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#### PRECLINICAL RESEARCH

# An Oral Selective Alpha-1A Adrenergic Receptor Agonist Prevents Doxorubicin Cardiotoxicity



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#### HIGHLIGHTS

- There are 2 α1-ARs on cardiac myocytes: α1A and α1B. α1A adrenergic receptors serve important cardioprotective roles and do not mediate cardiac hypertrophy.
- Dabuzalgron, an oral α1A-AR agonist developed for the treatment of urinary incontinence and tolerated well in Phase 2 clinical trials, protects against doxorubicin-induced cardiotoxicity in vivo. Dabuzalgron enhances contractile function, regulates transcription of genes related to energy production and mitochondrial function, and preserves myocardial ATP content after doxorubicin.
- Activation of α1A-ARs on cardiomyocytes protects against doxorubicin cytotoxicity and enhances mitochondrial function in vitro. These cytoprotective effects likely are mediated by activation of ERK 1/2.
- Future studies will explore whether dabuzalgron, a well-tolerated oral α1A-AR agonist, might be repurposed to treat heart failure.

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#### ABBREVIATIONS AND ACRONYMS

α**1-AR** = alpha-1 adrenergic receptor

AKO = alpha-1A adrenergic receptor knockout

ATP = adenosine triphosphate

BP = blood pressure

DOX = doxorubicin

**EC50** = half-maximal effective concentration

**ERK** = extracellular signalregulated kinase

HF = heart failure

HR = heart rate

IP = intraperitoneal

NRVM = neonatal rat ventricular myocyte

**PGC1**α = peroxisome proliferator-activated receptor gamma coactivator 1-alpha

**qRT-PCR** = quantitative reverse transcription polymerase chain reaction

**TBARS** = thiobarbituric acid reactive substances

WT = wild type

#### SUMMARY

Alpha-1 adrenergic receptors ( $\alpha$ 1-ARs) play adaptive and protective roles in the heart. Dabuzalgron is an oral selective  $\alpha$ 1A-AR agonist that was well tolerated in multiple clinical trials of treatment for urinary incontinence, but has never been used to treat heart disease in humans or animal models. In this study, the authors administered dabuzalgron to mice treated with doxorubicin (DOX), a widely used chemotherapeutic agent with dose-limiting cardiotoxicity that can lead to heart failure (HF). Dabuzalgron protected against DOX-induced cardiotoxicity, likely by preserving mitochondrial function. These results suggest that activating cardiac  $\alpha$ 1A-ARs with dabuzalgron, a well-tolerated oral agent, might represent a novel approach to treating HF. (J Am Coll Cardiol Basic Trans Science 2017;2:39-53) © 2017 The Authors. Published by Elsevier on behalf of the American College of Cardiology Foundation. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).

vidence from studies in cells and animals indicates that alpha-1 adrenergic receptors ( $\alpha$ 1-ARs) play numerous protective roles in the heart (reviewed in O'Connell et al. [1]). There are 3  $\alpha$ 1-AR subtypes:  $\alpha$ 1A,  $\alpha$ 1B, and  $\alpha$ 1D. In rodent and human myocardium, the  $\alpha$ 1A and  $\alpha$ 1B predominate, and there is no measurable  $\alpha$ 1D. The  $\alpha$ 1D is the major  $\alpha$ 1-AR subtype in human and mouse coronary arteries, where its activation promotes vasoconstriction (2,3). The role of the myocardial  $\alpha$ 1B remains

unclear, but multiple lines of evidence suggest that the cardioprotective effects of nonselective α1-AR agonists are mediated by the a1A. Mice overexpressing the  $\alpha$ 1A have increased contractility (4) and are protected from ischemia-reperfusion injury (5), myocardial infarction (6,7), and transverse aortic constriction (8). Abrogation of these adaptive processes may also account for the 2-fold increase in incident heart failure (HF) in hypertensive patients treated with the non-selective a1-AR antagonist, doxazosin, in ALLHAT (Antihypertensive and Lipid-Lowering Treatment to Prevent Heart Attack Trial) (9). These findings and other evidence from animal and human studies suggest that activating myocardial *α*1A-ARs could be therapeutically effective in HF.

#### SEE PAGE 54

In this study, we used the oral selective  $\alpha 1A$  agonist dabuzalgron (Ro 115-1240) to test our hypothesis that stimulation of myocardial  $\alpha 1As$  could confer cardioprotection without increasing blood pressure

(BP) through vascular α1-AR activation. Roche developed dabuzalgron for the treatment of urinary incontinence. It showed excellent a1A selectivity in preclinical testing (10) and was well tolerated by a total of 1,223 women in a Phase 1 trial (11); 2 Phase 2 randomized multicenter trials (Roche NN16378 and NN16691); and a subsequent open-label study (Roche NN16586). Importantly, there were no significant changes in BP in the subjects who received dabuzalgron in any of these trials, suggesting that the chosen dose did not affect vascular tone. When interim analysis of the Phase 2 trials revealed no clinically meaningful difference in urinary incontinence between the dabuzalgron and placebo groups, Roche decided to close trial enrollment and halt further development of dabuzalgron. The drug never has been used either clinically or experimentally to treat heart disease.

