

UC Irvine

UC Irvine Previously Published Works

Title

The endocannabinoid system as a target for therapeutic drugs

Permalink

<https://escholarship.org/uc/item/15n969cr>

Journal

Trends in Pharmacological Sciences, 21(6)

ISSN

0165-6147

Authors

Piomelli, Daniele
Giuffrida, Andrea
Calignano, Antonio
et al.

Publication Date

2000-06-01

DOI

10.1016/s0165-6147(00)01482-6

Copyright Information

This work is made available under the terms of a Creative Commons Attribution License, available at <https://creativecommons.org/licenses/by/4.0/>

Peer reviewed

The endocannabinoid system as a target for therapeutic drugs

Daniele Piomelli, Andrea Giuffrida, Antonio Calignano and Fernando Rodríguez de Fonseca

Cannabinoid receptors, the molecular targets of the cannabis constituent Δ^9 -tetrahydrocannabinol, are present throughout the body and are normally bound by a family of endogenous lipids – the endocannabinoids. Release of endocannabinoids is stimulated in a receptor-dependent manner by neurotransmitters and requires the enzymatic cleavage of phospholipid precursors present in the membranes of neurons and other cells. Once released, the endocannabinoids activate cannabinoid receptors on nearby cells and are rapidly inactivated by transport and subsequent enzymatic hydrolysis. These compounds might act near their site of synthesis to serve a variety of regulatory functions, some of which are now beginning to be understood. Recent advances in the biochemistry and pharmacology of the endocannabinoid system in relation to the opportunities that this system offers for the development of novel therapeutic agents will be discussed.

Since the discovery of the first cannabinoid receptor 12 years ago^{1,2}, important advances have been made in several areas of cannabinoid pharmacology. Endocannabinoid compounds and their pathways of biosynthesis and inactivation have been identified, and the molecular structures and anatomical distribution of cannabinoid receptors have been investigated in detail. Pharmacological agents that interfere with various aspects of the endocannabinoid system have been developed, and pathophysiological circumstances in which this system might be active have begun to emerge. The manner in which these discoveries might impact our understanding of endocannabinoid signaling and help unlock its potential for developing novel therapeutic agents will be discussed.

Endogenous cannabinoids

The two endocannabinoids isolated so far – anandamide and 2-arachidonylglycerol (2-AG)^{3–5} – are lipid in nature but differ from amino acid, amine and peptide transmitters in ways other than just their chemical structures. Classical and peptide transmitters are synthesized in the cytosol of neurons and stored in synaptic vesicles, from where they are secreted by exocytosis following excitation of nerve terminals by action potentials. By contrast, anandamide and 2-AG can be produced upon demand by receptor-stimulated cleavage of membrane lipid precursors and released from cells immediately after their production.

Anandamide can be produced from the hydrolysis of an *N*-acylated species of phosphatidylethanolamine (PE) *N*-arachidonyl PE, a process catalysed by phospholipase D (PLD)⁶ (Fig. 1). The stimulation of neurotransmitter receptors appears to play a determinant role in initiating this reaction, as indicated by the finding that anandamide release in the striatum is strongly enhanced by activation of dopamine D2 receptors⁷. Once released, anandamide can act on cannabinoid receptors or accumulate back into cells via an energy- and Na⁺-independent transport system⁸. The selectivity of this system for anandamide has been documented⁹ but its molecular structure remains uncharacterized. Inside cells, anan-

damide can be catalytically hydrolysed by an amidohydrolase¹⁰, whose gene has been cloned¹¹ (Fig. 1).

The most likely route of 2-AG biosynthesis involves the same enzymatic cascade that catalyses the formation of the second messengers inositol (1,4,5)-trisphosphate and 1,2-diacylglycerol (DAG) (Fig. 2). Phospholipase C (PLC), acting on phosphatidylinositol (4,5)-bisphosphate, generates DAG, which is converted to 2-AG by DAG lipase¹². 2-AG might also be synthesized by the hydrolysis of lysophospholipids or triacylglycerols⁶. Regardless of the mechanism involved, 2-AG formation can be triggered by neural activity¹² or by occupation of membrane receptors¹³. Following its release, 2-AG can be taken up by cells via the anandamide transport system⁹ and hydrolysed by an unknown monoacylglycerol lipase activity¹⁴ (Fig. 2).

Thus, anandamide and 2-AG can be released from neuronal and non-neuronal cells when the need arises, utilizing analogous but distinct receptor-dependent pathways. The non-synaptic release mechanisms and short life spans of anandamide and 2-AG suggest that these compounds might act near their site of synthesis to regulate the effects of primary messengers, such as neurotransmitters and hormones.

Inhibitors of anandamide inactivation

Drugs that block the formation or inactivation of anandamide and 2-AG should help identify the physiological functions of these compounds and might be beneficial in disease states in which regulation of endocannabinoid levels might produce more selective responses than those elicited by cannabinoid receptor ligands. Although this area of pharmacology is still largely unexplored, inhibitors of the two main steps of anandamide disposition (membrane transport and intracellular hydrolysis) have recently become available.

Anandamide transport is inhibited by the compound AM404 (Figs 1,3). This drug potentiates various responses elicited by exogenous anandamide and interacts very poorly with cannabinoid CB₁ receptors^{8,15}. For example, AM404 enhances anandamide-induced hypotension without producing

D. Piomelli,
Professor of
Pharmacology,
University of
California, Irvine,
92697-4625, USA.
E-mail: piomelli@uci.edu

A. Giuffrida,
Researcher,
Department of
Pharmacology,
E-mail: agiuffri@uci.edu

A. Calignano,
Associate Professor,
Department of
Experimental
Pharmacology,
University of Naples,
'Federico II', Via
Domenico Montesano,
49, Naples, 80131,
Italy.

E-mail: caligna@unina.it
and

F. Rodríguez de Fonseca,
Associate Professor,
Department of
Psychobiology,
Complutense
University, Madrid,
28233, Spain.
E-mail: frdefonseca@psi.ucm.es

direct vasodilatory effects¹⁶. Furthermore, when applied alone, AM404 decreases motor activity^{15,17} and elevates the levels of circulating anandamide (A. Giuffrida *et al.*, unpublished). However, AM404 can accumulate in cells where it might reach concentrations that are sufficient to inhibit anandamide amidohydrolase⁹ (M. Beltramo and D. Piomelli, unpublished).

