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## Sampling tissue volumes using frequency-domain photon migration

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We demonstrate the use of Monte Carlo simulations to generate photon scattering density functions (PSDFs) that represent the tissue volume sampled by steady-state and frequency-domain photon migration. We use these results to illustrate how scaling laws can be developed to determine the mean sampling depth of the multiply scattered photons detected by photon migration methods that remain valid outside the bounds of the standard diffusion approximation, i.e., at small source-detector separations and in media where the optical absorption is significant relative to scattering. Using both the PSDF computation and the newly formulated scaling laws, we focus on a comprehensive description of the effects of source modulation frequency, optical absorption, and source-detector separation on the depth of the sampled tissue volume as well as the sensitivity of frequency-domain photon migration measurements to the presence of a localized absorption heterogeneity.

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### I. BACKGROUND AND MOTIVATION

In recent years, photon migration methods have been shown to be capable of noninvasively quantifying the physiological properties of biological systems [1–3]. These methods have been used with much success to study many biological systems including breast and muscle physiology and the functional activity of the brain [4–9]. Photon migration measurements often employ a single source-detector pair to determine the optical properties of tissue systems that are treated as spatially homogeneous. These optical properties are then used to determine the morphology and biochemical composition (e.g. [red-Hb], [HbO<sub>2</sub>], [H<sub>2</sub>O]) of the tissue under consideration [10,11]. In such cases, the detected photons have interacted with the tissue at multiple locations. To optimize the sensitivity of such measurements to a structure of interest, or to simply define the tissue volume ‘sampled’ by a given measurement, it is essential to have the capability to not only determine the tissue volume probed by a given source-detector configuration, modulation frequency, and set of tissue optical properties, but also to quantify the effect of a localized absorbing heterogeneity on the measured signal.

This is not a new problem. The identification of the volume sampled by photon migration methods when probing highly-scattering homogeneous tissues was first addressed by the seminal work of Weiss *et al.* [12]. This first investigation employed a random-walk model for radiative transport to establish basic scaling laws governing the distribution of depths visited by the photons collected in a steady-state pho-

ton migration measurement. These scaling laws provided functional relationships for how the visitation depth distribution varies as a function of the tissue absorption  $\mu_a$  and reduced scattering  $\mu'_s$  coefficients and the source-detector ( $s$ - $d$ ) separation  $\rho$ . These analytic expressions were confirmed by Monte Carlo simulations and consistent with later experimental and theoretical considerations developed by Patterson *et al.* [13]. Over the past fifteen years, many groups have expanded and generalized this early work using analytic, computational and/or experimental approaches to characterize the photon sampling volume when using steady state, time-resolved or frequency-domain photon migration techniques [14–22]. Moreover, experimental, analytical, and computational studies have examined the impact of small localized heterogeneities [16,21,23–26] and layered tissue structures [23,24,27] on the tissue volume sampled by the detected photons.

These early studies provided several important results. Patterson *et al.* demonstrated that different tissue depths can be probed using time-gating methods [13]. Using frequency-domain methods, Sevick *et al.* demonstrated that for a given  $s$ - $d$  separation an increase in source modulation frequency provides greater sensitivity to superficial tissue volumes [21]. This study also examined the change in the modulation and phase of the detected photon density wave produced by the introduction of an absorbing heterogeneity into an otherwise homogeneous medium. In all cases, the investigators found the existence of a “blind” location within the volume sampled by the detected photons at which the placement of an optical heterogeneity would result in no change in the measured signal. Along these same lines, Gratton *et al.* showed experimentally that the position of this blind location differs slightly depending on whether one examines the amplitude or phase of the detected photon density wave [18]. However, while the main features regarding photon sampling density are understood, a comprehensive quantitative analysis that accommodates a full range of  $s$ - $d$  separations, optical properties, and source modulation frequencies is still missing. In particular, the distinction between the characteristics

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of the tissue volume sampled using frequency-domain, as opposed to steady-state, photon migration methods and their relative sensitivities in detecting small optical heterogeneities has not been clearly addressed.

Our interest here is the comprehensive examination of the volume probed within a homogeneous turbid medium using steady-state and frequency-domain photon migration methods. We employ the Monte Carlo method to simulate the radiative transport involved because we do not wish to restrict this investigation to conditions under which the diffusion approximation is valid, namely when  $\mu'_s \gg \mu_a$  and  $\rho \gg l^*$ , where  $l^* = (\mu_a + \mu'_s)^{-1}$ . Our objectives are twofold. First, we intend to characterize the variation in the sampling volume with absorption and reduced scattering coefficients  $\mu_a$  and  $\mu'_s$ , source modulation frequency  $f$ , and source-detector separation  $\rho$ . This is done through the generation of a photon scattering density function (PSDF) that utilizes photon trajectories provided by a Monte Carlo simulation to define the tissue volume sampled for a given measurement. Using the PSDF we examine the mean depth sampled by the detected photons and its variation with the optical properties and measurement parameters of interest. These results are compared to predictions provided by the standard diffusion approximation to the Boltzmann transport equation as well as to scaling laws that we have developed to predict the mean photon visitation depth  $\langle z \rangle$  and its variation with  $s$ - $d$  separation  $\rho$ , absorption coefficient  $\mu_a$  and source modulation frequency  $f$ . This is done in a generalized fashion so that accurate results can be obtained both inside and outside the purview of the standard diffusion approximation. Second, we demonstrate how the PSDF can be used to determine easily the sensitivity of frequency-domain photon migration measurements to the introduction of a small absorbing heterogeneity. This is done to examine the perturbation offered by such a heterogeneity as a function of its location,  $s$ - $d$  separation, and source modulation frequency. This analysis reveals that the “blind” locations in which tissue heterogeneities can reside but not be detected using frequency domain methods arise through the interference of the source photon density wave with the photon density wave scattered by the heterogeneity.

## II. METHODOLOGY

### A. Computation of the photon scattering density function (PSDF)

We consider the situation depicted in Fig. 1(a) with a source and detector with identical numerical aperture (NA) of 0.37 separated by a distance  $\rho$ . In all cases, the sample is assumed to have refractive index  $n_{rel} = 1.4$  relative to the surroundings with optical absorption and scattering coefficients  $\mu_a$  and  $\mu_s$ , and single-scattering asymmetry coefficient  $g$ . A reduced scattering coefficient  $\mu'_s$  can then be defined as  $\mu'_s \equiv \mu_s(1-g)$ . We implement Monte Carlo simulations wherein each photon is “injected” into the medium with a “weight” of 1. The path length  $l$  between successive scattering events is sampled from the density function  $\mu_s \exp(-\mu_s l)$ . The azimuthal scattering angle is sampled

uniformly while the longitudinal scattering angle is sampled from the Henyey-Greenstein phase function with  $g = 0.8$ . We consider a slab geometry with a thickness of 100 mm. The boundary condition at the top surface was specified by the Fresnel relations for unpolarized light. The bottom surface was treated as index-matched. The photon weight within the medium is adjusted using continuous absorption weighting and photons are terminated only by their escape from the medium. For each photon that arrives at the detector, we record and save the locations at which it scattered within the medium in a computer file for later analysis.

