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Models in the NGSS biology classroom

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45

46**ABSTRACT**

47 Models are simplified representations of more complex systems that help scientists
48structure the knowledge they acquire. As such, they are ubiquitous and invaluable in scientific
49research and communication. Because science education strives to make classroom activities
50more closely reflect science in practice, models have become integral teaching and learning tools
51woven throughout the Next Generation Science Standards (NGSS). Though model-based
52learning and curriculum are not novel in educational theory, only recently has modeling taken
53center stage in K-12 national standards for science, technology, engineering, and mathematics
54(STEM) classes. We present a variety of examples to outline the importance of various types of
55models and the practice of modeling in biological research as well as the NGSS’s emphasis on
56their use in both classroom learning and assessment. We then suggest best practices for creating
57and modifying models in the context of student-driven inquiry and demonstrate that even subtle
58incorporation of modeling into existing science curricula can help achieve student learning
59outcomes, particularly for English language learners. In closing, we express the value of models
60and modeling in life *beyond* the classroom and research laboratory, and highlight the critical
61importance of “model literacy” for the next generation of scientists, engineers, and problem-
62solvers.

63

64**Key Words:** Next Generation Science Standards; model-based learning; inquiry-based science;
65scientific practice; student learning.

66

67 The Next Generation Science Standards (NGSS) aim to make the teaching of science
68 more closely align with the practice of science. The NGSS highlight models, which are
69 simplified representations of more complex phenomena, as central to all aspects of learning in
70 science, technology, engineering, and mathematics (STEM) (NGSS, 2013a). Mirroring the
71 process of scientific research, the NGSS are structured in three primary sections: *Disciplinary*
72 *Core Ideas* (the knowledge base that scientists need to do their work), *Practices* (what scientists
73 actually do), and *Cross-Cutting Concepts* (frameworks scientists use to connect core ideas
74 together). *Performance Expectations* (learning and skills assessment) within the NGSS are
75 combinations of these *Cross-Cutting Concepts*, *Practices*, and *Disciplinary Core Ideas*.
76 “Developing and using models” is one of seven NGSS *Practices* and “Systems and system
77 models” is one of eight *Cross-Cutting Concepts* within the NGSS (National Research Council,
78 2012a). Because NGSS *Performance Expectations* emphasize student engagement in using
79 models to explicitly demonstrate knowledge of *Disciplinary Core Ideas*,¹ it is critical that
80 teachers regularly and clearly incorporate scientific models in science lessons.

81 Models are key elements in daily practice for biologists, and model-based learning has a
82 rich history in educational theory (Louca & Zacharia, 2012). Nevertheless, many biology
83 teachers are not well versed in the broad range of models used by scientists and therefore find it
84 difficult to envision how to incorporate them into classroom instruction (Hoskinson et al, 2014).
85 This may be because instructors fail to realize that models extend far beyond the familiar 3-D
86 physical models of cell structure or the digestive system. In fact, teachers and scientists alike use
87 a variety of model types in their instruction and research without labeling them as such.

41 e.g., “HS-LS1-5: Use a model to illustrate how photosynthesis transforms light energy into
5 stored chemical energy”

