

Onset of deglacial warming in West Antarctica driven by local orbital forcing

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The cause of warming in the Southern Hemisphere during the most recent deglaciation remains a matter of debate^{1,2}. Hypotheses for a Northern Hemisphere trigger, through oceanic redistributions of heat, are based in part on the abrupt onset of warming seen in East Antarctic ice cores and dated to 18,000 years ago, which is several thousand years after high-latitude Northern Hemisphere summer insolation intensity began increasing from its minimum, approximately 24,000 years ago^{3,4}. An alternative explanation is that local solar insolation changes cause the Southern Hemisphere to warm independently^{2,5}. Here we present results from a new, annually resolved ice-core record from West Antarctica that reconciles these two views. The records show that 18,000 years ago snow accumulation in West Antarctica began increasing, coincident with increasing carbon dioxide concentrations, warming in East Antarctica and cooling in the Northern Hemisphere⁶ associated with an abrupt decrease in Atlantic meridional overturning circulation⁷. However, significant warming in West Antarctica began at least 2,000 years earlier. Circum-Antarctic sea-ice decline, driven by increasing local insolation, is the likely cause of this warming. The marine-influenced West Antarctic records suggest a more active role for the Southern Ocean in the onset of deglaciation than is inferred from ice cores in the East Antarctic interior, which are largely isolated from sea-ice changes.

Exceptional records of Southern Hemisphere climate change come from Antarctic ice cores^{2,6,7}. Most of these records are from high-altitude sites on the East Antarctic plateau. Questions about the reliability of the two previous deep West Antarctic ice-core records result in those records often being excluded from reconstructions of Antarctic climate^{4,8}. Because the climate of West Antarctica is distinct from that of interior East Antarctica, the exclusion of West Antarctic records may result in an incomplete picture of past Antarctic and Southern Ocean climate change. Interior West Antarctica is lower in elevation and more subject to the influence of marine air masses than interior East Antarctica, which is surrounded by a steep topographic slope^{9,10}. Marine-influenced locations are important because they more directly reflect atmospheric conditions resulting from changes in ocean circulation and sea ice. However, ice-core records from coastal sites are often difficult to interpret because of complicated ice-flow and elevation histories. The West Antarctic Ice Sheet (WAIS) Divide ice core (WDC), in central West Antarctica, is unique in coming from a location that has experienced minimal elevation change¹¹, is strongly influenced by marine conditions⁹ and has a relatively high snow-accumulation rate, making it possible to obtain an accurately dated record with high temporal resolution.

Drilling of WDC was completed in December 2011 to a depth of 3,405 m. Drilling was halted ~50 m above the bedrock to avoid contaminating the basal water system. WDC is situated 24 km west of the Ross-Amundsen ice-flow divide and 160 km east of the Byrd ice-core site (Supplementary Fig. 1). The elevation is 1,766 m; the present-day snow accumulation rate is 22 cm yr⁻¹ (ice equivalent) and the average temperature is approximately -30 °C. The age of the oldest recovered ice is ~68 kyr. The WDC06A-7 timescale is based on the identification of annual layers to 29.6 kyr ago using primarily electrical measurements

(Methods). To validate WDC06A-7, we compare times of abrupt changes in atmospheric methane concentration (Supplementary Information) with the Greenland Ice Core Chronology 2005¹² (GICC05). We also compare the methane variations in WDC with abrupt changes in a speleothem $\delta^{18}\text{O}$ record from Hulu Cave, China. The difference in age between the ice and gas at a given depth is calculated using a steady-state firn-densification model and is always less than 500 yr. The age differences between WDC06A-7 and GICC05 and between WDC06A-7 and the Hulu Cave timescale are much less than the independent timescale uncertainties (Supplementary Fig. 6).

We interpret $\delta^{18}\text{O}$ of ice (Methods) as annual-mean surface air temperature, as supported by independent estimates of temperature from borehole thermometry¹³. WDC has many similarities with other records (Fig. 1) and resolves Antarctic Isotope Maximum (AIM) events clearly. The late Holocene WDC record shows cooling, suggesting that the increase in $\delta^{18}\text{O}$ at Byrd over the past few thousand years resulted from ice advection and thinning¹¹. The abrupt increase in $\delta^{18}\text{O}$ ~22 kyr ago at Siple Dome is not observed at WDC. The AIM1 peak and the subsequent Antarctic Cold Reversal (ACR; 14.5–12.9 kyr ago) are more pronounced in WDC than at Byrd and Siple Dome, possibly owing to discontinuous sampling of the Byrd core and thinning of Siple Dome.

The most rapid warming at WDC occurred after the ACR and culminated at AIM0. The timing of AIM0 is difficult to define because it is composed of two peaks, one 11.95 kyr ago and the other 11.6 kyr ago. The ice accumulation rate at WDC increased abruptly by 37% in the 400 yr between 12.0 and 11.6 kyr ago (Supplementary Fig. 2). The increase in ice accumulation with little change in $\delta^{18}\text{O}$ shows that the accumulation rate is not controlled strictly by temperature. Abrupt changes in accumulation cannot be recognized in most other Antarctic ice cores because their timescales lack sufficient resolution; it is thus unknown whether this event is specific to WDC or whether accumulation increased abruptly over a larger portion of Antarctica.