We chose to test the therapeutic efficacy of dabuzalgron in preventing heart injury using an anthracycline cardiotoxicity model, given previous evidence demonstrating *α*1A-mediated cytoprotection after doxorubicin (DOX) treatment (12-14). Anthracyclines, including DOX, are highly effective and commonly used chemotherapeutic agents, but have doselimiting cardiotoxicity. Although the incidence of anthracycline-induced cardiomyopathy has declined with contemporary dosing regimens, left ventricular dysfunction still occurs in 20% to 30% of anthracycline recipients (15,16) and remains an important cause of systolic HF. Numerous mechanisms contribute to cardiomyocyte injury after anthracycline administration, but mitochondrial dysfunction and broad deficits in cardiomyocyte energy production

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are central to the pathogenesis (reviewed in Tokarska-Schlattner et al. [17]).

Here, we show that dabuzalgron protects against the cardiotoxic effects of DOX in vitro and in vivo by activating the  $\alpha$ 1A-AR, and we demonstrate that preservation of mitochondrial function is one novel mechanism underlying this benefit.

#### **METHODS**

Dabuzalgron was synthesized by Angene (Hong Kong) per published chemical structure (18), and its purity and identity were confirmed. Mice were 8- to 12-weekold males: C57Bl6J wild-type (WT) or a1A-AR knockout (AKO) mice, which were congenic on a C57Bl6J background. Animal care and experimental protocols were approved by the University of North Carolina at Chapel Hill Institutional Animal Care and Use Committee and complied with "Guide for the Care and the Use of Laboratory Animals." Tail cuff BP and heart rate (HR) were obtained on awake and trained mice by at least 20 repeated measurements. DOX was administered by single intraperitoneal (IP) injection, and dabuzalgron was gavaged twice daily. Echocardiograms were performed on awake, loosely restrained mice. The echocardiogram reader was blind to treatment condition. Mice were sacrificed by cervical dislocation after an overdose of isoflurane, and heart tissue was immediately removed, flash frozen, and then processed for quantitative reverse transcription polymerase chain reaction (gRT-PCR), RNAseq, adenosine triphosphate (ATP) assay, and immunoblotting. Fibrosis was analyzed in 3 Masson Trichrome-stained sections of 4 or 5 hearts from each treatment group using Aperio ImageScope software (ImageScope 11.1, Leica Biosystems, Buffalo Grove, Illinois). RNAseq was performed at the Carolina Center for Genome Sciences High Throughput Sequencing Facility. Gene-level differential expression testing was implemented in the R package DESeq2 (version 3.1, R Foundation for Statistical Computing, Vienna, Austria).

Neonatal rat ventricular myocytes (NRVMs) were isolated as previously described (19). Experiments including immunoblotting, Annexin V-FLUOS (Sigma-Aldrich, St. Louis, Missouri), and JC-1 staining were performed after 36 to 96 h in serum-free medium with insulin, transferrin, and bromodeoxyuridine. Fluorescence was quantified using a plate reader.

All results are presented as mean  $\pm$  SEM. Comparisons were made using the Student *t* test (groups of 2) or 1-way analysis of variance (groups of 3) with the Tukey post hoc analysis (GraphPad Prism, version 5.0, GraphPad Software, La Jolla, California). EC50 for extracellular signal-regulated kinase (ERK) activation was calculated using sigmoidal dose-response analysis (Prism).

Complete experimental details are available in the Supplemental Methods.

#### RESULTS

SELECTIVE  $\alpha$ 1A-AR ACTIVATION WITH DABUZALGRON DOES NOT AFFECT HR, BP, OR HEART SIZE IN WT MICE. Given that nonselective  $\alpha$ 1-AR agonists such as phenylephrine can increase BP and cause cardiomyocyte hypertrophy, we sought to determine whether the selective  $\alpha$ 1A agonist, dabuzalgron, would have similar effects. Untreated mice were trained on the tail cuff apparatus daily for 5 days. On Days 6 to 10, mice received dabuzalgron (1 to 100 µg/kg/day) or water by gavage twice daily for 5 days with daily BP measurements. After 5 days, no difference in HR or BP could be found when comparing WT mice treated with dabuzalgron and vehicle (Figure 1A).

To test the effect of an  $\alpha$ 1A agonist on cardiac hypertrophy, we administered dabuzalgron (1 to 100  $\mu$ g/kg/day) or vehicle by gavage twice daily for 7 days. There was no measurable change in body weight or heart weight at any dose (**Table 1**), and no difference in heart weight indexed to tibia length could be found when comparing WT mice treated with dabuzalgron and water (**Figure 1B**). We used qRT-PCR to assay traditionally accepted molecular markers of hypertrophy in the hearts of mice treated with dabuzalgron. There was no change in the transcript abundance of atrial natriuretic peptide, beta myosin heavy chain, or alpha-skeletal actin (**Figure 1C**).

Collectively, these findings suggest that the chosen doses of dabuzalgron do not increase vascular tone or promote cardiac hypertrophy, 2 properties attributed to nonselective  $\alpha$ 1-AR activation.