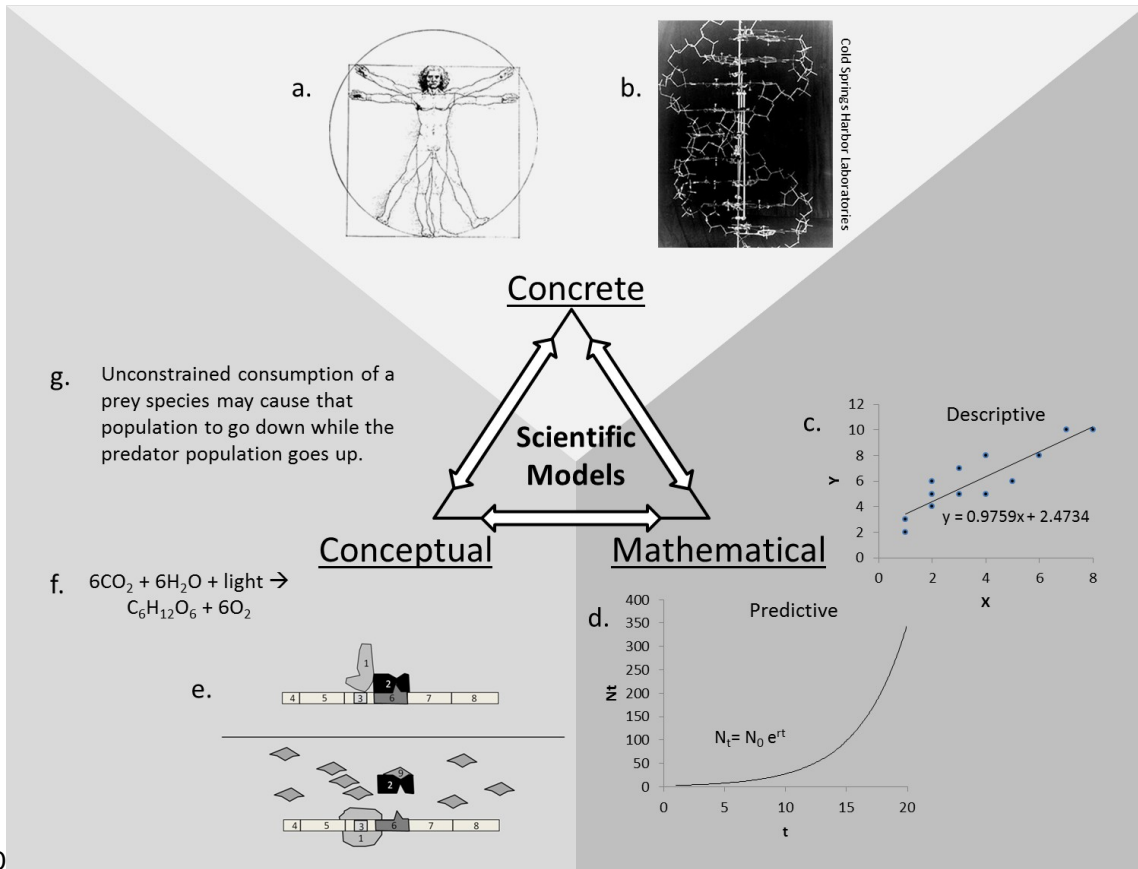
88 The goals of this paper are to highlight the diversity of ways in which models are used to
89conduct and teach science, and to provide a framework for intentional use of models in biology
90classroom activities as emphasized by the NGSS. As practicing scientists and educators working
91together to infuse inquiry-based science curricula in local middle and high school classrooms
92through a National Science Foundation GK-12 program (<http://scwibles.ucsc.edu>), we offer a
93perspective on the use of models in the biology classroom that comes from both biological
94research and educational theory. We describe a range of ways in which models can be used in the
95classroom, and how the NGSS emphasize modeling as a central practice. We outline a “modeling
96continuum,” analogous to Herron’s (1971) inquiry continuum, and make suggestions for how
97teachers can acknowledge and enhance their use of models in the classroom in either subtle or
98substantial ways to more effectively mirror the essential scientific practice of modeling.

99

100**Models in Biology Research**

101 Scientists primarily use models in two ways. First and foremost, models are used to
102increase our understanding about the world through evidence-based testing. To evaluate the
103merits and limitations of a model, it must be challenged with empirical data. Models that are
104inconsistent with empirical evidence must either be revised or discarded. In this way, modeling is
105a meta-cognitive tool used in the hypothesis-testing approach of the scientific method (Platt,
1061964). Second, scientists use models to communicate and explain their findings to others. This
107allows the broader scientific community to further challenge and revise the model. Furthermore,
108this dynamic quality of scientific models allows researchers to test, retest, and ultimately gain
109new understanding and insight.

110 Biologists use models in nearly every facet of scientific inquiry, research, and
111communication. Models are helpful tools for representing ideas and explanations, and are used
112widely by scientists to help describe, understand, and predict processes occurring in the natural
113world. All models highlight certain salient features of a system while minimizing the roles of
114others (Hoskinson et al., 2014; Starfield et al., 1993) . By nature of their utility, models can take
115many forms based on how they are created, used, or communicated. After reflecting on the types
116of models we use in our daily work as biological researchers, we have identified three main
117categories of models used regularly in scientific practice: concrete, conceptual, and mathematical
118(Fig. 1).



