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Demographic expansion, despotism and the colonisation of East and South Polynesia

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Introduction

The Pacific Islands were some of the last habitable places on earth to be colonised by humans. Current archaeological evidence suggests these islands were colonised from c. 35,000 BP, and the expansion to increasingly remote islands and archipelagos was episodic rather than continuous; with bursts of migration followed by longer periods of sedentism and population growth (Anderson 2001a). The last phase of colonisation into East and South Polynesia occurred rapidly at c. 1000 BP, after a 1600-year hiatus in colonisation activity (Spriggs and Anderson 1993; Anderson 2001a, 2003).

We argued in an earlier paper (Kennett *et al.* 2006) that the episodic nature of oceanic colonisation is consistent with the predictions of Ideal Free Distribution (IFD), a population ecology model that considers the dynamic character of island suitability, along with density-dependent and density-independent variables influencing migratory behaviour. We also suggested intensive food production was one variable that contributed to decreasing suitability of island habitats, stimulating dispersal, and ultimately migrations to more distant islands in Oceania.

One of the primary assumptions of the IFD model is that all members of a group have equal competitive abilities and access to resources. Missing from our original model was an evaluation of changing despotic behavior. Despotic behaviour is an extreme bias in the control of resources by certain individuals (Summers 2005), which is documented in many Polynesian chiefdoms (Kirch 2000; Kirch and Kahn 2007). In this paper, we develop a model known as Ideal Despotic Distribution (IDD), and use it to evaluate the sociopolitical context for the colonisation of East and South Polynesia.

Ideal Free Distribution

Ideal Free Distribution (IFD) was developed in population ecology (Sutherland 1996; McClure *et al.* 2006; Shennan 2007), and it provides a starting point for predicting when individuals will disperse or migrate to a new habitat, based on density-dependent changes in the suitability of the habitats available to them (Kennett *et al.* 2006). Habitats are ranked by their quality, as assessed by the fitness of the initial occupant. Typically, fitness-related measures are used to measure quality or suitability (e.g. production of young, rate of food intake; see Winterhalder and Kennett 2006).

Quality is density-dependent and declines due to competition as populations increase. Competitors may use up resources directly – for instance, by consuming and depleting food supplies; or they may indirectly make resources harder to find or capture – for instance, by stimulating their dispersal or elevated wariness, or they may render resources less desirable due to contamination or by fighting over them. The former is known as depletion competition, the latter as interference competition (Sutherland 1996:9).

The two primary assumptions of IFD are that: (1) individuals will elect to reside in the *ideal* or best habitat available to them; and (2) they are *free* or unrestricted to make this choice. They are also assumed to be competitors with equal ability and access to resources. Under these conditions, colonising individuals will settle first in the best habitat available. The suitability of these high-ranked habitats decreases as populations increase due to immigration or in situ growth. When the habitat is diminished to the quality level of the second-ranked habitat, further population growth stimulates immigration, with populations moving to a wider range of habitats. Because each individual is ready to relocate if another habitat offers an edge in suitability, the population distribution will equalise marginal qualities across all occupied habitats. This is an equilibrium distribution, and is a consequence of the marginal equalisation of habitat suitability. In IFD, no individual has an incentive to relocate.

Despotism and Ideal Despotic Distribution

The assumption in IFD that all individuals are competitors of equal ability in the quest for resources is unrealistic, particularly in Polynesia where highly ranked chiefdoms were well established historically (Kirch 1984; Kirch and Kahn 2007). Despotism – or extreme bias in the control of resources by select individuals – is common in highly ranked societies (Summers 2005). Status competition and social inequality exist in all human groups, regardless of size or mode of production (Fried 1967; Boehm 2000; Diehl 2000). However, archaeological evidence for significant and institutionalised intra-group differences in status and wealth is confined to the past 13,000 years, well after the first evidence for anatomically modern humans in Africa (c. 150,000 years ago) and their subsequent appearance throughout much of the Old and New Worlds (Klein 2004). The preponderance of archaeological evidence suggests that for the majority of human history, groups remained small, occupied relatively large territories at low densities, and moved periodically to adapt to spatial and temporal fluctuations in resources. The archaeological record also indicates that group fissioning, environmental infilling and emigration to diverse habitats were generally favoured over localised increases in group size and density, or other forms of intensification. Under these conditions, institutionalised hereditary leadership and significant differences in status and wealth rarely emerged or persisted.