DABUZALGRON PROTECTS AGAINST DOX CARDIOTOXICITY BY ACTIVATING THE *a*1A-AR. To test whether therapeutic activation of the a1A could prevent DOX-induced cardiac injury, we treated WT mice and mice lacking the α1A (AKO mice) with DOX 20 mg/kg IP injection followed by 7 days gavage with either water or dabuzalgron 10  $\mu$ g/kg twice daily (Figure 2A). There was no difference in baseline heart weight in WT and AKO mice (Table 2). All animals treated with DOX lost 10% to 15% of their body weight. Raw heart weight and heart weight indexed to tibia length were lower in mice treated with DOX than in vehicle-treated WT and AKO controls (Table 2). Survival was 78% in WT mice treated with DOX and 86% (p = NS by Fisher exact test) in mice treated with DOX and gavaged with dabuzalgron. Survival in 16 AKO mice treated with DOX was 38% (p = 0.08 vs. DOX-treated WT mice by Fisher exact test)



least 20 cuff inflations. Mice were trained on the apparatus for the first 5 days, during which no drug was administered. On Days 6 to 10, mice were gavaged with dabuzalgron (100 ng/kg to 100  $\mu$ g/kg) or water twice daily. **(B)** Male mice were treated with dabuzalgron 10  $\mu$ g/kg by gavage twice daily for 7 days. Heart weight (HW) (in mg) was indexed to tibia length (TL) (in mm). **(C)** Quantitative reverse transcription polymerase chain reaction (qRT-PCR) was performed using heart tissue snap frozen at the time of sacrifice. ANP = atrial natriuretic peptide; d = day; Dabuz = dabuzalgron; MHC $\beta$  = myosin heavy chain beta; NS = nonsignificant; skAct = skeletal actin; WT = wild-type.

and unaffected by dabuzalgron administration (Table 2).

Previous studies in rodents (20) and humans (21) have demonstrated that α1-AR activation increases inotropy in failing heart tissue, though it has minimal effects on contractility of the uninjured heart. Conscious echocardiography on Day 7 after DOX treatment in WT mice revealed a decrease in contractile function that was prevented by administration of dabuzalgron (Figure 2B, Table 3). Fractional shortening and left ventricular end-systolic volume both were preserved in animals that received dabuzalgron after DOX (Table 3), though dabuzalgron had no effect on echocardiographic parameters in uninjured mice (data not shown).

There was no difference in baseline contractile function of WT and AKO mice (**Figure 2B**). However, the surviving DOX-treated AKO mice had significantly lower fractional shortening than DOX-treated WT mice (p < 0.01) (**Figure 2B**). This profound reduction in contractile function was not rescued by dabuzalgron (**Figure 2B**). The burden of fibrosis as detected by Masson Trichrome increased significantly after DOX (**Figure 2C**), but treatment with dabuzalgron mitigated this increase.

In summary, treatment with dabuzalgron preserved contractile function and reduced fibrosis after DOX administration. AKO mice treated with DOX had worse survival and more profoundly impaired contractile function than WT mice. Neither parameter was affected by dabuzalgron in AKOs, indicating that the beneficial effects of dabuzalgron require the presence of the  $\alpha$ 1A.

DABUZALGRON PRESERVES IN VIVO ABUNDANCE OF MITOCHONDRIAL FUNCTION TRANSCRIPTS, UP-REGULATES PGC1a, AND RESTORES ATP SYNTHESIS AFTER TREATMENT WITH DOX. To investigate the mechanisms behind dabuzalgron's cardioprotective effects after DOX, we used RNAseq to analyze heart tissue from mice treated with DOX with and without dabuzalgron. An omnibus test of transcript abundance across all groups was performed using DESeq2 with groups encoded as categorical variables. One hundred one genes were identified as significant by meeting the q < 0.05 threshold (the set of genes with a 5% false discovery rate) (Supplemental Table 1). Gene set analysis was performed based on the univariate statistics calculated from DESeq2 (Supplemental Tables 2 and 3). Marked differences were identified in numerous pathways related to mitochondrial function (Figure 3A).

Further analysis of transcripts within these mitochondrial pathways revealed that DOX decreased the 
 TABLE 1
 Indexed Heart Weight After 7-Day Gavage Treatment With Dabuzalgron in

 Uninjured WT Mice
 V

Dabuzalgron, µg/kg/day (n)	Body Weight, Initial (g)	Body Weight, Final (g)	Tibia Length (mm)	Heart Weight (mg)	Heart/ Body Weight (%)	Heart Weight/ Tibia Length (mg/mm)
Vehicle (12)	$\textbf{27.2} \pm \textbf{1.0}$	$\textbf{26.9} \pm \textbf{0.8}$	$17.5\pm0.2$	$109\pm4$	$0.40\pm0.01$	$\textbf{6.2}\pm\textbf{0.2}$
0.2 (3)	$\textbf{25.5} \pm \textbf{0.3}$	$\textbf{25.3} \pm \textbf{0.4}$	$17.3\pm0.1$	$106\pm4$	$0.42\pm0.01$	$\textbf{6.1} \pm \textbf{0.3}$
2 (6)	$\textbf{26.0} \pm \textbf{0.8}$	$\textbf{25.9} \pm \textbf{0.8}$	$17.5\pm0.1$	$106\pm4$	$0.41\pm0.02$	$\textbf{6.1} \pm \textbf{0.2}$
20 (12)	$\textbf{27.9} \pm \textbf{1.2}$	$\textbf{27.3} \pm \textbf{1.1}$	$17.5\pm0.1$	$110\pm4$	$0.41\pm0.01$	$\textbf{5.9} \pm \textbf{0.2}$
200 (7)	$\textbf{28.4} \pm \textbf{1.8}$	$\textbf{27.4} \pm \textbf{1.6}$	$17.6\pm0.2$	$113\pm 6$	$0.41\pm0.01$	$\textbf{6.1}\pm\textbf{0.3}$

Values are mean  $\pm$  SEM unless otherwise indicated.