The coldest period at WDC was between 28 and 22 kyr ago and was interrupted by AIM2, a 1,000-yr warm period between 24 and 23 kyr ago. AIM2 is also prominent in the EPICA Dronning Maud Land (EDML) ice core⁷ but is muted or nearly absent in other East Antarctic records¹⁴ (Fig. 1). Other West Antarctic cores also record AIM2, although the low resolution of the Byrd core and the abrupt $\delta^{18}\text{O}$ increase 22 kyr ago in the Siple Dome core have made this feature difficult to discern. AIM2 illustrates the spatial heterogeneity of Antarctic climate variability during the coldest part of the glacial period.

To investigate deglacial warming across the Antarctic continent, we use a sliding Wilcoxon rank-sum test (Fig. 2) to identify times of significant change in the $\delta^{18}\text{O}$ records of WDC, EDML and the EPICA Dome C ice core⁶ (EDC); we convert the EDC δD record to $\delta^{18}\text{O}$ using $\delta^{18}\text{O} = (\delta\text{D} - 10)/8$. The WDC and EDC timescales can be aligned at a ~150-yr-long acid deposition event^{15,16}, which eliminates the relative age uncertainty at 18 kyr ago. The rank sum test reveals three important features: gradual deglacial warming at WDC was punctuated by periods of more rapid change; the most abrupt warming

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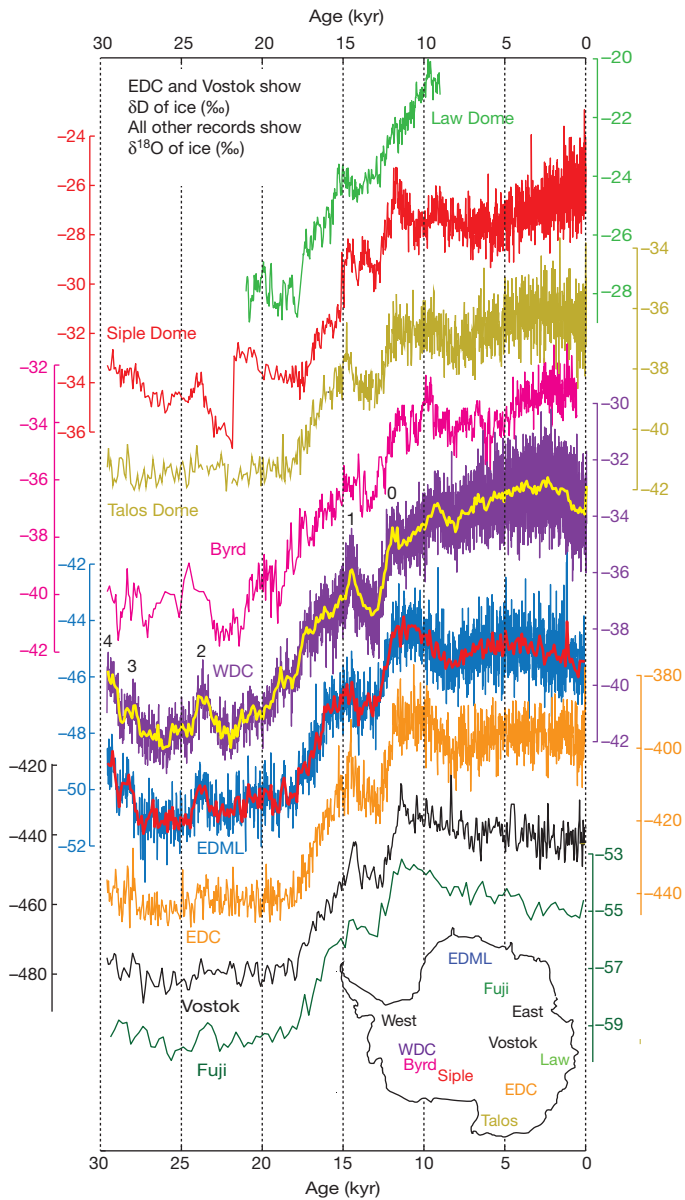


Figure 1 | Antarctic Isotope Records. Water isotope ratios from nine Antarctic ice cores. Inset, outline of Antarctica with the ice-core locations: Law Dome²⁷ (light green), Siple Dome²⁸ (red), Byrd²⁹ (pink), Talos Dome¹⁴ (khaki), WDC (purple, WDC06A-7 timescale), EDML⁷ (blue), EDC⁶ (orange), Dome Fuji² (dark green), Vostok³⁰ (black). Taylor Dome is not plotted because of timescale uncertainties. All records are at original resolution. Thick lines for WDC and EDML are 50-yr averages. EDML, EDC and Vostok use the Lemieux-Dudon³¹ timescale. Numbers above the WDC curve indicate AIM events. ($\delta^{18}\text{O} = (^{18}\text{O}/^{16}\text{O})_{\text{sample}} / (^{18}\text{O}/^{16}\text{O})_{\text{VSMOW}} - 1$ and $\delta\text{D} = ({}^2\text{H}/{}^1\text{H})_{\text{sample}} / ({}^2\text{H}/{}^1\text{H})_{\text{VSMOW}} - 1$).

began at the 18-kyr-ago acid deposition event; and significant warming at WDC began by 20 kyr ago, at least 2,000 yr before significant warming at EDML and EDC.

