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Review

# Estrogen Receptors and Estrogen-Induced Uterine Vasodilation in Pregnancy

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**Abstract:** Normal pregnancy is associated with dramatic increases in uterine blood flow to facilitate the bidirectional maternal-fetal exchanges of respiratory gases and to provide sole nutrient support for fetal growth and survival. The mechanism(s) underlying pregnancy-associated uterine vasodilation remain incompletely understood, but this is associated with elevated estrogens, which stimulate specific estrogen receptor (ER)-dependent vasodilator production in the uterine artery (UA). The classical ERs (ER $\alpha$  and ER $\beta$ ) and the plasma-bound G protein-coupled ER (GPR30/GPER) are expressed in UA endothelial cells and smooth muscle cells, mediating the vasodilatory effects of estrogens through genomic and/or nongenomic pathways that are likely epigenetically modified. The activation of these three ERs by estrogens enhances the endothelial production of nitric oxide (NO), which has been shown to play a key role in uterine vasodilation during pregnancy. However, the local blockade of NO biosynthesis only partially attenuates estrogen-induced and pregnancy-associated uterine vasodilation, suggesting that mechanisms other than NO exist to mediate uterine vasodilation. In this review, we summarize the literature on the role of NO in ER-mediated mechanisms controlling estrogen-induced and pregnancy-associated uterine vasodilation and our recent work on a "new" UA vasodilator hydrogen sulfide (H<sub>2</sub>S) that has dramatically changed our view of how estrogens regulate uterine vasodilation in pregnancy.

**Keywords:** estrogen receptors; estrogens; nitric oxide; hydrogen sulfide; vasodilatation; uterine artery; pregnancy; preeclampsia

#### 1. Introduction

During the ovarian cycle, follicular development accompanies phasic persistent hyperemia in the uterine vascular bed. Dramatic hyperemia occurs just prior to and during estrus when preovulatory follicles produce the largest quantity of estrogens [1]. Uterine blood flow (UtBF) sharply elevates during the same period, returns to basal levels after estrus, and remains low during the luteal phase of the ovarian cycle [2] when estrogen levels are at their nadir and progesterone is elevated [3]. During normal pregnancy, maternal hemodynamics change dramatically, characterized by mild decreased systemic blood pressure and a larger fall in systemic vascular resistance, associated with increased heart rate, stroke volume, cardiac output, and blood volume [4–11]. The largest portion (~15–20%) of the increased cardiac output is redistributed to the aggressively developing uteroplacental vascular bed, which is reflected by substantial pregnancy-associated periodical rises in UtBF [8,12–14]. Specifically, two peak rises in UtBF that occur during the second and third trimesters correlate, respectively, to the completion

of placentation and rapid fetal growth [13,14]. Noteworthily, circulating and/or local estrogen levels are, coincidentally, elevated with these two UtBF peaks [15–17], suggesting that estrogens may play a pivotal role in regulating UtBF during normal pregnancy.

Markee (1932) was the first to demonstrate the vascular effects of estrogens; he showed that treatment with crude follicular estrogen extracts results in the vasodilatation (hyperemia) of uterine endometrial tissue transplanted to the anterior chamber of the monkey eye [18]. There are now data convincingly showing that estrogens are potent vasodilators that cause blood flow to rise in several organs throughout the body with the greatest effects occurring in reproductive tissues, especially the uterus [9,19–21]. In ovariectomized (OVX) nonpregnant ewes, daily estradiol- $17\beta$  ( $E_2\beta$ ) increases basal UtBF by 30–40% after 6–7 days in the absence of changes in arterial pressure or heart rate [22] and reduced responses to vasoconstrictors [20,23]. In addition, acute estrogen exposure starts to increase UtBF within 30–40 min, causing an even more robust (up to 10-fold maximum) rise in UtBF within 90–120 min after a bolus intravenous injection of 1–3  $\mu$ g/kg  $E_2\beta$ ; this acute estrogen (1  $\mu$ g/kg)-induced rise in UtBF declines gradually within 3-8 h after injection [24,25] and is independent of systemic responses [9]. The uterine vasodilatory effect of estrogens is of major physiological significance during the follicular phase of the ovarian cycle and pregnancy, in which circulating estrogens are significantly elevated [17,25–27]. During normal pregnancy, substantially increased endogenous estrogens are believed to be key players for upregulating UtBF, which provides the sole source of nutrients and oxygen supplies for the fetus and the exit of the metabolic wastes and respiratory gases of the fetus. UtBF is a critical rate-limiting factor for pregnancy health because (1) a dramatic rise in UtBF, especially in the last third of gestation, is directly linked to fetal growth and survival; and (2) insufficient rises in UtBF are associated with preeclampsia, intrauterine growth restriction (IUGR), and other pregnancy disorders, affecting the health of the infant after birth [28]. Notably, babies born to mothers with complicated pregnancies are predisposed to a significantly increased risk of developing cardiometabolic diseases, including cardiovascular diseases such as high blood pressure and coronary diseases, as well as type II diabetes [29]. From a nutrition standpoint, for supporting fetal development, constrained UtBF should be viewed as a "physiological" under-nutrition condition in fetal programming using the Barker hypothesis [30]. Thus, mechanistic investigations into estrogen-induced uterine dilatation during pregnancy will assist in the identification of therapeutic targets or even preventive options for pregnancy disorders.

The mechanisms by which estrogens regulate uterine hemodynamics during pregnancy are complex and not fully understood. Numerous physiological and pharmacological studies have accumulated compelling evidence demonstrating that an estrogen-induced rise in UtBF is associated with increased local uterine artery (UA) endothelial production of vasodilators such as prostacyclin [31], nitric oxide (NO) [32], carbon monoxide (CO) [33], endothelium-derived hyperpolarizing factor (EDHR) [34], etc. It has previously been shown that NO plays a more important role than prostacyclin in mediating the estrogen-induced rise in UtBF since the estrogen-induced rise in UtBF in nonpregnant sheep [9,32,35], the rise in UtBF in sheep during pregnancy [35], and the rise in the forearm blood flow in pregnant women [36] can be significantly attenuated by NO synthase inhibitors, but not by the prostaglandin synthase inhibitor indomethacin (8). Notably, NO inhibition maximally attenuates only ~79% of the estrogen-induced rise in UtBF [32] and modestly (~26%) inhibits baseline pregnancy-associated uterine vasodilation [35], clearly suggesting that additional mechanisms are involved. To this end, our novel work has recently identified that augmented hydrogen sulfide (H2S) production functions as a "new" UA vasodilator [37], which may offer great potential for uterine hemodynamic regulation. Nonetheless, our previous studies have shown that local infusion of the ER antagonist ICI 182, 780 can dose-dependently attenuate the estrogen-induced rise in UtBF in nonpregnant OVX and the pregnancy-associated rise in UtBF in intact pregnant ewes [25], suggesting that specific estrogen receptors (ERs) are involved in the estrogen regulation of uterine vasodilation in pregnancy.

The aim of this review is to summarize the literature on UA ERs with a focus on their roles in mediating the local UA production of vasodilators by estrogens and pregnancy and to deliberate

on the potential clinic implications of dysregulated ER-mediated estrogen signaling in hypertensive pregnancy complications.

#### 2. Classical ERs—ER $\alpha$ and ER $\beta$ in Uterine Vasodilation in Pregnancy

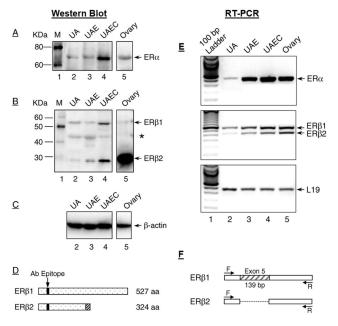
The biological functions of estrogens were initially identified to be mediated through the classical ERs, i.e., ER $\alpha$  and ER $\beta$ , which are ligand-dependent transcription factors. Both ER $\alpha$  and ER $\beta$  have been found in many species, including mammals (e.g., human [38], sheep [39], mouse [40] and rat [41]) and non-mammals such as chicken [42], xenopus [43], and fish [44]. ER $\alpha$  and ER $\beta$  are distinct proteins encoded by two distinct genes; in humans, the 66 kD ER $\alpha$  protein is encoded by *ESR1* (chromosome locus 6q25.1) and the 55 kD ER $\beta$  protein is encoded by *ESR2* (chromosome locus 14q23–24.1) [45,46]. The amino acid sequences of ER $\alpha$  and ER $\beta$  display a 59% sequence identity in their respective ligand binding domains (LBD), which represents a significant difference [47]. ER $\alpha$  and ER $\beta$  are expressed in a variety of tissues and cells, corresponding to the diverse biological effects of estrogens in numerous organs and cells throughout the body. In addition, ER $\alpha$  and ER $\beta$  show distinct expression patterns among different organs. ER $\alpha$  is predominantly expressed in pituitary, kidney, and both male and female reproductive systems such as the epididymis, testis, uterus, ovary, and breast, whereas ER $\beta$  is widely expressed in the reproductive system and brain [48]. The expression levels of ER $\alpha$  and ER $\beta$  are highest in the ovary and uterine endometrium, consistent with the fact that the female reproductive system is the primary target of estrogens [38,45].

There are also various variants of both ERs.  $ER\alpha 36$  is a 36-kDa amino-terminal truncated product of the full-length ER $\alpha$  protein (ER $\alpha$ 66), mainly located in the cell membrane and cytoplasm. ER $\alpha$ 36 lacks the transactivation domain of ER $\alpha$ 66 as well as the intrinsic transcriptional activity of estrogens, thereby competing with ER $\alpha$ 66 to regulate the expression of genes with estrogen-responsive elements (EREs) in their promoter [49]. On the other hand, the overexpression of ER $\alpha$ 66 suppresses the transcription of  $ER\alpha36$ , which can be recovered by the forced expression of  $ER\alpha36$ , independent of estrogens [50]. Moreover, ER $\alpha$ 36 can mediate the estrogen activation of the extracellular signal-regulated kinases  $\frac{1}{2}$  $(ERK\frac{1}{2})$  [49] and phosphoinositide 3-kinases (PI3K)/protein kinase B (PKB/AKT) [51] pathways.  $ER\alpha 46$ is another amino-terminal truncated product of ER $\alpha$ 66 with a molecular weight of 46-kDa. ER46 has been identified in the vascular endothelial cells (EC) as a mediator of endothelial NO synthase (eNOS) activation in order to encourage the production of NO by estrogens [52]. Apart from ER $\alpha$ 36 and ER $\alpha$ 46, ER $\Delta$ 7 is another recently reported 51-kD variant of ER $\alpha$ 66 with the exclusion of exon 7; it acts as a dominant negative repressor of the uterotonic action in myometrium [53]. The physiological concentrations (100-700 pmol/L) of serum estrogens during the menstrual cycle can only bind to ERα46 and ERα66, but not to ER $\alpha$ 36 [54], which can only bind with E<sub>2</sub> $\beta$  at a relatively high kD of 2.2 nM compared to the physiological levels of serum estrogens [55]. Meanwhile, ERα36 can activate mitogen-activated protein kinase (MAPK) pathways in the presence of the inactively isomeric E2 $\beta$  17 $\alpha$ -estradiol [49] and testosterone [51] at the same concentration of  $E_2\beta$ , suggesting that  $ER\alpha 36$  is not the target for estrogenic actions in the physiological state, but merely acts as a membrane-associated ER. Nonetheless, whether this variant is expressed and has a functional role in the vasculature are currently unknown.

Other distinct ER subtypes have also been described. A novel ER subtype ER $\gamma$  has been widely documented in fish species, including Atlantic croaker [56], zebrafish [57], and largemouth bass [58]. However, this ER $\gamma$  has hitherto not been found in mammals. In addition, a brain ER isoform called ER-X has been described to be encoded by a distinct human gene [59]; however, this has not been found in other tissues and little is known regarding its function(s). Another isoform called putative ER (pER) has also been identified to possess distinct characteristics from that of ER $\alpha$  and ER $\beta$  [60]. pER has been reported in the ovary, but not any other reproductive tissues including the reproductive vasculature [60]. Thus, these ER subtypes are not discussed further in this review.

Uterine arteries, like all other large blood vessels, are comprised of a single concentric layer of EC that are surrounded by multilayers of smooth muscle cells (SMC). ER $\alpha$  and ER $\beta$  have been found in EC and SMC in various vascular beds, indicating that EC and SMC are the direct target cells of

estrogens [61–63]. In addition, the membrane-bound G protein-coupled estrogen receptor 1 (GPER) has also been reported to be located on the plasma membrane, presumptively mediating the nongenomic effects of estrogens [64]. Thus, the vascular effects of estrogens are mediated by both "genomic" and "nongenomic" pathways. The presence of all three of these ERs has been documented in UA endothelial cells (UAEC) and UA smooth muscle cells (UASMC) in vivo [65–67]. Both ERα and ERβ and GPER are also expressed in various systemic arterial EC and SMC in vivo, including carotid, pulmonary, mesenteric, and renal arteries [68,69], and their expression levels are regulated in pregnancy in a vascular bed-specific manner [69]. We were the first to report both ER $\alpha$  and ER $\beta$  expressions in the UA endothelium and smooth muscles (SMs) in pregnant ewes ex vivo [39], which are retained in cultured primary ovine UAEC and UASMC in vitro. In that study, using immunoblotting with epitope-specific antibodies, we showed that a native ER $\alpha$  protein (67 kDa) is expressed in sheep UA, purified UA endothelium, and retained in UAEC in culture, similar to sheep ovary extracts (Figure 1A). However, we observed the presence of several ER $\beta$  protein bands in the extracts of these tissue samples and cells (Figure 1B), including the molecular weight of the 55-kDa band of the native full-length ERβ protein. Moreover, an additional ERβ band with a molecular weight of ~30 kDa was also detected in these samples. We named the 55-kDa band ER $\beta$ 1 and the ~30-kDa band ER $\beta$ 2 (Figure 1B). We also detected additional bands (Figure 1; indicated with \*) with the specific anti-ERβ antibody, which could be other variants of ERβ (Figure 1B). Using RT-PCR and sequencing analysis, we confirmed these findings and showed that the ER $\beta$ 2 protein represents a N-terminal truncated ER $\beta$  protein due to a 139-bp splicing deletion of exon 5 (Figure 1B,D–F). More recently, we also reported the functional roles of ER $\alpha$  and ER $\beta$  in cultured UASMC in vitro [70]. Collectively, these results indicate the presence of both ER $\alpha$  and ERβ proteins in sheep UA, UA endothelium and SM ex vivo, which are retained in cultured UAEC and UASMC in vitro.