WT = wild-type.

abundance of complex I (42 genes) and ATP synthase subunits (17 genes) (Figure 3B). Treatment with dabuzalgron restored normal expression of these gene sets and also increased expression of cytochrome c oxidase subunits (25 genes) after DOX. Treatment with dabuzalgron in the absence of DOX increased complex I subunit abundance, but had no significant effect on cytochrome c or ATP synthase (Figure 3B).

Many of the genes encoding electron transport and other key mitochondrial proteins are under transcriptional regulation by peroxisome proliferatoractivated receptor gamma coactivator 1-alpha (PGC1 $\alpha$ ) (22). We found that DOX decreased PGC1 $\alpha$ abundance in vivo (**Figure 3C**), consistent with prior reports (23). Treatment with dabuzalgron increased PGC1 $\alpha$  abundance in the hearts of mice treated with either DOX or vehicle control (**Figure 3C**).

To assess the functional effect of these transcriptional differences, we assayed ATP content in freshly harvested heart homogenates. DOX decreased ATP content by  $23 \pm 7\%$  compared to untreated hearts, consistent with previous reports (17) (Figure 3D). Treatment with dabuzalgron restored ATP content in the hearts of DOX-treated mice, but did not affect ATP in uninjured mice. Using the highly selective MEK inhibitor, trametinib, we found that inhibiting activation of ERK1/2 abrogated dabuzalgron's beneficial effect on ATP synthesis after DOX.

Oxidative stress is central to the pathobiology of DOX cardiotoxicity and arises in part from compromised mitochondrial function (24). To assess further the functional implications of these transcriptional findings, we measured thiobarbituric acid reactive substances (TBARS), in mouse heart tissue. TBARS, a measure of lipid peroxidation, were more abundant in the hearts of mice treated with DOX. Coadministration of dabuzalgron normalized TBARS content (Figure 3E).

In summary, dabuzalgron protected against the reduction in transcripts related to mitochondrial function, preserved ATP content, and reduced oxidative stress in the hearts of mice treated with



(A) WT mice and knockout mice lacking the  $\alpha$ IA-AR (AKO) underwent baseline awake echocardiography, received either doxorubicin (DOX) 20 mg/kg or vehicle control (VC) by intraperitoneal (IP) injection, then 7 days of treatment with either dabuzalgron 10 µg/kg or water by gavage twice daily. On Day 7, the mice underwent awake echocardiography before sacrifice. All analyses included only mice that survived to Day 7. (B) Fractional shortening, a measure of contractile function, with representative M-mode echocardiogram images. Results for mice that survived to Day 7 were compared in indicated groups using the Student *t* test, assuming normal distribution of values. (C) Day 7 heart sections stained with Masson Trichrome. Fibrosis (weighted average collagen content) was quantified using Aperio ImageScope software. Results were compared across treatment conditions by analysis of variance. Abbreviations as in Figure 1.

Treatment (n)	7-Day Survival	Body Weight Day O (g)	Body Weight Day 7 (g)	Tibia Length (mm)	Heart Weight (mg)	Heart Weight/ Body Weight (%)	Heart Weight/ Tibia Length (mg/mm)	Lung Weight/ Tibia Length (mg/mm)
Wild type								
Vehicle (12)	100%	$\textbf{27.3} \pm \textbf{0.6}$	$\textbf{27.8} \pm \textbf{0.6}$	$17.2\pm0.1$	$126\pm3$	$0.45 \pm 0.01$	$\textbf{7.3}\pm\textbf{0.2}$	$\textbf{7.1} \pm \textbf{1.2}$
Doxorubicin + vehicle (14)	78%	$\textbf{28.1}\pm\textbf{0.7}$	$\textbf{25.1} \pm \textbf{1.2*}$	$\textbf{17.9} \pm \textbf{0.2}$	$104\pm7^*$	$0.41\pm0.01^{\ast}$	$\textbf{5.8} \pm \textbf{0.4*}$	$\textbf{8.2}\pm\textbf{0.3}$
Doxorubicin + dabuzalgron (14)	86%	$\textbf{27.3} \pm \textbf{0.5}$	$\textbf{24.3} \pm \textbf{0.6*}$	$17.6\pm0.1$	$97\pm5^{*}$	$\textbf{0.41} \pm \textbf{0.02*}$	$5.5\pm0.3^{\ast}$	$\textbf{7.7} \pm \textbf{0.4}$
α1Α-ΚΟ								
Vehicle (3)	100%	$\textbf{26.7} \pm \textbf{0.9}$	$\textbf{26.7} \pm \textbf{0.9}$	$17.0\pm0.0$	$118 \pm 7$	$\textbf{0.44} \pm \textbf{0.02}$	$\textbf{6.9}\pm\textbf{0.4}$	$\textbf{5.2}\pm\textbf{0.3}$
Doxorubicin + vehicle (3)	38%	$\textbf{29.9} \pm \textbf{0.7}$	$\textbf{26.8} \pm \textbf{1.2}$	$17.5\pm0.3$	$101\pm9$	$\textbf{0.42} \pm \textbf{0.02}$	$\textbf{5.8} \pm \textbf{0.3*}$	$\textbf{5.0} \pm \textbf{0.3}$
Doxorubicin + dabuzalgron (4)	50%	$\textbf{29.3} \pm \textbf{0.6}$	$\textbf{26.4} \pm \textbf{1.2}$	$17.4\pm0.1$	$101 \pm 5^*$	$\textbf{0.39} \pm \textbf{0.01*}$	$\textbf{5.6} \pm \textbf{0.2*}$	$\textbf{5.1}\pm\textbf{0.2}$

