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## Authors

Haider, Mostofa Roy, Souvik Paniagua, Fabian <u>et al.</u>

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# 1 Field Implementation of Cellulose Nanocrystals (CNC) in Concrete Pavement

2 Test Track

- 3 Authors:
- 4 Md Mostofa Haider<sup>a</sup>, Souvik Roy<sup>a</sup>, Fabian Paniagua<sup>a</sup>, Somayeh Nassiri<sup>a\*</sup>, Angel Mateos<sup>a</sup>
- 5 *aDepartment of Civil and Environmental Engineering, University of California Davis, CA* 95616
- 6 \*Phone: 530-752-8918, Email: nassiri@ucdavis.edu
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## 12 Field Implementation of Cellulose Nanocrystals (CNC) in Concrete Pavement

### 13 Test Track

14	This pilot study aimed to fill the knowledge gap on incorporating cellulose nanocrystals
15	(CNC) in concrete pavements in real-world construction settings. The constructability of
16	CNC concrete was evaluated, and the fresh and hardened properties were fully
17	characterized. A series of concrete slabs were placed using ordinary portland cement
18	concrete (OPC mix), portland limestone cement concrete (PLC mix), and PLC-concrete
19	with CNC at a dosage of 0.10% wt. of cementitious materials (CNC mix). CNC and PLC
20	mix showed no significant differences in consistency, workability, and other fresh
21	properties. The addition of CNC did not show significant changes in cumulative heat over
22	PLC. CNC did not lead to notable changes in compressive and flexural strength, modulus
23	of elasticity, coefficient of thermal expansion (CTE), and electrical resistivity. However,
24	the CNC mix had a notably 9% lower drying shrinkage strain at seven months than the
25	PLC mix. The PLC mix exhibited the lowest water absorption rate, while CNC did not
26	induce significant changes. Overall, this study highlights the constructability of concrete
27	slabs with CNC, with notable contributions of CNC to reducing long-term drying
28	shrinkage.

# Keywords: Portland Limestone Cement, Cellulose Nanocrystals, Field Constructability, Mechanical properties, Water penetrability.

#### 31 Nomenclature:

- 32 CNC- Cellulose nanocrystals
- 33 OPC- Ordinary portland cement
- 34 PLC- Portland limestone cement
- 35 CTE- Coefficient of thermal expansion
- 36 CNF- Cellulose nanofibers
- 37 C-S-H Calcium-silicate-hydrate
- 38 GGBFS- Granulated blast furnace slag
- 39 TEM- Transmission electron microscope
- 40 RH- Relative humidity
- 41 SSD- Saturated surface-dry
- 42 C3S- Tricalcium silicate
- 43 C3A- Tricalcium aluminate

#### 44 **1. Introduction**

45 The concrete industry, which relies heavily on portland cement as the primary binding agent of 46 concrete, is under global and regional scrutiny to reduce its contributions to global CO<sub>2</sub> 47 emissions (IEA 2018). For example, California has enacted a law mandating a 40% reduction in 48 cement industry emissions by 2035 to reach zero emissions by 2045 (Becker and Weiner 2021). 49 In this context, it has become necessary to prioritize sustainable objectives without compromising and ideally enhancing the performance and longevity of concrete. In this 50 51 direction, recent research and implementation efforts have focused on supplementary 52 cementitious materials, novel cements, and innovative additives to replace portland cement or 53 enhance concrete performance (Miller 2018). 54 Fibers derived from cellulose, the most abundant biopolymer globally, have recently garnered 55 attention in diverse industrial and engineering applications at the micro and nanoscale. In 56 microscale size, cellulose fibers have been shown to enhance various aspects of concrete 57 performance. Particularly, cellulose fibers help mitigate crack development, increase fracture 58 toughness, and reduce plastic shrinkage (Soroushian and Ravanbakhsh 1998, Rapoport and 59 Surendra Shah 2005, Peters et al. 2010, Ma et al. 2014). Additionally, the emergence of 60 nanotechnology, including cellulose nanomaterials, has prompted significant interest in concrete 61 research due to desirable properties such as large surface area, abundant functional hydroxyl 62 group leading to hydrophilicity and uniform dispersion, and good tensile strength and modulus 63 (Zheng et al. 2023). Two morphologically different cellulose nanomaterials have been used in 64 cement applications, i.e., cellulose nanocrystals (CNCs) and cellulose nanofibers (CNFs). CNCs 65 are rod-like in shape and exist as separate individual fibers, while CNFs possess an

interconnected network morphology consisting of long nanofibrils with a high aspect ratio (Nassiri *et al.* 2021). CNC is produced by acid hydrolysis to separate the amorphous region from the cellulose structure. CNC has excellent mechanical properties, a high elastic modulus of 150 GPa, a high surface area  $(9.95 \times 10^5 - 14.93 \times 10^5 \text{ cm}^2/\text{g})$ , and a low aspect ratio (10-70) (Zheng *et al.* 2023).

Cellulose nanomaterials have been extensively researched for cementitious composites in recent years. Nonetheless, these are primarily in laboratory evaluation studies that remain at the cement paste or mortar scale and do not advance to the concrete application scale, as reviewed below. These studies have focused on various cement behavior and performance aspects, including rheology, hydration kinetics, and mechanical properties. A literature review is provided on the multiple impacts of cellulose nanomaterials on the properties of cementitious materials.