120

121**Figure 1:** Scientific models may be concrete (physical representations in 2D or 3D),
 122mathematical (expressed symbolically or graphically), or conceptual (communicated verbally,
 123symbolically, or visually). Concrete models can be simplified representations of a system (a) or
 124working scale prototype (b). Mathematical models can be descriptive or predictive, and empirical
 125or mechanistic. A descriptive model, such as a regression line, depicts a pattern of association
 126that is derived from empirical data (c), whereas a predictive model uses equations to represent a
 127mechanistic understanding of a process (d); each can be expressed both symbolically and
 128visually. Conceptual models focus on an understanding of how a process works, and may be
 129expressed as visual (e) or symbolic (f) representations as well as through verbal descriptions or
 130analogies (g).

131 Development of scientific models of one type can prompt and inform models of other
132types. For example, Watson and Crick developed a physical model of DNA to help determine
133how different nucleotide bases can pair to produce a double-helix structure (Fig. 1b), which in
134turn suggested a conceptual model for DNA replication (Watson & Crick, 1953). Jacques
135Monod’s observation of a “double growth curve” of bacteria that deviated from the expected
136exponential growth model led to the development of a new, more accurate model of cellular
137regulation of gene expression (Fig. 1e) (Jacob & Monod, 1961). Ecologists James Estes and John
138Palmisano developed conceptual models of population growth and decline among marine
139predator-prey species (Fig. 1g) on the way to creating mathematical models of sea otter, sea
140urchin, and kelp dynamics along the Alaskan coast (Estes & Palmisano, 1974).

141

142**Models in Learning and Teaching**

143 Model-based learning refers explicitly to the understanding gained while creating or
144refining scientific models (Louca & Zacharia, 2012), but mental models are central to learning
145theory more broadly and provide the foundation for all other types of models (Johnson-Laird,
1461983). Mental models often pre-exist instruction, and are limited to conceptual or mathematical
147forms. A person’s conceptual understanding of a process or relationship (i.e. mental model)
148directly informs his/her creation of a model, whether that model is concrete, conceptual, or
149mathematical. Through testing and experience, these models can be updated to reflect reality
150more accurately. As students continue to draft models (in any form and if done repeatedly), they
151change their understanding about a concept as they analyze the model and alter it. In a classroom
152context, students can learn from the work of others and modify their own mental models as they
153assess one another’s drawn or constructed models. They can also analyze in writing how they

154 might change something or discuss the limitations a model might have in representing a given
155 phenomenon. Misconceptions need to be recognized as such and modified or discarded as in the
156 early models of the atom.

157 Learning theorists from the cognitivist school typically sought ways that mental
158 operations could be translated into visible forms called representations, such as diagrams or
159 flowcharts. The internal representations that comprise mental models are tightly linked to
160 reasoning associated with learning (Bauer & Johnson-Laird, 1993; Johnson-Laird, 2010). To this
161 end, the NGSS' emphasis on modeling in the science classroom may present unique learning
162 opportunities for students who are English language learners. Developing and using models
163 provides English language learners with nonverbal ways to express understanding initially, and
164 their consistent use in the classroom gives these students practice and confidence in speaking
165 about how models explain observations (Quinn et al., 2011). The interplay between
166 representations (i.e., models) of a system and the language used to describe them builds students'
167 conceptual understanding of the system in question while refining their science literacy (Quinn et
168 al., 2011; Stoddart et al., 2011).