DOX. These beneficial effects may be mediated by activation of ERK1/2 and up-regulation of PGC1*a*.

ERK1/2 ACTIVATION CONTRIBUTES TO THE CARDIOPROTECTIVE EFFECTS OF DABUZALGRON. NRVMs express the  $\alpha$ 1A and  $\alpha$ 1B subtypes, have been used extensively to assess the effects of non-selective  $\alpha$ 1-AR activation, and faithfully predict in vivo  $\alpha$ 1-AR biology (25,26). To test the effect of an  $\alpha$ 1A agonist on uninjured NRVMs, we administered various concentrations of dabuzalgron. After 15 min of treatment, we blotted NRVM lysates for activation of ERK (Figure 4A), a canonical downstream signaling partner of the a1A that mediates the cytoprotective effects of a1A activation in vitro (13). Dabuzalgron increased ERK phosphorylation in a dose-dependent fashion with a half-maximal effective concentration (EC50) of 4.8  $\times$  10  $^{-7}$  mol/l (Figure 4B). The pERK/ERK ratio was increased roughly 1.5-fold after treatment with dabuzalgron 10 µmol/l, an effect equivalent to

norepinephrine 1  $\mu$ mol/l (in the presence of the nonselective  $\beta$ -AR blocker, propranolol 1  $\mu$ mol/l) (Figure 4C).

We then tested the role of ERK activation in dabuzalgron's cardioprotective effects in vivo using trametinib. Trametinib (1 mg/kg by gavage once daily) almost completely eliminated ERK activation (**Figures 4D and 4E**). DOX also reduced ERK activation, consistent with previous reports (27). Treatment with dabuzalgron partially mitigated that effect but could not restore ERK activation after trametinib (**Figures 4D and 4E**). Coadministration of trametinib with DOX and dabuzalgron abrogated dabuzalgron's protective effect on contractile function (**Figure 4F**), suggesting that  $\alpha$ 1A-mediated positive inotropy requires ERK activation.

DABUZALGRON PROTECTS NRVMs FROM CELL DEATH DUE TO DOX. Previous studies showed that adenoviral infection with the  $\alpha$ 1A is cytoprotective in vitro, but the

TABLE 3Echocardiographic Parameters After Doxorubicin Treatment With or Without Dabuzalgron 20 $\mu$ g/kg/day								
	HR	LVIDd	LVIDs	FS	LVd vol	LVs vol	IVSd	PWd
Wild type (n)								
Doxorubicin + vehicle (14)								
Day O	$658\pm30$	$\textbf{2.9}\pm\textbf{0.1}$	$1.4\pm0.1$	$54\pm2$	$34\pm4$	$5\pm1$	$\textbf{0.9}\pm\textbf{0.0}$	$\textbf{0.8}\pm\textbf{0.0}$
Day 7	$613\pm23$	$\textbf{2.8}\pm\textbf{0.1}$	$1.5\pm0.1$	$46\pm2$	$31\pm3$	$7\pm2$	$\textbf{0.9}\pm\textbf{0.0}$	$\textbf{0.8}\pm\textbf{0.0}$
Doxorubicin + dabuzalgron (14)								
Day O	$630\pm59$	$\textbf{3.0}\pm\textbf{0.2}$	$1.4\pm0.1$	$50\pm3$	$\textbf{36} \pm \textbf{6}$	$5\pm1$	$\textbf{0.9}\pm\textbf{0.1}$	$\textbf{0.9}\pm\textbf{0.0}$
Day 7	$667\pm10^{\ast}$	$2.8\pm0.1$	$1.3\pm0.0^{\ast}$	$53 \pm 1^*$	$31\pm2$	$5\pm0^{*}$	$\textbf{0.9}\pm\textbf{0.0}$	$\textbf{0.9}\pm\textbf{0.0}$
α1Α-KO (n)								
Doxorubicin + vehicle (3)								
Day O	$\textbf{679} \pm \textbf{38}$	$\textbf{3.0}\pm\textbf{0.1}$	$1.3\pm0.0$	$55 \pm 1$	$34\pm2$	$5\pm0$	$1.1\pm0.1$	$1.1\pm0.1$
Day 7	$661\pm21$	$\textbf{3.0}\pm\textbf{0.2}$	$1.7\pm0.1$	$43\pm2$	$34\pm4$	$9\pm2$	$1.2 \pm 0.0$	$1.1\pm0.0$
Doxorubicin + dabuzalgron (4)								
Day O	$703 \pm 13$	$\textbf{2.8}\pm\textbf{0.1}$	$1.3\pm0.1$	$54\pm1$	$30\pm3$	$4\pm1$	$1.1\pm0.0$	$1.1\pm0.1$
Day 7	$618\pm19$	$\textbf{2.8}\pm\textbf{0.1}$	$1.6\pm0.0$	$42\pm2$	$29\pm2$	8 ± 1	$1.1\pm0.0$	$1.1\pm0.1$

Values are mean  $\pm$  SEM. Echocardiography was performed on unanesthetized mice. Data are included only for mice that survived to Day 7, n given in parentheses. \*p < 0.05 versus doxorubicin + vehicle.