**Figure 1.** Uterine artery estrogen receptors. Estrogen receptor (ER) $\alpha$  (A) and ER $\beta$  (B) proteins in the protein extracts of intact uterine artery (UA), purified UA endothelium (UAE), cultured UA endothelial cells (UAEC), and ovary from pregnant ewes detected by Immunoblotting with epitope specific antibodies. β-actin (C) was used as loading control. (D) A diagram representing the truncated form of ER $\beta$ 2 that results from the splicing deletion of exon 5. The shadowed box represents the amino acid sequences encoded by different reading frame. (E) ER $\alpha$  and ER $\beta$  mRNAs detected by RT-PCR with the ribosomal protein L19 as loading control. (F) A diagram shows a 139bp deletion of Exon 5 in ER $\beta$ 2 mRNA vs. the native ER $\beta$ 1. Uterine artery (UA); UA endothelium (UAE); UA endothelial cells (UAEC); amino acid (aa). Bands marked with \* may indicate additional truncated forms of ER $\beta$ 3. Adopted from Liao et al. [71].

In vivo, ICI 782, 180 dose-dependently inhibits exogenous and endogenous  $E_2\beta$ -stimulated UtBF responses in nonpregnant OVX and intact ewes, respectively, demonstrating specific ER-mediated mechanisms for estrogens to cause uterine vasodilation. Moreover, we reported that ICI 780, 182 also dose-dependently attenuated baseline pregnancy-associated UtBF in ewes, showing a role of classical ERs in endogenous estrogen maintenance of uterine vasodilation during gestation [25]. Many ex vivo studies using wire myography recapitulate the rapid vasorelaxation effects of estrogens in uterine arteries and in selected systemic arteries such as mesenteric arteries [37]. Overall, these studies concluded that there was an involvement of classical ERs blocked by ICI 182, 780 mediating the  $E_2\beta$ -induced relaxation of freshly prepared UA rings that have been pre-constricted by phenylephrine or other vasoconstrictors. Except for one early study [72], most have shown that pregnancy potentiates the vasorelaxant effects of estrogens including estetrol ( $E_4$ ) and  $E_2\beta$  with relatively high potency in UA, which are sensitive to inhibition by ICI 182, 780 [25,73].

ER-mediated estrogen signing promotes uterine vasodilation [74]. In  $ER\alpha$ -deficient mice, rapid estrogen-stimulated endothelial NO-dependent vasodilatation was significantly reduced [75,76]. In  $ER\beta$ -deficient mice, estrogens even augmented phenylephrine-preconstricted dose-dependent vasoconstrictive effects in denuded aortic rings [77]. These data, obtained with ER knockout mouse models, show that  $ER\alpha$  and  $ER\beta$  may differentially mediate the responses of various vascular functions manifested by estrogens.  $ER\alpha$  and  $ER\beta$  often exhibit functional homogeneity and heterogeneity among different cells or tissues in mediating the effects of estrogens.

Specific ER $\alpha$  and ER $\beta$  agonists and antagonists are highly desirable and critically useful tools for discriminating the specific roles of ER $\alpha$  and ER $\beta$  in the complexity of estrogen signaling. Many synthetic compounds have been developed to preferentially bind ER $\alpha$  and ER $\beta$ . Specific agonists, propylpyrazoletriol (PPT) for ER $\alpha$  [78], and diarylpropionitrile (DPN) for ER $\beta$  [79], and specific antagonists, 1,3-bis(4-hydroxyphenyl)-4-methyl-5-[4-(2-piperidinylethoxy)phenol]-1*H*-pyrazole dihydrochloride (MPP) for ER $\alpha$  [80], 4-[2-phenyl-5,7-bis (trifluoromethyl)pyrazolo [1,5-a]pyrimidin-3yl] phenol (PHTPP) for ER $\beta$  [81], are pharmacological probes used frequently to define the specific roles of ER $\alpha$  and ER $\beta$  in mediating estrogen actions in vitro and in vivo.

Studies using specific ER $\alpha$  and ER $\beta$  agonists and antagonists have implicated clearly different roles of ER $\alpha$  and ER $\beta$  in the vasorelaxant effects of estrogens in the uterine and placental circulations. In human myometrial uterine arteries (arcuate/radial arteries), E<sub>2</sub> $\beta$ , PPT (agonist for ER $\alpha$ ), or DPN (agonist for ER $\beta$ ) each induce comparable dose-dependent (1 nM–30  $\mu$ M) relaxations that are pre-constricted by the thromboxane receptor agonist U46619 (1  $\mu$ M). These findings suggest that both ER $\alpha$  and ER $\beta$  are involved in UA dilation in pregnant human uterine arteries. E<sub>2</sub> $\beta$  can also relax human placental arteries, but with significantly lower potency than myometrial arteries. Although both ER $\alpha$  and ER $\beta$  are expressed in human placental arteries, it seems that E<sub>2</sub> $\beta$ -induced placental artery relaxation is mediated by ER $\beta$ , because DPN can relax placental arteries, whereas PPT is without an effect [82]. Interestingly, the classical ER-mediated vasodilatory effects of estrogens are diminished in uterine and resistant mesentery arteries in chronologically aging rats and postmenopausal women [83]. Nonetheless, these findings suggest that ER $\alpha$  and ER $\beta$  differentially modulate the vascular tone in the uterine and placental arteries, highlighting that estrogens regulate human uterine and placental blood flows in a tissue-specific manner.

Membrane ERs and Estrogen-Induced Uterine Vasodilation in Pregnancy

Following estrogen administration, UtBF begins to rise as early as 5–15 min, then reaches maximum levels around 90–120 min in various animal studies [2,9,20,21,24,84–86]. Nuclear ER-mediated estrogen signaling seems unable to explain this rapid vascular estrogenic response as *de novo* protein synthesis via nuclear ER-mediated gene transcription would take hours to take place. Moreover, cycloheximide completely abrogated the local estrogen-mediated rise in UtBF in the OVX ovine model [24]. Therefore, mechanistic studies have speculated that an estrogen-induced rapid rise in UtBF must be mediated by rapid estrogen signaling mediated by receptors localized on the plasma

membrane. Indeed, estrogens can initiate rapid responses, such as calcium mobilization [87] and the generation of second messenger cyclic guanosine monophosphate (cGMP) [88] and cyclic adenosine 3′,5′-monophosphate (cAMP) [89] in various cells in vitro and in animals in vivo. Early mechanistic studies with the use of  $E_2\beta$ -conjugated to bovine serum albumin ( $E_2\beta$ -BSA) have shown that rapid estrogen signaling responses are mediated by classical ERs localized on the plasma membrane [90].  $E_2\beta$ -BSA is membrane impermeable and is widely used to demonstrate the presence of membrane ER, although free  $E_2\beta$  is always a concern [91]. Nonetheless, there is solid evidence that both ER $\alpha$  and ER $\beta$  are present on the plasma membrane. In vascular EC, ER $\alpha$  has been shown to be partitioned into the specialized plasma microdomains, called caveolae, by interacting with caveolin-1 directly [71,92,93]. Both the plasma membrane-bound ER $\alpha$  and ER $\beta$  are responsible for the estrogen-stimulated rapid release of NO in UAEC in distinct ways [94]; however, the importance of this pathway in uterine vasodilation is unclear.

In 1997, a membrane receptor called G protein-coupled ER (GPR30/GPER) was initially cloned [95], which binds estrogens. The human *GPR30* gene is located at chromosome 7p22.3, which is composed of three exons in which the exon 3 contains its amino acid coding region. Interestingly, the region of the chromosome containing GPR30 is thought to be related to familial hypertensive disease in humans [96,97]. GPR30 is an orphan receptor without known endogenous ligands; it has been proposed to be a bona fide membrane estrogen-binding receptor [97-99] and thus was renamed GPER by the International Union of Basic and Clinical Pharmacology [100]. GPER mRNA is widely expressed throughout the body, including in the lungs, liver, prostate, ovary, placenta, uterus and its vasculature [95,101–103], as well as ER-positive tumor cell lines [104]. Thus, it is not a surprise that GPER plays a ubiquitous role in the reproductive, nervous, endocrine, immune, and cardiovascular systems. Similar to classical ERs, GPER transcripts have been found in the vasculature throughout the cardiovascular system [105–107], including in the uterine arteries and veins [108]. Although both arteries and veins have shown GPER expression, only artery GPER expression is reduced by  $E_2\beta$  [109], suggesting that local GPER might be fundamental in regulating estrogenic responses such as uterine vasodilation during pregnancy. However, GPER knockout has shown a minimal effect in regulating uterine growth by estrogens in mice [105,110–112]. We therefore suggest that GPER may function together with classical ERs in regulating uterine biology.

Although its cellular localization is still controversial, GPER has been regarded as a specific membrane estrogen receptor [98]. Although GPER interacts with  $E_2\beta$  with estimated binding affinities of 3–6 nM [64], this is much lower compared with its binding affinities for classical ERs that are in the range of 0.1–1.0 nM [48]. It also interacts with anti-estrogens such as tamoxifen and the nonspecific ER antagonist ICI 782,180 [64], as well as many other estrogen receptor modulators [113], which makes it difficult to elucidate the specific role of GPER in target cells. Thus, the development of specific pharmacological tools, including the highly selective GPER agonist G-1 and antagonist G-15 [114], has greatly facilitated the characterization of GPER function. G-1 binds GPER with high affinity (Kd = 10 nM) without binding to ER $\alpha$ / $\beta$  at concentrations as high as 10  $\mu$ M [115], whereas G-15, with a similar structure as G-1, but lackingthe ethanone moiety that forms hydrogen bonds involved in receptor activation (103), displays a Kd > 10  $\mu$ M for binding ER $\alpha$ / $\beta$  [116].

Global *GPER*-knockout mice develop high blood pressure [112], atherosclerosis progression, and systemic inflammation [117], suggesting that GPER exerts cardioprotective effects. This conclusion is further supported by the fact that cardiomyocyte-specific *GPER* deletion results in an abnormal cardiac structure and impaired systolic and diastolic function in mice [118]. GPER may mediate the direct vasodilatory effect of estrogens in multiple vascular beds. Acute G-1 infusion decreases blood pressure in male rats, while the long-term injection of G-1 decreases mean arterial pressure in the hypertensive OVX female rats. These findings suggest that the activation of GPER potentially protects estrogen-deficient females from hypertension in rats [119]. In humans, G-1 dilates mammary arteries and, notably, G-1 dilates the precontracted human aorta and carotid artery more potently than  $E_2\beta$  [120].

The first study attempting to specifically demonstrate the role of membrane ER-mediated signaling in uterine dilation was not successful in using wire myography to show a dilatory effect of  $E_2\beta$ -BSA in freshly isolated nonpregnant and pregnant rat UA rings ex vivo [72]. However, GPER is expressed in the EC and SMC of mesenteric microvessels of female rats and was shown to mediate much of the  $E_2\beta$ -induced dilation [121]. G-1 induces the dose-dependent relaxation of freshly prepared uterine radial artery rings isolated from both nonpregnant and pregnant rats that were pre-constricted with phenylephrine. Moreover, the expression levels of GPER protein were demonstrated to be greater in pregnant vs. nonpregnant radial arteries and the dilatory effect of G-1 in pregnant rat uterine radial arteries was more potent than that in nonpregnant ones [108]. These findings establish a casual role of GPER in pregnancy-dependent UA vasodilation in the rat model.

Although  $ER\alpha$  has been shown to be localized on the plasma membrane of UAEC in in vitro culture [39,93], the importance of membrane-targeted  $ER\alpha$  in estrogen-induced uterine dilation is yet to be fully determined.  $ER\beta$  is also localized on the plasma membrane in other types of EC such as bovine aortic EC [122] and non-EC cancer cells [123]. In colon cancer cells, Galluzzo and her colleagues found that  $E_2\beta$  could stimulate the association between  $ER\beta$  and caveolae signature protein caveolin-1 [123]. Nonetheless, a recent study did not find direct  $ER\beta$  targeting to the plasma membrane caveolae in UAEC [93]. Thus, it is highly likely that the role of  $ER\beta$  in rapid uterine vasodilation to estrogen, if any, is an indirect mechanism that is yet to be determined.

#### 3. Signaling Pathways of Estrogen Action

Estrogens signal via both "genomic" and "nongenomic" pathways in target cells expressing the classical ERs (ER $\alpha$  and ER $\beta$ ) and the membrane-bound GPER. The genomic pathway is mediated by ER $\alpha$ /ER $\beta$  in the nucleus of target cells, where the ligated receptors function as ligand-activated transcription factors to regulate gene expression via direct interactions with estrogen-responsive elements (EREs) or indirect interactions with other response elements by binding with their respective transcription factors (e.g., specificity protein 1 (SP-1) and activator protein 1 (AP-1)) in the promoter of gaseous vasodilator synthesizing-enzyme genes such as *eNOS* and *cystathionine*  $\beta$ -synthase (CBS) [71,124] (Figure 2, route 1: nuclear actions).

Nonetheless, in some cell types,  $ER\alpha$  and  $ER\beta$  may play differential and, in some cases, even opposite roles in regulating cellular responses to estrogens [125]. In addition, estrogens can also signal via ER-independent routes by transactivating receptor tyrosine kinases (RTK) such as insulin-like growth factor 1 (IGF1) [126] and epidermal growth factor (EGF) [127] receptors (Figure 2, route 2: ER-independent manner).

As shown in Figure 2, route 3: non-nuclear actions, the nongenomic estrogen signaling is mediated by ERs (ER $\alpha$  and ER $\beta$ ) localized at the plasma membrane [113,128], presumptively partitioned in the plasma membrane microdomain called caveolae via the binding between ER $\alpha$  and caveolin-1 in various cell types [90,92,93,123]. Nongenomic estrogen signaling is also mediated by the plasma membrane GPER. In this "extranuclear" mode, estrogen signaling is initiated in between seconds and minutes to activate downstream target proteins and elicit biological functions, presumably independent of nuclear events. Membrane ER-mediated nongenomic signaling can integrate with nuclear ER-mediated gene transcription via the protein kinase-mediated phosphorylation of ER and other ER-interacting transcription factors such as AP-1, SP-1, and cAMP response element-binding protein (CREB) to regulate latent gene expression in target cells in shown in Figure 2, route 4: cross-talk [129].

#### 3.1. Nuclear ER Actions in UA

ER $\alpha$  and ER $\beta$  belong to the nuclear receptor superfamily principally consisting of three conserved functional domains, namely the *N*-terminal transactivation domain (NTD), the DNA-binding domain (DBD) and the ligand-binding domain (LBD) [130,131]. A conformational change occurs first, inducing receptor dimerization by the binding of E<sub>2</sub> $\beta$  to ER $\alpha$  or ER $\beta$  in the cytoplasm [132]. When translocated into the nucleus, these E<sub>2</sub> $\beta$ -bound ER dimers transactivate target genes that possess estrogen-responsive

elements (EREs) within their promoters with a consensus sequence (5'-GGTCAnnnTGACC-3') by interacting with DBD [133,134]; this transactivation is referred as "genomic" and was originally described for transcription factors. Besides promoters, EREs can also be located in the enhancer regions and/or the 3' untranslated region of the target genes [135].

