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Chronic β_1 -Adrenoceptor Blockade Impairs Ischaemic Tolerance and Preconditioning in Murine Myocardium

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Abstract

β -adrenoceptor antagonists are commonly used in ischaemic heart disease (IHD) patients, yet may impair signalling and efficacy of ‘cardioprotective’ interventions. We assessed effects of chronic β_1 -adrenoceptor antagonism on myocardial resistance to ischemia-reperfusion (IR) injury and the ability of cardioprotective interventions [classic ischaemic preconditioning (IPC); *novel* sustained ligand-activated preconditioning (SLP)] to reduce IR injury in murine hearts.

Young male C57Bl/6 mice were untreated or received atenolol (0.5 g/l in drinking water) for 4 weeks. Subsequently two cardioprotective stimuli were evaluated: morphine pellets implanted (to induce SLP, controls received placebo) 5 days prior to Langendorff heart perfusion, and IPC in perfused hearts (3 × 1.5 min ischemia/2 min reperfusion).

Atenolol significantly reduced *in vivo* heart rate. Untreated control hearts exhibited substantial left ventricular dysfunction (~50% pressure development recovery, ~20 mmHg diastolic pressure rise) with significant release of lactate dehydrogenase (LDH, tissue injury indicator) after 25 min

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Authorship Contributions

Participated in research design: See Hoe, Schilling, Busija, Keshwani, Haushalter, Roth, Du Toit, Patel, Headrick, Peart.

Conducted experiments: See Hoe, Schilling, Busija, Ozberk, Peart.

Performed data analysis: See Hoe, Schilling, Busija, Haushalter, Keshwani, Headrick, Peart. *Wrote/ contributed to writing of the manuscript.* See Hoe, Schilling, Roth, Du Toit, Patel, Headrick, Peart.

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Disclosures

None.

ischemia/45 min reperfusion. Contractile dysfunction and elevated LDH were reduced >50% with IPC and SLP. While atenolol treatment did not modify baseline contractile function, post-ischaemic function was significantly depressed compared to untreated hearts. Atenolol pre-treatment abolished beneficial effects of IPC, whereas SLP protection was preserved.

These data indicate that chronic β_1 -adrenoceptor blockade can exert negative effects on functional IR tolerance and negate conventional IPC (implicating β_1 -adrenoceptors in IR injury and IPC signalling). However, novel morphine-induced SLP is resistant to inhibition by β_1 -adrenoceptor antagonism.

Keywords

β -adrenoceptors; cardiac ischemia; cardiovascular drugs; ischemia-reperfusion injury; morphine

1. Introduction

Efficacious adjunctive cardioprotection to limit infarct size is a clinically desirable yet largely unfulfilled goal. Clinical translation of protective modalities has achieved limited success, including interventions derived from pre- and post-conditioning phenomena, with modest outcomes contrasting profound protection experimentally (Ferdinandy et al., 2007; Kloner and Schwartz Longacre, 2012; Ludman et al., 2010). Recent trials of post- and remote-conditioning support cardioprotection, with 20-40% reductions in markers of infarct size (Bøtker et al., 2010; Lønborg et al., 2010; Thibault et al., 2008); however, this is contrasted with 75-80% reduction observed in pre-clinical models. Reduced clinical efficacies may reflect in part confounding influences of age, common co-morbidities and pharmaceuticals, each negatively impacting upon transduction and efficacies of conventional protective stimuli (Ferdinandy et al., 2007; Peart and Headrick, 2009). Knowledge that conventional responses, typically involving so-called RISK signalling (Hausenloy and Yellon, 2004; Ludman et al., 2010), may be rendered less effective in cohorts requiring cardioprotection (AMI patients >55 years of age, with underpinning or co-morbid conditions of obesity, dyslipidaemia, diabetes, hypertension or hypertrophy) demands a more strategic approach to clinical cardioprotection. For example, novel SLP mediates long-lasting protection via distinct signalling (Peart and Gross, 2006; Peart et al., 2011), is resistant to the negative effects of aging (Peart and Gross, 2004), and resultant protection may exceed that with conventional pre- and post-conditioning. Whether the intervention is sensitive to common cardiovascular drugs is unknown.

β -adrenoceptor antagonists are one of the most widely prescribed classes of drugs in IHD patients with well-established 'anti-ischaemic' effects (reduced heart rate, contractility and afterload) valuable in reducing symptoms of angina, and in the treatment of arrhythmias, congestive cardiomyopathy and AMI. β -blockade in AMI appears to lower mortality, reducing sudden cardiac death and re-infarction (Freemantle et al., 1999; Frishman et al., 1984). More than 90% of US AMI patients are thus treated acutely with β -blockers (Floyd et al., 2009), while many patients at risk of AMI (hypertensives, angina patients) may take β -AR blockers chronically. This widespread β -blocker use may influence the efficacy of protective interventions aimed at reducing infarct size (Ferdinandy et al., 2007; Peart and

