# **UC San Diego**

# **UC San Diego Electronic Theses and Dissertations**

### **Title**

Listening

### **Permalink**

https://escholarship.org/uc/item/29x297j6

### **Author**

Futterman, Rebecca

### **Publication Date**

2021

## **Supplemental Material**

https://escholarship.org/uc/item/29x297j6#supplemental

Peer reviewed|Thesis/dissertation

### UNIVERSITY OF CALIFORNIA SAN DIEGO

### Listening

A Thesis submitted in partial satisfaction of the requirements for the degree Master of Fine Arts

in

Theatre and Dance (Acting)

by

Rebecca Futterman

## Committee in charge:

Ursula Meyer, Chair Eva Barnes Richard Robichaux Manny Rotenberg

The Thesis of Rebecca Futterman is approved, and it is acceptable in quality and form for publication on microfilm and electronically.	
University of California San Diego	
2021	

### DEDICATION

I dedicate my studies at UCSD to my brother David, who at ten years old was wiser than I'll ever be. "Sure I think about dying, but I try to live every day and have as much fun as I can."

## TABLE OF CONTENTS

Thesis Approval Page.	iii
Dedication	iv
Table of Contents	v
List of Supplemental Files.	vi
Acknowledgements	vii
Abstract of the Thesis	viii

# LIST OF SUPPLEMENTAL FILES

File 1. Ironbound Photo 1 (for example: SEER Photo 1), Futterman\_Ironbound\_Photo1.jpg

### ACKNOWLEDGEMENTS

I would like to acknowledge the seven beautiful humans I have been so incredibly fortunate to work alongside for the last two and half years; Savanna Padilla, India Gurley, Emily Stout, Lee Vignes, Corneilus Franklin, Cody Sloan and Anthony Adu. You are my family for life and I love you.

### ABSTRACT OF THE THESIS

Listening

by

#### Rebecca Futterman

Master of Fine Arts in Theatre and Dance (Acting)

University of California San Diego, 2021

Ursula Meyer, Chair

When I look back on my time at UCSD and scan through the memories of all of the lessons I've learned, everything seems to boil down to one central tool; the ability to listen. Most obviously this skill was applied in every scene I ever worked on, but it was also so integral in pushing my body with Stephen or my voice with Ursula or Eva. The ability to hear with precision and listen with focus and intensity has enabled me to step on stage with confidence.

One of the most memorable acting experiences for me during my time at UCSD was

working on the brilliant play *Ironbound* by Martyna Majok. I was wildly excited and also terrified to play the role of Darja. Once she enters the stage, she never leaves and all of her scenes are her and one other actor. I was never going to break character or have a moment to regroup backstage for 90 minutes. Thankfully, I had an incredible director leading the way and three fantastic actors to work with; the process was truly a dream from start to finish. I remember standing backstage on opening night and buzzing with nerves, excitement and adrenaline. It felt like I was about to step out of a plane and go sky diving, there was no turning back once I got the go from stage management. But despite the nerves, I knew what I needed to do to succeed. Listen. Go out there and simply listen and respond. I had done the homework, I knew who Darja was and had lived in her shoes for weeks. At this point, the most important thing to do was really hear my scene partners and respond authentically.

The most exciting thing about this lesson is it's ability to be applied anywhere. I know that I can engage with another human being authentically and with my whole self and for that, I will forever be grateful for the time I was lucky to spend at UCSD.