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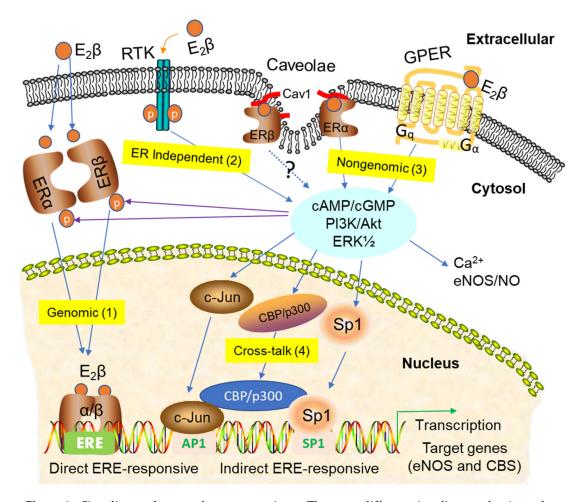


Figure 2. Signaling pathways of estrogen actions. There are different signaling mechanisms that mediate estrogen actions, including (1) nuclear actions: estrogen receptor (ERs) bind estrogens; liganded ERs translocate to the nucleus where they form homo- or heterodimer transcription factors to induce the transcription of estrogen-responsive genes with or without estrogen-responsive elements (EREs), (2) ER-independent estrogen signaling: estrogen transactivates receptor tyrosine kinases (RTKs, i.e., epidermal growth factor receptor and fibroblast growth factor (EGFR and FGFR)) to initiate ER-independent signaling such as an increase in second messengers cAMP and guanosine monophosphate (cGMP) the and activation of protein kinase cascades such as extracellular signal-regulated kinases ½ (ERK½) and phosphoinositide 3-kinases (PI3K)/protein kinase B (AKT), (3) extranuclear nuclear nongenomic actions: estrogens binds to plasma membrane ERs, including ERa and ERB, and G-protein-coupled estrogen receptor (GPER), resulting in increase in second messengers and activation of protein kinase cascades, and (4) interactions between nuclear and extra-nuclear estrogen signaling pathways: ER-independent estrogen signaling via transactivation of RTKs and plasma membrane ER-dependent nongenomic estrogen signaling can interact with nuclear estrogen signaling via protein kinase-mediated ER phosphorylation and activation of gene transcription via ER-interacting transcription factors such as activator protein-1 (AP-1) and specificity protein-1 (SP-1).

The genomic effects of estrogens via classical ERs provide the maintenance of vasodilation via the upregulation of key enzyme gene/protein expressions, which are regulated to keep the vasodilatation/vasoconstriction balance for the vascular tone [136]. Although both the homodimer

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and heterodimer of ER $\alpha$  and ER $\beta$  have been found to bind with the consensus palindromic ERE or half-palindromic ERE [137,138], the preference of the chromatin-binding spectrum does exist and has been found to be ER isoform-specific and ligand-dependent [139]. To further analyze this, the Grober lab generated the most significant position-specific probability matrix using multiple expectation maximization for motif elicitation (MEME) to make a comparison with the counterparts present in the transcription factor-binding profile database called JASPAR [140], and found that the ERE matrices derived from ER $\alpha$  selective, ER $\beta$  selective and ER $\alpha$  + ER $\beta$ -binding regions were identical, though ER $\beta$  failed to show ERE variant selectivity consequentially [140]. Although the consensus sequences of ERE share a high similarity, slight changes in the intrinsic sequence composition can alter the binding affinity for ER to ERE [141]. This moderately explains why the transcriptional roles of ER $\alpha$  and ER $\beta$  in mediating the same target of H<sub>2</sub>S-synthesizing enzyme gene expression to promote UA dilation are different for UAEC and UASMC [70,142].

Upon (or prior to) binding to ERE, ERs also show the ability to interact with other transcription factors such as SP-1 and AP-1, in a process referred to as transcription factor crosstalk, to initiate gene transcription independent of EREs [143–146]. One of the typical crosstalk events is facilitated by the binding of transcription factors to the GC-rich regions located in the promoter of the target gene with the presence of ERs [147]. For example, estrogens can stimulate eNOS [148] and cystathionine- $\gamma$ -lyase (CSE) [149] expression by promoting the binding of SP-1 with its respective binding site in the promoter of the target gene. Another crosstalk event is functioned by a complex composed of ER and other transcription factors such as c-Fos, c-Jun and AP-1 [150,151]. In addition to the formation of a complex by protein–protein interaction between ERs and other transcription factors, the co-activator role (e.g., FoxA1) can also assist in creating accessible regions of the chromatin that ER $\alpha$  binds with to strengthen the physical interaction of ER with chromosome DNA [152,153].

#### 3.2. Non-Nuclear ER Actions in UA

Since some estrogen-responsive genes do not have ERE-containing promoters, and intracellular responses of second messenger signal transductions to estrogen occur within minutes [154,155], the enzymatic pathways through the activation of membrane-associated ER are thought not to involve the direct ER activation of gene transcription and are referred to as "rapid" or "nonnuclear" ER signaling. Ligand binding by estrogens elicits conformational changes in ERs, which, in turn, are believed to interact with their neighboring signaling kinases (e.g., MAPK/ERK $\frac{1}{2}$ , PI3K and Akt) leading to the activation of downstream cascades. Although both cell surface-bound ER $\alpha$  and ER $\beta$  exist in the human UA endothelium and no correspondence for ER $\beta$  has been found in caveolae [93], both ER $\alpha$  and ER $\beta$  may play regulatory roles in mediating nongenomic effects.

Since ERα and ERβ do not contain a trans-membrane domain [93] and are irrelevant with myristylation or prenylation [156], their ability to anchor signaling proteins at the endothelial membrane are mainly contributed by palmitoylation at the caveolae, the  $\Omega$ -shaped invagination commonly present in EC [157]. However, most studies about the role of ER in caveolae focus on ER $\alpha$  associated with caveolin, the principal residual protein of caveolae, and eNOS [158,159]. In EC, caveolae-localized ER $\alpha$  activate PI3K, Akt and ERK $\frac{1}{2}$ , subsequently enhancing the eNOS/NO pathway [90,160–163]; a similar study showed yjsy the pregnancy-specific changes in vasodilator production are associated with differences in  $Ca^{2+}$  and  $ERK^{\frac{1}{2}}$  signaling [164]. On the other hand,  $E_2\beta$  stimulated the physical interaction between ER $\alpha$  and G $\alpha$ i<sub>2/3</sub> at the caveolae and activated the cGMP/protein kinase G type I  $\beta$ (PKG-I $\beta$ ) pathway, thereby leading to the rapid phosphorylation of CSE and enhanced H<sub>2</sub>S release [165]. Besides  $ER\alpha$ , ER46, an N-terminal truncated  $ER\alpha$ , can also form a complex with caveolin-1 in the caveolae located in EC to induce rapid eNOS phosphorylation and endothelial NO release [166]. Additionally, the role of ER $\beta$  in caveolae has only been confirmed in non-EC colon cancer cells [123]. The stimulatory effects of  $E_2\beta$  in receptor de-palmitoylation are opposite between  $ER\alpha$  and  $ER\beta$ , in that de-palmitoylated ER $\alpha$  decreases the association with caveolin-1, whereas ER $\beta$  undergoes de-palmitoylation with receptor–caveolin-1 association increased. Then, the ER $\beta$ -caveolin-1 complex

further activates  $p_{38}^{MAPK}$  rather than Akt and ERK $\frac{1}{2}$  [123,167]. Nonetheless, our recent study in UAEC showed that ER $\beta$  is not localized in the caveolar subcellular microdomain [93], suggesting that ER $\beta$  may mediate the nongenomic estrogenic effects in a caveolin-1-independent manner. Interestingly, ER can be the direct targets for phosphorylation by protein kinases like MAPK, suggesting that the nongenomic estrogen signaling mediated through ER can, in turn, regulate ER itself via a feed-forward mechanism [168].

#### 3.3. GPER-Mediated Nongenomic Effects in Uterine Vascular System

In addition to the classical ERs [169,170], some evidence has suggested that the effects of estrogen might be mediated by the transmembrane G-protein-coupled estrogen receptor (GPER). Coupled with the NO-cGMP signal pathway, GPER also appears to play a significant role in pregnancy-augmented vasodilatory effects in rat uterine arteries [108]. Because GPER is expressed in a vascular tone that responds to estrogen [106,171], and because of the antihypertensive response from local alterations in the renin-angiotensin system, a great deal of studies focuses on the participation of GPER in estrogen-mediated actions. Notably, GPER was found to activate acute signaling pathways including cAMP accumulation in vascular SMC as a vasorelaxant action [172]. In endometrial cancer cells, GPER was also shown to mediate estrogen signaling on the activation of PI3K/Akt and ERK $\frac{1}{2}$ pathways [173,174]. Since GPER could bind the ligands overlapping with ERα and ERβ, GPER-specific agonist G-1 [114] and the GPER-selective antagonist G-15 [116] were identified to unravel the functional roles of GPER, which shared a tetrahydro-3H-cyclopenta-[c]quinoline scaffold domain and showed an extremely high selectivity for GPER vs.  $ER\alpha$  and  $ER\beta$ . For instance, G-1 can mimic the cardioprotective effects of  $E_2\beta$  in rats [175], and promotes the pregnancy-associated vasodilatory effects of estrogens in rat UA, which can be blocked by G-15 [108]. Like estrogens, G-1 can also activate ERK $\frac{1}{2}$  signaling in uterine leiomyoma and myometrial SMC; this stimulation was further inhibited by the MEK inhibitor PD98059 in myometrium SMC [176]. In vitro,  $E_2\beta$ -induced GPER activation mediates estrogen-induced cell proliferation [174]. However, in GPER knockout mice, it is shown that GPER only plays a minimal role in mediating estrogen-induced uterine proliferation and hypertrophy [105,110–112]. Thus, in the uterus, GPER works together with the classical ERs to integrally regulate uterine physiological responses to estrogens.

Classical ERs and GPER proteins are expressed in numerous organ vasculature systems of the body tissues. As predicted, the crosstalk, coupled with multiple estrogen receptors, involve various pathways and notably change the final biological outcome. Apart from the direct mediation of estrogenic signal transduction at the cellular level, membrane-localized GPER also communicates with ER $\alpha$  at the membrane to bind with  $E_2\beta$  and form a complex [177]. The ability of  $E_2\beta$  to stimulate MAPK pathways via the interaction between ER $\alpha$  and GPER has been reported in endometrial cancer cells [174]. As a truncated form of ER $\alpha$ , ER $\alpha$ 46 also interacts with ER $\alpha$  co-located in endothelial cell membranes and appears to be more effective in the modulation of nongenomic pathways, like enhancing eNOS phosphorylation, than ER $\alpha$  alone [52]. In vascular cells (e.g., EC [178] and SMC [155]) and non-vascular cells (e.g., uterine epithelial cells [179]), GPER can, in some cases, antagonize the effects of classical ERs. Nonetheless,  $E_2\beta$  failed to specifically bind, and did not activate, cAMP, ERK $\frac{1}{2}$  or PI3K, or stimulate gene transcription in EC from a combination of ER $\alpha$ -ER $\beta$  knockout mice [128]. Thus, it remains to be determined whether GPER can act independently of ER to mediate rapid estrogen signaling responses. E<sub>2</sub>β could also activate calcium immobilization and PI3K/Akt signaling through the co-localization of endogenous ERα and endoplasmic reticulum GPER [97]. However, the mechanisms of recruitment of membrane-localized ER to the endoplasmic reticulum-localized GPER and the respective signal transduction are still less understood.

#### 3.4. ER-Independent Estrogen Signaling and Estrogen-Independent ER Activation in UA

In some cells, estrogens can also mediate cell physiology independent of estrogen receptors. In the uterus of OVX mice, Richards et al. found that  $E_2\beta$  treatment can directly enhance the tyrosine

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phosphorylation of insulin-like growth factor-1 receptor (IGF-1R), insulin receptor substrate 1 (IRS-1) and consequent PI3K signaling via the formation of an IGF-1R/IRS-1/PI3K complex [180,181].  $E_2\beta$  can also activate the epidermal growth factor receptor (EGFR) via the signaling of the lipid kinase sphingosine kinase-1 in breast cancer cells [182]. A great deal of studies also provided molecular evidence that the activation of receptor tyrosine kinases (RTK) (e.g., IGF-1R [126] and EGFR [127]) can trigger downstream MAPK and PI3K/Akt cascades, thereby indirectly activating ERs via the phosphorylation of Serine or Tyrosine residues [183–185].

Estrogen-independent ER activation has also been shown in vascular cells. Unliganded ER $\alpha$  inhibits EC proliferation but stimulates SM cell proliferation and activates the respective gene expression; this pattern is reversed in the presence of  $E_2\beta$  [186]. ERs can also be activated in the absence of estrogens by growth factor receptor signaling coupled with the tyrosine kinase receptors of EGF and IGF [187]. In addition, fetal bovine serum (FBS) and EGF are able to activate ER $\alpha$ , in the absence of  $E_2\beta$ , via a MAPK-independent pathway in vascular cells [188]. These studies suggested that the specific residues from ER itself or from other receptor ligands may be triggered in the absence of estrogens. Interestingly, the non-estrogen ligand-activated ER has been found to couple with signaling pathways different to those from the estrogen-activated ones, providing a hint that the effects of estrogens can determine ER-mediated intracellular mechanisms [189,190]. Whether these ligand-independent pathways for ER signaling pathways are involved in uterine hemodynamics in pregnancy is yet to be determined.

#### 3.5. Posttranslational and Epigenetic Modification of ER Actions

Different types of posttranslational modifications, including phosphorylation, acetylation, sumoylation, and ubiquitination, etc., can directly regulate the stability and functions of ERs. As a nuclear transcription factor, modified ER transactivation will affect target gene expression [191]. For example,  $E_2\beta$  enhances ER ubiquitination through degradation via the ubiquitin pathway in rat uteri [192]. Thus, in addition to the direct ER-regulated gene transcription, these posttranslational modifications may facilitate the transcriptional roles of ER in estrogenic responses in the vasculature. The direct p300-induced acetylation of ERα attenuates ligand-dependent transcription [193]. A conserved acetylation motif was identified in hinged region among mammalian species [194]; local site mutation results in increased cellular proliferation at sub-physiological levels of estrogens [195]. In addition, direct ligand-mediated sumoylation in ER $\alpha$  via the sumoylation site in its hinge region can regulate its transactivation function [191]. Sumoylation represses ERβ-mediated transcriptional activity, while preventing ERβ from ubiquitous degradation by competing with ubiquitin at the same phosphorylated sumoylation site. This mechanism is connected to the GSK3β-activated extension in response to the estrogens that act as sumoylation enhancers [196]. Although they are not the focus of this review, many other post-translational modifications, including phosphorylation, membrane targeting via palmitoylation, and interaction with caveolin-1, etc., have been reported to regulate ER function. However, the roles of these posttranslational mechanisms in mediating estrogen-induced uterine hemodynamics are yet to be explored.