#### 77 **2. Literature Review**

78 Cellulose nanomaterials exert a substantial impact on the rheological characteristics of cement-79 based composites. Cao et al. (2015) investigated the influence of CNC dosage obtained by acid 80 hydrolysis on the yield stress of fresh cement paste (Cao et al. 2015). The researchers observed a 81 decline in yield stress with increasing CNC dosage up to 0.0206% wt of cement, followed by an 82 increase beyond this concentration. The yield stress reached a level comparable to the control at 83 0.153% wt CNC and exhibited a considerable increase beyond this threshold. This behavior was 84 attributed to two main mechanisms. The reduction in yield stress at low CNC content is likely 85 due to steric stabilization, similar to the observed mechanism in water-reducing admixtures. 86 Conversely, at higher CNC concentrations, the aggregation of CNC particles forms a network 87 that necessitates more energy to disrupt or align within the cement paste, leading to higher yield

88 stress (Nassiri *et al.* 2021).

89 Furthermore, Cao et al. (2015) observed retardation of hydration caused by CNC, as evidenced 90 by delayed heat flow during the initial 40 hours of hydration (Cao *et al.* 2015). They attributed 91 this retardation to the adsorption of CNC onto cement particles, impeding their reaction with 92 water during the early stages of hydration. Other researchers have reported similar retardation 93 effects as well (Flores, Kamali, et al. 2017, Fu et al. 2017, Ghahari et al. 2020, Raghunath et al. 94 2023, Wang et al. 2023). CNC prolonged the induction period and delayed and decreased the 95 peak heat rate. CNC reduced the contact area between  $C_3S$  and water because their adsorption on 96 the  $C_3S$  has a large electrostatic effect, thus reducing the hydration heat rate. They found that 97 CNC increased the growth of calcium hydroxide  $[Ca(OH)_2]$  in the crystal plane, decreased polymerization, and reduced the mean chain length of silicates. CNC provides an additional 98 99 surface where Ca and Si ions are absorbed, and calcium-silicate-hydrate (C-S-H) gel is formed.

100 Some studies have shown that the incorporation of nanocellulose into cementitious composites 101 could lead to improvements in mechanical properties. Zubair et al. 2022 studied the effect of 102 CNC produced by the acid hydrolysis process from office waste paper and demonstrated the 103 potential of CNC in cement mortar with an improved compressive strength of 37.4 MPa and 104 flexural strength of 5.1 MPa at 0.5% wt of cement. Jiao et al. 2016 found that adding 0.15% wt 105 cellulose nanofibers (CNF) to the cement paste resulted in a 15% increase in flexural strength 106 and a 20% increase in compressive strength, which was attributed to enhanced hydration and 107 reduced porosity due to the formation of a denser matrix. Another study reported a 15% to 25% 108 improvement in mechanical properties with CNF doses 0.05% wt and 0.10% wt (Hisseine et al. 109 2019). The researchers proposed that the high-stiffness CNF contributes to the stiffness of high-

110 density C-S-H surrounding anhydrate cement particles, resulting in a higher volume of high-111 density C-S-H and improved mechanical properties (Hisseine et al. 2019). Zhong et al. 2022 112 described four possible mechanisms for improved mechanical properties with polysaccharide 113 nanomaterials, especially CNC and CNF. The four mechanisms are bridging effects, increased 114 modulus due to filler effect with high modulus CNC/CNF, nucleation sites for more cement 115 hydrate to grow, and improved hydrations by internal curing. The latter mechanism is because 116 CNFs can absorb and release water gradually, which could promote the reaction of more 117 anhydrate cement over an extended hydration period, thereby reducing micropores and further 118 enhancing the mechanical properties of the cement paste (Jiao et al. 2016). Cao et al. 2015 119 investigated the effect of varying concentrations of CNC on flexural strength. The researchers 120 observed that the flexural strength increased with increasing CNC concentration, reaching a 121 maximum improvement of 30% at 0.102% wt CNC. However, further increases in CNC content 122 led to decreased flexural strength due to CNC agglomeration, which creates weak points for 123 stress concentrations within the cement paste. Another study to note is Zheng et al. 2023 study of 124 the mechanism of CNC in cement hydration, particularly on the hydration of  $C_3S$ .

125 There are a few studies on the effect of cellulose nanomaterials in concrete. Hisseine, Omran, et 126 al. 2018 examined the impact of CNFs derived from wood pulp on the rheological and 127 mechanical properties of self-consolidating concrete. Notably, significant changes were observed 128 in the fresh properties of the concrete when the CNF content reached a percolation threshold of 129 0.12% wt. This threshold represents the minimum CNF content required to form a continuous 130 network of interconnected fibrils. The hydrophilic nature of CNFs, attributed to the presence of 131 surface hydroxyl (OH<sup>-</sup>) groups, leads to water absorption and contributes to the percolation 132 effect. Moreover, the flexible nature of CNFs plays a vital role in establishing an entangled