Headrick, 2009). However, effects of pre-ischaemic β -adrenoceptor blockade on IR injury and mechanisms of cardioprotection are mixed, with evidence that β -adrenoceptor inhibition can be either protective (Asanuma et al., 2004; Kimura-Kurosawa et al., 2007; Schwarz et al., 2003; Spear et al., 2007; Suematsu et al., 2002, 2004) or injurious (Arnold et al., 2007; Park et al., 2011; Spear et al., 2007;), and impair other cardioprotective interventions (Lange et al., 2006; Lochner et al., 1999; Mallet et al., 2006; Spear et al., 2007; Suematsu et al., 2002, 2004). These effects may reflect differential roles of β_1 - and β_2 -adrenoceptors in cardiac injury vs. protection, together with the timing and chronicity of β -adrenoceptor blockade. We here assess effects of chronic antagonism with β_1 -selective drug, atenolol, a commonly prescribed β -blocker, on ischaemic tolerance and the protective efficacies of conventional IPC and novel SLP in healthy murine myocardium. Cardioprotection via IPC mechanisms are reportedly dependent upon β_1 -adrenoceptor activation and consequential signalling (Lochner et al., 1999; Spear et al., 2007). As prior studies have implicated β -AR activation as a mechanism in archetypal cardioprotection, such as IPC, we thus hypothesise that chronic β_1 -blockade with atenolol will attenuate the protective effects of IPC..

2. Materials and Methods

2.1 Chemicals

Slow-release morphine and placebo pellets were obtained from the National Institute of Drug Abuse (Bethesda, MD) or Murthy Pharmaceuticals (Lexington, KY). All other chemicals were purchased from Sigma-Aldrich (St. Louis, MO).

2.2 Animals

Investigations conformed to the guidelines of the Animal Ethics Committee of Griffith University (accredited by the Queensland Government, Department of Primary Industries and Fisheries under the guidelines of “The Animal Care and Protection Act 2001, Section 757”, AEC number MSC/04/13 licensed to Jason N. Peart) and the Australian Code for the Care and Use of Animals for Scientific Purposes. Studies performed at the Veteran Affairs Hospital San Diego adhered to regulations of the Veterans Affairs San Diego Healthcare System Institutional Animal Care and Use Committee (IACUC), in accordance with the National Institute of Health *Guide for the Care and Use of Laboratory Animals* (Protocol #13-005, licensed to Hemal H. Patel). Mice were acquired from the Australian Research Centre (ARC, Adelaide, South Australia) or Jackson Laboratories (Sacramento, California). All animal care and procedures were carried out as humane as possible to minimise suffering. Studies involving live animals are reported in accordance with the ARRIVE guidelines. Mice were housed in approved indoor animal facilities at Griffith University and the Veteran Affairs Hospital (San Diego) that maintained an artificial 12-hour day/night lighting cycle at a constant temperature of 21°C (40 % humidity). A maximum of four mice were housed per cage, with *ad libitum* access to fresh standard chow and water (regardless of treatment), and provided with environmental enrichment. Daily monitoring of health and wellbeing of mice was carried out at both facilities for the duration of treatment and housing.

Young (8 week) male C57Bl/6 mice were either untreated or atenolol-treated (0.5 g/l in drinking water) for a period of 4 weeks prior to experimentation. Based on daily water

intake (~0.15ml/g/day) (Mei et al., 2010; Williams et al., 2003), this equates to ~75 mg/kg/day. A total of 120 animals were used for this study; 62 untreated and 58 atenolol-treated. Groups were further subdivided based upon preconditioning stimulus employed. Untreated and atenolol-treated mice were implanted with placebo or morphine pellets 5 days prior to experimentation (see below). Experimental groups are: untreated (Control), atenolol treated (Atenolol), IPC in control (IPC) and atenolol-treated (Atl+IPC) hearts, and SLP in control (SLP) and atenolol-treated (Atl+SLP) hearts.

2.3 SLP Induction

Mice were briefly anaesthetised with isoflurane, and using aseptic technique a small incision was made at the base of the neck. Placebo or morphine (75 mg) pellets were inserted in the dorsal subcutaneous space and the site closed with 9 mm wound clips. Pellets were left in place for 5 days after which mice were killed for heart excision and Langendorff perfusion (Peart and Gross, 2004; Peart et al., 2011), or further analysis. Serum morphine levels demonstrate a peak in the initial 0-24 h concentration, then a gradual decline for the remaining 4 days (Bryant et al. 1988). In our hands, the dosage of the slow-release pellets equates to ~100mg/kg/day. Mice were closely monitored daily to assess animal welfare post pellet implantation by animal facility staff and investigators.

2.4 *In Vivo* Heart Rate Assessment

Mice were anaesthetised very briefly with 3% isoflurane and restrained on a warmed platform with laboratory tape. ECG electrodes were inserted subcutaneously at right foreleg and left hind leg, then isoflurane was turned to 0 and heart rate was recorded at 20 s intervals for 3 min (10 measurements). Readings taken when animal was moving were excluded. ECG was monitored using the VisualSonics Vevo 2100 system. Readings were averaged for each animal.

2.5 Heart Perfusions

Mice were anaesthetised with sodium pentobarbital (60 mg/kg i.p.) and hearts excised, then Langendorff-perfused with Krebs–Henseleit buffer delivered via the aorta at a pressure of 80 mmHg, as previously described (Headrick et al., 2001). Pyruvate (2 mM) was added to the Krebs-Henseleit buffer for isoproterenol experiments to ensure stable contractile function. Briefly, hearts were cannulated and underwent 20 min unpaced stabilization. Hearts were then paced at 420 BPM for 10 min, followed by 25 min global ischemia and 45 min reperfusion. Ventricular pacing was terminated upon the onset of ischaemia, and reinitiated after 2 min of reperfusion. A sub-set of hearts from the placebo-pellet (\pm atenolol) mice were subjected to IPC, induced by 3 \times 1.5 min ischemia/2 min reperfusion cycles prior to the index ischemia. Coronary venous effluent was collected on ice throughout reperfusion, with samples assayed enzymatically for LDH. Total post-ischaemic efflux is reported as total LDH units (U/g). For concentration-response experiments with isoproterenol, after the stabilization period and IPC protocol (where relevant), hearts received single doses of isoproterenol (1 nM – 10 μ M) every 10 min. Hearts are excluded from the study if they meet one of the following exclusion criteria after stabilization: i) coronary flow >5 ml/min, ii)

unstable (fluctuating) contractile function, iii) left ventricular systolic pressure <100 mmHg, or iv) significant cardiac arrhythmias. No hearts were excluded in this study.

