relationship between the relative difference between the 2D and 3D values with leaf thickness. Species abbreviations: Afe: *Aechmea fendleri*; Afu: *Aechmea fulgens*; Be: *Bilbergia elegans*, Gl: *Guzmania lingulata*; Ni: *Nidularium innocentii*; Pa: *Puya alpestris*.

Supplementary Table S1: Growth conditions and supplementary information on the plant specimens used.

Family	Species	Auth.	Source	Growth location
Pteridophytes				
Aspleniaceae	<i>Asplenium nidus</i>		U. of Chicago	Greenhouse
Polypodiaceae	<i>Platycterium bifurcatum</i>		U. of Chicago	Greenhouse
Pteridaceae	<i>Adiantum tenerum</i>		U. of Chicago	Greenhouse
	<i>Myriopteris aurea</i>		UC Berkeley Bot. Garden	Outdoors
Gnetophytes				
Welwitschiaceae	<i>Welwitschia mirabilis</i>		UC Davis Bot. Conservatory	Greenhouse
Magnoliids				
Lauraceae	<i>Cinnamomum verum</i>		U. of Chicago	Greenhouse
Basal angiosperms				
Austrobaileyaceae	<i>Austrobaileya scandens</i>		UC Berkeley Bot. Garden	Outdoors
Nymphaeaceae	<i>Nymphaea</i> sp.		UC Davis Bot. Conservatory	Outdoors
Schisandraceae	<i>Illicium floridanum</i>		UC Berkeley Bot. Garden	Outdoors
Asterids				
Asteraceae	<i>Helianthus annuus</i>		UC Davis	Outdoors
Campanulaceae	<i>Brighamia insignis</i>		U. of Chicago	Greenhouse
Ericaceae	<i>Rhododendron cilipes</i>		UC Berkeley Bot. Garden	Outdoors
Helwingiaceae	<i>Helwingia chinensis</i>		U. of Chicago	Greenhouse
Rosids				
Malvaceae	<i>Gossypium hirsutum</i>		UC Davis	Outdoors
Rosaceae	<i>Prunus dulcis</i>		UC Davis	Outdoors
Monocots				
Araceae	<i>Monstera deliciosa</i>		U. of Chicago	Greenhouse
Bromeliaceae	<i>Aechmea fendleri</i>		UC Davis Bot. Conservatory	Greenhouse
	<i>Aechmea fulgens</i>		UC Davis Bot. Conservatory	Greenhouse
	<i>Bilbergia elegans</i>		UC Davis Bot. Conservatory	Greenhouse
	<i>Guzmania lingulata</i>		UC Davis Bot. Conservatory	Greenhouse
	<i>Nidularium innocentii</i>		UC Davis Bot. Conservatory	Greenhouse
	<i>Puya alpestris</i>		UC Berkeley Bot. Garden	Outdoors
	<i>Oncidium ornithorhynchum</i>		U. of Chicago	Greenhouse

Supplementary Information

Detailed description of the four S_m methods compared in this study

1. Turrell's method: Franklin M. Turrell first reported on the surface area of mesophyll cells exposed to the IAS in 1933 (Turrell, 1933). Although he was not the first to emphasize the functional significance of the IAS, he developed a method to easily measure S_m using a camera lucida (Turrell, 1936), and this method was used in early landmark papers such as El-Sharkawy and Hesketh (1965). Turrell's method used a combination of at least two paradermal (one for each palisade and spongy layers) and one cross sections, along with simplifying geometric assumptions. For each palisade cell layer, the exposed surface was calculated as the total length of mesophyll surface exposed to the IAS in a paradermal section multiplied by the layer's height measured in a cross section. For the spongy mesophyll, Turrell assumed that the multiple cell layers had the same exposed surface area. He assumed that the entire height of the spongy cells was exposed to the IAS, but that only a fraction of the horizontal (paradermal) length was actually exposed. The exposed surface on the epidermis was also considered, as Turrell's goal was to correlate the exposed surface area to transpiration rate (e.g. Turrell, 1944), and estimate the airspace volume in the spongy mesophyll.
2. Thain's curvature correction: J. F. Thain argued in his 1983 paper that while stereological methods are likely more accurate, they are difficult when spatial heterogeneity in leaf structure exists, which commonly occurs in many species. Further, Thain warned against treating all cells as ideal shapes (e.g. spheres and cylinders) and against the averaging of single cell estimates. He recommended measuring the surfaces of all cells (as done by Dengler & MacKay, 1975), i.e. the surface exposed to the IAS. Evans et al. (1994), a much used reference for measuring and correcting S_m , also followed Thain's approach. Using this raw perimeter assumes, however, that "*all points in the section are oriented perpendicularly to the plane of the section*", which is very often invalid as the cells are curved between the two cut sides of a section. He thus presented an easy technique to correct for this unaccounted curvature of the cells. Consequently,