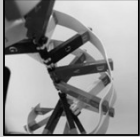
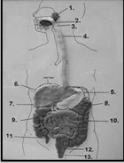

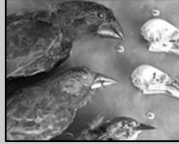
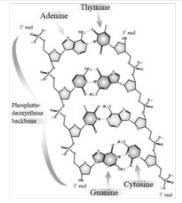
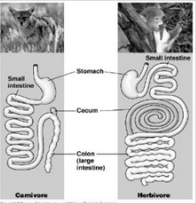
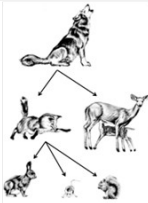
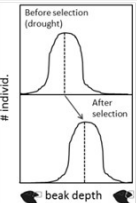
169 Model-based learning has seen numerous interpretations in theory and practice (Buckley
170 et al., 2004; Clement & Rea-Ramirez, 2008; Gobert & Buckley, 2000; Louca & Zacharia, 2012;
171 Windschitl, 2013). Here we adopt Gilbert's (2004) taxonomy of five modes of modeling:
172 concrete, verbal, symbolic, visual, and gestural (Table 1). These overlap closely with our
173 categorization of models in biological research (Fig.1), with the addition of gestural models,
174 which scientists use regularly to complement their verbal communications. A key distinction is
175 that the five modes of modeling (Table 1) offer a framework for how models are used in
176 teaching, while our three categories of models (Fig. 1) provide a structure for categorizing

177models used routinely in science. This latter grouping of model types is useful for identifying
178things that are unknown (new hypotheses, unexplored relationships among variables) whereas
179modeling used in teaching often illustrates known concepts to enable students make sense of
180what scientists accept as supported by evidence.

181

182 **Table 1:** Examples of biological concepts taught in the high school biology curriculum, represented by each of Gilbert's (2004)

183five modes of modeling at different scales.

Mode	DNA	Digestive System	Food Web	Evolution
Concrete (material) models are typically made of solid material	DNA physical model (e.g., constructed from plastic molecular model kit) 	Clay model of digestive system 	Terrarium (or aquarium) 	Galapagos finch beaks 
Verbal models include descriptions, metaphors, analogies, and mnemonics to explain phenomenon (can be spoken or written)	"The DNA molecule is structured like a twisted ladder with sugar-phosphate molecules as the side rails and base pairs as the rungs."	"The gastrointestinal tract is like a long, continuous tube of varying diameters (depending on the organ)."	"Species exist in a complex web of what-eats-what within an ecological community."	"Finch beaks are specialized for feeding like different types utensils. Forks, knives, spoons, and chop sticks are each more suited for certain food items than others."
Symbolic models include chemical formulas, equations, and mathematical expressions	Knowing A-T and G-C, calculate A from G. If G = 20%, then what % A? $(100 - (2 \times 20)) / 2 = 30\% \text{ A}$	Simple enzyme-catalyzed reaction kinetics: $E + S \xrightleftharpoons[k_2]{k_1} ES \xrightarrow{k_3} E + P$	Assuming 10% of net energy production is transferred up to the next trophic level, how much energy is available to 2 ^o consumers if producers generate 10,000 kcal? About 100 kcal	Lg beak size = A (dominant) Sm beak size = a 100 finches have the following genotypes: 50AA, 15Aa, & 35Aa. Calculate allelic frequencies for A & a pre & post selection when 100 sampled finches have genotypes: 75AA, 5Aa, and 20aa.
Visual models include graphs, diagrams, and animations				
Gesturel models refer to the use of body parts as a mode of explanation	Instructor demonstrates unzipping and pairing motion with hands and interlocking fingers	Sequential, repeated gripping motion with hands to demonstrate peristalsis	Students stand in 3 or 4 rows (trophic levels), then pass a ball of yarn to demonstrate appropriate trophic linkages in an ecosystem	Using different types of utensils, students pick up different types of materials of seeds of varying size and shape

184

185 Model-based learning typically consists of five elements: 1) observation and data
186collection, 2) construction of a preliminary model, followed by 3) application, 4) evaluation, and
1875) revision of the preliminary model (Fretz et al., 2002). In practice, model-based learning and
188model-based inquiry are reflections and extensions of the scientific method (Windschitl et al.,
1892008) and have been applied across a variety of disciplines in both computer-based learning
190environments and classroom settings (Clement & Rea-Ramirez, 2008; Fretz et al., 2002).