133 network, which reduces mobility and hence decreases the workability of the mix (Nassiri et al. 134 2021). Furthermore, higher CNF contents result in increased air entrapment, which can reduce 135 viscosity but have a detrimental impact on compressive strength (Nassiri et al. 2021). As 136 viscosity increases, CNF exhibits shear-thinning behavior, aligning the CNF networks in the 137 flow direction and enhancing mixture stability by reducing resistance to flow. Barnat-Hunek et 138 al. 2019 investigate the effect of adding CNFs and CNCs on the physical properties of concrete. 139 The researchers found that adding CNFs and CNCs to concrete improved compressive strength, 140 flexural strength, fracture toughness, and reduced water absorption and shrinkage. The study also 141 revealed that the optimal dosage of CNFs and CNCs for enhancing the properties of concrete 142 was 0.1% and 0.5%, respectively. Furthermore, the researchers observed that the addition of 143 CNFs and CNCs did not significantly affect the workability of the concrete mixture. The 144 findings suggest that incorporating CNFs and CNCs into concrete can be a promising approach 145 for enhancing its properties and potential application in the construction industry. Another study 146 used three types of CNC produced from wastepaper by sulfuric acid hydrolysis with varied 147 production parameters at four different doses of 0.25%, 0.5%, 0.75%, and 1% of cement weight 148 (Aziz *et al.* 2021). The study finds that cracking in concrete with CNC is greatly affected by the 149 crystallinity, aspect ratio, and surface roughness of the CNC. CNC with high crystallinity and 150 rougher surface decreased the ultrasonic pulse, which was attributed to the stress concentration 151 that initiated microcracking. For all the CNC, an increase in doses of CNC increased the 152 ultrasonic pulse velocity. The chloride penetrability was reduced with the inclusion of CNC 153 compared to the control without any CNC additives (Aziz et al. 2021). The same study finds that 154 the surface hardness of the concrete increased with CNC addition, and higher doses of CNC 155 increased the surface hardness as measured by the Schmidt hammer test. Moreover, CNC with

156 stiff and rougher surfaces resulted in a better surface hardness of the concrete.

157

#### 3. Knowledge Gaps and scope of this study

158 Notwithstanding the promising outcomes observed with cellulose nanomaterials in the cement 159 paste and mortar, implementing these nanomaterials at the large concrete construction scale 160 remains rarely evaluated. Challenges include the lack of standards for the nanomaterials, the lack 161 of knowledge and experience on dispersing and incorporating nanomaterials into concrete, 162 specifying the proper dosage for the target concrete application, particularly considering the 163 different morphologies and surface functionalities, and achieving effective dispersion of the 164 material within composite structures, among others. Furthermore, new equipment may be needed 165 to disperse the nanomaterials and add the required amount to the concrete batch (Jamshidi et al. 166 2020). The performance of cellulose nanomaterials relies heavily on their uniform dispersion 167 within the composites. When nanocellulose is applied, hydrogen bonding can form among 168 hydroxyl groups, hindering dispersion (Chu et al. 2020). Ultrasonic dispersion is the most used 169 technique to disperse the cellulose nanomaterials in the aqueous media. Most studies reviewed 170 above used laboratory-scale sonication devices to disperse the cellulose nanomaterials in 171 aqueous solutions. However, most ultrasonication devices allow for a few hundred milliliters of 172 solutions at a time. Admixture could be prepared by sonication prior to batching the concrete. 173 However, this will be time-consuming, and it is currently unknown how long the nanomaterials 174 will remain dispersed after ultrasonication. A high shear blending technique was also applied for 175 dispersing cellulose nanomaterials in cement composites (Dhir et al. 2007)At present, no accepted standard exists for achieving optimal dispersion of nanomaterials in large-scale 176 177 concrete production.

Despite extensive laboratory-scale research and promising outcomes for CNC, mostly in the cement paste and mortar industry, there remains a notable shortage of field-scale CNC applications in concrete pavements. Consequently, this study sought to address this gap by conducting a pilot project demonstrating the implementation of CNC in portland limestone cement concrete in conjunction with portland cement, comparing it to conventional Portland cement (OPC) concrete. The evaluation was conducted by constructing a test track of nine slabs at the University of California Pavement Research Facility (UCPRC) in Davis, California.

185 The primary objective of this study was to provide a comprehensive assessment of the feasibility 186 of employing CNC in concrete pavement and the dispersion method applied. The focus was on 187 constructability and fresh and hardened properties. The tests performed for fresh properties 188 included water content, density, air content, slump, and setting time tests. Hardened properties 189 and durability testing included compressive strength, flexural strength, modulus of elasticity, 190 coefficient of thermal expansion, and drying shrinkage. Bulk electrical resistivity and water 191 absorption tests were performed on the casted and cored specimens to evaluate the durability of 192 the concrete mixes.

193

#### 4. Materials And Experimental Setup

#### 194 *4.1.Materials*

Three sets of concrete slabs were placed, each set using a different concrete mixture. Each set includes three slabs, with one instrumented slab in the middle flanked by two others on each side. The concrete was supplied by a local ready-mix supplier in separate trucks, each with three cubic yard quantities. The three mixtures were concrete with 70% OPC and 30% ground granulated blast furnace slag (GGBFS), concrete with 70% PLC and 30% GGBFS, and concrete

- 200 with 70% PLC and 30% GGBFS with CNC at a solid dosage of 0.10% wt of cementitious
- 201 materials. In this paper, these three mixes are referred to as OPC, PLC, and CNC. The chemical
- 202 compositions and physical properties of the cementitious materials (OPC, PLC, and GGBFS)
- 203 used in constructing the test track are provided in Table 1.

Properties	PLC Type IL (15)	<b>OPC Type II/V</b>	GGBFS
Chemical Compositions	% wt.	%wt.	%wt.
Na <sub>2</sub> O	0.4	0.7	1.0
MgO	3.9	1.0	12.9
Al <sub>2</sub> O <sub>3</sub>	3.6	3.5	13.0
SiO <sub>2</sub>	15.3	13.3	25.6
P <sub>2</sub> O	0.1	0.1	0.0
SO <sub>3</sub>	9.7	12.4	7.6
K <sub>2</sub> O	0.6	0.6	0.4
CaO	62.7	64.9	37.0
TiO <sub>2</sub>	0.1	0.1	0.8
Cr <sub>2</sub> O <sub>3</sub>	0.0	0.0	0.0
MnO	0.1	0.1	0.8
Fe <sub>2</sub> O <sub>3</sub>	3.7	3.3	0.8
Physical Properties			
Blaine Fineness (cm <sup>2</sup> /g)	5470	4184	4780
Relative Density	3.06	3.15	2.9
Air Content (%)	8.0	6.1	3
Loss on Ignition (LOI) (%)	5.6	2.6	2.1

Table 1. Properties of the Cements and SCMs Used in the Study

A breakdown of the proportions and constituents of the three concrete mixtures is presented in
Table 2. The amount of water and admixture added was kept the same for all three mixtures. The
water in the CNC suspension was subtracted from the total mix water so that all three mixes had

the same water content.