Using the file containing the detected photon trajectories, we define a three-dimensional matrix  $\nu_{s,i}(x,y,z)$  representing the volumetric density of scattering events resulting from the migration of the  $i$ th detected photon in the medium. Using this definition, the total number of scattering events  $N_{s,i}$  the  $i$ th detected photon undergoes within the tissue volume is given by

$$N_{s,i}(x,y,z) = \sum_{k=0}^X \sum_{l=0}^Y \sum_{m=0}^Z \nu_{s,i}(x_k, y_l, z_m) \Delta x \Delta y \Delta z, \quad (1)$$

where  $X$ ,  $Y$ , and  $Z$  represent the maximum spatial dimensions of the computational domain and  $\Delta x$ ,  $\Delta y$ , and  $\Delta z$  are the dimensions of the three-dimensional “voxels” that lie within. Using this definition for the volumetric scattering density  $\nu_s$  we define the photon sampling density function  $\sigma(x,y,z,t)$  corresponding to all photons detected over the time interval  $0 \rightarrow t$  as

$$\begin{aligned} \sigma(x,y,z,t) &= \sum_{\forall i \text{ where } t_i < t} \frac{W_i}{N_{s,i}(x,y,z)} \nu_{s,i}(x,y,z) \\ &= \sum_{\forall i \text{ where } t_i < t} \frac{\exp(-\mu_a c t_i)}{N_{s,i}(x,y,z)} \nu_{s,i}(x,y,z), \quad (2) \end{aligned}$$

where  $t_i$  is the arrival time of the  $i$ th photon at the detector.  $\sigma(x,y,z,t)$  represents a spatial distribution of the number of scattering events per unit volume produced by the detected photons up to time  $t$ .  $W_i$  is the weight of the  $i$ th detected photon and is computed using  $W_i = \exp(-\mu_a c t_i)$ ;  $\mu_a$  being the absorption coefficient of the medium and  $c t_i$  being the total path length traversed by the  $i$ th detected photon which travels at speed  $c$  in the turbid medium and arrives at the detector at time  $t_i$ . The restriction on the sum over index  $i$  is present to exclude those photons that arrive at the detector after time  $t$ .

However, the focus of this study is to examine the PSDF in the frequency domain. We thus consider the frequency-resolved diffuse reflectance  $\bar{\rho}_d(\omega)$  measured at the detector:

$$\bar{\rho}_d(\omega) = \int_{-\infty}^{\infty} \rho_d(t) \exp(-j\omega t) dt, \quad (3)$$

where  $\rho_d(t)$  is the time-resolved diffuse reflectance,  $\omega$  the angular modulation frequency, and  $j = \sqrt{-1}$ . Using the method proposed by Testorf *et al.* [28] the PSDF for the

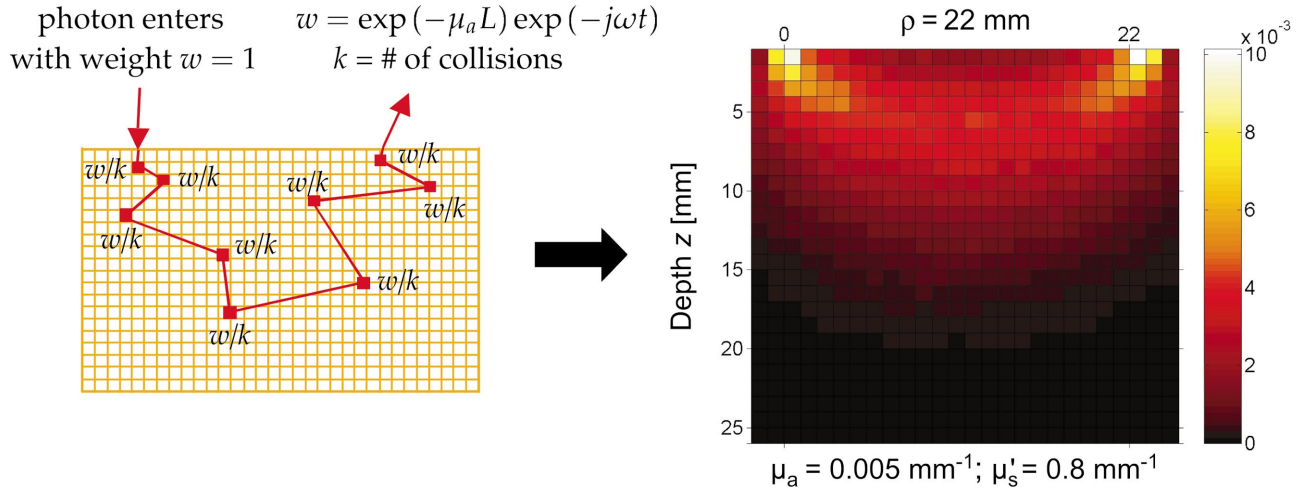


FIG. 1. (Color) (a) Schematic of Monte Carlo simulations used to generate the PSDF. (b) Sample of the PSDF given for frequency-domain photon migration with a source modulation frequency  $f=400$  MHz within a medium possessing  $\mu_a=0.005/\text{mm}$  and  $\mu'_s=0.8/\text{mm}$ . The source and detector possessed numerical apertures of  $NA=0.37$  and were separated by  $\rho=22$  mm.

angular modulation frequency  $\omega_0$ ,  $\bar{\sigma}(x,y,z,\omega_0)$ , can be computed using the expression

$$\bar{\sigma}(x,y,z,\omega_0) = \sum_i \frac{\exp(-\mu_a c t_i - j\omega_0 t_i)}{N_{s,i}(x,y,z)} \nu_{s,i}(x,y,z). \quad (4)$$

Note that in such a case,  $\bar{\sigma}(x,y,z,\omega_0)$  is a complex three-dimensional matrix, i.e., a matrix possessing real and imaginary parts. The magnitude of  $\bar{\sigma}(x,y,z,\omega_0)$  scales directly with the probability that the detected photons have scattered within an infinitesimal volume located at  $(x,y,z)$ . Figure 1(b) provides a sample of the PSDF amplitude within a semi-infinite medium probed by frequency domain photon migration at  $f=400$  MHz with  $\rho=22$  mm,  $\mu_a=0.005/\text{mm}$ , and  $\mu'_s=0.8/\text{mm}$ . These values are typical for female breast tissue in the far visible and near infrared [5].

