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“Sex: M”
Television story/short documentary

Abstract

What does the T in LGBT really mean anyway?

Lucas Waldron never has felt right in his body or in his gender. He was born biologically female with the name Laura, but he always knew something was wrong. He was labeled a tomboy as a toddler, then a lesbian as an adolescent, and it wasn't until coming to San Francisco for college that his identity became clear—he dated girls, but he wasn't a girl. He wasn't a tomboy either—in fact, he actually envied other boys. Last year, Lucas came out as transgender on a YouTube video, and the decision with how to continue his life was easy: he will pursue hormone therapy and a mastectomy. He will pass as a male.

Lucas's story is atypical in a good way: he has a supportive network of friends and family who, while at first urging him to slow down with the transition, understand why he needs to do what he has to do. Lucas is finally happy.

But that's not to say everything is smooth. Lucas is still dealing with what it means to be a boy in society that is run by men. How can he fulfill his goal to pass as male without also being lumped into the macho gender that he has always resented?

This project follows Lucas from the day he gets his testosterone prescription, to the day his name legally changes, to the day he shaves. The story uses a combination of verité footage, archival photos and videos, interviews and his weekly video blogs to tell the story of his life and his transition. There are interviews with him as well as friends and family members.

Script

Sex: M
TRT: 22:33
Kate Elston
Master's thesis, UC Berkeley Graduate School of Journalism

In front of Walgreens, Lucas shows his prescription.

Lucas Waldron: We've got some alcohol wipes, to clean my wounds with. We've got an entire box for my needles, a bio hazard box..so...that's great.....this is the vile of testosterone. And i have two of these needles.

Narrator: THIS IS LUCAS WALDRON, A 21 YEAR OLD POLITICS STUDENT IN SAN FRANCISCO. THIS PRESCRIPTION HE JUST GOT? IT'S ABOUT TO CHANGE HIS LIFE.

Lucas on his Vlog, Title: 7 months earlier

Lucas: I don't feel like I am a woman. I'm not a woman. it is uncomfortable sometimes when I get lumped together with women as if i'm like them which is just not really something that makes sense.

In front of Walgreens.

Narrator: TODAY IS THE START OF A LONG, LONG PROCESS. BUT THE END OF A LIFE- LONG WAIT.

Lucas: "It's like a stocking, a christmas stocking."

Title card: Sex: M

Lucas: going through elementary school, I pretty much identified as a boy. **[VO]** I would like throw fits when my mom would make me wear dresses.

Various photos of Laura.

Vince Waldron [VO]: Laura, when she was laura, was always kind of a tomboy and always kind of boyish. **[on camera]**. If there was a mountain to climb he was the one who wanted to do it, we went fishing.

Lucas [vo]: We had girls lines and boys lines when we walked in the cafeteria and stuff and I wouldn't go in the girls line, **[on camera]** I was like why, it was so obvious to me, like why would i go into the girls line, like what?

Kathleen Waldron: He played basketball on boy's only teams until he was in 7th grade.

Photo of Lucas playing basketball.

Narrator: WHILE EVERYONE CHALKED IT UP TO BEING A TOMBOY, LUCAS SAYS HE REMEMBERS ACTUALLY ENVYING HIS MALE PEERS.

Lucas: It was like, man i want to look like him and act like him, and like all these girls like him and thats what i want to be, ya know?

Narrator: WITH TESTOSTERONE, HE'LL BE CLOSER.

Exterior of his apartment. Lucas in bathroom.

Reporter, off camera: Are you excited?

Lucas: I'm really excited I had like problems sleeping. Which was bad.

Narrator: LUCAS WILL INJECT TESTOSTERONE INTO HIS THIGH TWICE A MONTH FOR THE REST OF HIS LIFE.

In living room, going through prescription.

Lucas: What they gave me is enough for 4 injections.

Narrator: LUCAS'S DOCTOR SAID IT WAS OKAY TO DO THE SHOTS AT HOME. SO, A FRIEND WHO'S STUDYING TO BE A NURSE, HAS AGREED TO ADMINISTER THE FIRST SHOT.

Nurse: Hi good good morning!

Shots of needles, alcohol wipes, preparing injection.

Nurse [VO]: You want that much air, a little more. **[on camera]:** So you take the cap off, put it in and put the air in.

