#### **UC San Diego**

## Spring 2018 - UC San Diego Health Journal of Nursing: The Unique Power of Nursing

#### **Title**

Front Matter. 2018. Oncology Nursing at UC San Diego Health

#### **Permalink**

https://escholarship.org/uc/item/2vb1248c

#### **Journal**

UC San Diego Health Journal of Nursing, 11(1)

#### **Author**

UC San Diego Image of Nursing Council

#### **Publication Date**

2018-04-01

Peer reviewed

# UC San Diego Health UC San Diego Health

SPRING 2018 UNIVERSITY OF CALIFORNIA, SAN DI



### **Oncology Nursing at UC San Diego Health**

TRANSFORMING CARE AND IMPROVING OUTCOMES ACROSS THE CONTINUUM



# JOURNAL OF NURSING

#### Publisher

UCSD Image of Nursing Council

#### **Editors-in-Chief**

Paige Burtson MSN, RN, NEA-BC Vicki Bradford, BSN, RN, MBA

#### **Editorial Board**

Jill Deetz BSN, RN, NE-BC Celine Palmiter, BSN, RN OCN®

#### **Advisors**

Stacie Macaluso, BS

#### Design

Burritt Design

#### **Photography**

Shelby Samonte, RN

# Inside

Message from the Chief Clinical Officer
Margarita Baggett, MSN, RN

### AN INTRODUCTION TO ONCOLOGY NURSING AT UC SAN DIEGO HEALTH

An Overview of Oncology Nursing at UC San Diego Health Paige Burtson MSN, RN, NEA-BC and Vicki Bradford, BSN, RN, MBA

Oncology Nursing Profiles

10

12

14

16

20

22

24

26

28

Compiled By: Ellen Carr, MSN, RN, AOCN® and Matt Redila, MSN, RN, CCRN, CNL

#### STAFF AND PATIENT EXPERIENCE

Strategies to Promote Staff Wellbeing and Prevent Burnout in Inpatient Oncology Units

Karen Armenion, MSN, RN and Andrea Bogardus, BSN, RN, CHPN

An Extraordinary Outcome Due to Family Presence in an Intensive Care Unit

Steffanie Strathdee and Matt Redila, MSN, RN, CCRN, CNL

Nurses and Radiation Therapists as Superheroes: A Unique Approach to Caring for Kids in Radiation Oncology Sofia Olivares, RN

#### **CONTINUOUS QUALITY IMPROVEMENT**

The Implementation of an ICU Diary Program to Prevent Post-Intensive Care Syndrome

Truong-Giang Huynh, BSN, RN, CCRN

Implementing Proactive Code Nurse Rounds to Decrease
Delay in Rapid Response Activation
Mary Hellyar, MSN, RN, CNS

#### INNOVATIONS IN ONCOLOGY CARE

The Comprehensive Breast Health Center at the Koman Family Outpatient Pavilion

Cecilia Kasperick, MSN, RN, CNL

CAR-T Therapy: A Novel Treatment for Patients with Relapsed Lymphoma or Leukemia

Aran Tavakoli, MSN, RN, CNS

The Development of an Inpatient Palliative Care Unit Karen Armenion, MSN, RN

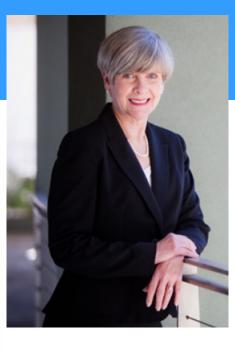
Changing the Care Delivery Model using Clinical Nurse Leaders (CNL) and Licensed Vocation Nurses (LVN) in the Oncology Setting Melissa Callahan, BSN, RN OCN, Jessica Hanson MSN, RN, CNL, CCRN & Laura Vento, MSN, RN, CNL

# Five Magnet Componets

Transformational
Leadership Structural
Empowerment
Exemplary
Professional Practice
New Knowledge
and Innovation

**Empirical Outcomes** 

Shared Governance committee membership is a great way to become personally involved in the Magnet journey and to help shape the future of nursing at UCSD. For more information go to our nursing website at http:// medinfo.ucsd.edu/nursing/ committees/ to learn about committee membership opportunities.



# Message from the The Chief Clinical Officer

elcome to the 15th issue of the UC San Diego Health Nursing Journal. This issue will focus on Oncology Nursing:

Transforming Care and Improving Outcomes across the Continuum. Did you know that there are over 600 nurses working in Oncology services? RN's, LVN's, and Advanced Practice Providers practice in various settings including the Moores Cancer Center, the Ambulatory Clinics, the Jacobs Medical Center, the Hillcrest Medical Center, and the Outpatient Pavillion. And, over 50% of the APP's and RN's have earned their advanced certifications! These nurses are providing exceptional care to our patients in both the inpatient and outpatient settings

With the addition of the recently opened Koman Outpatient Pavilion (KOP), UC San Diego Health can now offer a "one stop shop" for patients diagnosed with Breast Cancer in our new Comprehensive Breast Health Center (CBHC). This truly enables our nurses to embrace the essence of our Nursing Professional Practice Model, where "our focus on developing caring relationships with patients, families, each other and ourselves allows us to create an environment where feeling cared for is an everyday experience".

I was so pleased to see the themes of patient and family centered care along with having an interprofessional approach being reflected and valued by our teams. In the article "An Extraordinary Outcome due to Family Presence in an ICU," we learn about a gentlemen in Thornton ICU that rapidly decline due to a superbug. It was a family member who suggested trying a type of therapy which the nurses, doctors, and therapists from the Pulmonary, Critical Care and Infectious Disease departments agreed would be worth pursuing. It was the first application in the United States of this type of therapy (bacteriophage) and was credited to saving his life along with the staff from Thornton ICU. What a wonderful outcome showing a truly collaborative environment! You can read even more articles about teamwork in both, "Changing the Care Delivery Model using Clinical Nurse Leaders and Licensed Vocational Nurses in the Oncology Setting" and "Nurses and Radiation Therapists as Superheroes".

Innovation is another theme that is prevalent in many articles. "Implementing Proactive Code RN Unit Rounds to Decrease Mortality and Provide Peer support for Nursing Staff", "the Implementation of an ICU Dairy Program to Prevent Post-Intensive Care Syndrome", and "CAR-T Therapy: A Novel Treatment for Patients with Relapsed Lymphoma or Leukemia" are great examples of our nurses creating new processes and using cutting-edge therapies to help our patients achieve better outcomes. I applaud all of you for being so creative in finding new and improved ways to care for our patients.

Nurses Week is a wonderful time to celebrate the dedication and commitment of our entire nursing team and to recognize how hard these team members work each day. Reading "Strategies Promote Staff Wellbeing and Prevent Burnout in Inpatient Oncology Units" I am reminded how important it is to take the time to care for ourselves as well as our patients. I encourage all of you to take some time and enjoy the activities we have planned during the week of May 7–10 to celebrate Nurses Week! Activities include Gourmet Food Truck events with free chair massages and a photo booth, Gratitude Table, Nursing Podcast, Bannister House Fiesta, and the MAGNET focused 2018 Nursing Excellence Awards

Wishing you a wonderful Nurses Week.

In Gratitude,

MARGARITA BAGGETT, MSN, RN
CHIEF CLINICAL OFFICER