FS = fractional shortening (%); HR = heart rate (beats/min); IVSd = interventricular septal thickness, diastole (mm); LVd vol = left ventricular diastolic volume ( $\mu$ l); LVIDd = left ventricular internal diameter, diastole (mm); LVIDs = left ventricular internal diameter, systole (mm); LVm = left ventricular mass, calculated; LVs vol = left ventricular systolic volume ( $\mu$ l); PWd = posterior wall, diastole (mm).



Male mice were treated with either DOX 20 mg/kg or vehicle by IP injection followed by 7 days gavage with either dabuzalgron 10  $\mu$ g/kg twice daily, water, or trametinib (Trm) (1 mg/kg daily). Heart tissue was collected and immediately flash frozen on Day 7. (**A**) RNAseq was performed using RNA from the hearts of 3 mice per group (PBS + water; PBS + dabuzalgron; DOX + water; DOX + dabuzalgron). Gene set analysis was performed on DESeq2-derived statistics across these four categories. The results were highly enriched in gene sets involved in mitochondrial processes, a selection of which is shown here. (**B**) RNA abundance for all sequenced cytochrome C oxidase subunits (25 genes), mitochondrial complex I subunits (42 genes), and ATP synthase subunits (17 genes) was normalized by individual gene to vehicle treatment, then aggregated by treatment group. (**C**) Quantitative reverse transcription polymerase chain reaction for peroxisome proliferator-activated receptor gamma coactivator 1-alpha (PGC1 $\alpha$ ) was performed on mouse heart tissue (n in individual bars) (**D**) ATP content was measured in freshly harvested mouse heart tissue (total n in individual bars), then quantified relative to protein content. Results are presented relative to vehicle treatment for 4 independent experiments. (**E**) Thiobarbituric acid reactive substances (TBARS) were assayed in mouse myocardium. Abbreviations as in Figures 1 and 2.



blotted for pERK and ERK. Results were compared using 1-way analysis of variance with Tukey post-test. (F) Mice underwent conscious echocardiography after 7 days of treatment with Trm, DOX and Trm, or DOX, Trm, and dabuzalgron. EC50 = half-maximal effective concentration; NRVM = neonatal rat ventricular myocyte; other abbreviations as in Figures 1 to 3.



352 nuclei were counted in an average of 6 microscopic fields per experiment. Abbreviations as in Figures 1 to 4.

effects of selective  $\alpha$ 1A activation have not been tested previously. To test the cytoprotective effects of an  $\alpha$ 1A agonist, we treated NRVMs with DOX 2  $\mu$ mol/l in the presence and absence of dabuzalgron 10  $\mu$ mol/l, then assayed apoptosis and cell death using Annexin V- FLUOS and propidium iodide (Figure 5A). Four-hour treatment with DOX increased apoptosis (Annexin V staining), and necrotic cell death (costaining with Annexin V and propidium iodide) (Figure 5B). Concomitant treatment with dabuzalgron abrogated

these effects. Treatment with dabuzalgron in the absence of DOX did not change Annexin V or propidium iodide staining when compared with untreated cells.

DABUZALGRON REGULATES ACTIVATORS OF APOPTOSIS AND MITOCHONDRIAL MEMBRANE POTENTIAL IN NRVMS. In light of our findings that treatment with dabuzalgron preserved mitochondrial function in vivo and protected against cell death in vitro after DOX exposure, we sought to explore the effect of dabuzalgron on aspects of mitochondrial function in NRVMs. Maintenance of mitochondrial membrane potential is essential to ATP generation, and loss of membrane potential can contribute to apoptosis by increasing cytochrome c release (28), leading to activation of proapoptotic effectors. DOX interferes with the cellular capacity to maintain mitochondrial membrane potential and mitochondrial dysfunction contributes significantly to DOX cardiotoxicity (24).

To test the effect of  $\alpha$ 1A activation on mitochondrial membrane potential, we treated NRVMs with DOX 2 µmol/l for 4 h in the presence or absence of dabuzalgron 10 µmol/l then stained with the membrane permeant dye, JC-1. JC-1 exists as a green fluorescent monomer at low mitochondrial membrane potential and a red fluorescent aggregate at high mitochondrial membrane potential. DOX led to a profound loss of mitochondrial membrane potential that was partially rescued by coadministration of dabuzalgron (**Figures 6A and 6B**).