Friends on couch

Narrator: OTHER FRIENDS HAVE SHOWN UP FOR MORAL SUPPORT

Friend 2: You can totally do it.

Various shots of prescription being prepped.

Narrator: ABOUT 1 MILLION TRANSGENDER PEOPLE LIVE IN THE UNITED STATES. BUT SOME EXPERTS SAY THAT NUMBER COULD BE MUCH HIGHER. THEY ARE PEOPLE WHO FEEL THEIR BIOLOGICAL GENDER DOESN'T MATCH HOW THEY FEEL ABOUT THEMSELVES. SOME TRANSGENDER PEOPLE DECIDE GO THROUGH HORMONE THERAPY. SOME DON'T.

Sound of needle being tapped by nurse.

Lucas to nurse: I don't understand how to put the needle in. So you just stab, and then pull out, right?

Narrator: THE TESTOSTERONE WILL MAKE LUCAS SPROUT FACIAL HAIR, LOWER HIS VOICE, AND DIRECT BODY FAT TO HIS STOMACH RATHER THAN HIS HIPS.

Nurse: Are you gonna watch or look away.

Lucas: I'm gonna look away.

Nurse: [laughs] Ok! Ok! Here we go. One, two, three.

Nurse: Ok!

Lucas: Yeeeeeah! Not that painful at all. Kind of built it up a lot!
[laughs]

Friend takes photo of nurse & Lucas holding needles.

Friend: [VO] You did it I'm so proud!

Nurse: [VO] How do you feel?

Lucas: [VO]: Good, I feel good.

Shots of San Francisco, Lucas walking in the city. *[music starts]*

Narrator: LUCAS LIVES IN SAN FRANCISCO, WHICH IS PROBABLY THE MOST ACCEPTING PLACE IN THE WORLD. SO IN THAT WAY, HE'S LUCKY. UNLIKE MANY TRANSGENDER PEOPLE, HE DOESN'T HAVE TO WORRY WHAT THOSE CLOSE TO HIM WILL SAY ABOUT HIS TRANSITION.

Lucas: I have some friends that are excited that want to know a lot about it. Other friends are like, complacently fine with it. I don't have friends that are expressing, like, that they don't like it. It wouldn't be like me to have friends that were unaccepting anyways.

Walking into Law Center.

Narrator: THE NEXT STEP IS TO LEGALLY CHANGE HIS NAME AND GENDER ON STATE RECORDS. HE GETS HELP FROM THE NON PROFIT TRANSGENDER LAW CENTER TO HELP HIM FILL OUT THE FORMS. *[music ends]*

Lawyer opens door

Lucas: Hi i'm here for a 330 appointment.

In meeting room

Narrator: THE PROCESS IS OVERWHELMING AND COMPLICATED. THE FIRST STEP IS TO FILE A PETITION WITH THE STATE.

With papers

Lucas: So this is what I printed out. There were like, six forms on your website.

Lawyer: What is the full name on your birth certificate?

Lucas: It's Laura L-A-U-R-A, and my middle name is Helene.

Lawyer: What is your new full name.

Lucas: LUCAS, L-U-C-A-S. And I was going to just cut my middle name to H.

In Lucas's apartment

Narrator: THE NAME LAURA HAS TO GO.....AND SO DO TWO MORE THINGS.

Lucas looking in mirror

Lucas [VO]: just like seems so unnatural for me to have breasts. **[on camera]:** They're just so weird and annoying.

Narrator: TO HIDE THEM, LUCAS WEARS A BINDER, A TIGHT TANK TOP THAT FLATTENS HIS CHEST.

Lucas: I wear them all day every day. I never not wear a binder. I normally don't sleep in them, but that's the only time I wouldn't be wearing one. **[VO]:** Breasts are just gross and get in the way and they're **[on camera]** saggy and nasty and I don't want them.

Narrator: SO HE'LL GET RID OF THEM, ONE DAY, WHEN HE HAS THE MONEY. SURGERY WILL COST ABOUT 8 THOUSAND DOLLARS, MONEY HE DOESN'T HAVE.

Fade out. *[Music starts]* Up on photo. Many photos flash.

Lucas [VO]: I can't really remember a single time at school when I was ever happy. **[on camera]:** I was really sad. I was really suicidal from like 6th to 8th grade.

Narrator: WHEN LUCAS WAS 11, AS LAURA, HE STARTED GETTING INTENSE STOMACH PAINS, AND NO ONE KNEW WHY.