- 210 Table 2. Ready-mix concrete mixture proportioning (per 1 m3) and the fresh properties of the
- 211 concrete

Mix Proportioning		
Material	Description	Design Quantity
Coarse Aggregate	Gravel	1,127 kg (SSD weight)
Fine Aggregate	Sand	1,019 kg (SSD weight)
Cement	Type II/V ordinary portland cement (OPC) or portland limestone cement (PLC) 1L ASTM C150 (ASTM C150- 22 2022)	245 kg
GGBFS	Slag, Grade 120, ASTM C989 (ASTM C989-22 2022)	105 kg
Water reducer	Type F: Water Reducing Admixture, High Range (ASTM C494) (ASTM C494- 19 2019)	250 g/100 kg of cement
Water	Potable water	34.0 gal

2 SSD: Saturated surface dry

213 The CNC used in this study was supplied by the Forest Products Laboratory (FPL) and was 214 produced by sulfuric acid digestion. As stated by FPL, CNC produced through this method 215 possesses sulfuric half-esters on its surface. The CNC was made from bleached wood pulps and 216 had a diameter of 5 nm and a length of 150 nm. The product was provided as a suspension with a 217 CNC solids content of 10.4%. The CNC dose was 0.1% by weight of the total cementitious materials, which amounts to 349 g. of CNC solids per m<sup>3</sup> concrete. According to the literature, 218 219 the suggested doses of CNC applied in cement composites were between 0.05% and 1.50% of 220 cement weight (Barnat-Hunek et al. 2019, Nasir et al. 2022). Based on this range, a dosage of 221 0.10% wt of cementitious materials was tested and confirmed to produce a workable mixture in 222 laboratory trial batches before construction.

223 Since ultrasonication is only possible on small-size samples at a time, the possibility of using a

224 high-shear blender (Waring CB15 Commercial Blender) at 4000 rpm for dispersion was 225 evaluated. An initial dispersion study was performed to determine the effectiveness of high-shear 226 blending in dispersing CNC in water. CNC was added to the water at 0.1wt% and blended for 10 227 mins. Transmission electron microscope (TEM) images of the resulting solution were taken at 228 different magnifications to observe the dispersion effectiveness by comparing the image after 10 229 mins of ultrasonication. One example TEM image of CNCs after ultrasonication and one after 230 shear blending are shown as examples in Figure 1b&b, respectively. Many other similar images 231 were compared. Based on observation of the TEM images, it was determined that high shear 232 blending produces similar dispersion effectiveness as ultrasonication and was decided to be used 233 for dispersion of CNC for construction.



Figure 1. TEM image of CNC after dispersing in water (a) after 10 mins of ultrasonication (b)after 10 mins of high shear blending

#### 237 *a.* CNC Addition

The CNC was dispersed in water by a high-shear blender 4-5 hours before mixing into theconcrete. The suspension's CNC solids content was 3.33%. When the concrete truck arrived at

- 240 the construction site, the CNC suspension was added to the ready-mix truck from the hopper
- 241 (Figure 2). The concrete was mixed in the truck at the maximum speed (14-16 rpm) for five
- 242 minutes to incorporate the CNC into the mix.



Figure 2. Adding the CNC suspension to the ready-mix truck from the hopper at the constructionsite

#### 246

#### b. Quality Control Tests

247 Quality control tests were performed on the ready-mix concrete for the test track construction.

248 Table 3 Shows the test results of fresh properties, including water content, density (ASTM C138-

249 23 2023), air content (ASTM C138-23 2023), slump, and setting time (ASTM C403-23 2023)

250 performed on the sieved-out mortar portion. The water content of the fresh concrete was

251 measured following AASHTO T 318 (AASHTO T 318-15(2023) 2023) on three samples per

252 mixture type.

253 Table 3. Fresh properties of the concrete

Fresh Properties of Tested Concrete Mixture			
Property	OPC	PLC	CNC

Slump (mm)	195	165	145
Air Content (%)	1.9	2.20	1.90
Unit Weight (kg/m <sup>3</sup> )	88.87	86.97	87.69
Temp (°C)	31.6	31.2	29.7
Initial set time (hr:min)	4:05	3:25	3:45
Final set time (hr: min)	5:25	4:30	4:55

In addition to the construction quality control tests, isothermal calorimetry testing was performed on mortar mixtures prepared with OPC and PLC with two different doses of 0.05% wt. and 0.10% wt. of cementitious materials at 23°C for 7 days. The evolution of heat released with time elapsed was used to determine the impact of CNC on the hydration kinetics of the OPC and PLC mixes.