Further insight into deglacial warming at WDC is gained by investigating the sea-salt sodium (ssNa) record (Methods). Debate remains about whether ssNa on millennial timescales reflects primarily sea-ice production or the strength of atmospheric circulation¹⁷. In the Amundsen and Ross seas, changes in sea ice and atmospheric circulation are coupled because atmospheric forcing is the dominant control on sea-ice concentration¹⁸. We interpret ssNa as a proxy for sea-ice extent and a marker of marine changes (Supplementary Information). The rank-sum test reveals that each rapid increase in $\delta^{18}\text{O}$, indicating warming, was accompanied by a decrease in ssNa, suggesting less sea ice (Fig. 2).

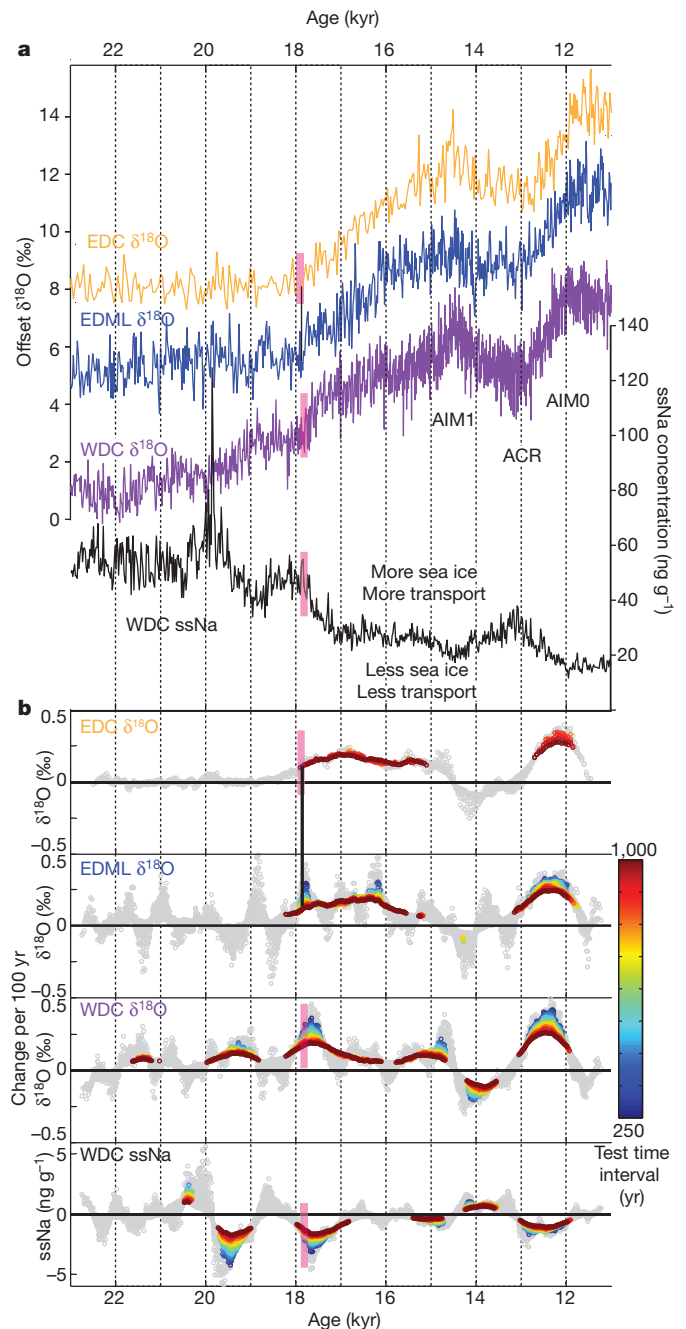


Figure 2 | Timing of rapid change in Antarctica. **a**, Water isotope ratios ($\delta^{18}\text{O}$, purple) and ssNa concentrations (black) from WDC on WDC06A-7. EDML⁷ (blue) and EDC⁶ (orange) $\delta^{18}\text{O}$ use the Lemieux-Dudon³¹ timescale. Constants have been subtracted from $\delta^{18}\text{O}$ records for plotting. Magenta boxes indicate a 150-yr acid deposition event; the black line between EDC and EDML is a volcanic tie point (Methods). ssNa is plotted as 25-yr median values. **b**, Rate of change for $\delta^{18}\text{O}$ at WDC, EDML, and EDC and ssNa at WDC. A Wilcoxon rank-sum test (Methods) is used to determine significance. Significant rates of change are coloured by test time interval; rates of change that are not significant are coloured grey.

Consistent with this, the decrease in $\delta^{18}\text{O}$ during the ACR was accompanied by an increase in ssNa.

The accumulation rate at WDC was inferred without assuming a relationship with $\delta^{18}\text{O}$ or temperature (Methods). Although uncertainty in the annual-layer interpretation and ice-flow history used to determine the accumulation rate precludes a statistical assessment comparable to that used for the $\delta^{18}\text{O}$ and ssNa records, results suggest that an initial increase in accumulation occurred between 18.5 and

17 kyr ago (Fig. 3), consistent with the rapid warming 18 kyr ago. This also coincides with evidence for changes in Southern Ocean upwelling¹⁹, atmospheric carbon dioxide concentration^{8,20} and Atlantic meridional overturning circulation⁵ (AMOC). The accumulation increase probably results from more frequent or stronger moisture-bearing storms penetrating into West Antarctica. This supports a southward shift²¹ or intensification²² of the mid-latitude westerly storm track, and is consistent with the hypothesis of a decrease in AMOC leading to Southern Hemisphere warming and Northern Hemisphere cooling³—the ‘bipolar seesaw’.