As depicted in Fig. 1(a) this approach to deriving the PSDF partitions the detected weight of the photon equally among the locations at which it scatters within the sample. This ensures that photons that contribute most to the measured signal also contribute most to the PSDF. Defining the PSDF in this way ensures that the sum of the weights of all the detected photons can be recovered using volumetric integration. Thus

$$W = \sum_i W_i = \sum_{k=0}^X \sum_{l=0}^Y \sum_{m=0}^Z \sigma(x_k, y_l, z_m) \Delta x_k \Delta y_l \Delta z_m. \quad (5)$$

Note that the removal of a given volume element (voxel) located at  $(x,y,z)$  has the same effect on the detected weight as the addition of a small absorbing heterogeneity. This is essentially equivalent to a Born approximation where the effect of the absorption heterogeneity perturbs the measured signal but not the spatial distribution of the radiative transport in the medium. Thus changes in the detected signal pro-

duced by introducing a small absorbing heterogeneity located at  $(x',y',z')$  can be determined by excluding the voxel corresponding to the location of the heterogeneity from the volumetric integration shown in Eq. (5).

### B. Diffusion-based approaches for determining visitation density functions

For comparison, it is important to bear in mind how visitation density functions for the detected photons can be derived within the context of the standard diffusion approximation [13,16,19,21]. Following the approach outlined by Feng *et al.* [16], the probability  $P(\mathbf{r}')$  for a photon originating at a location  $(\mathbf{r}=\mathbf{r}_0)$  to arrive at a detector location  $(\mathbf{r}=\mathbf{r}_d)$  having visited an arbitrary infinitesimal volume  $dx dy dz$  located at  $\mathbf{r}=\mathbf{r}'$  is given by the product of two probabilities:

$$P(\mathbf{r}') = P_1(\mathbf{r}_0, \mathbf{r}') P_2(\mathbf{r}', \mathbf{r}_d). \quad (6)$$

In Eq. (6),  $P_1$  represents the probability that a photon entering the medium at location  $\mathbf{r}=\mathbf{r}_0$  will arrive at an infinitesimal volume  $dx dy dz$  located at  $\mathbf{r}=\mathbf{r}'$  and  $P_2$  is the probability that a photon starting from the infinitesimal volume  $dx dy dz$  located at  $\mathbf{r}=\mathbf{r}'$  will escape the medium at the detector location  $\mathbf{r}=\mathbf{r}_d$ .  $P_1$  is directly proportional to the fluence rate  $\phi(\mathbf{r}=\mathbf{r}')$  within the medium produced by a source of unit strength. On the other hand,  $P_2$  is proportional to the fluence rate at the detector location  $\phi(\mathbf{r}=\mathbf{r}_d)$  if an infinitely small isotropic photon source of unit strength were located at  $\mathbf{r}=\mathbf{r}'$ . Thus the probability under consideration is proportional to the product of the two corresponding Green's functions:

$$P(\mathbf{r}') \propto \frac{\exp(-\kappa|\mathbf{r}_0 - \mathbf{r}'|)}{|\mathbf{r}_0 - \mathbf{r}'|} \frac{\exp(-\kappa|\mathbf{r}_d - \mathbf{r}'|)}{|\mathbf{r}_d - \mathbf{r}'|}, \quad (7)$$

where  $\kappa$  is the effective attenuation coefficient  $\equiv [3\mu_a(\mu_a + \mu'_s)]^{1/2}$ .

For a semi-infinite medium, Eq. (7) must be modified to accommodate the boundary conditions at the surface of the medium. This is most often accomplished using extrapolated boundary conditions and the method of images to solve the equations involved in the standard diffusion approximation. For a semi-infinite geometry where photons are injected at  $\mathbf{r}_0=(0,0,0)$  and detected at  $\mathbf{r}_d=(d,0,0)$ , the photon scattering density at  $\mathbf{r}'=(x,y,z)$  within a standard diffusion approximation framework is given by

$$P(\mathbf{r}') \propto \left[ \frac{\exp(-\kappa\{[x^2+y^2+(z-z_0)^2]^{1/2}\})}{[x^2+y^2+(z-z_0)^2]^{1/2}} - \frac{\exp(-\kappa\{[x^2+y^2+(z-z_0-z_e)^2]^{1/2}\})}{[x^2+y^2+(z-z_0-z_e)^2]^{1/2}} \right] \times \left[ \frac{\exp(-\kappa\{[(x-d)^2+y^2+z^2]^{1/2}\})}{[(x-d)^2+y^2+z^2]^{1/2}} - \frac{\exp(-\kappa\{[(x-d)^2+y^2+(z+z_e)^2]^{1/2}\})}{[(x-d)^2+y^2+(z+z_e)^2]^{1/2}} \right], \quad (8)$$

where  $z_0=1/\mu'_s$  and  $z_e$  is the extrapolation length which is a function of both the optical diffusion coefficient  $D \equiv [3(\mu_a + \mu'_s)]^{-1}$  and the relative refractive index  $n_{rel}$  of the medium [29,30]. However, because this formulation is based on the standard diffusion approximation, Eqs. (7) and (8) provide accurate predictions only for large  $s$ - $d$  separations and within media possessing high albedo.

### C. Perturbation of the visitation density due to an optical heterogeneity

As noted by Feng *et al.*, in the steady-state case, the photon visitation density  $P$ , as derived using the standard diffusion approximation, is proportional to the change of the fluence rate produced at the detector by a infinitely small absorption element located at  $\mathbf{r}'=(x,y,z)$  [16]. This can be seen by considering the work of Boas *et al.*, who derived an expression for the diffusive wave scattered by an absorbing heterogeneity when probed using frequency-domain photon migration. This expression is derived by writing the scattered wave in terms of a series of multipole moments for which the amplitude of each partial wave is given by a scattering amplitude. If we consider only the monopole term in the expansion, the following expression provides, to first order, the perturbation  $\epsilon$  in the detected fluence rate produced by the presence of a spherical heterogeneity of radius  $a$  possessing an absorption that is different than the background medium by  $\Delta\mu_a$  [31]:

$$\epsilon = S \left( \frac{4\pi a^3}{3} \right) \left( \frac{-\Delta\mu_a}{D} \right) \frac{\exp(-jkr_0)}{4\pi c D r_0} \frac{\exp(-jkr_d)}{4\pi r_d} \quad (9)$$

where  $S$  is the strength of the photon source and  $k \equiv \{[\mu_a - (j\omega/c)]/D\}^{1/2}$  is the wave vector of the diffusive photon density wave in the background medium.  $r_0$  and  $r_d$  are the distances from the heterogeneity to the photon source and detector, respectively. Careful comparison reveals that in the limit as the angular source modulation frequency  $\omega \rightarrow 0$ , the

expression for the perturbation of the frequency-domain fluence rate produced by an absorbing heterogeneity reduces to the form of Eq. (7) which, by contrast, expresses the probability density for photon visitation. This suggests that the PSDF, in addition to providing the distribution of locations visited by the detected photons, also contains information relevant to modification in the detected signal produced by the introduction of a localized absorbing heterogeneity.