Archaeological evidence for ranked societies is often found in conjunction with clear indications of localised population aggregation, economic intensification and territorial circumscription (Carneiro 1970; Hayden 1981; Clark and Blake 1994; Blake and Clark

1999). In some instances, it co-occurs with a heightened commitment to agriculture (Price and Gebauer 1995), but similar developments also occurred among hunter-gatherers in areas where wild resources were concentrated, as with rich marine and aquatic habitats (Yesner 1980; Pálsson 1988; Erlandson 2001; Kennett 2005). In these locations, certain group members were able to acquire greater wealth and status by: (1) manipulating economic, social and political relationships to their own benefit (Earle 1987, 1997); (2) controlling the flow of exotic goods used to signal status (Flannery 1972); (3) monopolising the labour of other group members (Earle 1987; Arnold 2001); and (4) creating ideologies that justified the uneven distribution of wealth and power (Earle 1987, 1997). Increased control of resources, and, in some instances, differential reproduction (Betzig 1986) by a small number of high-status individuals accompanies the emergence of social ranking.

Ideal Despotic Distribution (IDD) is a variant of IFD that allows for individuals with different competitive abilities, highlighting competition and the possibility of differential access to resources within, and among, groups. If interference arises among competitors of unequal abilities, or if, by establishing territories, superior competitors or competing groups can protect themselves from density-dependent habitat deterioration by defending better resource opportunities, then the inferior competitors and those without territories are pushed to poorer habitats. Compared with IFD, a despotic distribution will reach equilibrium with disproportionate numbers or densities in the lower-ranked habitats. This makes intuitive sense: by garnering disproportionate resources in the best habitats, the better competitors push inferior ones more rapidly into habitats of lesser suitability. In many empirical studies, IFD serves as a null hypothesis, against which one can measure the effects of interference competition and unequal resource access (Sutherland 1996).

The decision by an individual or subgroup to leave or fission from its parent community depends on the risks of staying, the costs of moving, the likely success of relocating, and the relative advantages of alternative settlement locations. Relative advantage is dependent on the availability and suitability of adjacent habitats, and the behaviour of other groups in the area. Localised population increase, from endogenous growth or in-migration, followed by community fission, results in environmental infilling and the occupation of increasingly marginal zones (environmental packing; Binford 1968, 1983). Localised decreases in habitat suitability due to depletion or interference will stimulate group fission and emigration until most habitable areas are occupied. People may live in large groups, even under severely disadvantaged conditions, if they are circumscribed environmentally, demographically, or socially (Carneiro 1970). Circumscription includes social boundaries maintained by the threat of violence from adjacent communities, real or perceived. Socialisation for fear of others is a common form of coercion used to manipulate subordinate members of a group (Kantner 1999; Lekson 2002), and it can be used to reduce the attractiveness of settlement locations. In other words, subordination to members of one's own group may be the best alternative open to an individual. Ideological manipulation can also play an important role in the perception of the costs and benefits of staying with the group and being subjugated and exploited by others (Earle 1987).

Colonisation of Polynesia

The first appearance of people in Fiji and West Polynesia is signalled by the Lapita cultural complex, and is more broadly associated with the rapid spread of people from Island Southeast Asia (Bellwood 2001:Figure 1). Biological and linguistic data suggest the archaeological record of Lapita relates to an expansion of Austronesian-speaking people (Diamond and Bellwood 2003). Lapita-age settlements of 3300 to 2600 BP are identified by the presence of distinctive dentate-