191

192A Modeling Continuum within the Framework of NGSS

193 The NGSS's *Science Framework for K-12 Science Education* (National Research
194Council, 2012a) offers an outline for teachers to provide gradual exposure to model development
195to students at each grade level. The use of models for K-12 students progresses from simple (e.g.,
196model duplication) to complex applications (e.g., tests of model reliability and predictive power)
197as classroom activities transition from instructor demonstrations toward student-directed inquiry
198(Table 2). In earlier grades (K-2), students largely focus on recognizing models as tools that can
199be used to explain familiar structures (e.g., a plastic skeleton or diagram of a plant) or scientific
200practices (e.g., measuring quantities, comparing relationships). Students are presented with
201model-building activities that are designed to unveil common characteristics of models and how
202they are used in STEM fields.

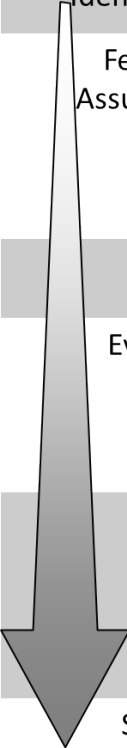
203 During the next stage of educational development (grades 3-5), students start to build and
204revise simple models to design solutions to problems or represent phenomena.² Students begin to
205develop and apply models to describe processes, explain relationships, and make predictions.

142 E.g., 3-LS1-1: Develop models to describe that organisms have unique and diverse life cycles
15but all have in common birth, growth, reproduction, and death (NGSS, 2013b).

206**Table 2.** Asking students questions about their model can help students make subtle shifts toward more complex engagement with
207models; students shift from simply identifying models, to using them, to constructing their own models. This progression of how

208 students engage with models parallels that which is established across grade levels (NGSS, 2013a).

Model Development (Simple to Complex)	Scaffolding Questions for Students
Identification	<ul style="list-style-type: none"> • What object or process does the model represent?
Features & Assumptions	<ul style="list-style-type: none"> • What are the salient features that you decided to include and why are they important? • Compare your original object or process with your model. What features did you need to leave out of the model to make it clear? Are those features important? • Are some features more biologically accurate than others? Does it matter whether they are biologically accurate?
Usage	<ul style="list-style-type: none"> • What is the domain over which your model is applicable? • What scientific questions can you answer using the model?
Evaluation	<ul style="list-style-type: none"> • How can you test how well this model represents the object or process you were trying to represent? • How can you make this model more realistic? • Create a quiz for your classmates where they are only allowed to use information from your model to answer.
Revision	<ul style="list-style-type: none"> • Based on your quiz results, would you make any additions or clarifications to your model? • What would happen if you removed one feature of your model? Would the model still represent your original object or process? What is the smallest number of features you could use in your model (the simplest model you can make) and still represent your original object or process?
Synthesis	<ul style="list-style-type: none"> • What other kinds of models could you have made to represent your original object or process? What would be the advantages & disadvantages of the different model types? For instance, how could you create a complement to the clay cell model to illustrate more processes?



210As students advance to middle school (grades 6-8), the use of models expands to predicting and
211testing more abstract phenomena.³ At this stage, students undertake increasingly open-ended
212investigations of model structure. Such investigations include variable modification to validate
213observed changes in a system, integration of uncertain and unobservable factors and/or variables,
214and the generation of data to test hypotheses explicitly. Finally, in high school (grades 9-12),
215students construct and use models for more advanced prediction and to represent interactions
216between variables within a system.⁴ Inquiry at this stage is largely focused on the critical
217evaluation and comparison of different models to improve predictions and explanatory power.

218 This learning progression for “Developing and using models” as presented by the NGSS
219(2013a) offers a continuum of exposure to modeling through inquiry. Students are initially taught
220how to recognize the use of models in STEM fields before advancing to more complex activities
221in which they revise, compare, and evaluate models based on predictive and explanatory power.
222In this framework, models are constructs that are useful to ask or answer a question, rather than
223just to describe an object (e.g., a mathematical equation versus a physical model of a cell).
224Models are abstract descriptions that can be refined through evidence-based testing by examining
225the assumptions, domain, parameters, and structure of the model (see Box 1. Case Study).

226

203 E.g., MS-LS1-7: Develop a model to describe how food is rearranged through chemical
21reactions forming new molecules that support growth and/or release energy as this matter moves
22through an organism (NGSS, 2013b).