It is important to note that  $\epsilon$  is a quantity that can be measured directly only in the steady-state case ( $\omega=0$ ). However, in the frequency-dependent case ( $\omega>0$ ),  $\epsilon$  modifies the frequency-domain fluence rate  $\Phi_0$  that would be detected in the absence of the heterogeneity. Thus the measurable quantity in the presence of an absorbing heterogeneity is  $(\Phi_0 + \epsilon)$ , and results from the interference (i.e., the complex sum) of (a) the photon density wave that travels through the homogeneous medium and reaches the detector with (b) the photon density wave that is scattered by the heterogeneity [31]. Because of the equivalence of the perturbation in the frequency-domain fluence rate with the photon visitation probability density shown above, the relative change in the measured signal produced by a small absorption perturbation located at  $\mathbf{r}'=(x,y,z)$  when probed by a photon density wave of modulation frequency  $\omega_0$  is easily derived from the PSDF as

$$\frac{\Phi_0(0,0,d,\omega_0) + \epsilon(x,y,z,\omega_0)}{\Phi_0(0,0,d,\omega_0)} \propto \frac{(\sum_{\mathbf{v}_i} W_i)_0 - \bar{\sigma}(x,y,z,\omega_0)}{(\sum_{\mathbf{v}_i} W_i)_0}. \quad (10)$$

Note that the perturbation in the detected signal produced by the presence of an absorbing heterogeneity can be determined from a single Monte Carlo simulation by simple removal of the voxel occupied by the heterogeneity from the volumetric integration of the PSDF as described in the development of Eq. (5). Thus the *entire* spatial map of the perturbation sensitivity can be derived from a *single* Monte Carlo simulation as opposed to performing separate simulations for each heterogeneity location of interest. Moreover, the Monte Carlo approach provides accurate results for cases where standard diffusion approximation based expressions shown in Secs. II B and II C will not be accurate; specifically for media of low to moderate albedo as well as small  $s$ - $d$  separations.

## III. RESULTS AND DISCUSSION

To provide our results in a fashion that can be easily generalized, we employ dimensionless measures of the tissue absorption  $\bar{\alpha}=(\mu_a/\mu'_s)$ ,  $s$ - $d$  separation  $\bar{\rho}=\mu'_s\rho$ , and modulation frequency  $\bar{f}=(f/c\mu'_s)$  where  $f$  is the linear modulation frequency and  $c$  is the speed of light in the medium. The dimensionless source modulation frequency represents the source modulation frequency normalized to the frequency of isotropic scattering occurring within the medium. Note that for a tissue with  $\mu'_s=1/\text{mm}$ , the range of modulation frequencies between 200 MHz and 2 GHz corresponds roughly to a range in  $\bar{f}$  between 0.001 and 0.01.

**A. Photon scattering density functions in homogeneous media**

In Figs. 2 and 3 we consider the midplane between source and detector and display normalized versions of the PSDF so that they possess the properties of a probability density function. The symbols represent the probability density of the normalized depths ( $\bar{z} \equiv \mu'_s z$ ) of photon scattering as predicted by Monte Carlo simulations for a  $s$ - $d$  separation  $\bar{\rho} = 20$ . In Fig. 2 the variation of the PSDF with source modulation frequency  $\bar{f}$  is shown for a fixed absorption of  $\bar{\alpha} = 0.01$ . In Fig. 3 the variation of the PSDF with  $\bar{\alpha}$  is shown for  $\bar{f} = 0.002$ . For comparison, the visitation probability density predicted by the standard diffusion approximation and provided by Eq. (8) is shown by the curves in each figure. Acceptable agreement is found between the diffusion approximation and the Monte Carlo simulations and similar trends in the change of these distributions are seen with changes in optical absorption and modulation frequency. This is expected given the large value of  $\bar{\rho}$  and the small values of both  $\bar{f}$  and  $\bar{\alpha}$  that we have considered.

However, there are some quantitative differences between the diffusion approximation and the Monte Carlo results. In this regard, it is important to remember that the Monte Carlo results are derived from the spatial variation in the number of scattering events, weighted by absorption and scattering, that take place within an infinitesimal volume as this volume is placed at an increasing depth. By contrast, within the context of the standard diffusion approximation, the photon visitation density function is determined by taking the product of the local photon density within the medium and the probability that a photon “emitted” from the location in question will be detected. Despite the different methodologies involved in the derivation of these probability density functions, the results shown in Figs. 2 and 3 demonstrate that these two approaches exhibit similar features. This arises because the photon scattering density is proportional to the local fluence rate. However, the Monte Carlo approach has the important advantage over diffusion approximation-based approaches of not being limited to any particular range of source-detector separations or optical properties.

Figures 2 and 3 show that increasing values of either/both  $\bar{f}$  and  $\bar{\alpha}$  results in a more rapid decay of the PSDF with depth. This behavior is expected because photons that penetrate deeply into the sample typically possess trajectories with longer path lengths and are less likely to reach the detector as the optical absorption is increased. Moreover, high modulation frequencies result in an increased contribution of shorter path length photons to the overall signal. The range of modulation frequencies shown in Fig. 2, corresponds to a variation between dc irradiation and a source modulation frequency of 1 GHz for a tissue with  $\mu'_s = 1 \text{ mm}^{-1}$ . Comparing these results with those of Fig. 3, it becomes clear that for biomedical applications, where the modulation frequencies employed are typically less than 600 MHz ( $\bar{f} = 0.0028$  for  $\mu'_s = 1 \text{ mm}^{-1}$ ) variations in optical absorption play a much more important role in altering photon visitation depths than will variations in the source modulation frequency.

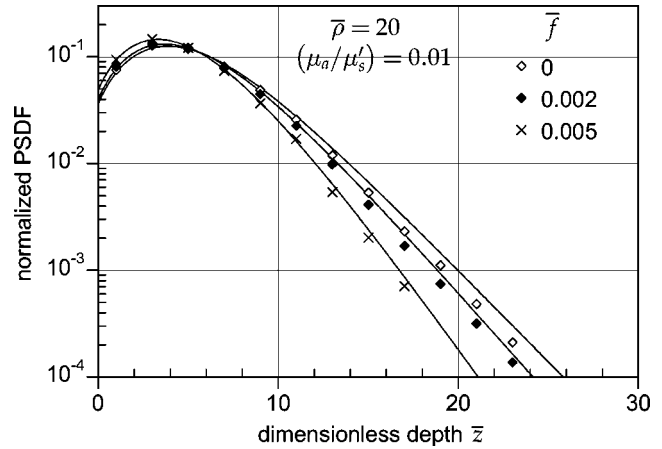


FIG. 2. Probability density function of the depth visited by the detected photon density wave amplitude at the midplane between source and detector for normalized source modulation frequencies  $\bar{f} = 0, 0.002,$  and  $0.005$ . Symbols represent results from Monte Carlo simulations while the curves represent the photon visitation density given by the standard diffusion approximation, i.e., Eq. (8). Results are shown for source-detector separation  $\bar{\rho} = 20$  with normalized optical absorption  $\bar{\alpha} = 0.01$ .