Kathleen: This just kept going and he missed something like 44 half days of school when he was in 6th grade.

Narrator: THEN THE FAMILY FIGURED IT OUT. HIS PAINS WERE CAUSED BY INTENSE STRESS.

Vince[VO]: The sort of stressers in your body **[on camera]** make these things happen in your gut basically.

Lucas: I would think to myself like at what age am I going to have to assimilate into womanhood. Like, at what age am I not going to pull off being a boy anymore. **[VO]** Like, I didn't want to grow boobs i didn't want to get a period or become more female. **[on camera]** It was a very conflicting time, and most of it was very confusion, you know. **[VO]:** Like, had someone presented the option of being transgender earlier in my life **[on camera]:** Maybe i would have identified with that and felt more comfort in like, oh there's a reason i feel this way.

[music ends] More photos.

Narrator: WHEN IT WAS TIME TO GO AWAY FOR COLLEGE LUCAS, WHO AT THAT POINT WAS STILL LAURA, FLED PHOENIX FOR SAN FRANCISCO. HE MADE FRIENDS AND FIT IN, TRYING HIS BEST TO BE GIRLY. HIS BEST FRIEND MATT REMEMBERS THE FIRST TIME THEY MET.

Matt Cline: At the time Lucas was definitely Laura. Lucas was a cute little girl who was like squirly and like, super funny.

Narrator: BUT IT WAS OBVIOUS THAT LUCAS, AS LAURA, CONTINUED TO STRUGGLE WITH WHO HE WAS.

Matt: I've seen her be a total wreck before, i've seen her break down//yeah, super depressed, very in a bad place.

Archival footage of Lucas.

Narrator: STILL, LUCAS EXCELLED IN SCHOOL. HE WAS INVOLVED IN MANY ON CAMPUS CLUBS, LIKE THE STUDENT TELEVISION STATION AT THE UNIVERSITY OF SAN FRANCISCO. HE'S BEEN THE EXECUTIVE DIRECTOR THERE FOR 2 YEARS.

In USFtv office

Lucas: I'm in charge of it and I'm in charge of everyone who works here.

Photo of Laura Waldron on USFtv board.

Reporter: Oh, look, it's Laura Waldron!

Lucas: Yeah, that's really old.

Reporter: What do you think when you see that photo?

Lucas: I don't think that much about it, I was really uncomfortable then and I didn't really like, getting dressed in the morning or wearing clothes, or like, I hated shopping because there was nothing I could wear that I liked and I was trying really hard to be girly and it was really difficult for me to make that happen.

Fade out

Up on vlog. Title: October 14, 2012

Lucas: I'm Lucas and this is my 2nd vlog// I had my second testosterone shot this Friday. // And then I woke up the next day with pimples on my face, so I think I'm being thrust into puberty already, maybe.

Working out in gym

Narrator: HE IS BEING THRUST INTO PUBERTY...AGAIN. AFTER ALL, NEW HORMONES ARE COURSEING THROUGH HIS BODY. AND HE'S NOTICING THE CHANGE.

Lucas [VO] I've been like super revved up, like I have a ton of energy

In apartment

Lucas: Testosterone, it just makes me want to break things and like throw things. **[VO showing muscles]** OK, so like I've been looking at my muscles every day, cause these are like little baby arms, right? **[on camera]** But like, are they naturally getting larger? Cause I feel like they are cause I feel so strong.

Narrator: ANOTHER SIDE EFFECT OF THE HORMONES?

Lucas: This is my strap on it's pretty nice.

Narrator: HIS SEX DRIVE IS UP.

Lucas: I have the same kind of sex as heterosexual couples Have except I have a fake penis. But it operates pretty much the same. Sometimes it falls out.

On USF campus. Lucas hanging out with friends.

Narrator: LIKE ANY TYPICAL COLLEGE KID, LUCAS SOCIALIZES AND DATES, LIKE AT THIS CAMPUS HALLOWEEN PARTY.

Lucas: I think Maria's Sexy.

Narrator: HE'S INTERESTED IN WOMEN, BUT ONLY CERTAIN WOMEN.

Lucas: [VO] For pretty much my whole life I feel, I've only pursued and dated heterosexual identifying women. [on camera] Sex is like kind of a confusing area. I don't really feel comfortable with someone who views me as female. So it has to be established early in my relationship that they view me as male.