In uterine endometrial cancer, abnormal methylation inactivates the ER gene and leads to subsequent hormone resistance [197]. Thus, ER-mediated gene expression may be also subject to epigenetic regulation in uterine vascular cells. Estrogens can also regulate microRNA (miRNA) expression, indicating that epidemic mechanisms for ER signaling may occur at the miRNA level. For example,  $E_2\beta$  treatment upregulates miR-155, miR-429, and miR-451 and downregulates miR-181b and miR-204 in OVX mouse uteri [198]. In immature mice,  $E_2\beta$  treatment is able to regulate miR-451, miR-155, miR-335-5p and miR-365 expression [199], suggesting that miRNAs can be potential biomarkers for estrogen responses in utero. Notably, most studies on the estrogen-induced ER-dependent miRNAs in uterine tissues have been identified from malignant carcinoma and primary cultured cells isolated from the umbilical cord, which are summarized and listed in Table 1. miRNA-mediated epigenetic mechanisms for regulating ligand-dependent ER signaling have gained more attention lately in the reproductive system [200]. For example, during pregnancy and labor,

the miR-199a/214 cluster was found to mediate the opposing effects of estrogen and progesterone on uterine contractility [201]. miR-203 could mediate ER-regulated gene expression and physiological processes including cell proliferation and migration in rat uteri, as well as the etiology of endometrial carcinoma [202]. As summarized in Table 2, it is now clear that miRNAs are implicated in the normal uterine tissues, including its vasculature system, as well as in the malignant phenotype. In the UA, miR-210 plays an opposite role in uterine vasodilation during pregnancy by inhibiting large conductance  $Ca^{2+}$ -activated potassium channels (BK<sub>Ca</sub>) channel–mediated relaxation and increasing pressure-dependent myogenic tone [203].

<b>Table 1.</b> Uterine miRNAs v	whose expression is re	egulated by estrac	diol-176 (E26).

miRNA	Regulation	Tissue/Cell	References
miR-451	1	Mouse uterus	[199]
miR-429 miR-155	1	Mouse uterus	[198]
miR-181b miR-204	<b>↓</b>	Mouse uterus	[198]
miR-21 miR-20a	<b>↓</b>	Human endometrial glandular epithelial cells	[204]
miR-21 miR-26a	1	Human leiomyoma SMC	[204]
miR-30b miR-487a miR-4710 miR-501-3p	1	Human UVEC	[205]
miR-378h miR-1244	Ţ	Human UVEC	[205]

↑, upregulation; ↓, downregulated.

Currently, only a limited number of studies have reported on the epigenetic regulation of uterine hemodynamics during pregnancy. However, a critical role of methylation mechanisms in estrogen-induced uterine vasodilation has been demonstrated recently. In ovine UA ex vivo, Dasgupta et al. first reported that hypoxia induces the pregnancy-repressed methylation levels in CpG islands in SP-1-binding sites in the ERα promoter, thereby abrogating pregnancy-induced SP-1 binding to the  $ER\alpha$  promoter [206]. This finding, in ovine UA, was followed up by Chen and colleagues, who found that hypoxia can decrease  $ER\alpha$  expression, accompanied by increases in the methylation levels in the SP-1-binding site in the ER $\alpha$  promoter; the DNA methylation inhibitor 5-Aza-2'-deoxycytidin can restore the hypoxia-repressed ER $\alpha$  expression as well as the levels of SP-1 binding to the ER $\alpha$ promoter [207]. Pregnancy-triggered  $E_2\beta$ - or progesterone-induced  $ER\alpha$  expression can also be inhibited by hypoxia via enhanced methylation that curbs SP-1 binding to the ER $\alpha$  promoter. In this way, chronic hypoxia represses steroid hormone-upregulated BK<sub>Ca</sub> channel activity in ovine UASMC, indicating a critical role of DNA methylation-affected ER $\alpha$  in relaxing UA SM via BK<sub>Ca</sub> channels. Moreover, similar epigenetic mechanisms have also been reported in the ovine UA model, showing that hypoxia can abrogate pregnancy-induced demethylation in the SP-1-binding site as well as SP-1- and  $ER\alpha$ -binding levels to the promoter of the  $BK_{Ca}$  channel assembly–pore forming auxiliary β1 subunit encoding gene KCNMB1 [208]. In addition to direct regulation by environmental factors (e.g., hypoxia) or physiological states (e.g., pregnancy) of the CpG methylation level, the oxygen level and pregnancy-triggered steroid hormones can also indirectly alter the CpG methylation level by regulating DNA demethylation enzyme ten-eleven translocation (TET) methylcytosine dioxygenases in UA; E<sub>2</sub>β- or progesterone-induced TET1 expression can subsequently downregulate the methylation

level in the SP-1-binding site in the *KCNMB1* promoter; TET1 enzymatic activity inhibition by its competitive inhibitor, fumarate, can restore the  $E_2\beta$ - or progesterone-stimulated  $BK_{Ca}$  activity in UASMC [209]. These studies have demonstrated the role of DNA methylation in estrogen-induced uterine relaxation in the ovine UA.

miRNA	Tissue/Cell	Functions	Targets	References
miR-199a miR-214	human telomerase reverse transcriptase-immortalized human myometrial (hTERT-HM) cell line	Contractility	Cyclooxygenase-2 (COX-2)	[201]
miR-203	Rat uterus Endometrial carcinoma	Proliferation Migration	Zinc finger and BTB domain containing 20 (Zbtb20), Alkaline Ceramidase 2 (Acer2)	[202]
miR-451	Human endometriotic lesions	Migration	Macrophage Migration Inhibitory Factor (MIF)	[210]
miR-218-5p	Extravillous cytotrophoblast (EVT)	Trophoblast differentiation Vessel remodeling	Transforming growth factor $\beta$ 2 (TGF $\beta$ 2)	[211]
miR-204	Human endometrial cancer-1 (HEC-1A) cell line	Migration Invasion	Forkhead box C 1 (FOXC1)	[212]
miR-365	Trophoblasts	Cell cycle Apoptosis	Mouse double minute 2 (MDM2), p53	[213]
miR-376c	Trophoblasts	Proliferation Invasion	TGFβ2	[214]
miR-17 miR-20a miR-20b	Placenta	Angiogenesis	Ephrin-B2 Ephrin type-B receptor 4 (EPHB4)	[215]
miR-210	Ovine UA	Relaxation	Tet methylcytosine dioxygenase 1 (TET1)	[203]

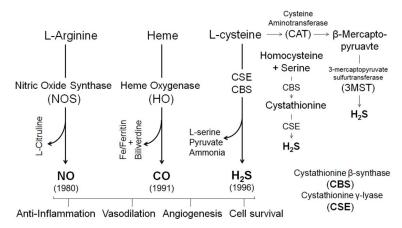
Table 2. Uterine miRNAs, their proposed function and transcriptional targets.

#### 4. Gasotransmitters in Estrogen-Induced Uterine Vasodilation in Pregnancy

As early as the late 1970s, RNA and protein synthesis inhibitors were used to determine if de novo protein synthesis is involved in estrogen-induced uterine vasodilation because UtBF rapidly increases at 5–15 min following a single bolus injection in various animals, including rabbits [216], guinea pigs [217], sows [218] and ewes [219]. Early studies showed that the unilateral infusion of cycloheximide significantly inhibits  $E_2\beta$ -induced UtBF elevation during 90-min infusion, while the contralateral  $E_2\beta$ -induced UtBF is unaffected; this inhibition lasts for more than 30 min after the removal of the cycloheximide infusion [24]. Follow-up studies have also shown that cycloheximide inhibited the estrogen-induced increase in uterine cGMP secretion in a dose-dependent manner, showing a 50% decrease in UtBF and a ~90% reduction in cGMP section at the time of the maximum UBF pattern [220]. These studies suggest that de novo protein synthesis is required for estrogen-induced uterine vasodilation.

The local infusion of ICI 180, 782 also dose-dependently inhibits estrogen-induced and pregnancy-associated uterine vasodilation [25]. In keeping with the rapid initiation of the rise in UtBF following estrogen administration [24,25], the mechanisms underlying the uterine vasodilatory effects of estrogens are expected to be mediated by ER-dependent and -independent rapid genomic and nongenomic pathways, as summarized in Figure 2. However, how each pathway is activated by estrogens and their relative significance is not fully elucidated. Nonetheless, there is ample evidence that estrogen-induced uterine vasodilation is mediated largely by the ER-dependent augmentation of the orchestrated production of vasodilators locally by the UA, including the family of "gasotransmitters",

i.e., NO, CO, and  $H_2S$  (Figure 3). These gaseous signaling molecules are produced by EC and SMC, which coordinatively relax uterine arteries by activating cGMP-dependent pathways and potassium channels (K<sup>+</sup>) including  $BK_{Ca}$  and voltage-gated K<sup>+</sup> ( $K_v$ ) channels, etc.



**Figure 3.** Gasotransmitters: biosynthesis and function. Nitric oxide (NO), carbon monoxide (CO), and hydrogen sulfide (H<sub>2</sub>S) were identified as gasotransmitters in 1980, 1991 and 1996, respectively. NO is synthesized by a family of NO synthases (eNOS, nNOS or iNOS) via converting L-arginine to L-citrulline. CO is synthesized by heme oxygenases (HO-1 or HO-2) by oxidizing heme to produce CO along with biliverdin and iron/ferritin. H<sub>2</sub>S is mainly synthesized by cystathionine β-synthase (CBS) or cystathionine-γ-lyase (CSE) by converting L-Cysteine to L-Serine or Pyruvate and NH<sub>4</sub><sup>+</sup>; H<sub>2</sub>S can also be produced by condensation of homocysteine and serine into cystathionine by CBS and by CSE to produce H<sub>2</sub>S. In addition, cysteine aminotransferase (CAT) and 3-mercaptopyrivate sulfurtransferase (3MST) can also catalyze the biosynthesis of H<sub>2</sub>S from L-Cysteine via the intermediate product as β-Mercapto-pyruvate. The gasotransmitters NO, CO and H<sub>2</sub>S act to regulate cell survival, anti-inflammation, cardioprotective angiogenesis and vasodilation.

#### 4.1. Nitric Oxide

NO is the most studied gaseous molecule of gasotransmitters that plays a role in a variety of biological processes in almost all types of organisms, ranging from single-cell organisms, to bacteria and plants, as well as animal and human cells. In the 1990s, the biology of NO exploded with the discovery that NO is an endothelium-derived relaxing factor (EDRF), which was discovered with the use of organ bath studies [221,222]. NO is biosynthesized endogenously via the conversion of L-arginine to L-citrulline in the presence of molecular O<sub>2</sub> and nicotinamide adenine dinucleotide phosphate (NADPH) by a family of NO synthase (NOS) enzymes, including the Ca<sup>2+</sup>-dependent endothelial NOS (eNOS/NOS3) and neuronal NOS (nNOS/NOS2), and the Ca<sup>2+</sup>-independent inducible NOS (iNOS/NOS1) [223]. NO was the first gas molecule that was discovered to act as a chemical messenger in the body; endogenous NO, in a physiological concentration range, is essential for the normal functions of the brain, arteries, immune system, liver, pancreas, uterus, nerves and lungs, to name a few. These diverse functions have resulted in NO being named the Molecule of Year in 1992 [224]. In 1998, three scientists, Robert Furchgott, Louis Ignarro, and Ferid Murad, were awarded the Nobel Prize in Physiology or Medicine "for their discoveries concerning NO as a signaling molecule in the cardiovascular system" [225].

NO is highly reactive and can diffuse freely across membranes, and hence is ideal for a transient paracrine (between adjacent cells) and autocrine (within the cell producing it) signaling molecule. NO has a lifetime less than 10 seconds and the diffusion gradients of NO are limited by scavenging reactions involving hemoglobin [226], myoglobin [227] and other radicals [228]. However, NO can be stabilized in the blood and tissue by oxidation to nitrate ( $NO_2^-$ ) and nitrite ( $NO_3^-$ ), which can be transported to cells far away from where they were produced to function as endocrine molecules. NO also reacts with free thiols (-SH) in reactive cystines in proteins or metals to form nitrosothiols

(-SNO) that function as NO reservoirs [229]. This reaction is called S-nitrosylation and it is reversible; thus, nitrosothiols have the potential to be converted back to NO under physiological and pathological conditions. Moreover, NO can react with superoxide ( $O_2^-$ ) to form peroxynitrite (ONOO $^-$ ) under oxidative stress conditions [230]; peroxynitrite is highly reactive with tyrosine residues, a reaction called protein S-nitration that normally results in the damage/deactivation of protein function [231].

In blood vessels, NO is mainly biosynthesized by eNOS, which is exclusively expressed in the EC (inner lining); endothelium-derived NO diffuses into the surrounding SMC, where it activates the soluble guanylyl cyclase (sGC)-cGMP pathway to relax the blood vessels, thus resulting in vasodilation and an increasing blood flow [232]. One of the main intracellular enzymatic targets of NO is sGC; in the presence of iron, the binding of NO to the heme region of sGC leads to the activation of the enzyme to produce the second messenger cGMP [233]. The major cellular targets of cGMP are cGMP-dependent protein kinases (PKGs), cGMP-gated cation channels, and cyclic nucleotide phosphodiesterases (PDEs), which break down cGMP [234]. In light of the diverse physiological functions of NO in organs throughout the human body, the targeting of some or all of these steps of NO signaling pathways has been a focus of development for various diseases. The most cited drug is sildenafil (Viagra), a common example of a drug that modulates a distal component of the NO pathway. Viagra does not stimulate the biosynthesis of NO, but enhances downstream signaling by shielding cGMP from degradation by cGMP-dependent phosphodiesterase type 5 inhibitor (PDE5) in the rat uterine arteries, thus promoting an increase in UtBF [235,236].

