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Lung Scanning With Technetium-99m Ferric Hydroxide Macroaggregates

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ABSTRACT

For scanning, technetium-99m has the useful physical characteristics of high photon yield, short half life, and an easily collimated 140-keV $\gamma\text{-ray}$ emission. To utilize these advantages of $^{99\text{m}}\text{Tc}$ for pulmonary perfusion studies, a relatively simple and rapid procedure has been developed for preparation of $^{99\text{m}}\text{Tc}\text{-labeled}$ ferric hydroxide macroaggregates in the particle size range of 15 to 40 μ .

INTRODUCTION

At present two radiopharmaceutical agents are used for visualization of pulmonary blood perfusion by temporary entrapment of radioactive particles in the arteriolar-capillary bed. The first and most widely used agent is iodine-131 macroaggregated serum albumin, $^{131}\text{I-MAA}$ [1]. Iodine-131 decays by $\beta\text{-particle}$ emission with a half-life of 8.05 days and a 264-keV $\gamma\text{-ray}$ emission, 82% abundant [2]. The radiation dose to the lungs from 200 μCi of ^{131}I is about 1.2 rads [3]. This radiation dose limits the maximum amount of ^{131}I that can be given, and a relatively long time is required for each lung scan.

More recently indium-113m ferric hydroxide was introduced as a lung-scanning agent [4]. Indium-113 decays by isomeric transition with a half-life of 1.67 hours and emission of 390-keV γ -rays, 64% abundant [2]. The radiation dose to the lungs is about 0.75 rad/mCi [4]. The 390-keV γ -ray emission of $^{113\rm m}{\rm In}$ is relatively difficult to collimate for use with the gamma camera.

Human serum albumin has been labeled with $99 \mathrm{mTc}$ by the method of Stern [6], and many reports have appeared in the literature on the preparation and use of $99 \mathrm{mTc}$ -macroaggregated albumin, $99 \mathrm{mTc}$ -MAA, for lung scanning [5,7-10]. However, there are technical difficulties which preclude the use of $99 \mathrm{mTc}$ -MAA on a routine clinical basis.

Technetium-99m has the favorable physical characteristics of high photon yield, low radiation dose, and an easily collimated 140-keV γ -ray emission, 90% abundant [5]. It decays with a half-life of 6 h and

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delivers a radiation dose of about $0.62~\rm rad/mCi$ to the lungs of a 70-kg patient. To utilize the advantages of $99\rm mTc$ for lung scanning, we have developed a relatively simple and rapid procedure for preparation of $99\rm mTc$ -labeled ferric hydroxide macroaggregates that are taken up by the lungs [11].

Recently Boyd et al. have reported on the preparation of $99 m_{Tc}$ -labeled macroaggregates of ferrous hydroxide (Tc-MAFH) [12]. They used ferrous sulfate, stannous ion, and terminal autoclaving under an inert nitrogen atmosphere to obtain a stable and sterile preparation of Tc-MAFH which has 98% uptake in lungs and less than 1% free pertechnetate.

Bruno et al. have prepared $^{99\text{m}}$ Tc-iron hydroxide aggregates for lung scanning [13]. They used 2 mg of ferrous iron for the preparation and found 84% uptake in the lungs and 7.5% in the liver of a rabbit 0.2 h after intravenous injection. There was about 4% free pertechnetate in the preparation.

METHODS

 $^{99\text{m}}\text{Tc}\text{-ferric}$ hydroxide macroaggregates, $^{99\text{m}}\text{Tc}\text{-Fe}(0\text{H})_3\text{-MA}$, are prepared by a modified application of the Reese method for making ferric ($^{113\text{m}}\text{In}$) hydroxide particles [14]. Sterile reagents required for the preparation are 1 N HCl, 0.65 N NaOH, 10% gelatin, isotonic saline in 1.7% gelatin solution at pH 8, FeSO₄·7H₂O solution (2 mg Fe(II)/ml N HCl), and $^{99\text{m}}\text{TcO}_4^-$ saline solution. All the reagent solutions are prepared with sterile, pyrogen-free water and passed through 0.45- μ Millipore filters.

The ferrous iron solution is prepared immediately before use. About 50 mg of reagent-grade FeSO₄·7H₂O is weighed and dissolved in about 5 ml $\underline{\rm N}$ HCl acid. An exact dilution is calculated to make the solution 2 mg/ml in Fe(II). Two-tenths ml of this iron sulfate solution [400 μg Fe(II)] is added to 5 ml of $99 {\rm m}$ TcO₄-saline solution in a sterile vial. The solution is mixed and transferred through a Millipore filter into a sterile, evacuated 10-ml test tube ("Vacutainer" by Beckton, Dickinson Co.). The solution is made basic by adding 0.43 ml of 0.56 $\underline{\rm N}$ NaOH and mixed by slow inversion for 2 min. The pH should be about 10 to 11. One ml of 10% gelatin is added to the preparation with gentle mixing for 2 min. The pH of the solution is 8 to 9.

The mixture is centrifuged in a clinical centrifuge for $10 \sec at 1600 \text{ rpm}$, the supernatant withdrawn, and the Fe(OH)₃ precipitate resuspended in 5 ml of pH 8 saline solution which contains 1.7% gelatin.