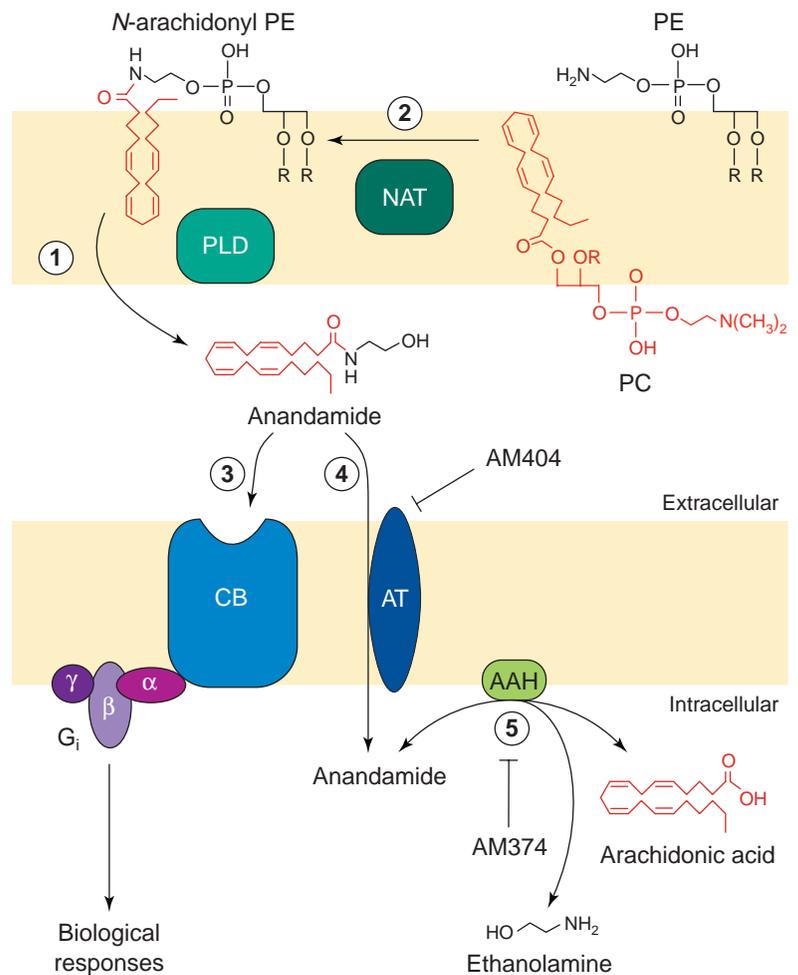
Anandamide amidohydrolase is blocked reversibly by transition state analogs such as arachidonyltrifluoromethylketone (ATFMK), which might act by forming a stable intermediate with a serine residue at the enzyme active site¹⁸ (Fig. 3). Moreover, irreversible inhibition can be achieved with a variety of compounds including the fatty acid sulfonyl fluoride AM374 (Ref. 18) (Figs 1,3). AM374, one of the most potent anandamide amidohydrolase inhibitors identified thus far, potentiates anandamide responses *in vitro* and *in vivo*, but its specificity is limited by a relatively high affinity for CB₁ receptors¹⁹.

Cannabinoid receptors

The two cannabinoid receptor subtypes characterized so far, CB₁ and CB₂, belong to the superfamily of G-protein-coupled membrane receptors (GPCRs)^{2,20}. Their molecular and pharmacological properties have recently been reviewed²¹. Three issues that might be relevant to the use of cannabinoid agents in medicine will be discussed: (1) the apparently exclusive role of CB₁ receptors in mediating central cannabinoid effects; (2) the rapid tolerance that results from repeated cannabinoid administration; and (3) the possible existence of multiple cannabinoid receptors in peripheral tissues.

Although CB₁ receptors are expressed throughout the body, they are particularly abundant in the CNS where, despite a great deal of effort, no other cannabinoid receptor subtype has yet been found. This unusual situation – most neurotransmitters act on multiple CNS receptors – accords with data that indicate that a single pharmacological site accounts for all central effects of cannabimimetic drugs, whether therapeutically favorable (e.g. analgesia) or harmful (e.g. dysphoria and amnesia). Consequently, although potent CB₁ receptor agonists have been available for some time (Table 1), the therapeutic development of these compounds has been very limited. Given this situation, how might centrally active cannabinoid agents that are more selective than those currently available be developed? One possibility is to target the mechanisms of endocannabinoid inactivation. Blocking such mechanisms might cause an activity-dependent accumulation of anandamide and 2-AG at their sites of release, which might in turn result in a more localized activation of cannabinoid receptors than that elicited by direct receptor agonists.

Another important issue that should be considered in the development of cannabinoid agonists for therapeutic use is receptor desensitization. This process, which might be mediated by the GPCR-kinase-β-arrestin pathway^{22,23}, causes a pharmacological tolerance that limits the prolonged use of cannabinoid receptor agonists. Partial agonists might offer a clue as to how to circumvent this obstacle. Evidence indicates that the CNS contains a large reserve of CB₁ receptors²⁴; thus partial CB₁ receptor agonists, which are expected to cause less receptor desensitization than full agonists, might produce



trends in Pharmacological Sciences

Fig. 1. Formation and inactivation of anandamide. Anandamide can be generated by hydrolysis of *N*-arachidonyl phosphatidylethanolamine (*N*-arachidonyl PE), which is catalysed by phospholipase D (PLD) (1)⁶. The synthesis of *N*-arachidonyl PE, depleted during anandamide formation, might be mediated by *N*-acyl transferase activity (NAT) (2), which detaches an arachidonate moiety (red) from the *sn*-1 position of phospholipids such as phosphatidylcholine (PC) and transfers it to the primary amino group of PE. The membrane localizations of PLD and NAT are speculative. Newly formed anandamide can be released into the extracellular space, where it can activate G-protein-coupled cannabinoid (CB) receptors located on neighboring cells (3) or on the same cells that produce anandamide (not shown). Anandamide release in the external milieu has been demonstrated both *in vitro* and *in vivo*^{6,7}. Anandamide can be removed from its sites of action by carrier-mediated transport (anandamide transport, AT) (4)^{8,9}, which can be inhibited by AM404. Transport into cells can be followed by hydrolysis catalysed by a membrane-bound anandamide amidohydrolase (AAH, also called fatty acid amide hydrolase) (5)^{10,11}, which can be inhibited by AM374. Arachidonic acid produced during the AAH reaction can be rapidly reincorporated into phospholipid and is unlikely to undergo further metabolism. *In vitro*, AAH can also act in reverse, catalysing the formation of anandamide from arachidonic acid and ethanolamine. The physiological significance of this reaction in anandamide formation is unclear. Abbreviation: R, fatty acid group.

adequate therapeutic responses with diminished tolerance liability.