Magness and colleagues were the first to report that eNOS, but not nNOS, is expressed in the intact (but not the denuded) ovine UA and that pregnancy greatly stimulates eNOS expression ex vivo in the UA endothelium and in vitro in ovine UAEC [237]. This was supported by their subsequent study, demonstrating that acute  $E_2\beta$  treatment can stimulate eNOS expression in the ovine UA endothelium and that chronic  $E_2\beta$  perfusion is able to continuously increase eNOS expression in the UA endothelium [238]. Weiner and colleagues first reported, in guinea pigs, that pregnancy significantly increases Ca<sup>2+</sup>-dependent (but not Ca<sup>2+</sup>-independent) NOS activity (measured by <sup>3</sup>H-Arginine to <sup>3</sup>H-Citrulline conversion assay) in a variety of organs, including a twofold rise in heart, kidney, skeletal muscle, esophagus, and cerebellum, with the greatest being up to a fourfold rise in whole-UA homogenates, compared to nonpregnant controls [239]. Treatment with  $E_2\beta$  (but not progesterone) also increases calcium-dependent NOS activity in these tissues, although they did not examine the effects of  $E_2\beta$  on UA. Consistently, pregnancy and  $E_2\beta$  both stimulate mRNA expression of eNOS and nNOS, but not iNOS, in the skeletal muscle. Moreover, the pregnancy-associated upregulation of Ca<sup>2+</sup>-dependent NOS activity is mediated by endogenous estrogens via classical ER, since it is blocked by the ER antagonist tamoxifen [239]. Subsequently, Magness et al. demonstrated similar results in ovine UA, showing that chelating  $Ca^{2+}$  with ethylene glycol-bis( $\beta$ -aminoethyl ether)-N, N, N', N'-tetraacetic acid (EGTA) downregulates NOS activity in ovine UA [237,240]. In the human model, Nelson and colleagues also showed that pregnancy-enhanced eNOS and nNOS expression accounts for the elevated Ca<sup>2+</sup>-dependent NOS activity in pregnancy [241]. Notably, baseline Ca<sup>2+</sup>-independent NOS activity was significantly higher in the pregnant than in nonpregnant UA, and a considerable amount of pregnancy-induced NOS activity is independent of Ca<sup>2+</sup> modulation [241]. These findings in human UA were remarkably different to the counterpart study in guinea pig skeletal muscles.

Many groups have since examined the effects of pregnancy and estrogens on UA NOS–NO systems in many species including mice [242], rats [243], sheep [32,35,90], nonhuman primates [244], and women [245]. These studies have convincingly shown that (1) exogenous estrogens stimulate UA eNOS activation and NO production [90,238] and (2) the UA eNOS–NO system is significantly augmented during pregnancy and the follicular phase of the ovarian cycle [246,247], positively correlating with the elevated endogenous estrogens seen in these physiological states [241]. Moreover, with highly specific antibodies against each of the NOS isoforms becoming available, immunological studies, including Western blot analyses of mechanically purified endothelial proteins of ovine UA endothelium and SM and immunohistochemistry [238] or immunofluorescence microscopy [248], have concluded that

pregnancy and estrogens specifically upregulate eNOS protein expression in the EC, but not SMC, in vivo in all species examined including women [241]. Consistently, some of these studies also have shown that blood and UA tissue levels of NO (measured by nitrite/nitrate) and cGMP are augmented during pregnancy and are also stimulated by estrogens [237,240,249].

Rosenfeld and colleagues performed a classical study using the OVX sheep model to determine the role of the local NOS–NO system in estrogen-induced uterine vasodilation. They reported that local UA infusion of the NOS inhibitor  $N(\omega)$ -nitro-L-arginine methyl ester (L-NAME) dose-dependently inhibits the estrogen-induced maximal rise in UtBF in nonpregnant OVX ewes [35]. This study has established a critical role of local NO production in estrogen-induced uterine vasodilation, which is consistent with studies in nonpregnant ewes [32] and pregnant ewes [35], and in intact ewes in the follicular phase triggered by progesterone [25]. However, L-NAME can only inhibit at most ~79% of the estrogen-induced UtBF response in all these studies, suggesting that mechanisms in addition to NO exist to mediate estrogen-induced uterine vasodilation.

These physiological and pharmacological studies have promoted mechanistic studies for dissecting the cellular and molecular mechanisms controlling UA production of NO and how NO regulates uterine vascular functions further. As ex vivo studies have conclusively shown that local UA production is exclusively synthesized in the EC during pregnancy and upon estrogen stimulation and various other physiological regulators of UA vasodilation, such as vascular endothelial growth factor [250] and angiotensin-II [251], the Bird and Magness groups first developed novel primary culture models of UAEC from the main uterine arteries of nonpregnant and late (~130–140 days in ovine gestation, equivalent to the third trimester in human pregnancy) pregnant ewes [161] to study how UA local NO is synthesized during pregnancy and upon stimulation. Moreover, akin to nearly all primary EC culture models, the limited number of primary ovine UAEC directly isolated from the uterine arteries must be passaged so that there are enough cells for experimental investigation. Fortunately, after four to five passages, nonpregnant and pregnant UAEC maintain their physiological pregnancy-specific differences in baseline expressions of key enzymes for cell signaling and vasodilator (NO and prostacyclin) production, as well as their pregnancy-dependent responses to vascular endothelial growth factor (VEGF) [161]. These features make the ovine UAEC culture model the best available for dissecting the molecular mechanisms for UA hemodynamic regulation in pregnancy. Numerous studies from the Bird and Magness groups have shown that growth factors (VEGF, fibroblast growth factor 2 (FGF-2), and EGF) and signaling via MAPK and PI3K/Akt pathways in UAEC are programmed to stimulate eNOS activation and NO production via intracellular Ca<sup>2+</sup> mobilization and Serine<sup>1177</sup> phosphorylation in pregnancy [161]. Their studies have greatly advanced the cellular molecular mechanisms regulating the pregnancy-dependent upregulation of the local EC production of NO. Detailed information of these mechanisms can be found in their reviews [252–254].

We were the first to report UA ER $\alpha$ , ER $\beta$  mRNA and protein expression in EC and SMC in pregnant ovine UA ex vivo [39,71]; we also showed that ER $\alpha$  and ER $\beta$  are retained in UAEC cultures after up to five passages [71,90,255], showing that the ovine UAEC model is indeed suited to study estrogen-induced uterine vasodilation in vitro. Like the ovine fetal pulmonary artery EC [256], we showed that treatment with physiological relevant concentrations (1–10 nM) of E<sub>2</sub> $\beta$  rapidly phosphorylates Raf-1/ERK $\frac{1}{2}$  within 2–5 min in pregnant ovine UAEC in culture; this pathway mediates E<sub>2</sub> $\beta$ -induced NO production by indirect eNOS Ser<sup>1177</sup> phosphorylation via a rapid nongenomic pathway with ER $\alpha$  localized on the plasma membrane [90]. We did not find that E<sub>2</sub> $\beta$  mobilizes intracellular Ca<sup>2+</sup> or activates PI3K–Akt in ovine UAEC [90], both of which are essential for rapid eNOS activation and direct Ser<sup>1177</sup> phosphorylation, as reported for UAEC [94] and other ECs [257]. Nonetheless, the classical ER-mediated rapid nongenomic regulation of NO production in UAEC seems to be mediated by ER $\alpha$  because (1) ER $\alpha$ , but not ER $\beta$ , possesses binding domains to caveolin-1 [258]; (2) treatment with E<sub>2</sub> $\beta$  promotes ER $\alpha$  membrane translocation to the caveolae [71,90]; and (3) rapid activation of eNOS involves the formation of a so-called steroid receptor fact action complex (SRFC) involving ER $\alpha$ , eNOS, and the enzymes that activate eNOS, such as AKT and ERK $\frac{1}{2}$ , in the caveolae [122].

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The membrane-bound GPER also mediates rapid estrogenic actions to increase pregnancy-dependent uterine vasodilation in rats, which is largely endothelium/NO dependent [108]. GPER has been shown to be present in rat UAEC [108]. However, the underlying mechanisms by which GPER mediates rapid eNOS activation by estrogens in UAEC are not currently known.

Concomitantly with the continuous increases in endogenous estrogens, UtBF increases continuously during gestation, essentially keeping pace with the growth rate of the fetus [259]. Thus, the production of local vasodilators such as NO must be subjected to chronical upregulation during pregnancy and stimulation by estrogens via genomic nuclear action to upregulate the expression of eNOS, a scenario as described above during pregnancy [237,260], the follicular phase of the ovarian cycle [238,261] and long-term estrogen replacement therapy (ERT) in OVX animals [22,262], or even in post-menopausal women [263]. In vivo, ERT selectively stimulates UA endothelial eNOS expression, potentially via upregulating eNOS transcription [22]. The eNOS gene promoter contains functional half-palindromic EREs and  $E_2\beta$  stimulates  $ER\alpha$ -dependent eNOS transcription in bovine pulmonary artery EC [264]. We reported that the activation of AP-1 may be important for UAEC eNOS transcription [265]. However, the specific roles of ER $\alpha$  and ER $\beta$  in the estrogen stimulation of eNOS transcription and expression in UAEC has not been determined. Nonetheless, our recent report has shown that treatment with PPT and DPN, similar to  $E_2\beta$ , for 24–48 h, induces an increase in the stimulatory phosphorylation sites in Ser1177 eNOS and Ser635 eNOS, a decrease in the inhibitory phosphorylation site Thr495 eNOS, and an increase in total NO levels in ovine UAEC in vitro [94]. These findings suggest that the activation of both ER $\alpha$  and ER $\beta$  is involved in upregulating eNOS expression and activation to produce NO for mediating estrogen-induced uterine vasodilation in pregnancy.

Since estrogen treatment and pregnancy increases local UA production of both NO and cGMP, it is expected that the sGC–cGMP–PKG pathway is the major mechanism responsible for estrogen-induced uterine vasodilation in pregnancy. Indeed, myography studies have shown that the relaxation effects of pregnancy on pre-constricted UA rings are inhibited by the specific inhibitor of sGC [1-H-[1,2,4]oxadiazolo[4,3-a]quinoxalin-l-one (ODQ)] but recovered by the cGMP–hydrolysis enzyme PDE5 inhibitor sildenafil [236]. Since NO-induced activation of PKG directly phosphorylates BK<sub>Ca</sub> channels [266], which causes vascular SM relaxation [232], the local infusion of the BK<sub>Ca</sub> inhibitors tetraethylammonium chloride (TEA) and iberiotoxin (IBTX) can partially attenuate the estrogen-induced rise in UtBF in nonpregnant ewes and also inhibits baseline UtBF in pregnant ewes [267,268]. Overall, the available evidence shows a critical role of the sGC–cGMP–PKG–BK<sub>Ca</sub> pathway in estrogen-induced uterine vasodilation in normal pregnancy. In addition, other K<sup>+</sup> channels such as voltage-gated K<sup>+</sup> (Kv) channels and small and medium conductance K<sup>+</sup> channels [67], may be involved in estrogen-induced uterine vasodilation in pregnancy; however, these K<sup>+</sup> channels seem to regulate uterine vasodilation under pathological conditions such as gestational diabetes [269].

NO is also involved in other uterine vascular changes adaptive to pregnancy such as UA remodeling [270]. We have shown that estrogens stimulate protein *S*-nitrosylation (SNO) in human umbilical cord vein EC (HUVEC) and ovine UAEC in vitro [255,271], in which ERα and ERβ, respectively, play different cell-specific roles [255]. Estrogen stimulation of endothelial protein SNO has been confirmed in rat UA in vivo [272]. The increased *S*-nitrosothiols stimulated by estrogens could serve as a NO reservoir for long-term NO signaling when it is needed [273]. We have reported that eNOS-derived endogenous NO, upon stimulation with estrogens and VEGF, stimulates SNO of a specific reactive cysteine (Cys80) among the four cysteines (Cys39/80/139/147) in cofilin-1 in EC [274,275]. Cofilin-1 is a major actin-binding protein that regulates cytoskeleton remodeling during cell proliferation and differentiation [276]. SNO results in the increased severing activity of cofilin-1, thereby regulating cytoskeleton remodeling and migration in response to stimulation with estrogens and VEGF [274,275]. Thus, it is speculative that increased SNO proteins may play a role in UA remodeling upon estrogen stimulation during pregnancy [270,277].

Numerous studies have demonstrated that mitochondrion is a major cellular organelle that is directly affected by endogenous NO synthesized upon estrogen stimulation [278–280]. NO exposure greatly affects the biogenesis of mitochondrion and its respiration chain [281]. Indeed, our previous studies have shown that total levels of mitochondrial SNO proteins are significantly increased by treatment with  $E_2\beta$  to upregulate endogenous NO and by treatment with exogenous NO from NO donors in HUVEC. However, there are considerable differences (i.e., proteins and SNO levels) in the endogenous and exogenous NO-responsive endothelial SNO proteomes [282]. Interestingly, SNO of the mitochondrial protein is affected by locally synthesized NO since  $E_2\beta$ -stimulated mitochondrial protein SNO in HUVEC is only enhanced by the overexpression of mitochondrion-targeting eNOS, but not by membrane-targeting eNOS [282], suggesting that estrogens affect mitochondrial SNO via local eNOS-synthesized NO.

#### 4.2. Carbon Monoxide

CO is another biological gas that possesses similar physiological effects to NO in the vasculature. CO was initially regarded as a poisonous gas that is released with the formation of carboxyhemoglobin (COHb) under hypoxic conditions [283]. Under hypoxic conditions, high CO concentrations cause hypoxemia by competitive binding to the oxygen-binding sites of hemoglobin to form COHb, with an affinity approximately 245 times that of oxygen [284]. Thus, decreased concentrations of oxyhemoglobin (OHb) are inevitable in COHb-caused toxicity in hypoxemia [285]. In humans, prolonged or elevated CO exposure can cause a few acute clinical effects, including nausea, dizziness, and loss of consciousness. Symptoms of CO poisoning begin to appear at 20% COHb, while death occurs between 50 and 80% COHb [284].

In the 1950s, CO was found in the exhaled air in hospitalized patients [286]; however, this endogenously produced CO initially attracted little attention as an endogenous physiologic mediator until 1993, when Verma and colleagues identified a neurotransmitter function for endogenous CO in olfactory neurotransmission [287]. Subsequently, studies have shown that endogenously produced CO and low concentrations (e.g., 250 ppm) of exogenous CO possess various physiological functions, including a vascular role in regulating hepatic perfusion [288], anti-inflammation [289], anti-apoptosis [290,291], and the inhibition of vascular SMC proliferation [292], etc. Endogenous CO is produced physiologically via a single mechanism, the metabolism of heme to CO, biliverdin, and free iron by heme oxygenase (HO) [293]. HO exists as at least two isoforms that are encoded by two distinct genes, *HMOX1* and *HMOX2*. In humans, HO-1 is an inducible, low molecular weight heat shock protein-32 [294], whose expression is readily inducible by innumerable stimuli such as cAMP [295] and hypoxia [296]. On the contrary, HO-2 is a 36-kD protein that tends to be expressed constitutively and appears to be mainly regulated by steroids [297,298]. The highest levels of HO-2 are found in the brain, accounting for the majority of the neurotransmission functions of CO in the brain [298].