2.6 Statistical Analysis

All data are expressed as means \pm S.E.M. Differences between groups were tested via one-way ANOVA, with a Newman-Keuls post hoc test applied when significant effects were detected. Significant differences were accepted for $P < 0.05$. All Statistics were performed with Prism 6 (GraphPad Software Inc., La Jolla, CA).

3. Results

3.1 Isoproterenol-Concentration Response Studies

Atenolol treatment (4 weeks) significantly reduced *in vivo* heart rate (Fig. 1). SLP also significantly reduced *in vivo* heart rate independent of atenolol-treatment (Fig. 1). Further, the combination of atenolol and SLP had additive effects in terms of the reduction of *in vivo* heart rate. Atenolol, SLP and IPC all produced a significant, and similar, reduction in the maximal response to isoproterenol-induced elevation of heart rate (Fig. 2). No additive/synergistic actions of any further combinations of treatments were noted. EC_{50} from isoproterenol curves shows no significant alterations to functional sensitivities in the presence of atenolol in non-SLP hearts. The combination of atenolol and SLP appears to sensitise hearts to the chronotropic effects of isoproterenol, while desensitising inotropic responses (Table 1). Unlike SLP hearts, when combined with atenolol, IPC did not significantly alter chronotropic or inotropic responses (heart rate, LVDP, $+dP/dt$). Interestingly, the combination of chronic atenolol and acute IPC significantly sensitised the hearts lusitropic response to isoproterenol. It is unclear as to why this permutation of treatments modified this particular response.

3.2 Ischemia-Reperfusion Studies

No significant differences in baseline *ex vivo* cardiac function were identified between hearts, regardless of treatment (\pm atenolol, morphine, vehicle) (Table 2). Ischaemic insult resulted in significant depression of contractile function in untreated hearts, with ~50% recovery of left ventricular pressure development and a sustained 25 mmHg elevation in diastolic pressure (Fig. 3). IPC and SLP both attenuated IR injury, reducing all aspects of contractile dysfunction (Fig. 3) and limiting post-ischaemic LDH efflux (Fig. 4), without any change to the recovery of coronary flow (Fig. 5). Recovery of coronary flow (% baseline) was not different between groups, with the exception of a difference between IPC and atenolol with SLP (Fig. 5). The beneficial effects of SLP were modestly superior to those induced by IPC. Atenolol treatment alone was found to substantially worsen functional outcomes from IR whereas LDH efflux was not significantly modified. The cardioprotection with IPC was entirely abrogated by atenolol, whereas SLP-induced protection appeared resistant to the inhibitory effects of atenolol treatment (Figs. 3 and 4).

4. Discussion

This study demonstrates that sustained β_1 -adrenoceptor antagonism abolishes cardioprotection afforded by IPC without compromising novel SLP-mediated protection. Atenolol pre-treatment exerts negative effects on post-ischaemic function. Since β -blockers are used in up to 95% of AMI patients in the USA (Floyd et al., 2009), any acute interventions to limit IR injury/infarction should be refractory to the effects of β -blockade. Recent clinical trials of pre- and post-conditioning evidence some efficacy in AMI, though outcomes are modest relative to profound protection experimentally (Ludman et al., 2010). Whether these outcomes are influenced by chronic or acute β -blockade remains unclear. Thibault et al. (2008) detected a 40% infarct size reduction at 1 yr in post-conditioned subjects, where prior β -blocker use was not reported (though >80% received β -blockers by discharge). Lønborg et al. (2010) achieved 19% infarct reduction at 3 months, with 20% of subjects receiving β -blockers at admission. Trialling remote pre-conditioning, Bøtker et al. (2010) detected 40% reduction in 30-day infarct size in patients not acutely treated with β -blockers (and for whom prevalence of chronic β -blockade was not reported). It is thus unclear what impact β -blockade may have in such trials. Critically, experimentation identifies opposing effects of β -blockade on IR outcomes in animal models, and potential inhibition of multiple protective responses.

4.1 β_1 -Adrenoceptor Antagonism, SLP and Functional Responses

In the current study, prolonged atenolol treatment significantly reduced *in vivo* heart rate (Fig. 1). Sensitivity to isoproterenol in isolated-perfused hearts reveals a general reduction in maximal heart rate responses following atenolol treatment (Fig. 2). Subjecting mice to SLP also reduced maximal heart rate responses (only in control and not atenolol group, Fig. 2). Analysis of EC_{50} values suggests general treatment effects, however no significant inter-group differences were identified, except for apparent atenolol-dependent desensitisation of LVDP in SLP hearts (Table 1). Since isoproterenol responses were assessed *ex vivo* in the absence of acute β -blockade, and atenolol is rapidly washed out (based on 0% inhibition in <30 min of tissue perfusion, Hosohata et al., 1995), these functional changes likely reflect phenotypic changes associated with prolonged β_1 -adrenoceptor antagonism.