Although CB₁ receptors are thought to mediate the effects of cannabinoid receptor agonists in the CNS, several peripheral effects of cannabimimetic drugs might only depend partially on CB₁ receptor activation. The high expression of CB₂ receptors in B cells and natural killer cells suggests that this subtype contributes to the potential immunosuppressant and anti-inflammatory effects of cannabinoids²⁵. Additional tests of this hypothesis will be facilitated by the recent availability of selective CB₂ receptor agonists and antagonists (Table 1).

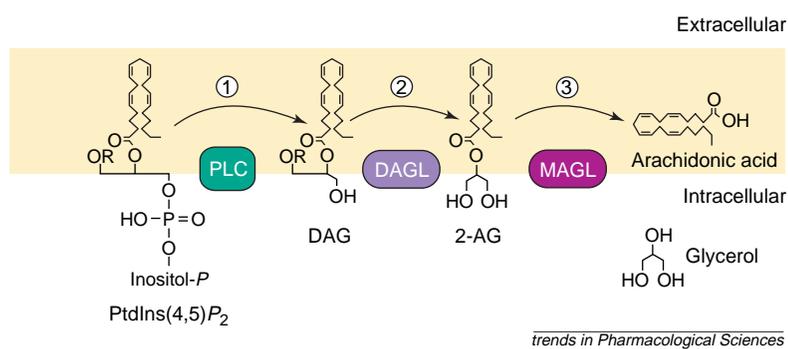


Fig. 2. Formation and inactivation of 2-arachidonylglycerol (2-AG). Hydrolysis of phosphatidylinositol (4,5)-bisphosphate [PtdIns(4,5)P₂] by phospholipase C (PLC) produces the second messengers 1,2-diacylglycerol (DAG) and inositol (1,4,5)-trisphosphate [Ins(1,4,5)P₃] (1). DAG serves as a substrate for DAG lipase (DAGL), which catalyses the production of 2-AG (2). This pathway also gives rise to free arachidonic acid. 2-AG can be released into the external milieu, measured *in vitro*, allowing it to interact with cannabinoid receptors, and its effects can be terminated by uptake into cells⁹ (not shown). However, extracellular release of 2-AG has not yet been reported *in vivo*⁹. Intracellular 2-AG can be hydrolysed to arachidonic acid and glycerol by an uncharacterized esterase such as monoacylglycerol lipase (MAGL) (3)^{12,14}.

Furthermore, cannabinoid-like receptors that are distinct from the CB₁ and CB₂ subtypes might participate in the vasodilatory and analgesic effects of cannabinoids. Although the hypotensive actions of anandamide are mostly mediated by CB₁ receptors, the endothelium-dependent vasorelaxation produced by this compound in mesenteric arteries appears to require a receptor that is pharmacologically distinct from CB₁ and CB₂ (Ref. 26). Furthermore, the peripheral analgesic effects exerted by the endogenous anandamide analog palmitylethanolamide might also involve a novel cannabinoid-like receptor (see below).

In addition to acting on cannabinoid receptors, anandamide has been suggested to act on a variety of other targets, including capsaicin (vanilloid) receptors²⁷. The concentrations required to attain these effects are, however, too high to be considered physiologically relevant and claims that vascular effects of anandamide might be mediated by vanilloid receptors appear unwarranted²⁸.

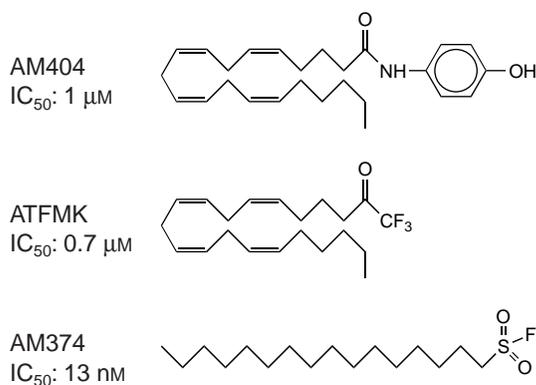


Fig. 3. Inhibitors of anandamide inactivation. The anandamide transport inhibitor AM404 (Ref. 8) and the anandamide amidohydrolase inhibitors arachidonyl trifluoromethylketone (ATFMK) and AM374 (Ref. 18) are shown. Abbreviation: IC₅₀, concentration required to produce half-maximal inhibition of anandamide transport or hydrolysis.

Functions and strategies

The endocannabinoid system might serve important regulatory functions in physiological processes; thus, cannabinoid agents might prove useful in the treatment of pathological conditions that are associated with such processes. Exhaustive evaluations of the medicinal potential of cannabis and its derivatives in other therapeutic areas can be found elsewhere²⁹.

Modulation of pain

Cannabinoid drugs strongly reduce pain responses by interacting with CB₁ receptors in brain, spinal cord and peripheral sensory neurons (Fig. 4). Brain sites that participate in cannabinoid-induced analgesia include the amygdala, thalamus, superior colliculus, periaqueductal gray and rostral ventromedial medulla³⁰. In the spinal cord, CB₁ receptors are found in the dorsal horn and lamina X (Ref. 21), where they are located on intrinsic spinal neurons, nerve terminals of afferent sensory neurons and terminals of efferent supraspinal neurons³¹ (Fig. 4). CB₁ receptors are also expressed in the dorsal root ganglia by a subset of small- and large-diameter sensory neurons that contain the pain-stimulating peptides, substance P and α-calcitonin gene-related peptide (CGRP)³². Although quantitatively small, the presence of CB₁ receptors on CGRP-containing neurons appears to be functionally significant because CB₁ receptor agonists effectively reduce CGRP release from dorsal horn tissue³³. Immunohistochemical experiments suggest that CB₁ receptors are present not only on central terminals of primary sensory afferents, but also on their peripheral counterparts³⁴ (Fig. 4). In agreement with these findings, local applications of CB₁ receptor agonists to skin reduce the responses to formalin and other irritants^{35,36}.