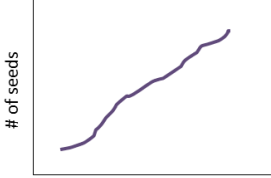
234 E.g., HS-LS2-5: Develop a model to illustrate the role of photosynthesis and cellular respiration
24in the cycling of carbon among the biosphere, atmosphere, hydrosphere, and geosphere (NGSS,
252013b).

227**Box 1.** Case Study (Algebra I and Algebra II students): Models as predictive tools (Bryce et al., 2282014)

CASE STUDY:
Models as predictive tools
(Bryce et al., 2014)

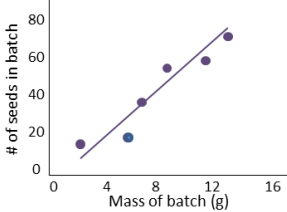
You run a mail-order heirloom tomato seed company where customers can order any number of seeds from 10 to 1000. It takes too long to count all those seeds, and you wonder if you can use weight instead, because it is faster.

1) What do you think the relationship between weight and number of seeds would look like on this graph? Draw a graphical hypothesis (visual model) of what you expect.



Mass of seeds

4) Collect, then plot your collected data on this graph



Remembering that $y = mx + b$...

2) How would you express this model in words?

Larger batches of seeds that weigh more will have more seeds in them. The number of seeds increases at a steady rate (straight line) as the weight increases

3) What data could you collect to test your hypothetical model?

Weigh batches of seeds of different amounts and count the seeds in each batch.

5) What model could you use as a simplified representation of your data?

I could draw (or fit) a straight line through the points

6) Does your visual model from your data agree with the visual model from your original hypothesis?

Yes, they are both straight lines going up

7) How could you express that model through a symbolic model (equation)?

*#seeds = m x weight + intercept
Since 0 seeds weighs 0 grams, The intercept is zero.
m is the slope, which is rise over run.
(40 - 0)/(10 - 0) = 40/10 = 4
So #seeds = 4 x weight in grams*

8) Use your model equation to predict how many seeds would be in a batch that weighs 200g.

*# seeds = 4 x 200 g
800 seeds = 4 x 200 g*

9) What are some assumptions of this model?

*All the seeds are about the same weight.
All the seeds are the same kind.*

229

230

231 **Inquiry and Learning to Create and Modify Models—Classroom Best Practices**

232 Inquiry encompasses more than just asking questions; inquiry involves expanding one's
233 depth of knowledge (Webb, 1997) through systematic exploration of a subject from various
234 perspectives. A scientist or student engaged in inquiry begins by distinguishing what is known
235 from what is unknown in the context of a specific learning outcome. Creating models helps
236 identify the most important features of complex processes and is a productive exercise for
237 inquiry-based activities. Breaking down a complex process into its constituent parts helps
238 students derive the process itself rather than memorize a series of facts about a process. Next, the
239 student creates a model to represent and simplify a phenomenon and/or relationship in order to
240 develop questions and hypotheses, which are subsequently tested through data collection. Data
241 are used to reevaluate the initial model and develop arguments based on evidence. Additionally,
242 revising models provides students with meta-cognitive opportunities—they better understand
243 their own thinking through evaluation. Initial models evolve to reflect the learning that ultimately
244 results from curiosity-driven investigations to understand how a system operates (NGSS, 2013a).

245 Perhaps the most effective use of models and modeling in the classroom is to have
246 students create a model upon exposure to a new idea, and then revisit and revise that model over
247 an extended period of time (Windschitl, 2013). Students return to their models multiple times
248 over the course of a unit to incorporate ideas learned from subsequent readings, activities, tests,
249 and discussions. In this way, students revise and develop more nuanced models while using
250 critical thinking skills to expand their depth of knowledge. For example, after being introduced to
251 the term *biodiversity*, high school students devised their own conceptual and mathematical
252 models to assess biodiversity. Over the course of the school year, they tested and refined these

253models by quantifying plant and insect diversity before and after planting a native plant garden
254on the school's campus (Yost et al., 2012).