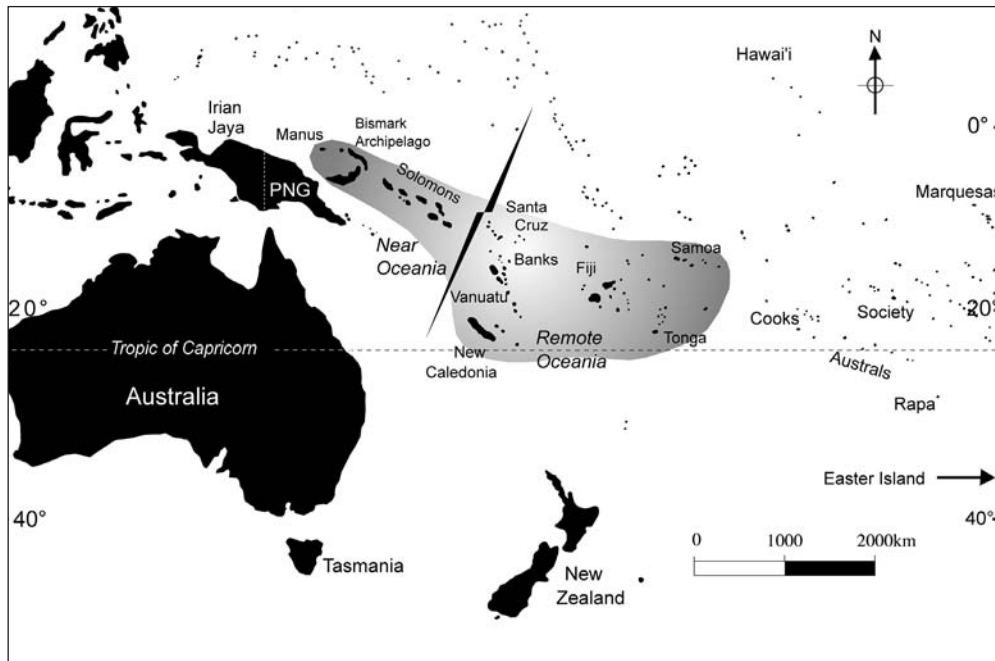


Figure 1. Map of Oceania showing the relevant islands and archipelagos. Arrow demarcates near and remote Oceania.

stamped and incised pottery (Kirch 1997; Anderson *et al.* 2001). An inventory of locations containing dentate-stamped pottery includes about 184 locations, extending 4500 km from the Bismark Archipelago, southeast to Fiji, Tonga, Samoa and Wallis (Uvea) in the South Pacific (Anderson *et al.* 2001). The appearance of Lapita pottery east of the Solomon Islands represents the earliest known colonisation of Remote Oceania (Kirch and Hunt 1988). Sites throughout the Lapita range are most common in coastal contexts, with overall densities on larger islands being lower than smaller islands (Anderson 2001a). The earliest Lapita settlements in Fiji date to between 3000 BP and 2600 BP, with slightly later ages for the earliest Tongan and Samoan settlements, of 2950–2650 BP (Burley 1998; Anderson *et al.* 2001).

Recent archaeological studies suggest a hiatus of c. 1600 years between the expansion of Lapita peoples into Fiji and West Polynesia and the colonisation of more remote islands and archipelagos in East and South Polynesia (Anderson and Sinoto 2002; Anderson 2003). Spriggs and Anderson (1993) argued the initial colonisation of East Polynesia did not occur before 1600–1400 BP, but a series of more recent studies suggests it may have occurred closer to 1000 BP. In the Society Islands, archaeological deposits date no earlier than 1000 BP (Anderson *et al.* 1999), and current data from the Marquesas indicate settlement at 900 BP (Rolett and Conte 1995; Rolett 1998). On the remote fringes of East Polynesia, recent information suggests Easter Island (Rapa Nui) was colonised by 800 BP (Hunt and Lipo 2006), and certainly no earlier than 1000 BP (Steadman *et al.* 1994), Hawaii about 1000 BP (Athens *et al.* 1999), the Gambier Islands at 900 BP (Anderson *et al.* 2003), Rapa at 800 BP (Kennett *et al.* 2006), and New Zealand (Anderson 1991; Higham *et al.* 1999), along with several other South Polynesian islands, by 800 BP (Johnson 1995; Anderson and O'Regan 2000; Anderson and White 2001).

Colonisation of East Polynesia also includes the 25 'mystery islands' (e.g. Christmas, Norfolk and Pitcairn Islands) that were all colonised after 1000 BP, then abandoned before European contact (Anderson 2001b; Anderson *et al.* 2002). The revised archaeological ages for settlement are generally consistent with palaeoenvironmental records of anthropogenic vegetation change

(Athens *et al.* 1999; McGlone and Wilmshurst 1999; Anderson 1995, 2002; Burney 2002). The conclusion is that the colonisation of East and South Polynesia was late and rapid.