The clinical impact of these advances is still modest but worth noting. Since a previous literature review³⁷, new studies have documented the analgesic effects of CB₁ receptor agonists in humans (for example, Ref. 38), providing additional impetus for a re-evaluation of the endocannabinoid system as a target for analgesic drugs.

Neuropathic pain

Cannabinoids are potent in alleviating two hallmarks of neuropathic pain: allodynia (pain from non-noxious stimuli) and hyperalgesia (increased sensitivity to noxious stimuli)^{36,39–41}. Indeed, in a rat model of neuropathic pain (constriction injury of the sciatic nerve), the CB₁ receptor agonist WIN552122 attenuates such responses at doses that do not cause overt side-effects³⁹. In this model, the CB₁ receptor antagonist SR141716A reverses the analgesic response to WIN552122 and exacerbates pain behaviors when administered alone³⁹. One possible explanation for the pain-inducing effects of SR141716A is that nerve injury might be associated with an increase in endocannabinoid levels and/or a sensitization of CB₁ receptors.

Plastic modifications in endocannabinoid signaling during persistent pain can also be inferred from experiments conducted in a rat model of inflammation (injection of Freund's adjuvant into the paw)⁴¹. In this model, SR141716A enhances the sensitivity to mechanical stimuli applied to the paw contralateral to the inflammatory focus, which suggests that

inflammation can be accompanied by an increased cannabinergic activity that can be unmasked by the CB₁ receptor antagonist⁴¹. Furthermore, the peripheral administration of formalin stimulates anandamide release in the periaqueductal gray, a brain region involved in pain control⁴².

Whether CB₁ receptor function and/or endocannabinoid levels are changed in neuropathic pain is unknown. If this syndrome is accompanied by a hypersensitivity of CB₁ receptors in injured tissues, partial CB₁ receptor agonists could alleviate pain at doses that might exert few undesirable effects and produce little tolerance. By contrast, if neuropathic pain is associated with elevated endocannabinoid release, drugs that interfere with the inactivation of these substances might offer an alternative to direct CB₁ receptor agonists. Elucidating the alterations in endocannabinoid function associated with neuropathic pain should be instrumental to define the value of these strategies.

Peripheral pain

The finding that cannabinoid receptor agonists can alleviate pain by acting at peripheral CB₁ receptors^{35,36} has both theoretical and practical ramifications. Theoretically, this observation emphasizes the notion that nociceptive signals can be modulated at the first stage of neural processing by a peripheral ‘gate’ mechanism in which endogenous cannabinoid lipids can act in concert with opioid peptides⁴³. Practically, it points to the possibility of achieving an effective control of peripheral pain without causing the psychotropic effects that follow the recruitment of brain CB₁ receptors.

The antinociceptive effects of palmitylethanolamide add a new dimension to this hypothesis³⁵. Palmitylethanolamide is produced in tissues through an enzymatic route similar to that of anandamide synthesis⁶. When administered as a drug, palmitylethanolamide potently reduces peripheral pain through a mechanism that is synergistic with anandamide and is blocked by the CB₂ receptor antagonist SR144528 (Ref. 35). However, palmitylethanolamide does not interact with the CB₂ receptor (whose gene has been cloned), which suggests that the compound might produce its analgesic effects by activating an as-yet uncharacterized CB₂-like receptor³⁵.

Regulation of glutamate transmission

CB₁ receptor agonists inhibit both glutamatergic neurotransmission and long-term potentiation (LTP)⁴⁴, a model of glutamate-dependent synaptic plasticity. These effects, which can be triggered by activation of presynaptic CB₁ receptors and mediated by inhibition of glutamate release, might reflect a fundamental role of the endocannabinoid system in the regulation of excitatory neurotransmission (Box 1). Two lines of evidence suggest that this might be the case. In hippocampal slices, electrical stimulation of glutamate-releasing fibers enhances 2-AG formation, a response that might depend on the activation of NMDA receptors¹² (N. Stella and D. Piomelli, unpublished). In the same preparation, exogenous 2-AG prevents the induction of LTP by activating CB₁ receptors¹², which indicates that neurally released 2-AG might act as a negative feedback signal regulating transmission at

Table 1. Cannabinoid receptor ligands

	Receptor subtype ^a		Refs
	CB ₁	CB ₂	
Nonselective agonists	HU210 (tricyclic cannabinoid)		54
	CP55940 (bicyclic cannabinoid)		54
	WIN552122 (aminoalkylindole)		54
Selective agonists	Methanandamide	JWH015	55,56
	ACPA	L759633	57,58
	ACEA	L759656	57,58
		HU308	59
Selective antagonists	SR141716A	SR144528	60,61

^aAbbreviations: ACPA, arachidonylcyclopropylamide; ACEA, arachidonyl-2-chloroethylamide.

glutamate synapses (Box 1). Whether or not this hypothesis turns out to be correct, the interaction between cannabinoid and glutamate-mediated signaling opens important perspectives for therapy.

Brain ischaemia

A primary pharmacological approach to ischaemic brain injury aims to arrest excitotoxicity, the neuronal death triggered by glutamate via activation of Ca²⁺-permeable ionotropic receptors⁴⁵. On the basis of their ability to reduce excitotoxicity

