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Complex cutaneous leishmaniasis in pregnancy

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1 **Title:** Complex cutaneous leishmaniasis in pregnancy

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24 **Tweetable Statement:** Cutaneous leishmaniasis can present more aggressively during
25 pregnancy resulting from relative immunosuppression. Documenting a travel history and
26 maintaining a high index of suspicion for tropical diseases are important when caring for refugee
27 populations.

28

29 **Short Title:** Cutaneous leishmaniasis in pregnancy

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46 **Key Words:** pregnancy dermatoses, leishmaniasis, tropical diseases, fetal growth restriction,
47 preterm birth, maternal floor infarction

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69 A previously healthy 30-year-old G4P3004 Haitian refugee presented to prenatal care at 31
70 weeks of gestation with a four-week history of large crusted and ulcerated plaques on her lower
71 extremities and face. She recently sought refugee status in the United States following land
72 migration through Central and South America, where she intermittently slept in the wilderness
73 and near bodies of water. On initial examination in the emergency department, she was afebrile.
74 Skin examination revealed 2-6 cm tender, crusted plaques on the left cheek (Figure 1), right
75 lateral knee (Figure 2) and left medial thigh with peripheral hyperkeratosis, satellite papules, and
76 central ulceration with purulent drainage. There was no mucosal involvement. Laboratory studies
77 showed no abnormalities on complete blood count, chemistries, or liver function tests. She was
78 discharged on oral clindamycin and topical mupirocin.

79
80 She re-presented 3 weeks later with interval development of a new skin lesion and was admitted
81 for expedited work-up and wound care. Routine prenatal labs including HIV, syphilis, hepatitis,
82 QuantiFERON, chlamydia and gonorrhea were negative. Dermatology and infectious diseases
83 were consulted with suspicion for leishmaniasis based on the lesion morphology and travel
84 history. Skin biopsy was sent for pathology, tissue culture, and PCR testing. Obstetric ultrasound
85 was notable for an enlarged placenta, normal amniotic fluid index, and growth restricted fetus,
86 and a course of betamethasone was administered for fetal lung maturity. Maternal abdominal
87 ultrasound was unremarkable for visceral involvement.

88
89 While awaiting diagnostic studies, the patient was presumptively treated for leishmaniasis with
90 liposomal amphotericin B (3 mg/kg/day) for 7 days. Daily renal, liver function, and electrolytes

91 were monitored. A repeat ultrasound showed symmetric fetal growth restriction (<1%) with
92 mildly resistive umbilical artery Doppler studies and thickened, 7.5cm heterogeneous placenta.
93
94 Skin biopsy showed pseudoepitheliomatous hyperplasia with neutrophilic microabscesses, plasma
95 cells, and small intracytoplasmic organisms on Giemsa staining (Figure 3), consistent with
96 leishmaniasis. PCR testing later confirmed *Leishmaniasis panamensis* speciation. Stool ova and
97 parasite cultures were positive for *Giardia lamblia* and metronidazole was initiated.
98 Comprehensive work-up for viral, bacterial, and fungal pathogens was otherwise negative.
99
100 During hospitalization the patient developed preeclampsia without severe features. At 35 weeks
101 and 6 days, fetal heart rate monitoring became non-reassuring and the decision was made to
102 proceed with cesarean delivery. A viable female infant was born weighing 1815g. Placental
103 pathology showed massive perivillous fibrin deposition (maternal floor infarction) covering 70%
104 of the placental disk sampled without evidence of leishmania infection (Figure 4).
105
106 On outpatient follow-up the patient had minimal clinical response to amphotericin B and
107 transitioned to fluconazole therapy 600mg daily. Her skin lesions were resolving, with decreased
108 pain and no new lesions after three months of continuous therapy (Figure 5).
109
110 Cutaneous leishmaniasis is characterized by an exaggerated immune response to parasitic
111 infection, causing ulcerative lesions and lymphadenopathy.¹ Physiologic changes of pregnancy
112 cause relative immunosuppression, and the imbalance of Th-1 and Th-2 type immunologic
113 response can increase susceptibility to leishmaniasis and cause a more pronounced disease

114 phenotype.² Studies have demonstrated that infected pregnant persons develop larger lesions
115 with distinct macroscopic findings, and case-control studies have suggested an increase in
116 preterm delivery and stillbirth.³ Whether leishmaniasis was contributory to our patient's outcome
117 is unknown; this calls for further research. The massive fibrin deposition noted on placental
118 pathology is associated with maternal autoimmune conditions and likely contributed to the
119 observed fetal growth restriction.⁴

120

121 Treatment of leishmaniasis during pregnancy is complicated by teratogenicity of first-line
122 medications. However, the literature supports the use of amphotericin B, particularly in cases of
123 visceral leishmaniasis² and in cases of atypical disease, mucosal involvement, or disfiguring
124 facial lesions, such as in our patient. Healing of cutaneous leishmaniasis continues after the
125 treatment course is completed and is assessed clinically by the physical appearance of lesions, as
126 shown in our patient.