Sociopolitical context for the colonisation of East and South Polynesia

Archaeological information suggests a long period of population infilling after Lapita settlements were established in the Fijian, Tongan and Samoan archipelagos. The post-Lapita cultural sequences are remarkably similar in Fiji/West Polynesia and suggest parallel processes and continuous cultural interactions (Kirch 2000). Settlement-pattern data for these island groups indicate: (1) an increased number of settlements in coastal locations and in previously unoccupied islands in an archipelago (Spennemann 1989; Burley 1998); (2) an increase in the size of settlements (Burley 1998:363) and a reduction in settlement mobility (Clark 1999); (3) the expansion of populations into the interiors of larger islands (Hunt 1987; Burley 1998; Clark 1999; Field 2004, 2005); (4) intensified agricultural practices, inferred from inland expansion and the development of terracing and irrigation systems (Burley 1998; Kirch 1994). Burning, deforestation and resource depression parallel the increased reliance on horticulture, and eventually intensive forms of agriculture develop (Burley 1998; Anderson 2002; Steadman *et al.* 2002). All these observations are consistent with the predictions of the IFD model (Kennett *et al.* 2006).

Increasing despotism in Fiji and West Polynesia may have also played a role, particularly for the rapid colonisation of East and South Polynesia. Hierarchically organised societies with despotic chiefs were present throughout Polynesia by the time of historic contact (Kirch 1984; Kirch and Kahn 2007). Chiefs controlled agricultural production via land ownership and by manipulating labour to increase subsistence yields. Individual households increased agricultural production by making permanent modifications to the land (e.g. terraces and canals) and/or increasing labour investment (e.g. weeding and mulching). Status rivalry between competing chiefs was strongly developed and wars were waged, in part, to seize the productive agricultural land of competitors.

Kirch (2000) has argued on linguistic grounds (e.g. words for corporate groups and positions of status) that the concept of hierarchical sociopolitical structure was present in the Ancestral

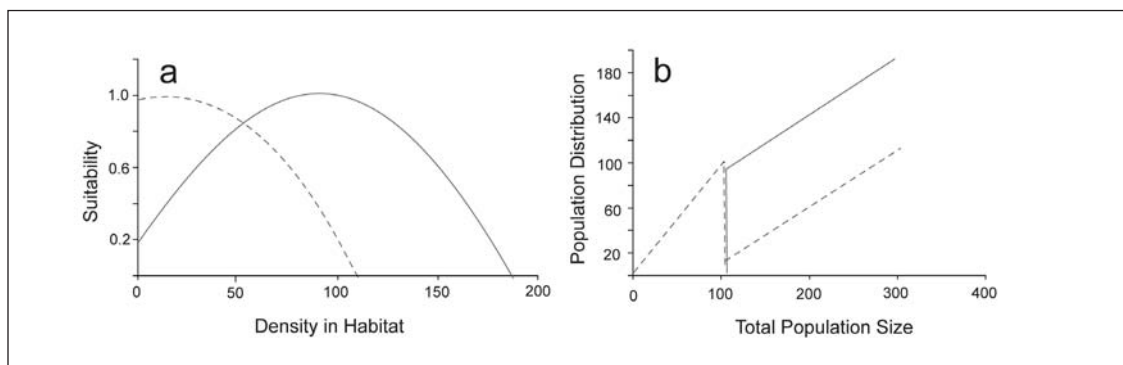


Figure 2. The Ideal Free Distribution (IFD) model determines the equilibrium distribution of populations over habitats (or spatially separable production opportunities), as a function of density and density-dependent suitability. The Ideal Despotic Distribution (IDD) model is similar, but allows for territoriality or other forms of resource defence. This example depicts the IFD and two habitats. (a) Suitability in the highest-ranked habitat declines monotonically with population growth; suitability in the second-ranked habitat first increases due to economies of scale (Allee effect), and then declines. (b) Individuals populate the highest-ranked habitat until its marginal suitability drops to the level for entry into the second-ranked habitat. There is then a rapid migration from the first to the second habitat, depopulating one and filling the other, until their marginal suitabilities again equalise and further growth is divided between them.