Similar to atenolol, SLP also significantly reduced *in vivo* heart rate and maximal heart rate response to isoproterenol. Opioids reportedly decrease the spontaneous beating rate of isolated rat atria (Wong and Ingenito, 1993), and induce bradycardia through increasing vagal tone in anaesthetised dogs (Urthaler et al., 1975). While *in vivo* responses may be modulated by vagal tone, *in vitro* responses may involve inhibitory 'cross-talk' between opioid receptors and β -adrenoceptors. Indeed, δ -opioid receptor antagonist leucine-enkephalin, significantly reduces contractile responses to norepinephrine in isolated rat heart, in a pertussis toxin-sensitive manner (Pepe et al., 1997). Moreover, leucine-enkephalin demonstrates antiadrenergic effects in ventricular myocytes (Xiao et al., 1997).

4.2 β_1 -Adrenoceptor Antagonism and Intrinsic IR Tolerance

Chronic β -blockade could influence IR tolerance since intrinsic β_1 -adrenoceptor activity may contribute to myocardial injury (Arnold et al., 2007; Park et al., 2011; Spear et al.,

2007), whereas β_2 -adrenoceptors contribute to cardioprotection (Peart and Gross, 2006; Tong et al., 2005; Xu et al., 2010; Zhang et al., 2010). Clinical trials indicate that early β -adrenoceptor blockade (within 4-6 hs of symptoms) can reduce infarct development (Herlitz et al., 1988; Yusuf et al., 1983). However, differing roles and drug selectivity for β_1 vs. β_2 -adrenoceptors, contributions from cardiac vs. extra-cardiac effects, and involvement of non-specific actions (eg. β -adrenoceptor independent anti-oxidant effects), render the basis of such outcomes unclear. Interestingly, meta-analyses fail to identify significant mortality effects of β -adrenoceptor blockade in AMI (Brandler et al., 2010; Perez et al., 2009) or protection against mortality in angina patients (Huang and Fox, 2012). Atenolol is a second generation β_1 -adrenoceptor selective antagonist commonly prescribed in hypertensives, though there is minimal evidence that β -blockers reduce risk of AMI in hypertension (Wiysonge et al., 2007), and they are inferior in controlling associated hypertrophy and heart failure (Bangalore et al., 2008; Klingbeil et al., 2003). Contrasting evidence of β_1 -adrenoceptor mediated cardiac injury (Arnold et al., 2007; Park et al., 2011; Spear et al., 2007), we detect impairment of contractile recovery from IR in atenolol-treated hearts (Fig. 3). This supports β_1 -adrenoceptor dependence of myocardial IR resistance (Arnold et al., 2007; Park et al., 2011), an effect evident in isolation from extra-cardiac effects on autonomic control and cardiac loading *in vivo*. This may reflect the ability of β_1 -adrenoceptor activity to promote protective signalling (Lange et al., 2006; Salie et al., 2011).

Disparate observations have been made regarding effects of chronic β -blockade on IR tolerance. Mallet et al. (2006) found no change in IR tolerance with chronic metoprolol in an *in vivo* canine model, whereas Suematsu and colleagues (2002, 2004) observed improved IR tolerance in *ex vivo* rat hearts following chronic treatment with non-selective nipradilol and propranolol. Our data, in contrast, evidence worsened IR tolerance with chronic β_1 -adrenoceptor blockade. Reasons for these differing outcomes are unclear, though may relate to differing β_1/β_2 selectivity together with non-specific protective actions of different β -adrenoceptor antagonists.

Indeed, non-specific actions may be key to cardioprotection with many β -blockers. Nipradilol triggers protective NO release, and both nipradilol and propranolol exert powerful anti-oxidant effects that can protect the heart (Khaper et al., 1997; Suematsu et al., 2004). Carvedilol reduces infarction/cell death via anti-oxidant, -apoptotic, and -neutrophil functions independently of β -adrenoceptor blockade (Feuerstein et al., 1998; Schwarz et al., 2003), and cardioprotective effects of β_1 -selective celiprolol and landiolol are also attributed to anti-oxidant actions (Chen et al., 2007; Kimura-Kurosawa et al., 2007).

4.3 β_1 -Adrenoceptor Antagonism and IPC

There is some support for β_1 -adrenoceptor involvement in protective signalling (Lange et al., 2006; Salie et al., 2011), and the current data indicate that prolonged β_1 -adrenoceptor blockade is detrimental (Fig. 3). β -adrenoceptor activity may contribute to cardioprotection via modulation of PKC (Yabe et al., 1998), PKA (Bokník et al., 2001), p38-MAPK (Marais et al., 2001), and adenosine receptor signalling (Asanuma et al., 2004). Chronic β -blockade thus can interfere with cardioprotective signalling, a possibility supported by the current

data. Whereas IPC limited IR injury in control hearts, atenolol pre-treatment negated the protective efficacy of IPC (Figs. 3 and 4).