255 This prolonged time frame may prove challenging for instructors who are just beginning
256to use model-based inquiry in their classrooms. However, it deepens students' understanding of
257the scientific process and, from our experience, becomes easier to implement with practice.
258When considering this approach to models and modeling, certain forms of models are better
259suited for use in science classrooms than others. Models are most effective in science education
260when they offer clear visual representation of processes or phenomena, incorporate both
261observable and unobservable features, are context-rich, and can be easily revised (Windschitl,
2622013). Unobservable features are not detectable by human senses or technology. Events or
263processes may be unobservable because of their spatial scale (e.g., atoms, the universe), temporal
264scale (e.g., evolution, continental drift), or because they are not accessible physically (e.g.,
265Earth's core) or temporally (e.g., geologic time). Unobservable features also include inferred
266relationships, such as the slope of regression line, which isn't itself empirically measured but
267rather relies on inference from data.

268 In the classroom, instructors generally rely upon formative assessment to evaluate student
269learning and performance. In the context of model-based learning, quality assessment should rely
270on the evaluation of student knowledge application and development to produce a deeper
271understanding of scientific practices (National Research Council, 2012a). We offer four
272assessment criteria that can be used to evaluate model composition, accuracy, prediction power
273and comprehension of models to determine the depth of student knowledge and application of
274models in the classroom (Table 3).

275

276 **Table 3.** Model Assessment: Student model assessment criteria

Criterion	Description	Example
Composition	Does the model include all the major components of the process it describes?	Does a food web include all the major players in the game?
Accuracy	Does the model accurately describe the underlying process that generated your data?	Is your regression line actually the line of best fit?
Prediction	Can you make predictions with your model (this may not be possible for every model)?	If you run a regression between the mass of a batch of seeds and the # of seeds in the batch, can you accurately predict the # of seeds in a batch that wasn't in your original sampling? See Box 1, question 8 for a worked example.
Comprehension	Can a student use his or her model to describe the process it represents? Does the student understand the assumptions of the model?	Allows the student to demonstrate mastery of the topic.

277

278 We emphasize here that, while modeling is an essential scientific and classroom practice
279for enhancing learning, it complements rather than precludes the use of other demonstrated
280teaching tools. Teachers should choose the correct teaching tool for their learning objective.
281Therefore, their goals will determine how much time they spend on modeling in the classroom.
282In other words, modeling is the most appropriate learning tool in many, but not all, situations.
283For example, if you want students to learn how to pipette, they probably do not need to draw a
284conceptual model about pipetting. However, if they are learning about food webs, drawing the
285interactions between organisms with arrows can help tremendously with their understanding.

286

287**Subtle Shifts in the Classroom**

288 It would be ideal to incorporate many full-scale, inquiry-based modeling activities into
289science classes to encourage students to explore and explain the natural world. However, limited
290time and resources in existing science curricula mean that this not always practical. Fortunately,
291teachers can shift their lesson plans in subtle ways to incorporate modeling exercises on a
292smaller scale while still enhancing student learning. Even at small scales, the repetitive,
293contextualized practice of model-building helps students acquire knowledge, generate
294predictions and explanations, analyze and interpret data, develop communication skills, and
295make evidence-based arguments through active participation (Schwarz et al., 2009). Many types
296of activities currently used in the classroom can be easily adapted in small, manageable ways to
297teach students about models by using “subtle shifts” (Table 2). Here we explore how to enhance
298lab and classroom activities by engaging students with scientific modeling in small but
299meaningful ways.

300 We often ask students to create simplified physical replicas of objects, which supports
301active learning (i.e., “learning by doing,” DuFour et al., 2006). In STEM courses, active learning

302increases student performance, particularly in historically underrepresented populations (Eddy &
303Hogan, 2014; Freeman et al., 2014), through engaging the tactile senses (Begel et al., 2004;
304Nersessian, 1991). Active, hands-on learning also helps students analyze the organization and
305orientation of component parts (Haury & Rillero, 1994).

306 Revisiting an example mentioned earlier, a common classroom learning activity is to
307have students construct a clay model of a cell (Fig. 2). Through some simple, scaffolded inquiry,
308this basic physical representation can be a vehicle to a deeper understanding of modeling as a
309*process*. Asking questions about the physical models they have made can help students

310understand the context and justification for
311their model, as well as think critically about
312what their model truly represents. What cell
313features did they include in the clay cell
314model, and what features did they omit—and
315why? What does this model demonstrate
316about a cell? Which aspects of a cell are hard
317or impossible to represent with a clay model?