Thain's method is relatively low effort and is the most common found in the recent literature. To correct for the curvature of the cells, the major and minor axes are measured and averaged for a number of cells, preferably by distinguishing the different layers of cells or types of mesophyll tissue (e.g. Evans *et al.*, 1994; Galmés *et al.*, 2013; Theroux-Rancourt & Gilbert, 2016). Then, using shape specific equations, a curvature correction factor (F) is computed. To get a leaf-averaged F , the palisade and spongy mesophyll specific F are weighted by their respective fraction and summed (Evans *et al.*, 1994). Thain concluded his paper by saying that his method removes the “dubious” assumptions of other methods and that it should be minimally affected by the actual cell shape (e.g. see his Table 1). His method has since been validated against stereological methods, which provide similar results (Morris & Thain, 1983). Further, the Thain (1983) method requires only one cross section, but Evans *et al.* (1994) recommended using paradermal sections to get the true diameter of the cells.

3. JSV oblique-paradermal section method: James, Smith & Vogelmann (1999) developed a method that requires only a single section. The interest in comparing this method against the others is that it produced S_m estimates for a wide range of species (56) and families (21) (Slaton & Smith, 2002), but to our knowledge it has not been used in subsequent studies. Sectioning an embedded leaf at an angle (i.e. the cut is not at a 90° angle from the epidermis, but between 30 and 80° ; see (Slaton & Smith, 2002)) produces an oblique-paradermal section (OPS). James *et al.* (James *et al.*, 1999) did not provide background on why this method would produce comparable or better estimates than other methods (they cite Thain (1983) and Nobel *et al.* (1975)). To compute their estimates (as simplified by Slaton & Smith, 2002) all of the exposed perimeter is measured on the section and multiplied by the mesophyll thickness to produce a surface, and ii) this surface is divided by the surface of the OPS (the width of the section along the epidermis and the length of the section from epidermis to epidermis). In other words, all the cells in the OPS are considered as one cell with a height equal to mesophyll thickness. Thus, the measured area is not simply the projected leaf area as for the two previous methods, but the actual measurement area.

4. Sack *et al.* (2013) method: Sack *et al.* (2013) present a method that allows for quantification of individual cell and tissue-level traits. This method is a re-evaluation of former methods (e.g. Nobel *et al.* 1975) that measured cell dimensions and assumed ideal cell shapes, such as spheres and cylinders. It does not measure the total perimeter of mesophyll exposed to the IAS as the former three methods. Moreover, it assumes that the entire cellular surface is exposed to the IAS. This line of methods originates mainly from Nobel *et al.* (1975). Nobel *et al.* (1975) mentioned that while the assumption of the entire cell surface being exposed to the IAS might overestimate S_m , assuming ideal shapes should compensate local irregularities in leaf cross sections leading to a reasonably accurate estimate. Sack *et al.* (2013) innovated by providing a detailed method for calculating spongy and palisade cells, the latter being divided into I- and H-shaped cells. H-shaped cells are frequent in certain *Viburnum* species, and this method was used to compare 80 species of that genus (Chatelet *et al.*, 2013). The Sack *et al.* (2013) method requires only one cross-section. Note that both Nobel *et al.* (1975) and Sack *et al.* (2013) use the notation A_{mes}/A , the surface of mesophyll over leaf area, instead of S_m , which has mainly been associated with the surface exposed to the IAS.

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