This inhibitory effect of prolonged β -adrenoceptor blockade is consistent with effects of acute antagonism, which support β -adrenoceptor involvement in cardiac conditioning responses. Previous studies in rat (Lochner et al., 1999) and rabbit (Spear et al., 2007) hearts have demonstrated inhibition of IPC with β_1/β_2 -adrenoceptor and β_1 -adrenoceptor antagonism. Lange and colleagues (2006) report that acute β_1 -adrenoceptor blockade negates anaesthetic preconditioning and partially limits IPC. These studies implicate β -adrenoceptor activity (likely the β_1 -adrenoceptor sub-type) in acute preconditioning, though evidence exists of IPC resistance to acute β -blockade (Iliodromitis et al., 2004). The effects of chronic β -blockade are ambiguous. Mallet et al. (2006) found that β_1 -adrenoceptor selective metoprolol (25 days) eliminated infarct-sparing effects of intermittent hypoxic preconditioning, and Suematsu and colleagues (2002, 2004) report abolition of IPC following 28 days of non-selective propranolol and nipradilol treatment. These studies and our data (Figs. 3 and 4) indicate that prior β -adrenoceptor antagonism impairs or eliminates protection via conventional preconditioning stimuli, implicating β_1 -adrenoceptors in initiation or transduction of IPC. This raises the possibility of negative interactions between β -blockers commonly applied prior to or during AMI and cardioprotective interventions engaging conditioning/RISK mechanisms.

4.4 β_1 -Adrenoceptor Antagonism and SLP

The above studies (Mallet et al., 2006; Spear et al., 2007; Suematsu et al., 2004) and current findings (Figs. 3 and 4) indicate that unconventional cardioprotective approaches are necessary, since common pharmacotherapies can impair conventional conditioning responses. Novel SLP is a potent cardioprotective therapy induced within 48 hours, and protection persists for up to 7 days post-stimulus withdrawal (Peart et al., 2011). Protection is induced via several days of low-level δ -opioid receptor agonism (eliminating undesirable systemic effects of other opioid receptor subtypes), involves PI3K signalling in the initial induction phase, and β_2 -adrenoceptor/PKA-dependent protective signalling during subsequent IR (Peart and Gross, 2006; Peart et al., 2011). This phenotype may be induced via non-opioidergic GPCRs, and is additive with adenosinergic protection (Peart et al., 2011). Additionally, SLP protection arises independently of cardioprotective caveolae/caveolin-3 expression, and is less sensitive to cholesterol depletion than conventional cardioprotective therapies (See Hoe et al., 2014). The SLP response improves IR tolerance in young and aged myocardium (Peart and Gross, 2004), whereas IPC and post-conditioning interventions are impaired in older hearts (Peart and Headrick, 2009). These cardioprotective features of SLP highlight a distinct mechanistic basis promoting effectiveness of SLP in clinically-relevant models (age and disease, and here with chronic β -blockade) where current protective interventions consistently fail (Peart and Headrick, 2009). We here show that SLP is resistant to inhibitory effects of chronic β_1 -blockade. This is consistent with insensitivity of SLP to acute β_1 -adrenoceptor blockade (Peart et al., 2006). These findings demonstrate that neither opioidergic induction of SLP nor subsequent mediation of protection during IR is dependent upon β_1 -adrenoceptor activity, while mediation may involve β_2 -adrenoceptor signalling (Peart and Gross, 2006). Effectiveness across age groups

and resistance to β -blockade render mechanisms of SLP more rational targets for induction of clinical cardioprotection, though currently the experimental strategy is restricted to pre-ischaemic induction. Further research is required to identify specific underlying mechanisms and assess their potential utility and efficacy in reperfused myocardium.

4.5 Study Limitations

The data, as presented, contain some limitations. Firstly, the dose of atenolol utilised is higher than therapeutic doses (0.5g/L in drinking water, replicated from Chung et al., 2008 where mice were given atenolol for >6 weeks). Despite no visible change to in-cage activity and an LD50 of 2000mg/mg, potential cardiotoxic effects or influences of hemodynamic changes cannot be ignored. We report no significant difference in heart rate or left ventricular developed pressure (or any parameter) at baseline (*ex vivo*), with an observed decrease in *in vivo* heart rate. A recent study (Berthonneche et al., 2009), with 2 week treatment with 7-fold lower atenolol dose reports ~22% and 15% reductions in heart rate and systolic pressure, respectively, *in vivo*. Williams et al., (2003), report that 5 day treatment of 25mg/kg/day atenolol had no effect on MAP with an 11% reduction in heart rate in C57BL/6J mice. The high dose of atenolol in our study would likely result in non-selective binding, most commonly with β_2 -adrenoceptor. Interestingly, SLP, previously been shown to be β_2 -adrenoceptor sensitive (Peart et al., 2006), was unaffected by atenolol treatment. Expression of both β_1 and β_2 -adrenoceptors were assessed via western blot, with no change in the expression observed in the presence of atenolol (data not shown). However, as this was assessed at the termination of reperfusion as opposed to pre-ischemia, cautious interpretation is required. Whether results here would be replicated with significantly lower doses approximating therapeutic treatment is unknown, as such the results should be interpreted with this in mind. Further, it is unclear if the outcomes of the current study in young normotensive mice would correlate with the clinical situation where patients receiving β -blockers likely have cardiovascular disease and/or high sympathetic drive.

Secondly, the current study does not address the influence of β -blockade on cardioprotective signalling or downstream actions of β_1 -adrenoceptor. Prior studies reveal that β_1 -adrenoceptor is coupled to ERK signalling (Tilley et al., 2009; Zheng et al., 2010) through EGFR (Tilley et al., 2009) and β -arrestin (Nakaya et al., 2012; Tilley et al., 2009), and may be associated with MMP regulation (Chung et al., 2008), factors known to influence IPC and cardioprotection (Hausenloy et al., 2005; Williams-Pritchard et al., 2011). Further work is required to interrogate the detailed molecular mechanisms.

