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The Vernal Pool

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Happiness

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Happiness
By Juanita Espinoza

the chase seems never-ending
you are constantly faced with failed attempts one after another
each time allowing yourself to believe you have finally reached a true state of bliss
only to have reality abruptly chime in and destroy it all
as you start to question whether your pursuit is worth the reoccurring disappointment
the last bits of hope are slowly stripped away from your formerly optimistic heart
you sit in a complete darkness
that has managed to consume almost every bit of your soul
memories of fabricated happiness overflow your mind
intoxicating your thoughts and driving you into madness
as you are about to give in completely, your eyes catch a glimpse of the sunrise in front
of you
its radiant colors of orange and yellow gently peek through your bedroom window
leaving you in awe
it is in that moment you realize
happiness is all around you