Both the WDC and the lower-resolution Byrd ice-core records show that warming in West Antarctica began before the decrease in AMOC that has been invoked to explain Southern Hemisphere warming^{4,19}. The most significant early warming at WDC occurred between 20 and 18.8 kyr ago, although a period of significant warming also occurred between 22 and 21.5 kyr ago. The magnitude of the warming at WDC before 18 kyr ago is much greater than at EDML or EDC; linear regression of $\delta^{18}\text{O}$ between 22 and 18 kyr ago shows that it increased by

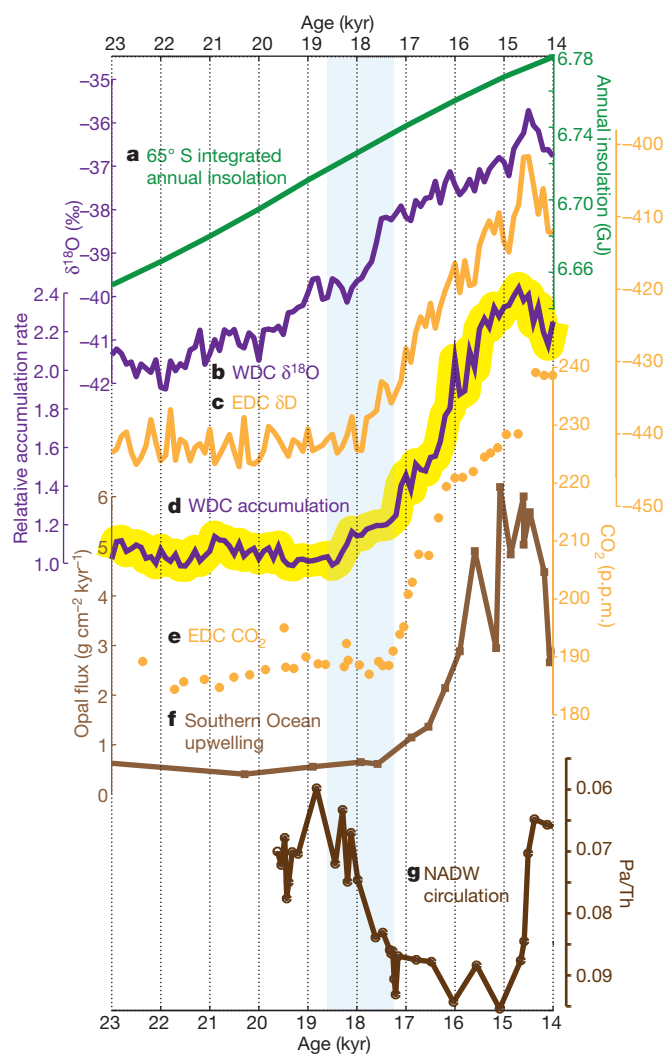


Figure 3 | Global records of deglaciation. **a**, Integrated annual insolation at latitude 65° S. **b**, 100-yr averages of $\delta^{18}\text{O}$ at WDC on WDC06A-7. **c**, 100-yr averages of δD at EDC on the Lemieux-Dudon³¹ timescale. **d**, Relative accumulation rate (normalized to the mean value between 19.5 and 18.5 kyr ago) at WDC. Yellow shading is the uncertainty in identifying annual layers (Methods). **e**, Atmospheric CO_2 concentration²⁰ from EDC on the Lemieux-Dudon³¹ timescale. **f**, Opal flux¹⁹, a proxy for upwelling, from ocean sediment core TNO57-13-4PC in the South Atlantic. **g**, Pa/Th, a proxy for North Atlantic Deep Water (NADW) circulation⁵, from sediment core GCC5. Blue shading indicates a period with relatively abrupt changes in all palaeoclimate records (b–g).

2.2‰ at WDC, by 0.4‰ at EDML and by 0.1‰ at EDC (Fig. 2). It is very unlikely that the 2.2‰ increase at WDC can be attributed to elevation change; this magnitude of isotope change would require more than 200 m of ice-sheet thinning, twice the amount of thinning that occurred during the Holocene epoch when the grounding line retreated hundreds of kilometres (Supplementary Information). The subdued warming at EDML and the lack of warming at EDC are consistent with the lack of clear AIM2 signals in some East Antarctic cores, and suggest that cores from the East Antarctic plateau do not capture the full magnitude of Southern Hemisphere climate variability.

There is evidence that warming at WDC before 18 kyr ago is due to decreasing sea ice. The ssNa at WDC began to decrease 20 kyr ago, probably as a result of both decreasing sea-ice extent and decreasing strength of transport from changes in atmospheric circulation. A marine record from the southwest Atlantic Ocean indicates that significant summer and winter sea-ice retreat began before 22 kyr ago²³. Furthermore, a reduction in sea-ice extent can explain the different magnitude of warming among ice-core sites before 18 kyr ago. The high East Antarctic plateau is largely isolated from coastal changes because the local marine air masses do not have the energy to rise above the steep coastal escarpment¹⁰.