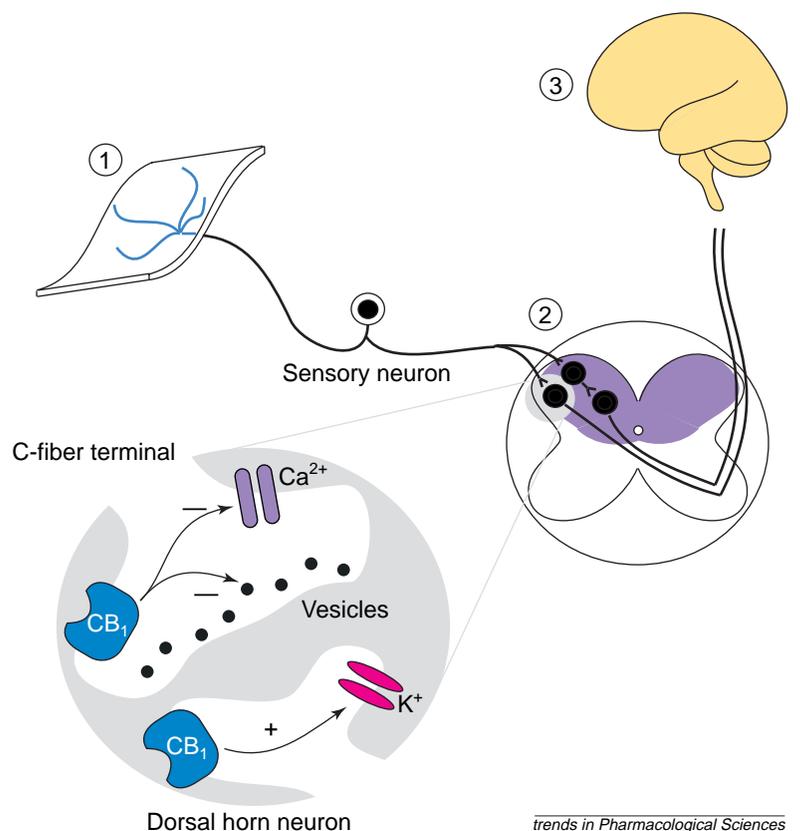


Fig. 4. Localization and functional roles of cannabinoid CB₁ receptors in pain-processing pathways. CB₁ receptors are present in peripheral terminals of primary sensory neurons (1), at synapses in the spinal cord (2), and in pain-processing areas of the brain (3). At spinal synapses (2), CB₁ receptors might be located on nerve terminals of afferent neurons, on intrinsic spinal neurons, and/or on terminals of efferent neurons originating in supraspinal structures (not shown). Thus, CB₁ receptors might modulate the transmission of nociceptive information presynaptically (by inhibiting the release of excitatory neurotransmitters) and/or postsynaptically (by reducing neuronal excitability).

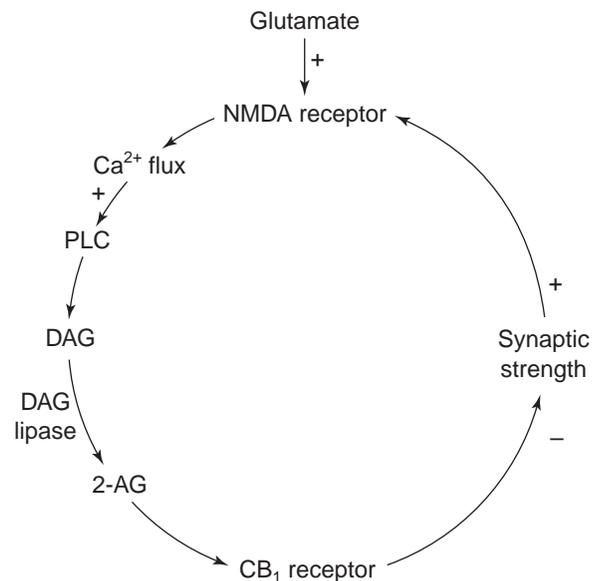
Box 1. A hypothetical model of the role of endocannabinoid signaling in glutamate neurotransmission

Flux of external Ca^{2+} through activated NMDA receptor channels can stimulate phospholipase C (PLC) (Fig. 1), which initiates 2-arachidonylglycerol (2-AG) formation via diacylglycerol (DAG) lipase^a (N. Stella and D. Piomelli, unpublished). Newly formed 2-AG can activate cannabinoid CB_1 receptors on presynaptic nerve terminals, which might in turn reduce glutamate release and decrease synaptic strength^b. It is important to note that in several regions of the CNS, CB_1 receptors are localized on axon terminals of GABA-containing neurons, where they might be linked to inhibition of GABA release^{c,d}. Moreover, excitatory effects of cannabinoids mediated by changes in postsynaptic ion conductances have also been reported^e. Thus, the net effect of CB_1 receptor activation might be more to produce a functional reconfiguration of neuronal networks than just to blunt glutamate-mediated transmission.

Selected references

- a Stella, N. *et al.* (1997) A second endogenous cannabinoid that modulates long-term potentiation. *Nature* 388, 773–778
- b Shen, M. *et al.* (1996) Cannabinoid receptor agonists inhibit glutamatergic c synaptic transmission in rat hippocampal cultures. *J. Neurosci.* 16, 4322–4334
- c Szabo, B. *et al.* (1998) Inhibition of GABAergic inhibitory postsynaptic currents by cannabinoids in rat corpus striatum. *Neuroscience* 85, 395–403
- d Katona, I. *et al.* (1999) Presynaptically located CB_1 cannabinoid receptors regulate GABA release from axon terminals of specific hippocampal interneurons. *J. Neurosci.* 19, 4544–4558
- e Schweitzer, P.J. (2000) Cannabinoids decrease the K^+ M-current in hippocampal CA1 neurons. *J. Neurosci.* 20, 51–58

Fig. 1



trends in Pharmacological Sciences

in vitro and *in vivo*, CB_1 receptor agonists show promise as potential neuroprotective agents^{46,47}. In cultures of rat hippocampal neurons, repetitive synaptic activity stimulates glutamate release and causes neuronal death. The CB_1 receptor agonist WIN552122 prevents this response but does not protect the neurons against exposure to exogenous glutamate, which suggests that WIN552122 might reduce excitotoxicity by activating presynaptic CB_1 receptors coupled to the inhibition of glutamate release⁴⁶. Indeed, *in vivo* pharmacological studies support this idea. WIN552122 potently increases neuronal survival in two different animal models of ischaemia, an effect that is dose-dependent and prevented by the CB_1 receptor antagonist SR141716A (Ref. 47). Thus, inhibition of glutamate release is likely to play a primary role in the neuroprotective actions of CB_1 receptor agonists although additional protection might be provided by the anti-inflammatory and hypothermic²¹ properties of these compounds.