Though well documented, the Langendorff perfusion method to assess *ex vivo* cardiovascular function is not devoid of limitations. An *in vivo* approach assessing infarction may have provided alternative results due to circulating metabolic and/or neuro-humoral influences that are absent in the *ex vivo* heart. Nonetheless, the Langendorff provides evidence of direct effects upon the cardiac phenotype.

4.6 Conclusions

In summary, our data suggest that β_1 -adrenoceptor activation is essential to IPC, yet not involved in induction of SLP protection. Chronic β_1 -blockade may also exert negative

effects on intrinsic IR tolerance. These findings support complex effects of β -adrenoceptor activity on IR outcomes, and highlight the importance of considering effects of common pharmaceuticals when developing interventions to myocardial IR injury.

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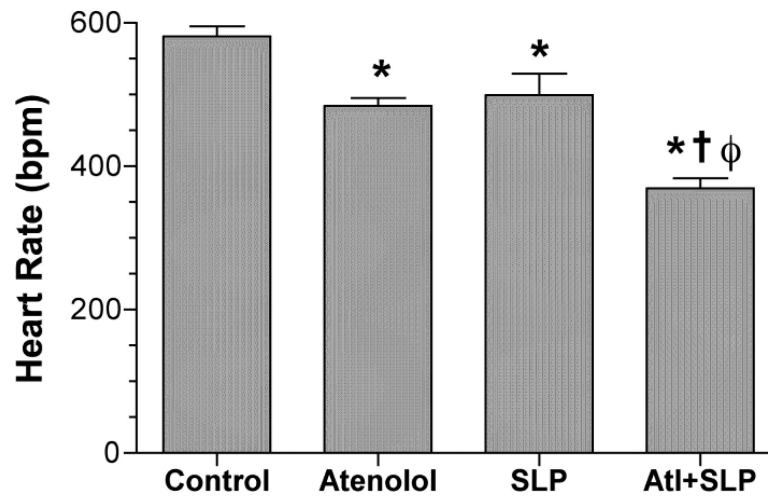


Fig. 1. Effects of atenolol and SLP upon *in vivo* heart rates of control (untreated) vs. atenolol-treated mice \pm SLP. Groups: untreated (Control, $n=13$), atenolol treated (Atenolol, $n=13$), and SLP in control (SLP, $n=14$) and atenolol-treated (Atl+SLP, $n=13$) hearts. Data are means \pm S.E.M. *, $P < 0.05$ vs. Control. †, $P < 0.05$ vs. Atenolol. Φ , $P < 0.05$ vs. SLP.

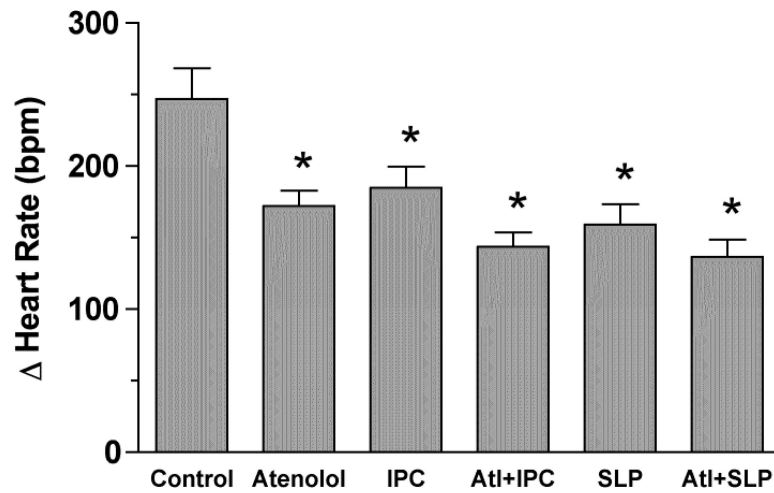


Fig. 2. Change in maximal heart rate (HR) upon challenge with isoproterenol in isolated hearts. Groups: untreated (Control, $n=13$), atenolol treated (Atenolol, $n=13$), IPC in control (IPC, $n=12$) and atenolol-treated (AtI+IPC, $n=12$) hearts, and SLP in control (SLP, $n=14$) and atenolol-treated (AtI+SLP, $n=13$) hearts. Data are expressed as means \pm S.E.M * $P<0.05$ vs. Control (untreated).