To illustrate the variable sensitivity of different areas in Antarctica to changes in sea-ice extent, we used an atmospheric general circulation model²⁴. Using Last Glacial Maximum (LGM) sea surface temperature and sea-ice boundary conditions from a fully coupled model run²⁵, we performed a control run of the ECHAM4.6 atmospheric model with the LGM sea-ice extent and a comparison run with reduced sea-ice extent (Supplementary Information). Sea surface temperatures are prescribed; the atmospheric circulation therefore responds to the change in sea-ice extent but the sea-ice extent is not further affected by the changes in atmospheric circulation. The magnitude of sea-ice retreat is consistent with evidence for reduced sea ice in the southwest Atlantic between 22 and 18 kyr ago²³. In response to the sea-ice retreat, all of West Antarctica and coastal East Antarctica is enriched in precipitation-weighted $\delta^{18}\text{O}$, whereas interior East Antarctica is little changed or is depleted (Fig. 4). The positive $\delta^{18}\text{O}$ anomalies probably extend unrealistically far into the East Antarctic interior because of the low-resolution topography in the climate model. Although the details of the spatial pattern of $\delta^{18}\text{O}$ anomalies are dependent on model resolution and on the specified boundary conditions, the greater

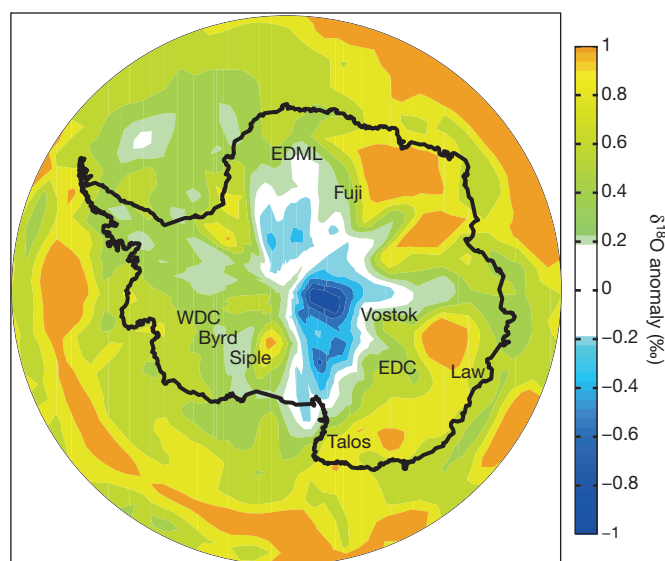


Figure 4 | Antarctic $\delta^{18}\text{O}$ response to sea-ice decrease. Response of precipitation-weighted $\delta^{18}\text{O}$ to an approximately zonally symmetric southward displacement of the sea-ice edge (Supplementary Fig. 9) in the ECHAM4.6 climate model run with LGM boundary conditions.

sensitivity of the WAIS Divide region to sea-ice decline compared with locations in interior East Antarctica is clear.

Local orbital forcing is a likely cause of the inferred sea-ice change. Integrated annual insolation at latitude 65° S increased by 1% between 22 and 18 kyr ago. The additional annual insolation is 60 MJ m⁻², which is enough to melt 5 cm m⁻² of sea ice assuming an albedo of 0.75. The increase in integrated summer insolation, where summer is defined as days with insolation above a threshold²⁶ of 275 W m⁻², is greater than the total annual increase (Supplementary Fig. 10). Thus, the increase comes in summer, when it is most likely to be absorbed by low-albedo open water. The summer duration also begins increasing at 23 kyr ago; longer summers and shorter winters may also contribute to the decrease in sea-ice extent¹. The effect of an increase in insolation would be amplified by the sea-ice/albedo feedback.

The abrupt onset of East Antarctic warming^{4,8}, increasing CO₂ (ref. 20) and decreasing AMOC⁵ 18 kyr ago has supported the view that deglaciation in the Southern Hemisphere is primarily a response to changes in the Northern Hemisphere³. Yet the evidence of warming in West Antarctica and corresponding evidence for sea-ice decline in the southeast Atlantic²³ show that climate changes were ongoing in the Southern Ocean before 18 kyr ago, supporting an important role for local orbital forcing¹. Warming in the high latitudes of both hemispheres before 18 kyr ago implies little change in the interhemispheric temperature gradient that largely determines the position of the intertropical convergence zone and the position and intensity of the mid-latitude westerlies^{21,22}. We propose that when Northern Hemisphere cooling occurred ~18 kyr ago, coupled with an already-warming Southern Hemisphere, the intertropical convergence zone and mid-latitude westerlies shifted southwards in response. The increased wind stress in the Southern Ocean drove upwelling, venting of CO₂ from the deep ocean¹⁹ and warming in both West Antarctica and East Antarctica. The new WDC record thus reveals an active role for the Southern Hemisphere in initiating global deglaciation.