Regulation of dopamine transmission

CB_1 receptors are densely expressed in the basal ganglia and cortex, CNS regions that are critical for movement control²¹. This distribution provides an anatomical substrate for functional interactions between the endocannabinoid system and ascending dopaminergic pathways. Several observations suggest that these interactions might indeed occur. First, in the striatum of freely moving rats anandamide release is stimulated by activation of dopamine D2 receptors⁷. Second, the CB_1 receptor antagonist SR141716A, which has little effect on motor activity when administered alone, potentiates the motor hyperactivity produced by the D2 receptor agonist quinpirole⁷. Third, D2 and CB_1 receptor agonists produce

opposing behavioral responses after injection into the basal ganglia⁴⁸. These and other findings suggest that anandamide might modulate dopamine-induced facilitation of psychomotor activity. In further support of this hypothesis, disruption of the gene encoding the CB_1 receptor profoundly affects motor control, decreasing locomotor activity⁴⁹.

Movement disorders

The recommendation by the Institute of Medicine that studies be conducted 'to test the hypothesis that cannabinoids play an important role in movement disorders'²⁹ is justified by a significant body of experimental and clinical evidence. Preclinical studies have focused on the possible application of CB_1 receptor agonists in the management of dyskinesias that accompany the treatment of Parkinson's disease with L-dihydroxyphenylalanine (L-DOPA)⁵⁰. Clinical investigations have been primarily concerned with the ability of CB_1 receptor agonists to alleviate spasticity in various conditions²⁹ and tics in Tourette's syndrome⁵¹. In particular, a recent double-blind trial has demonstrated significant improvements in tics and obsessive compulsive behaviors following administration of the oral constituent Δ^9 -tetrahydrocannabinol (Δ^9 -THC) to 12 Tourette patients (K. Müller-Vahl *et al.*, unpublished). However, these improvements were accompanied in five patients by mild side-effects that included fatigue, dizziness and euphoria.

Psychoses

There is a general consensus that heavy cannabis abuse can precipitate psychotic episodes in individuals with an underlying schizophrenic condition. This idea, which is supported

by substantial epidemiological evidence⁵², instigated an ongoing clinical trial of the CB₁ receptor antagonist SR141716A in schizophrenic patients. Yet, on examining the basis of cannabis-precipitated psychosis, consideration should also be given to CB₁ receptor desensitization and to the fact that this process can have repercussions that go beyond behavioral tolerance. One such repercussion is an exacerbated response to the psychostimulant, D-amphetamine. In animals, D-amphetamine increases motor activity and stereotypies, an effect that depends on dopamine receptor activation and is blocked by D2 receptor antagonists. Because D-amphetamine can also trigger psychotic episodes in schizophrenics, the behavioral response to D-amphetamine in animals is often used as a screening test for antipsychotic medications. The stimulation of stereotyped movements elicited by D-amphetamine is blocked by acute administration of Δ⁹-THC, but this same stimulation is increased in animals that have been made tolerant to cannabinoids by repeated injections of Δ⁹-THC (Ref. 53). Thus, CB₁ receptor activation might counterbalance stimulation of dopamine-containing neurons, whereas CB₁ receptor inactivation might enhance such stimulation. In this framework, cannabis use by schizophrenics might be interpreted as a misguided attempt to obtain relief from psychotic symptoms²⁹, which might in turn facilitate a psychotic episode when CB₁ receptors become desensitized.

The ability of Δ⁹-THC to reduce tics in Tourette's syndrome and to inhibit D-amphetamine-induced stereotypy suggests that CB₁ receptor agonists might be therapeutically useful to alleviate the symptoms of dopamine hyperactivity associated with many neuropsychiatric conditions. However, the psychotropic effects produced even by low doses of Δ⁹-THC in Tourette patients and the possible impact of CB₁ receptor desensitization underscore the need to investigate a wider variety of cannabinoid agents (e.g. inhibitors of endocannabinoid inactivation) in animal models of motor disorders and psychosis. For example, evidence suggests that the anandamide transport inhibitor AM404 can normalize motor activity in genetically hyperactive rats without causing overt cannabimimetic effects¹⁵.

Concluding remarks

The image of the endocannabinoid system that gleams through the studies summarized in this review is that of a modulatory complex that is parallel, in its varied functional roles, to the opioid system but analogous, for its biochemical properties, to other lipid mediators such as the eicosanoids. It would be surprising if such a prominent signaling system, which gives every indication of serving key physiological functions in the CNS and in peripheral tissues, will fail to prompt the development of new medicines in the not too distant future.

Selected references

- 1 Devane, W.A. *et al.* (1988) Determination and characterization of a cannabinoid receptor in rat brain. *Mol. Pharmacol.* 34, 605–613
- 2 Matsuda, L.A. *et al.* (1990) Structure of a cannabinoid receptor and functional expression of the cloned cDNA. *Nature* 346, 561–564
- 3 Devane, W. *et al.* (1992) Isolation and structure of a brain constituent that binds to the cannabinoid receptor. *Science* 258, 1946–1949
- 4 Sugiura, T. *et al.* (1995) 2-arachidonoylglycerol: a possible endogenous