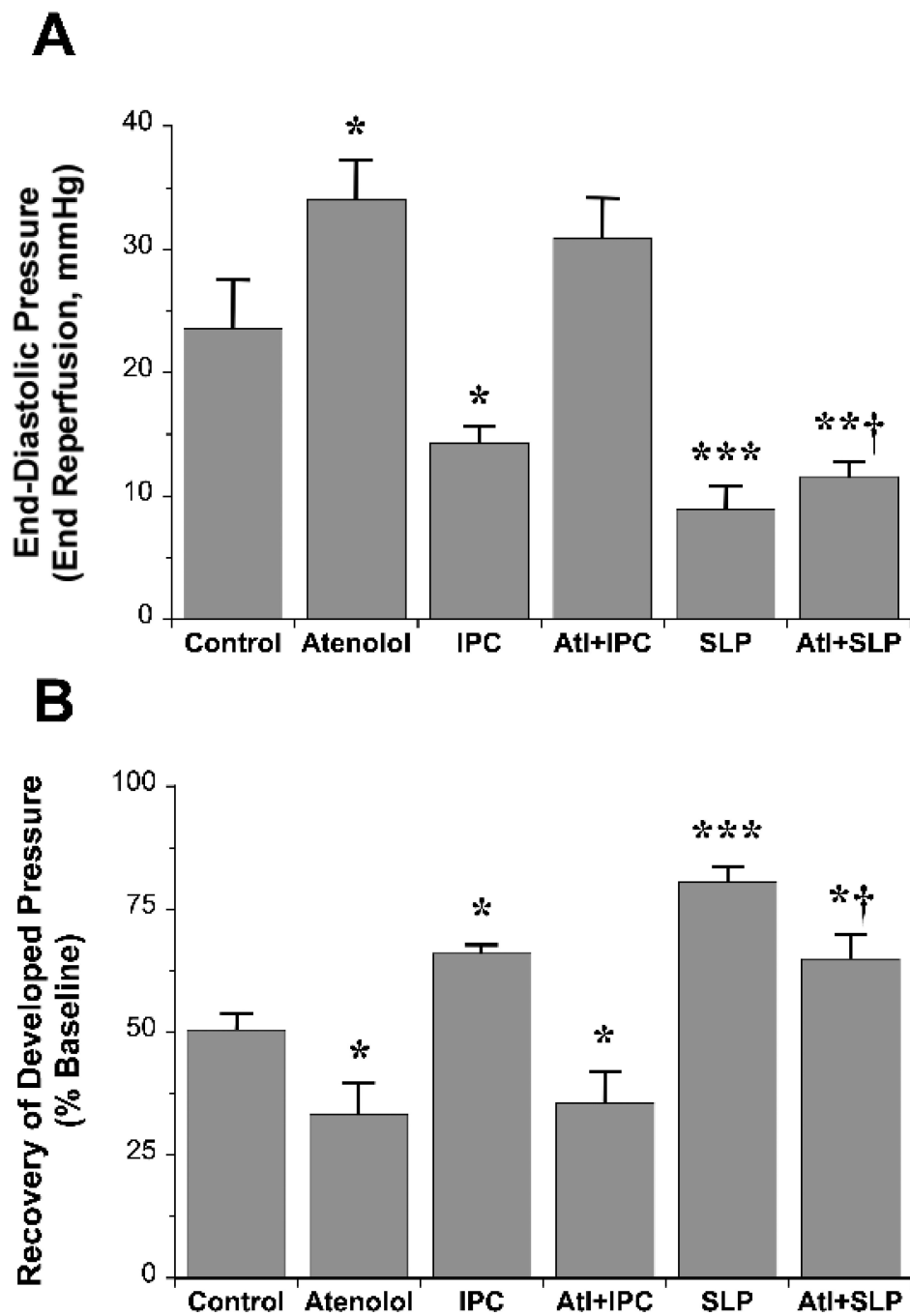


Fig. 3. Effects of chronic atenolol on contractile dysfunction with IR, and functional protection via IPC and SLP at end of reperfusion. Functional outcomes were assessed in Langendorff hearts subjected to 25 min ischemia/45 min reperfusion. **A**, end diastolic pressure (LVEDP, mmHg); **B**, recovery of left ventricular developed pressure (LVDP, % preischemia). Groups: untreated (Control, $n=8$), atenolol treated (Atenolol, $n=6$), IPC in control (IPC, $n=8$) and atenolol-treated (AtI+IPC, $n=6$) hearts, and SLP in control (SLP, $n=7$) and atenolol-treated

(Atl+SLP, $n=8$) hearts. Data are means \pm S.E.M. *, $P<0.05$; **, $P<0.01$; ***, $P<0.001$ vs. Control. †, $P<0.001$ vs. Atenolol.

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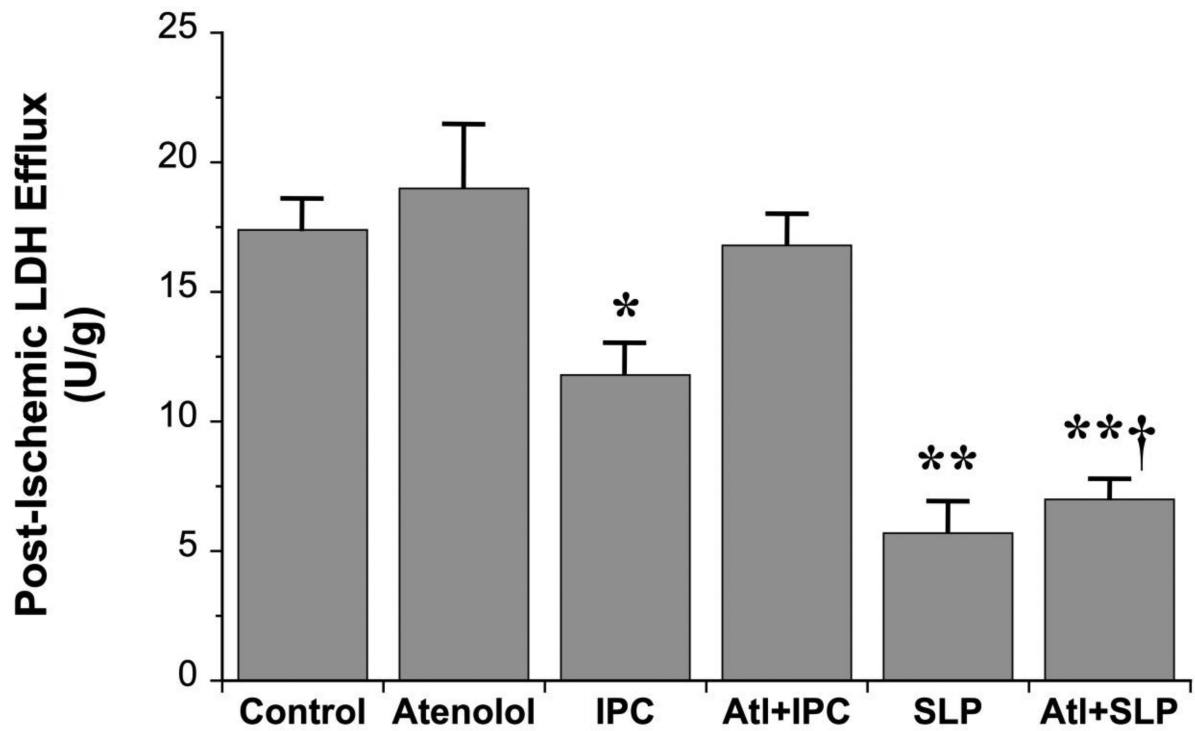