METHODS SUMMARY

The WDC06A-7 timescale is based on measurements of sulphur, sodium, black carbon and electrical conductivity above 577 m (to 2,358 yr before AD 1950), and primarily on electrical measurements below 577 m. Using atmospheric methane as a stratigraphic marker, WDC06A-7 and GICC05 agree to within 100 ± 200 yr at the three abrupt changes between 14.7 and 11.7 kyr ago; WDC06A-7 is older by 500 ± 600 yr at 24 kyr ago, by 250 ± 300 yr at 28 kyr ago and by 350 ± 250 yr at 29 kyr ago (Supplementary Fig. 6). WDC06A-7 agrees within the uncertainties with the Hulu Cave timescale and is older by 50 ± 300 yr at 28 kyr ago and by 100 ± 300 yr at 29 kyr ago.

We measured δ¹⁸O at a resolution of 0.5 m using laser spectroscopy with calibration to Vienna Standard Mean Ocean Water (VSMOW). We report ssNa concentration rather than flux because wet deposition dominates at higher accumulation rates. The accumulation-rate record was derived independently from the stable-isotope record using a one-dimensional ice-flow model to calculate the thinning function.

Periods of significant change in δ¹⁸O and ssNa are identified with a sliding, non-parametric Wilcoxon rank-sum test. The data were averaged to 25-yr resolution for WDC and EDML, and to 50-yr resolution for EDC. We tested pairs of adjacent blocks of data against the null hypothesis of equal medians, performing the test at all points along the record. We assessed change on multiple timescales using a range of block sizes corresponding to time intervals of 250–1,000 yr for WDC and EDML and 500–1,000 yr for EDC. We used an effective 95% a-posteriori confidence requirement; the critical significance level (*p*) was determined as 1 – 0.95^{1/N} where *N* is the number of test realizations.

We used the ECHAM4.6 atmospheric general circulation model at T42 resolution (2.8° by 2.8°) with 19 vertical levels and glacial sea surface temperature boundary conditions.

Full Methods and any associated references are available in the online version of the paper.

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Supplementary Information is available in the online version of the paper.

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METHODS

Stable-isotope measurements of ice. Water isotope analyses were by laser spectroscopy³² at the University of Washington. Values of $\delta^{18}\text{O}$ represent the deviation from Vienna Standard Mean Ocean Water (VSMOW) normalized¹¹ to the VSMOW-SLAP standards and reported in per mil (‰). The precision of the measurements is better than 0.1‰. The data have not been corrected for advection, elevation, or mean seawater $\delta^{18}\text{O}$.

Accumulation rates. The accumulation-rate record was derived independently from the stable-isotope record using an ice-flow model to calculate the thinning function. We use a transient one-dimensional ice-flow model to compute the vertical-velocity profile:

$$w(z) = -\left(\dot{b} - \dot{m} - \dot{H}\right)\psi(z) - \dot{m} - \left(\frac{\rho_i}{\rho(z)} - 1\right)\dot{b} \quad (1)$$

Here z is the height above the bed, \dot{b} is the accumulation rate, \dot{m} is the melt rate, \dot{H} is the rate of ice-thickness change, ρ_i is the density of ice, $\rho(z)$ is the density profile and $\psi(z)$ is the vertical velocity shape function computed as

$$\psi(z) = \frac{f_B z + (1/2)(1-f_B)(z^2/h)}{(H-(h/2)(1-f_B))} \quad \text{for } h \geq z > 0$$

$$\psi(z) = \frac{(z-(h/2)(1-f_B))}{(H-(h/2)(1-f_B))} \quad \text{for } H \geq z > h$$

following ref. 33. Here h is the distance above bedrock of the Dansgaard–Johnsen³⁴ kink height, f_B is the fraction of the horizontal surface velocity due to sliding over the bed and H is the ice thickness. Firn compaction is incorporated through the rightmost term in equation (1) and assumes a density profile that does not vary with time.

A constant ice thickness was specified because the thickness change near the divide was probably small (~ 100 m) and the timing of thickening and thinning is not well constrained; a 100-m thickness change would alter the inferred accumulation rate by $\sim 3\%$. A constant basal melt rate of 1 cm yr^{-1} and non-divide flow conditions, represented by a Dansgaard–Johnsen kink height of $0.2H$, were assumed. We also prescribed a sliding fraction of 0.5 of the surface velocity, which approximates effects of both basal sliding and enhanced shear near the bed, neither of which is well constrained. To assess the possible range of inferred accumulation rates, we also used sliding fractions of 0.15 and 0.9 (Supplementary Fig. 2). The inferred accumulation rate was only slightly affected for the Holocene part of the record but differed by up to 16% for the oldest part of the record (29.6 kyr ago). Because the thinning function varies smoothly, the uncertainty in the timing of the changes in accumulation rate is only weakly affected by the uncertainty in the magnitude of the accumulation rate. The main uncertainty in identifying the timing of accumulation rate changes is the uncertainty in the timescale itself. During the deglacial transition, the uncertainty in the interpretation is estimated at 8%. The yellow shading in Fig. 3 shows this uncertainty.

WDC06A-7 timescale. The WDC06A-7 timescale is based on high-resolution (<1 cm) measurements of sulphur, sodium, black carbon and electrical conductivity (ECM) above 577 m (2,358 yr before present (BP); AD 1950; ref. 35). Below 577 m, WDC06A-7 is based primarily on electrical measurements: di-electrical profiling was used for the brittle ice from 577 to 1,300 m (to 6,063 yr BP). Alternating-current ECM measurements were used from 1,300 to 1,955 m (to 11,589 yr BP) and both alternating-current and direct-current ECM measurements were used below 1,955 m. The interpretation was stopped at 2,800 m because the expression of annual layers becomes less consistent, suggesting that all years may not be easily recognized.