- cannabinoid receptor ligand in brain. *Biochem. Biophys. Res. Commun.* 215, 89–97
- 5 Mechoulam, R. *et al.* (1995) Identification of an endogenous 2-monoglyceride, present in canine gut, that binds to cannabinoid receptors. *Biochem. Pharmacol.* 50, 83–90
- 6 Piomelli, D. *et al.* (1998) Endogenous cannabinoid signaling. *Neurobiol. Dis.* 5, 462–473
- 7 Giuffrida, A. *et al.* (1999) Dopamine activation of endogenous cannabinoid signaling in dorsal striatum. *Nat. Neurosci.* 2, 358–363
- 8 Beltramo, M. *et al.* (1997) Functional role of high-affinity anandamide transport, as revealed by selective inhibition. *Science* 277, 1094–1097
- 9 Piomelli, D. *et al.* (1999) Structural determinants for recognition and translocation by the anandamide transporter. *Proc. Natl. Acad. Sci. U. S. A.* 96, 5802–5807
- 10 Schmid, P.C. *et al.* (1985) Properties of rat liver N-acyl ethanolamine amidohydrolase. *J. Biol. Chem.* 260, 14145–14149
- 11 Cravatt, B.F. *et al.* (1996) Molecular characterization of an enzyme that degrades neuromodulatory fatty-acid amides. *Nature* 384, 83–87
- 12 Stella, N. *et al.* (1997) A second endogenous cannabinoid that modulates long-term potentiation. *Nature* 388, 773–778
- 13 Mechoulam, R. *et al.* (1998) Carbachol, an acetylcholine receptor agonist, enhances production in rat aorta of 2-arachidonoyl glycerol, a hypotensive endocannabinoid. *Eur. J. Pharmacol.* 362, R1–R3
- 14 Goparaju, S.K. *et al.* (1999) Enzymes of porcine brain hydrolysing 2-arachidonoylglycerol, an endogenous ligand of cannabinoid receptors. *Biochem. Pharmacol.* 57, 417–423
- 15 Beltramo, M. *et al.* (2000) Reversal of dopamine D₂-receptor responses by an anandamide transport inhibitor. *J. Neurosci.* 20, 3401–3407
- 16 Calignano, A. *et al.* (1997) Potentiation of anandamide hypotension by the transport inhibitor, AM404. *Eur. J. Pharmacol.* 337, R1–R2
- 17 Gonzalez, S. *et al.* (1999) Extrapyramidal and neuroendocrine effects of AM404, an inhibitor of the carrier-mediated transport of anandamide. *Life Sci.* 65, 327–336
- 18 Khanolkar, A.D. and Makriyannis, A. (1999) Structure–activity relationships of anandamide, an endogenous cannabinoid ligand. *Life Sci.* 65, 607–616
- 19 Salamone, J. *et al.* (2000) *6th Internet World Congress for Biomedical Sciences* (<http://www.uclm.es/inabis2000/symposia/files/119/index.htm>)
- 20 Munro, S. *et al.* (1993) Molecular characterization of a peripheral receptor for cannabinoids. *Nature* 365, 61–65
- 21 Pertwee, R.G. (1997) Pharmacology of cannabinoid CB₁ and CB₂ receptors. *Pharmacol. Ther.* 74, 129–180
- 22 Jin, W. *et al.* (1999) Distinct domains of the CB₁ cannabinoid receptor mediate desensitization and internalization. *J. Neurosci.* 19, 3773–3780
- 23 Bouaboula, M. *et al.* (1999) Regulation of peripheral cannabinoid receptor CB₂ phosphorylation by the inverse agonist SR 144528. *J. Biol. Chem.* 274, 20397–20405
- 24 Gifford, A.N. *et al.* (1999) Large receptor reserve for cannabinoid actions in the central nervous system. *J. Pharmacol. Exp. Ther.* 288, 478–483
- 25 Klein, T.W. *et al.* (1998) Cannabinoid receptors and immunity. *Immunol. Today* 19, 373–381
- 26 Járai, W. *et al.* (1999) Cannabinoid-induced mesenteric vasodilation through an endothelial site distinct from CB₁ or CB₂ receptors. *Proc. Natl. Acad. Sci. U. S. A.* 96, 14136–14141
- 27 Zygmunt, P.M. *et al.* (2000) Anandamide – the other side of the coin. *Trends Pharmacol. Sci.* 21, 43–44
- 28 Szolcsányi, J. (2000) Are cannabinoids endogenous ligands for the VR1 capsaicin receptor? *Trends Pharmacol. Sci.* 21, 41–42
- 29 Joy, J.E. *et al.*, eds (1999) *Marijuana and Medicine: Assessing the ScienceBase*, National Academy Press
- 30 Martin, W.J. *et al.* (1999) Anatomical basis for cannabinoid-induced antinociception as revealed by intracerebral microinjections. *Brain Res.* 822, 237–242
- 31 Hohmann, A.G. *et al.* (1999) Pre- and postsynaptic distribution of cannabinoid and mu opioid receptors in rat spinal cord. *Brain Res.* 822, 17–25
- 32 Hohmann, A.G. and Herkenham, M. (1999) Localization of central cannabinoid CB₁ receptor messenger RNA in neuronal subpopulations of rat dorsal root ganglia: a double-label *in situ* hybridization study. *Neuroscience* 90, 923–931
- 33 Richardson, J.D. *et al.* (1998) Hypoactivity of the spinal cannabinoid system results in NMDA-dependent hyperalgesia. *J. Neurosci.* 18, 451–457
- 34 Hohmann, A.G. and Herkenham, M. (1999) Cannabinoid receptors undergo axonal flow in sensory nerves. *Neuroscience* 92, 1171–1175
- 35 Calignano, A. *et al.* (1998) Control of pain initiation by endogenous cannabinoids. *Nature* 394, 277–281