Several studies have established the role of the HO–CO system in pregnancy. Acevedo and colleagues have shown that the expression levels of HO-1 and HO-2 proteins are more than 10-fold greater (p < 0.001) in pregnant (regardless in labor or not in labor) than in nonpregnant human myometrium, which are upregulated by progesterone but not estrogens. Functional analysis also showed that HO-1 derived CO inhibits human myometrial contractility [299]. Follow-up studies have shown that the HO-1/CO system appears to be important in prenatal and postnatal development via regulating angiogenesis and immune hemostasis at the maternal–fetal interface. For mice lacking Hmox1, this is embryonically lethal [300], whereas a partial maternal Hmox1 deficiency ( $Hmox1^{+/-}$ ) results in malformation of the maternal–fetal interface due to insufficient spiral artery remodeling and uterine natural killer (uNK) cell differentiation and maturation [301,302].

HO-1 is widely expressed in various tissues in the body and is highly inducible by oxidative stress, ultraviolet (UV) light, heavy metals and inflammation [303]; HO-2 has been found in vascular EC but is unresponsive to inducers of HO-1 [304]. Both HO-1 and HO-2 are expressed in vascular EC and SMC [304–306], and the HO-catalyzed formation of CO has been documented

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in blood vessels [307], suggesting that the vasodilatory roles of them might exist in the vasculature. Endogenously produced CO and exogenous CO can cause the endothelium-independent dilation of arteries and arterioles [294,308,309]. HO-1-produced endogenous CO appears to provide a tonic vasodepressor effect via the inhibition of an autonomic pressor mechanism [310]. In pulmonary arteries, endothelium-derived CO mediates acetylcholine (ACH)-induced vasorelaxation [311]. HO-2 protein is also highly expressed in large and small blood vessels and in adjacent astrocytes in the brain [312]. CO is a potent cerebral vessel dilator, as topically applied CO potently dilates piglet pial arterioles and the maximal response can be achieved by as low as 1 nM CO [313,314]. The vasodilatory effect of CO is mediated by the activation of sGC to generate cGMP in autocrine and paracrine fashions [294,308,309,311]. In vitro, CO can hyperpolarize vascular SM via modification of a histidine residue on the external membrane side of the BK<sub>Ca</sub> channels [309,315]. In vivo, CO-induced cerebrovascular dilation was abolished by treatment with TEA and IBTX [313,314], suggesting that the vasodilatory effects of CO are mainly mediated by activating the sGC-cGMP-PKG-BK<sub>Ca</sub> pathway.

Pregnancy upregulates HO-1 and HO-2 expression in human myometrial uterine blood vessels [299]. Although studies using partial Hmox1-deficient mouse models have shown that the HO-1/CO system regulates uterine spiral artery remodeling [301], there is no direct evidence regarding the role of the HO-CO system in estrogen-induced UA vasodilation during pregnancy. Nonetheless, physiologically relevant concentrations (0.1 nM) of  $E_2\beta$  stimulate the ER-dependent upregulation of HO-2 mRNA/protein expression and CO production and elevate intracellular cGMP concentrations in HUVEC and HUAEC in vitro [33]. Moreover, equal (a non-steroid estrogen) can also stimulate ER $\beta$  (but not ER $\alpha$ )-dependent HO-1 expression via the PI3K/Akt–nuclear respiratory factor (Nrf) pathway in HUVEC [316]. These studies suggest the HO-1/CO system may play a role in uterine hemodynamics in response to estrogens in pregnancy. Moreover, low respiratory and serum CO are associated with hypertension in pregnancy and exhaled CO is inversely correlated with gestational hypertension in women [317], also providing indirect evidence for the role of the HO/CO system in uterine vascular adaptation to pregnancy.

#### 4.3. Hydrogen Sulfide

H<sub>2</sub>S has been long recognized as a sewer gas with a characteristic foul odor of rotten eggs [318]. It was not until 1996 that Abe and Kimura first reported that endogenous H<sub>2</sub>S is produced by CBS in the hippocampus and that physiological concentrations of H<sub>2</sub>S selectively enhance *N*-methyl-p-aspartate (NMDA) receptor-mediated responses and facilitate the induction of long-term hippocampal potentiation, establishing that endogenous H<sub>2</sub>S functions as a neuromodulator in the brain [319]. Since then, research into H<sub>2</sub>S biology and medicine has flourished and demonstrated a plethora of biological, physiological, and pathological functions of H<sub>2</sub>S in the neuronal, immune, cardiovascular, endocrine and digestive systems, and cancers [320]. Due to similar biochemical properties and functions, as well as mechanisms of action, H<sub>2</sub>S has now been widely accepted as the third "gasotransmitter" after NO and CO [321].

Endogenous  $H_2S$  is mainly synthesized from L-cysteine by the two pyridoxal-5'-phosphate-dependent enzymes CBS and CSE of the trans-sulfuration pathway [322,323]. CBS catalyzes the transfer from serine and cysteine to cystathionine, during which  $H_2S$  is produced as a product. CSE synthesizes  $H_2S$  through three pathways, including (1) the  $\beta$ -elimination of cysteine to pyruvate,  $H_2S$ , and  $NH_4^+$ ; (2) the  $\gamma$ -elimination of homocysteine to 2-ketobutyrate,  $H_2S$ , and  $NH_4^+$ ; and (3) the  $\beta$ - or  $\gamma$ -replacement reaction between two cysteine or two homocysteine molecules, with lanthionine or homolanthionine as the co-products, respectively [324,325]. CBS and CSE expression can be tissue/cell specific, as both are needed to generate  $H_2S$  in some tissues, while one enzyme is sufficient in others [326,327]. These enzymes are found in numerous tissues in mammals [320]. In addition, 3-mercaptopyruvate sulfurtransferase (3-MST), cytosolic cysteine aminotransferase (cCAT) and mitochondrial cysteine aminotransferase (mCAT) can also produce  $H_2S$ , but to a lesser extent [328]. CBS and CSE are expressed all over the body; however, CBS plays a major role in  $H_2S$  biosynthesis in the central nervous system

whilst CSE is the main  $H_2S$ -synthesizing enzyme in the vasculature [329]. As the final product in cysteine metabolism catalyzed by CBS and CSE, however,  $H_2S$  generates negative feedback by inhibiting the bioactivities of CBS and CSE [330].

As a biological gas,  $H_2S$  can freely cross cell membranes to act as a signaling molecule to regulate numerous biological pathways, such as  $Ca^{2+}$  signaling, apoptosis, redox signaling, angiogenesis, vasodilation, and cardioprotection, etc. [331,332]. Under physiological conditions, the concentrations of  $H_2S$  in the human body are low since, once synthesized, it will be easily metabolized and oxidized in the mitochondria. In vivo,  $H_2S$  is oxidized to persulfide sulfur by sulfide:quinone oxidoreductase (SQR) or to thiosulfate (SSO<sub>3</sub><sup>2-</sup>) and sulfate (SO<sub>4</sub><sup>2-</sup>) by persulfide dioxygenase, rhodanese and/or sulfite oxidase [333]. This process seems to be important in oxygen (O<sub>2</sub>)-sensing cells and tissues including systemic and uterine vasculatures where  $H_2S$  has been proposed as an "oxygen sensor", which mediates the tissue response to hypoxia [334].

In recent years, S-sulfhydration or S-persulfidation has been identified to be the primary signaling mechanism for mediating H<sub>2</sub>S action. Sulfhydration denotes the formation of -S-SH adducts in proteins, concerting free thiols (-SH) to persulfide (-SSH) groups in the reactive cysteines in proteins. Sulfhydration normally results in the increased reactivity of the modified cysteines due to the increased nucleophilicity of -SSH compared with -SH [335]. Since cysteine is an essential amino acid, this post-translational modification at reactive cysteines affects the entire proteome and thus inevitably participates in nearly all biological pathways. Malfunctions in this critical cellular process have been implicated as causal factors in numerous diseases, including preeclampsia [336–340]. This is testament to the importance of sulfhydration as a signaling process and explains the growing interest in understanding the regulation and mechanisms of the process. Indeed, there are many proteins that have been identified as sulfhydrated proteins. In some vessels, H<sub>2</sub>O<sub>2</sub> is an endothelium-derived hyperpolarization factor (EDHF) whose function is mediated by oxidizing Cys<sup>42</sup> in PKG to induce disulfide-linked PKG homodimerization and activation [341,342]. Mice with Cys<sup>42</sup> in PKG replaced by serine are hypertensive and exhibit impaired vasorelaxation response to NaHS in their resistant vessels, suggesting that polysulfides derived from NaHS can stimulate PKG [343]. H<sub>2</sub>S increases the S-sulfhydration of mitogen-activated protein kinase 1 (MEK1) in HUVEC, while mice lacking the CSE gene have lower sulfhydrated MEK1 [344]. Various ion channels are also target proteins that can be sulfhydrated by H<sub>2</sub>S, resulting in either increased activity, such as in voltage-activated Ca<sup>2+</sup> channels in neurons [345-347] and Cl<sup>-</sup>/HCO<sub>3</sub><sup>-</sup> exchangers in vascular SMC [348], or decreased activity, such as in L-type  $Ca^{2+}$  channels in SMC [349,350].

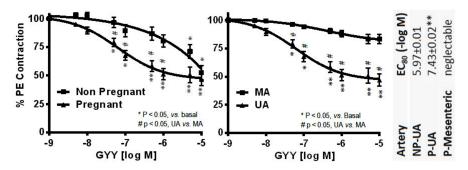
CSE-derived endogenous  $H_2S$  is a physiological vasorelaxant, as global CSE knockout mice display pronounced hypertension and diminished endothelium-dependent vasorelaxation in association with markedly reduced H<sub>2</sub>S levels in the serum, heart, and other tissues [351]. H<sub>2</sub>S can relax freshly prepared blood vessel rings from many vascular beds, including in cerebral [314], mesentery [352], coronary [353], uterine [37], and placental [338] arteries. However, unlike endogenous NO, which is exclusively produced by EC, endogenous H<sub>2</sub>S in the vascular wall is synthesized by both EC and SMC and, collectively, they regulate vascular tone and homeostasis. The vasodilatory effects of H<sub>2</sub>S have been shown to be mediated by the activation of the adenosine triphosphate (ATP)-sensitive K<sup>+</sup>-channel (K<sub>ATP</sub>) and BK<sub>Ca</sub> channels, resulting in SM relaxation [331,351,354]. In rat aortas, endogenous H<sub>2</sub>S maintains whole-cell K<sub>ATP</sub> currents, while exogenous H<sub>2</sub>S activates K<sub>ATP</sub> channels by increasing the availability of single channels of this type [355]. In freshly prepared endothelium-intact and denuded rat mesentery artery rings, exogenous H<sub>2</sub>S from donors (100 μM NaSH) potently induces vascular relaxation, which is partially attenuated by the mixture of the endothelial small conductance K<sup>+</sup> channel  $(SK_{Ca})$  inhibitor apamin, and intermediate conductance  $K^+$ -channel  $(IK_{Ca})$  inhibitor charybdotoxin, or the K<sub>ATP</sub> channel inhibitor glibenclamide [337]. However, the dilatory effects of H<sub>2</sub>S in rat mesentery arteries are not altered by the sGC inhibitor ODQ or the PKG inhibitor KT5823 [337]. These studies demonstrate that exogenous H<sub>2</sub>S activates K<sup>+</sup> channels including endothelial IK<sub>Ca</sub>, SK<sub>Ca</sub> and K<sub>ATP</sub>, but not sGC and PKG, which are important for mediating the vasodilatory effects of H<sub>2</sub>S. These studies

also suggest that activation of  $K_{ATP}$  channels by  $H_2S$  is independent of the sGC–cGMP pathway, although  $H_2S$  can increase cGMP to activate PKG in EC [356].

Instead,  $H_2S$ -induced vasorelaxation has been shown to be largely mediated by the cGMP–PKG-independent sulfhydration of various ion channels in vascular SM. For example, treatment with a  $H_2S$  donor,  $Na_2S$ , dilates vessels via sulfhydrating the putative proangiogenic  $Ca^{2+}$ -permeable transient receptor potential (TRP) V4 channels, resulting in a  $Ca^{2+}$  and  $K^+$  influx in rat aortic artery ECs [357].  $H_2S$  also sulfhydrates Kir 6.1 [337] and sulfonylurea 2B [358] in  $K_{ATP}$  channels and  $K_V4.3$  in  $K_V$  channels [359] in SMC to promote SM relaxation. Interestingly, pregnancy stimulates the expression and activation of various  $K^+$  channels, including  $BK_{Ca}$  and  $K_{ATP}$  in the UA [360–362], most likely via the classical NO–cGMP–PKG and PKC pathways [363].

 $H_2S$  is also a potent pro-angiogenic factor because the pharmacological inhibition of CSE and CBS bioactivity or gene silencing using *CBS* or *CSE* siRNAs results in reduced angiogenesis in multiple in vivo angiogenesis models [356,364] and exogenous  $H_2S$  also stimulates angiogenesis in vitro and in vivo [356,365,366]. The angiogenic activity of  $H_2S$  is mediated by the activation of the cGMP pathway as ODQ and KT5823 can partially block  $H_2S$ -induced angiogenesis [356,364]. Moreover, exogenous and endogenous  $H_2S$  activates EC eNOS/NO during in vitro and in vivo angiogenesis [356,367]. Endothelial eNOS-derived NO is a physiological angiogenic factor [368]. These studies suggest that  $H_2S$  regulates angiogenesis by interacting with eNOS/NO. Additionally, exogenous and endogenous  $H_2S$  has been shown to induce apoptosis and inhibit proliferation in human and rat aortic SMC in vitro via the activation of MAPK pathways [369–371].

Whether or not the  $H_2S$  system was present in the UA was not known until 2015, after we first reported that exogenous  $E_2\beta$  stimulates UA  $H_2S$  production via the selective upregulation of CBS expression in OVX nonpregnant (NP) ewes [372]. In that study, we first posited the novel role of  $H_2S$  in the pregnancy-associated rise in UtBF because of the potent vasodilatory effects of  $H_2S$ , as discussed above. Indeed, we were recently the first to report that UA  $H_2S$  production is significantly augmented with a ~nine-fold increase in EC/SM CBS protein, but not CSE and other enzymes (3MST and CAT), in pregnant, but not nonpregnant, ewes [373] in vivo and in women [37] ex vivo. We also reported that a slow-releasing  $H_2S$  donor GYY4237 dose-dependently stimulates relaxation of phenylephrine-preconstricted UA rings isolated from both pregnant and nonpregnant rats, but with significantly greater potency in the pregnant state (Figure 4). In addition, GYY4237 does not relax the mesentery artery in pregnant rats [37]. Thus, our findings show that  $H_2S$  stimulates pregnancy-dependent UA vasodilation, establishing  $H_2S$ 's function as a "new" UA vasodilator.