260 Concrete specimens were prepared from samples from the corresponding ready-mix truck during 261 test track construction for hardened properties. Following the 24-hour curing period in curing 262 boxes on site, following (ASTM C31-23 2023), the specimens were de-molded and stored in a 263 limewater bath maintained at 23°C until testing. Three specimens were tested for each property 264 at each age. Mechanical performances at 10 days, 28 days, 4 months, and one year age dates 265 were evaluated in terms of compressive strength (ASTM C39-21 2021) using 100 mm  $\times$  200 mm 266 (dia. by height) cylinders, flexural strength (ASTM C78/C78M – 22 2022) on 150 mm ×150 mm 267 ×500 mm beams, and modulus of elasticity (ASTM C469-22 2022) on 150 mm ×300 mm (dia. 268 by height) cylinders. The coefficient of thermal expansion (CTE) of each mixture was 269 determined using 100 mm ×175 mm cylinder at 42 days following (AASHTO T336-15(2019) 270 2019). Drying shrinkage was determined using 100 mm ×100 mm ×275 mm prisms according to 271 (ASTM C157-17 2017).

The performance and durability of concrete under harsh conditions heavily rely on its ability to resist the penetration of water that carries harmful ions through the pore system. Bulk electrical

resistivity testing was performed to assess this feature of the mixtures (ASTM C1876-19 2019).
In addition, the water adsorption test (ASTM C1585-20 2020) was performed on cores extracted
from the slabs approximately 290 days after the test track construction. The initial and secondary
absorption rates were calculated based on the slopes of the best-fitted lines for 1 minute to 6
hours and 1 day to 7 days, respectively.



Figure 3. Test setup (a) Flexural strength (b) Modulus of elasticity (c) CTE and (d) Electrical
resistivity

283

#### **5. Design and construction of test sections**

#### 285 *a. Test Sections Configuration*

286 The test track is a walking path approximately 13.71 m long. Along this length, three sets of test

sections were constructed, each dedicated to a specific type of mixture, as discussed before.
These sections consist of three consecutive slabs, each measuring 1.52 m long and 2.44 m wide,
as shown in Figure 4a. As shown in Figure 4b, the 100 mm. thick slabs are placed on a 100-mm
thick lean concrete base placed on a 75-mm to 100-mm thick aggregate subbase. The subgrade is
clay type. The shoulder was backfilled with loose aggregates after the construction of the

concrete slabs.



Figure 4. (a) Test sections layout for three concrete mixes (b) Test sections cross-section

296

#### b. Construction of Concrete Slabs

297 The weather conditions during paving were dry and warm, with maximum air temperature and

298 minimum relative humidity (RH) during the paving hours at approximately 40.5°C and 15%,

respectively. The sky was sunny, and the wind speed was below 3.2 kph. Air minimum

- 300 temperature and maximum RH during the first nights after construction were approximately
- 301 60°F and 80%, respectively. Days following construction had similar weather conditions, typical
- 302 of Davis weather during summer. The concrete was consolidated with a vibrating rolling screed

303 and finished with a trowel. No surface texturing was applied. The curing was conducted with a

- 304 white-pigmented, resin-based curing compound meeting ASTM C309 Type 2B specifications,
- applied at a nominal rate of  $3.67 \text{ m}^2/\text{l}$ . See pictures of the construction process in Figure 5.



306

307 Figure 5. Slab construction (a) Rolling screed consolidation of OPC concrete (b) Trowel

- 308 finishing of PLC section (c) Test sections photograph after few days of casting
- 309

6. Results and discussion

310

#### a. Fresh Concrete Test Results

311 The water amount measured in each mixture, an average of three samples per mixture, is 312 summarized in Figure 6. The theoretical water content includes the design batch water plus the 313 water absorbed by the aggregates in the saturated surface-dry (SSD) condition. The PLC and the 314 CNC mixtures had similar measured water contents. For the three mixtures, the measured water 315 contents were close to the 9% theoretical water content based on the batch mix design. The 316 measured water contents were 10%, 10.15%, and 9.6%, and the variability among the three 317 tested samples from each mixture is small. The difference between the mix design water and the 318 measured water seems to be within the accuracy of the test method. Sampling errors and 319 aggregate moisture variations might cause the higher values in the measured water content. A 320 study by Robertson and Ley 2020 demonstrated that the use of microwave procedure in

321 (AASHTO T318-15(2023) 2023) test methods yielded higher w/c ratio than the theoretical w/c
322 ratio with a high coefficient of variation of 8.9%, whereas their proposed test method yielded w/c
323 ratios close to the theoretical w/c ratio.



324

325 Figure 6. Measured water content (evaporable water / dry weight of mixture, AASHTO T 318) 326 Fresh concrete test results are presented in Table 2Error! Reference source not found.. It is 327 observed that the slump measured for the PLC and CNC mixtures was slightly lower than the 328 OPC mixture. OPC had a higher slump than PLC (195 mm versus 165 mm.), even though the 329 two mixtures had the same measured water content and HRWR admixture. This outcome 330 suggests a higher water demand for PLC versus OPC for the same consistency. This variation in 331 water demand is likely due to the enhanced fineness of the PLC, with Blaine fineness of 5470 332  $cm^2/g$  compared to OPC Blaine fineness of 4184  $cm^2/g$ . Notably, prior studies have also reported 333 a reduction in slump values when employing PLC, ascribed to the increased specific surface area 334 of PLC (Tsivilis et al. 2003). CNC further reduced the slump of the fresh concrete compared to 335 PLC because it is hydrophilic and, due to the presence of hydroxyl groups, could adsorb some of 336 the water from the mix and reduce the slump of concrete (Gómez Hoyos et al. 2013)

337 The other fresh concrete properties (air content and unit weight) were similar for the OPC and

338 CNC mix. The small temperature differences between mixtures are most likely due to the

different times of the day when each mixture was placed (CNC at approximately 1:00 pm, PLC

at approximately 2:00 pm, and finally, OPC at approximately 3:00 pm).