Polynesia groups that colonised and developed in Fiji and West Polynesia during the Lapita era. The degree of sociopolitical stratification in Polynesian societies is strongly correlated with population size and density (Kirch 1984:98–99). Population density in Fiji and West Polynesia clearly increased between initial Lapita settlement (c. 3000 BP) and the next major wave of colonisation into East Polynesia at 1000 BP. Plainware ceramics (2650–1550 BP) are spread across agricultural fields throughout the Tongan archipelago (Burley 1998:363), and occur in coastal and interior settlements (Spennemann 1989). Interior portions of the Sigatoka Valley on the island of Viti Levu (Fiji) were colonised for the first time by c. 2000 BP (Field 2005), a general trend visible in both Fiji and Samoa (Marshall *et al.* 2000). Site size and complexity also increased in comparison with the small coastal settlements common in the Lapita era (Burley 1998; Field 2004). Within this context, competition for land would have been an important factor in the emergence of social hierarchies, but direct archaeological evidence for these hierarchies is meager until about 1000 BP.

The appearance of more intensive forms of agriculture before 1000 BP is suggestive of emerging social hierarchies. Pond field irrigation systems were being built to grow *Colocasia* on the island of Futuna by c. 1300 BP (Kirch 1994). Walled dry-field agricultural systems were also expanding at this time on Futuna and the adjacent island of Alofi, and similar trends are visible in Tongan islands and in Fiji (Field 2004). Intensive agricultural systems are generally absent in Samoa, even in late prehistory when centralised polities are known to have existed. The appearance of innovative and intensive large-scale agricultural systems is partly related to the expansion of populations. However, Kirch (2000) points out that these systems were often constructed and maintained to generate agricultural surplus for despotic chiefs.

Corporate group formation and status rivalry is suggested by the increase in inter-group conflict in Fiji and West Polynesia between 1500 and 1000 BP. The fortified hilltop settlement of Tatanga-matau on the island of Tutuila (Samoa) was in use as early as 1000 BP, with most activity dating to between c. 700 and 600 BP (Leach and Witter 1990). Hilltop settlements on Futuna and Alofi are synchronous with the appearance of pond and walled field agricultural systems at 1300 BP (Kirch 2000:227). Defensive locations were employed in parts of Fiji between 1500 and 1000 BP (Field 2004, 2005), with the first large hilltop fortifications appearing at c. 1000 BP (Best 1984), and a range of other defensive sites in use by historic contact (e.g. ring ditch forts, refuges; Parry 1977, 1982, 1987). In the Sigatoka Valley of Viti Levu, many fortifications were positioned in close proximity to agricultural fields, and appear to have been strategically placed to defend these lands (Field 2005:598). The appearance of fortifications in Fiji and West Polynesia generally correlates with land improvements that would have increased their value and economic defensibility (Dyson-Hudson and Smith 1979). Warfare and territorial conquest were despotic strategies for increasing surplus production and the asymmetric distribution of wealth.

Monumental architecture is highly visible and is closely connected with political power and social hierarchies in Polynesia (Graves and Green 1993; Kirch 2000). Large-scale structures include earth and stone mounds used as platforms for high-status residences or for chiefly burials. The Pulemelei mound of Savai'i island on Samoa is a massive stepped platform that possibly served as a residence for the high chief Lilomaiave Nailevaiiili in the 17th century (Kirch 2000; Clark and Martinsson-Wallin 2007). Monumental architecture first appears in Tonga and Samoa between about 1000 and 800 BP (Burley 1998; Green 2002), a date consistent with genealogical records for the origins of the Tongan chiefdom at 1000 BP (Gifford 1929). Clark and Martinsson-Wallin (2007) point out that the appearance of monumental architecture, and the stratified social structure that it represents, is coincident with the major colonisation pulse

into East Polynesia. These data point to West Polynesia as the ultimate conceptual source of hierarchical social structures, and this provides an important socio-political mechanism for rapid population dispersal into East and South Polynesia.

Conclusions

The evidence for colonisation of East and South Polynesia starting c. 1000 BP, if accurate, suggests these migrations were initiated from West Polynesia in the context of: (1) increasing population density; (2) decreasing habitat suitability due to erosion and soil degradation, after an initial increase in habitat suitability for agriculture due to forest clearance and terracing; (3) heightened interference due to territoriality and warfare. These observations are all consistent with the IFD model as originally constructed (Kennett *et al.* 2006). However, the rapid movement of people into East and South Polynesia after c. 1000 BP is more consistent with the IDD. Agricultural intensification, warfare, the construction of large monumental structures and substantial landscape modification from c. 1500 BP to 1000 BP suggests that hierarchical subjugation and despotic control of land initially stimulated population dispersal. The replication of this sociopolitical system was a key mechanism for ‘pushing’ migrants to the remote fringes of East and South Polynesia.

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