**Figure 4.** Hydrogen sulfide (H<sub>2</sub>S) functions as a "new" uterine artery dilator. Endothelium intact primary uterine (UA, n=12-18) and secondary mesenteric (MA, n=12) arteries isolated from pregnant (P) (gestation day 20) and nonpregnant (NP) Sprague–Dawley rats. Artery rings were preconstricted with  $10^{-6}$  M phenylephrine and exposed to a slow releasing H<sub>2</sub>S donor morpholin-4-ium-4-methoxyphenyl(morpholino) phosphinodithioate (GYY4137) ( $10^{-9}$ - $10^{-5}$  M). \* p < 0.05, \*\* p < 0.01, for differences within the same dose; # p < 0.05 vs. NP-UA, or vs. P-MA in the same dose. The potency of GYY4137 in dilating each artery is compared using EC<sub>80</sub>, which is calculated as the log (M) of the dose that induces 80% dilation. \*\* p < 0.01 vs. NP-UA. Adapted from Sheibani et al., Biol. Reprod. 2019; 96:664–672 (37).

Our recent work has shown that UAEC and UASMC H<sub>2</sub>S biosynthesis is stimulated by exogenous estrogens [372] and is also augmented during ovine [373] and human pregnancy [37], correlating with endogenous estrogens. Notably, exogenous and endogenous estrogens stimulate UA H<sub>2</sub>S biosynthesis via the selective upregulation of CBS but not CSE mRNA and protein expressions in EC and SMC ex vivo [37,372,373]. However, unlike systemic arteries in which CSE seems to be the enzyme for H<sub>2</sub>S production [329], our data consistently show that CBS is the major enzyme responsible for augmenting UA H<sub>2</sub>S biosynthesis because other H<sub>2</sub>S producing enzymes, i.e., CSE, 3MST, mCAT, and cCAT, are not altered in human UA in the menstrual cycle and during pregnancy [37].

We have further studied the mechanisms controlling UA  $H_2S$  biosynthesis upon estrogen stimulation. In a similar manner to in vivo conditions, treatment with  $E_2\beta$  increases CBS mRNA and protein in both ovine UAEC [142] and UASMC [70] models in a time- and concentration-dependent manner in vitro, suggesting that the UA CBS gene may be regulated by estrogens and by transcriptional mechanisms during pregnancy. The human CBS promoter contains multiple putative cis elements for binding various transcription factors, including ERE and binding sites for SP-1, AP-1, and AP-3 [374,375]; when transfected into both UAEC and UASMC, treatment with  $E_2\beta$  results in the transactivation of the human CBS promoter in both cell models [70,142]. Notably, treatment with PPT, DPN, or their combination, stimulates CBS mRNA and protein expressions to levels similar to that of  $E_2\beta$ -induced responses in both ovine UAEC and UASMC. On the other hand, co-treatment with MPP, PHTPP, or both, completely blocked  $E_2\beta$ -induced CBS expression. These findings show that the activation of either  $ER\alpha$  or  $ER\beta$  suffices to mediate CBS transcription in response to estrogens on the UA wall.

Treatment with  $E_2\beta$  also stimulates CSE mRNA and protein expression via ER $\alpha$  and/or ERβ-dependent transcription in ovine UAEC and UASMC in vitro [70,142]. These data demonstrate that CSE is also an estrogen-responsive gene in UAEC and UASMC in vitro. Although the CSE promoter also contains EREs [374,375], the estrogen stimulation of CSE expression in UAEC and UASMC in vitro is unexpected because it contradicts not only our ex vivo studies showing that exogenous or endogenous  $E_2\beta$  does not alter CSE mRNA and protein in UA endothelium in women [37] ex vivo and sheep [372,373] in vivo and ex vivo, but also other studies showing that  $E_2\beta$  does not stimulate CSE expression in mouse mesenteric SMC in vitro [376]. The discrepancy between the effect of estrogens on CSE expression in UA in vitro and ex vivo is currently unknown, but may, in part, result from the loss of cell-cell interactions and the microenvironment in which EC and SMC reside ex vivo. Nonetheless, these studies urge that caution should be exercised when interpreting in vitro findings as they pertain to ex vivo conditions, because they can sometimes produce different outcomes. We have developed novel human UAEC and UASMC models from pregnant and nonpregnant women for uterine hemodynamics research. In these cells, we found that pregnancy augments VEGF-stimulated H<sub>2</sub>S production by the selective upregulation of CBS expression, without altering CSE expression in vitro [250]. Primary human UAEC retains the pregnancy-dependent expression of ER $\alpha$  and ER $\beta$  in culture. Treatment with  $E_2\beta$  dose-dependently stimulates angiotensin A2 receptor (AT<sub>2</sub>R) expression in human UAEC prepared from pregnant (but not nonpregnant) women, which is mediated by ERB interactions with specific EREs in the human AT<sub>2</sub>R promoter [377]. These studies suggest species differences in UAEC and UASMC in response to estrogens in vitro.

More recently, it was shown that  $E_2\beta$  can rapidly stimulate  $H_2S$  release within minutes in hUAEC in vitro. This rapid  $H_2S$  release in response to estrogens is mediated by  $ER\alpha$  interaction with the  $G\alpha$  subunit  $G\alpha$ i-2/3 on the plasma membrane, resulting in the transactivation of *particulate guanylate cyclase-A* (pGC-A) for generating cGMP, thereby activating PKG-I; activated PKG-I then phosphorylates CSE to increase  $H_2S$  production. The silencing of either CSE or pGC-A in blunted estrogen-induced aorta vasodilation in mice suggests that this nongenomic pathway may plays a role in estrogen-induced vasodilation via endothelial CSE- $H_2S$  [165]. CBS can also be phosphorylated on serine<sup>227</sup> directly by PKG, resulting in the action of the enzyme and thereby increasing  $H_2S$  production [378]. However, whether GPER or  $ER\beta$  also play a role in the nongenomic activation of CSE and whether CBS has a

role in rapid H<sub>2</sub>S production in response to estrogens are unknown. It is also not known whether nongenomic pathways of estrogen signaling also regulate (in UA) H<sub>2</sub>S production.

Nonetheless, it is important to point out that research on  $H_2S$  in uterine hemodynamic regulation during pregnancy is still in its early stages in comparison to NO and CO. There is much to be learned before a definite physiological role of endogenous  $H_2S$  in estrogen-induced and pregnancy-associated uterine vasodilation in pregnancy can be established for exploring the therapeutic potential of  $H_2S$  in pregnancy complications.

#### 4.4. H<sub>2</sub>S Interactions with NO and CO in the Vasculature

NO, CO, and H<sub>2</sub>S are formed in the UA endothelium and/or SM in the vascular wall. With a half-life between seconds (NO) and minutes (CO and  $H_2S$ ), each can activate specific pathways to regulate vascular tone and homeostasis independently. An obviously question is, among the three, what is the relative significance in regulating vascular tone and homeostasis? The available evidence, however, cannot distinguish their relative significance from one another, but rather supports an idea that the three function coordinatively in the cardiovascular system: for example, as discussed above, H<sub>2</sub>S and NO stimulate distinct and common pathways to elicit their angiogenic and vasodilatory effects. However, H<sub>2</sub>S and NO stimulate angiogenesis in vivo in a mutually exclusive manner [379]. In addition, H<sub>2</sub>S-induced rat aortic artery vasorelaxation can be partially attenuated by either endothelium removal or the application of L-NAME to endothelium-intact rings [331], suggesting that the dilatory effects of H<sub>2</sub>S on the aortic artery are partially endothelium/NO-dependent. In this context, it is proposed that an intact endothelium might serve as a physical buffer system to retain H<sub>2</sub>S in the vessel wall so that its vasorelaxant effect can be potentiated and prolonged [331]. However, endogenous H<sub>2</sub>S or H<sub>2</sub>S donors stimulate eNOS phosphorylation and NO production in EC [356,367], suggesting that H<sub>2</sub>S functions upstream of the eNOS-NO pathway in the vasculature. Although most studies have shown that H<sub>2</sub>S positively cooperates with NO in the vascular system, the concentrations of H<sub>2</sub>S donors used are relatively high in these studies. In contrast, less than 100 μM NaHS is shown to be paradoxically vasoconstrictive by suppressing cAMP production in vascular SMC, and to reverse vasorelaxation induced by endothelium-derived vasodilators such as acetylcholine and histamine; this contractile activity of H<sub>2</sub>S is attributed to the direct inhibition of eNOS [380]. In addition, high concentrations of H<sub>2</sub>S, like NO and CO, are cytotoxic and induce cell death. Thus, the biological functions of all three depend on a U-shaped local concentration-dependent manner.

The interplay between H<sub>2</sub>S and NO might not exert enhancement or potentiation effects. Ali et al. showed that NaSH treatment can diminish the vasorelaxant effects induced by each NO donor [sodium nitroprusside (SNP), morpholinosidonimine (SIN-1) and S-nitroso-N-acetylpenicillamine (SNAP)] in rat aortas [381], suggesting that the interaction of H<sub>2</sub>S and NO may form a product that does not respond to vasorelaxant effects. The product of interaction has been characterized by the fact that SNP prevents the relaxation effects of H<sub>2</sub>S by the generation of nitroxyl (HNO) [382]. H<sub>2</sub>S conditionally reacts with S-nitrosothiols, resulting in the formation of thionitrous acid, the smallest S-nitrosothiol (HSNO), which serves as a NO, NO<sup>+</sup>, and HNO donor, depending on the reaction condition [383]. Cortese-Krott et al. first demonstrated that the short-lived HSNO has the potential to react with sulfide, forming multiple bioactive products, including the nitrosopersulfide SSNO<sup>-</sup>, which can sustainably generate NO and polysulfides on decomposition, accompanied by the nitrosothiol-induced stimulation of sGC signaling [384]. To display the sustainable SSNO<sup>-</sup> effects via NO/H<sub>2</sub>S interplay, Berenyiova et al. recently prepared the product "SSNO" mix" via the interaction between Na<sub>2</sub>S and the NO donor S-nitrosoglutathione (GSNO) based on Cortese-Krott's study [385]. In rat uteri, GSNO showed a weaker relaxation effect than sulfide on uterine contractility; the interaction of sulfide/GSNO could diminish the relaxation effects, even at a 1:10 ratio [385]. Meanwhile, GSNO relaxed the pre-restricted rat aortic rings with a stronger and faster effect than sulfide, but a weaker one than "SSNO" mix". This study on sulfide, GSNO and the reaction products of the sulfide/GSNO interaction has indicated that their effects on uterine and vascular SM are different, and the products of the sulfide/GSNO interaction can

account for the sGC activation [385]. However, the vasorelaxation effects of the products formed from sulfide/GSNO interaction are yet to be determined in the uterine vasculature.

CO and NO share many similar functions, as they activate common downstream signaling pathways. In addition, HO proteins share a high homology in the C-terminal amino acid sequence with NOS [386]. In response to low-concentration CO stimulation, vascular EC and blood platelets release NO and generate peroxynitrite [387]. In the aortic artery endothelium, HO-1 and HO-2 concomitantly express with eNOS, collaboratively contributing to vasodilation [388]. This suggests that the HO/CO and eNOS/NO systems also interact with each other in the vascular system. However, the functions of CO and NO can be different. For example, CO stimulates sGC activity with a low tissue NO level, whereas CO inhibits sGC activity with a high tissue NO level [389]. Thus, the potential interplays between CO and NO also occur in different manners, being synergistic or antagonistic, and dependent on local concentrations.

Most studies regarding interactions among gasotransmitters are in the context of NO and  $H_2S$  and NO and CO. However, the interaction between CO and  $H_2S$  is very understudied. Exogenous  $H_2S$  is able to increase HO-1 expression and CO production, thereby alleviating the elevation of pulmonary arterial pressure in a chronic hypoxic animal model [390], suggesting that  $H_2S$  and CO interact in pulmonary SMC to regulate blood pressure. However, in cultured aortic SMC, the blockage of endogenous CO by a HO-1 inhibitor zinc protoporphyrin (ZnPP) decreased CSE expression and  $H_2S$  production, while the inhibition of CSE by propargylglycine (PAG) increased HO-1 expression and CO production, but treatment with NaSH (100  $\mu$ M) decreased HO-1 expression [391]. These results suggest that endogenous  $H_2S/CSE$  and CO/HO systems seem to antagonize one another in aortic SMC in vitro.

The interactions among NO, CO, and H<sub>2</sub>S certainly provide another dimension to the complexity of gasotransmitter signaling and function in the vascular system. All three have been shown to play sometimes redundant or important roles in the uterine vasculature, but their interactions in regulating uterine hemodynamics are unknown. However, it is expected that their complimentary interactions are important since, when one system is dysfunctional, it may be compensated by the other(s) [392].

#### 5. Estrogens and Gasotransmitters in Preeclampsia

#### 5.1. Pathophysiological Evidence

Preeclampsia (PE) is a pregnancy disorder characterized by blood pressure greater than 140/90 mmHg and proteinuria that weighs more than 0.3 g per day after the 20th week of gestation in previously normotensive and nonproteinuric pregnant women [393,394]. It affects 2–8% of pregnant women in developed countries and 15–20% of all pregnancies in developing countries [395,396]. Preeclampsia is a major pregnancy complication that increases maternal and perinatal mortality and morbidity. The pathogenesis of PE is incompletely understood. Although there are many different phenotypes of PE, the common denominator is the placenta, as the clinical manifestations disappear within a few days after the delivery of the placenta [397]. It is generally believed that shallow trophoblast invasion and impaired uterine spiral artery remodeling during placentation results in decreased UtBF to the placenta; ischemia/hypoxia further stimulates placenta production of harmful factors such as inflammatory cytokines [i.e., tumor necrosis factor  $\alpha$  (TNF $\alpha$ ) and interleukin 6 (IL-6)] and antiangiogenic factors (i.e., soluble fms-like tyrosine kinase (sFlt-1), and soluble endoglin), which further cause systemic inflammation and endothelial dysfunction [398,399].

