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### Author

Gallagher, Shaun

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# BODY of KNOWLEDGE

## **The concept of joint body schema in educational practices in the performing arts**

Shaun Gallagher

During certain types of expert performance, the performer's actions are sometimes carried along in a way that seems to involve a kind of passivity. Høffding (2015) in an analysis of musical performance has pointed to four factors that are involved in this phenomenon: body schema, emotion, the music itself, and, in the case of playing music together, the other players. I'll take a closer look at the connection between body schema and the intersubjective dynamics of co-performance. I'll clarify the concept of body schema and its relation to practice, and I'll look at recent research on the notion of a "joint body schema" (Soliman & Glenberg 2014) and discuss some implications for training in music and dance.