The particles are sized in a hemocytometer grid using light microscopy. Free $99 {\rm mTc} O_4^-$ content is determined by thin-layer chromatography with a 1- by 7-cm (Gelman type SG) strip in 95% methanol. Free $99 {\rm mTc} O_4^-$ content should be less than 5%.

RESULTS

The binding of $^{99\text{m}}$ Tc to Fe(OH)₃ is dependent upon the reduction of Tc(VII), its relatively stable oxidation state, to the more reactive Tc(V)

or Tc(IV) oxidation state. The Tc(V) binds to Fe(III), and Tc(IV) is coprecipitated with $Fe(OH)_3$ as the dioxide [15].

We use ferrous iron to reduce Tc(VII) to Tc(V), from which the ^{99m}Tc -labeled iron hydroxide can be aggregated to the desired particle size range of 15 to 40 μ for visualization of pulmonary blood perfusion. Various factors such as Fe(II) concentration, pH, and "salting out" anions influence both the binding of ^{99m}Tc and the particle size of the Fe(OH)3.

We have used both FeCl $_2\cdot 4\text{H}_2\text{O}$ and FeSO $_4\cdot 7\text{H}_2\text{O}$ as the source of ferrous iron for our preparations. The relative binding of 9^{9m}Tc as a function of Fe(II) concentration either as FeCl $_2\cdot 4\text{H}_2\text{O}$ or as FeSO $_4\cdot 7\text{H}_2\text{O}$ is shown in Fig. 1. The average binding was $64.8\pm1.3\%$ with FeCl $_2\cdot 4\text{H}_2\text{O}$ and $74.0\pm3.0\%$ with FeSO $_4\cdot 7\text{H}_2\text{O}$ from six determinations of each form of ferrous iron at a concentration of $80~\mu\text{g}$ Fe(II)/ml. Most of the particles of 9^{9m}Tc -Fe (OH) $_3$ -MA range in size from <5 to 25 μ with Cl and from 15 to 40 μ with SO $_4$ = anion. Because of the increased binding of 9^{9m}Tc with FeSO $_4\cdot 7\text{H}_2\text{O}$ and because of the desirable "salting out" effects of the SO $_4$ = anions to produce macroaggregates of Fe(OH) $_3$ in the desired particle-size range from 15 to 40 μ , FeSO $_4\cdot 7\text{H}_2\text{O}$ is the preferred form of Fe(II).

Free $^{99\mathrm{m}}\mathrm{Tc}0_{4}^{-}$ is removed from $^{99\mathrm{m}}\mathrm{Tc}$ -Fe(OH)₃ by centrifugation similar to the method of Paoli for the removal of $^{99\mathrm{m}}\mathrm{Tc}0_{4}^{-}$ from $^{99\mathrm{m}}\mathrm{Tc}$ -MAA [9]. This procedure for removal of $^{99\mathrm{m}}\mathrm{Tc}0_{4}^{-}$ and the use of sterile reagents and technique are necessary because Tc(V) undergoes disproportionation to Tc (IV) and Tc(VII) upon autoclaving and increasing pH [15].

 $^{99\text{m}}\text{Tc-FE(OH)}_3\text{-MA}$ is prepared in the particle size range of 15 to 40 μ , as shown in Fig. 2. There is about 75% binding of $^{99\text{m}}\text{Tc}$ to the Fe(OH) $_3$ with 80 $\mu\text{g/ml}$ of ferrous iron. After centrifugation and resuspension of $^{99\text{m}}\text{Tc-Fe(OH)}_3\text{-MA}$, there is greater than 95% binding of $^{99\text{m}}\text{Tc}$ in the final product solution, as shown by thin-layer chromatography. The specific activity is about 60 μCi $^{99\text{m}}\text{Tc}$ per μg Fe (from a 25-ml elution of a 200-mCi $^{99\text{m}}\text{Tc}$ generator).

The distribution of $^{99\text{m}}\text{Tc-Fe(OH)}_3\text{-MA}$ in rats is 85 to 87% in lungs, 7 to 8% in liver, and 7 to 9% in stomach and intestines in 30 minutes after intravenous injection. These results compare favorably with the distribution of $^{99\text{m}}\text{Tc-MAA}$, which show about 90% in the lungs and 3% in the liver in the same time [9].

Thirty-five patients have been studied with the $^{99\text{m}}$ Tc ferric hydroxide macroaggregates. Rapid sequential scintiphotos taken immediately after intravenous injection show blood flow as the $^{99\text{m}}$ Tc-Fe(0H)₃-MA flows to the right side of the heart and is carried through the pulmonary arteries to the lungs. Later scintiphotos show the final distribution of pulmonary perfusion.

In Fig. 3 anterior and posterior views of both lungs of a patient suspected to have a pulmonary embolism are shown. They were obtained using the Nuclear Chicago Pho/Gamma III and diverging collimator. An area of diminished isotope uptake is apparent in the left lung in the posterior view. Exposure time was 1 min, and approximately 100,000 dots were accumulated. The patient received 1.5 mCi $^{99\text{m}}\text{Tc-Fe}(O\text{H})_3\text{-MA}$.

