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## Ultrasound Diagnosis of Acute Neck Pain and Swelling

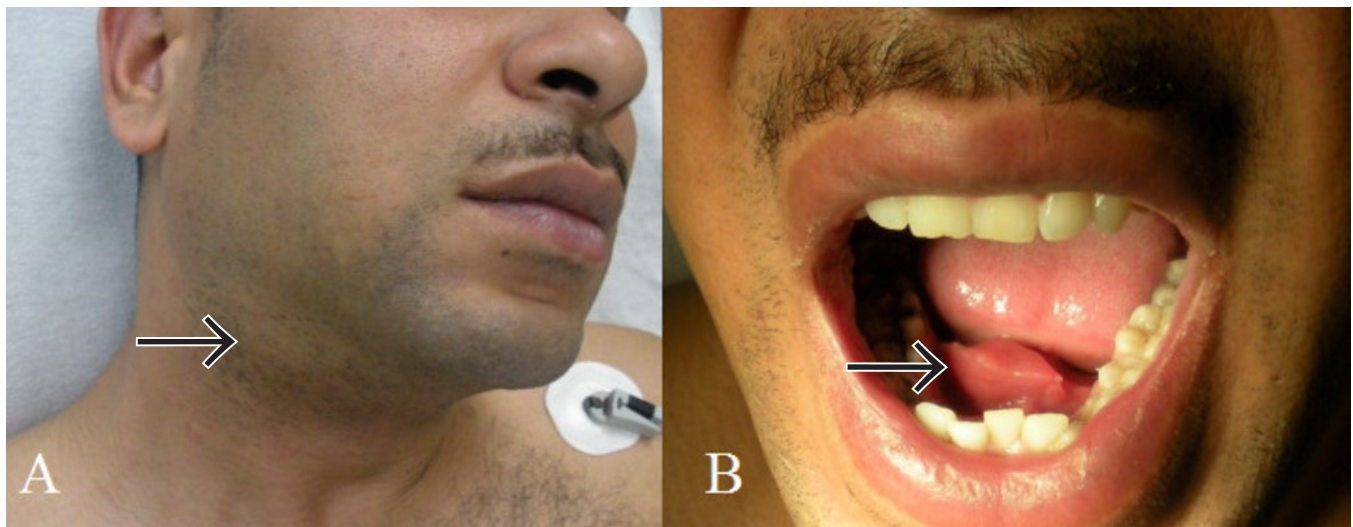
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**Figure 1.** A) Right submandibular mass (arrow) and B) soft-tissue, sublingual mass (arrow).

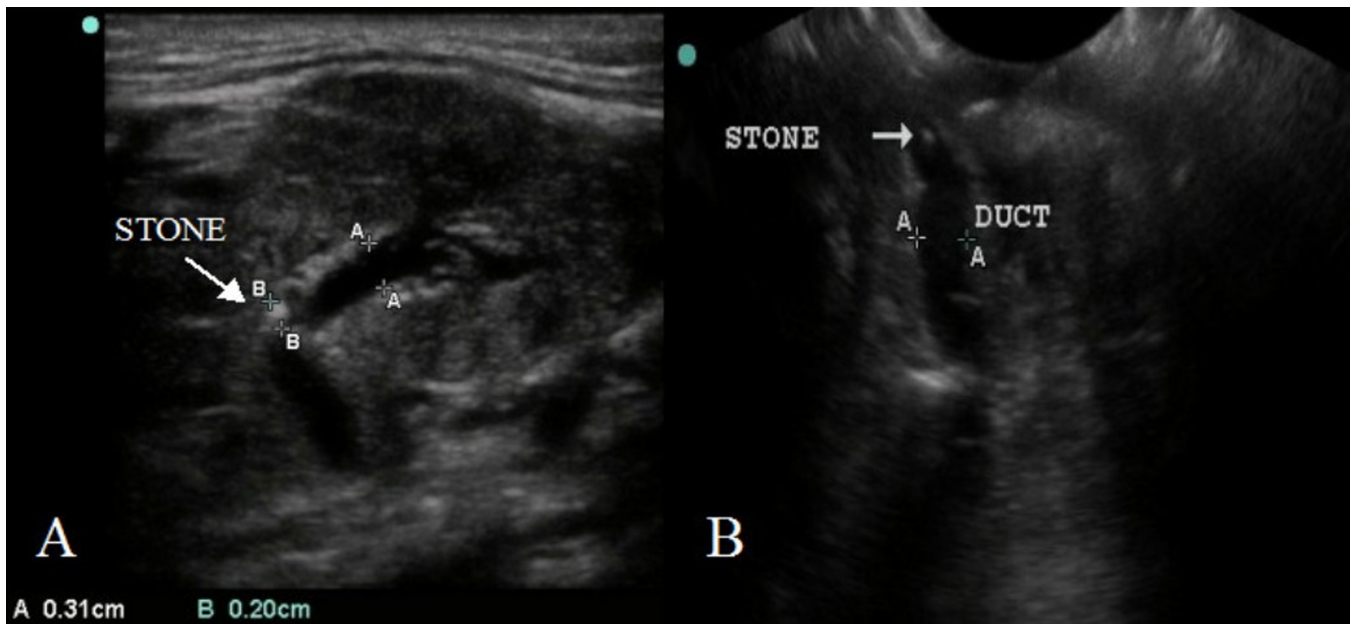
A 33-year-old man presented to the emergency department with two days of right-sided facial and submandibular swelling. He denied fevers, shortness of breath, difficulty swallowing or recent dental problems. The patient's medical history was unremarkable and he had no similar prior symptoms. Physical exam was notable for a tender, firm, right-sided neck mass below the angle of the mandible and a tongue-like, soft-tissue protrusion of the right sublingual region (Figure 1). A bedside ultrasound was performed revealing two sialoliths and ductal dilatation (Figure 2). Otolaryngology was consulted and the stones were subsequently removed two days later via a transoral approach.

Sialolithiasis occurs most commonly in the submandibular gland (80%), followed by the parotid (15%), and the sublingual (<5%).<sup>1</sup> The submandibular gland is more prone to calculi because: 1) the duct is longer and larger in diameter with slower saliva flow rates, 2) saliva flows against gravity,

and 3) saliva is more alkaline, with a higher mucin and calcium content.

Ultrasound is 90% accurate in diagnosing sialolithiasis and was instrumental in the management of this patient.<sup>2</sup> The initial plan was to administer IV antibiotics and obtain computed tomography (CT), to rule out a possible abscess. Ultrasound clinched the diagnosis in a rapid, accurate manner and permitted the avoidance of a CT scan and the associated radiation, cost and time delays.

The treatment of sialoliths generally involves conservative management. Patients with symptoms persisting for more than a few days should be referred to Otolaryngology. Sialoendoscopy, fluoroscopy-guided wire basket extraction, lithotripsy, and open surgical removal are options when expectant management fails or is inappropriate. Typically stones less than 2 mm in diameter can be treated without surgical intervention.<sup>3</sup>



**Figure 2.** A) Ultrasound of submandibular gland depicting intraductal calculus with dilated duct. B) Sublingual ultrasound (using the endocavitary transducer) showing a second intraductal calculus with continued ductal dilatation.

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The opinions or assertions contained herein are the private views of the authors and not to be construed as official or reflecting the views of the Department of the Army, the Department of Defense, or the U.S. Government.

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