To examine the role of  $\alpha$ 1A-mediated mitochondrial protection on DOX-induced apoptosis, we immunoblotted NRVM lysates for cytochrome c and downstream apoptosis effectors. DOX increased cytochrome c release and caused cleavage of caspases and PARP, suggesting that mitochondrial damage induced activation of the intrinsic apoptosis pathway, consistent with previous characterizations of DOX cytotoxicity (29). Coadministration of dabuzalgron abrogated these changes (Figure 6C).

In summary, activation of the  $\alpha$ 1A-AR with dabuzalgron mitigated the detrimental effects of DOX on mitochondrial membrane potential and abrogated the activation of important elements of the apoptotic response to mitochondrial damage. These findings suggest that preservation of mitochondrial function may underlie the cytoprotective effects of  $\alpha$ 1A activation.

#### DISCUSSION

The central novel finding of this study is that the oral selective  $\alpha$ 1A-AR agonist, dabuzalgron, is protective against anthracycline-induced cardiotoxicity. Though dabuzalgron has not been tested previously in animal models of heart injury, it was well tolerated in 2 large

randomized clinical trials for treatment of urinary incontinence. We found that its cardioprotective effect is mediated in part through preservation of mitochondrial function, an adaptive mechanism that has not been attributed previously to activation of cardiac  $\alpha$ 1A-ARs.

 $\alpha$ 1-ARs are best known as vascular receptors, where  $\alpha$ 1-AR activation promotes vasoconstriction. At high doses, nonselective  $\alpha$ 1-AR agonists such as phenyl-ephrine increase BP experimentally and clinically. In this study, we found no effect on BP or HR in mice treated with a range of dabuzalgron doses. We chose to use 10 µg/kg for subsequent experiments because Roche studied this dose in pigs and rabbits (10). Our findings mirror the published human experience with dabuzalgron as a treatment for urinary incontinence, wherein administration of 1.5 mg by mouth twice daily did not alter BP or HR (11).

Though cardiac  $\alpha$ 1-ARs are a minor AR subpopulation relative to  $\beta$ 1-ARs, they contribute to numerous important processes in the heart (26). Subpressor doses of nonselective  $\alpha$ 1-AR agonist also can cause cardiac hypertrophy, indicating a direct and load-independent effect on the heart (30). We found that activation of the  $\alpha$ 1A did not cause myocardial hypertrophy, consistent with the fact that heart size is normal in mice with global and cardiac-specific  $\alpha$ 1A overexpression (4-6).  $\alpha$ 1AKO mice on a congenic C57Bl6 background also have normal heart size and BP (data not shown). Mice lacking both myocardial  $\alpha$ 1 subtypes ( $\alpha$ 1ABKO) have small hearts (31). Collectively, these findings suggest the  $\alpha$ 1B subtype mediates cardiomyocyte hypertrophy induced by non-selective  $\alpha$ 1-AR agonists.

We found that oral administration of a subpressor dose of dabuzalgron protected WT mice against DOX cardiotoxicity. This beneficial effect was absent in AKO mice, indicating that dabuzalgron's adaptive effects result from on-target activation of the  $\alpha$ 1A. High mortality and very poor contractile function in DOX-treated AKO mice further reinforce the cardioprotective function of the  $\alpha$ 1A-AR. Though other labs have used transgenic overexpression of the  $\alpha$ 1A to identify cardioprotective effects, ours is the first study to our knowledge to demonstrate greater susceptibility to cardiac injury in AKO mice. As such, we present evidence supporting adaptive functions for cardiac  $\alpha$ 1A-ARs using both novel pharmacological gain-of-function and novel genetic loss-of-function approaches.

The function of  $\alpha$ 1-ARs in cardiomyocyte mitochondria has not been explored to any significant extent previously. In our study, dabuzalgron protected against DOX-induced apoptosis and necrosis in NRVMs and decreased levels of intrinsic apoptotic effectors, suggesting that this benefit may be associated with



NRVMs were treated for 4 h with doxorubicin 2 µmol/l in the presence and absence of dabuzalgron 10 µmol/l. (A and B) Mitochondrial membrane potential was assessed using JC-1, and fluorescent intensity was quantified using a plate reader. Red indicates intact mitochondrial membrane potential; green indicates compromised mitochondrial membrane potential. Representative images (A) and summary findings (B) are presented. (C) NRVM lysates were blotted for selected regulators of apoptosis and mitochondrial cell death effectors. Representative Western blots and summary findings from 3 independent experiments with at least 2 wells per condition in each experiment are shown. Abbreviations as in Figures 1 to 4.

preservation of mitochondrial integrity and function. Analysis of our RNAseq results showed rescue of pathways associated with mitochondrial function and metabolism after therapeutic *α*1A activation, a previously unrecognized mechanism for *α*1A activity. Treatment with DOX diminished transcript abundance within these pathways, whereas coadministration of dabuzalgron restored expression of complex I, cytochrome c oxidase, and ATP synthase genes. Treatment with dabuzalgron abrogated the DOX-induced reduction in myocardial ATP levels, indicating functional significance of the transcriptional changes. Though we cannot exclude a contribution from other cell types to these findings, they seem most likely to represent changes in cardiomyocytes because the a1A is not expressed on nonmyocytes in the heart (32).