- 36 Richardson, J.D. *et al.* (1998) Cannabinoids reduce hyperalgesia and inflammation via interaction with peripheral CB₁ receptors. *Pain* 75, 111–119
- 37 Martin, B.R. and Lichtman, A.H. (1998) Cannabinoid transmission and pain perception. *Neurobiol. Dis.* 5, 447–461
- 38 Hamann, W. and di Vadi, P.P. (1999) Analgesic effects of the cannabinoid analogue nabilone is not mediated by opioid receptors. *Lancet* 353, 560
- 39 Herzberg, U. *et al.* (1997) The analgesic effects of R(1)-Win 55,212-2 mesylate, a high affinity cannabinoid agonist, in a rat model of neuropathic pain. *Neurosci. Lett.* 221, 157–160
- 40 Li, J. *et al.* (1999) The cannabinoid receptor agonist WIN 55,212-2 mesylate blocks the development of hyperalgesia produced by capsaicin in rats. *Pain* 81, 25–33
- 41 Martin, W.J. *et al.* (1999) Spinal cannabinoids are anti-allodynic in rats with persistent inflammation. *Pain* 82, 199–205
- 42 Walker, J.M. *et al.* (1999) Pain modulation by release of the endogenous cannabinoid anandamide. *Proc. Natl. Acad. Sci. U. S. A.* 96, 12198–12203
- 43 Stein, C. (1995) The control of pain in peripheral tissue by opioids. *New Engl. J. Med.* 332, 1685–1690
- 44 Collins, D.R. *et al.* (1994) The action of synthetic cannabinoids on the induction of long-term potentiation in the rat hippocampal slice. *Eur. J. Pharmacol.* 259, R7–R8
- 45 Lee, J.M. *et al.* (1999) The changing landscape of ischaemic brain injury mechanisms. *Nature* 399, A7–A14
- 46 Shen, M. and Thayer, S.A. (1998) Cannabinoid receptor agonists protect cultured rat hippocampal neurons from excitotoxicity. *Mol. Pharmacol.* 54, 459–462
- 47 Nagayama, T. *et al.* (1999) Cannabinoids and neuroprotection in global and focal cerebral ischemia and in neuronal cultures. *J. Neurosci.* 19, 2987–2995
- 48 Sañudo-Peña, M.C. *et al.* (1998) Effects of intrastriatal cannabinoid on rotational behavior in rats: interactions with the dopaminergic system. *Synapse* 30, 221–226
- 49 Zimmer, A. *et al.* (1999) Increased mortality, hypoactivity, and hypoalgesia in cannabinoid CB₁ receptor knockout mice. *Proc. Natl. Acad. Sci. U. S. A.* 96, 5780–5785
- 50 Brotchie, J.M. (1998) Adjuncts to dopamine replacement: a pragmatic approach to reducing the problem of dyskinesia in Parkinson's disease. *Mov. Disord.* 13, 871–876
- 51 Müller-Vahl, K.R. *et al.* (1999) Treatment of Tourette-Syndrome with Δ-9-tetrahydrocannabinol. *Am. J. Psychiatry* 156, 495
- 52 Andréasson, S. *et al.* (1987) Cannabis and schizophrenia. *Lancet* 2, 1483–1486
- 53 Gorriti, M.A. *et al.* (1999) Chronic (–)-Δ⁹-tetrahydrocannabinol treatment induces sensitization to the psychomotor effects of amphetamine in rats. *Eur. J. Pharmacol.* 365, 133–142
- 54 Howlett, A.C. (1995) Pharmacology of cannabinoid receptors. *Annu. Rev. Pharmacol. Toxicol.* 35, 607–633
- 55 Abadji, U. *et al.* (1994) (R)-Methanandamide: a chiral novel anandamide possessing higher potency and metabolic stability. *J. Med. Chem.* 37, 1889–1893
- 56 Showalter, V.M. *et al.* (1996) Evaluation of binding in a transfected cell line expressing a peripheral cannabinoid receptor (CB₂): identification of cannabinoid receptor subtype selective ligands. *J. Pharmacol. Exp. Ther.* 278, 989–999
- 57 Hillard, C.J. *et al.* (1999) Synthesis and characterization of potent and selective agonists of the neuronal cannabinoid receptor (CB₁). *J. Pharmacol. Exp. Ther.* 289, 1427–1433
- 58 Ross, R.A. *et al.* (1999) Agonist-inverse characterization at CB₁ and CB₂ cannabinoid receptors of L759633, L759656, and AM630. *Br. J. Pharmacol.* 12, 665–672
- 59 Hanus, L. *et al.* (1999) HU-308: a specific agonist for CB₂, a peripheral cannabinoid receptor. *Proc. Natl. Acad. Sci. U. S. A.* 96, 14228–14233
- 60 Rinaldi-Carmona, M. *et al.* (1994) SR141716A, a potent and selective antagonist of the brain cannabinoid receptor. *FEBS Lett.* 350, 240–244
- 61 Rinaldi-Carmona, M. *et al.* (1998) SR 144528, the first potent and selective antagonist of the CB₂ cannabinoid receptor. *J. Pharmacol. Exp. Ther.* 284, 644–650

Chemical names

- CP5940:** (2)-3-[2-hydroxy-4-(1,1,-dimethylheptyl)phenyl]-4-(3-hydroxypropyl)cyclohexane-1-ol
- HU210:** (6aR)-trans-3-(1,1-dimethylheptyl)-6a,7,10,10a-tetrahydro-1-hydroxy-6,6-dimethyl-6H-dibenzo[b,d]pyran-9-methanol
- HU308:** bicyclo[3.1.1]hept-2-ene-2-methanol,4-[4-(1,1-dimethylheptyl)-2-6-dimethoxyphenyl]-6,6-dimethyl-(1R,4R,5R)
- JWH015:** 2-methyl-1-propyl-3-(1-naphthoyl)indole
- L759633:** (6aR,10aR)-3-(1,1-dimethyl-heptyl)-1-methoxy-6,6,9-trimethyl-6a,7,10,10a-tetrahydro-6H-benzo[c]chromene
- L759656:** (6aR,10aR)-3-(1,1-dimethyl-heptyl)-1-methoxy-6,6-dimethyl-9-methylene-6a,7,8,9,10,10a-hexahydro-6H-benzo[c]chromene
- SR141716A:** N-(piperidin-1-yl)-5-(4-chlorophenyl)-1-(2,4-dichlorophenyl)-4-methyl-1H-pyrazole-3-carboxamide hydrochloride
- SR144528:** N-([1s]-endo-1.3.3-trimethylbicyclo[2.2.1]heptan-2-yl)-5-(4-chloro-3-methylphenyl)-1-(4-methylbenzyl)-pyrazole-3-carboxamide
- WIN552122:** (R)-(1)[2,3-dihydro-5-methyl-3-[4-morpholino)methyl]pyrrolo-[1,2,3-de]-1,4-benzoxazin-6-yl](1-naphthyl)methanone

Acknowledgements
We thank T. Dinh, H. Kim, F. Désarnaud, P. Loubet-Lescoulié, F. Nava and S. Sensi for reading the manuscript critically, G. Kunos, K. Müller-Vahl and M. J. Walker for sharing data before publication, F. Petitet for discussion, and the National Institute of Drug Abuse, National Alliance for Research on Schizophrenia and Depression (NARSAD), Del Amo Program, Plan Nacional Sobre Drogas and Comunidad de Madrid for financial support.

Editorial policy

Most articles published in *TiPS* are commissioned by the Editor. However, authors who wish to contribute to any section of the journal should contact the Editor with the names of all authors and a point-by-point outline of the proposed article including 10–12 key references. Outlines might also be sent to members of the Advisory Editorial Board. Completed manuscripts submitted without liaison with the *TiPS* Editorial Office cannot be considered. *TiPS* readers who wish to suggest that a particular topic be covered are also invited to send their suggestions to the Editor.

Correspondence and comment on any aspect of *TiPS* or the field of pharmacology are welcomed and may be sent directly to the Editor.

Please address all correspondence to:
The Editor, *Trends in Pharmacological Sciences*,
84 Theobald's Road, London, UK WC1X 8RR.
or E-mail: tips@current-trends.com