341 The initial and final setting times of the OPC were more prolonged compared to the setting times 342 of the PLC and CNC mixtures. Based on penetrating resistance, the initial and final setting times 343 of OPC were 4:05 hr:min and 5:25 hr:min, respectively. The setting times of PLC were 344 approximately 15% shorter (3:25 and 4:30 hr:min for the initial and final set, respectively). The 345 temperature in the middle of each sample was recorded during the setting time experiment. The 346 temperature was slightly, up to 1.1°C, higher inside PLC than OPC due to the higher fineness of PLC. Furthermore, the inclusion of CNC in the mixture resulted in a 20 and 25-minute delay in 347 348 initial and final setting time, respectively, compared to PLC without CNC. Previous studies have 349 demonstrated that CNC delays the cement's setting time, most likely through the electrostatic 350 dispersion mechanism (Nassiri et al. 2021).

351 The cumulative heat of hydration and heat flow curves from the isothermal calorimetry test are 352 presented in Figure 7a-c. In general, the heat flow curve of portland cement shows five different 353 stages of hydration, i.e., the initial reaction period, induction period, acceleration period, 354 deceleration period, and slow reaction stage. The rapid dissolution of cement causes the initial 355 reaction period, hydrolysis reaction of C<sub>3</sub>A, and ettringite formation (Chen and Yang 2017). The 356 next stage is the induction period when the reaction, hence the heat release, becomes slow. The 357 induction period is followed by the acceleration period, when mainly the dissolution and reaction 358 of C<sub>3</sub>S starts and accelerates the heat flow rate.

359 Based on Figure 7a, shown for the shorter period in Figure 7b, the heat flow reaches a maximum 360 (main C<sub>3</sub>S peak) at around 8.6 hours for the OPC mix, and then the reaction rate decelerates after 361 about 1 day and becomes flat. A second peak was observed for PLC and CNC after the main C<sub>3</sub>S 362 peak, which is smaller in OPC. This additional peak is attributed to the sulfate depletion peak, 363 where  $C_3A$  reacts with monosulfate or monocarbonate (Lura *et al.* 2010). Carbonate ions from 364 the limestone in the monocarboaluminate hydrates and sulfate ions in the system result in further 365 ettringite formation (Tydlitát et al. 2014) The additional peak was also present on CNC's heat 366 flow curve. However, this peak was not observable for OPC because it was superimposed with 367 the main hydration peak.

368 A few characteristic parameters as mentioned by (Chen and Yang 2017), i.e., time to onset of 369  $C_3S$  hydration t<sub>1</sub>, time to maximum heat flow rate t<sub>2</sub>, delay in onset of  $C_3S$  hydration t<sub>3</sub>, delay to 370 the maximum heat rate t<sub>4</sub> and change in the maximum heat rate, w(%) were calculated from the 371 heat rate curve. The t<sub>1</sub> for PLC was reduced to 2.47 hours compared to the 3.70 hours of the 372 OPC, which can be attributed to the carbosilicate hydration in the PLC mix during the dormant 373 period (Tydlitát et al. 2014). Also, the higher fineness of PLC compared to OPC may contribute 374 to accelerated hydration. Adding 0.05wt% CNC increased the t<sub>1</sub> by 17 mins compared to the 375 PLC mix. However, for 0.1 wt% CNC, t<sub>1</sub> was similar to the PLC mix. Time to maximum heat 376 rate, t<sub>2</sub>, was reduced for PLC compared to OPC. However, the addition of CNC delayed the 377 maximum heat rate, t<sub>2</sub>, compared to both OPC and PLC. The initial acceleration of the hydration 378 with PLC can be attributed to the high Blaine fineness of the PLC, which results in more 379 nucleation sites that promote early-age hydration of C<sub>3</sub>S. However, the other hydration reaction 380 remains limited (Moon et al. 2017). For the CNC mix, a delay in the peak heat rate compared to 381 the PLC mix was also evident in the setting time tests and is attributed to the dispersion of

cement particles by the electrostatic mechanism, as explained by Nassiri et al. (2021) (Nassiri *et al.* 2021). Cellulose nanoparticles have high negative zeta potentials. Nassiri et al. (2021) reported values of  $-50.6\pm1.5$  mV (at pH = 5.6) and  $-47.5\pm2.3$  mV (at pH = 7.4) for CNF and CNC respectively (Nassiri *et al.* 2021). Cellulose nanoparticles can be absorbed on positively charged cement grains, particularly C<sub>3</sub>A, thereby generating repulsive electrostatic forces and helping disperse cement, which can also delay cement hydration.



Figure 7. (a) Heat flow rate of the different mixtures up to 7 days (b) Heat rate of the different
mixtures up to 24 hrs (c) Cumulative heat of hydrations (d) Zoomed graphs showing the
cumulative heat differences at later days

The cumulative heat of the three mixes for 7 days is shown in Figure 7c. The cumulative heat for PLC was 9.55% higher than the OPC after 7 days. After 7 days, the highest cumulative heat was observed for 0.05wt% CNC, which was 10.45% higher than the OPC and 0.82% higher than the PLC. However, 0.1wt% CNC reduced the cumulative heat compared to the PLC by 1.1%.