Circulating estrogen levels have, in general, been found to be decreased in preeclamptic women compared normotensive women during pregnancy [400]. Low estrogen levels during pregnancy are also associated with insufficient UtBF to the gravid uterus as well as pregnancy complications such as preterm delivery, intrauterine fetal growth restriction, and PE [401,402]. During pregnancy, estrogens are primarily produced by the placenta [15] and they promote angiogenesis and vasodilation [403]; ischemia/hypoxia-induced aromatase deficiency to the placenta can result in decreased estrogen production in PE [404]. With more reliable methods for accessing estrogens and

their metabolites, studies have further validated a close link between estrogen dysregulation and PE [402]. Mice deficient of catechol-O-methyltransferase, which converts 17 $\beta$ -triol to one of its major metabolites, 2-methoxyoestradiol, develop PE-like symptoms [405], further supporting the causal role of reduced estrogens in PE.

Although measurements of NO and its metabolites (nitrite and nitrate) in pregnancy have resulted in conflicting results [406–408], there is a consensus that NO bioavailability is significantly decreased because endothelial NO production is reduced, as dysfunctional EC is a hallmark of PE [254,409] or because eNOS is uncoupled to produce superoxide ( $O_2^-$ ) [410]. In preeclamptic women, decreased NO bioavailability and increased  $O_2^-$  result in the formation of ONOO $^-$ , which is a potent cytotoxic anion that interacts with tyrosine to decrease protein function via nitrosation [411], resulting in further placental damage, EC dysfunction, and inflammation in PE. In addition, reduced NO lowers UtBF, which results in the impairment of shear stress-mediated NO release and diminished UA remodeling [412]. This mechanism is supported by the NOS antagonist L-NAME-inhibited matrix metalloproteinase (MMP)/metallopeptidase inhibitor (TIMP) pathway in pregnant rats, with increased arterial wall collagen and elastin content and impaired expansive remodeling compared to normal pregnancy [277].

HO-2 expression on syncytiotrophoblast is highest in early human pregnancy and reduces toward term [413]. However, placental villous endothelial HO-2 expression is notably reduced in PE and IUGR pregnancies [414]. Indeed, the end tidal CO (ETCO) levels are significantly lower in PE than gestationally hypertensive and normal pregnant women [317]. Chronic exposure to CO at 250 ppm dilates UA and UtBF in mice [415]; this may explain the lower incidence of PE in pregnant women who smoke, since cigarette smoking releases increased CO levels in the maternal blood [415]. These observations suggest that the HO/CO system is important for uterine hemodynamics regulation during normal pregnancy and that its dysfunction is a causal factor for PE.

Genetic *CBS* deficiency results in homocysteinemia, causing endothelial dysfunction and hypertension in both animals and humans [416]. *CSE* knockout mice display reduced serum H<sub>2</sub>S levels, accompanied by hypertension and diminished vasodilation [351]. These observations have provided direct evidence of the role of endogenous H<sub>2</sub>S in the maintenance of vascular health. Human placental CSE and CBS expression and H<sub>2</sub>S production are reduced in PE [338,417]. The inhibition of placenta CSE/H<sub>2</sub>S production by PAG results in PE-like symptoms in mice due to impaired placental angiogenesis [338]; H<sub>2</sub>S supplementation using NaSH or GYY4237 reverses sFlt-1-induced hypertension and proteinuria in rats [338,418]. Moreover, spiral artery CSE downregulation mediated by miR21 upregulation is associated with abnormal UA remodeling and umbilical artery Doppler profiles in IUGR and PE pregnancies [419]. These studies have established the causal role of the CBS/CSE-H<sub>2</sub>S system in uterine and placental vascular development and function in pregnancy and have also provided a premise that H<sub>2</sub>S is a potential therapeutic target for PE and IUGR.

#### 5.2. Therapeutic Considerations

The clinical manifestations (i.e., new onset hypertension and proteinuria) of PE are diagnosed after the 20th week of gestation. Current treatments for PE are aimed at normalizing the blood pressure rather than targeting the placenta pathology itself, but none of these are satisfactory; hypertension is reduced transiently, allowing Caesarean delivery to be set up before term. Once clinical manifestations of PE have developed, theoretically, it should be too late to correct placenta defects as a target for the therapeutic development for PE, since the formation of a fully functional placenta has been completed before the 20th week of gestation. Improving UtBF provides an attractive alternative for managing clinical PE (i.e., hypertension) to extend gestation safely so that premature delivery can be avoided.

Short-term  $E_2\beta$  treatment in PE women reduces clinical symptoms in association with decreased oxidative stress by reducing the production of oxidants, i.e.,  $O^-$ ,  $H_2O_2$ ,  $NO_2^-$ , and  $ONOO^-$  [420,421]. However, too many off-target effects prevent estrogens being used as a therapeutic target for PE. Animals treated with L-NAME to inhibit endogenous NO production develop PE-like symptoms [422].

Likewise, the NO pathway is perhaps the most studied as a potential therapy target for PE, including endogenous *S*-nitrosothiol GSNO, the NO precursor L-arginine, the PDE5 inhibitor sildenafil, etc. [423]. GSNO improves endothelial function, reduces platelet aggregation, and promotes UtBF [423–425]. In a randomized controlled trial, it was shown that pregnant women at high risk of PE benefit from dietary supplementation with a combination of L-arginine and antioxidants, but not L-arginine or antioxidants alone [426]. Subsequently, the beneficial effect of L-arginine has been confirmed in seven controlled randomized trials showing that L-arginine supplementation is manifested with a significant reduction in the risk to pregnant women with established or suspected PE [427]. Bolstering endogenous NO signing using sildenafil and its derivatives has been investigated extensively for treating PE. Despite its promising results in many preclinical animal studies, human studies have shown a 4-day extension in gestation in severe PE patients [428]. However, a very recent clinical trial showed the beneficial effects of sildenafil in treating pregnant women with a high risk of IUGR; however, unfortunately, the trial was halted because infants born to women receiving the drug died from pulmonary hypertension [429].

Statins are medicines that were originally developed for hypercholesterolemia [430], with a known protective effect on vascular EC [431,432] and a stimulatory effect on CO-synthesizing enzyme HO expression [433]. Mice treated with statins have shown to possess elevated levels of CO production and increased levels of plasma antioxidants, which are abrogated by HO inhibitors, indicating that the HO/CO pathway may mediate the vasodilatory actions of statins [434]. Statins do not seem to be teratogenic; however, the available evidence only shows limited, yet promising, efficacy in treating and preventing PE [435].

Wang and colleagues have provided preclinical evidence for targeting the placental CSE/H<sub>2</sub>S pathway as a promising approach for treating PE [338]. They found that the inhibition of the CSE/H<sub>2</sub>S pathway by PAG induces hypertension and liver damage, promotes abnormal labyrinth vascularization in the placenta, and decreases fetal growth in mice; GYY4137 supplementation inhibits circulating soluble Flt-1 levels and restores fetal growth in PAG-treated dams [338]. Another study provides further preclinical evidence of the therapeutic potential of H<sub>2</sub>S in treating PE, because 8 days of treatment with NaHS (50 μmol/kg) decreased hypertension, proteinuria, and endotheliosis in sFlt-1-induced PE rats, in association with increased kidney VEGF production [418]. However, to date, no clinical trials have been reported on targeting H<sub>2</sub>S for PE. Notably, the consumption of natural products such as garlic is associated with a lower incidence of hypertension due to its antioxidant properties and inhibition of platelet aggregation [436]. Garlic-rich diets contain high organic polysulfides that exert H<sub>2</sub>S effects, which have been proposed to prevent and ameliorate cardiovascular disease [437]. Currently, clinical trials are being undertaken to test the beneficial effects of these kinds of "medical foods" or nutraceuticals, such as the slow-releasing  $H_2S$  donor diallyl trisulfide (DATS, [366]) and sulfur-releasing sodium polysulthionate (SG-1002, [332]) in cardiovascular diseases. It would be interesting to test whether these natural "H<sub>2</sub>S" donors have beneficial effects on PE.

#### 6. Conclusions

Estrogens are pluripotent steroid hormones that regulate numerous physiological processes in the human body. Estrogen signaling in the uterine vasculature remains a fascinating yet understudied research area. The biological effects of estrogen are mediated by multiple ERs that activate multiple signaling pathways under the influence of physiological (e.g., pregnancy) and pathophysiological (e.g., preeclampsia) conditions, adding more complexity to the understanding of estrogen-induced uterine vasodilation. Estrogens and their metabolites are potent uterine vasodilators in the nonpregnant state, and these effects are further augmented during pregnancy. The vasodilatory effects of estrogens in the uterine and selected systemic arteries are well established as being largely mediated by ER-mediated genomic and nongenomic pathways, they involve the enhanced production of NO by the EC and CO and H<sub>2</sub>S by both EC and SMC locally, in specific vascular beds. However, the mechanisms of how each of the NO, CO, and H<sub>2</sub>S systems is regulated and how they interact to participate in estrogen-induced uterine vasodilation in pregnancy are yet to be discovered. Nonetheless, enhanced local UA production

of gasotransmitters provides the promise that targeting these signals can be used to develop therapeutics for preeclampsia and IUGR. However, to make this promise into a reality, more research in this area is needed, because targeting these pathways has hitherto failed or only achieved minimal success in treating or preventing PE and IUGR. Nonetheless, the  $H_2S$  pathway in pregnancy is the least studied among the three. The emerging role of  $H_2S$  in estrogen-induced uterine vasodilation in pregnancy should be studied further so that the physiological role of enhanced endogenous  $H_2S$  and the pathophysiological role of dysregulated  $H_2S$  in pregnancy complications such as PE and IUGR can be established. Furthermore, the interactions among NO, CO, and  $H_2S$  should be taken into special consideration in future studies aiming to develop therapies for pregnancy complications.

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#### Abbreviations

3-Mercaptopyrivate sulfurtransferase (3-MST); acetylcholine (ACH); protein kinase B (Akt); activator protein 1 (AP-1); angiotensin A2 receptor (AT<sub>2</sub>R); large conductance  $Ca^{2+}$ -activated potassium channel (BK<sub>Ca</sub>); bovine serum albumin (BSA); cyclic adenosine 3'5'-monophosphate (cAMP); cystathionine  $\beta$ -synthase (CBS); CBS cytosolic cysteine aminotransferase (CBS); cyclic guanosine monophosphate (cGMP); carbon monoxide (CO); carboxyhemoglobin (COHb); cystathionine-γ-lyase (CSE); cAMP response element-binding protein (CREB); diallyl trisulfide (DATS); DNA binding domain (DBD); diarylpropionitrile (DPN); estradiol- $17\beta$  (E<sub>2</sub> $\beta$ ); estetrol (E<sub>4</sub>); endothelial cell (EC); endothelium-derived hyperpolarizing factor (EDHR); endothelium-derived relaxing factor (EDRF); epidermal growth factor (EGF); epidermal growth factor receptor (EGFR); ethylene glycol-bis( $\beta$ -aminoethyl ether)-N,N,N',N'-tetraacetic acid (EGTA); extracellular signal-regulated kinases  $\frac{1}{2}$  (ERK $\frac{1}{2}$ ); endothelial nitric oxide synthase (eNOS); estrogen receptor (ER); estrogen-responsive element (ERE); estrogen replacement therapy (ERT); end tidal carbon monoxide (ETCO); fetal bovine serum (FBS); fibroblast growth factor (FGF); G protein-coupled estrogen receptor (GPER); S-nitrosoglutathione (GSNO); morpholin-4-ium-4-methoxyphenyl(morpholino) phosphinodithioate (GYY4137); heme oxygenase (HO); hydrogen sulfide (H<sub>2</sub>S); nitroxyl (HNO); human umbilical cord vein endothelial cell (HUVEC); iberiotoxin (iBTX); insulin-like growth factor 1 (IGF1); interleukin 6 (IL-6); intermediate conductance potassium channel (IK<sub>Ca</sub>); inducible nitric oxide synthase (iNOS); insulin receptor substrate 1 (IRS-1); intrauterine growth restriction (IUGR); adenosine triphosphate-sensitive potassium channel  $(K_{ATP})$ ; voltage-gated potassium channel  $(K_v)$ ; ligand binding domain (LBD);  $N(\omega)$ -nitro-L-arginine methyl ester (L-NAME); cCAT mitochondrial cysteine aminotransferase (mCAT); mitogen-activated protein kinase (MAPK); mitogen-activated protein kinase 1 (MEK1); multiple expectation maximization for motif elicitation (MEME); matrix metalloproteinase (MMP); 1,3-bis(4-hydroxyphenyl)-4-methyl-5-[4-(2-piperidinylethoxy)phenol]-1H-pyrazole dihydrochloride (MPP); nicotinamide adenine dinucleotide phosphate (NADPH); N-terminal transactivation domain (NBD); N-methyl-p-aspartate (NMDA); neuronal nitric oxide synthase (nNOS); nitric oxide (NO); nitrate (NO<sup>-</sup>); nitrite (NO<sub>3</sub><sup>-</sup>); nitric oxide synthase (NOS); nuclear respiratory factor (Nrf); superoxide (O<sub>2</sub><sup>-</sup>); 1-H-[1,2,4]oxadiazolo[4,3-a]quinoxalin-l-one (ODQ); oxyhemoglobin (OHb); peroxynitrite (ÔNOO<sup>-</sup>); ovariectomized (OVX); propargylglycine (PAG); phosphodiesterase (PDE); preeclampsia (PE); putative estrogen receptor (pER); particulate guanylate cyclase-A (pGC-A); 4-[2-phenyl-5,7-bis (trifluoromethyl)pyrazolo [1,5-a]pyrimidin-3yl]phenol (PHTPP); phosphoinositide 3-kinases (PI3K); protein kinase B (PKB/AKT); protein kinase G (PKG); propylpyrazoletriol (PPT); receptor tyrosine kinase (RTK); soluble fms-like tyrosine kinase (sFLT-1); sodium polysulthionate (SG-1002); soluble guanylyl cyclase (sGC); thiols (-SH); morpholinosidonimine (SIN-1); small conductance K<sup>+</sup> channel (SK<sub>Ca</sub>); smooth muscle cell (SMC); S-nitroso-N-acetylpenicillamine (SNAP); S-nitrosylation (SNO); sodium nitroprusside (SNP); sulfate ( $SO_4^{2-}$ ); specificity protein 1 (SP-1); sulfide: quinone oxidoreductase (SQR); steroid receptor fact action complex (SRFC); persulfide (-SSH); thiosulfate ( $SSO_3^{2-}$ ); tetraethylammonium chloride (TEA); ten-eleven translocation (TET); metallopeptidase inhibitor (TIMP); tumor necrosis factor  $\alpha$  (TNF $\alpha$ ); transient receptor potential (TRP); uterine artery ( $(\tilde{U}A)$ ); uterine artery endothelial cell (UAEC); uterine artery smooth muscle cell (UASMC); uterine natural killer (uNK); uterine blood flow (UtBF); ultraviolet (UV); vascular endothelial growth factor (VEGF); zinc protoporphyrin (ZnPP).

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