The upper 577 m of the timescale has been compared with volcanic horizons dated on multiple other timescales³⁵; the uncertainty at 2,358 yr BP is ± 19 yr. For the remainder of the timescale, we assigned an uncertainty based on a qualitative assessment of the clarity of the annual layers. For ice from 577 to 2,020 m (2–12 kyr ago), we estimated a 2% uncertainty based on comparisons between the ECM and chemical (Na , SO_4) interpretations between 577 and 1,300 m, which agreed to within 1% (Supplementary Fig. 4). The estimated uncertainty increased during the deglacial transition owing to both thinner layers and a less pronounced seasonal cycle. We compared the annual-layer interpretation of the ECM records in an 800-yr overlap section (1,940–2,020-m depth, corresponding to 11.4–12.2 kyr ago) with various high-resolution chemistry records (sodium and sulphur). We found overall good agreement (19 yr more in the ECM-only interpretation) but did observe a tendency for the ECM record to ‘split’ one annual peak into two small peaks. We used this knowledge in the annual-layer interpretation of the ECM record. We increased the uncertainty to 4% between 2,020 and 2,300 m (12.2–15.5 kyr ago) and to 8% between 2,300 and 2,500 m (15.5–20 kyr ago). The glacial period had a stronger annual-layer signal than the transition, and we estimate a 6%

uncertainty for the rest of the glacial. The 150-yr acid deposition event, first identified in the Byrd ice core¹⁵, was found in WDC at depths of 2,421.75 to 2,427.25 m. Because there is consistently high conductance without a clear annual signal, we used the average annual layer thickness of the 10 m above and below this section to determine the number of years within it. There are periods of detectable annual variations within this depth range, and they have approximately the same annual-layer thickness as the 10-m averages. A 10% uncertainty was assumed.

We assess the accuracy of WDC06A-7 by comparing it with two high-precision timescales: GICC05 and a new speleothem timescale from Hulu Cave. Because the age of the gas at a given depth is less than that of the ice surrounding it, we first need to calculate the age offset (Δage). We use the inferred accumulation rates and surface temperatures estimated from the $\delta^{18}\text{O}$ record constrained by the borehole temperature profile (Supplementary Information) in a steady-state firn-densification model³⁶. The model is well-suited to WDC because it was developed using data from modern ice-core sites that span the full range of past WDC temperatures and accumulation rates. We calculate Δage using 200-yr smoothed histories of surface temperature and accumulation rate, a surface density of 370 kg m^{-3} and a close-off density of 810 kg m^{-3} (Supplementary Fig. 5a). The calculated present-day Δage is 210 yr, which is similar to the value, 205 yr, measured for WDC³⁷. The steady-state model is acceptable for WDC because the surface temperature and accumulation rate vary more slowly than in Greenland. Because our primary purpose is to assess the accuracy of the WDC06A-7 timescale, calculation of Δage to better than a few decades is not necessary. The Δage uncertainty between 15 and 11 kyr ago is estimated to be 100 yr. The Δage uncertainty is estimated to be 150 yr for times before 20 kyr ago because of the colder temperatures and lower and less certain accumulation rates.

Because methane is well mixed in the atmosphere and should have identical features in both hemispheres, we use atmospheric methane measurements from WDC and the Greenland composite methane record³³ to compare WDC06A-7 and GICC05 at six times. The age differences are summarized in Supplementary Fig. 6 and the correlation and Δage uncertainties are shown in Supplementary Table 1. In Greenland, methane and $\delta^{18}\text{O}$ changes are nearly synchronous^{38–40} and we therefore assume no Δage uncertainty in the Greenland gas timescale at times of abrupt change. An exception is at 24 kyr ago (Dansgaard–Oeschger event 2), when methane and $\delta^{18}\text{O}$ changes do not seem to be synchronous. We estimate the correlation uncertainty from the agreement of the methane records in Supplementary Fig. 5.

Speleothems can be radiometrically dated with U/Th and have smaller absolute age uncertainties than do annually resolved timescales in the glacial period³⁷. Records of speleothem $\delta^{18}\text{O}$ show many abrupt changes that have been tied to the Greenland climate record^{41,42}. However, the physical link between $\delta^{18}\text{O}$ variations in the caves and methane variations is not fully understood. Therefore, there is an additional and unknown correlation uncertainty in these comparisons. We compare WDC06A-7 with the new record from Hulu Cave, China, which is the best-dated speleothem record during this time interval. Comparisons can be made at only three times; our best estimate of the age differences is 100 yr or less.

The EDC timescale can be compared with the WDC06A-7 at a ~ 150 -yr-long acid deposition event^{15,16}. The two timescales agree within 100 yr, and we therefore do not adjust either timescale. The EDML timescale has been synchronized with the EDC timescale using sulphate matches⁴³. The sulphate match that occurs during the 150-yr acid deposition event is marked in Fig. 2.