Photos of Laura, and shots of Lucas walking down the street. *[music starts]*

Narrator: IT'S RELATIONSHIPS THAT HAVE PROBABLY SHAPED LUCAS'S IDENTITY THE MOST. WHEN HE WAS LAURA, HE TOLD A GIRL HE LIKED HER. THAT GIRL DIDN'T FEEL THE SAME WAY.

Lucas: When she definitively said no, I don't want this and conditioned it by saying if you were a boy, maybe i would [VO] I was so upset, just like went into this huge depression, it was really bad, from a self loathing type of perspective. It was just like, there is no reason why I can't be your boyfriend. [on camera] Like, I don't want to be your girlfriend, i want to be your boyfriend.

Narrator: IT GOT WORSE WHEN LUCAS LEARNED THAT SAME GIRL WAS NOW DATING A BOY, SOMEONE THEY BOTH KNEW.

Lucas: [VO] And I i just like hated him. [On camera] It was just like, fuck you for having a penis. He was not a nice guy, he was not a good person. But he had a a better chance with this girl, simply because he like biologically was a certain way.

Narrator: LUCAS SAYS AT THAT MOMENT ALL THOSE CONFUSING FEELINGS FINALLY MADE SENSE TO HIM.

Lucas: [VO]: I don't feel comfortable, I don't feel right in my body, I don't like myself.

[on camera]: But those feelings never really accumulated into a trans identity until this time.

Narrator: WHAT FOLLOWED IS WHAT LUCAS CALLS HIS MENTAL TRANSITION. HE WAS STILL GOING BY LAURA, BUT HE DECIDED TO CUT OFF HIS LONG HAIR, BUY BOXERS INSTEAD OF WOMEN'S UNDERWEAR, AND WEAR HIS CLOTHES LOOSER.

Lucas: So that was a pretty big turning point for me. when i was like, I'm going to pursue a MORE male identity.

YouTube video of him coming out.

Narrator: THEN, AFTER A FEW MONTHS, LAURA BECAME LUCAS. HE CHANGED HIS NAME ON INTERNET ACCOUNTS AND CAME OUT A YOUTUBE VIDEO.

Matt: It just kind of made sense I don't know, when he told me I was like yea. *[Music pauses]* Yes, do that! Like, that will make you very happy. *[music starts up again]*

Montage of Facebook responses to his post. Fade out.

Title: 3rd injection, October 26th, 2012. Prepping his third injection.

Lucas: **[VO]** I don't really have doubts about hormone therapy, I don't--It's not even something that I think about, to be honest.

Narrator: WHAT HE DOES THINK ABOUT IS HOW LONG IT WILL TAKE TO START NOTICING PHYSICAL DIFFERENCES. HE GRADUATES IN JUST A FEW MONTHS, AND DESPERATELY WANTS TO PASS AS MALE.

Lucas: I've heard from a couple people that my voice seems a little bit deeper. I haven't noticed it and it's really bothering that it's not getting deeper because I keep meeting new people in professional settings and having them say SHE and HER, and it's like really annoying and obnoxious. And I really don't like it.

Getting ready to take the shot

Lucas **[VO]:** Transitioning, it's not something that I sit around and think about. I'm just doing it cause it's like what I'm...doing with my life.

Does the shot

Lucas: Okay! I don't want it to bleed very much. Doesn't look like it is. Well there we go!

Narrator: IT SEEMS LUCAS'S TRANSITION IS GOING RELATIVELY SMOOTHLY. BUT THERE ARE SOME THINGS HE CAN'T CONTROL.

At home. Title: November 15, 2012. Lucas is in bed holding stomach.

Lucas: I woke up because of stabbing intense pain in my ovary area.

Narrator: LUCAS STILL GETS PERIODS, AND THE HORMONES MAKES THEM WORSE. PERIODS WILL GO AWAY EVENTUALLY, BUT FOR NOW, THE HORMONES CAUSE HIM TO HAVE CRAMPS THAT ARE SO BAD THAT HE HAS TO SKIP CLASS.

Lucas: Pain, right here.

Narrator: PERIODS ARE MONTHLY BUT LUCAS DEALS WITH ANOTHER ISSUE EVERY SINGLE DAY

Lucas walking by public restrooms.

Narrator: WHICH BATHROOM TO USE?