127

128 Global elimination of visceral and cutaneous leishmaniasis has remained elusive – displacement
129 resulting from conflicts in endemic areas have resulted in continued transmission.⁵ As our case
130 illustrates, altered migration patterns related to climate change and globalization, among other
131 sociocultural conflicts have contributed to newer distributions of neglected tropical diseases.
132 This is the first case report, to our knowledge, of cutaneous leishmaniasis during pregnancy
133 diagnosed in the United States. Our case illustrates the importance of a thorough travel history
134 and maintaining a high index of suspicion for tropical diseases when caring for refugee
135 populations. Early multidisciplinary collaboration should be considered for complex infectious
136 disease diagnosis and care coordination in marginalized groups.

137

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139 advance clinical knowledge. In addition, we would like to acknowledge the team of providers
140 including perinatologists, neonatologists, pathologists, dermatologists, infectious disease
141 specialists, and social workers involved in this patient's care.

142

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168 **Figure Legends:**

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170 **Figure 1.** Facial cutaneous leishmaniasis lesions

171 **Figure 2.** Right knee cutaneous leishmaniasis lesions

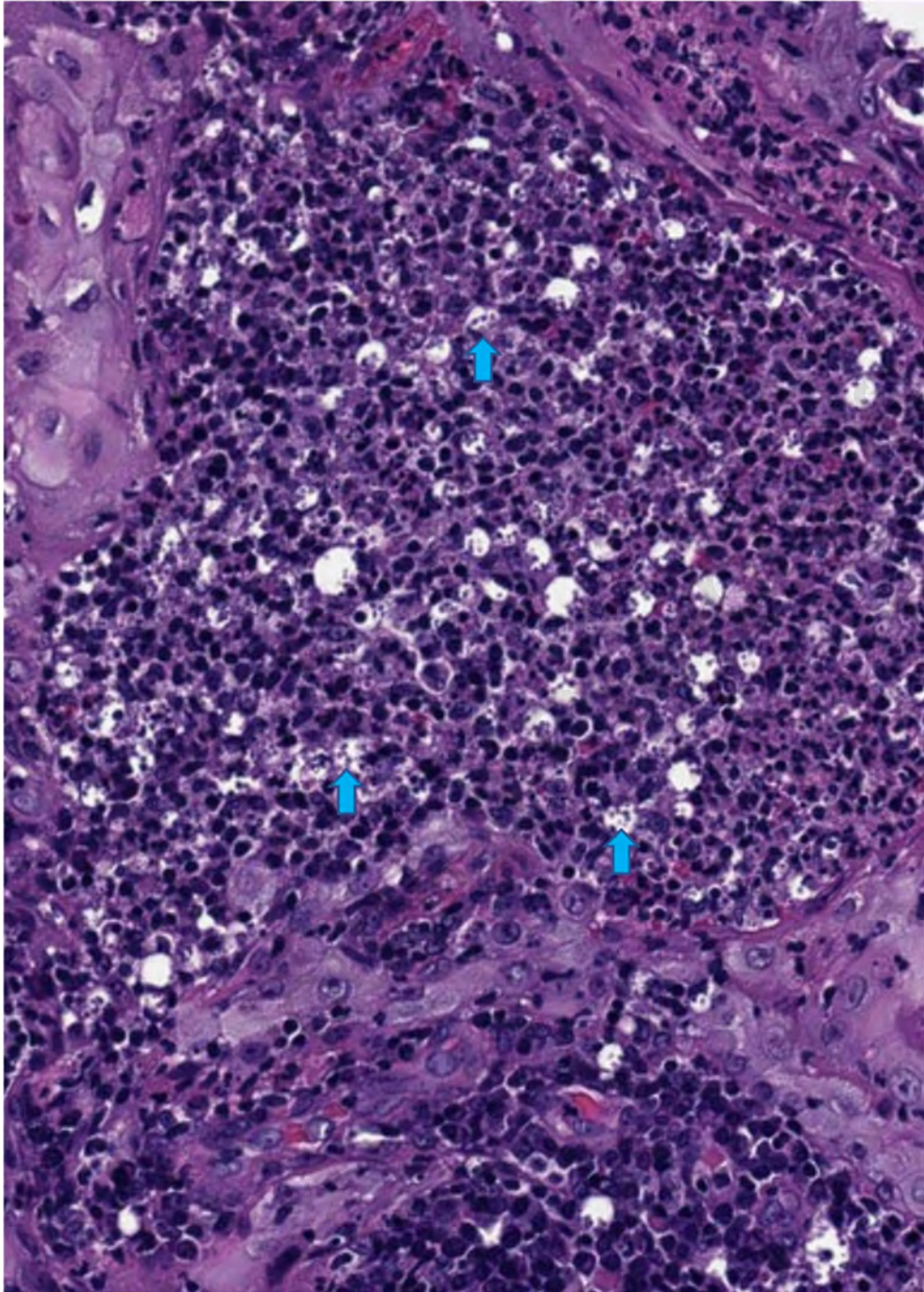
172 **Figure 3.** Cutaneous leishmaniasis lesions, hematoxylin and eosin stain (magnification 200X) –
173 arrows represent macrophages containing numerous intracytoplasmic kinetoplasts