SUMMARY

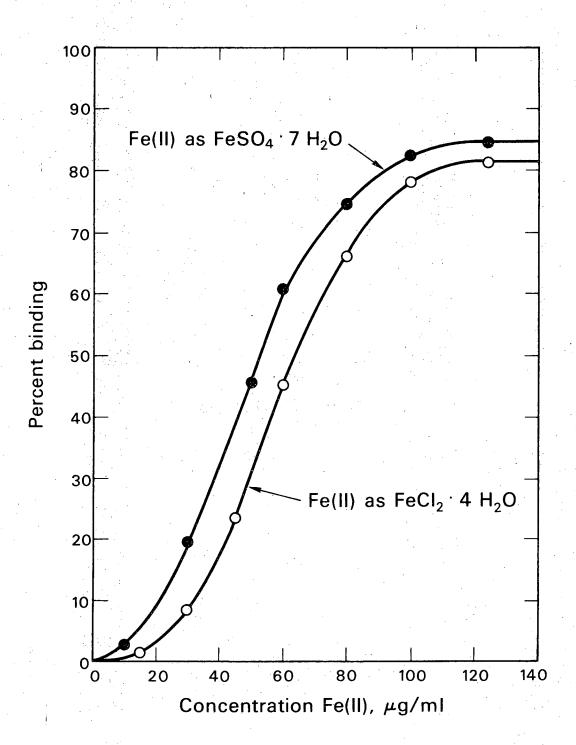
The advantages of 99m Tc can be utilized for lung scanning with the compound 99m Tc-Fe(OH)₃-MA, which is easily and rapidly prepared. There is about 85% uptake of 99m Tc in the lungs with low uptake in other organs. The high photon yield and low radiation dose permit lung scans to be completed in a few minutes. Also dynamic blood-flow studies can be performed with the scintillation camera using 2- to 3-sec exposures, which visualize blood flow to the right side of the heart, pulmonary arteries, and lungs.

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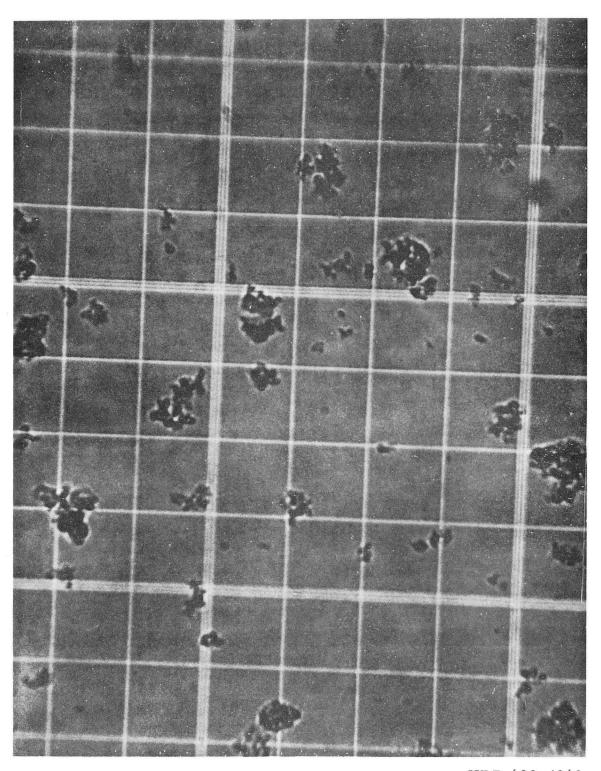
FIGURE CAPTIONS

- Fig. 1. Relative binding of $^{99\text{m}}\text{Tc}$ to Fe(OH)_3 as a function of Fe(II) concentration.
- Fig. 2. Photomicrographs of 99m Tc-Fe(OH) $_3$ -MA showing particle sizes in the range 15 to 40 μ (small squares represent 50 μ).
- Fig. 3. Anterior and posterior views of the lung using Nuclear Chicago Pho/Gamma III and diverging collimator, showing area of diminished perfusion in left lung.



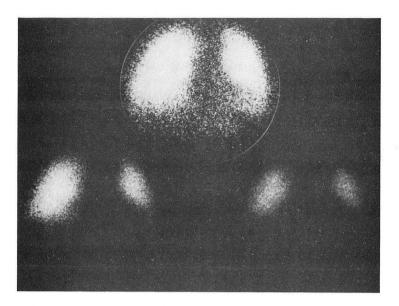
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Fig. 1

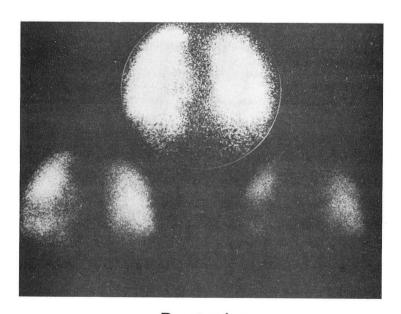


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Fig. 2



Anterior



Posterior

XBB 692-1298

Fig. 3

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