Fig. 4. Effects of chronic atenolol on cell damage with IR (LDH efflux), and protection via IPC and SLP. LDH efflux (U/g) was measured throughout 45 min of reperfusion following 25 min ischemia. Groups: untreated (Control, $n=8$), atenolol treated (Atenolol, $n=6$), IPC in control (IPC, $n=8$) and atenolol-treated (Atl+IPC, $n=6$) hearts, and SLP in control (SLP, $n=7$) and atenolol-treated (Atl+SLP, $n=8$) hearts. Data are means \pm S.E.M. *, $P<0.05$; **, $P<0.01$; ***, $P<0.001$ vs. Control. †, $P<0.001$ vs. Atenolol.

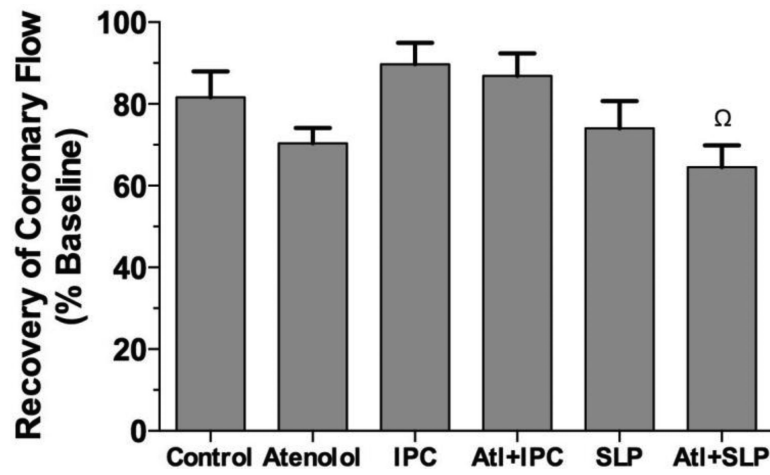


Fig. 5. Recovery of coronary flow assessed following 25 min ischaemia and 45 min reperfusion. Groups: untreated (Control, $n=8$), atenolol treated (Atenolol, $n=6$), IPC in control (IPC, $n=8$) and atenolol-treated (Atl+IPC, $n=6$) hearts, and SLP in control (SLP, $n=7$) and atenolol-treated (Atl+SLP, $n=8$) hearts. Data are means \pm S.E.M. Ω , $P<0.05$ vs. IPC.

Table 1EC₅₀ of hearts challenged with isoproterenol (nM).

Group	Heart Rate	LVDP	dP/dt _{max}	dP/dt _{min}
Control (n = 13)	98 ± 20	14 ± 3	27 ± 7	26 ± 2
IPC (n = 12)	79 ± 17	28 ± 8	21 ± 4	29 ± 2
SLP (n = 14)	75 ± 10	37 ± 11	21 ± 6	46 ± 4 ^b
Atenolol (n = 13)	60 ± 9	32 ± 20	10 ± 3	27 ± 2
Atl+IPC (n = 12)	87 ± 12	101 ± 50	12 ± 3	6 ± 1 ^b
Atl+SLP (n = 13)	21 ± 5 ^b	297 ± 106 ^b	7 ± 3 ^a	33 ± 7

Data are presented as means ± S.E.M.

^aP<0.05 vs. Control (untreated)^bP<0.05 vs. all groups.

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Table 2

Baseline function in perfused hearts after 30 min normoxic stabilization (prior to any IPC stimulus, ischemia or reperfusion)

Group	LVEDP (mmHg)	LVDP (mmHg)	Heart Rate (beats/min)	Coronary Flow (ml/min)
Control (n=8)	3 ± 1	131 ± 6	419 ± 3	2.7 ± 0.2
IPC (n=8)	4 ± 1	130 ± 6	422 ± 7	3.1 ± 0.4
SLP (n=7)	2 ± 1	124 ± 6	417 ± 12	2.6 ± 0.3
Atenolol (n=6)	5 ± 1	113 ± 6	433 ± 8	3.1 ± 0.2
Atl+IPC (n=6)	4 ± 1	115 ± 4	421 ± 10	2.9 ± 0.2
Atl+SLP (n=8)	5 ± 1	125 ± 9	418 ± 13	3.0 ± 0.2

Groups: untreated (Control), atenolol treated (Atenolol), IPC in control (IPC) and atenolol-treated (Atl+IPC) hearts, and SLP in control (SLP) and atenolol-treated (Atl+SLP) hearts. LVEDP and LVDP: left ventricular end-diastolic and developed pressures, respectively. Data are means ± S.E.M. No differences in function were detected across groups upon langendorff perfusion.