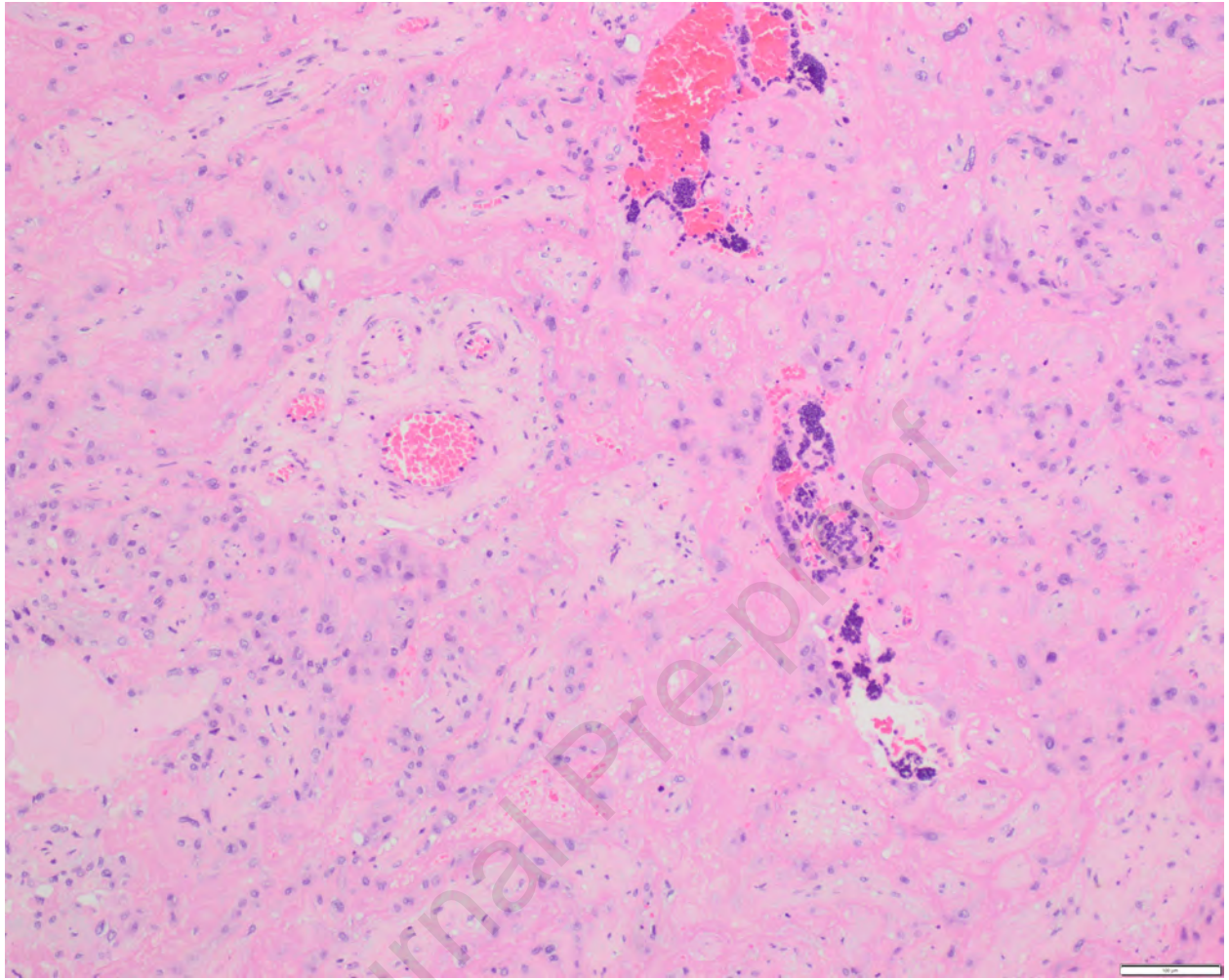
174 **Figure 4.** Placental pathology with massive perivillous fibrin deposition, hematoxylin and eosin
175 stain (magnification 100X)

176 **Figure 5:** Healing right knee lesion two months after initial presentation











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