Lucas [VO]: The only thing I would want to have a penis for, like **[on camera]** peeing in men's bathrooms would be like a lot easier

Lucas working on campus

Narrator: WHEN HE'S ON CAMPUS, IT'S A RECURRING, UNCOMFORTABLE DECISION.

Lucas: And I try to ever avoid using a bathroom a person is in...because i know all the girls that use the girls bathroom and I know all the boys that use boy's bathroom, and either way it's really awkward.

Lucas walking through campus, goes up stairs to restroom

Narrator: SO INSTEAD, HE SEEKS OUT THE CAMPUS'S ONLY SINGLE STALL BATHROOM.

Lucas: I'm gonna go in, then i'll come back out.....sometimes they lock it. so we'll just see if someone's in there or not. But sometimes it's not open. And then i go home.

Lucas at bedroom in his apartment, on his computer.

Narrator: THEN THERE'S THE LITTLE THINGS WILL PUSH LUCAS OVER THE EDGE. THIS TIME, IT'S HIS MOM'S ANNUAL CHRISTMAS LETTER

Lucas: Ok so it starts with, "we have had a lot of things happen this year and we'll start with the biggest. Laura, after struggling for years with her sexual identity and thinking she was a gay female, has decided that actually he is a heterosexual male. **[VO]** we've had time to get used to this and are very supportive. **[on camera]** it is wonderful to hear his voice."

Narrator: IT CERTAINLY SOUNDS WELL MEANING. BUT NOT TO LUCAS

Lucas: Anyone who's ever like read an internet page on like how to not make trans people wanna kill themselves, like, so many things are addressed. First, when you're addressing someone who's changed their gender identity preferences, you like don't refer to them as she, even if you're referencing past tense.

Narrator: NOW HE'S RETHINKING ABOUT WHAT IT WILL MEAN TO GO HOME IN THE MIDDLE OF HIS TRANSITION.

Lucas: I would just rather not show up to Christmas. it would be easier.

[Music starts]. Shot of Phoenix. Exterior of home. Title: Phoenix, Arizona. Kathleen and Lucas cooking in Kitchen.

Kathleen: Let's get that one out! Put this one in! **[VO]** It's absolutely great, we love having our kids home.

Vince: Yeah, it's just so nice to have people in the house and the kids back.

Family on couch in living room.

Vince [VO] VO: Last night we were sitting on the couch, talking, and so... it felt kind of normal i guess *[music ends.]*

Vince: So, do you think you might wanna have kids someday?

Lucas: Never no

[all laugh]

Vince: Thought maybe you had changed that.

Lucas: Never happening, no.

Vince [interview] I don't want to give the impression, that you know our kid just came out and we went oh wonderful this is great! And what's next? You know, it took some while to figure out. **[VO]** We wanted him to go cautiously because we were afraid...we didn't want him to take steps that would be irreversible in terms of like surgery or things like that.

Lucas cooking in kitchen with family.

Narrator: THIS IS THE FIRST THE WALDRONS ARE CELEBRATING THE HOLIDAYS WITH A SON

Eating in dining room.

Narrator: THERE'S A LOT TO CATCH UP ON.

Kathleen: And so when you put it in do you like inject it slowly? Or just. Pop it in?

Lucas: Pop it right in. You'll see.

[laughs]

Lucas It's gonna be great. Are you guys going to grossed out?

Parents: No, no no! Not at all.

Living room, injection.

Title: 7th injection, December 20th, 2012

Kathleen: How are you deciding that?

Lucas: Because feel this right here? That's where it does?

Kathleen: Ooh, like the hard part of the muscle? That's where it goes?

Lucas: Yeah, but you can't be like, clenched.

Kathleen: So you, loosen it up a bit?

Lucas: Yep.

Does injection.

Vince: Oh, my gosh. You made my toes curl. **[VO]:** We still worry and we still have that kind of cautious impulse I think. **[on camera]** But he seems so much more himself. To me, he seems like the same kid. Just a happier one I guess.

Fade out. Up on Kathleen looking through albums.

Kathleen: This is when Lucas was three, I think, yes October 1994...

Narrator: LIKE ANY PARENTS, THE WALDRONS REMINISCE. A LOT.

Kathleen [VO]: That's when he lost a tooth.

Narrator: AFTER USING THE NAME LAURA FOR 21 YEARS, THE WALDRONS ARE DOING THEIR BEST TO SWITCH TO MALE PRONOUNS.