**B. Mean photon visitation depth in homogeneous media**

For a more detailed examination of the dependence of the PSDF with  $s$ - $d$  separation, optical absorption, and source modulation frequency, we computed the mean normalized depth (first moment) of the PSDF  $\langle \bar{z} \rangle$ . Figures 4 and 5 show the dependence of the mean photon sampling depth  $\langle \bar{z} \rangle$  for normalized  $s$ - $d$  separations  $\bar{\rho}$  in the range 0.5–40. The symbols represent the results of the Monte Carlo simulations while the curves represent predictions of novel scaling laws that are developed later in this section. Figure 4 provides the

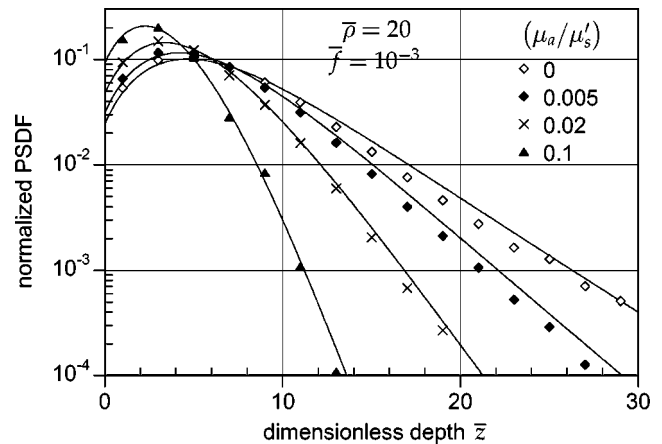


FIG. 3. Probability density function of the depth visited by the detected photon density wave amplitude at the midplane between source and detector for normalized optical absorption of  $\bar{\alpha} = 0, 0.005, 0.02,$  and  $0.1$ . Results are shown for a fixed source-detector separation  $\bar{\rho} = 20$  and normalized source modulation frequency  $\bar{f} = 0.001$ . Symbols represent results from Monte Carlo simulations while the curves represent the photon visitation density given by the standard diffusion approximation [Eq. (8)].

variation of the mean photon visitation depth  $\langle \bar{z} \rangle$  with normalized modulation frequency  $\bar{f}$  for  $\bar{\alpha}=0.005$  while Fig. 5 provides the variation with  $\bar{\alpha}$  for  $\bar{f}=0.001$ .

As expected,  $\langle \bar{z} \rangle$  increases with  $\bar{\rho}$ . For low  $\bar{\alpha}$ ,  $\langle \bar{z} \rangle$  varies almost linearly with  $\bar{\rho}$  and is in apparent contradiction with the following result that Weiss *et al.* derived from random walk theory [12]:

$$\langle \bar{z} \rangle = A(\bar{\rho}/\bar{\kappa})^{1/2}, \quad (11)$$

where  $A$  is a constant and  $\bar{\kappa} \equiv [3\bar{\alpha}(\bar{\alpha}+1)]^{1/2}$  is the dimensionless effective attenuation coefficient. Closer examination of Eq. (11) reveals that  $\langle \bar{z} \rangle \rightarrow \infty$  as  $\bar{\alpha} \rightarrow 0$ . Thus it is unlikely that Eq. (11) is valid for small  $\bar{\alpha}$ . In this regard, it is instructive to examine the results of Feng *et al.*, who derived the following relationships for the depth at which the PSDF reaches its maximum value  $\bar{z}_{\max}$  [16]:

$$\bar{z}_{\max} = (\bar{\rho}/2\bar{\kappa})^{1/2} \quad \text{for } \bar{\alpha}\bar{\rho} \gg 1, \quad (12)$$

$$\bar{z}_{\max} = \frac{\sqrt{2}}{4}\bar{\rho} \quad \text{for } \bar{\alpha}\bar{\rho} \ll 1. \quad (13)$$

In the case of high absorption and/or large  $s$ - $d$  separations, Eq. (12) provides the same scaling law as Eq. (11), namely, that  $\langle \bar{z} \rangle \propto \bar{\rho}^{1/2}$ . However, Eq. (13) predicts that in the case of low absorption and/or small  $s$ - $d$  separations,  $\langle \bar{z} \rangle \propto \bar{\rho}$ . This is precisely the behavior seen in Fig. 5. An expression that displays the proper limiting behavior for low and high absorption can be obtained through modification of Eq. (11) as follows:

$$\langle \bar{z} \rangle = \left[ \frac{G(\bar{\rho})}{\bar{\kappa} + H(\bar{\rho})} \right]^{1/2}, \quad (14)$$

where  $G(\bar{\rho}) = G_1 + G_2\bar{\rho}$  and  $H(\bar{\rho}) = H_1/\bar{\rho}$  with  $G_1$ ,  $G_2$ , and  $H_1$  being constants.

While the form of Eq. (14) can accommodate variations in both  $\bar{\rho}$  and  $\bar{\alpha}$  it does not accommodate the variation in modulation frequency. As noted previously, increases in either  $\bar{\alpha}$  or  $\bar{f}$  produce a decrease in  $\langle \bar{z} \rangle$ . The similar effects of  $\bar{\alpha}$  and  $\bar{f}$  on  $\langle \bar{z} \rangle$  can be understood from the perspective that for small values of  $[f/(\mu_a c)]$  the amplitude in the frequency domain can be approximated from the steady-state result by substituting replacing  $\bar{\kappa}$  with its frequency-domain analog  $\bar{k}$  [16]. Thus in the frequency domain case, Eq. (14) can be rewritten as

$$\langle \bar{z} \rangle = \left[ \frac{G(\bar{\rho})}{\bar{k} + H(\bar{\rho})} \right]^{1/2}, \quad (15)$$

where  $\bar{k}^2 = 3(\bar{\alpha} + 1)(\bar{\alpha} - 2\pi\bar{f}j)$ . Performing a least squares fit of Eq. (15) to the results of the Monte Carlo simulations, we find the specific forms of  $G(\bar{\rho})$  and  $H(\bar{\rho})$  to be

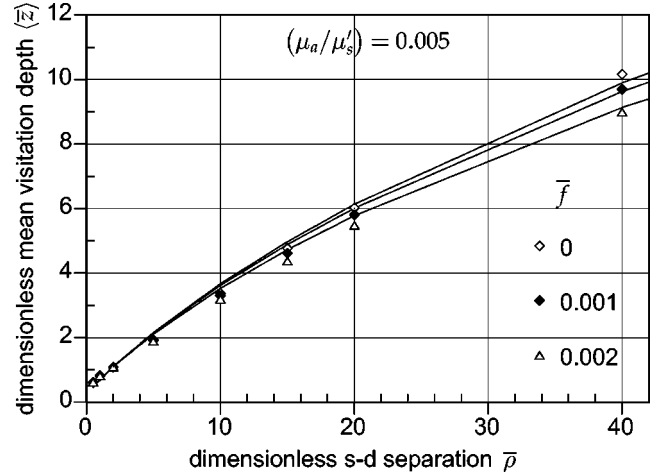


FIG. 4. Dimensionless mean visitation depth of the detected photons  $\langle \bar{z} \rangle$  at the median plane between source and detector as a function of source-detector separation  $\bar{\rho}$ . Results are shown for a fixed normalized optical absorption  $\bar{\alpha}=0.005$  with normalized source modulation frequencies  $\bar{f}=0, 0.001$ , and  $0.002$ . Symbols represent results from Monte Carlo simulations while the curves represent predictions given by the newly formulated scaling laws [Eqs. (15)–(17)].