Sea-salt sodium measurements. Sea-salt sodium (ssNa) is the amount of Na that is of marine origin. The Na record was measured at the Trace Chemistry Laboratory at the Desert Research Institute. Na is one of many elements measured on the continuous-flow analysis system, which is coupled to two inductively coupled plasma mass spectrometers. The effective sampling resolution is ~ 1 cm. Details of the analytical set-up are described elsewhere^{35,44–47}. Sea-salt Na is calculated assuming Na/Ca mass ratios of 26.3 for marine aerosols and 0.562 for average crust composition⁴⁸. Sea-salt Na can be influenced by volcanic activity if the ratio of Na to Ca is different from the sea water and crustal ratios; the spike 20 kyr ago is part of an Na-rich but Ca-poor volcanic event. We present ssNa concentration in the main text instead of ssNa flux because wet deposition dominates at higher accumulation rates⁴⁹. For comparison, the ssNa flux is shown in Supplementary Fig. 7.

Methane measurements. The methane concentration was measured in discrete samples at Oregon State University (OSU) and Pennsylvania State University (PSU) using automated melt–refreeze extraction and gas chromatography, with final concentration values reported on the NOAA04 concentration scale⁵⁰. OSU data are corrected for gravitational fractionation, solubility and blanks as described in ref. 37. The gravitation fractionation correction assumes that $\delta^{15}\text{N}$ of N_2 is 0.3‰, a value based on late-Holocene measurements.

PSU methods were modelled on the basis of the OSU melt–refreeze system. The major difference between the OSU and PSU methods is the extraction cylinders; glass at OSU and stainless steel at PSU. Using stainless steel cylinders carries the

added problem of a blank associated with CH₄ outgassing, which we have estimated to be 19 ± 8 p.p.b. We have used a calculation similar to that derived in ref. 37, to estimate the amount of CH₄ left in the vessel after refreezing; we verified this using artificially degassed ice samples over which standard air was introduced and processed. These results indicate a 3.8% reduction in the measured headspace CH₄ value relative to the original trapped air, owing to solubility effects. The constant solubility and blank corrections were applied to all PSU data. In general, replicate samples from each depth were run on separate days to ensure that the final averaged data were not aliased by day-to-day instrument drifts. The average difference between replicate analyses of 1,316 individual depths run over 4 yr was 7 ± 8 p.p.b. (1σ). Finally, the PSU data were also corrected for gravitational fractionation by assuming that $\delta^{15}\text{N}$ of N₂ is 0.3‰ throughout.

To ensure that the PSU and OSU CH₄ data sets can be accurately merged into a single record, we performed an inter-calibration exercise involving a 100-m section of the WDC06A core (400–500 m) where both labs sampled for CH₄ every 2 m. By interpolating the OSU data to compare with the PSU data, we determined the average difference between the two labs over this 100 m interval to be 0.2 ± 9.9 p.p.b. (1σ). This result implies that we can merge CH₄ data from the two labs without correcting for inter-laboratory offsets.

Wilcoxon rank-sum test. Initial inspection of the WDC isotope record showed that warming was pulsed. We applied a sliding Wilcoxon rank-sum statistical test⁵¹ to identify periods of significant change. A figure of the *P* values, for each individual Wilcoxon rank-sum test, is shown in Supplementary Fig. 8. A dashed line indicates the effective critical *P* value. Insignificant *P* values are plotted in grey, and significant *P* values are plotted in colours that correspond to timespan (block size) as in Fig. 2. The Wilcoxon rank-sum test makes no assumption of normality within the data and has been shown to be robust when used in windowing algorithms for the identification of periods of significant change in climate data⁵². Our windowing algorithm can also be applied using the more common Student's *t*-test. Though parametric, such an implementation has the benefit of a well-established method for correcting the degrees of freedom for autocorrelation within the data⁵³. Applying either statistical test, we identify nearly identical periods of significant change in the data sets.

Climate modelling. To assess the effects of changing sea-ice conditions on precipitation-weighted $\delta^{18}\text{O}$ in Antarctica, we used the ECHAM4.6 climate model²⁴, implemented with the water isotope module⁵⁴. Model simulations used a horizontal resolution of T42 (2.8° latitude by 2.8° longitude) with 19 vertical levels. The ECHAM4.6 model has been shown to reproduce Antarctic conditions realistically in the modern climate^{13,55}. We used the sea surface temperatures from the PMIP2 fully coupled model experiments²⁵ for LGM conditions ~21 kyr ago. Those sea surface temperatures are prescribed as a model boundary condition for the atmospheric model runs with ECHAM4.6. We used a modern Antarctic ice-sheet configuration because the LGM configuration remains poorly known.

Model experiments were designed to test the sensitivity of $\delta^{18}\text{O}$ to changes in sea-ice extent. In the control experiment, sea ice forms at -1.7 °C and the model grid cell is set to 100% concentration below this threshold. The latitude of sea-ice coverage is decreased by lowering the ocean surface temperature threshold at which sea ice forms in the model. For the run with decreased sea ice, the freezing point was lowered from -1.7 to -3.7 °C. The amount of sea-ice reduction is not zonally uniform around Antarctica because of asymmetric gradients in the prescribed sea surface temperature. We note that model sea surface temperatures do not change whether model sea ice is present or not. Newly formed open water in the run with reduced sea ice is below the freezing point.

Integrated insolation. We calculate integrated annual insolation at latitude 65° S following the tables prepared in ref. 26. We also calculate integrated 'summer' and 'winter' insolation using a cut-off of 275 W m^{-2} (ref. 26; Supplementary Fig. 10).

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