Kathleen: Our nickname for Laura forever has been Louie or Lou. So I still call him Louie! I called him Louie the other day and I said, do you mind if I call you Louie? And he goes, I love when you call me Louie! So I'm like, I'm just gonna call you Louie!

Narrator: STILL, SIGNS OF LAURA ARE EVERYWHERE.

Vince: In some ways we've felt some grief of losing our daughter, but lately it's like, this is really cool I have a son.

Title: December 20, 2013

Lucas: Hi everyone it's Lucas. // I'm home for the holidays, which is interesting//I'm sure anyone who has been home for the holidays for the first time after transitioning knows what its like to deal with it.

Lucas getting ready for party in bathroom.

Lucas: LIKE THE PART HE'S BEEN DREADING FOR WEEKS. FACING FRIENDS AND FAMILY AT THE ANNUAL CHRISTMAS PARTY.

Lucas: Oh, you know the family party draws a hefty crowd. All the family members, the aunts, the uncles, the cousins, the grandparents. All my parents work friends who always know who I am but I never know who they are.

Narrator: IT'S ALMOST LIKE ANOTHER COMING OUT PROCESS.

Party shots

Narrator: HE DOESN'T KNOW WHAT PEOPLE WILL SAY.

Young woman approaches Lucas.

Woman: Hey Lucas!

Lucas: Hey Stepahnoe

Woman: Long time no see!

Lucas: I know...

Narrator: BUT, AS IT TURNS OUT, EVERYONE IS INTERESTED AND SUPPORTIVE.

Various conversations with guests

Lucas: So it's this big medical process.

Woman 2: So you're at the beginning.

Lucas: Yeah, nothing has really happened yet.

Hugging his grandmother.

Lucas: Just let it happen, Grandma.

Kathleen [VO] : He seems to be really comfortable in his skin. And that is something we have not seen.

Lucas: [VO]: Thanks for that! Thank you for that.

Fade out. Exterior of courthouse.

Judge: I have read your petition request for name change and for gender change. The court does grant the petitioner's request, and I'm signing the order at this time.

Lucas: Thank you.

Judge: Thank you.

Lucas: [VO] I feel really good right now, I'm kind of in shock, like, I don't even know.

Narrator: IN THE EYES OF THE STATE, IT'S OFFICIAL. NOW HE CAN CHANGE ALL OF HIS DOCUMENTS.

Close up of drivers license

Lucas: [VO] It says Lucas and it has M next to Sex, which means male...which is pretty cool.

Timelapse/title: 3 months later

Lucas shaving in his bathroom

Lucas: [VO] I've been on testosterone for almost 7 months now, and I feel really good on testosterone. It feels good to shave but I don't have that much hair to shave.

Narrator: PASSING AS MALE IN PUBLIC HAS BEEN EXCITING. BUT, ONE THING HE WASN'T EXPECTING: HOW IT FEELS TO LIVE IN A MAN'S WORLD.

Lucas: Now that I'm perceived as male, I feel a lot safer walking around at night, like, I feel a lot less threatened.

Narrator: ANOTHER CHANGE, HOW HE INTERACTS WITH OTHER PEOPLE, ESPECIALLY WOMEN?

Lucas: I notice if I'm ever coming across as creepy or interested in them because now that I'm like, a boy, it has some sort of connotation or something?

In bedroom getting changed.

Reporter: Any other noticeable changes?

Lucas: My thighs have been getting so much hair in the last few months, they never used to have any hair.

Putting in his packer

Lucas: [VO] I still have to like, wear a binder, wear a packer. At the end of the day, I still feel like I'm faking it sometimes. Even though I feel comfortable in my identity and how I express myself. [On camera] Ya know, I still don't have a male body. [music starts] [VO] I think the biggest thing that my transition has taught me, as I continue on with my transition is [on camera] I need to erase from my head this idea that I can one day be this perfect biological male. [VO] What it comes down to is like, I am who I am and I can express myself to the best of my ability [On camera] but what I'm actually presenting myself as is like, me. [VO] You know, every day I give myself a pep talk in the mirror. [on camera] ust sort of talk myself up and say, Hey. Go be Lucas. [laughs] Do you.

[credits]

Keywords: LGBT, Transgender, testosterone, hormone therapy, San Francisco, Phoenix, transsexual, LGBTQ, transgender issues, gender, identity

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