$$G(\bar{\rho}) \approx 1 + 0.45\bar{\rho}, \quad (16)$$

$$H(\bar{\rho}) \approx 2.86/\bar{\rho}. \quad (17)$$

The curves shown in Figs. 4 and 5 represent the predictions of Eq. (15) with expressions for  $G(\bar{\rho})$  and  $H(\bar{\rho})$  given above. Equation (15) provides excellent predictions for  $\langle \bar{z} \rangle$  that typically deviate from the Monte Carlo results by less than 10% and are accurate even at small  $s$ - $d$  separations.

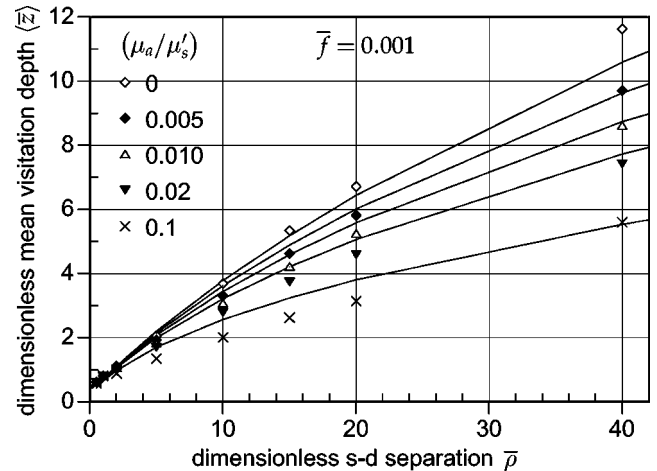


FIG. 5. Dimensionless mean visitation depth of the detected photons  $\langle \bar{z} \rangle$  at the median plane between source and detector as a function of source-detector separation  $\bar{\rho}$ . Results are shown for a fixed normalized source modulation frequency is  $\bar{f}=0.001$  with normalized optical absorption  $\bar{\alpha}=0, 0.005, 0.01, 0.02$ , and  $0.1$ . Symbols represent results from Monte Carlo simulations while the curves represent predictions given by the newly formulated scaling laws [Eqs. (15)–(17)].

From this analysis it is clear that increases in absorption  $\bar{\alpha}$  and modulation frequency  $\bar{f}$  have similar effects on  $\langle \bar{z} \rangle$ . For cases in which  $(\bar{\alpha} < 2\pi\bar{f})$ ,  $\langle \bar{z} \rangle$  is more sensitive to changes in  $\bar{f}$  while for the opposite case in which  $(2\pi\bar{f} < \bar{\alpha})$ ,  $\langle \bar{z} \rangle$  is more sensitive to changes in  $\bar{\alpha}$ .

Equation (15) also predicts that the degree of variation in  $\langle \bar{z} \rangle$  produced by changes  $\bar{f}$  and  $\bar{\alpha}$  is affected significantly by the  $s$ - $d$  separation  $\bar{\rho}$ . This is illustrated in Figs. 6(a) and 6(b) where the variation of  $\langle \bar{z} \rangle$  with  $\bar{f}$  is shown for media of different  $\bar{\alpha}$  for  $s$ - $d$  separations of  $\bar{\rho}=20$  and 1, respectively. At small  $\bar{\rho}$ , changes in  $\bar{f}$  and  $\bar{\alpha}$  have only a minimal effect on  $\langle \bar{z} \rangle$ , while at larger  $\bar{\rho}$ , their effect on  $\langle \bar{z} \rangle$  is more substantial. Specifically, for a medium with absorption  $\bar{\alpha}=0.01$ , an increase in modulation frequency from dc illumination to  $\bar{f}=0.005$  results in a decrease in  $\langle \bar{z} \rangle$  of 16% for  $\bar{\rho}=20$  while for  $\bar{\rho}=1$  the same increase in modulation frequency results in a decrease in  $\langle \bar{z} \rangle$  of only  $\sim 1\%$ . Similarly for a modulation frequency  $\bar{f}=0.002$ , an increase in absorption from  $\bar{\alpha}=0$  to 0.05 results in a 64% decrease in  $\langle \bar{z} \rangle$  for  $\bar{\rho}=20$  but only a 10% decrease in  $\langle \bar{z} \rangle$  for  $\bar{\rho}=1$ . Again, we see that the scaling law for the mean visitation depth as expressed by Eq. (15) predicts the Monte Carlo results with an accuracy of approximately 10% over this very broad range of modulation frequency,  $s$ - $d$  separation, and optical absorption.

**C. Effects of an optical heterogeneity on the PSDF**

Thus far we have only presented results pertaining to homogeneous media. As discussed in Sec. II C, the PSDF not only enables the prediction of the variation of the photon scattering depth with  $s$ - $d$  separation, optical absorption and modulation frequency, but can also be used to determine the effect of an absorbing heterogeneity on a measured signal. This latter issue is pertinent to a broad class of problems in biomedical diagnostics where detection of the presence of a localized change in absorption or scattering is desired. Relevant physiological examples include the detection of transient localized changes in optical absorption due to blood flow and oxygenation dynamics connected with neural activation in response to an external stimulus [4,6].

While the PSDF is formulated as a scattering density under steady-state conditions, as discussed in Secs. II B and II C, it is equivalent to the perturbation produced by a small localized heterogeneity on the measured signal. Thus the perturbation provided by a localized heterogeneity can be quickly and easily formed by subtracting the contribution of the corresponding “voxel” element from the overall PSDF. This relative change in the detected signal due to the presence of an optical heterogeneity in any given voxel is thus determined by computing Eq. (10). The results of such a computation is depicted in Fig. 7, where the relative change in the PSDF corresponding to the detected frequency-domain (a) amplitude and (b) phase is shown for the same set of conditions as those used in Fig. 1; namely, for a source modulation frequency of  $f=400$  MHz detected at a  $s$ - $d$  separation of  $\rho=22$  mm with optical properties  $\mu_a=0.005$  mm<sup>-1</sup> and  $\mu'_s=0.8$  mm<sup>-1</sup>.