397 From the isothermal calorimetry analysis, it can be inferred that adding CNC does not 398 significantly influence the cumulative heat of hydration. Previous studies reported conflicting 399 results in the heat of hydrations with CNC. Cao et al. (2015) reported a 16% increase in 400 cumulative heat after 200 hrs of hydration with 0.8% wt CNC, which they attributed to short 401 circuit diffusion. However, Zheng et al. 2023 reported a maximum 22% and 18% decrease in 402 heat rate and cumulative heat, respectively, with different doses of CNC (0.05 wt% to 0.5 wt%) 403 (Zheng et al. 2023). They assert that the length of CNC is insufficient to cover the surface of 404 cement particles, which may hinder the effectiveness of short-circuit diffusion. It was observed 405 that the peak heat release rate was reduced by including both doses of CNC. Both the study by 406 Cao et al. 2015 and Zheng et al. 2023 reported a decrease in heat release rate with CNC 407 attributed to the reduction of contact area between cement particles and water, which was caused 408 by adhering the CNC to the cement grains due to the strong electrostatic effect of CNC because 409 of its strong hydrophilicity (Cao et al. 2015, Zheng et al. 2023).

410

#### b. Hardened Properties

411 The mechanical performance, i.e., compressive strength, flexural strength, and modulus of 412 elasticity of the three mixes, are shown in Figure 8a-c. Overall, the two mixtures with PLC (CNC 413 and PLC) were similar to each other for all mechanical properties (strength, modulus of 414 elasticity), with differences being either approximately 10% or less (flexural and compressive

415	strength). On the other hand, the CNC and PLC mixtures had approximately 10 to 15% higher
416	strength than the OPC mixture. The higher strength with PLC compared to the OPC was
417	observed by another study (Voglis et al. 2005), which was attributed to the filler effect due to
418	fine particles of the limestone and a higher rate of pozzolanic reactivity. Apart from the filler
419	effect, the reaction of $C_3A$ with the CaCO <sub>3</sub> of the limestone produces calcium carboaluminates
420	(Bonavetti et al. 2001). Moreover, calcium carbosilicate hydrates can be formed in the hydration
421	of C <sub>3</sub> S with CaCO <sub>3</sub> from limestone (Péra et al. 1999). Hence, these mechanisms' filler effect and
422	additional hydrations of $C_3A$ and $C_3S$ in the presence of $CaCO_3$ from limestone, results in the
423	strength improvement of PLC over OPC. The addition of CNC to the PLC did not show any
424	significant improvement in terms of mechanical performance. The statistical paired t-test shows
425	no significant difference in compressive strength, flexural strength, and modulus strength
426	between PLC and CNC at 10d, 28d, and 120d at 95% confidence level with all p-value higher
427	than 0.05, except 120d flexural strength where CNC showed a significant 6% decrease in
428	flexural strength over PLC (p-value 0.024). However, previous studies showed improvement in
429	compressive and flexural strength with CNC, mostly in cement paste and mortar (Cao et al.
430	2015, Barnat-Hunek et al. 2019, Nassiri et al. 2021).



Figure 8. (a) Compressive strength, (b) Flexural strength, and (c) Modulus of elasticity of thedifferent mixtures

#### c. Thermal Property and Drying Shrinkage



441 Regarding drying shrinkage, PLC resulted in higher strains in the short term (6 days drying) but 442 lower strains at 4 and 7 months, compared to OPC. At 4 and 7 months, the differences between 443 the two mixtures with PLC versus OPC were statistically significant. Malakopoulos et al. 2021 444 reported a decrease in drying shrinkage with PLC compared to the OPC, which they attributed to 445 the higher alkali content of OPC, as higher alkali content was found to increase the drying 446 shrinkage (Malakopoulos et al. 2021). CNC showed the lowest drying shrinkage compared to 447 PLC and OPC at all times. CNC was 9% lower in drying shrinkage strain at seven months of age 448 than PLC. CNC's ability to retain water can assist in minimizing drying shrinkage. Other studies 449 reported reductions in autogenous shrinkage by CNF by 36% due to the increased degree of hydration (Hisseine, Basic, et al. 2018). The reduction in long-term drying shrinkage could be 450 451 from the different ways CNCs may influence C-S-H. For example, it was interpreted that with 452 CNC, more high-density C-S-H was produced (Flores, Mahsa Kamali, et al. 2017). Others also 453 suggested that CNC resulted in more high-density C-S-H and higher flexural capacity (Cao et al. 454 2015). These changes in the stiffness and microstructure of the C-S-H could be the reason for 455 changes seen in drying shrinkage; however, more testing of C-S-H and other hydrate phases is 456 required to fundamentally understand the impact of CNC on drying shrinkage.



458 Figure 9. (a) CTE and (b) Drying shrinkage of the different mixtures.

459 *d*.

d. Durability

460 The bulk electrical resistivity of all three mixtures is shown in Figure 10. The PLC and CNC 461 mixtures had considerably better (higher) resistivity than the OPC ones. The increased electrical 462 resistivity indicates a more refined pore structure and a less interconnected pore system to 463 convey the ions (Lollini et al. 2014). Lollini et al. 2014 reported an early age increase in 464 electrical resistivity at 1 day for PLC compared to OPC, which was decreased later from 7 days 465 and reported a reduction of 36% in electrical resistivity at 360 days (Lollini et al. 2014). 466 Nevertheless, a consistently higher resistivity for PLC mixtures is seen compared to OPC at all 467 ages. The electrical resistivity measures the impedance to the movement of ions under an applied 468 electrical field, hence an indicator of the transport properties of the concrete. Pore size, pore 469 connectivity, and pore volume are important factors that influence the bulk resistivity of 470 concrete. Increased resistivity suggests the discontinuity of the pore system (Azarsa and Gupta 471 2017). PLC and CNC, due to their higher degree of reactivity and filler effect, may fill more pore 472 spaces and reduce the pore sizes, thus reducing the pore connectivity, which eventually increases 473 the electrical resistivity compared to the OPC mix.