318Further, teachers may try shifting the objective of building physical models from serving as
319simple representations to addressing scientific questions. For instance, instead of building a
320model that reproduces the features of plankton, have students construct models of plankton to
321test the effect of structure on plankton sinking rates (Smith et al., 2007). By generating
322hypotheses about the traits that affect buoyancy, creating a series of different shaped models, and
323timing their sinking rates through a viscous liquid (e.g., corn syrup), students can use models to



Figure 2: Clay cell models are ubiquitous in biology classrooms, but inquiry can be infused to illustrate the process of modeling beyond simple physical representations.

324learn why high surface area-to-volume ratio is a common adaptation that reduces sinking rates of
325oceanic plankton.

326 Biology students often learn about complex processes, such as nutrient cycling or DNA
327transcription and translation, through system models. System models are organized groups of
328related objects or components that form a whole (National Research Council, 1996, 2012b). An
329example of a simple system model is the “Vitruvian Man” figure used in some anatomy courses
330(Fig. 1b). The Vitruvian Man is an illustration created by Leonardo da Vinci that depicts a male
331figure in two superimposed positions, simultaneously inscribed in both a circle and square. This
332image of the human figure is a model that represents ideal human proportions as described by the
333ancient Roman architect Vitruvius. On this illustration, Da Vinci’s notes describe fifteen ideal
334human proportions, the most famous of which is that the height of a person equals the length of
335his/her outspread arms. Da Vinci’s visual model remains one of the most referenced and
336reproduced images in the world, appearing in books and films, and even on coins, and presents
337an excellent opportunity for classroom inquiry.

338 Beyond engaging the iconic Vitruvian Man image in an historical and cultural context,
339students can explore it as a model by questioning its assumptions and testing its accuracy (Baliga
340& Baumgart, 2014). This activity provides students with the opportunity to use a general model
341to form a specific hypothesis, analyze data, and ultimately argue whether the evidence they
342gathered supports their hypothesis. Students can explore patterns in human anatomical scaling by
343taking linear measurements of various body parts across many individuals (i.e., fellow
344classmates). Using measured body dimensions to generate scatterplots and linear regressions,
345students can examine the relationships between the measurements. This provides students with a
346visual representation of how variable their data are and allows them to see whether ratios

347between body part lengths are consistent across individuals. They then can assess whether people
348exhibit Vitruvian proportions by comparing their data with predictions outlined by da Vinci on
349the Vitruvian Man. This activity also gives students the freedom to ask and answer other
350questions that arise and test their own hypotheses, such as whether proportions between body
351parts are consistent across individuals, or whether the proportions differ across age groups or
352between males and females. This subtle shift toward an intentional use of models in the
353classroom allows students to not only learn what a model represents, but to develop the ability to
354critically examine a model’s assumptions and limitations and even design new models of their
355own.

356

357**Models and Modeling as an Essential Life Skill**

358 These examples illustrate the functionality of models in scientific research for biologists
359and as effective learning tools for students, yet the utility of modeling reaches far beyond
360research labs and classrooms. Modeling forms an integral part of how we interpret and
361understand a complex world (Hoskinson et al., 2014). Maps are two-dimensional models that
362help us navigate three-dimensional cities. Instruction manuals provide visual models of steps to
363help us assemble furniture, install plumbing or light fixtures, or mount objects on the wall. We
364create mental models when planning parties to predict how much food to make, where guests
365will sit, and what activities they may enjoy. Past experiences with friends are the “data” we use
366to model and predict guest needs and behaviors. Models of many sorts help us organize the
367information we gather as we identify patterns and processes and, as a result, aid in refining our
368understanding over time.

369 The ability to create, manipulate, and communicate models not only enhances students’
370science learning, but also provides a foundational skillset that will be useful throughout life.
371“Model literacy” empowers students to think critically by providing them with a systematic way
372to explore “what if” and “how” questions about the apparent processes that govern a system. By
373elucidating processes and promoting dialogue, models can better inform decision-making and
374improve communication. Hence, model literacy is a vital tool for answering many of the biggest
375questions that the next generation of scientists, engineers, and other problem-solvers will face.

376

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