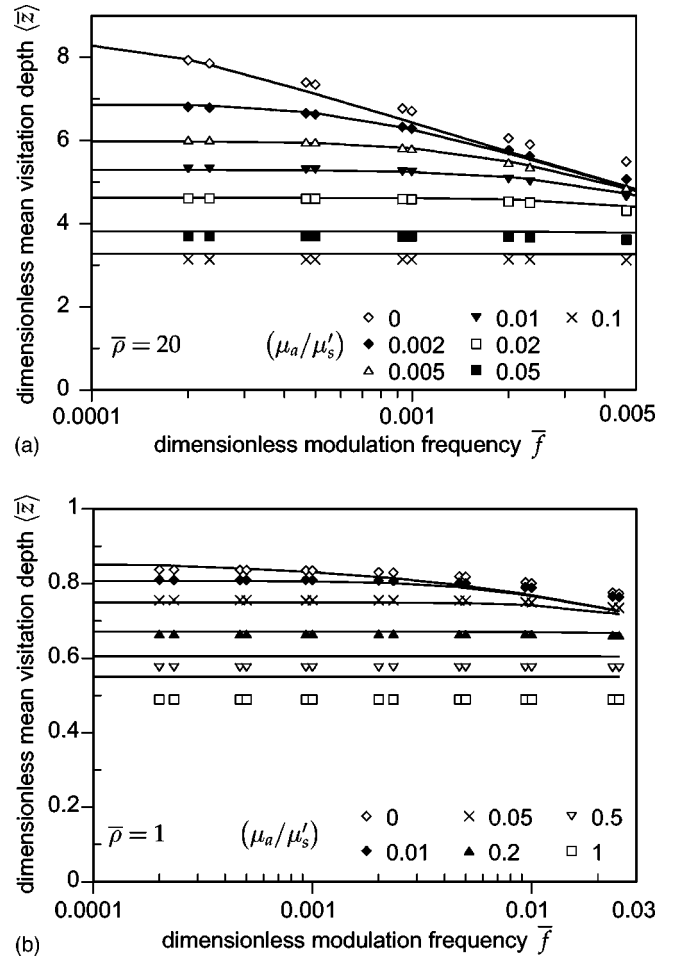


FIG. 6. Expected value of the depth visited by the detected photons  $\langle \bar{z} \rangle$  at the median plane between source and detector as a function of normalized source modulation frequency  $\bar{f}$ . Results are shown for various values of optical absorption in media probed at a source-detector separation of (a)  $\bar{\rho}=20$  and (b)  $\bar{\rho}=1$ , respectively. Symbols represent results from Monte Carlo simulations while the curves represent predictions given by the newly formulated scaling laws [Eqs. (15)–(17)].

A comparison of Figs. 7(a) and 7(b) reveals that measurements of frequency-domain amplitude and phase are sensitive to slightly different spatial regions within a turbid medium; a fact reported in experimental studies from the groups of Sevick as well as Gratton [18,21]. Interestingly, the perturbation in phase produced by an optical heterogeneity located close to the tissue surface results in an increase in the detected phase while its placement at deeper regions produces a phase reduction. This occurs because the presence of an optical heterogeneity close to the surface reduces the prevalence of detected photons that possess short trajectories. Thus the detected photons possess, on average, longer trajectories and thus a larger phase accumulation. By contrast, an optical heterogeneity present at larger depths reduces the number of detected photons with very long trajectories and results in a reduction in the phase of the detected photon density wave.

Figures 8(a) and 8(b) show the effect of source modulation frequency on the variation of the detected amplitude and



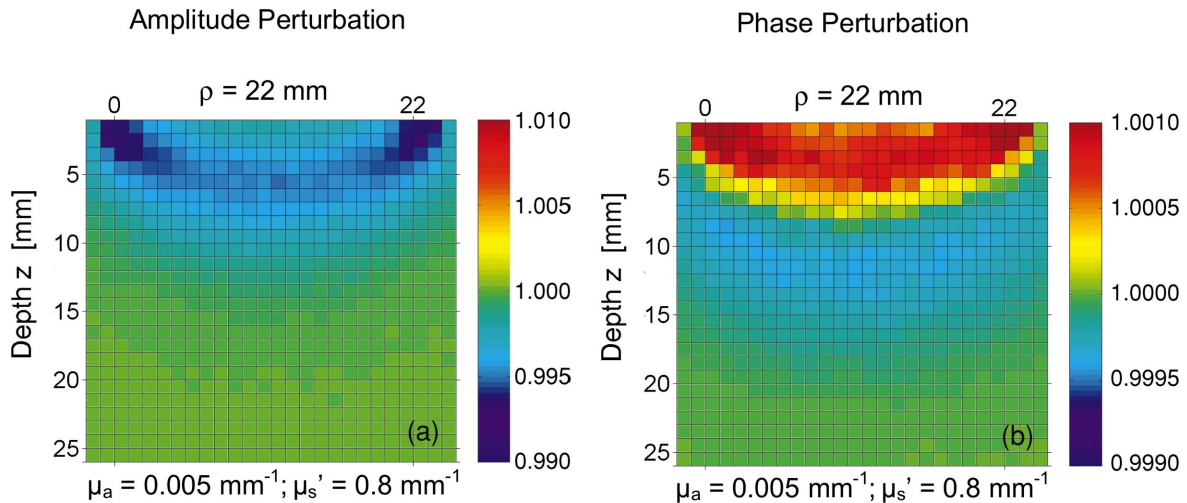
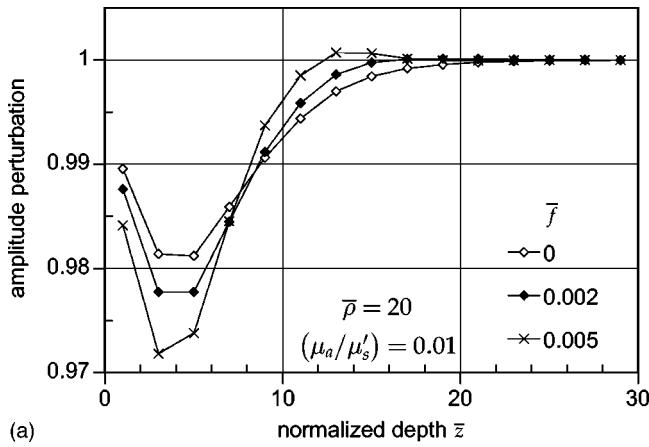
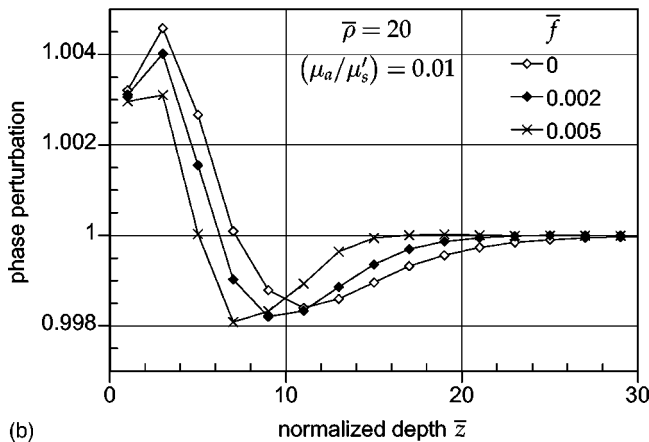


FIG. 7. (Color) Spatial maps of the relative change in the measured photon density (a) amplitude and (b) phase produced by a small absorption perturbation located at  $r' = (x, y, z)$ . Results were computed using Eq. (10). This case corresponds to the PSDF shown in Fig. 1(b) where a medium with  $\mu_a = 0.005/\text{mm}$  and  $\mu_s' = 0.8/\text{mm}$  is probed with source modulation frequency of 400 MHz using a source-detector separation  $\rho = 22$  mm with numerical aperture  $NA = 0.37$ .