475 Figure 10. Bulk electrical resistivity results for all mixtures

476 Water absorption tests were performed on the cored samples extracted from the test track. The 477 average absorption curves of two samples of each mix were plotted against the square root of 478 time and shown in Figure 11 (a). The primary and secondary rate of absorption was calculated 479 from the slope of early (up to 6 hours) and later days (1 to 7 days) of the absorptions curve and 480 shown in Figure 11 (b). The water absorption of the OPC was highest among the three mixes. 481 The PLC showed the least absorption during the nine days of the tests, followed by CNC. PLC 482 showed the lowest initial and final rate of absorption. PLC's initial and secondary absorption 483 rates were 1.17 mm/ $\sqrt{s}$  and 0.64 mm/ $\sqrt{s}$ , respectively, 39% and 63% less than the OPC mix. 484 However, the CNC mix showed a higher initial and secondary rate (1.63 mm/ $\sqrt{s}$  and 0.89 mm/ $\sqrt{s}$ , 485 respectively) of water absorption than the PLC mix. PLC has finer particle sizes, acts as a filler, 486 and refines the concrete microstructure to reduce water absorption and improve durability (Dhir 487 et al. 2007). The decrease in water permeability with PLC was reported in previous studies 488 (Tsivilis et al. 2003, Dhir et al. 2007, Chen et al. 2014). Tsivilis et al. (2003) reported decreased

489 water permeability and sorption of PLC concrete compared to OPC concrete (Tsivilis et al. 490 2003). However, the same study noticed an increase in gas permeability with PLC. The 491 permeability of concrete is not solely determined by its porosity; it also depends on factors such 492 as pore size, distribution, shape, tortuosity, and pore connectivity (Tsivilis et al. 2003) The 493 author concluded that gas permeability is mainly linked to porosity, and water absorption is 494 governed by pore types and sizes. The Addition of CNC to PLC did not provide any positive 495 benefits to water absorption compared to the PLC mixture. It has been noticed that the variability 496 of absorption rate with CNC is much higher than that of PLC specimens. Previous research has 497 indicated that concrete reinforced with CNC and CNF exhibits improved resistance against 498 penetrability (Barnat-Hunek et al. 2019, Nasir et al. 2022). Despite some evidence of decreased 499 water absorption with CNC, the specimens were stored in lab conditions (Barnat-Hunek et al. 500 2019). Hunek et al. (2019) reported a 32% decrease in the water absorption coefficient by adding 501 the 1.5 % vol CNC (Barnat-Hunek et al. 2019). The higher water absorption of the CNC samples 502 may result from the construction and other environmental variables in the field conditions.



Figure 11. (a) Absorption curve (b) Primary and secondary absorption rate of the tested mixtures.

#### 7. Conclusions

507 This study evaluated the constructability of concrete pavement slabs with CNC by a nine-slab 508 walk path construction. The key findings of the study are as follows;

- 509 Fresh concrete properties such as slump, air content, and unit weight were the same 510 between CNC and the reference PLC mixtures. The slump value of OPC was slightly 511 higher than that of the PLC. 512 The initial and final setting times of the PLC mix were 40 and 55 minutes shorter than 513 those of the OPC mix, respectively, whereas CNC delayed them by 20 and 25 minutes. 514 CNC 0.05wt.% had the highest 7-day cumulative heat of hydration (372.1 J/g) compared 515 to OPC (334.9 J/g) and PLC (367.5 J/g). The heat flow rate of the PLC mix was 516 accelerated by 36 minutes compared to the CNC and OPC mix. 517 Hardened properties, including strength, modulus of elasticity, and coefficient of thermal 518 expansion (CTE), were similar based on laboratory tests of specimens cast during 519 construction. Differences observed for flexural and compressive strength were 520 approximately 10% or less. Addition of CNC reduced the CTE of PLC mix by 1.8%. For 521 modulus of elasticity the difference between CNC and PLC mixtures was statistically 522 insignificant at 5% significance. 523 At a 7-month concrete age, CNC reduced the drying shrinkage of PLC by 9%. PLC alone • 524 reduced the drying shrinkage by 10% relative to the OPC. 525 Regarding durability, electrical resistivity increased by 25% with PLC and CNC over the 526 OPC mix at 365 days. Electrical resistivity was the same for PLC and CNC during the
- 527 study period. The water absorption test demonstrated that the PLC mix had the lowest

528	absorption rate. The addition of CNC did not affect the water absorption, hence the
529	porosity of the mix.

530	Based on these findings, it can be concluded that the addition of CNC was implementable at the
531	concrete scale and in full construction settings without any practical or technical challenges.
532	CNC addition did not negatively impact the constructability of the pavement or the fresh
533	concrete properties. The most notable impact of CNC addition was reducing the long-term (7-
534	month) drying shrinkage by 9% for the PLC mix. This effect could have significant positive
535	outcomes regarding drying shrinkage control in dry climates and warrants more investigation in
536	the future. Though significant improvements in mechanical properties were not seen in this
537	study, earlier than 7 days, mechanical properties may be increased by CNC, but those were not
538	tested in this study.
539	
540	Recommendation and Future Work
541	• Shear-blending can be a viable option for dispersing CNC in water for large-scale
542	construction.
543	• The hygrothermal performance will be analyzed for the three instrumented slabs with the
544	three different mixes.
545	• The early-age properties of CNC concrete require more attention in the future.
546	• We recommend assessing the performance of CNC for shrinkage control in field
547	conditions accompanied by environmental and traffic loadings.
548	• LCA and LCCAs are required for the environmental and economic viability for using
549	CNC in the pavement with a full-lifecycle perspective.

- Long-term performance and durability of the concrete pavement with CNC over the life
   cycle may be assessed in the future.
- 552
- 553

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