We show that dabuzalgron activates ERK, a canonical downstream signaling partner of the a1A in NRVMs, and partially restores ERK activation in the hearts of mice treated with DOX. Using the highly selective MEK inhibitor, trametinib, we demonstrate that ERK phosphorylation is necessary for dabuzalgron's protective effects on inotropy and ATP synthesis. ERK activation was found to be critical to α1A-mediated cytoprotection in previous work using adenoviral constructs in vitro (13), but our experiments are the first to show ERK activation in vivo by an a1A agonist. Interestingly, dabuzalgron-mediated cardioprotection does not require full restoration of ERK activation to levels seen in uninjured heart. Given the broad cellular effects of DOX, it is possible that DOX impairs ERK activation through multiple pathways, not all of which are modified by  $\alpha$ 1A activation.  $\alpha$ 1-ARs can activate ERK through multiple pathways, both PKC-dependent (33) and PKC-independent (34), suggesting signaling resilience. Furthermore, *α*1A activation might mitigate the adverse effects of DOX on abundance of activated ERK by targeting activated ERK to caveolae, where its function is enhanced, as shown previously in vitro (35,36).

**STUDY LIMITATIONS.** One potential limitation of our study is the use of an acute DOX toxicity model. We administered 20 mg/kg of DOX intraperitoneally, a dose that allometrically scales to roughly 60 mg/m<sup>2</sup> in humans. Though this scaled dose is at the upper limit of the typical range for treatment of breast cancer and lymphoma, the observed mortality in our studies is out of proportion to the insult to cardiac function, suggesting that mice may suffer noncardiac toxicities at this dose that are not fully representative of the human response. The pathogenesis and signaling associated with acute DOX cardiotoxicity likely are distinct from chronic DOX cardiomyopathy, and the contribution of oxidative stress in this model may be

disproportionately represented. Chronic cardiomyopathy is the most significant source of DOXassociated cardiac morbidity; however, numerous studies indicate that acute DOX cardiotoxicity is more common than previously thought (11% [37] to 21% [38]) and predicts poor outcomes. In one recent study, 32% of subjects had elevated troponin I (TnI) acutely after DOX. Ejection fraction dropped measurably in most subjects by 3 months and early +TnI predicted durable reduction in ejection fraction (39). In a followup study, the authors found that early institution of evidence-based HF therapy protected against chronic anthracycline cardiomyopathy (40). Collectively, these findings suggest that acute DOX cardiotoxicity may be a clinically meaningful and actionable entity.

We have proposed previously that *α*1-AR agonists could be used to treat HF (25). Anthracycline-induced cardiac dysfunction is not wholly representative of the various causes of human HF, but there are some commonalities. In particular, mitochondrial dysfunction and impaired cardiomyocyte energetics are central to the pathobiology of HF regardless of etiology (41). Unlike  $\beta$ -ARs, the abundance of  $\alpha$ 1A is maintained or increased in failing human heart tissue (42,43). One small study indicated a benefit from the use of the nonselective *α*1-AR agonist midodrine in patients with advanced HF (44). Long-term selective activation of the α1A for treatment of HF has not been tested therapeutically, though the present results suggest that this novel approach may have promise. Interestingly, longterm systemic 2-fold overexpression of the α1A actually is associated with prolonged lifespan, decreased cancer incidence (45), and improved cognition (46).

#### CONCLUSIONS

Future mechanistic work will examine the role of the  $\alpha$ 1A-AR in regulating mitochondrial function and cellular energy production. We also plan to test selective  $\alpha$ 1A-AR activation with dabuzalgron in other mouse models of HF. These studies will help to determine the therapeutic potential of repurposing this well-tolerated oral  $\alpha$ 1A-AR agonist for the treatment of HF.

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#### PERSPECTIVES

#### **COMPETENCY IN MEDICAL KNOWLEDGE: The**

detrimental role of chronic catecholaminergic hyperstimulation of cardiac  $\beta$ -ARs is a well-recognized aspect of HF pathobiology and antagonizing those effects with  $\beta$ blockers is central to the treatment of HF. Cardiac  $\alpha$ 1-ARs are a smaller population of receptors that also are activated endogenously by the catecholamines, norepinephrine and epinephrine. Emerging data indicate that  $\alpha$ 1-ARs mediate adaptive, rather than toxic, effects in the heart. Here we use dabuzalgron, an oral  $\alpha$ 1A-AR agonist, to protect against DOX-induced cardiotoxicity and HF in mice. Our findings reinforce previous cell and animal data demonstrating cardioprotection through the  $\alpha$ 1A-AR, and suggest that dabuzalgron might be used to treat other forms of HF. TRANSLATIONAL OUTLOOK: We chose to study dabuzalgron because it has a published record of safety and tolerability in previous clinical trials for treatment of urinary incontinence. Hence, developing dabuzalgron as a HF treatment would not require extensive preclinical toxicological testing. Indeed, many of the medications that currently are used to treat HF have been repurposed from other indications. Confirmation of the therapeutic potential of dabuzalgron will require demonstration of its efficacy in other animal models of HF. Although dabuzalgron was well tolerated by hundreds of women with urinary incontinence, its safety would need to be evaluated in Phase 1 studies of patients with heart disease.

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**KEY WORDS** alpha adrenergic receptors, anthracyclines, cardioprotection, catecholamines, heart failure

**APPENDIX** For an expanded Methods section and supplemental tables, please see the online version of this paper. 53