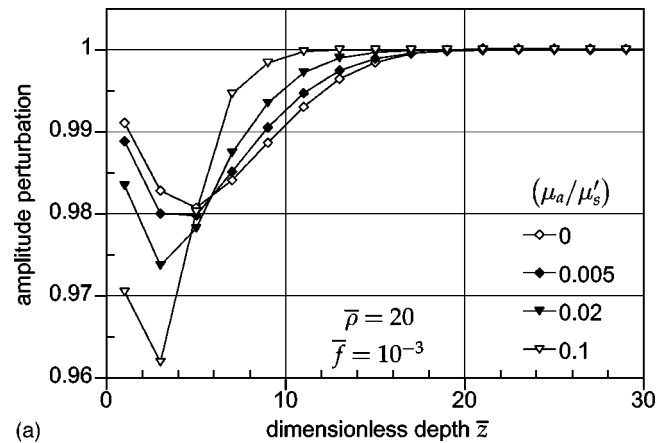


(a)

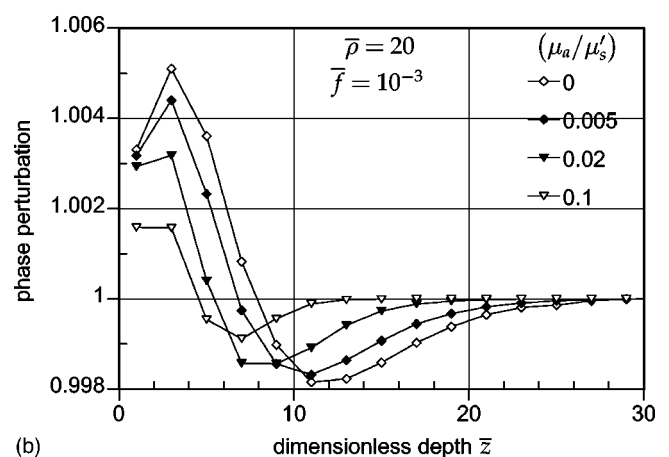


(b)

FIG. 8. Relative perturbation in measured photon density (a) amplitude and (b) phase produced by a small absorption perturbation placed in the midplane between source and detector at various normalized depths  $\bar{z}$ . Symbols represent results from Monte Carlo simulations and are connected by line segments for ease of visualization. Results are shown for a source-detector separation  $\bar{\rho} = 20$  with fixed normalized optical absorption  $\bar{\alpha} = 0.01$  and normalized source modulation frequencies  $\bar{f} = 0, 0.002, \text{ and } 0.005$ .



(a)



(b)

FIG. 9. Relative perturbation in measured photon density (a) amplitude and (b) phase produced by a small absorption perturbation placed in the midplane between source and detector at various normalized depths  $\bar{z}$ . Symbols represent results from Monte Carlo simulations and are connected by line segments for ease of visualization. Results are shown for a source-detector separation  $\bar{\rho} = 20$  with fixed normalized source modulation frequency  $\bar{f} = 0.001$  and normalized optical absorption  $\bar{\alpha} = 0, 0.005, 0.02, \text{ and } 0.1$ .

phase perturbation with depth in the midplane between the source and detector. As observed in the spatial distribution of the PSDF profiles, the overall sensitivity to depth decreases with an increase in modulation frequency. This is clearly seen as the perturbations in both amplitude and phase approach unity at more superficial depths as  $\bar{f}$  is increased. For very large modulation frequencies the amplitude perturbation can actually be positive, as shown in Fig. 8(a) at normalized depths of  $\bar{z} \approx 12-16$  for  $\bar{f} = 0.005$ . This occurs when the contribution of a given pixel to the detected phase is more than  $\pi$  radians which produces an increase, as opposed to a decrease in the detected amplitude. While this may be surprising at first glance, we must recall (Sec. II C) that the measured intensity is the complex sum of two photon density waves; one corresponding to the propagation of the photon density wave in homogeneous media and the other corresponding to the photon density wave scattered by the heterogeneity. Thus while the amplitude of the perturbation specified by Eq. (9) is negative, at sufficiently high modulation frequencies and/or large depths, the perturbation produces destructive interference which, when combined with the negative amplitude of the scattered wave, leads to an increase in the measured intensity at the detector. A similar behavior was also measured experimentally by Svaasand *et al.* in their study of the dependence of planar photon density waves with source modulation frequency in layered media [32].

Figure 9 shows the effect of optical absorption on the variation of the (a) amplitude and (b) phase perturbations with depth in the midplane between the source and detector. As seen in the plots of the PSDF shown in Figs. 2 and 3, an increase in optical absorption produces an effect similar to an increase in modulation frequency. This result is in good agreement with results provided by both Sevick *et al.* [21] and Paithankar *et al.* [25]. The observation of a crossing from positive to negative perturbations in both the amplitude and phase, represent “blind” locations in the sampled tissue volume, i.e., locations at which an absorbing heterogeneity can be placed without resulting in a change in the detected signal. This is an interesting feature that could be exploited to determine the depth of an absorbing heterogeneity if its lateral location is known. This can be implemented by per-

forming a photon migration measurement at multiple source modulation frequencies.

#### IV. SUMMARY

We have developed a general Monte-Carlo-based method for assessing the tissue volume sampled in a steady-state, time-resolved, or frequency-domain photon migration measurement. The use of Monte Carlo simulations allows for accurate predictions regardless of the source-detector separation and optical properties of the medium. The method we describe allows for the determination of not only the shape and location of the photon sampling volume in a homogeneous medium, but also the perturbations in the detected photon density amplitude and phase produced by the introduction of a small absorption heterogeneity. Our results suggest that for typical tissue optical properties, the difference in tissue sampling offered by steady-state and frequency domain methods is small for modulation frequencies smaller than 600 MHz. Such a consideration is important because it provides a basis to validate combined steady-state and frequency domain measurements that have been proposed recently [33]. We have provided analytical scaling laws that accurately predict the mean depth sampled by the photons collected in a photon migration measurement as a function of both tissue optical properties and source modulation frequency. These scaling laws generalize previous findings and are valid over a broad range of  $s$ - $d$  separation, optical absorption, and source modulation frequency. Finally, the proposed methodology to determine the impact of localized absorption heterogeneities on the detected signal clearly matches experimental observations that indicate that the phase and amplitude of detected photon density waves exhibit different spatial sensitivity characteristics relative to the tissue volume probed.

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